



Serving members of MD36 Oregon and Northern CA

February, 2021 Volume 7/20-21

**Remember February is
Childhood Cancer Awareness
& Membership Focus: Women**

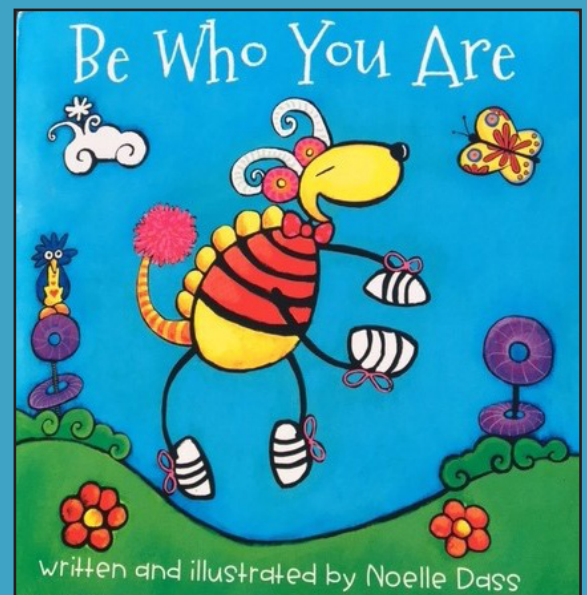
CAMP MILLENNIUM It's For The Kids



Camp Millennium works with pediatric cancer patients and their families.

See Story on page 7

A Picture (Book) is Worth a Thousand Words



See Story on Back Cover

ANNIVERSARIES

February 2021 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

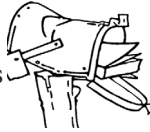
February

Eugene Downtown	February 20, 1924
Corvallis	February 25, 1925
Junction City	February 2, 1929
Astoria	February 16, 1942
Illinois Valley	February 27, 1948
Elkton	February 14, 1951
South Salem	February 28, 1951
Portland Bentham	February 3, 1954
Eugene Bethel	February 23, 1955
Sherman County	February 26, 1964
Carlton Yamhill	February 22, 1965
King City	February 22, 1967
Klamath Falls S.Suburban	February 6, 1970
Odell	February 24, 1971
Alvadore Franklin	February 2, 1979
Beavercreek	February 12, 1981

**IMPORTANT REMINDER TO
PAST DISTRICT GOVERNORS!!!
PAY YOUR DUES TO
PDG BRYAN LONGLAND**

Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.



ATTACH YOUR ADDRESS LABEL HERE

Name (pls print): _____

New Address: _____

City: _____ State: _____ Zip: _____

Former Address: _____

Lions Club: _____

Mail this entire form to: The Oregon Lion,
PO Box 51345, Eugene, OR 97405

MONTHLY CALENDARS

MEETINGS

February

- District R Convention NOW possibly 5/1/21**
- 10 OLSHF Patient Care Comm. mtg noon-1pm
- 20 District R Cabinet mtg. via Zoom 9am-noon
- 22 SOLSHC Board mtg. @noon
- 27 District O Virtual Convention

EVENTS

February

- 1 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave. NE @6pm
- 10 The *Oregon Lion* article deadline for March online issue



The Oregon Lion Website:
www.md36lionsclubs.org

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Leah Hawes, Exec. Secretary

Email: md36lions@comcast.net

Council Chair News



Paul Zastrow

R) 541.354.1002
C) 503.754.4318

pzastrow@gorge.net

A new month, new US President and Administration, new Oregon Legislative Session with requests, bills, etc. all happening at once - - but under the same old "New Normal" Covid-19 issues being paramount! District and probably Multiple District Conventions will be held via social media – less expensive but the ability to attract more numbers in attendance, different methods in presentations for Lionism to come to you - the various Lions throughout Oregon and Northern California. Take advantage of this opportunity to learn what is happening in our Districts while staying in your living room in comfort without having to venture to far away locations! Pajamas may even be worn, and that "cuppa joe" warmed anytime will be the fare! District Convention Committees are trying to work the miracles of getting good topics together, interesting presentations ready and recruiting Lions to attend. Takes away the expensive way to participate in Lions at a higher level – and one can even attend all of the district and multi-district events without breaking your bank account.

What can we do as Lions as far as activities? Things can be similar to what we normally do with imaginative twists. My own Eye Opener Lions Club has been putting on the 4th of July Old Fashioned Fireworks since the Jaycees folded around 1980. For many years the fireworks were set off by fuses – hand lighting each, then even before the tube cooled down, a new explosive was placed in and once again, hand lit. Neither safe nor well-coordinated. For safety, in the early 2000's several of us pyros worked on an electrical switching panel, boxes of switches, wiring tube racks and all the rest. Then came 2020 and Covid-19 – and no way for July 4th Fireworks due to Covid-19. Undaunted we spoke to each other in late summer/early fall and decided to work the calendar for New Year's Eve. Getting

permission from the Port of Hood River to set off pyrotechnics, permits from the state fire marshal, raising funds and doing a quick set-up and firing off the shells and boxes at 8 PM. Some thought it could not be accomplished, but the fireworks were appreciated by thousands who observed! We Blew out 2020 and now look forward to doing the 4th once again.

Parking cars at local events, cooking breakfasts and lunches at others, have been our main money raisers. Some clubs have invested in trailers for bottle and can recycling – which has proved profitable but care needs to be taken due to the pandemic when sorting – masks, distance, etc. So – what are your clubs doing since we can no longer do the usual fundraising activities? Cyber eats and take-out meals could be considered. Let us know what your clubs are doing and share the ideas! Auctions and raffles need to become a greater part of fundraising as there is less personal contact and you still can have fun participating.

Serving the needs of the local community and the broader needs all over the world costs money and time. Luckily we do have several foundations associated with Lions that we can become an integral part of. Oregon Lions Sight and Hearing Foundation serves us locally with visual screening of school kids and similar localized activities. Lions Clubs International Foundation serves more broadly – Grants for Disaster Relief, fighting to make the world a safer place with fewer diseases, curbing hunger, becoming better environmental stewards, and more – to make the whole world a better place in which to live, work and play. These efforts take money, time and effort! You can help as can your clubs. Donations made to both Foundations will help fulfill their goals. Individually, donate to PRIDE via credit card or bank auto withdrawal – it's easy and you are helping a great cause. I make automatic \$20 per month to Pride and every other year \$1,000 goes to LCIF for a Melvin Jones Progressive award, and I also give more to both sporadically. Makes me feel good that I can assist - can you? So – go forth, fundraise, donate, give your efforts to help and say HI and HOPE YOU ARE WELL to your friends, neighbors and relatives! Let everyone know you CARE and WE SERVE!

