

Serving members of MD36 Oregon and Northern CA

April, 2021 Volume 9/20-21

Remember
April is
Environmental &
Family and Friends
& Leo Club Awareness
Month

# Arlington Lions Club Donates to Food Pantry



(I-r) Bobby Singh (Arlington Market owner), Judy Galvin (Arlington Help Treasurer) and Bobby Gentry (Lions Club President).

See Page 7

#### **Fun Zoom 36-O Lions Convention**



Some of the 115 Lions who attended the District 36-O Convention.

See Page 12

April is Officer election month.
Report your incoming Officers to LCI
(form PU101) either by online filing or
paper filing. Goal is May 15, 2020!
This is critical for preparation of the
MD36 2020-2021 Annual Directory

See Pages 20-22

#### **ANNIVERSARIES**

April 2021 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

#### April

Medford Host	April 7, 1925
Coos Bay	April 6, 1931
McMinnville	April 10, 1940
Gardiner Reedsport	April 19, 1940
Salem Northeast	April 23, 1940
Lakeview	April 3, 1942
Merrill	April 7, 1948
Prospect	April 26, 1948
Pendleton	April 21, 1950
West Linn	April 28, 1953
Roseburg Umpqua	April 14, 1954
Wilsonville	April 17, 1969
Heppner	April 4, 1974
Lakeside	April 8, 1975
Gresham Supper	April 1, 1989
Cave Junction	April 30, 1996
Three Sisters	April 23, 2002
Crescent City	April 25, 2007
Central Linn	April 15, 2010

Club Officer Reporting Form
(aka Form PU101)
Due to LCI by May 15, 2019
Please prioritize getting this completed and
submitted to LCI
as is critical for MD36 annual directory to
be completed

#### Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.

#### ATTACH YOUR ADDRESS LABEL HERE

Name (pls print):		
New Address:		
City:	State:	Zip:
Former Address:		
Lions Club:		
	re form to: The O	regon Lion,

PO Box 51345, Eugene, OR 97405

#### **MONTHLY CALENDARS**

#### **MEETINGS**

#### **April**

- 10 District E Virtual Cabinet mtg. at 10am
- 14 OLSHF Patient Care Comm. mtg noon-1pm
- 24 District G Virtual Convention, OLSHF hosts Speaker ID Larry Edwards & Susan (PA)
- 26 SOLSHC Board mtg. @ noon

#### **EVENTS**

#### **April**

- 5 Eyeglass Sorting Party, Keizer Lions Hall,4100 Cherry Ave. NE @6pm
- 10 The *Oregon Lion* article deadline for May issue

#### **Directory Corrections**

- p. 11 Scouting Chair OPEN
- p. 27 Opportunities for Youth -Scouting: OPEN
- p. 49 Burns Secretary: Pete Runnels stepping in for PDG George Sahlberg for the time being. Contact email is burnslionsclub@gmail.com
- p. 83 Bartley, Carrie lives in Milwaukie zip of 97222 Bartley, David lives in Milwaukie zip of 97222 Bennett, Darrell has passed away.
- p. 88 Diamond, Bert, PDG please delete his home phone number. Cell # is still good.
- p. 108 Studer, Steve has new email of lionsclubwestlinn@gmail.com



The Oregon Lion Website: www.md36lionsclubs.org

THE OREGON LION (USPS No. 119-630) is published monthly for \$7.00 per year (in state); \$8.00 per year (out of state) by Lions Club International, Multiple District 36, PO Box 51345, Eugene, OR 97405. Phone: 541.484.0452 Periodical postage paid at Eugene, OR and additional mailing office.

#### Postmaster:

Send address changes to: The Oregon Lion, PO Box 51345, Eugene, OR 97405

#### Magazine Staff:

Leah Hawes, Exec. Secretary Email: md36lions@comcast.net

## **Council Chair News**



**Paul Zastrow** 

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April already – where has the time gone? Conventions have come and gone and yet more on the way. Elections for filling offices for next year are in the forefront and training for Officers and Cabinet Positions now become a must. Our Virtual MD36 Convention is shaping up with ID Justice C. Shea Nickell and his significant other Dr. Carolyn Sue Watson from Kentucky our International Guests. We'll have a great time getting to know them and visiting with each other to share ideas, projects and learning some new skills along the way. Be sure to take advantage of whatever convention you attend and volunteer to share with your clubs and members the new ideas and experiences you have. WE SERVE being the motto, does not mean that your new knowledge is held within - share these new experiences widely, after all, as Lions we represent the best in our communities – and they deserve our participation in making things better for one and all!

Every year for the past too many, the Lions of MD36 have decreased in membership. The current year we have lost members in every District. District O has 42 fewer members than they had in February 2020, District R now with 45 fewer, District E losing 28 and finally District G has suffered a loss of 40. This means that even without the problems associated with the Pandemic of Covid, with less members we have not the capacity to continue with the regular activity agenda we have been doing! Less service, money raised, individuals involved, etc, and even more so, less people being served at both the local and international levels. It is now the time for vigorous recruiting – new members as well as trying our best to capture some of our more experienced Lions who have dropped

out of our prides! I hate to bring up California as an example, but there are more clubs, many more members and obviously more people being served than last year! If they have found success, we should be able to as well.

Speaking of our money issues – how well have we raised and donated to the two best Foundations associated with Lions? Oregon Lions Sight and Hearing Foundation needs and deserves our unqualified support both as clubs and individuals. The OLSHF does much more than screening of school age kids, service to needy is truly a motto they have filled for all the years they have been around. What a dedicated staff: friendly, efficient and caring, from Executive Director Doug Thompson to those who volunteer in some way to assist them in their work. Lions Club International Foundation is as dedicated to International efforts to assist those in need throughout the world. In Oregon we have been the beneficiaries of about \$2 million in grants from LCIF, Emergency grants for fires and floods, purchasing needed PPEs and medical needs, assistance in creating eye clinics, food banks, purchasing ambulances, rehabilitating hospital rooms and much, much more, WE must work at increasing the donations to these excellent Foundations as clubs and individuals. Let us step up and work on new and innovative fundraisers that will give us the funds so badly needed for the dedicated Lions and others serving foundations.

