

Serving members of MD36 Oregon and Northern CA

Remember February is Childhood Cancer Awareness & Membership Focus: Women

Dalles Lions Are Ringing Bells Again This Year



**Lion Tim Willis** 

See Story p. 22

February, 2020 Volume 7/19-20

East Albany Lions Held Well-Attended Holiday Dinner



Lion Eric Elder's daughter was very happy with the lion she won.

See Story p. 6

**Elgin Lions Hold Auction** 



PCC Oliver poses with a place mat he thought could be used as a shawl.

See Story p. 7

#### **ANNIVERSARIES**

February 2020 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

#### **February**

Eugene Downtown	February 20, 1924
Corvallis	February 25, 1925
Junction City	February 2, 1929
Astoria	February 16, 1942
Illinois Valley	February 27, 1948
Elkton	February 14, 1951
South Salem	February 28, 1951
Portland Bentham	February 3, 1954
Eugene Bethel	February 23, 1955
Sherman County	February 26, 1964
Carlton Yamhill	February 22, 1965
King City	February 22, 1967
Klamath Falls S.Suburban	February 6, 1970
Odell	February 24, 1971
Alvadore Franklin	February 2, 1979
Beavercreek	February 12, 1981

#### March

Cottage Grove	March 13, 1924
Salem West	March 4, 1942
Burns	March 27, 1942
Jacksonville	March 16, 1948
Myrtle Creek	March 18, 1948
Riddle	March 23, 1948
Canyonville	March 24, 1948
Mapleton	March 29, 1950
Portland Lloyd	March 3, 1960
Tualatin	March 6, 1973
Silver Lake	March 6, 1975
Applegate	March 26, 1975
Portland Metro	March 2, 1992
Portland Oaks Bottom	March 27, 2003
Arlington	March 5, 2010

#### Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.

#### ATTACH YOUR ADDRESS LABEL HERE

Name (pls print):		
New Address:		
City:	State:	Zip:
Former Address:		
Lions Club:		

Mail this entire form to: The Oregon Lion, PO Box 51345, Eugene, OR 97405

#### **MONTHLY CALENDARS**

#### **MEETINGS**

#### **February**

- 8 District R Convention CH2M Bldg., Corvallis Speaker: ID Steve Thornton from Ohio
- 13 OLSHF Patient Care Comm. mtg.
- 15 District R Cabinet mtg. 9-12, Sizzler Steakhouse 1010 Postal Way, Springfield, OR
- 24 SOLSHC Board mtg. @ 5:30pm
- 28 District O Cabinet mtg. 1-4 at Embassy Suites, 20001 NW Tanasbourne Dr., Hillsboro, OR
- 29 District O Convention, Embassy Suites, 20001 NW Tanasbourne Dr., Hillsboro, OR

#### March

- 7 OLSHF Trustee mtg. 9-12, Hood River Adult Cntr. Council of Governor mtg. 1pm, Hood River Adult Cntr
- 12 OLSHF Patient Care Comm. mtg. @ OLSHF Program Services Comm. mtg. @ OLSHF
- 20-21 District E Convention-Bear Hotel, Grants Pass Speaker: ID Judge Shea Nickell & Carolyn Watson (KY)
- 22 District E Cab. mtg., 9am-noon, Bear Hotel
- 30 SOLSHC Board mtg. @ 5:30pm

#### February

#### **EVENTS**

- 3 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave., NE @6pm
- 10 The Oregon Lion deadline (for March issue)

#### March

10 The *Oregon Lion* deadline (for April issue)



The Oregon Lion Website: www.md36lionsclubs.org

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#### **Council Chair News**



**Sharon Rollins** 

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Spouse: Dale Rollins

#### **Creating Harmony Through Service**

As I write this in early January, I am feeling so grateful that our Oregon is a green and healthy place to live. I have just seen a view of Australia from the weather satellite – how horrific to see an entire continent glowing with fire! I have been in contact with Past International President Barry Palmer, who was the IP during my district governor year. He reports that LCIF has been providing amazingly large levels of financial support as his country attempts to move through this tragedy. Our Lions Clubs International Foundation needs our continuous donations in order to provide disaster relief in times such as these.

This topic, support of LCIF, leads directly to my focus for this month: membership growth. Each of our four districts have added members. but sadly lost as well. As I write this, just one of our districts is showing positive growth (but that can change positively with next month's report, of course!). In November, PDG Charlie Short visited from Indiana with his ideas for the development of Cyber Clubs. We, as an aging service group, rather desperately need a new way to approach Lions membership and club organizing for service and for fun. Cyber Clubs can be a branch of an existing club or a new group started with the fresh idea of organization. PDG Bert Diamond wrote an excellent article on this idea for the January edition of this magazine - if you haven't read it, please do. I want to share just a brief set of ideas from PDG Charlie and Bert:

Not all members of a new Cyber Club need necessarily to be young. New retirees, folks living farther from a town that makes travel less comfortable, people who would rather participate from their computer or phone than

attend meetings – all are great candidates for a club organized creatively. A Cyber Club can communicate through current electronic tools as well as service activities done with the group gathering together. As PDG Charlie is quoted by PDG Bert: "There's unlimited freedom to experiment and develop a Cyber Club. Consider attracting new members from all walks of life". I can report that a possible Cyber branch is under development in District 36-O; more to follow on that good news!

