

Serving members of MD36 Oregon and Northern CA

February, 2019 Volume 7/18-19

# A Beautiful Day for a Work in the Park



Members of Eugene Cascade Lions Club got their grubbies on to plant bulbs at two parks for the City of Eugene. Joining them was Ray, a local dog (short for Ray Charles). All had their Lions work vests on so the neighbors could see a Lions club "at work".

# **Angels At Work**



Angel Flight West (AFW) and the Oregon Lions Earth Angels partnered up to provide free transportation for Veteran Patricia Glass (center) from the Roseburg area who needs medical care at the Veteran's Hospital in Portland. AFW pilot Johannes Weiss (left) provided his plane for the free flight. Lions Earth Angel driver Mary Thibert (right) provided the ground transportation around the Portland area.

#### **ANNIVERSARIES**

February 2019 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

#### February

Eugene Downtown	February 20, 1924
Corvallis	February 25, 1925
Junction City	February 2, 1929
Astoria	February 16, 1942
Illinois Valley	February 27, 1948
Elkton	February 14, 1951
South Salem	February 28, 1951
Portland Bentham	February 3, 1954
Eugene Bethel	February 23, 1955
Sherman County	February 26, 1964
Carlton Yamhill	February 22, 1965
King City	February 22, 1967
Klamath Falls S.Suburban	February 6, 1970
Odell	February 24, 1971
Alvadore Franklin	February 2, 1979
Beavercreek	February 12, 1981

#### March

==	
Cottage Grove	March 13, 1924
Salem West	March 4, 1942
Burns	March 27, 1942
Jacksonville	March 16, 1948
Myrtle Creek	March 18, 1948
Riddle	March 23, 1948
Canyonville	March 24, 1948
Creswell	March 30, 1948
Mapleton	March 29, 1950
Portland Lloyd	March 3, 1960
Tualatin	March 6, 1973
Silver Lake	March 6, 1975
Applegate	March 26, 1975
Springfield Mohawk	March 8, 1976
Portland Metro	March 2, 1992
Portland Oaks Bottom	March 27, 2003
Arlington	March 5, 2010

#### Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.

#### ATTACH YOUR ADDRESS LABEL HERE

Name (pls print):		
New Address:		
City:	State:	Zip:
Former Address:		
Lions Club:		

Mail this entire form to: The Oregon Lion, PO Box 51345, Eugene, OR 97405 MONTHLY CALENDARS

#### **MEETINGS**

#### February

- 2 Dist. R Convention Corvallis OSU Alumni Center, ID Ardie Klemish and Ken, IA
- 9 Dist. G Cab. mtg. via teleconference or in Rufus TBD @ 10am
- 13 OLSHF Patient Care Comm. mtg 12-1 @ OLSHF
- 16 Dist. R Cab. mtg. TBA @9am
- 22 Dist. O Cab. mtg. Embassy Suites, Hillsboro @1pm
- Dist. O Convention Hillsboro Embassy Suites,
   20001 NW Tanasbourne Dr.
   Guests: ID Patricia Vannett and Kevin, ND
- 25 SOLSHC Board mtg. @ 5:30pm

#### March

- 1-2 Dist. G Convention Madras Inn at Cross Keys Station ID Gwen White and Rhett, NC
- 6 OLSHF Exec. Comm. mtg @ OLSHF office
- 13 OLSHF Patient Care/Program Services mtgs. TBA
- 9am OLSHF Trustee mtg.@ the Barn, 1200 11th St SW Bandon, OR

1pm Council of Gov mtg.@ the Barn 1200 11th St SW, Bandon

- 15-16Dist. E Convention "The Barn" Bandon, OR ID Connie LeCleir-Meyer and Michael, WI
- 17 Dist. E Cab. mtg. @9am -The Barn, Bandon, OR
- 25 SOLSHC Board mtg. @ 5:30pm

#### **February**

#### **EVENTS**

- Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave., NE
   @ 6pm
- 10 The *Oregon Lion* deadline (for March online issue) **March**
- 10 The *Oregon Lion* deadline (for April issue)



The Oregon Lion Website: www.md36lionsclubs.org

THE OREGON LION (USPS No. 119-630) is published monthly for \$7.00 per year (in state); \$8.00 per year (out of state) by Lions Club International, Multiple District 36, PO Box 51345, Eugene, OR 97405. Phone: 541.484.0452

Periodical postage paid at Eugene, OR and additional mailing office.

Postmaster:

Send address changes to: The Oregon Lion, PO Box 51345, Eugene, OR 97405

Magazine Staff:

Leah Hawes, Exec. Secretary Email: md36lions@comcast.net

# **Council Chair News**



**Gail Black** 

R) 541.863.5073 C) 541.733.5450

sgblack@charter.net

# SOARING BEYOND THE HORIZON AS "WE SERVE"

This month of February begins the district conventions starting with District R scheduled for February 2, and District O scheduled for Feb 22-23. What a great time for all Lions members to acknowledge the activities and services of the clubs in their districts. This is also the time when leadership for the future is brought forth and voted on as the new District Governors and Vice District Governors are nominated and voted on.

During the year the district governors along with the DG team have been observing and taking note of those Lions in each club with those qualities that denote leadership abilities. Every club has those leaders, though often they are not openly visible. Sometimes the presenting problem is that a person is still working and feels there is not enough time available. In other cases, the person is unsure of their abilities or may lack a bit of self confidence, even though their cohorts and friends may see their potential and tell the person so. Other times it perhaps is a financial concern in stepping up.

Though these are all valid concerns, in the long run the most important thing to be considered is the person's belief in and dedication to Lionism and what it stands for. When you believe in what you are doing and love what you are doing, you will find a way to make things work out. You will always have support from fellow members, from district and multiple district officers and from LCI. There is always training help and mentors that are ever present.

And, speaking of training, it must be noted that the Northwest Lions Leadership Institute (NWLLI) is one of the best training programs around. The institute is scheduled for April 26-28 and is being held at the *Quality Inn and Suites* in Keizer. The cost of the institute is a mere \$290 for the three days and covers all materials, all meals and lodging. Each district has funds budgeted for training which you can check into for assistance in attending. Now is the time to

get those applications in. Everyone is welcome to attend up to the position of district governor. If you want further information of the quality of this institute, just ask anyone who has attended.

This institute not only has much to offer for Lions leadership, but also in your work place and in your community. All of the presenters at this institute are graduates of the Institute and are anxious to work with each and everyone. The seminars are a great way to learn and grow, while being in the friendly surroundings of fellow Lions and another way to "look beyond the horizon". To get an application please contact PCC Vince Bishop or CC Gail Black.

# **Directory Corrections**

- p. 38 Springfield Mohawk Lions Club now meeting 6:50am, Weekly, Fri., Flashback Grill, 4229 Main Street, Springfield
- p. 49 Crooked River Ranch has new Secretary: Rikki Carter, 4530 SW Puma Road, Terrebonne, OR 97760. C) 503.720.0159 rikkic12@gmail.com
- p. 83 Bessonette, Tom, PDG, has new address of 590 NW 23rd St., Apt. 206, Redmond, OR 97756
- p. 90 Gear, Edward, PID (Sandy), have new address of 1475 Green Acres Rd., Space #114, Eugene, OR 97408.
- p. 91 Guerrant, Bob, PCC has passed.
- p.104 Rollins, Bill, PID has passed.
- p.108 Thomas, Jane, jthomas4664@charter.net and (541) 817-5955.