District O - Northwest - North Coast



District O Governor Column Sheri Young

R) 503.638.7189
C) 503.515.7189

• sjyoung1@aol.com

Hi all,

I am hesitant to proclaim “This year has got to be better.” ‘Cuz, despite most personal and family difficulties, and even living in a nation with deep issues to face, Most of us are among the most fortunate on this planet. And actually, yes, “things” could get a lot worse.

That’s a huge reason to keep building relationships within Lions and between our Lion Clubs and their communities. Building networks with community businesses and keeping an eye out for people less fortunate makes our members, Clubs and communities more resilient in downturns and challenge.

We deserve to be proud that Lions’ orientation and the concrete services we provide continue despite discouraging circumstance.

As is the custom in 36-O, we will be celebrating our focus and accomplishments in a District Convention the last Saturday in February. Mark your calendars. February 27.

YES, it will be different. It will be online. Thank you Steve Studer.

If your club and/or members have not yet experienced <Zoom> or other online meetings please contact Bert Diamond, bertdiamond@gmail.com, David Bartley, dbartley@redhorsegroup.com or Steve Studer, lionsclubwestlinn@gmail.com. Each and any of them will help you and your club host an online meeting – and address club member abilities to participate.

We can’t make people happy with needing to connect online, but we want them to feel they can do it. Also, we want all to join us Saturday February 27 for the Convention!!!

Our Conventions are always great learning and networking events. We’d all rather meet in person – but let’s be glad that in the Covid face of *Not*, we have internet capacity. PLUS: no packing, no hotel expense, no driving, no meal expense, super low registration fees, no managing livestock feeding, child care and dog turn-out!!!

International Director Jose Marrero is our keynote speaker, he will also hold a break-out session with current and future Club Presidents. We will recognize 36-O Lions who changed 36-O and LCI history and hold nine (9) break-out sessions (3 each time period).

There will be more about the sessions by email. A note on the morning session called “Generations”: those will be defined in equal segments. Those born 1927-1945 were first known as “Beat” and recently called “Silent.” 1946-1964 are “boomers” because the people coming home from World War II created a baby boom. 1965- 1983 are “Gen-X” and those 1984-2002, “Millennials”. Tune in to hear what defines these and how knowing helps clubs work together. All sessions will be interactive – you’ll be able to send in questions and speakers will respond as possible.

Please join us.

District R - Willamette Valley - Central Coast



District R Governor Column Linda Stent

R) 541.991.3161
C) 541.844.5573

• stentlinda47@gmail.com

“What the new year brings to you will depend a great deal on what you bring to the new year.” -- Vern McLellan

Seems everyone let out a sigh of relief when we moved away from 2020 and into 2021. While we’ve all been sequestered at home, we are still Lions. We need to step up and remember “We Serve” can be accomplished in many different ways.

Let’s think of 2021 as the year of creativity when it comes to our meetings and service activities. I have sent out a document titled “Fundraising & Service Projects in the Era of Covid-19,” which was created and compiled by Lion Carrie Bartley, the MD 36 Public Relations and Lions Information committee chair. It is a 32-page document full of great ideas for clubs to consider during the pandemic to continue serving their communities and conducting fundraising activities.

Our annual convention, originally scheduled for February 13, has been postponed to May 1. This will be a virtual convention with an online business meeting (elections, International Director Justin Faber, OLSHF, special awards, etc.). We will then have breakout sessions on various topics for everyone to pick and choose from. If there is a topic you’d like covered, please let me know.

Since this is a virtual convention, think of the money you’ll be saving. No travel, no meals, no hotels, and no convention fees!

While the wildfires have pretty much burned themselves out, there are still areas that need help. The Eugene Downtown club is putting together a tool lending library to help those in the Holiday Farm fire. They are looking for tool donations, so contact club president Lion Susan Pfanner and ask her for the list of needed items if you want to help out by donating used (or new) tools.

Our District R Peace Poster entry won at the District level and is now headed to the International level. Winner Mica Tonnsen is a student at Talmadge Middle School in Monmouth. Her entry was submitted by the Central Lions Club. Congratulations, Mica!

Things that will be coming up before we can believe it include voting in our elections. We are planning on using Election Runner, an online ballot system. Each club will be notified how many delegates it has and will need to choose Lions in the club who have internet so they can participate.

Clubs should be thinking ahead about holding club elections in the next couple of months. Club secretaries should be prepared to send voting results to LCI in a timely fashion so new officers can be granted access to MyLCI. Trainings of incoming officers are also being put together. Everyone is encouraged to attend these trainings. In addition, there are eBooks for all club positions available in the Lions Learning Center. They’re extremely helpful for news officers, including those who are holdovers from previous years.

Tibetan proverb: “The secret to living well and longer is: eat half, walk double, laugh triple, and love without measure.”

District E - Southern - South Coast



District E Governor Column

Carolee Blatter

R) 541.637.0997

C) 541.733.0755

• ccblatter@charter.net

Happy February!

Hope you got a card or some candy from a friend or family member. February is the month of LOVE – so share your love with others and show your love of Lions.

As history repeats itself, Lions membership in 36-E has dropped. We dropped 32 members, lost 5 members to death leaving us with a total of 37 member losses, we gained 31 new members so we are off by 6. The year is not over and we should be able to gain 6 new members or more for a plus. That brings us to the North American Membership Initiative. Be on the lookout for new members that could be great members. Try for younger members who can carry on the good work that Lions do.

I know that the last six months have not been a picnic! With fires, loss of homes, and jobs. I think it is especially hard for our older members who have lost everything, they could use our help. We need to work together to help each other and especially those less fortunate than ourselves. Some of our members lost all their possessions in one fire or another. I know that fundraising has been difficult. I also know that some of the clubs are struggling to keep their heads above water - - please don't give up-- better days are before us. If you know of a struggling club, give them a hand.

With the help of every Lions Club in District E, there is no reason for not being successful in all that we do, we just need to work together to build a successful year.