To continue with the topic of LCIF support, we MD 36 leaders have an exciting idea to share about the MD 36 convention in May. Our visiting LCI guest, PID Robert Littlefield, would love to present a big group of new and Progressive Melvin Jones awards to Lion and community members, to honor service and dedication. Think of the contributions to LCIF through these awards that can go out to our worldwide service mission! My request: Would clubs please consider choosing their honorees earlier than perhaps usual this spring, and get the process in motion to have awards ready for presentation on Saturday, May 16? I have alerted the LCIF donor assistance office to be expecting a large number of applications for the awards – thinking positively! Wouldn't it be wonderful to have 50 plus MJ and PMJ awards for PID Littlefield to present? Let's do this, MD 36 clubs!

I'll close this article with a quote from PDG Jimmy Carter, who, as you may know, is still an active Lion (as his health allows) in Plains, Georgia: "My faith demands that I do whatever I can, wherever I am, whenever I can, for as long as I can with whatever I have to try to make a difference". And what a difference he and his wife have made through their Carter Foundation that works hand in hand with LCIF on the Lions mission of service!

#### **Directory Corrections**

- p. 36 Junction City Lion Secretary Lance Stoddard has passed. Mike Skinner is stepping in. His contact info. is: 93399 Pitney Ln., Junction City, OR 97448 R) 541.844.4201 ~lionyencs@aol.com
- p. 51 Three Sisters Lions Club is now meeting on the 2nd Tuesday. Same place and time.

#### District O - Northwest - North Coast



**District O Governor Column** Terry Bowman

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 bow64man@hotmail.com Spouse: LuLu Bowman

#### Greetings from District 36 - O

Good news, we are increasing membership. Now we need to increase our reporting of service. The joy of entering our heartfelt service activities belongs to a Lion that really feels how important this is. The club secretary or service chairman usually are the Lions to make the entry at MyLion . Please ask for assistance to know how to do this properly.

Spring season is coming, so now is the time for your planning committees to design a new members event. Reginal Chair Lulu has matching funds to make your event a very successful one. Best example right now is Zone 2 Chair Ed Glad who has organized 4 clubs to work together and try an ambitious new community event to attract new membership. A lot of this planning has occurred by texting meetings and live meetings to minimize travel. Let's all plan new idea membership events for this spring – remember – think outside the box.

Every club has been such a joy to visit, I want to visit them all again.

Respectfully, Terry Bowman DG - O

#### District R - Willamette Valley - Central Coas



**District R Governor Column** Steve Moser

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· mosermob08@gmail.com Spouse: Liane Moser

My Fellow Lions, District R Convention's is February 8, in Corvallis. Late registration deadline is January 31! Hopefully, you have registered or will go on the md36lionsclubs.org website and download the form if you haven't registered already. The incoming DGs are getting ready to go to training in Chicago, the State Convention on May 15-16 is just around the corner and we DG's are or have finished our club visits. Time is going by so quickly! All of our clubs have so many great things going on.

February is Childhood Cancer Awareness Month. Keep all these young ones in your thoughts and let's work to change the 1 in 5 number of those that won't survive to 1 in 10. What a great goal and we have so many places we can help! Anyone working on a grant idea talk to the DGs. Getting started is the hardest part.

February and March are women membership months. I gave everyone a card in those clubs that I have visited and asked them to write down 3 names of prospective members. Let's give those folks a call and see what we can do. It would be cool to be the first MD 36 District to be 50/50 men and women, number-wise.

And we are starting to work on Keep the Promise Breakfast events for our Oregon Lion Sight and Hearing Foundation. Also we continue to do school screenings across our district and across the state. What a great way to help our youth. And like I continue to say "Have Fun."

DG Steve

#### District E - Southern - South Coast



## **District E Governor Column**Bob Chaney

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• dcmail@dcmail.info
Spouse: Karrie Chaney

#### Convention season is here!

Well here it is February already and the convention season is upon us. District R's convention is February 8 in Corvallis. District O's is February 28-29 in Hillsboro. District G's is a little later on in the season. It is April 24-25 in La Pine.

Our very own District E convention is March 20 and 21 at the Evergreen Bear Hotel in Grants Pass. We have a lot of good things planned for this year beginning with our theme of a '50s Sock Hop. Friday night plans to be a return to yesteryear with a '50s Diner menu for the evening meal along with entertainment by The Clazzics. We are encouraging everyone to dress the theme because there will be prizes awarded.

We are really looking forward to the visit of International Director Judge Shea Nickell from Kentucky. I have had the opportunity to visit with him on two occasions and I think that Lions of District 36 E and MD 36 are really going to enjoy his time with us.

Convention season is a time that is needed and anticipated. At convention you not only have the opportunity for training but for networking with your fellow Lions and renewing friendships with Lions. I thoroughly enjoy and look forward to all the conventions because it revitalizes my Lions spirit. It rejuvenates my soul and I love to see all of the friends that I have made over the years and, yes, I look forward to see Vince.

