



Serving members of MD36 Oregon and Northern CA

January, 2021 Volume 6/20-21

Happy 2021 Everyone!



**Remember
January
is Hunger
Awareness
Month!**

**Eugene Bethel Lions Assist Blind
Youngster with High-Tech Reading Aid**



Isaac's mother, Brenda, holding the book while Isaac uses his OrCam for the first time..

See Story on pages 6-7

Sutherlin Lions Christmas Festival 2020



Lions ready to meet and present families with tree trimmings to take home with a tree. (l-r) Stewart Fowler, Emily Blakely, President Rick DeYoung, Tami Marie Foutz, Sharon Elliott and Santa looking on.

See Story on pages 12-13

ANNIVERSARIES

January 2021 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

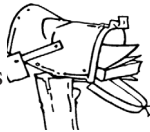
January

Grants Pass	January 18, 1928
Powers	January 30, 1942
North Bend	January, 14, 1947
Philomath	January 13, 1948
Beaverton	January 16, 1951
Grants Pass Redwood	January 9, 1952
Brooking Harbor	January 10, 1953
Madras	January 30, 1970
Island City	January 14, 1974
Union	January 15, 1974
Mitchell	January 27, 1975
Cedar Hills/Sunset	January 11, 2011

**IMPORTANT REMINDER TO
PAST DISTRICT GOVERNORS!!!
PAY YOUR DUES TO
PDG BRYAN LONGLAND**

Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.



ATTACH YOUR ADDRESS LABEL HERE

Name (pls print): _____

New Address: _____

City: _____ State: _____ Zip: _____

Former Address: _____

Lions Club: _____

Mail this entire form to: The Oregon Lion,
PO Box 51345, Eugene, OR 97405

MONTHLY CALENDARS

MEETINGS

January

- 13 OLSHF Patient Care Comm. mtg noon-1pm
- 16 District G Cabinet mtg. viz Zoom 9am-noon (may extend for afternoon online training)
- 25 OLSHF Patient Care Comm. mtg noon-1pm

February

- District R Convention NOW possibly 5/1/21**
- 10 OLSHF Patient Care Comm. mtg noon-1pm
- 20 District R Cabinet mtg. via Zoom 9am-noon
- 22 SOLSHC Board mtg. @noon
- 27 District O Virtual Convention

EVENTS

January

- 1 New Year's Day observed - HQ office closed
- 10 The *Oregon Lion* article deadline for February issue
- 18 Martin Luther King Day - HQ office closed

February

- 1 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave. NE @6pm
- 10 The *Oregon Lion* article deadline for March online issue



The Oregon Lion Website:
www.md36lionsclubs.org

THE OREGON LION (USPS No. 119-630) is published monthly for \$7.00 per year (in state); \$8.00 per year (out of state) by Lions Club International, Multiple District 36, PO Box 51345, Eugene, OR 97405. Phone: 541.484.0452
Periodical postage paid at Eugene, OR and additional mailing office.

Postmaster:

Send address changes to: The Oregon Lion, PO Box 51345, Eugene, OR 97405

Magazine Staff:

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Council Chair News



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The holiday season has now come and gone – Christmas, Kwanzaa and all the other celebrations a mere memory of good times. Of remembrances and of honoring those who have gone before us or at least thinking of what the season truly stands for. The year has past, may 2021 become a year of promises kept, of better national health, the real vaccine to help eradicate Covid-19, the installation of a new president and – we need – the healing of all from the discord of the past.

It has been said that time heals all wounds, but it takes an honest person to acknowledge their own foibles. Although we can never truly take back things we have said in anger or disgust, we can all model the appropriate behavior we all know to be correct. Let us all as Lions really start the healing from the past. Half a year has gone by, Oregon's share of tragedies are being addressed, lost homes, from the conflagrations we suffered in September will be remedied through rebuilding, the forests will be replanted and nature will heal the wounds suffered.

So, where do we go from here? Covid still will linger for a period, conventions will be done through the social media of Zoom or some other offering. Some of us will in all probability be able to meet in person, as long as we take proper precautions, masks, safe distances and honoring the edicts from state, medical and national rules and regulations regarding the pandemic. As Lions we must both adjust and proceed somewhat as usual. Our collective numbers are dramatically down from last year, so we must strive to increase them. Some have left the den as we have not addressed their needs. Others dropped membership because of not having meetings – often either in person or social media. AS members have you contacted or asked how your fellow Lions are doing? Have you asked about their health or mental state or even made contact if only to say "Hi"?