Remember to love and help one another and remember **MORE HANDS MAKE MORE SERVICE!**

District G - Central - Eastern Oregon



District G Governor Column

John Taylor

C) 541.240.0579

• jxtbone99@gmail.com

Lions, have you reached terminal empathy? So far 2021 doesn't feel any different from 2020, but with vaccines (COVID and flu) coming out there is hope for a new normal. In the meantime, I encourage everyone to wear their masks, wash their hands, socially distance, etc.

I want to recognize some of the accomplishments of a few clubs that have been active despite COVID.

- Baker City Lions: Re-rocked and de-brushed a city parkway, lighted the Lions shelter in the city park for Christmas, rang the bell for the Salvation Army, and successfully applied for a \$5K grant.
- The Dalles Lions: Obtained over \$32K in grants for Sirosis Park, S&H, and diabetes, conduct club meeting via Zoom with 25-30 regular attendance, food drive for ELFF (Everyone Loves a Fire Fighter,) rang the Salvation Army bell, helped at the Reverse Starlight Parade, and worked to help start a new Lions club in Nigeria
- Pendleton Lions: Held successful can and bottle drive, See's Candy sale to benefit Blue Mtn. Community College, held regular Zoom club meetings with 15-20 attendees, rang bell for Salvation Army, donated trees to city park, and much more
- Elgin Lions: Christmas Light Parade with community tree lighting and caroling, highway cleanup, and vision screening of Imbler School students
- Halfway Lions: Held a highly successful community pie bake and sale event; the pie was so good one person reported getting up in the middle of the night to have another piece
- Sisters: Lions have been invited to participate in developing the Sisters 20-year Comprehensive Plan, maintaining the school's greenhouse, Sight & Hearing of course, and scholarships
- Hermiston: Sold Mo's Clam Chowder, poinsettias, provided vision assistance
- La Pine: Can and bottle drive, delivered 5 trailers of relief materials to wildfire survivors, helped with COVID compliance at three grocery stores, and supported many community Christmas programs.

A new year also brings into focus the Lions election cycle for officers. We have a major problem in our Districts: there is little change in our officer positions, some individuals have held the same position for years. Not that current leaders aren't doing a good job, but by staying in position year after year they are denying other Lions the opportunity to learn and experience leadership. This also means that clubs also don't have the opportunity to change and grow as well. The overall effect is stagnation – and a decline in the vibrant activism and service for which Lions have traditionally been known. We urgently need club presidents to find and recruit their replacements, and to move up to become Zone Chairs and other district level positions, even 1st and 2nd Vice District Governors. This year many district positions were not filled because Lions with the necessary prior experience were not stepping up. Club and leadership stagnation lead to a lack of interest in Lions and no new members joining, or members leaving and a resultant decline in Lions. Imagine your community without a Lions club. Is that what you want? So put your Nominations Committee to work to identify Lions who are potential leaders this year and in the future; work to help them prepare, and support and encourage them in their office. The future of Lions is in your hands.

Peace Poster Contest Update

Annually Lions Clubs International has for a number of years (since 1988) sponsored a Peace Poster Contest for budding young artists from 11 to 13 years of age. Local clubs often check with available schools or other organizations for youth who want to demonstrate their artistic talents with peace as the center theme. This year the theme is "Peace Through Service". Some 600,000 young people world-wide demonstrate talents through their depictions. In Oregon this year we received entries from three of our 4 districts. Each entry is sponsored by a Lions Club that sends their top picture to the District Governor, who in turn sends their top pick to the Council Chair for determining which of the winners will move along to Lions Clubs International judging.

The top pick from each District is pictured here, with the Drawing from District R being chosen to move forward for International Judging.

From District G, Sisters Middle School student Reina Barnes-Rubio, age 13, depicts a tree surrounded by children holding hands. The art work is primarily done in subtle tones. The children have t-shirts depicting different themes - love, justice, etc. The tree of life looms large in the art work. Reina's theme is "Peace is everyone living together in Harmony."

District O, with a grand drawing of a dog as the center, is drawn by Jada Dodge, age 13, a student at Whitford Middle School in Beaverton. She states "Peace Through Service, about us to heal wounds once created, and protect without fear."

The winning poster submitted from District R by Mica Tonnsen, age 12, from Talmadge Middle School in Monmouth, depicts the releasing of doves surrounded by the flags of nations. She states "The Flags show how Humans have divided the world, the Hands are serving by letting go of Divisiveness we have Established and Releasing Peace to the World."



Jada Dodge's poster with a grand drawing of a dog as the center.



Reina Barnes-Rubio's poster depicting a tree surrounded by children holding hands.



Mica Tonnsen's winning poster depicts the releasing of doves surrounded by the flags of nations.

submitted by CC Paul Zastrow

CAMP MILLENNIUM

It's For The Kids



Camp Millennium is a non-profit organization that works year-round to create an incredible experience for campers. Our camp is a week long summer camp retreat for children dealing with cancer within their families. Through generous donors, fundraising efforts, and dedicated volunteers, we are able to provide this special experience at no cost to the campers' families. Campers have the opportunity to engage in a fun-filled, care-free week, where their only focus is to have fun and be kids. It is a time for them to be themselves and to share in a variety of summer camp activities, such as hiking, fishing, archery, swimming, arts and crafts, horseback riding, and many other surprises. The goal of this week-long adventure is to provide these children with a camping experience that can be extended into their everyday lives. We strive to ensure every camper feels a sense of belonging and leaves feeling like a member of our loving camp family.

From a camper: Camp Millennium has helped me be shaped into the person I need to be. Camp is where kids can go to forget what they are going through and enjoy the positive parts of life without the negative energy the world gives off."

For further information regarding the mission of this camp that works with pediatric cancer patients and their families, contact Camp Millennium at:

campmoregon@gmail.com
541-677-0600
2880 NW Stewart Parkway
Suite 200
Roseburg, OR 97471

*submitted by PCC Sharon Rollins
MD36 Pediatric Cancer Chair*

Notes of Gratitude

A Donation Specialist is responsible for receiving donor referrals from our hospital partners and performing preliminary donor screening for both agencies. Based on preliminary screening results, Donation Specialists determine recovery suitability. In our call center, that we have open 24hrs, 7 days a week, our team of Donor Specialists speak with grieving families, answering any questions they may have and help walk them through the donation process, including a Donor Risk Assessment Interview. These skilled positions need to be able to not only juggle multiple tasks all at once, but they must also be compassionate and good listeners to families grieving from a recent loss. In short, they must be a pillar of patience and compassion as they are coordinating the donation process during a most turbulent time. It takes a special person to be a Donor Specialist. Even though their role in the process is not always known to those less familiar with donation and the general public, it is one that is part of the donor family's experience with donation, and an interaction that stays with them for years to come.