I am also very excited about this year because we have a full slate of upcoming vice district governors and new people stepping into leadership roles. So, I hope to see each and every one of you in Grants Pass in March.

On a sad note, due to circumstances that were uncontrollable, we have lost a number of longtime Lions including PCC Chuck La Tourette, and are in the process of losing two clubs. Cave Junction and Grants Pass Redwood have decided to close up shop. It is unfortunate but I wish all the members of these two clubs the best whether they remain in Lions or go on their separate ways. Your contributions to Lions and your communities is and has been welcomed and appreciated.

So, instead of reporting about our dropping numbers next time how about giving me the opportunity to report about a growth. How? Simple. I challenge each and every member in this district to Just Ask one person to help with a project, come to a meeting and/or join Lions. Averages show that 3 out of 10 will say yes so if all 600 plus of us asked one then the averages tell us we would gain 30 for each 100 asked therefore we should gain 180 members. I will just leave it there and let you draw your own conclusions.

Until next time Continue to Rock the Roar

#### District G - Central - Eastern Oregon



## **District G Governor Column**Gary Mose

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lapinelionsclub@gmail.com

Spouse: Sue Mose

Isn't it great to be a Lion! Happy Valentine's Day!
After some rescheduling my club visits have been completed. In January we visited the Burns and Prineville Lions clubs, both very active clubs in their communities. I'll be setting up visits to Milton–Freewater, Dufur and John Day to establish new clubs, as well as, working with several existing clubs who need assistance. Our third District Cabinet meeting was held via conference call on January 18.

The Guiding Lamp Award is an award that is presented each year as a result of a contest designated specifically by the district governors. Each year the DGs devise the contest criteria. This year it involves every Lion statewide. Each DG is asking Lions in our respective districts to write stories of when they truly became a Lion. All stories submitted will be put together in a book, published and offered for sale not only in MD36 but to Lions elsewhere. All the proceeds will be dedicated to a project determined by the district governors. Let's create something special to show the world what it means to be a Lion. Sometime in the near future I will be planning another trip to Doernbechers Children's Hospital. Our 1st VDG Governor John Taylor has been working on getting the Video Contest implemented which will probably start out with Pendleton.

Just a reminder, don't forget the Halfway Crab Feed in March. The District 36G convention will be the 24th and 25th of April in beautiful La Pine. We are lining up great guest speakers and breakout training sessions for attendees. Get your registrations in and make your motel reservations by March 1, to guarantee pricing. Both the 36G and MD36 awards packets have been emailed to club secretaries. If you haven't received yours, please contact our Cabinet Secretary Sue Mose, or our Awards Chair, Kris Harmon. Please make sure to review all the award criteria and submit your entries early. Please contact Awards Chair, Kris Harmon for any questions regarding awards.

Clubs continue to work through the access issues with MyLCl and MyLion applications. I can't stress enough how important it is to ensure our membership rosters are up to date and our service activities are reported monthly. But also, have patience. LCl is constantly working to fix and upgrade the system. If you've not obtained access yet, we have Lions available to help you the process and provide training. Lions is about service and we need to let everyone know the great things we are doing in our communities. Share our successes Lions and clubs across the district and the state.

I want to express great appreciation for all the warm welcomes we've received from clubs. Lions all have the same goal, to be the best at what we do, providing service to our communities. I'm very proud of our Lions 36G TEAM. Call with any questions. "That's what it's all about."

#### MD-36 Lions ROARING Over **Scenery/Nature Photo Contest**



A beautiful Scenery entry.

"More beauty and more quality," exclaimed Lions after viewing the early entries in the MD36 Scenery/Nature Photo contest while attending the Council of Governors Meeting in Tigard in mid-November.

"Lots of great entries, and from many different clubs and districts" stated MD36 Environmental Chairperson. Ted Carlin of the Crooked River Ranch Lions Club. "A big thanks to Jesse Orozco, a member of the Brookings Harbor Lions Club and the Environmental Chairperson



A beautiful Nature entry.

for District E, for all his help promoting the photo contest," continued Carlin.

The deadline for Photos from MD36 Lions is April 1, 2020, and from the top five a winner will be voted on by Lions at the MD36 Convention in Canyonville in May 2020. Please send entries to the email or regular mail listed below.

submitted by Ted Carlin, Crooked River Ranch Lions Vptcarlin@yahoo.com 16355 SW Chinook Dr., Terrebonne, OR 97760 541-604-4054

#### East Albany Lions Held Well-Attended Holiday Dinner

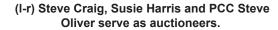
The East Albany Lions had another well-attended holiday dinner and auction with 49 people enjoying a good time and friendship. We had a great auctioneer in Lion Kim Kizer. He excited the Lions and the bids were flying. Over \$1,800 was raised to help the needs in our community. You can tell by the smile on Lion Eric Elder's daughter (see cover). The high bid on the lion made her night just super great.



Lion Kim Kizer emceed the dinner.

#### **Elgin Lions Hold Auction**

How about a finger food auction? The Elgin Lions celebrated the Christmas holidays with members bringing finger foods for the evening, as well as items made by the members themselves. One could bid on anything from cinnamon rolls to handmade quilts. Lions Steve Craig, Steve Oliver and Susie Harris served as the auctioneers, and through their efforts, the club netted over \$2,000 for the evening.