Clubs need to remember that not only have we a responsibility to serve our communities, we need to serve members as well. Service programs that have been somewhat ignored need to be re-thought as to ensure their successes. Working with other community organizations should give you at least some satisfaction of doing a great job in service to others. Using our collective imaginations should lead to innovative activities for fundraising, for making our town and areas better places to live work and play. Go out and seek new members, create the good in Lions and then make it work for one and all.

Clubs are said to wither when there is no excitement about what we are doing. Let's change that into vitality with action. Become the leader that can and will take us to the new levels that create success and make more individuals want to join in on the fun of Lionism. Lions Clubs International is there to assist us in making our clubs better for all of us. Check their website often, take part in what they have available online, learn and then implement what can be done locally as a club, and regionally as a zone. Lastly, do not forget that we have several great Foundations – our own Oregon Lions Sight and Hearing Foundation serving the basic vision and hearing needs of our communities (as well as working to combat other tragic maladies), and Lions Clubs International Foundation working to end vision problems, childhood cancer, world-wide hunger, save the environment, make the world a better place for children and truly put the SERVE into Action. Let's make a resolution to donate money to both foundations as clubs and individuals – make the world a better place! Then – be sure to put our motto into active mode – WE SERVE!

Directory Corrections

- p. 37 Katie Voss is no longer secretary of Mt. Angel Lions Club
- p. 38 South Salem Lions President is now Sharene Nolan (and she is Secretary too).
- p. 75 Jan. 25 2021 SOLSHC Board mtg is now @ noon
Feb. 13 2021 District R Convention will be virtual with breakout sessions. AND DATE IS YET TO BE CONFIRMED
Feb. 22 2021 SOLSHC Board mtg is now @ noon

District O - Northwest - North Coast



District O Governor Column Sheri Young

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Last month I probably said too much about the difficulties of 2020. To me, those macro challenges evidence what we face and why what Lions do is so important. Those stresses make our 2020-2021 Lions' International President Jung-Yul Choi's call for Kindness and Diversity especially important to implement.

Many of our Lions, despite their own stresses, found times last month where they reached out to family and community members and offered the time to listen to their particular heartbreak. Kindness is patience and listening: not judging, not interrupting with our own stories, allowing time for emotional expression and bringing that person up to the present. If they have some positive next steps - affirm those. Covid and the shutdowns have, for now, cost us the gift of being present in silence with a person in pain. So the outreach Lions make is even more valuable.

Our clubs and members have shown kindness and open hearts in so many programs of increased need this winter: addressing community hunger, special medical needs and offering assistance after the September fires. With the fires, we will continue to be part of Long Term Recovery in Clackamas County and "across the District R line" in the Santiam Canyon Recovery. The Council of Governors is exploring creating a new Multiple District foundation that would improve training and preparation for disaster response and recovery within and across the districts.

Meanwhile, most clubs and members are becoming adept at online meetings - which will be valuable even when we can resume in-person meetings. Hats off to all the Lions who have been coaching their club members - and other clubs' members in hosting and attending online meetings! If you need help, ask Steve Studer, David Bartley, PDG Bert Diamond or your Zone Chair.

Our MD 36-O Convention February 27 will be entirely online. This will enable us to have some out of state speakers AND hopefully many of you who would not be able to afford the travel and hotel expenses. We're working on a great line-up of sessions; our PID will be Jose Marrero of Puerto Rico.

We invite all of you with particular service programs or fund-raisers to submit short PowerPoints or YouTube type videos - 4 minutes max. We will make these available for viewing at the Convention and they may be discussed in a breakout session. Highlight local or district wide projects - we hope these will some substitute for the table displays - and potentially online content for the public about Lions work. Please plan to attend!

We will also move the Cabinet Meeting to Saturday, February 20 (10:00-1:00) - before the Convention. You're welcome there too.