When we reflect on where we are, where we have been and where we want to be, let us determine first what the needs are, then how can we best achieve meeting those needs, and always remembering to thank and appreciate those dedicated Lions ever doing the necessary work to make the whole world a better place to work, live and play. We can ill afford to sit back and watch, we must step up and play our part! Thanks to the many who served in the past, who currently give and whose involvement may even increase. You are needed and I applaud your time and efforts. Until next time, I remain as your servant leader, CC - Z, awaiting my new Boston Terrier pup – Rhett! (He will be here before this issue is printed!)

#### **District O** - Northwest - North Coast



# **District O Governor Column**Sheri Young

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"Lionism" is not static.

Several clubs submitted candidates for Awards presented at the 36-O Convention. Thank you. Governors need feedback to know what Clubs and Lions are doing as continued or break through service and leadership.

A club which sight screens 300 students a year should know our MD screens 180,000. That provides a sound bite or poster statement to convey publically the impact of that club and what Lions collectively accomplish. Oregon Lions Sight and Hearing Foundation (OLSHF) provides those statistics. But also (for example) many clubs provide food to 20-200 people. Unless it's reported to LCI, we can't tell people we fed 20,000 or 200,000 that year. Please report.

Through award submissions, I learned of outstanding members and clubs meeting current challenges, and also of Oregon Lions who changed the path of International Lionism.

ID Jose Marrero wrote to me after our convention that he had spoken with PID Weber who was on the International Lions Board in 1987 when the amendment was made to accept women as Lions. PID Weber said, "It was a shame [Lions accepted ...women's Lion membership] due to litigation and not for the correct reason – that it was the right thing to do." In 2008 PID Weber was also instrumental in changing the treatment of "companions" so the International Board accepted that a designated (unmarried) partner would be eligible for spousal benefits.

Keeping any organization relevant requires ongoing reassessment of social needs and realities.

So, I mark past leadership struggles our 36-O Awards recognized: In 1981 Lloyd Lions, in particular Joe Weston (real estate agent) saw declining membership AND women in business and government positions formerly held by men. Joe argued there was no reason Lions should not recruit leaders just because of female genes. By October, three women were members: Helen Honse (then Greenough) a community manager for Port of Portland, Mary Mulflur, Menashe Realtors agent, and Nancy Hopper, an EEO for the Bureau of Land Management. Norma Paulus, Oregon's Secretary of State, accepted honorary membership. That same October, the International Association of Lions Clubs (IALC) canceled Lloyd Club's 21-year-old charter.

The Club created a legal defense fund for contributions and in June 1982, Lloyd Lions and the three regular women members filed suit against the IALC in Multnomah County's Circuit Court on grounds that the IALC violated Oregon's Public Accommodations Act, breached its contract with the Club and interfered with the plaintiffs business relationships. Neither party backed down for 4 years.

In 1986 the judge ruled in favor of the Club, awarding \$4500 in damages plus attorneys' fees. The IALC appealed the decision, but in 1987 the IALC amended their constitution, deleting the word "male" from the requirement for membership, and Oregon's Supreme Court dismissed their petition. Lloyd Lions donated all damage awards to OLSHF.

Thank you Helen Honse (Trail Blazer Award recipient), Joe Weston (International Director's Award recipient), and all Lions committed to making our Lions meet current needs - even when it means bucking old assumptions.

#### District R - Willamette Valley - Central Coast



#### **District R Governor Column** Linda Stent

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While this time of year is notable for Spring Break, it is also finals time for those on Winter quarter. So . . . we're having an exam today.

There will be 10 questions, each worth 10 points.

- 1. When and where was the Association of Lions Club born?
- 2. When and where did the group become the International Association of Lions Clubs?
- 3. Who organized the Lions Club and what was his profession?
- 4. Who challenged the Lions to become "knights of the blind in the crusade against darkness?" and when and where?
- True or False. Lions Clubs was one of the first nongovernmental organizations invited to assist in the drafting of the United Nations Charter in 1945.
- 6. What is the Lions Vision Statement?
- 7. What is the Lions Mission Statement?
- 8. What is the Lions Motto?
- 9. What is the Lions Slogan?
- 10. Name three Service Activities.

#### **ANSWERS**

- 1. 1917 in Chicago, Illinois
- 2. 1920 in Windsor, Ontario, Canada
- 3. Melvin Jones was an insurance agent
- 4. Helen Keller in 1925 at the International Convention in Cedar Point, Ohio
- 5. True
- 6. To be the global leader in community and humanitarian service
- To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions Clubs
- 8. We Serve
- 9. Liberty, Intelligence, Our Nation's Safety
- 10. Diabetes, Vision, Hunger, Environment, Childhood Cancer

The good news is if you scored at well, you can switch over to the Spring Break mentality . . . but please do it following pandemic guidelines.

Anyone who wants to go to the beach, you're welcome to come to my house. The bad news is you'll have to take a year-old hyperactive Goldendoodle with you.

#### District E - Southern - South Coast



**District E Governor Column** Carolee Blatter R) 541.637.0997 C) 541.733.0755

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I hope everyone enjoyed our virtual 36 E convention! We were pleased to have Past International Director Mark Lyon join us from the state of Connecticut. It was a pleasure to meet Mark and his wife Lyn.

I still have 10 clubs left to visit this year. Some of the scheduling has been a little tricky. We are either off or on extreme level. Some clubs are meeting virtually, while others are not meeting at all. Those with tech knowledge are meeting monthly virtually, but some areas the internet is not good or there are no persons with a computer, thus no meetings. I personally prefer to meet in person, to just have the personal connection. What I prefer doesn't matter, we must follow the guidelines given to us.

By the time you get to read this, the elections will be over, so congratulations to the new officers. I know you will do a great job.

Don't forget Campaign 100, your donations make so many services available to fellow Lions everywhere.

Remember we have more conventions coming up, District G and District R and the Multiple District. One good thing about virtual conventions is you don't have to leave your home or get dressed up. Please attend as many as you can, it gives you a chance to see how each district does things and you may get some good ideas from each one.