## Are You Moving? Have You Moved?

We need a couple of days to change your address. Please give us your old address, as well as your new one, by attaching a label from a recent issue of The Oregon Lion in the space shown.



Mail entire form to: **The Oregon Lion** PO Box 51345 Eugene, OR 97405

	Attach Your Address Label Here
Name (print)	
New Address	
City	State Zip

#### District O - Northwest - North Coast



**District O Governor Column** Dan Wolf

R) 503.622.4664 C) 503.816.6786

 mthoodlionsclub@aol.com Spouse: Nancy Wolf

Greeting my fellow Lions,

I hope you all have had a great holiday season and are back to your club service projects and having fun serving your communities.

As we enter the convention season, we would like to encourage all of you to participate in your district's annual convention, and the Multiple District Convention. I have been attending planning meetings for both and these conventions have some great activities planned and some super International Directors invited to attend. District O Convention will be held February 22-23 at the Embassy Suites in Hillsboro. You can down load the District Convention Poster and Application at our Multiple District Website at: http://www. md36lionsclubs.org/2019-district-o-convention/

I hope all of our clubs are actively collecting used purses, travel bags and shaving kits to be used as hygiene kits for homeless and those in shelters. In years past we have used hard shell eye glass cases and gallon zip lock bags, but we thought we would try using larger containers to enable us to put in feminine hygiene items and to cut down on the cost to each district and clubs.

To create a little fun, we are asking each club to bring a purse decorated with the International President's theme: Soaring Above the Horizon. Entries will compete for the best decorated purse reflecting the theme. Even if your club is not competing in the contest, bring purses to the convention. We will put them to good use.

We are encouraging clubs to keep on collecting food for local food banks as hunger continues even after the holidays. Please report your efforts on MvLCI or Mv Lion websites. This helps us track our efforts for future planning and sharing with other clubs, districts and LCI. Thanks to all of the clubs that have stepped up their reporting of service activities and fundraisers, we really appreciate your efforts.

Be sure to get your Awards Applications in as time is running short to get them included for this year's convention. You Lions have been doing some awesome activities so take credit for it and sign up for competing for some nice awards. If you have questions about awards and how to apply, contact Lion Michelle Don, District 36 O Awards Chair, MDON@citizensEbank.com

Lions Club Leaders, now's time to look into your membership and see who is aspiring to become a leader or hone their leadership skills. One of our major endeavors is to develop leaders in Lions and to help leaders grow and step into future leadership roles. The Northwest Lions Leadership Institute is a valuable resource to do just that. It will be held in Kaiser Oregon April 26-28. Check with your club leaders and see if you can sponsor one or two Lions from your club to attend this great opportunity. Applications are online at md36lionsclubs.org.

Be well my friends and we will see you soon.

#### District R - Willamette Valley - Central Coas



#### **District R Governor Column** Dale Bachman

R) 541.746.6008 C) 541.953.0990

 bachmandale1@gmail.com Spouse: Judy Bachman

Fellow Lions.

Did you attend the District R Conference in Corvallis on February 2? If you did attend, hopefully you filled out the evaluation form. Your suggestions will be used to make next year's conference even better.

I want to remind you of the focus areas for this 2019 year: vision, hunger, environment, diabetes and childhood cancer. I would love to hear about anything your club is doing along these lines. Clubs should also continue to focus on family, neighborhood, community and individuals, as we strive to expand our membership, develop leadership and provide service. I am proud of the work that our clubs do, and encourage you to report what you do, so other Lions can share your successes.

I am well on the way of meeting my goal of visiting all District R clubs before my term is over. If I am not scheduled to visit your club, please contact me so we can set a date. I am also still interested in hearing about the projects you have planned for 2019. Please send me an e-mail or text with a list of projects with which your club is involved. I like to share those ideas with other Lions.

Did you happen to read PDG Rod Bach's comments about service projects? Here is an excerpt from him: "Some Lions were lamenting the fact that their Club "only" did things like "a food drive now and then, screen school kids for possible vision problems, and do a free meal for seniors and other projects. They said they had nothing to report. WOW, this is what we're about; let's tell others." I would echo PDG Rod's suggestion that we (Lion leaders) "encourage the Clubs in our area/ zone/region to report their ongoing activities. Let's try and get the number of clubs reporting their activities up to 75% for each District."

Speaking of reporting activities, our member focus in February is Women. Please let me know of any activities that focus on and/or involve the women in your club. I hope to acknowledge these in my March

As always, I am hoping to hear from you regarding any ideas you have for enhancing our visibility in our communities, any exciting things going on with your club, and anything in the near future. Let's work together to create some excitement in District R, and to really make 2019 a truly great Year of the Lion!

#### District E - Southern - South Coast



#### **District E Governor Column** Bryan Longland

C) 541.404.8751

bryan@sunsetmotel.com Spouse: Patti Longland

#### **Convention Season Starts this Month:**

District R Convention February 2 in Corvallis; District O Convention February 23 in Hillsboro; District G Convention March 1- 2 in Madras; District E Convention March 15-16 in Bandon; and Multiple District Convention May 3-4 in Seaside. Each of these conventions will be different and have the latest news on Lionism locally, in the USA and globally. If you can attend one or all of the conventions, you will leave proud you serve as an Oregon Lion.

The District E Convention in Bandon welcomes International Director Connie LeCleir and her husband Michael from Wisconsin. One of several contests at the 36E Convention will be a Food Drive Challenge by region. Bring your food items or cash and drop them in your region's box. A prize will be awarded at Saturday's dinner to the region with the heaviest box.

All 36E clubs are asked to bring a "Bedazzled" purse in International President Gudrun's theme "Beyond the Horizon." They will be judged at the 36E Convention and the winning purse will be taken to the Multiple District 36 Convention in Seaside. The overall winning club's purse will win the prestigious "Golden" Lamp Award."

Oregon Scenery Photo contest: Submit a regular photo NO PHOTO SHOPPING to Ted Carlin @ vptcarlin@yahoo.com by April 15. Top 5 photos will go to the MD 36 Convention where delegates will vote on #1.

#### Membership

As history repeats itself, Lion membership of 36E has dropped (not bad, -7 so far). We are about 50 new members shy of the goal of 800 Lions in District E this year. As we continue to seek new members we cannot forget the "New Voices" campaign for attracting women into Lions clubs. I thank Club Secretaries for keeping accurate numbers of Lions in your club.

#### Service

Spring is around the corner and clubs are actively planning for club summer projects. Project chairs need to have a sign-up sheet and check-in and check-out times so we can better report to Club Secretaries the hours served on each project. I was pleased with the last "Club Health Assessment Report" showing 30 of 35 clubs had reported Service Hours (86%). Keep up the good work! LCIF uses these reports to make grants available to better serve your community. 36E is small in numbers but mighty in serving our communities.

#### California "Camp Fire" Update

California's "Camp Fire" totally destroyed the foothill town of Paradise, but the community is rebuilding. Lions of Oregon are working with the California Lions in this effort. Cash is what is most needed right now. You can send a club or personal checks to "Chico Breakfast Lions Club, P.O. Box 1094 Chico, CA 95927 or to LCIF, 300 West 22<sup>nd</sup> St. Oak Brook, IL 60523-8842. In the memo field, earmark the monies for the "Camp Fire." Chico Breakfast Lions or LCIF will get the money to the proper agencies. The money will be used for prescription medicine, food and where the need is greatest.