District R - Willamette Valley - Central Coast



District R Governor Column Linda Stent

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"No matter what happens in life, be good to people. Being good to people is a wonderful legacy to leave behind." -- Anonymous

I recently had the privilege of distributing 91 Membership Chevrons for Lions who have reached significant membership milestones. A Chevron is an addition to a Lions membership pin, to be worn with pride.

The following Lions are District 36-R Lions who have dedicated a good part of their lives to Service and Kindness over a good many years. Congratulations to all of you!! (The number in parentheses is the number of years of membership.)

Albany East - Neil Johnson (20), David Schnebly (45), Merl Helms (50)
Blue McKenzie - Clayton Robson (25)
Central - Rod Bach (20), Robin Puccetti (25), Craig Johns (30), Timm Cable (30)
Corvallis - Kelly Tharp (20), Marc Vomocil (30), Warren Elliott Volkman (30), Wesley Thomas Adams (40), Clifford Trow (50)
Cottage Grove - Wendy Sue Benson (20), Lloyd Williams (20), James Goodling (35), Doug Lund (55), Jim Gant (60)
Elkton - Craig Zolezzi (30), King Phelps (45)
Eugene Bethel - Paul Renner (30)
Eugene Downtown - Craig Ford (20), Carol Casciato (30), Stanley Stewart (35), Don Erwin Jones (60), Gene Gustafson (50), Roger Smith (55)
Florence-Siuslaw - Mark Meyers (35)
Gardiner-Reedsport - Madeline Gonsalves (20)
Jefferson - Allan Oakes (30)
Junction City - Mike Skinner (25), Lynn Coon (30)
Keizer - Kathleen Henry (25)
Mapleton - James Grano (30), Bryan Moore (40)
Mill City - Daniel Lemke (25), Joe Uffelman (35)
Mount Angel - Matt Holt (20), Scott Korte (20), Wally Berning (20), Joe Davis (20), Steven Ritchie (35), Thomas Charles Bauman (40)
Newport - Gilbert Lecren (20), Norman Jones (20)
Philomath - Richard Raleigh (45)
Salem Downtown - Neil Kliewer (20), Carleene Iverson (20), Betty Levenhagen (30)
Salem Northeast - Kevin Raschko (25), Michael Key (25), Peter Larson (65)
South Salem - Gary Marr (50)
Silverton - Jon Debo (25),
Springfield - John Vogt (20), Marjory Bartholomew (20)
Stayton - Frank Storey (40)
Yachats - Bert Harley (25), Elaine Harley (25)

Pearls of wisdom: "Remember - a goal without a plan is just a wish" and I stole this definition of a Lion during a Zoom meeting: LIONS = Loving Individuals Offering Needed Services

District E - Southern - South Coast



District E Governor Column

Carolee Blatter

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Welcome to 2021! I pray we are on an upward swing for fighting Covid-19; and getting somewhere near our “past” normal. Covid-19 has really thrown us for a loop this year and probably into 2121 also. We have lost that wonderful feeling of seeing each other and our members in person; then throw in some fires of 2020 and the damage that many members experienced. All and all 2020 has been one heck of a learning experience.

Hoping you all had a Merry Christmas even with all the restrictions. Our area here in District E is listed as an Extreme Hazard Area, we have restrictions running out our ears. Do that, and don’t go there, eat at home, social distance, no more than a certain amount of people to gather together, and wear your mask to make sure you are not spreading the virus to other, hopefully most people are doing this to help slow down the spread of Covid-19.

My year as District Governor is half over and my visitations are nearly done. As I tell each club I visit, “This is the best part of being a District Governor, getting to meet the members and hearing about their projects and other fun activities. I have really enjoyed the visitations.

Remember that January is Hunger Awareness month. Please don’t forget about our local Food Banks. Things run short during the holidays and we have already had the fires and Thanksgiving, thus a hard time for our local Food Banks.

We will be starting to prepare for convention time, March is not that far away. We are hoping for a personal convention, but could be forced into virtual. There goes our personal connections again. As you know, we lost our 2nd Vice President who had to resign for personal reasons; and he will be greatly missed. We are looking for a replacement. Give that some thought - - we need a replacement, let me know if you are interested.

I hope you had a good Christmas and are ready to move forward into 2021 and the challenges that come with it. Please remember our motto “we serve” as we head into a new year.