Thanks for reading, stay safe, wear your mask, social distance, get your shots, and stay well.

#### District G - Central - Eastern Oregon



**District G Governor Column** John Taylor

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Greetings, District 36G! We are finally springing back to life with increasing levels of openness (thank goodness for that as I'm heartily tired of my own cooking) as COVID vaccines are becoming more widely available, bedding plants are on sale at BiMart, and the sky is sunny, blue and 61° with a light breeze. Perfect. Of course, if March comes in like a lamb, we all know how it will leave. ROAR!

I want to recognize Lion Betty Jane Bugbee, the indefatigable school vision screener from the Weston-McEwen Lions Club. By her own admission, she has been extremely busy screening schools across the district. While "only" 1,363 students were screened as of this writing, she had to go to Imbler, Dayville, Mitchell, Condon, Wallowa, North Powder, Union, Arlington, Stanfield, Sam Boardman (Irrigon) and Heppner to accomplish all this. WOW! These places aren't close together folks; in fact you really have to want to go there to get there. So, a big ROAR of congratulation to Betty Jane and all her hard work! Betty Jane told us she didn't know if she would get into the bigger school districts this year but she's hoping to.

Our district convention is on for Saturday, April 24th. Teaser alert: we will have a spin-the-wheel game and two of the many prizes available are a Family Day pass to the Pendleton Round-Up, Happy Canyon and more, and a year's membership in the LifeFlight emergency helicopter service. One brings joy to your life, the other could save it.

My congratulations to District O Governor Sheri Young and her convention committee for pulling off the inaugural virtual convention. There were a few hiccoughs at first but Sheri and her team persevered and in the end had a great convention. I know Sheri was stressed out but as I reminded her afterwards, any convention you can walk away from was a good convention!

We continue to search for Lions to move up in leadership. In the local clubs, to become a president, secretary, or treasurer. And if you have been a president for more that 3 years to let someone else have a go at the job which will benefit you and the club. (I hate to tell you presidents this, but it isn't YOUR Lions club, it's your MEMBERS club.) But there is a place and great need for former club presidents as Zone Chairs and later as Vice District Governors. Without these officers, there will not be a District 36G. Be part of the re-energized Lions, emerging from the stagnation of COVID restrictions. Zoom means you no longer have to drive for hours at your expense to have a Zone meeting. Please contact the Nominations Committee, PDGs Gary Mose, Phyllis Carlin, Judith Poage, or me. We will all be glad you took the Lions Challenge and stepped up. So will incoming DG-Almost-Elect Kathy Oliver.



Southern Oregon Lions Sight and Hearing Center Presents:

# **BLING FLING**

HUGE USED JEWELRY SALE! TWO FULL ROOMS!



Vintage, Collectible, Modern Costume, Watches, Fine Silver, Designer

Free Parking behind Lions building

(We accept used jewelry donations year-round, tax receipt provided)

#### **Arlington Lions Club Donates to Food Pantry**

The Arlington Lions Club normally does a door to door campaign partnered with the North Gilliam Rural Fire Protection District to collect food for Arlington Help. Due to Covid we decided against going door to door and decided instead to purchase \$500 worth of food and donate it to the pantry. Arlington Help gave us a list of things they could use. We talked with Bobby Singh at the Arlington Market about purchasing the food through his store. He was very excited about doing this for us. We donated about 25-30 cases of food and Bobby Singh donated 8 turkeys and took some more cases up later. When we took this picture, he donated the items they were holding.

This was a combined effort with the North Gilliam Rural Fire Protection District and the Arlington

Market.



(I-r) Bobby Singh (Arlington Market owner), Judy Galvin (Arlington Help Treasurer) and Bobby Gentry (Lions Club President).

submitted by Jodie Gentry, Secretary

#### **Flags for First Graders**

Commemorating Presidents Day 2021, Sutherlin Noon Lions Club carried on the twenty-plus year tradition of presenting small US Flag sets to 118 First Grade students at East Elementary School, in spite of limitations from the COVID-19 pandemic.

In past years, Lions mascot Tawny delighted the children with a brief visit to help distribute flag sets. Or more recently, costumed Betsy Ross gave a brief history of our flag. This year was very different, with no visiting classrooms, but Lions gathered and assembled flag sets for teachers to distribute. We are pleased to partner with the school and accomplish our goal.

This is the message Lions sent: "How exciting it is that you are in the first grade. You are beginning a very important journey of learning so many things! You may already have learned to say the Pledge of Allegiance or Salute to the Flag. When you do that you show respect for the flag. This year our flag will be 244 years old! Take good care of your flag and enjoy having it."







submitted by Emily Blakely



#### Sight-saving is life-saving

On Valentine's Day, many people give their sweetheart a card or perhaps some chocolates as they celebrate the love in their life. For Joe Johnson, he celebrates the anniversary of his cornea surgery and the generous donor family who gave him the chance to see again. As Joe says, "I'm a faithful person and I say a prayer for my donors. They are always, always in my prayers. So in gratitude I thank God for them, for giving them the wisdom to check that box on their license."

Several years ago, Joe's vision in his right eye was getting worse and worse due to Fuchs Dystrophy. As his sight deteriorated, he found himself unable to read even the large "E" at the top of the eye chart in the doctor's office. Everything seemed like it was always in a blur. Joe relayed how scared he felt as the world literally closed in around him while his vision diminished.

During retirement, Joe was determined to remain active in his service to the community and felt he could use his life experience to help guide students as a substitute teacher. Early on, Joe was able to read the course materials and see the faces of the teenagers in his classroom even if they didn't always appreciate his humor. "They don't get my sarcasm and I don't get theirs, so it works out well", Joe says with a chuckle. I think they find me as a bit of relief. I'm not there to grade them, I'm just there trying to help them. If they're having problems, problems with a lot of different things, I'm able to be the go-between them and the teacher or administration." While Joe found satisfaction in those classroom faces, over time they were getting harder to see.

"My quality of vision was terrible, and it was getting worse and worse. It was either have the surgery or eventually not be able to see it all."