Lions filled the hall to bid on Lion made items.

submitted by PDG Gerald Hopkins

#### The Dalles Lions Help Organize Food Boxes

The first week of each December in The Dalles is the annual ELFF (Everyone Loves a Fire Fighter), a city-wide food drive that is a joint effort to benefit both The Salvation Army and St. Vincent de Paul Food Pantries. On Tuesday the project covers the Eastside and on Wednesday



the Westside is covered. The Dalles Lions Club has taken this on as one of their annual projects and club members sort the food as it is brought in by the fire fighters. The collection point is a local warehouse that is donated for this use. The food comes in and is unloaded from boxes, counted and then sent down the sorting line where different items are packaged together with like items in boxes. The boxes are then divided between The Salvation Army and St. Vincent de Paul and taken to their respective Food Pantries on Thursday morning. Lions members manage the sorting lines on Tuesday and Wednesday evenings from 6:00-10:00 and on Thursday morning at 9:00 we assemble to load the boxes into trucks to take to the Food Pantries.



submitted by Mike Kilkenny



#### **Looking back at 2019 – Some LVG R&D Highlights**

LVG is proud to be a leader in the vision research community. Through the generosity of tissue donor families, our own R&D efforts, and collaborations with academic and industry researchers, we continue to make a positive impact on sight-saving research worldwide.





#### The Silent Epidemic

As I've mentioned before, diabetes is an old disease. We have documentation dating back to 1552 BC by an Egyptian physician documenting frequent urination as symptoms of an unknown disease. It was also noted that ants and flies were attracted to the patient's urine.

I've asked myself countless times how could anyone live a life with this disease before the discovery of insulin? The answer is they did not. Before the discovery of insulin, a diagnosis of diabetes meant certain death. My research has indicated that a Type 1 Diabetic would most likely have only 7 to 10 days to live without insulin and that the death would be difficult and not peaceful.

Remember, a Type 1 diabetic produces no insulin whatsoever, whereas a Type 2 diabetic will produce insulin but the body's metabolism resists the use of the insulin (insulin resistant) or it doesn't produce enough insulin. How are you to know if you have diabetes or not? Just like in 1552 BC the symptom of frequent urination more than normal is the first indication.

I remember back in the 1970s we were given a litmus strip and told to go and urinate on it. If you had diabetes the strip would turn a certain color indicating too much sugar in your urine. In 1976 American scientists discovered that sugar attaches to red blood cells. This led to the creation of the HA1C tests which helped in the treatment and control of diabetes.

The discovery of insulin was no doubt the biggest event in the history of diabetes and in the field of medicine. For the first time in the history of the disease, Type 1 diabetics would have a chance to live a longer life. The knowledge we have acquired since has given us the tools to help control the disease so that all can live longer and fuller lives.

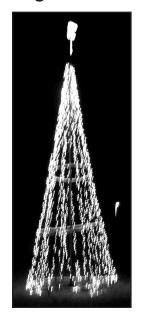
> The Rockefeller University Hospital childrenwithdiabetes.com/ without insulin Treating diabetes: 1921 to present day/ Diabete Quebec

> > submitted by PDG Garry Charbonneau MD36 Diabetes Awareness Chair

#### **District O Convention Goers...** Please bring non-perishable food for the Hillsboro School District

District O Lions & Friends - if you are headed to the District 36-O Convention in Hillsboro, please bring some non-perishable food with you for the Hillsboro School District. If you would like more information on items or need help getting your donation to convention, please email Lion Kerith at Kerith@olshf.org.

#### **Elgin Lions Community Christmas Tree**



The Elgin Lions community Christmas tree was set up in the Clarence Witty Park in Elgin. The Lions constructed the tree from metal hoops and wires running down the sides with lights attached from top to bottom. The tree stays lighted throughout the Christmas holidays and taken down afterwards.

submitted by PDG Gerald Hopkins

#### **Sutherlin Lions Ode to Christmas**

Twas two months before Christmas and all through the town, Lion Stewart Fowler was planning how the party would go down. He called the Pride together and assigned them their tasks And as things were accomplished, he sighed big relief gasps.

He hired the hall knowing work would involve all To assure that Sutherlin's children would have a ball. Then he selected the trees and placed them just right For community groups to decorate with lights so bright.

The table for the Lions dinner was set so pretty with decorations that rivaled any in the city.

A caterer was hired to make a feast for Lions grazing.

What a job they did, cooking food that was amazing.

Lionesses were honored cause their club had disbanded After years of providing for what the needy demanded. The ladies were dressed up and looked so sweet Leaving a legacy and a challenge for our club to meet.

Saturday morning the doors opened and O-boy 172 children came to play games and win a toy. They were amazed by a magician and tossed a ring They did crafts, ate cookies not missing a thing.

Mr. and Mrs. Santa invited children to have a seat They made their wishes known without missing a beat. Parents tended their babies and watched them have fun Allowing worries to vanish till the visit was done.