#### District G - Central - Eastern Oregon



#### District G Governor Column Phyllis Carlin

C) 541.604.4816

 pascarlin@gmail.com Spouse: Ted Carlin

#### "Together we can"..... Serve

So you want to serve your community. What can you do individually? Many things. You can sign up for this project or that event with a different group or agency. But our ability to serve increases exponentially when we join like minded people in an organization such as Lions. And while we seek to serve the individual needs of our own communities, as Lions we are uniting our global service efforts around five areas of need; diabetes, vision, hunger, environment and childhood cancer.

We serve....

- to reduce the prevalence of diabetes and improve the quality of life for those diagnosed
- to prevent avoidable blindness and improve the quality of life for people who are blind and visually
- to ensure all community members have access to nutritious food
- to sustainably protect and restore our environment and to improve the well-being of all communities
- to help those affected by childhood cancer survive and thrive

Remember, International President Gudrun Yngvadottir has asked all clubs to add one new service project this year. So if you're looking for a new project, please consider one of the areas listed above.



Pendleton Lions ready to serve

Imagine being surrounded by over 20 vintage aircraft, most of them World War II era and most of them in flying condition as you listen to Alison Perry, founder of the Central Oregon Veteran's Ranch describe the concept and development of the 19 acre working farm for veterans. Perry will be the keynote speaker for the opening of the District G Convention. In addition, that afternoon museum tours will be

offered and a fun airplane toss game to test your flying accuracy. Musical numbers preformed by Lion Michelle Shank will be featured along with the music of the Box Canyon Bluegrass Band (Madras Lions President Christy Brown is a member).

The next day the convention moves to the *Inn* at Cross Keys Station. International Director Gwen White of Columbia, North Carolina, who also serves as Executive Director of the Visually Impaired Persons Fishing Tournament, will be our keynote speaker. Gwen will be joined by many other interesting speakers throughout the day.

Registration forms can be found on the MD 36 Lions website, in the January 2019 Oregon Lion or one can be e-mailed to you. Please contact me if you need a registration form. We look forward to seeing you in March!

#### **Continuing Our Focus on the Environment**

Snow shoveling, delivering items to those who are snowed in without food, and the task of hanging up and taking down holiday decorations were the three latest environmental project ideas to go on the list of MD36 Environmental Projects. (See list below.) We care about our planet and that is why we as Lions are dedicated to taking care of it.

We are hoping that, from the list below, or any other ideas, each Lions Club in District MD36 makes it their New Year's Resolution to add a new Environmental Project" to their agendas. Please send me other environmental projects not on this list so they can be added.

Road Clean-ups

Highway Clean-ups

Cemetary Clean-ups

Cleaning of parks and lakes

Cleaning off and painting over graffiti

Maintaining a park

Planting trees

Pruning, cutting limbs and falling trees

Develop and maintain a "Limb Dump"

Composting

Selling manure

Cutting up and selling of firewood

Home safety inspection for seniors

Checking smoke alarms

Maintaining your Lion's clubhouse

Collect and distribute clothes for the homeless

Recycling cans and bottles

Taking up the battle against plastic bags

Taking up the battle against plastic straws

Snow shoveling for those in need

Holding a recycle garage sale

Car pooling

Watering your community garden

Snow shoveling for those in need

Creating and maintaining a community garden

Putting up and taking down holiday displays for those in need

Holding a PR Course & campaigning against littering

Involvement with SOLVE (Stop Oregon Litter and Vandalism)

#### **Lions MD-36 Scenery/Nature Photo Contest**



"A beautiful sky, colors, clouds and a mountain in the background" make a great addition to the MD36 Scenery/Nature Photo Contest submitted by a Hood River Lion

Amazingly beautiful scenery photos keep pouring in for the MD-36 Scenery/Nature Contest. Please keep them coming in. I will be displaying the photo contest entries as 10 X 14" photos at all of the Lions District Conventions. Not many rules for this. Should be a Lions photo, no photo shopping and the deadline to me is **April 15**th.

I have 4 judges here in Central Oregon to judge the entries down to the 5 finalists. Anyone can email me if they would like could be a judge to help cut it down to the top 5. The meeting will probably be at a Central Oregon restaurant.

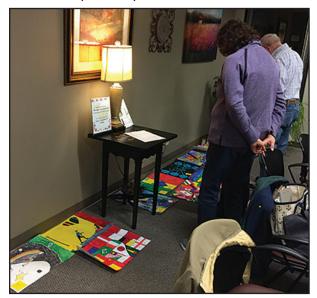
At the MD36 Convention in Seaside, all attendees will vote by cards for the Best Photo of the Five. There is a nice 1st Place prize and recognition for the top 5 finalists. There are a lot of beautiful scenery shots out there right now.

Take a photo and send it on in. All the photos will be displayed at the four district conventions and any other meetings before April.

submitted by Ted Carlin, MD36 Environmental Committee Chair Vptcarlin@yahoo.com, (541) 604-4054

#### A More than 30 Year International Tradition Continues

Once again the Eugene Downtown Lions Club offered students the chance to use their artistic talent to express a meaningful theme. The Lions Peace Poster Contest gives youngsters the chance to show others their concept of a specific idea.



The 2018-2019 Lions year theme is "Kindness Matters." Lion Susan Pfanner has done a superb job again organizing the contest for the club. Students at the Arts and Technology Academy, taught by Amy Samson, submitted their entries and the judging was performed by the Board of Directors of the Downtown Club.

Board members judging the posters

At a scheduled meeting, all of the entries were spread around the room for the members to view and then judge. The votes were tallied and winning entrant was Cecilia Gonenne. Her winning poster was submitted to the District R judging with the hope that it might win there and move up to the Multiple District for the State of Oregon and possibly even to the International judging. Cecilia's poster did not win District, but that hasn't deterred her from planning on entering again next year. She has participated in the contest for the last two years. Her parents, Christy and Jonathan Goenne, are very proud of her efforts as are we. We're all looking forward to next year's Peace Poster theme and the posters submitted by such eager and talented students.



Cecilia Gonenne with her winning poster at a school assembly



The second place poster by Zoe Erickson



The third place poster by Naomi Dulf

submitted by Tim Chuey, Publicity Chairman, EDTL

**A Promise Made To Donor Families** 

I have always been an active person. I love any kind of activity or competitive sport. I love tennis, racquetball, hiking, backpacking, camping, whitewater rafting and downhill skiing.

When I was 42, I was diagnosed with Fuchs Dystrophy, a genetic disease of the cornea. Fuchs causes severe loss of vision with eventual blindness. As my vision deteriorated, I began altering my life both at home and work. I slowly began giving up activities like riding my motorcycle. Early morning and night driving became increasingly difficult and I would make up excuses not to attend night meetings or activities.



I had lots of embarrassing moments like walking into a rack of men's shirts at a pro shop when I became blinded by sun coming through the window or falling down in public because I couldn't see curbs or steps clearly. I was not able to recognize people if they were more than a few feet away.

I am so thankful to my two donors who have given me restored vision and a new lease on life. I remember about two weeks after my first transplant walking into my kitchen and looking out the window into the woods. I was amazed. I could actually see the texture of the tree bark. I went out into the yard; the daffodils were up and the trees were starting to bloom. My vision was so clear, the colors everywhere

were so brilliant it almost hurt to look at them. It was really overwhelming. And then it hit me: Someone who I would never know had given me the most unselfish and precious gift I would ever receive. I sat down on the front steps and cried.