And so on Valentine's Day a few years ago, a generous donor and their family gave Joe the gift Cupid could not – the gift of renewed sight. As Joe says, "It's just unbelievable! You read about transplants and you see it and you talk about it, but when you actually have it happen to you, you just say, "Wow!"... It's just unbelievable that someone decided they'd share their sight (corneas) so that I'd get to see. It's a wonderful thing. It's very personal. I can read, I can see colors. My vision seems to be getting better as time goes by, which is a great gift. it's just overwhelming. Sight-saving is life-saving."

submitted by Matt Webber



# District 36-G Virtual Convention

April 24, 2021 9:00 a.m. (Connections beginning at 8:30)



Register at: <a href="https://olshf.org/district-convention-registration/">https://olshf.org/district-convention-registration/</a>
Registration Fee \$10.00 or \$15.00 includes tickets for the drawings.

- Delegate voting by Election Runner, notification will be by e-mail
- This convention will NOT be your typical Lions Convention. We promise an engaging and interesting program which you don't want to miss. You probably wont have another opportunity to attend a district this cheaply and from home ever again. Be part of this historic event.

#### Join Us and Register Today!

- As topics and times change are subject to change, please see the emailed registration confirmation and convention program for approximate times and details.
  - ID Larry Edwards
  - February 2020 Floods
  - Diabetes Awareness
  - COVID-19 Update
  - Life Flight Helicopter
  - ???

- Parkinson's Story
- Grant Writing
- Loop Technology
- Fire District #1 Disaster Prep
- Pendleton Unmanned Aerial System Range

#### **Elgin Lions Challenge Other Clubs**

The Food Bank distribution center has been moved to a more spacious center in La Grande. The bank serves Union, Wallowa, Baker and Grant counties. As a result of the move, funding is needed for freezers and refrigerators.

The Elgin Lions are donating \$500 to the Food Bank, and challenging those clubs in the distribution areas to match or exceed that amount. The clubs include Wallowa, Enterprise-Joseph, Union, La Grande, Island City, Baker and Huntington. Are you up to meeting the Elgin challenge?



President 1VDG Kathy Oliver announces challenge to Lions clubs.

submitted by PDG Gerald Hopkins

#### 8 Things People with Diabetes

Things people with diabetes or family members/friends need to know if you or a loved one/friend is living with type 1 or 2 diabetes. COVID-19 vaccines offer hope for those wanting to protect themselves, especially those with underlying health issues such as diabetes. The most important thing is that people with diabetes get vaccinated as soon as it becomes available to them according to Robert Gabbay, MD, PhD (chief science and medical officer for the American Diabetes Association). Below are details you, friends, relatives need to know about COVID-19 vaccines.

- 1. When will a diabetic be able to get the vaccine? It depends on where you live and whether the state is following CDC recommendations/guidelines. Healthcare workers and nursing home residents are receiving first priority. Next, frontline workers such as fire fighters, teachers, grocery store workers, along with people over 75 years of age. Then, the CDC recommends vaccinating people with type 2 diabetes. Currently people with type 1 diabetes do not have the same priority. Several diabetic groups are encouraging state and federal levels to give type 1 diabetics the same priority as type 2, because both groups have similar increased risks for COVID-19 illness.
- 2. Does having another health condition with diabetes affect my place in line? Potentially. The CDC notes that the risk for hospitalization increases with more "high risk" conditions. It's 2.5 times for 1 condition and 5 times for people with 3 or more conditions.
- 3. Where can I get a COVID-19 vaccine once people with diabetes are allowed? It depends on where you live. You may be able to sign up for notification with your county, or healthcare provider. Your doctor can also guide you on where to go.
- 4. Are Covid-19 Vaccines free for people with diabetes? The COVID-19 vaccinations are free to everyone whether diabetic or not according to the CDC. However, some providers administering the vaccines may charge a fee, which can be reimbursed by your public or private insurance.
- 5. Why is it important to get the vaccine if you have diabetes? It's quite clear that people with diabetes do worse than people without diabetes in terms of the outcome. In a study by the CDC they found that roughly half the people who died under the age of 65 had diabetes. Another study found that those people with type 1 or type 2 diabetes are roughly 3 times more likely to be hospitalized

Continued on page 11

#### Must Know about COVID-19 Vaccines

or experience severe COVID-19 illness compared to people that were non-diabetic. According to the CDC, vaccinations for Black, Latino and Native Americans are critical because these communities are disproportionately affected by both diabetes and COVID-19. These communities are over 50% more likely to have diabetes than other communities, according to the ADA.

- 6. Are the vaccines safe and effective for people with diabetes? The vaccines currently available and in distribution require 2 doses either 21 - 28 days apart, and people with diabetes were included in the vaccine trials. With the 2 doses completed, the vaccines are over 90% effective. Vanderbilt Vaccine Research Program in Nashville included people with diabetes, etc. and the vaccines were found to be very well tolerated and elicited the desired immune response in people with diabetes. People with diabetes should feel confident that that someone a whole like themselves was enrolled in the program. Data to date indicates there is no reason to think there would be interactions with insulin or other medications that diabetics may take.
- 7. What side effects of the vaccine should people with diabetes pay attention to? Generally the most common side effects of the vaccines are pain, swelling and redness at the injection site. Other common side effects are chills, tiredness and headaches. Most of these effects were mild although some people have had more severe reactions that interfered with daily activities (it should be noted that those without diabetes also could and have had the same side effects). The effects of the COVID-19 vaccines are similar to those of the flu vaccines. For those people living with diabetes, it is suggested that they maintain a sick-day kit with extra medications and supplies in case they do not feel well.
- 8. What questions should people with diabetes ask their healthcare teams about the COVID-19 vaccines? The first question patients should ask their healthcare team about the COVID-19 vaccines is "where can I get it". The patient and/or relatives/ friends should be proactive in calling your provider. Check the websites of your state and local health departments to find out about local vaccine distribution.

Information was extracted from everydayhealth.com by Kate Ruder and medically reviewed by Justin Laube, MD as well as other sources such as the CDC, FDA and ADA websites.