To help highlight their impact, below are a handful of responses gathered from donor family questionnaire responses that come back to our offices.



"You were very comforting during a difficult time and our family thanks you."

"I am beyond impressed with the process. It cannot be an easy conversation to initiate, and it was handled with grace and compassion."

"Everything you have done for us was perfect and sincerely appreciated. I found no faults with your process or instructions. Keep up the good work."

"The call was compassionate and understanding of my loss."

"Thank you for all of your incredible work of service."

"Continue your good work with the kindness and compassion we received."

"The lady I spoke with was very helpful answering my questions and made sure I understood everything. She was very nice and compassionate."

"I just want to say 'thank you' for your compassion and sincere condolences."

"They were very compassionate and caring at such a hard time."

"Thank you for making a terrible situation a little bit easier, and for being kind and compassionate."

submitted by Matt Webber

Diabetes and the Importance of Balanced Meals

By now, we've all probably heard the saying "breakfast is the most important meal of the day", which is quite true, but what about lunch? Lunch provides the fuel needed to get through some important parts of the day as well. For people with diabetes planning balanced meals will help you nourish your body and by choosing wisely you will be better able to manage your blood sugar levels. So what are these meal options? Building a balanced meal (which is a necessity for all meals), you need carbohydrates, healthy fats, fiber and protein. A simple breakdown of the components are as follows:

Carbohydrates: Contrary to popular beliefs, carbs are not bad or harmful to someone with diabetes (even though they can cause sugar spikes if eating too many in one sitting). It's important to remember that foods that have carbs also provide the body with a great source of energy, vitamins and minerals. If your typical lunch consists of a sandwich maybe swap it out for a salad or bowl based around a whole grain like brown rice.

Fats: Fats help to increase satiety (or feeling full). Research indicates we should limit saturated fats (such as red meat) with healthier unsaturated fats such as nuts, avocados and fish.

Protein: This has been the craze lately and rightly so. It supplies the body with both strength and energy. Lean chicken, low-fat dairy products and plant based options (like tempeh and soybean patties) are great options. But what if you are a vegetarian? No worries switch out turkey, etc. with tempeh or grilled tofu.

Fiber: According to the ADA, fiber may help manage blood sugar levels by making carb food slower to digest. Previously mentioned was a salad for lunch versus a sandwich, that is always a smart way to include non-starchy vegetables in your lunch meal.

Building a better lunch does take a little more work, but your blood sugar levels will thank you.

Information was extracted from Eating Well magazine and various websites.

*submitted by Russell Chase
District 36G Diabetes Awareness Chair*

LIONS CLUBS INTERNATIONAL FOUNDATION

EMPOWERING SERVICE

As we Lions move through the second half of this sadly challenging year for our clubs, it's important to remember that we are still the largest non-profit service organization in the world! Our International Foundation continues to provide assistance for critical needs, as it has helped our own MD 36 with generous grants for disaster relief. Given the restrictions of the COVID crisis, our clubs have – and continue to experience – difficulty in fundraising to support both local and worldwide service. However, the need for assistance continues.

LCIF has created a very easy to use Grants Tool Kit for clubs and Districts to access for information on grant financial assistance. Take a few minutes to look at this site and learn about the wide range of grants that are available. To find the Tool Kit, go to the Lions Clubs International website (lionsclubs.org), find LCIF on the menu bar and select it, then scroll across to Explore Our Impact. Under this menu you'll find Our Foundation, and then under this will be the Grants Tool Kit. You might also scroll down further on this page and take a look at the Grant Accomplishments to see how our LCIF has provided assistance worldwide.

Another method of support for LCIF is new. The Lions Legacy Society has been established to recognize legacy gifts. As some members cannot afford a donation out of their current cash flow situation, a deferred legacy gift may be an excellent way to help. The new Lions Legacy Society opens up an opportunity to increase the LCIF fundraising levels. Special and unique recognitions have been established for members of this new Society, and all Legacy gifts count toward Campaign 100. For information about this new Lions Legacy Society, go to: <https://lcif.myplannedgift.org/>.

As our clubs progress through this winter and the coming spring, let's think of ways to serve safely and still remain active and visible in our communities. Virtual service projects are possible – think of simply sending cards of encouragement to community members who need uplifting. In person projects, done safely, such as continuing to provide food supplies to your community food pantry can make a huge difference in the lives of challenged folks. Lion Carrie Bartley has created an excellent document listing multiple COVID projects; contact her for an electronic copy at cls24@hotmail.com.

We all hope for a brighter spring and more opportunity to serve our communities and support our International Foundation in its mission. Let's continue our Lions work and stay connected with each other!

*submitted by PCC Sharon Rollins
MD36 LCIF Coordinator*

Update on Oregon Fires

As I sit and contemplate what to write for this article I think back to 2020. I think about how we had to change most everything we do. I think about the Covid -19 pandemic that raised its ugly self and changed things as we now know it. Our children went from happily attending school with their classmates to staying home for online learning. There they found their moms and dads as their teacher. We saw our kids' sports come to a halt. College sports played hit and miss, depending whether or not a player or coach contacted the virus. We went from eating out at our favorite restaurant with family or friends to take-out only; from going to work daily with our co-workers to working from home, that is, if we did not get laid off from our job.

Then there were all those things I miss the most... a firm handshake replaced with the elbow bump, personal hugs replaced by an air hug. That smile or smirk was hidden behind a mask and the cruelest of all when we had a family member or friend lost to Covid-19 we could not be with them as they passed.

We were all trying to cope and deal with the changes of 2020 and the Covid-19 pandemic adapting, adjusting and just as we were doing that Oregon was handed one more tragedy. On September 7, 2020, Oregon was engulfed with fires. Fires driven by strong winds forced families from their homes with no more than the clothes on their back. Looking back, they saw all they had worked for, all their memories, all their possessions being taken from them in a swirling flame. As the fires continued for days throughout Oregon there would be over a thousand homes and businesses burned.