Adults voted for the trees they liked best and Murphy dental group won first prize; their tree was grand. Our town stepped up with Banner Bank's bequest Cascade Credit Union sponsored a coloring contest.

Tim's Tree House brought the trees and decorated the hall Making the place so festive. It was enjoyed by all.

After the party and the children were gone home Lions cleaned up working their hands to the bone.

West School delivered trees and presents to 22 places To children and families which lit up their faces.

Lion Stewart collapsed having done a wonderful job
So did elves in gold vests who had helped entertain the mob.
But wait! he groaned with despair
As a Methodist pastor, "I have yet a sermon to prepare".

(See story and pictures on page 11)

#### **Sutherlin Lions Club Stays Busy During the Holidays**

In addition to the Christmas Festival the Sutherlin Lions prepared 8 baskets for seniors. The baskets contained personal items, lots of sweet goodies, a gift certificate to Bi-Mart plus a new flannel blanket. Volunteers from the Sutherlin Senior Center delivered the baskets to homebound elders. A local woman donated handmade (crocheted) lap robes and hats which accompanied the baskets.



Dale and Margie Johnson as Mr. and Mrs. Santa





Gaming

1st prize winner. Murphy and **Miller Dental Group** 



Senior baskets.



(I-r) Gail Lund and Jo Barnes serving cookies

#### **Springfield Lions Club Recognizes**

Christmas came early for five local charities as all received a \$500 check from the Springfield Lions Club. On December 2, three checks were given to deserving charities in the Eugene/Springfield area. The first went to Burrito Brigade. Since 2014, Burrito Brigade has provided thousands of nutritious vegan meals to hungry individuals in Eugene and Springfield and has since expanded to Portland. Burrito Brigade targets two of the most food-insecure days: Saturday and Sunday. Their unique distribution model delivers a hot meal directly to the hungry via foot, bike and automobile. Video coverage https://youtu.be/s1U\_V7M2p1s



(I-r) Lions John Vogt, Ralph Smeed, Lee Wacker, Burrito Brigade rep Jennifer Denson and Lion Jam Wilbur.)

The second check was given to Catholic Community Services of Lane County which provides help and hope for our neighbors in need, addressing the community issue of poverty in Lane County. Video coverage https://youtu.be/Wmoj8vMauLg

The third check went to Young Springfield Readers program which is associated with Dolly Parton's Imagination Library, a book gifting program that mails free books to children from birth to age five. Video coverage https://youtu.be/OA2iaCSncX0



(I-r) Lions John Vogt,
Ralph Smeed, Lee Wacker,
Rosemarie Hastings,
PDG Dale Bachman,
Lions Herb Devos, Diane Rush
and kneeling Catholic
Community Service rep.
Jerry Reagan.)

Story continued on page 13

#### the Work of Five Local Charities

Not in attendance but recognized was the "Kenya Project" organized by Josy Lemian, Eugene Downtown Lions member. Josy is director of a foundation to bring a children's rehabilitation center to the Masai area of Kenya.



(I-r) Springfield Lions Club President Henry Miller; Lion Lee Wacker, Young Springfield Readers rep, Tammy Fitch, Lions Herb Devos and Mike Wilbur.)

Finally, in late November a local/international organization, Next Step, specializing in electronic/ digital device recycling was also the recipient of a \$500 grant from the Springfield Lions Club. They welcome a wide variety of items; computers of course, but also everything from Christmas lights to microwaves. Next Step refurbish everything they can and have a no landfill policy so all obsolete/ non-repairable items are recycled with Oregon Department of Environmental Quality (DEQ) approved

processors.



Notice the surprised expression on Next Step's rep, Nancy Retzman's face as she receives a check in the amount of \$500 for her organization. Presenting the check is Lion Dale Howard who was finishing up his presentation on Value Membership Recruitment. While attempting to reflect on membership value Lion Dale prognosticated that the Oregon Ducks would be headed for the "Rose Bowl" and that LSU Tigers would undoubtedly be a contender for the "National Championship" just prior to the finish of the regular NCAA football season.

These are examples of how diversified Lions clubs can be as they acknowledge the accomplishments of those organizations that strive to make a difference in their communities locally, as well as, world-wide!

# District 36-E Lions Annual Convention Registration Form The Bear Hotel– Grants Pass, Oregon March 20-21, 2020 "Continue to Rock The Roar"- District Governor Bob Chaney