> submitted by Russ Chase Diabetes Awareness Chair District 36G

#### **Fun Zoom 36-O Lions Convention**

We did it! Our first Zoom Lions convention, And it was successful and fun.

We had about 115 Lions attend with over 15 speakers and nine breakout session. Some of the topics were about technology, social media, service projects, membership, different generations perspectives, our Lions supported camps, and making a simple club video.

We enjoyed the virtual visit by **International Director Jose Marrero** from Puerto Rico. He gave a presentation to all and then a breakout session to club leaders. Part of his message spoke about ways to serve our communities even during a pandemic.

**The Oregon Lions Sight and Hearing Foundation** provided a meaningful hour to tell about their programs and their unique offerings these days. The annual parade of checks was held by clubs mailing their donations beforehand. On our screens, we saw a list (and some photos) of clubs who graciously donated.





DG Sheri Young gave a good presentation giving out awards at the virtual convention.

Some of the 115 Lions who attended the District 36-O Convention.

District Governor Sheri Young did a super presentation honoring several Lions for their special contributions of time and effort. **Helen Honse** received a Trailblazer Award for being part of the 1980s lawsuits to admit women in Lions. These Lions received Presidential Certificates of Appreciation: **Joe Weston** for spearheading those lawsuits in the 1980s; and **PDG Mary Lee Turner** for her many years serving the district and the blind. Also, Lion Gretchen Olson, Lake Oswego Club President, received a Certificate of Appreciation for coordinating and making hundreds of masks in the past year of the pandemic. DG Sheri gave other awards also.

**Many thanks to** the Convention Planning Committee which included: PCC Vince Bishop, Steve Studer, PCC Joyce Anderson, DG Sheri Young, 1VDG Doug Loose, 2VDG Kerith Vance, Robin Stoeckler, Carrie Bartley, PDG Fred McNaughton, Tom Hammond, Jim Vincent, and PDG Bert Diamond.

submitted by PDG Bert Diamond

#### Make a Really Simple Club Video

Thank you Lion Carrie Bartley for suggesting this simple and amazing way to make a club video.

At our District 36-O Zoom Convention in February, I presented a breakout session about this club video topic. Bonnie Roeder from the Lake Oswego Lions, explained how she learned to use the Microsoft Photo app on her computer to produce a very good video about the district's peace poster contest. I showed how I watched YouTube instructions and then made a simple video on my MacBook's iMovie app about my Portland Bentham Lions Club.

Then Carrie Bartley showed her easy method and Wow! Was it easy. Here it is.

Carrie said she just holds up her cell phone, takes a minute video of the first person, then presses the "Pause" button. You then move onto the next person, press video and proceed with the second section of the movie.

You repeat this enough to cover the topic you want.

Of course, you'll need to plan ahead to know what/who is the first subject and the second and so on.

Android phones have a "Pause" button that's easy to see on the screen. For Apple IPhones, it's not as easy. If your iPhone does not have a "Pause" button, just go to your App Store icon and download the PauseCam free app. This will allow you to make a shoot and pause on a video.



This shows where the "Pause" button is on ANDROID cell phones.

How do you pause a video while recording on iPhone?

#### About this article

- Download PauseCam from the App Store.
- Open PauseCam.
- Tap the Record button.
- Tap the Pause button.
- Tap the Record button.
- Tap Pause and then
- Tap the Share button.

How do you put your video onto your club's social media? You'll need to double check to see how long of a video you can upload from your cell phone to Facebook. It might only allow a few-minute video. Then, you'll share the video just like you share a photo to an email except you'll choose Facebook instead.

So, you can certainly learn to use an application on your computer. Or just do this simple and easy method to make a video to advertise your club. Thank you again, Carrie Bartley!

submitted by PDG Bert Diamond

#### LIONS CLUBS INTERNATIONAL FOUNDATION

#### **EMPOWERING SERVICE**

MD 36 Lions clubs and members continue to look for creative ways to reach out to our communities. As I stated in my February article, it's important to remember that we are still the largest non-profit service organization in the world! Our International Foundation continues to provide assistance for critical needs worldwide.

Given the restrictions of the COVID crisis, our clubs have – and continue to experience – difficulty in fundraising to support both local and worldwide service. However, the need for assistance continues.

MD 36 has contributed over \$2 million to LCIF since its inception, and has received the value of \$1.9 million back from LCIF for MD projects. Let's look at some of the ways that MD 36 has benefitted from the assistance of LCIF:

Disaster relief for fires and floods
Lions Quest projects
Eye screening equipment
LEAP lab at OLSHF
Eyeglass mission trips
Renovation of playground equipment for special needs kids
Purchase dialysis medical equipment

Our clubs are now into the season of creating awards for Lions and community members to honor service. What better way is there to thank a Lion or friend of the community than by the presentation of a Melvin Jones Fellowship? For the contribution of \$1,000 to LCIF, the award plaque and pin can be given in a ceremony of the club's choice. Every cent of that \$1000 will go directly to the LCIF funds to support worldwide assistance projects.

We all hope for a brighter late spring and summer and more opportunity to serve our communities, and to support our International Foundation in its mission. Let's continue our Lions work and stay connected with each other!

> submitted by PCC Sharon Rollins MD 36 LCIF Coordinator

#### **MULTIPLE DISTRICT 36 CONVENTION REGISTRATION** MAY 14 & 15, 2021

#### Due to COVID-19 restrictions, this will be a virtual Zoom Convention

#### PLEASE PRINT CLEARLY!

FIRST NAME		LAST NAME						
Address Number Street	Apt	City	State Zip Code					
Home Phone	Cell Phone	Emai	I Address					
Lion Lioness L	eo Guest Intereste	ed in Joining? 1 <sup>st</sup> Time Attend	dee New Member					
Lions Club Name		District (MD 36 O, R, E, G	Other than MD 36					
Current Elected Position		PID	PCC PDG					
REGISTRATION FORMS AVAILABLE ONLINE: www.md36lionsclubs.org								
		Registration Fee	<u>\$20.00</u>					
	LATE REGISTRATION FEE	E: ON OR AFTER 10 May 2021	<u>\$25.00</u>					

#### NO REGISTRATION ACCEPTED AFTER MIDNIGHT 13 May 2021.

To receive the Zoom information, you must submit a registration form including your email address no later than midnight 13 May 2021.