I was talking to my friend and a fellow Lion Lee Wacker from the Springfield club the other day. Lion Lee told me that a day after the fire started up the McKenzie he walked out of his house to the end of his driveway. The smoke was so thick he could hardly see. He turned to return to his home, stopped and pondered for a moment. He thought what if that was me and all I had is what I was wearing "what would I do?" So, what would you do if you were a Lion and your community and your neighbors were displaced, having lost everything, having nowhere to go, nowhere to make a meal, nowhere to get a change of clothes, hurting and not knowing what to do or where to turn?

Images from up the McKenzie...



Continued on page 13

Update on Oregon Fires continued

To answer that, we started with our DG Linda Stent securing a \$10,000 emergency grant from Lions Club International Foundation and with Lions from the Silverton Lions Club led by Lions Ward Frederick, Heidi Ostrom and Jon Debo joining ranks with another service organization. They teamed with the Silverton Elks led by Frank Bartruff and with Pastor Michael Stair of the Gates Community Church to establish a field kitchen feeding 300-500 people a day. This became the hub of the Santiam fires. They established a relief center inside the church, a place where the community could come and receive clothes, bedding, water, food, household items but most of all hope, love and friendship, knowing we as Lions were there for them and their communities. We had Lions Fran Silbernagel and Tomi Wolff organizing the many, many volunteers to help in the kitchen and bringing supplies to the relief center and we had Lion Becky Hilkey who is still volunteering at the Stayton fire relief.



Town of Blue River.



Gates fire: (l-r) Lion Jim Matthews grilling and Lion Frank Taylor.

We had Lions, Lions clubs and non-Lions from around the State of Oregon show up to work shifts in the kitchen. I think of all the businesses supporting items for the kitchen and the relief center. THANK YOU. We also stepped up as Lions to help the communities affected by the McKenzie Holiday Farm fire. We, as Lions, supported and still support those communities with clothing, bedding, crock pots, electric skillets, electric griddles, coffee pots and toasters. We, as Lions, have made and continue to make trips up the McKenzie giving support and filling request as they come in. When you see the grateful smiles, the warm thank you, the hope in their eyes to rebuild their communities, it puts warmth in your heart and makes you proud to be a Lion. We have had Lions and non-Lions from around the state donate money and items to support the fires of 36-R and we cannot thank you enough.

Thank you, thank you to those Lions who volunteered to shop and transport items around the fires in our district including Lions Mike Skinner, Junction City Lions; Patty Harrison, Florence Lions; PDG Steve Moser, Central Lions and Susan Pfanner, Eugene Downtown Lions. WE also had PDG Lion Gary Mose and his wife Lion Sue Mose making many trips from the LaPine Lions club transporting food, clothing, cleaning supplies and other items to be distributed to fire relief centers throughout Oregon. That is what we do as Lions.

Continued on page 14

Update on Oregon Fires continued

You may be wondering where we are now with the kitchen and relief center in Gates and the relief centers up the McKenzie and in Otis on the coast. All these fires were in 36-R. As you know the fires are out, but only after burning 1.2 million acres in all of Oregon with approximately 4,026 residences consumed in its fury. There is still so much to do and now mother nature is doing as she does this time of year every year: Rain, rain and more rain.

The kitchen at Gates is closed now but not until they fed anywhere from 200 to 500 people per day three warm meals from September 21 to November 21. This kitchen would become the hub for the community of the Santiam fire. These Lions along with the Elks and the Gates church established a place for folks to have a warm meal, fellowship, share stories and have a little normal in their day. They served there last meal as a Thanksgiving dinner on the 21st of November serving about 600 from around the community. The Gates fire relief center closed on December 30.

The Holiday Farm fire relief effort up the McKenzie is still operating in three areas: The Discovery Center in Leaburg, the Blue River school in Blue River and the Rainbow Community Center in upper McKenzie. We Lions have been taking crock pots, coffee pots, electric skillets, electric fry pans, sleeping bags, pillows, work gloves, tarps and many other items along with food weekly to the Discovery Center and the school. The school was one of the few buildings standing in Blue River after the fire.

As of January 30, the site at the school will be closing its doors. They will be moving the food they have to the Upper McKenzie Community Center as a food pantry. All other items remaining will be picked up by St. Vincent DePaul. They plan on closing the Upper McKenzie Center at the end of March.



Lions Ken Wells and Mike Skinner waiting to start feeding folks affected by the Gates Fire.



Service's at Discovery Center McKenzie fire relief.

The fire relief center in Leaburg plans on remaining open until the end of February. When they close that center, they will move what they have to the church just up the road. The McKenzie Community Development Corporation, which sets up these centers along with the McKenzie Fire Department, has placed four trailers loaded with supplies along the McKenzie. These trailers will be reach in the event there is an emergency along McKenzie highway caused by landslides from all the trees burned along the road. The trailers will have emergency meals, water and other emergency items if the need arises. It sounds like they are moving into a mode to just help with food pantries up the McKenzie after the last relief center closes.

Continued on page 15

Update on Oregon Fires continued

The Lions are not done up the river yet. Eugene Downtown Lions Club has stepped up to help with putting in a tool library. The club has committed to do what they can to help get this project off the ground to help the people up river. This will be run by the McKenzie Community Development Corporation. They have established a group to set up by-laws, operational structure, legal review, written rules and regulations. This tool library will give the people who are trying to start clean up and rebuild to check out tools just like checking out a book from a regular library. These families of the McKenzie Fire will be working on their property for years and the thought of a tool library was presented to the Eugene Downtown Lions and they grasped the idea. We hope to get a tool drive started by circulating a list of needed items. The hope is to have this started in March. Thank you Eugene Downtown Lions.



Supplies to unload.

(l-r) 36-R Lion 1VDG Lynn Coon, Kathy Coon and Devin Thompson at the Discovery Center-McKenzie fire relief.

At this time, I would like to give a huge shout out to those non-Lions who stepped up to run the fire relief centers. Cara Stair at the Gates fire relief center, Devin Thompson at the Discovery Center-McKenzie fire relief and Madison Kleiner, Zoe Zralik and Jen Zirkle from the Blue River school-McKenzie fire relief. And let's not forget all the business outlets that gave discounts or donations to help the Lions with these communities. These individuals have big hearts and were wonderful to work with.

All the communities of the Oregon fires have a long way to go and I'm sure we will continue to reach out and help where the needs are. As I said, it is far from over in terms of clean up and rebuilding. I know I have missed Lions and others who have stepped up to help and I apologize. I want you all to know how much you are appreciated.