Every morning when I wake up and reach for my glasses and realize I don't need them, I say a prayer of gratitude to the two people who have blessed me with the gift of sight. My promise to them is that I will live better, kinder, and will do everything in my power to pay this gift forward in their honor.

Lynda Myers, Cornea Recipient, Oregon

Lions VisionGift is dedicated to advancing transplantation, research and education to honor donors and their gifts of sight. Since its inception in 1975, over 40,000 people have received the gift of sight from tissue procured and screened by Lions VisionGift. Additionally, thousands of gifts have been utilized for ocular research and surgical training. Lions VisionGift has locations in both Portland, Oregon and Boston, Massachusetts.

submitted by Matt Webber

#### You, Me and the D!

Hello Everyone,

Welcome to my world! Won't you come on in? Following is an article that reminds us of the importance of walking and tips to do so safely and comfortably even in the winter months.

# Winter Walks How to keep walking – safely and comfortably – all season long

By Kara Mayer Robinson

Sure it's frigid out. Yes, the ground has a dusting of snow. But the arrival of winter doesn't have to equal the departure of your walking routine.

Why give up walking when it's so good for managing diabetes? Brisk walking – 30 minutes or more, at least five days a week – helps your body use insulin better, strengthens your heart and bones, boosts circulation, and lowers your heart disease risk.

"People with diabetes can walk and exercise all year long, even in the winter," says Deena Adimoolam, MD, an assistant professor of endocrinology, diabetes, and bone disease at New York's Icahn School of Medicine at Mount Sinai. Follow her tips for walking smart and safe.

**Dress smart.** To stay warm, cover all your body parts – especially your hands, feet, and ears. Remember a scarf, hat, and gloves.

Dress in layers. Think thermal underwear, sweatshirts, and cold-weather outerwear. Layers keep air from escaping and you can peel them away as needed.

**Protect your feet.** Ward off foot problems by wearing sneakers or athletic shoes, not everyday shoes. "Make sure your shoes fit properly," she says. This prevents calluses, which can get worse over time.

Always wear socks – and layer them if needed.

**Find a safe route.** If you have neuropathy or problems with balance, be extra careful on surfaces that may be icy or covered in snow. Try to walk on shoveled surfaces if possible.

"Take walks in the daytime, which is usually when visibility is best and it's typically warmer," Adimoolam says. "If you choose to be outside at night, walk in well-lit areas."

Be aware of black ice, which is hard to see and can lead to slips and falls.

**Stay alert.** Just because it's not hot doesn't mean you don't need water. "Winter air can be quite dry and make you thirsty," says Adimoolam. "Drink plenty of fluids to avoid dehydration."

Be aware of the signs and symptoms of frostbite and hypothermia, like waxy, cold, or discolored skin, numbness, shivering, and weakness. If you see or feel these signs, cut your walk short and head indoors.

**Warm up after walking.** Help your body get back to its natural comfort zone after your walk. Keep your house well-heated. Warm up with a mug of hot (but not scalding) water. Don't be too quick to strip down. "Only remove layers once you've warmed up," says Adimoolam.

Reviewed by Michael Smith, MD, CPT, WebMD Chief Medical Director

as submitted to Diabetes at Walgreens, Winter 2017

submitted by PCC Charlie Tate, MD36 Diabetes Chairman Feel free to contact me at my cell: 503.409.1861 or my email: commontate@hotmail.com

"Even if you're on the right track, you'll get run over if you just sit there." Will Rogers

#### Santa and Mrs. Claus, the Most Gracious Hosts Again This Year

The Eugene Downtown Lions Club 11th annual Pancake Breakfast with Santa and Mrs. Claus fundraiser was once again a great event. The breakfast was held Saturday December 8th from 8 a.m. until noon at the St. Thomas Episcopal Church Fellowship Hall and served many hungry



Santa and Mrs. Claus posed for family pictures

guests. The hall was bustling most of the time with Lions, their guests and other hungry patrons. This year's menu was the usual pancakes with syrup, sausages, eggs, cocoa, and coffee. There were holiday treats and baked goods available for sale from Mrs. Claus' kitchen.

This was a wonderful family affair with Santa's helpers assisting kids with putting frosting and decorative sprinkles on their own Christmas cookies. Members of the Downtown Lions Club flipped pancakes, rolled sausages, and scrambled eggs to prepare the meal. The servers were members of the

North Eugene Key Club, the Junction City LEOs and Downtown Lions and they did a great job of keeping the guests tables served with piping hot delicious food. Santa and Mrs. Claus were, as usual, a big hit with the youngsters and adults alike as they gave candy canes to the children.



(I-r) Lions Teri Yerton and Jim Mueller at the ticket table

Raffle tickets were sold for three kids' bicycles which were graciously donated by Lion Walt "Babe" Curtis and the Musgroves. Lion Karen Norton and Lion Bob Hixson picked out the winning tickets.

The bicycles were won by Jackson Kelly, Krista



Youngsters making their own Christmas cookies

Swanson, and Phoebe Gerome (who gave the bike she won to Ruby Villanueva - a young girl in attendance). A gift basket donated by Ann Musgrove was won by Sheila Snyder.

Special thanks go to Lions Karen Norton and Jim Origliosso for their great effort in organizing



Lion Diane Gregoire (foreground) and Lion Norma Barbisan (background right) enjoying their work as folks enjoyed the food

this event and to St. Thomas Episcopal Church for allowing us to use their facilities again this year. Special thanks to all Eugene Downtown Lions, especially the Santa Committee, Kat Chinn & her family and friends, Dairy Mart, Ye Old Pancake House, Original Pancake House, North Eugene Key Club, Junction City Leos, Klea Ford, Vet's Club of Eugene, Lions Tom McCann, Jim Origliosso, Norma Barbisan, Babe Curtis, all of the great Lions Elves, our wonderful volunteers, all of the Lions who worked so hard setting up, cooking, selling tickets and baked goods and cleaning up afterwards and, of course, Santa and Mrs. Claus. A job well done!

#### St. Helens Lions Help Celebrate Christmas



St. Helens Lions members made appearances as Santa (and an elf or two) in our community before Christmas. Santa appeared at two local nursing homes, a preschool and at the St. Helens Lions Christmas party meeting where the McBride Elementary School choir entertained our members. PDG Lion Hank Calhoun also acted as Santa, with Lions Linda McCoy and Sue Mueller as "elves".

Shown in the photo is Lion Rosemary Jeffrey (center) with a group of young students at Berry Bright preschool.

submitted by Jim Syrstad

#### **Another Turkey Winner**

Sunshine Eoff, walked away from the Lions BINGO with a 16-pound turkey. Eoff won with a blackout hard card before players could win the nearly \$400 on soft cards for blackout. PCC Steve Oliver presented the turkey to Sunshine. Oliver also modeled a double insulated winter cap made by his wife, President Kathy Oliver, which was donated as a prize for one of the games. Attendance has doubled with the blackout expected to be over the \$425 for the next BINGO session.

Free BINGO cards are given for canned goods or coats at the beginning of the evening. The canned goods are distributed to the local food bank, while the coats are tagged for the "coats for kids" program.



PCC Steve Oliver models a double insulated winter hat made by his wife, Elgin President Kathy



PCC Steve Oliver presents blackout winner Sunshine Eoff with a 16-pound turkey.