One application for	or person	
Check Category that applies: [ ] Lion [ ] Lione	ess [ ]Leo [	]1st Timer [ ] Guest
Name (as you want it printed on badge):		
Mailing Address:		
City:	St	_ Zip:
e-mail:	Ph:	
Club:	Current Office:	
Note: Full Hospitality Book includes: Registration, Fri night dinner, Sat  Early Registration: Prior to Mar5, 2020		
[ ] Full Hospitality Book: Lions/Lioness/ guests\$100.00		[ ]\$110.00
[ ] Full Hospitality Book: Leos/ First Timers\$ 90.00		[ ]\$ 100.00
Note: full hospitality book includes Friday night buffet, Saturday lu No breakfasts are included.	ınch buffet , & Sa	aturday night Buffet.
Individual Options—All Attendees are	invited to all me	eal functions:
Registration only—no meals      Friday Night Buffet (Hot dogs & Hamburgers with root beer floats)      Saturday lunch Buffet (Mexican Taco Bar)      Saturday Night Buffet      (BBQ Spareribs, BBQ Chicken, BBQ Brisket, Vegetarian Lasagna)      TOTAL  Baskets / Silent Auction: is your club providing: a basket for auction [	\$30.00 \$25.00 \$35.00	[ ]\$25.00 [ ]\$40.00 [ ]\$35.00 [ ]\$45.00 TOTAL
Convention Dress: Friday night— Casual with Club Vests, Shirts, or d Sat Lunch & Meetings—Casual with Club Vests, Shirts. Saturday Banquet— suit coats, suits, dressy (no club vests please) Whi	ress for the "Soc	<b>k Hop</b> " (prize will be given for best costume)
TO REGISTER: : All attendees must register Due to catering requirements—No Hospitality books or meals will be av	ailable after Marc	h10th or on site- you must pre-register
Make Checks payable to: District 36-E Convention Mail with Registration to: Gail Black ● PO Box 5002 ● Myrtle Co	reek, OR. 97457	
<b>Refund Policy:</b> No refunds at convention. Registration is not refund Any refund requests must be in writing and mailed to: District Treasurer		
Hotel Accommodations: Best Western Grants Pass Inn ● 111 NE A (\$105.26 includes tax—ask for 36E Lions Co		
Convention Location: Evergreen's Bear Hotel ● 2101 NE Spale	ding Ave • Gra	nts Pass, OR 97526
Directions: I5 Take Exit 55. Off ramp leads onto Grants Pass Parkwa For Hotel turn right and hotel is first building on your right— ( For Convention Turn left. Go across the four-way stop. The Turn left, and Bear Hotel will be on your rig	2nd entry is office enext left turn is N	& registration area)
Questions: Please direct all questions to PCC Gail Black ● 541-863-5073 or 541-7	33-5450 ● sgblac	k@charter.net
or Janice Slusser ● 541-660-2364 ● janznm	erlin@hotmail.cor	m

#### The Dalles Lions Club Puts On Community Meal

Sunday, December 29, the Dalles Lions Club put on the Community Meal. The Community Meal happens in The Dalles every Friday, Saturday and Sunday nights, feeding those in need in our community. Each night is hosted by a different group in the community. Meals are planned by the coordinator for the group, in our case that was Lion Lori Stiles, and the food comes from the Community Meals Pantry or, if needed, the group buys what is needed.



(I-r) Lions Victor Veloz, Lori Stiles, Nicole Beaman and potential member Shanelle Smith



(I-r) Lions George Stuck, potential member **Shanelle Smith, Lion Tim McGlothlin** and Nicole Beaman

(I-r) Lions Tim McGlothlin, Linda and Marv Elsberry & Ed Westphal

The Dalles Lions Club does 4 of these Community Meals each year and during the warmer times we bring our barbeque and grill up burgers for everyone. People know when this happening because the smoke from the BBQ covers the area where the Community Meal is served. We had 11 Lions members or guests to help prepare, serve and clean up. We served 58 first-time meals and a total of 95 meals were consumed.





# February is All About Valentines.... and Macular Degeneration Awareness!

Hank Calhoun Board Chair Doug Thompson Executive Director



As Lions, most of you are pretty knowledgeable about vision issues and you likely understand the importance of early detection of vision health conditions. February is Age-Related Macular Degeneration Awareness Month and we're hoping that you'll help us share the importance of scheduling a comprehensive eye exam with your loved ones to help identify vision issues as early as possible.

Age-related macular degeneration (AMD) is the leading cause of vision loss for people aged 60 and older in the United States. According to the American Academy of Ophthalmology (AAO), 10-15 million individuals have AMD and about 10% of those affected have the "wet" type of age-related macular degeneration.

AMD is a gradual, progressive, painless deterioration of the macula, which is the small area in the center of the retina that gives us our detailed vision. This is why someone with vision loss from AMD may have trouble reading mail or newspapers but have no trouble spotting an object off to the side or while walking around, even in unfamiliar places.

The retina is like the film in an old-fashioned camera; it lines the inside of our eyeball and records what we see. The retina is different from the film, however, in that it has only one area that sees details perfectly clearly—that is its center point, the macula. Damage to the macula affects our detail vision and reduces the clarity of whatever we are looking directly

at. This is the vision we use to read, drive, see the television or computer, and do detailed work such as threading a needle, sewing, or crafts.



Simulation of the world through the eyes of a person affected by macular degeneration

Treatment for both dry and wet macular degeneration does exist but there are limitations and also side effects. Early detection is critical and consultation with a retinal specialist is critically important.

So, in addition to chocolate this month, how about giving your Valentine a reminder to schedule that comprehensive eye exam?

Because nothing says "I love you" like healthy vision!