Lions: you have done a fantastic job of answering the call. WHERE THERE'S A NEED THERE IS A LION. Mohammed Ali once said "Service to others is the rent we pay for our time on earth" and I believe that.

Lions: Kindness Matters and you've shown that through the Service you've given to the fire victims of Oregon.

submitted by 36R 1VDG Lynn Coon



Hank Calhoun
Board Chair

Be an Advocate For Student Vision Screening



Doug Thompson
Executive Director

If it's an odd numbered year, then it's an Oregon Legislative year - which means we're asking your help again to advocate for the student vision screening fund for the Oregon Department of Education.

We get asked some very good questions about the ODE Student Vision Screening Fund, here is a sampling:

Q: Lions hear a lot about the state funding for Oregon vision screening, does that money go to the Oregon Lions Sight & Hearing Foundation?

A: No, the funding that has been authorized at the Oregon Legislature since 2017 is funding that goes to the Oregon Dept, of Education and is made available to ALL public schools in Oregon. Schools may apply for reimbursement for costs that they incur for working with pre-approved screening organizations to provide state mandated screenings.

Q: Why does OLSHF and Lions advocate for this funding?

The role of advocacy for funding for student vision screening helps to fulfill OLSHF's mission of "To screen, treat, save, and restore sight and hearing, in partnership with Lions Clubs, for those in need." Additionally, the Foundation has been approved as a qualified provider of vision screenings in Oregon public schools and screens students accurately and efficiently. By contracting with OLSHF, Oregon schools are able to stretch the ODE funding much further than a for-profit screening organization.

Q: Does it make sense to advocate for state funding for student vision screening when most schools are not providing classroom learning right now?

The advocacy effort that is taking place currently will provide funding for Oregon schools for school years 2021-22 and 2022-23. We anticipate that more schools will be returning to the classroom in the Fall of 2021 and that next school year we will be able to screen in excess of 150,000 students (compared to the 182,000 that we screened during the 2019-20 school year).

Q: What can our Lions Club do to support the effort to renew the ODE Student Vision Screening Fund?

We're glad you asked! Currently, the ODE Fund is included in the Governor's budget for the 2021-2023 biennium. But things can change, and in an uncertain economy we are introducing Senate Bill 222 in case the Governor's budget is affected by a bleak revenue forecast in May.

Search online for "find my legislator Oregon" or go to www.oregonlegislature.gov/findyourlegislator/leg-districts.html and send an email to your State Representative and State Senator and ask for them to support SB 222. Your email or phone call can be as simple as "I am a Lion and a constituent of _____ and I believe that students have a better chance at being successful in school if they can see well. Please support SB 222 and ensure that all Oregon students have access to vision screening."

Please let us know if YOU have questions about student vision screening in Oregon or how the ODE Student Vision Screening Fund works, you can contact Doug at DougT@OLSHF.org - we appreciate any comments or questions that you have!

GIFTS & MEMORIALS

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If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

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Quotes From Those Serving and Being Served

The Task Force used about 50 VSP vouchers from July 1 through the end of the November. That's about \$5,000 saved from our small Task Force fund! - Bert Diamond, District O Lions Task Force coordinator

"Dear OLSHF, I am writing to let you know after many years of not having glasses. I received my glasses today thanks to you! I now can see, and enjoy reading again, I can even fill out paperwork without help. Your kindness and generosity means the world to me."

"Yes I did get my eyeglasses! They were all very nice. I thank you very much! I appreciate everything you have done for me. Things are so hard right now. you help me out so much! Thanks!"

"I did get my eyeglasses. They are fairly new and I am still adjusting to them. The process went smoothly. The glasses are definitely helping. Thank you very much, I truly appreciate your help."

GIFTS & MEMORIALS

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Our sight and hearing programs continue to change lives because of you and your support. Whether your dollars funded vision or hearing saving surgery or treatment, secured a new pair of high quality, low cost eyeglasses edged in our newly expanded LEAP Lab, ensured access to digital hearing aids or cataract surgeries or our School Vision Screening Program events, we couldn't do it without you.

Please Support SB 222 Vision Screenings for Oregon Students



What Would SB 222 Do?

- Address the need that 25% of all children have an undiagnosed vision problem.
- 80% of learning for K-8 students is visual, yet only 10% have eyeglasses or other vision aids.
- Ensuring children in our underserved communities gain access to vision care is critically important to accelerating Oregon's equity and inclusion outcomes.
- **Allow every Oregon school district to continue to access funds for vision screening.** Public funds will be used to effectively and efficiently screen over 180,000 students statewide. Vision screening is equitably provided to all Oregon students and follow up resources are made available for underserved families. **Vision is a right, not a privilege.**
- **Allocate \$2 million biennially to reimburse schools for the cost of vision screenings, and expand programs to double the number of students who receive vision screenings every year.**
- Continue the support of statewide vision screenings allocated by unanimous votes of the 2017 Legislature in SB 187.
- **Vision screening methodology is safe & complies with social distancing standards.** Due to the Covid-19 pandemic, PPE is mandated for screeners and students and a new safe distance methodology has been adopted.

Public funding is used effectively at our cost of \$3.20 per student, compared to the average \$27 CPT insurance cost.

Statewide Support for SB 222

Oregon has recognized the importance of preventing and identifying vision loss. OAR 581-022-0705 mandates school districts are responsible for vision screening and 2013's HB 3000 requires schools to obtain proof of screening or exam. New technological advances allow for fast, objective screening. HIPAA and FERPA compliant data collection and reporting means students' information is secure.

“As a former high school principal and teacher, I can't overstate the value of catching vision issues early so that we can correct them and kids can work to their potential.”
Sen. Arnie Roblan (D-Coos Bay), a chief cosponsor of SB 289

Partners Supporting SB 222



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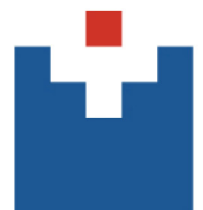
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OREGON OPTOMETRIC PHYSICIANS ASSOCIATION



OREGON ACADEMY OF OPHTHALMOLOGY
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LEGACY
HEALTH

Portland Downtown Lions Serving in their Community



(l-r) Lions Helen and Warren Rathbun, Merry Meek, Bev Swanson (holding receipt for goods received) and Jeff Mandel.