**PDG Gerald Hopkins** also models President Kathy Oliver's hat.

submitted by PDG Gerald Hopkins

#### **Hood River Eye Opener Lions Recognized for Dedication to Lionism**

Lions Clubs International Foundation's awards were given to Hood River Eye Opener Lions Club members in recognition of their hard work and dedication to the causes of Lionism. The highest single LCIF award is the Melvin Jones Fellowship (MJF) Award, based on donations from clubs or individuals in the base amount of \$1,000 for each award. When a person has received more than



Leonard Hickman and Erma Hickman with Melvin Jones Awards

District G Coordinator PDG Paul Zastrow presented the Melvin Jones awards to several Hood River Eye Opener Lions for dedication to Lionism. Eye Opener Secretary Trudy Tallman and Lion Russ Paddock received Progressive MJF awards, while Vice President Erma Hickman and Lion Leonard Hickman got their MJF Awards as did President Terri Tyler.

one MJF, they become what is called Progressive Awardees. LCIF uses only the interest gained on the MJFs to donate to many causes, from disaster relief, humanitarian causes - including hunger, vision, childhood cancer, youth and environmental issues.



(I-r) PDG Paul Zastrow presenting Trudy Tallman with a Progressive Melvin Jones Award

Campaign 100: LCIF Empowering Service, which started July 1st, is an attempt for world-wide giving of \$300 million by June 30, 2021. Individual Lions, clubs and other donors are asked to donate what they can to this cause, through Melvin Jones awards or donations of lesser amounts. While we celebrate over 100 years of Lions service, LCIF celebrates their 50th year of impact. Each of our districts have an LCIF Coordinator serving for three years.



(r-l) Russ Paddock receiving a Progressive Melvin Jones Award from PDG Paul Zastrow

(I-r) PDG Paul Zastrow presenting Terri Tyler with a Melvin Jones Award



Over the years Lions have trained over 3 million ophthalmologists and other health workers, provided 9.1 million cataract surgeries and given 270.4 million treatments for river blindness. Not only have youth been singled out for Youth Exchange Programs, but more than 16 million youth have participated in Lions Quest in 100+countries. Disaster relief has generated over \$118 million over the years. Thus, we now want ever greater Lions Empowerment through service.

#### The Best Part of Christmas - Giving

For the thirty-second consecutive year, the Gresham Breakfast Lions Club came together to help wrap gifts and spread joy this holiday season for its annual tradition of helping families in need.

The club sponsored eight local families for Christmas -- delivering gifts, clothing, food, trees and gift cards to families flagged by counselors at four area elementary schools. Over the years, the

club has raised approximately \$125,000 to support the purchases for families -especially those with children -- that can really use the help.

"Each of the children get an outfit, a pair of shoes and two gifts," said Rawley Burns, a Gresham Breakfast Lions member and chairman of the holiday event. When requested, the family also gets a gift. The most touching request was one family who asked for toilet paper - believe me, they got plenty. The members of the club give Rawley all the credit for chairing



(I-r) Tom Slyter, Past President; Lisa York, President; Lisa's son, Kia and husband, Brian; Steve Solcz, Past President.

the event over the years, but he says the credit really goes to his wife, Carol, who is the real power behind the activity.

Rawley, who has been involved in the local community for decades (as an example, he's been on the Board of Directors of the Clackamas County Bank for 34 years), hosted the wrapping party at his house in December, with many members of the club, as well as spouses, in attendance. He provided the wine and beer and members brought hors d'oeuvres and dessert. Of course, everyone worked



Many Lions and Christmas gifts in Rawley (5th from left) Burn's garage.

on wrapping the more than seventy-five gifts. On Sunday, December 16, everything was delivered to all of the families and, afterward, the folks making the deliveries met at a local pizza parlor for a review of the process. "The delivery is the rewarding part," Burns said. "When you go into the homes and see the need, all the hard work is forgotten. It's a very rewarding time."

Everyone agreed that, in addition to serving the community, the process is

also a great example of how Lions Club members can find ways of getting together with spouses in a social setting.

submitted by Steve Solcz

#### La Pine Lions Shine

The La Pine Lions received an award for Best of Class in the Open Class Category at the 2018 Annual La Pine Chamber of Commerce Christmas Light Parade. The parade took place on Saturday, December 8, 2018. Congratulations go to Lions Don and Michelle Hazeltine for decorating and entering the club's panel truck in the parade and for bringing home the award.





submitted by Lion Sue Mose

#### What are the Elgin Lions Up To?

#### **Distributed Flags to First Graders** in the Imbler and Elgin School Districts



Pictured is Steve Craig giving a flag to Alaina Heffernan in Audrey Cant's class.



Debbie Rogers received a large turkey for a blackout BINGO from **PCC Steve** Oliver.

both submitted by PDG Gerald Hopkins

#### Recognizing the Service of Mapleton Lions

On January 7, DG Dale Bachman visited the Mapleton Lions Club and presented the Club with five awards, four of the recipients were there for the presentation, although only three got in the picture. He presented the years of service awards to the following Mapleton Lions: Albyn Pearn – 10 years; Diane Ellington – 15 years; Ivan Ellington – 15 years; Kathleen Halvorson – 15 years; and Jay Hendricksen – 40 years.

> (I-r) Lions Jay Hendrickson, DG Dale Bachman, Kathleen Halvorson and Ivan Ellington.



submitted by DG Dale Bachman

#### **Guests Provide a Glimpse of Scotland and Ireland**

Sandi Rysdam and Gail Fuller were guests of the Elgin Lions Club and presented slides and information on their recent visit to the countries of Scotland and Ireland.

The two landed in Glasgow and set out to visit the University of Glasgow the first day of their tour. Sandi commented, "There were several universities that we had a chance to visit. The country has many castles and cathedrals as well." The two noted that 75% of the country involves agriculture. Dairies are a major source of income and "there are more sheep than people in the



(I-r) Sandi Rysdam and Gail Fuller outline trip on a map for Elgin Lions

country." Wood is an issue, they said, so most of the homes are built of block and stone.

Travel to the north involved seeing Loch Ness Lake, home of the Loch Ness Monster. Along the west coast, the Atlantic Ocean extends inland with the bays called lochs. The group also visited Elgin, Scotland. The couple also had a chance to visit St Andrews University, which was established in 1160 AD.

The two travelers then flew to Belfast, Ireland. About 80% of the population, they noted, is located in the southern part of Ireland. A point of interest to Rysdam and Fuller was the museum honoring the fate of the ship Titanic. The museum is constructing a mini version of the Titanic. Near the docks people can still visit sites where rope weaving is demonstrated as it occurred during the 1800s. Approximately 125 war ships were built in the same docks.

In other Lion action, a sight and hearing report listed 32 eye glasses purchased to date for the community. PDG Gerald Hopkins gave a report on the Christmas shopping for a deserving family, stating this group was a joy to work with and the grandparents, accompanying the children, knew exactly what clothing was needed for each child. Lion Dave Fuhrman gave the kids rides around the store on his electric cart. Mary Hopkins said that when the family was taken to McDonalds for lunch, the children asked if they could each sit with a Lion, "which was heartwarming." Gerald added that collecting pop can tabs helped the club qualify for the Lions category addressing children's cancer. All other international goals have been obtained this year. Hopkins said that the group should continue to bring in used ink cartridges, which can be sent into a company as a fundraiser for the club.

President Kathy Oliver stated that Lions Clubs International designates January as Hunger Awareness Month, but she checked with *Foodtown* grocery and large case lots would probably come in March, so the members decided to hold another food drive at that time.