### **GIFTS & MEMORIALS**

Contributions list includes gifts received December 16, 2019 to January 15, 2020. Thank you to each and every donor and supporter! If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

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Paul Zastrow

# **Envisioning Educational Success for Oregon's Students**

On January 7, OLSHF School Vision Screening staff arrived bright and early to Liberty Elementary School in Salem. Our staff and volunteers met with school nurse Lynn Oehler and a group of Sprague High School Health Occupation class students, who partner with us to screen the elementary schoolers and gain experience beyond the classroom. We also had a special guest that day, Colt Gill, Director of the Oregon Department of Education.

Gill was impressed to see how many students our program was capable of screening during the course of the morning. Lead Coordinator Brad King showed him how to use a SPOT device, and explained that within a week of the screening, OLSHF will use the data from the screenings (which is encrypted and secure to protect student privacy) to deliver a report to the school of students who are referred for exams, along with resources for healthcare for students who need it.

OLSHF's screening program has "made a big difference for our district," said Nurse Oehler. "If we catch these kids at a younger age, often some of these conditions can be corrected through the use of eyeglasses or physical therapy. By doing this, it helps their learning process, and they're able to see and read and engage. We see a direct correlation between good vision and education success."

Last year, we screened more than 176,000 students in the state. Through our partnerships with school districts, Lions Clubs and volunteers, OLSHF continues to make strides towards our goal of screening every student in Oregon.



ODE Director Colt Gill learns to use a SPOT device to screen students' vision (above).



Sprague High School students gain valuable experience at school screenings (above).

School Nurse Lynn Oehler coordinates with Nurse Tatiana Hatzenbihler and a Sprague High School student (below).



South Salem Lions Bruce Schnieber & Alan Tocchini get students ready for their screenings (below).



## **Upcoming Events - Mark Your Calendar!**

FEB 8	DISTRICT 36-R Convention CH2M Hill Alumni Center, Corvallis, Oregon 7:30 AM to 4:30 PM
FEB 28-29	<b>DISTRICT 36-0 Convention</b> Embassy Suites by Hilton, 20001 NW Tanasbourne Dr., Hillsboro, Oregon Register by February 18, 2020   md36lionsclubs.org
MAR 7	OLSHF Trustee Meeting/Council of Governor's Meeting Hood River Adult Center, Hood River, OR
MAR 20-21	<b>DISTRICT 36-E Convention</b> Evergreen's Bear Hotel, Grant's Pass, Oregon Register by March 5, 2020   md36lionsclubs.org
APR 2	EUGENE Keep the Promise Breakfast Valley River Inn, Eugene, OR 7:00 - 8:30 AM   RSVP: info@OLSHF.org or call 503-413-7399
APR 3-5; 10-12	44th Annual Mid-Columbia Lions Follies Hood River, Oregon Info: facebook.com/lionfollies
APR 16	SALEM Keep the Promise Breakfast Willamette Heritage Center, Salem, OR 7:00 - 8:30 AM   RSVP: info@OLSHF.org or call 503-413-7399
APR 24-25	DISTRICT 36-G Convention La Pine Park & Rec Community Building Register by April 17, 2020   md36lionsclubs.org
2 1 20	



Join now: OLSHF.org/pride

# We 💛 Our PRIDE Members

Why are recurring donations so impactful? Let us count the ways:

- Cub-sized donations each month grow into Lion-sized gifts over time
- A reliable funding source that helps us Keep the Promise
- Thanks to our partnerships, every dollar is multiplied up to 10x, and goes to local sight and hearing programs

#### Fighting MS, One Step at a Time

My name is Judith Linda Munson Hague, and I am a member of the Crooked River Ranch Lions Club in Central Oregon. Our club is quite large having around 85 members. Three of the women in our club have an autoimmune disease called Multiple Sclerosis (MS), of which I am one.

A few years ago I asked our CRR Lions President if our club might agree to sponsor us at the MS Walk, which is held in Bend, Oregon every year. The walk raises money to fund research and to purchase medical supplies for people with MS who are disabled. I asked this question of our president because some people who have MS also have vision and hearing problems. I thought it might be appropriate considering the ways that Lions clubs strive to help people with those types of problems.

Amazingly the answer I received was not only positive but they also agreed to actually walk with us at this event! For several years many CRR Lions have walked with us, and several have even agreed to push us in our wheel chairs as we "walk"!

Additionally the CRR Lions board voted to contribute money to the Oregon MS Society to fund their programs, which I believe is another way that Lions clubs SERVE and help people who need assistance! I am proud to be a member of our CRR Lions Club because I see how many ways our club serves including

this unique way by supporting the MS Walk!



CRR Lions and Cub Scout Pack 172 members join together to walk as Team CRR Striding Lions



Lion Karen Duke and grandson Jake Duke, holding the CRR Lions sign.



Lions Joan Johnson and Ben Johnson on the trail.



Lions Judy Hague and Lions Russ Hague at the finish line.



Team CRR Striding Lions submitted by Judy Hague



### Help the Kids **Help the Birds**

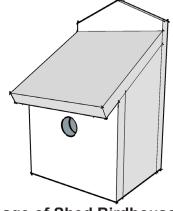


Image of Shed Birdhouse

Kids with Type 1 diabetes face incredible challenges every day. Making things with their hands gives them the sense that they are capable of anything. In summer camp 2020, Gales Creek campers will be making birdhouses for the wrens of the Pacific Northwest. You can help give these kids the supplies they need by providing pre-cut birdhouse pieces for the project. All you need is a saw and a fence board!