On December 16, 2020, Portland Downtown “masked bandidos” did good in their community by paying a visit to the SnowCap Community Charities donation site in East Multnomah County. They delivered over 220 pounds of food, clothing and miscellaneous household items that are greatly needed by others in our city. This is but one of the many projects the Portland Downtown Lions Club supports throughout the year. The Club is also supporting a local family in need this Holiday Season and a local women’s shelter in need of clothing. As Oregon’s “mother club” it is already beginning to plan for its celebratory 100th Anniversary come 2021.

*submitted by Jeffrey Mandel, President
Portland Downtown Lions Club*

Bend/Sunrise Lions Club Recognizes Steele and Associates Architects



(l-r) Scott Steele, President of Steele and Associates Architects received Spirit of Service award from Past Club President Lion Steve Olson.

During the past 6 months, the Bend/Sunrise Lions club has been recognizing various companies and people for the support they have given to the club as well as other organizations in and around Central Oregon. One of the companies recognized was Steele and Associates Architects. The Past Club President Lion Steve Olson presented the Spirit of Service award to the company President Scott Steele for their support of our club on several occasions in the past year.

submitted by Russell Chase

A Christmas Tradition with the Heart of Lions

Printed in *The Observer* on December 24, 2020

Written by: Dick Mason, of *The Observer*

ISLAND CITY – Christmas Day will be brighter for 12 local families thanks to an Island City Lions Club tradition, which as a new twist this year.

The Lions Club is again reaching out to 12 families who need a boost, all of whom have children attending Island City Elementary School. The families have received Christmas dinner boxes from the Lions. The boxes have hams, rolls, gravy, pie and more.

“Everything you need for a Christmas dinner,” said Shelia Evans, President of the Island City Lions Club.

The families were excited to receive the dinner boxes, which were prepared by the staff at Grocery Outlet in Island City, which the Lions Club purchased the food from.

“They all were grateful,” Evans said.

Their smiles grew wider because of what accompanied the delivery of the dinners – multiple boxes of canned food that students at Island City Elementary School collected. Evans said this will help the families make it through the two-week Christmas break. She explained the break can be hard on families with limited means since their children do not get to enjoy the free lunches provided daily to students in the La Grande School District when classes are in session.

Evans said she is impressed with how successful Island City’s students were at collecting a large amount of food for the 12 families. This allowed each family to receive three boxes of food.

“It is pretty cool,” Evans said.

The deliveries also included games, gift cards and blankets, all purchased by the Island City Lions. In previous years the gifts from the Lions were wrapped presents for the children, which often included correctly-sized clothing. The blankets, games and gift cards were provided instead this year to reduce the risk of COVID-19 exposure.

The Island City Lions have been conducting this Christmas project for about 25 years. Evans said it was particularly important this year because of the COVID-19 pandemic and the recession it has caused.

“Giving back is especially important now. We want the community to know that we are there for them,” Evans said.



John Tolan, a member of the Island City Lions Club, prepares to deliver Christmas dinners on Friday, Dec. 18, 2020.

Island City Elementary School students helped collect food donations for food baskets for 12 Island City School families, which the Lions Club delivered.

*Newspaper clip provided by PDG Gerald Hopkins
Photo by Shelia Evans, President, Island City Lions Club*

Your Club Can Easily

With the pandemic, is your Lions Club not holding a meeting....in an actual room? If you haven't taken a look at Zoom meetings, try it because it's easier than you think.

With this article, you'll learn about clubs doing Zoom meetings already, how to download the free app to host one, and pointers what to do at your Zoom meetings. With Zoom's free online meetings, you can have up to 100 participants for a 40 minute gathering. The upgrade basic plan costs about \$15/month and you have unlimited time up to 1,000 participants.

To start, let's be clear that there are other FREE websites you can use instead of Zoom. There's GoToMeetings, Microsoft's Team, Skype, Facebook and other free apps. My Lions club has used Zoom and I'll focus on this website here.

Clubs Doing Online Meetings

My Portland Bentham Lions Club has held regular club and board meetings since mid-March. We did our officer nominations online, did a fun, social meeting with each club member telling about themselves for 5 minutes, and we also had our first guest speaker.

Around the multiple district, other Lions are also holding online meetings. A few clubs like the Gresham Breakfast and Mt. Hood Lions used online software for board business. The Lake Oswego Lions held a meeting with 15 of their club members and some thought it was very organized. Other clubs in District O to use online software are Portland Legacy, Portland Hollywood, Beaverton, Oaks Bottom, West Linn, and Forest Grove Lions Clubs. The Milwaukie Lions planned their Spring Flower Sale on Zoom and are selling the flowers online.

In District R, the Central Lions and DG Steve Moser held board meetings online. Several clubs in District G held online meetings including The Dalles, Pendleton, and the Hood River Eye Openers Lions Clubs. Other clubs across the multiple district are holding online meetings and I apologize if those clubs are not listed here.

How to Use Zoom

To join a Zoom meeting as a participant, you DO NOT need to download the app. But, if you want to host a meeting, here's what a Google search says are the steps.

How to download Zoom on your PC

1. Open your computer's internet browser and navigate to the **Zoom** website at **Zoom.us**.
2. Scroll down to the bottom of the page and click "**Download**" in the web page's footer.
3. On the **Download** Center page, click "**Download**" under the "**Zoom** Client for Meetings" section.
4. The **Zoom** app will then begin **downloading**.

You can use a computer, tablet, or your smart phone to do this. I found that it was easier to host, send emails and join a meeting from my smart phone. But, with a computer, you can see everybody all at once. More about this later in the article. Once you've downloaded the app, you'll need to create a profile by entering your email as the user name and to create a password. Then open Zoom (click on the icon, which is a blue square with a white cartoonish camera).

Then click the button for "New Meeting."

You should then see yourself on your screen.