PCC Steve Oliver had the duck tickets available for pre-sales for the Lion Riverfest. He is also lining up clubs to bring in classics for the car show. Car show posters were distributed by Oliver.

Secretary Jared Rogers noted that the BINGO nights have gone extremely well. The club is collecting canned food in exchange for free BINGO tickets, which is being sent to the Elgin Food Bank. Rogers said there were over 40 players in attendance the last two sessions.



1959

Oregon Lions Sight & Hearing Foundation

2019



#### **60 Years of Service**

#### Red Rowley Board Chair

Doug Thompson Executive Director



Special Thanks to OLSHF Historian and Hall of Fame member Des Howarth for contributing to this column.

As part of our celebration of "60 Years of Service" we dedicate this space to a virtual stroll down the Foundation's memory lane and pick back up in the 1970s:

**OLEB: This Event Changed My Life** 

The establishment of the Oregon Lions Eye Bank in 1975 may well be attributed to the efforts of OLSHF Co-Founder **John Anderson**, who contributed not only his time and financial support but his complete devotion to the cause. John had been a very active Lions member and Past District Governor, in the early 1970s he contracted an eye disease which necessitated its removal. Fortunately the eye's corneal tissue was usable and it was donated to a young man whose sight was saved. John met the young man and later admitted that this event changed his life and resulted in the goal of establishing a Lions Eye Bank.

The proposal for such an addition to the Oregon Lions Sight Foundation was presented to Lions at the annual Mid-Year Conference in January 1975. With the motion's approval it was decided that further investigation was necessary and a group of four Lions including **Anderson**, **Walt Trandum**, and **Dr. Richard Chenoweth** journeyed to Mississippi early in 1975 to visit that state's eye foundation in order to evaluate its operation and assess the possibility of establishing a similar eye bank in Oregon.

The Oregon Lions Eye Bank began operating later that year.

**Vision for Success** 

As the Eye Bank officially became an additional service of the Foundation, several goals had to be initially met. First, was to promote the program to Lions and the general public in order to raise awareness of the need and the process to become and organ donor. Second was to set up a system for Lions to collect donated eye tissue and transport the tissue properly to the Foundation

in Portland. Third, hospital personnel and morticians were encouraged to support the new program and obtain donated tissue by explaining the need to surviving family members. Lastly, morticians needed to be trained to enucleate donor eye tissue in order to make the Eye Bank successful.

**Strong Leadership** 

All of these objectives were accomplished due to the leadership of the Foundation's Trustees and especially due to the enthusiastic support of Lions throughout Oregon and northern California. Dr. Chenoweth played a significant role in the success during these years through his vision, knowledge and his desire to ensure that patients in Oregon benefited from cutting edge corneal surgery.

**Putting the Hearing in OLSHF** 

In Next Month's Column: In order to meet the needs of those with hearing problems, many Lions in Oregon feel a new Lions hearing Foundation should be instituted.



John Anderson (far right) helped a young man regain sight by donating his own corneal tissue, the experience eventually led to the creation of the Oregon Lions Eye Bank in 1975.

# **GIFTS & MEMORIALS**

Contributions list includes gifts received Dec 16, 2018 to Jan 15, 2019. Thank you to each and every donor and supporter! If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

Lion Champion -\$10,000 and Above

Albina Fuel Community Foundation for Southwest Washington OCF - Joseph E. Weston Public Foundation The Ann & Bill Swindells Charitable Trust

Lion Heart -\$5,000-9,99<u>9</u> Biamp Systems

Lion Pride -\$2,500-4,999 **KEX Kids Fund** Mark & Tami Ritacco

**Lion Sentinel -**\$1,000-2,499 Community

Foundation of Abilene John & Areta Schock Reichle, Inc.

<u>Lion Tamer -</u> \$500-999

Ben & Jennifer Elliot Elsie Johnson Jordan Ryder

**Lion Patron -**

<u>\$100-499</u> Richard & Suzan Campbell Edward & Joanne Casey Donald Comb Norman Dull Elton & L.A. Fadness **Robert Fries** Arlene Halvorson Jack & Mary Henry Leonard & Érma Hickman William & Patricia Hoyt Craig Jackson & Judy Havens Raymond & Kay Justice Bradley & Michelle King Julie & Anthony Krueger Beverly Nicholson John Pedersen Charles Peter Meg Portwood Mary Potter & Lynne Gammon **Donald Richards Nels Royer** Ron Rupert Teresa Smith Anthony & Judy Stamper

Brenda & George Taylor

Jane Thomas James & Judy Wallin **Robert Watkins** Harold & Karen Werner

Lion Donor -<u>Up to \$99</u> Abdar, Inc. Richard & Jennifer Bennett Judith Bowman John & Donna Crosiar Florence & Frederick Dewey Carol Dudley Ramon & Mary English Michael Hackney George & Edmunda Harding

Norman & Dorothy Hitchcock Matt & Mary Beth Holt Lindsey & James Hughes Yoichi Kitayama

Antonia Leija

Betty & James McConnell Leann & David Nelson Melinda Palmer Suzanne & John Riles William Taylor & Janice Stewart

**School Vision** Screening & Community Event **Sponsors** 

Jefferson County School District

**LEAP Optical Program Supporters** 

Arlington LC Bend Sunrise LC Central City Concern Clackamas Volunteers in Medicine - The Founders Clinic **Eugene Downtown** KEX Kids Fund - LEAP Optical Lab

Odell LC Rockaway LC Salem Downtown LC Yakima Valley Farm Workers Clinic

**ROAR! Program** Supporters

Alvadore Franklin LC Bend Sunrise LC Eugene Bethel LC La Pine LC Portland Oaks Bottom Stayton LC Vernonia LC

**HONORARIUMS** In Honor of Tom **Bessonette** 

Mike & Eleanor Bessonette

In Honor of Dr. Richard Chenoweth & **Toni Hanson** Arlene Heitzler

In Honor of Ed Gear Daniel & Debi Vodvarka

In Honor of Canon Kitayama Patricia Maclean

In Honor of Dale & **Sharon Rollins** Heather & Ian Rollins

In Honor of The **District R Cabinet** Thomas & Paula Hilgers

**MEMORIALS** In Memory of Frank Alderson, Sr. Richard & Gayle Alderson

In Memory of Ted **Forbes** Evelyn Bourhill Susan Forbes

In Memory of John Harney Janice Harney

In Memory of James Hendrickson Dan & Nellie Hendrickson

In Memory of George & Helen Hubbard James & Mary Ann Rombach

In Memory of Al **Jackson** Arthur & Diana Carroll

In Memory of Vicki Mae Marsh Mildred Marsh

In Memory of PDG Sam Price Rebecca Hilkey

In Memory of Art Rotter Donald & Donna King In Memory of Ruby Seals

Robert & Suzanne Cassidy

In Memory of Jim Vincent Śr. James & Margaret Cicchetti

**PRIDE** (Recurring Donors)

Arthur & Gail Abbott Luella Amerson Brenda & Nathaniel Anderson John Anderson Kaitlin Anderson Joyce & Wallace Anderson Andrew & Kelly Asbra Deborah & Rodney Bach Dale & Judith Bachman Janet Baker Larry Barnett Wayne Baseden Robert Belmont Darrell & Lanell Bennett Charles Blanchard Terry & Marilou Bowman Bev Bridgewater Carol & Doug Brink Stella Brown Michael Cairns Gerald Caldwell Henry & Lynn Calhoun Kent Calvin & Aruna Aleem Phyllis & Edward Carlin Debi & Tony Castor James Cech