**REFUNDS**: The registration fee covers fixed convention costs. **NO REFUNDS WILL BE ISSUED.** 

**Convention Dress**: You are welcome to dress casual in your Club shirt or vest. If you have purchased one of the special bow ties or scarves, please wear them during the convention.

#### Please Make Checks Payable to MD 36 Convention

MAIL REGISTRATION FORMS AND PAYMENTS to: Tom Hilgers PO Box 5145

Salem, OR 97304

QUESTIONS? Contact Convention Chair Joyce Anderson, lionjo45@gmail.com (preferred) or (503) 644-2753





### Help Oregon Children Reach Their Potential

Hank Calhoun Board Chair Doug Thompson Executive Director



An eastern Oregon ophthalmologist shared that the little girl would have lost her vision in one eye if it weren't for the Lions.

A Hillsboro parent told us that "I had no idea my daughter was virtually blind in one eye -- I am so grateful."

A Mom from Clackamas county, an ICU nurse herself, expressed that her 10 year old son was diagnosed with juvenile idiopathic arthritis in his left eye and, without the Lions vision screening at her son's school, "would have been much farther along in the disease process" by the time his condition likely would have been detected.

"Words cannot express how grateful I am for you and Lions vision screening."

We know that these dramatic examples of the importance of early detection of vision health issues are commonly understood. What isn't always so obvious is the impact that Lions vision screenings - projected to be at over 180,000 in Oregon schools next year have on other students not seeing to their full potential. A study by Dr. JP Lowery at Pacific University in Forest Grove has preliminary findings that, on average, students in need of comprehensive eye exams are scoring roughly 10 points lower on standardized testing. The study is utilizing data taken from Salem-Keizer School District third graders and will soon be published.

"There are many factors that affect school performance but correcting vision problems is relatively easy and cost-effective compared to other educational interventions." says Dr. Lowery, who is scheduled to participate in "Lions Day at the Capitol" on April 22.

Dr, Lowery adds "We cannot help children whose vision problems remain undetected. (SB 5513) will ensure funding continues to support our most at risk students by eliminating the barrier of visual impairment."

To learn how to help sustain public funding for vision screening in Oregon schools, please join us for "Lions Day at the Capitol" on April 22nd at 7:30 am.

# SAVE THE DATE LIONS DAY AT THE CAPITOL April 22, 2021 VIRTUAL EVENT 7:30 am - 8:30 am REGISTER NOW - https://bit.ly/3d3U6JR

#### **GIFTS & MEMORIALS**

Contributions list includes gifts received February 16 to March 15, 2021. Thank you to each and every donor and supporter! If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

**Lion Heart** Ronald Gary Woolsey Estate

**Lion Pride** Waldport LC

**Lion Sentinel** Cloverdale Nestucca Valley LC McMinnville LC

**Lion Tamer** Amity LC Astoria LC Forest Grove LC Portland Hollywood LC Rockaway LC Tualatin LC

**Lion Patron** Beaverton LC Canby LC Cedar Hills Sunset LC Dale & Sharon Rollins George Stockinger Gresham Supper LC John Anderson Portland Bentham LC Portland Legacy LC Portland Lloyd LC Rod & Debbie Bach Trudy Tallman

**Lion Donor** Alice Keister Arthur & Gail Abbott Becky & Mel Clark Becky & William Scott Bert Diamond & Nancy Verstegen Bev Bridgewater Brad & Laura King Brenda & Nathaniel Anderson Carolyn Layson Cheryl & Stephen Brewster Craig & Cecelia Urbani Craig Jackson & Judy Havens

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Origliosso James & Kathy Syrstad James Cech James Jensen Iane Thomas

Jean Rotter Jeffrey & Grace Mandel Jerry & Diane Shipman Jim & Sue Jaggers John Drake & Kelly Hobson John Lowery John Pfanner III & Susan Pfanner

John Taylor Joline & Thomas Hammond Karen & Gene Norton Katherine Mast

Kathryn & Danny Otero Katie O'Neill Kerith Vance Lanell Bennett Lavina & Glen Jones Lester Moser Linda & Steven Thomson

Linda Stent Lori Rowley Lynn Coon Mary & Sidney Voorhees Mary Reynolds Matť Avery Noelle Bryan Patricia Jaffer Patty Lou Harrison Paul Pevehouse Paul Zastrow Pauline &

Robert Govette Penny & David Rich Rene Baumgartner Robert &

Karrie Chaney Roger Davidson Roxeanne Boose Sandra Hanneman Sarah & Thomas Chewerda

Sharene Nolan Sherry Burkhart-Acosta Stella Brown Steve & Liane Moser

Steve & Mickey Solcz Steve Studer Steve Withers Suzanne &

Gary Mose Terry & Marilou Bowman

Thomas & Paula Hilgers Timothy &

Margaret Hill Tom & Edmunda Harding

Tom McCann Tracy Brown & Nic Lambeth

William & Keren Reinhart William Nourse III **LEAP Supporters** Bandon LC

Bend Sunrise LC Central LC Clackamas Volunteers in

Medicine - The Founders Clinic Crooked River

Ranch LC District 36-R Emergency Sight & Hearing Fund

Enterprise-Joseph LC Eye Promise LLC Hood River Eye Openers LC Junction City LC

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Eye Institute Prineville LC Roseburg LC Salem South LC St. Helens LC Sutherlin LC

Wauna Credit Union West Linn LC

**ROAR! Supporters** Albany East LC Crooked River Ranch LC Riva Freifeld

School Vision **Screening Supporters** Tiffany Best

Alsea SD Dayville School Eddyville Charter School Forest Grove Community School Ioseph Charter School