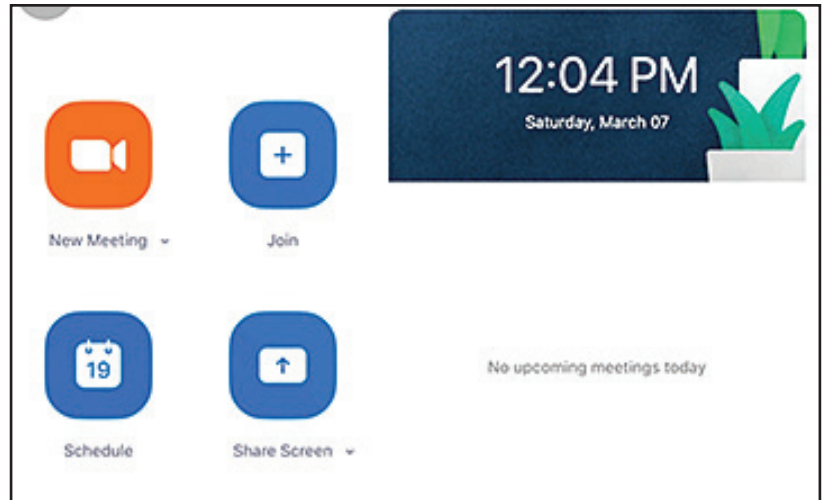


Zoom icon and logo

Continued on p.23

Hold Zoom Meetings

Next step is to invite others to join your meeting. Touch or click on the screen and you'll see either "Invite" or "Participants" towards the bottom. Click on "Invite" (or "Participants" then "Invites"), then it'll ask you to choose how you'll send the invitation. To use email, click on the email icon. Then type the email addresses you want and click send.



Screen with "New Meeting" to host your own online club meeting.

Instruct and remind your club members how to join the meeting. All they need to do is open the email you sent and click on the light-blue link that appears in the email. This should take them to your online meeting. If it didn't work, they can open their email again and try again (or restart their computer and try again).

Sometimes your club members will need to unclick the video and microphone icon on the bottom of their screens in order for them to see you or be seen and also to be heard. Practice ahead of time with club members to insure they know how to join the meeting and to unclick these icons. Sometimes they'll need to go to their "Settings" and turn on the button to activate microphone.



An example of "Gallery View" on Zoom.

What to Do at Zoom Meetings

If you're using a computer for a Zoom meeting, it's easy to see everyone if you click on the "Gallery View" button in the top, right corner of the screen. Then all of the member's photos will fill the screen. If you're using a tablet or smart phone, you'll only be able to see the person who is talking.

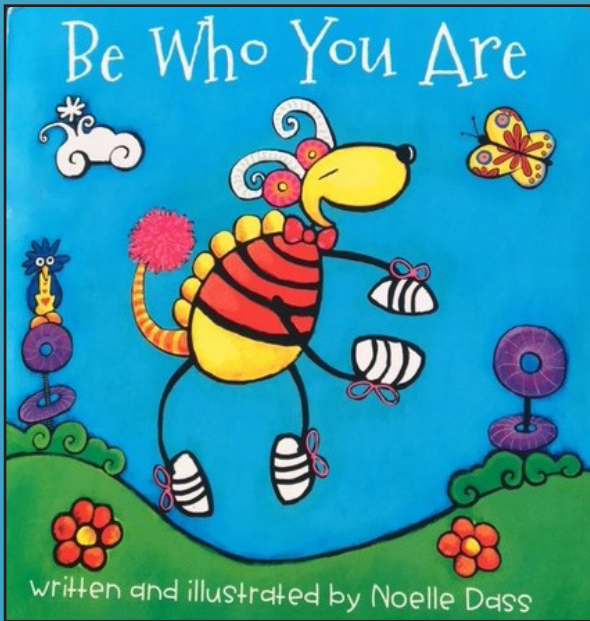
It's good to practice the same protocol and etiquette as with a regular club meeting; be organized, have an agenda, have a facilitator, and one person talks at a time. Consider showing photos or letters or other print material on your screen by clicking on "Screen Share" in the top, right corner. You'll need the photo or document already on your computer to share it.

Consider inviting people to be a presenter at your online club meetings. They also can just join the meeting halfway through for their 20-minute presentation.

Having Zoom meetings are easier than you think. For more accurate instructions, it's best if you do your own Google search and watch a video how to download and also how to use Zoom. To prevent hackers from entering your meeting, you can create a "Waiting Room" which requires the host to admit invited participants. It's possible that the company has added this feature to your Zoom free account already.

Any questions, feel free to email me at bertdiamond@gmail.com. And there are other Lions in the multiple district who also know about this so ask them too. Have fun at your next online meeting.

submitted by PDG Bert Diamond



A Picture (Book) is Worth a Thousand Words

Lions, particularly the Eugene Downtown Lions Club, helped make the Heartfelt House project a success. The house provides a place to stay for the loved ones of patients at Sacred Heart Peace Heath Medical Center in Springfield. Since families stay there for a period of time, their children, the younger ones mainly, need something to keep them occupied and entertained.

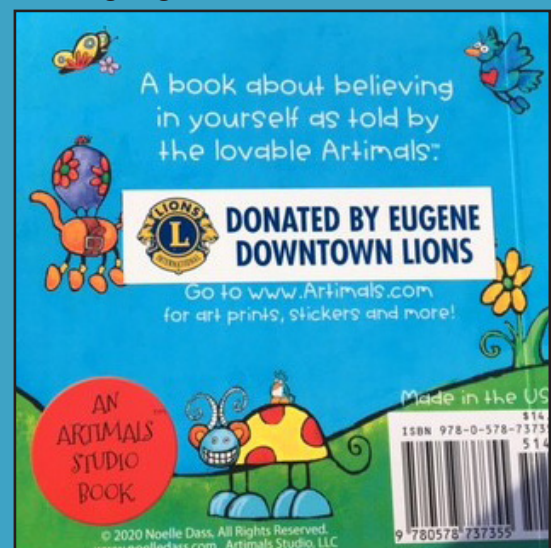
The Eugene Downtown Lions Club found an interesting solution. A local artist has published a book that is perfect for kids. Noelle Dass created a work of art in the form of a cute children's book titled "Be Who You Are." The book is about believing in yourself as told by what Dass calls "Artimals." This is a board book with rounded corners and glossy rigid pages. Every book comes with two stickers and a 5x7 greeting card.

The Downtown Lions have raised the funds to provide 65 copies of the book to be given to the children/parents of the Heartfelt House Ronald McDonald facility. Lion Jim Origliosso delivered the first 30 copies of the book to the facility Manager Robin Yozzo on December 18, 2020.

Plans are to reach out to Lions Clubs in Bend and Portland to gauge interest in similar efforts at the Ronald McDonald Houses in those communities.



Lion Jim Origliosso presenting the books to Heartfelt House Manager Robin Yozzo.



Back cover of the book with Eugene Downtown Lions presentation sticker.

*submitted by Tim Chuey, Publicity Chairman
Eugene Downtown Lions Club*