Robert & Carrie Chaney Garry Charbonneau Russell Chase Dr. Sarah & Thomas Chewerda **Kelly Coates** Peggy Costanzo Debbi Covert Bertram Diamond & Nancy Verstegen Mary Fechtel Doróthy Gann Harlan Geigle Pauline & Robert Govette Jo Hallam Julie Harper Patty Lou Harrison

Danny Hawkes Christopher & Alicia Heaton Robin & Ray Herrington Thomas & Paula Hilgers Karna Inman

Patricia & Mo Jaffer Jim & Sue Jaggers Mary Sue Jepson Debbie Kane

Judy & William Kauffman Bradley & Laura King Wes & Carol King Diane & John Landon Bryan & Patti Longland Hope & Doug Loose Nicole Mandarano & John Salois Elaine Marsh David McBride Ashley McFerron Fred & Helen McNaughton Suzanne & Gary Mose Steve & Liane Moser William Nourse III Steven Olson David Ott Dane & Kathy Parreira John & Lindá Pasma John Pfanner III & Susan Pfanner Matthew Phillips Cory Price Keith Price & Denise Lukens **Brian Rangitsch** Doug & Keren Reinhart Melinda, Christopher & Alder Rhodes Penny & David Rich Bonnie Roeder

Jean Rotter Homer & Karla Rowley Sammantha Saucedo Rodney Schossow Becky & William Scott Dixie Sexton Fran Silbernagel Irvine & Sherril Smith Linda Stent Dean Surface & Susan Fairchild Carrie Swesso-Bartley & **David Bartley** Trudy Tallman Jane Thomas **Douglas Thompson** Linda & Steven Thomson Dennis & Judi Tichenor Dr. Steve & Mary Tronnes Mary Lee Turner Kerith Vance Joan Vaughan

Katie Warren & Taylor

**Torgerson** 

Tiffany Warren

Wesley Whittle

Jadie Wright

Paul Zastrow

Dan & Nancy Wolf

Dale & Sharon Rollins

# **Happy Retirement, Debi!**

Debi Castor, a Weston-McEwen Lion, joined OLSHF in August 2013 as a School Vision Screening field staff member. She is a dedicated Lion who cares greatly about bringing sight and hearing assistance to communities in District G.

Over the past five years, Debi has screened 22,919 children at school events in Eastern Oregon.

We will miss Debi's passion to serve, her joyful laugh, and her commitment to helping people in her community.

Debi loves to share stories of her work with screenings. One of our favorites: "We screened a teacher's 4th grade daughter who was referred for follow up care. The young girl needed glasses. When she looked at a maple leaf after receiving her new eyeglasses she said, 'Wow so that is what my friends meant when they said leaves have veins!' Her mom was so thankful to Lions for screening her child."





As a life-long wearer of glasses, I know how critical vision is in every aspect of life. PRIDE allows me to help provide vision assistance to others with little effort on my part by means of a recurring monthly denotion

—Linda Stent, Florence-Siuslaw Lions

"The PRIDE program gives me a way to support the mission of the Oregon Lions Sight & Hearing Foundation. It's a convenient way for busy people to give—no stamps, no envelopes, no trip to the mail box. Having seen firsthand the positive, and sometimes life changing impact this program has on people makes giving through the PRIDE program a no-brainer for me."

—Steven Olson, Bend/Sunrise Lions

# 3 Easy Ways to Join PRIDE:





Olshf.org/pride



Text MYPRIDE to 71777

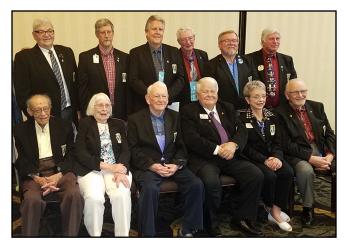


#### It's Time for Your Nominations for OLSHF Hall of Fame!

Since the Oregon Lions Sight & Hearing Foundation Hall of Fame was introduced in 2010, over two dozen long-time Lions have been recognized for their contributions to the Foundation by being inducted into this prestigious circle of OLSHF icons.

To make our Hall of Fame induction more accessible to Lions throughout MD-36, the OLSHF Hall of Fame induction ceremony will take place at the Lions MD-36 State Convention in Seaside this May.

Send us a note of 250 words or less on why your nominee should be considered for Hall of Fame induction. Nominees should have at least 10 years of Service to OLSHF and the nominator should cite examples of how the nominee has had a positive impact on OLSHF and/or Foundation programs. Submit your nominations by email to <a href="mailto:DougT@OLSHF.org">DougT@OLSHF.org</a> or mail to OLSHF, 1010 NW 22nd Ave #144, Portland, OR 97210.



Pat Jaffer and Des Howarth (front row, second and third from left) joined the OLSHF Hall of Fame in 2018

# **Upcoming Events - Mark Your Calendars**

T.	1	A	D
TA	Ц	A	$\boldsymbol{u}$

# Eyeglass Sorting Party

9-11am & 1-3pm (two events)

LERC Warehouse, 2826 NW Nela Street, Portland

RSVP: Tracy Brown, tracy@olshf.org

# APR

23

#### **EUGENE Keep the Promise Breakfast**

7—8:30am

1 () Valley River Inn, Eugene

RSVP: info@olshf.org or call 503-413-7399

# APR

#### SALEM Keep the Promise Breakfast

7—8:30am

**24** Willamette Heritage Center, Salem

RSVP: info@olshf.org or call 503-413-7399

## APR

24

15

#### Lions Day at the Capitol

8:00am—2pm State Capitol, Salem

RSVP: info@olshf.org or call 503-413-7399

# MAY

#### PORTLAND Keep the Promise Breakfast

7—8:30am

Oregon Zoo, Portland

RSVP: info@olshf.org or call 503-413-7399





#### **Angels At Work**

Angel Flight West (AFW) and the Oregon Lions Earth Angels regularly provide free transportation to individuals around the western United States to Portland for medical care or around Oregon for humanitarian reasons.

An AFW pilot recently flew 83 year old Veteran Patricia Glass back to Roseburg after medical treatment at the Veterans Hospital in Portland. The Oregon Lions Earth Angel program provided the ground transportation around the Portland area. This is repeated every 6 weeks for the needed medical care.

Angel Flight West has pilots from around the state who can fly individuals in need. Missions have originated as far away as Montana and the Dakotas to Portland for medical attention. Pilots also fly service personnel and others with humanitarian needs. Missions may fly through Oregon to California or Washington or any of the 13 western states served by AFW.

"Our partnership between AFW and the Lions of Oregon dates back to 2009 and we have worked on hundreds of missions," stated Sue Jaggers who coordinates the Oregon Lions Earth Angels program in Oregon. "There are Lion drivers in almost every community and we can use any size airport for a mission. The most important thing is that each mission's transpo

mission. The most important thing is that each mission's transportation is free," she said.



Angel Flight West (AFW) and the Oregon Lions Earth Angels partnered up to provide free transportation for Veteran Patricia Glass (center) from the Roseburg area who needs medical care at the Veteran's Hospital in Portland. AFW pilot Johannes Weiss (left) provided his plane for the free flight. Lions Earth Angel driver Mary Thibert (right) provided the ground transportation around the Portland area.