Honorariums

In Honor of Kim Hawkins Trudy Tallman

**Memorials** 

In Memory of Dale Friedemann Canby LC Lavina & Glen Jones

In Memory of Marge Émerick **Junction** City LC

In Memory of <u>Virgina Wolf</u> William Nourse III

PRIDE

**Recurring Donors** Arthur & Gail Abbott Brenda & Nathaniel Anderson Iohn Anderson Kaitlin Anderson Joyce & Wallace Anderson Andrew & Kelly Asbra Matt Ávery Jon & Lucinda

Awbrev Rod & Debbie Bach Dale & Judith Bachman Larry Barnett Carrie &

David Bartley Rene Baumgartner Lanell Bennett Charles Blanchard Carolee Blatter Roxeanne Boose Terry & Marilou Bowman Penny Bradley Cheryl & Stephen Brewster Bev Bridgewater Carol & Doug Brink

Stella Brown Tracy Brown & Níc Lambeth Noelle Bryan Sherry Burkhart-Acosta Michael Cairns

#### **School Vision Screening Events Recently Held in Burns**





# GIFTS & MEMORIALS

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Tom McCann

Gerald Caldwell Henry & Lynn Calhoun Phyllis Carlin Debi & **Tony Castor** James Cech Robert & Karrie Chaney Garry Charbonneau Russell Chase Sarah & Thomas Chewerda Becky & Mel Clark Lynn Coon Roger Davidson Barbara & Charles Dehlinger Bert Diamond & Nancy Verstegen John Drake & Kelly Hobson Amber & Patrick Dunn Dorothy Gann Harlan Geigle Edward Glad Pauline & Robert Goyette Joline & Thomas Hammond Sandra Hanneman Tom & Edmunda Harding

Patty Lou Harrison Danny Hawkes Christopher & Alicia Heaton Thomas & Paula Hilgers Timothy & Margaret Hill Craig Jackson & Judy Havens Patricia Jaffer Jim & Sue Jaggers James Jensen Mary Sue Jepson Debbie Kane Steven Kaufman Alice Keister Brad & Laura King Wes & Carol King Yvette King Diane & John Landon Eric & Julie Laurin Carolyn Layson Hope & Doug Loose John Lowerv Nicole Mandarano & John Salois Jeffrey & Grace Mandel Elaine Marsh Katherine Mast Edwena Matychuck David McBride

Fred & Helen McNaughton Henry Miller Suzanne & Gary Mose Lester Moser Steve & Liane Moser Sharene Nolan Karen & Gene Norton William Nourse III Steven Olson Katie O'Neill Kathryn & Danny Otero David Ott Dane & Kathy Parreira Linda Pasma Belinda & Dean Petshow Paul Pevehouse John Pfanner III & Susan Pfanner Matt Phillips Keith Price & Denise Lukens Sherri Rangitsch Doug & Keren Reinhart Mary Reynolds Melinda, Christopher &

Alder Rhodes Penny & David Rich Bonnie Roeder Dale & Sharon Rollins Jean Rotter Lori Rowley Red & Karla Rowley Sammantha Saucedo Bruce Schnieber Rodney Schossow Beckv & William Scott Dixie Sexton Ierry & Diane Shipman Fran & Dennis Silbernagel Walter Sinclair Irvine & Sherril Smith Steve & Mickey Solcz Carole & James Stagl Linda Stent George Stockinger Steve Studer Dean Surface & Susan Fairchild James & Kathy Syrstad

Trudy Tallman Gloria Tarnasky John Taylor William Taylor & Janice Stewart Iane Thomas Barbara Thompson Doug Thompson Linda & Steven Thomson Dennis & Judi Tichenor Katie & Taylor Torgerson Steve & Mary Tronnes Mary Lee Turner Craig & Cecelia Urbani William Van Vliet Kerith Vance Joan Vaughan Mary & Sidney Voorhees Tiffany Warren Steve Withers Dan & Nancy Wolf Jadie Wright Sherilynn Young Paul Žastrow

#### **Unlocking the World**

Ashlee is a 29 young old woman with an infectious smile who had been struggling with hearing impairment. She plans to marry soon and begin a new chapter with her partner.

The cost to access care for hearing loss was beyond her reach. Inquiries led Ashlee to Mike Kilkenny, the Sight & Hearing Chair of The Dalles Lions Club. He knew exactly what to do. Hearing aid support is available through a partnership with the statewide Lions Foundation - OLSHF - and their ROAR! program.

Mike helped Ashlee through the eligibility process and worked with Melinda Rhodes, ROAR! Program Manager, to access a comprehensive hearing exam and new hearing aids.

Recently Ashlee shared very poignant observations about her new found hearing and the impact of living with sound. Together Lions and OLSHF helped Ashlee create her new life and unlocked a whole world.



"I am a little overwhelmed at how much I can hear. I heard my cat meow for the first time in the 3 years I have had her. I heard birds chirping, I heard my fiancé tell me he loved me in a whisper, I had a phone conversation where I didn't have to guess at what was being said. I heard the lady at the grocery store when she asked how I was doing. All of these things may seem so simple, but until today, I had never heard my cat, or birds or someone whisper, I can finally understand people when they are wearing a mask. All of these little, yet beautiful moments I get to experience for the first time because of the time, effort and care that you put in to making this possible. There are absolutely no words to express my gratitude, and appreciation for the gift you have given me. Thank you, from the bottom of my heart thank you."

-Ashlee Coreson

#### **ROARING LOUD FOR LIONS**

Since July 2020, the Foundation and MD 36- Lions Clubs of Oregon & Northern California have helped over 10,100 Oregonians access sight & hearing care while navigating the obstacles of a pandemic.

#### Roar for Lions and their service!

(Photo, pre-pandemic event, taken by Cliff Etzel - https://cliffetzel.com/)



#### URGENT! THIS IS YOUR 2021-2024 LIONS CLUBS OFFICER REPORTING FORM

- Reporting newly elected club officers is extremely important to ensure that the new officers receive the information and material they
  will need for the coming year. You may report the new officers using the MyLCI Website or by mailing this printed form to
  International Headquarters (deadline May 15). Mailing instructions follow.
- Changes in club officers during the fiscal year should be entered in MyLCI or sent to International Headquarters.