The Portland Bentham Lions Club is coordinating the project with Gales Creek Camp. Each birdhouse is made from a single cedar fence plank, making them simple and inexpensive to cut and build. Plus, the cedar is perfect for baby wrens, with its rough natural finish and chemical-free outdoor durability.

Each club is encouraged to cut as many planks as possible. We are hoping to make about 200 birdhouses this year! Parts can be stacked by placement (walls, floors, roof) and brought to any of the conventions, where a member of the Benthem Lions and/or Gales Creek Camp will collect them. We

can also do special collections when necessary.





Please call or email Steve Thomson for a pdf of the plans and to let us know how many you might bring to a convention.

submitted by Rob Dailey, Executive Director, Gales Creek Camp www.galescreekcamp.org T: (503) 968.2267

> PCC Steve Thomson C) 971.506.5914 Or email steve@beautifulbuildings.com

#### Flags for First Graders: Lessons in History & Community

Every February members of the Keizer Lions Club gather their supplies and head out to local elementary schools to share the history of the U.S. flag with every first- grade class. Members travel from school to school teaching students about stars, stripes, colors and symbolism of the U.S. flag, but the lesson doesn't end there.

As the Keizer Lions share facts and information, they are also teaching students about community. While they provide facts and information, they also show students that community comes together to support, teach and offer assistance to one another. As members ask students about state capitals and Betsy Ross, they laugh and learn together.

At the end of their time together Keizer Lions give each student their very own U.S. flag. The flags are the perfect size to display on the students' desks and come with a stand and pamphlet highlighting the flag's history. As students return to their classroom with their flags, their faces are full of smiles and memories of their time with their local Lions club.

In addition to providing flags for local first graders, the Keizer Lions Club sells flags, stands and pamphlets to other clubs in the district. Flag sales are the club's biggest fundraiser, which allows them to provide sight, hearing, mobility and other community supports.

To purchase flags sets for your club please contact Carl Hooper by email at hooper.faithelectric@gmail.com or by phone at 503-507-5298.

submitted by Katherine Skelton

#### **Dalles Lions Are Ringing Bells Again This Year**

The Dalles Lion Club annually rings the bells for the Salvation Army at 5 different locations in our town. We take 2 hours shifts and ring the bells and hand out candy canes to the kids. This year we even had Elvis singing to the crowds of people that visited the local Fred Meyer store. We rang the bells on Saturday, December 14 and again on Saturday, December 21. Each year we compete to win the Service Club Trophy that the local Salvation Army gives out. We won the first year but lost out to the Kiwanis last year, we are pushing very hard to win again this year even though the

Salvation Army Capt. is a Kiwanis member!



Lion Carolyn Layson



(I-r) Lions Al Wynn & Mike Kilkenny submitted by Mike Kilkenny

#### The 2019-20 Guiding Lamp Award

As most of you know, the Guiding Lamp Award is an award that is presented each year for a contest designed specifically by the District Governors. They come up with the contest each year and put together the criteria that constitutes winning the award.

This award was created as a tongue-in-cheek award by the 2014-15 Council of Governors and has become quite a conversational piece ever since.

Well, this year the District Governors had decided that they would like to make this award much more meaningful and, hopefully, a coveted award. They want to do something that would involve every Lion within MD36 and so they have decided to ask each and every Lion in every club in MD36 to write their Lion story of when they truly became a Lion.

All the stories submitted will be put together in a book, published and offered for sale not only in MD36 but throughout the Lions world with all the proceeds going to a project or area of concern determined by the District Governors.

With that in mind here is the criteria that were developed for this meaningful endeavor:

- 1. All stories need to be written in the first person.
- 2. All stories must have the authoring Lions name and club.
- 3. Stories need to be submitted directly to the respective District Governor.
- 4. Stories can be submitted via e-mail, snail mail or in person.
- 5. There is no parameter on length, but don't write a novel.
- 6. All stories will be read and discussed by the District Governor's team, with the most poignant story, in the team's estimation, being chosen as the representative from each specific district, i.e. O, R, E & G.
- 7. At the MD convention in Canyonville in 2020, the four stories will be read and discussed by a panel of the four District Governors' choosing.

The most poignant story, in the panel's estimation, will be the recipient of the Guiding Lamp Award.

In addition, the winning author and the author's club will receive a complimentary copy of the book, once published. So get those pens, pencils and keyboard humming and let's create something to show the world what it means to each of us to be a Lion.

submitted by DG Bob Chaney, Sr.

# **East Albany Lions Help with Community Food Efforts**

For the 43<sup>rd</sup> year, the East Albany Lions helped at Christmas Storybook Land at the Linn County Expo. Thanks to the 37,000 guests who donated items of food. The Fish of Albany Food Pantry is now overflowing with 27,800 items of food for our less fortunate neighbors.

ROAR!!!!!!!!! WE SERVE!



**Jerry Cox** 



**Lion Neil Johnson** 



(I-r) Lions Dave & Margo Althaus



**Storybook Land Thank You**