Lion Jaggers explained the process, "the best way for an individual to receive service is to have a social service representative make contact at Angel Flight West headquarters in Santa Monica, CA. Once that has been completed, pilots are notified. Our Oregon Lions Earth Angels receive notice. Lions can provide ground transportation in the hometown of those being served as well as in the Portland area.

submitted by PDG Jim Jaggers

#### **Cloverdale Nestucca Valley Lions Help Local Food Pantry**



**Lion Fred Whittlinger** 

Lions Corrine Paratore, and Fred and Crystal Whittlinger from the Cloverdale Nestucca Valley Lions Club have been faithful volunteers at the Pacific City Food Pantry. The pantry is part of the Oregon Food Bank network and lacked signage to let many of the people it was formed and to know it was located in the Nestucca Valley Presbyterian Church. Lion Volunteer Fred Whittlinger made the sign and the effect was immediate. Clients have increased in number as have donations from local sources.

submitted by Sandy Hanneman, Secretary Cloverdale Nestucca Valley Lions

# **BASKETS FOR DISTRICT O CONVENTION FEBRUARY 23, 2019**

# "Be Prepared for Leadership, Membership & Service"







submitted by LuLu Bowman

#### **Bend Sunrise Lions Club Steps In To Help**

Aaliyah Pardee received her eye examination and ordered glasses on December 28, 2018. She previously had glasses (not through Shopko or the Lions) that were destroyed at school. She is currently living with her grandmother and was functionally blind. Although older (17 years old), she still met the guidelines established for this program.



Aaliyah's grandmother thanked Shopko and the Lions for the assistance as she was unable to save enough money for glasses.

This program is a great help for those unable to qualify for other assistance.

Another happy client getting a vision exam and glasses through the Shopko Project Eye Care program and the Lions. The young lady just turned 18 but is basically homeless (she had to move back in with her mother due to circumstances beyond her control).



both articles submitted by Russ Chase

#### **Elgin Students Shop with Lions**



(I-r) Lions Dave Furman, Mary Hopkins and grandmother Vicki Mezo. In the foreground are Jeremiah and Savannah Mezo.

The Elgin Lions have reached out to children in a variety of ways including "Flags for First Graders," vision screening for all grades, basketball tournaments and Christmas shopping with the Lions.

The Elgin Club has sponsored the event for several years by coupling deserving students with Lion members, who help find clothes or school supplies needed for the remainder of the year. A grant from Wal-Mart has helped to supplement Lion funds for the annual event. Although Christmas shopping with the Lions is not unique, very few clubs in the district have the event.

It touches the heart to hear the children say, "You Lions are angels," or parents reflect, "We couldn't have had a nice Christmas without your help," event organizer Gerald Hopkins stated. "Depending on size of the family, we usually have one or two Lions matched with the students," Hopkins said.

"The motto of the Lions is to serve," Hopkins added. "It is so heart-warming to all of us to be able to reach out and help families, especially the children."

submitted by PDG Gerald Hopkins

#### **Opera House Youth Actors Club Performs For Elgin Lions**



Members of the Opera House Youth Actors Club perform for the Elgin Lions as a part of a fundraising campaign.

Students representing the Opera House Youth Actors Club performed for the Elgin Lions with songs and skits. The students also served up a baked potato supper for the Lions and outlined plans to attend a theater competition in Sacramento, California, February 7-11. The students, from Union and Wallowa counties, are raising their own funds for the trip, which will feature a series of workshops on new techniques, competition and junior theater specials, with approximately 45 teams involved at the national and international levels. Last year, the group from the Opera House brought home the "Most Inspirational Trophy" through their first efforts. The group has elected to present a selection of

songs from Guys and Dolls. A passing of the hat among the Lions netted \$884 for the group. The Board will examine additional support.

Sight and Hearing Chair Keith Warren reported there were 31 requests for glasses to date. The club supports the evaluation and purchase of glasses as needed.

President Kathy Oliver touted the success of the Elgin Lions Light parade indicating this was one of the best in years with 16 floats, cars from the Cruise Club and emergency vehicles adding to the string of lights. Lion Oliver added that the Elgin Lions Basketball Tournament netted almost \$1,600 for club projects. It was noted that 100% of funds collected through projects are funneled back into community needs. One of those projects to being supported this month is a Christmas shopping trip for a deserving family.



(I-r) Hannah Kate Sheely and Abigale Roulet present a skit and music for the group.

Also noted was that the Lions installed a new hydrant at the RV dump at Henderson Park.

submitted by PDG Gerald Hopkins

#### Elgin Huskies Top Teams in Lions Invitational



(I-r) Darlene and Mike Garver prepare food for coaches and drivers

The Elgin Lions Club organized a basketball tournament with many extras including 50/50 pots, bicycle drawings and piñatas for the kids. Chaired by Jared Rogers, the two day event saw outstanding

support from club members.

Both the boys and girls Elgin teams emerged victorious in the Lions Basketball Invitational. In the finals the



Elgin girls win first place at Invitational

Huskies were challenged by the Wallowa Cougars, with the games much closer than the final scores indicated. In the girls' bracket, Wallowa aced out the Huntington Locomotives to move into the finals against Elgin. Elgin won by a score of 45-30.



Elgin boys scored a victory for first place

On the boys' side, Elgin moved to the finals with a 48-21 score over La Grande JV team, and took first place with a 50-40 win over a hard fighting Wallowa group.

As usual, PCC Steve Oliver used his magic sales charm to have heavy pots in the 50/50 draws, but also sold tickets for a bicycle, which was won by Lion Debbie Rogers.



Dave Fuhrman, Jared Rogers and Bill Williams



PDG Gerald Hopkins ducks as a mighty swing is taken on the piñata

Lion Debbie Rogers is the lucky Lion winning the bicycle



New this year was a basketball piñata for the kids, filled with delicious Lion candies. Children swarmed over the goodies and all had a handful to carry home.

submitted by PDG Gerald Hopkins



#### **Christmas Turkey Won**

Vickie Hoskins, was the winner of the turkey at the Elgin Lions BINGO Christmas night. PCC Steve Oliver (Turkey King) presented the heavy bird to Lion Hoskins.

submitted by PDG Gerald Hopkins

# French Prairie Lions Toy Drive

The French Prairie Lions Club coordinated a community Christmas toy drive in northern Marion County. "We're excited to report the collection of nearly 700 toys for the Love Santa program," stated club project Chair Marysue Tiedtke.



The French Prairie Lions Club coordinated the collection of toys for distribution at Christmas in the north Marion County communities of Hubbard, Donald and Aurora. Nearly 700 toys were collected. The French Prairie Lions Club worked with 5 businesses and organizations and one class at the school district to get out 9 collection boxes.

She reported that several community organizations and businesses were involved in the toy collection. "We especially appreciate the work of a 5th grade class in the North Marion School District to decorate our collection boxes," Tiedtke said. "Students wanted to do something for the community. The boxes needed decorating and the class stepped in," she continued.

"Love Santa distributes around 200 food boxes with toys each year in the communities of Hubbard, Aurora and Donald," Tiedtke reported. The Hubbard and Aurora Fire Districts were very much involved along with Dollar General store in Hubbard, White Rabbit Bakery in Aurora and the Donald Cafe in Donald. There were nine collection sites around the communities.

"We started our collecting the first of December, but will begin earlier next year," she said. Plans

are to add barrels to collect foodstuffs as well to support the great work of the fire departments.