CLUB NO.:	NAME OF CLUB:		COUNTRY:	
	# Pi	nber numbers are found on the Semi-Annual Mer rovide updated home address information in the ent to the home address unless SEND MAIL TO C	local mailing format.	N.
CLUB MAILING ADI		ı		
		•		
PRESIDENT: NAME (Last, First)		<del> </del>	*MEMBER NUMBER:	PREFERRED CONTACT PHON NUMBER:
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Addr Line 2				cell home business
E-MAIL ADDRESS:		SPOUSE/ADULT COMPANION NAME:		send home addre
FIRST CLUB VICE F NAME (Last, First)	RESIDENT:		*MEMBER NUMBER:	PREFERRED CONTACT PHO NUMBER
Addr Line 1				
Addr Line 2				cell home business
E-MAIL ADDRESS:		SPOUSE/ADULT COMPANION NAME:	-	send home addr mail to: club addres
SECOND CLUB VIC NAME (Last, First)	E PRESIDENT:		*MEMBER NUMBER:	PREFERRED CONTACT PHON NUMBER
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Addr Line 2				cell home business
E-MAIL ADDRESS:		SPOUSE/ADULT COMPANION NAME:		send I home addr mail to: Club addres
SECRETARY: NAME (Last, First)			*MEMBER NUMBER:	PREFERRED CONTACT PHON NUMBER:
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Addr Line 2				☐ cell ☐ home ☐ business
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ADDRESS:		COMPANION NAME:		maii to: ☐ club addres

# PU101 page 2

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CLUB LCIF COORDINATOR: NAME (Last, First)		*MEMBER NUMBER:	PREFERRED CONTACT PHONE
Addr		NUMBER:	NUMBER
Line 1			
Addr			
Line 2			cell home business
	Tanavarua		send home address
E-MAIL ADDRESS:	SPOUSE/ADULT COMPANION NAME:		mail to: Club address
ADDREGG.	CONFAMON NAME.		
CLUB SERVICE CHAIRPERSON: NAME (Last, First)		*MEMBER NUMBER:	PREFERRED CONTACT PHONE NUMBER
Addr Line 1			
Addr Line 2			☐ cell ☐ home ☐ business
E-MAIL ADDRESS:	SPOUSE/ADULT COMPANION NAME:		send home address mail to: club address
CLUB MARKETING COMMUNICATIONS CHAIRPERSON: NAME (Last, First)		*MEMBER NUMBER:	PREFERRED CONTACT PHONE NUMBER
Addr Line 1			
Addr Line 2			cell home business
E-MAIL ADDRESS:	SPOUSE/ADULT COMPANION NAME:		send home address
CLUB ADMINISTRATOR: NAME (Last, First)		*MEMBER NUMBER:	PREFERRED CONTACT PHONE NUMBER
Addr Line 1			;
Addr Line 2			cell home business
E-MAIL ADDRESS	SPOUSE/ADULT		send home address
ADDRESS:	COMPANION NAME:		mail to: club address

#### **CLUB MEETING INFORMATION**

If there are changes in your meeting information, indicate the changes below or enter via MyLCI >> My Lions Club >> Club Info.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
EACH WEEK							
1ST WEEK							
2ND WEEK							
3RD WEEK							
4TH WEEK							
ALTERNATE WEEKS							
HOUR							

See top of page 22 for last part of PU101

#### PU101 page 3

#### SUBMISSION INSTRUCTIONS

s the current (select one) Club Presid	lent Club Secretary
certify that the above information is corre	ect.
My Name:	
My Member Number:	
	should email this form to <u>Member ServiceCenter@LionsClubs.org</u> our email account will serve as your electronic signature.
OR	
Written Signature: The person who submits this information s	should print this form, sign below and fax to 630-571-1687 or mail to:
Lions Clubs International	

Reporting newly elected cluf officers is extremely important to ensure that the new officers receive the information and materials they will need for the coming year.

Completing this form is also critically important for the completion of the MD36 Annual Directory

You may report the new officers using the MyLCI Website or by mailling this printed form to: Lions Clubs International, Member Service Center, 300 West 22nd Street, Oak Brook, IL 606523-8842.

Remember the deadline for this is May 15th!

Changes in club officers during the fiscal year should be entered in MyLCI or sent to: Lions Clubs International, Member Service Center, 300 West 22nd Street, Oak Brook, IL 606523-8842.

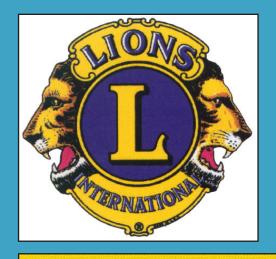
#### District 36-R **Virtual District Convention**

May 1, 2021

# **Registration Form**



Last Name		First Nam	ne	Badge	Name	from 1st name
Mailing Address						
Mailing Address No						
Preferred Phone						
IMPORTANT!! PLI AND ADDITIONAL						
Lion Lioness	Leo Gue	st 1st	Timer New M	ember F	Potential New	Member
Club Name				Dis	strict OR _	_E G
Current Elected Of	fice			PID	PCC	PDG
o Lion Member / G o Raffle Tickets (\$6 Total Submitted MUST BE RECO	5.00 each) . EIVED BY <u>A</u> vill be conv	Four raffles  APRIL 21!!  rened online	will be held.  via zoom. Pleas		\$ \$	610.00 6 6 6 6
We will be having f the Breakout session Morning: Online A	ons that you	u would like t	to attend:			
Afternoon: How to	o Zoom	_ LCIF Grant	: Writing Diab	etes/Gales	Creek Hea	aring
How to Register: Make check			information on th Γ36-R CONVENT		ONE P PER FO	ERSON DRM
37	on Craig Ur 0 College I em, OR 97	Orive NW				
REFUNDS: Will r QUESTIONS?: L			•			st.net



Eugene Downtown Lions
"See the Bright Side" Online Auction

Online Silent Auction April 21, 2021 - April 25, 2021

Invite Friends, Family, and Co-Workers

Go to our website to sign-up: https://edlc2021.ggo.bid



100% of the proceeds will help others in our community