I wish everyone a “Happy New Year.”

District G - Central - Eastern Oregon



District G Governor Column

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According to the news, the election is finally over and a COVID vaccine is on the way. Hip, hip, hooray! When available, although this may be several months yet, I encourage all Lions to get vaccinated to do their part in slowing the pandemic and protecting themselves. I do not expect that we will go back to the old normal – ever. But the new normal will allow for more personal interaction than we currently enjoy. Who knows, I may even be able to get out and start visiting clubs once winter starts to let up. By the way, even the forecast for winter is for more bad weather than usual. 2020 just keeps on giving, now doesn’t it?

Planning is well underway for a virtual District 36G Convention. It will be entirely online, including registration (including raffle tickets), the convention itself, voting, exhibits, and more. I am getting excited about this new format and I firmly believe we will present to you an interesting, engaging, and even fun convention. We have a first-rate roster of presenters and programs including International Director Larry Edwards, from Pennsylvania, and local and regional figures of interest. Some of the topics will include disaster relief and recovery, health issues like diabetes and Parkinson’s, grant writing and 501(c)(3) foundations, the OLSHF and much more.

For some Lions, an online convention may not be the best news, but consider this. You will not have to drive for miles and hours, get a hotel room and sleep in a strange bed, and eat expensive restaurant food. Instead for a mere \$25.00 (including raffle tickets) you can enjoy interesting, engaging and even fun presentations from the comfort of your own home. Now is that not that worth giving online meetings a try? It is easy to do and you will not regret missing the convention. There will be more convention news in this January issue and in the February issue of the Oregon Lion.

For the convention we are working to build awareness of each club in the district. Each club president has been asked to personally or with a team from their club to develop a short 3-5 minute presentation about themselves, their club, what their club has accomplished this past year, and conclude with a pledge to the OLSHF in lieu of the traditional Parade of Checks. This must ultimately be a visual presentation, but it can be video, PowerPoint, a slideshow, or some other means, but does need to have sound such as someone explaining what is being shown on the screen and making the actual OLSHF pledge. Of course, the club should really follow up their pledge with a check to the Foundation! Doug Thompson will thank you for doing so. Doug Thompson and the Foundation are offering a presentation on how to do this. I’ll let you know when it is available to watch.

I hope that Lions everywhere enjoyed their Holidays and the people we serve. May all your wishes come true and the New Year bring you peace, health, and happiness to you and yours.

Eugene Bethel Lions with High-Tech

Meet Isaac. He is an 8-year-old who was diagnosed a year and a half ago with a rare brain tumor called a craniopharyngioma. He had a 12-hour brain surgery to remove the tumor, but because of the pressure to his optic chiasm he was left completely blind. He now has many conditions to manage for the rest of his life, as well as adapting to life without vision.

He is learning Braille, using his cane, and doing well at home-school. He may be facing another brain surgery or radiation for possible regrowth. His upcoming MRI will be crucial.

Isaac's family discovered an assistive device called an OrCam MyEye, which could help Isaac be more independent and improve his quality of life. The family approached the Eugene Bethel Lions Club for help with the cost of this device.



Isaac's mother, Brenda, holding the book while Isaac uses his OrCam for the first time.



(l-r) Eugene Bethel Lion Sally Cabiness, Isaac and President Edwena Matychuck.

The OrCam clips to sunglasses and tells the wearer everything that is in front of him or her. It can identify money, colors, products, facial recognition, and much more. It would be helpful to Isaac to have this device for many reasons – mainly his ability to be independent and take pride in his accomplishments.

The OrCam MyEye helps with such tasks, mainly activities involving reading. The OrCam is not technology for the blind that enables seeing but rather technology that allows the user to be able to read texts without asking others for help. The device snaps a picture of texts, any text from any surface, and relays the information to the user via a small earpiece. This allows the user to be able to read work emails, medicine labels, and more all on their own. For people who are visually impaired, this kind of technology for the blind makes the ability to read independently much easier and accessible.

Continued on page 7

Assist Blind Youngster Reading Aid

The family cannot afford the OrCam. In addition, Isaac has a lot of medical supplies that are not covered by insurance, as well as medications, safety equipment, adaptive supplies, and the cost of gas for frequent trips to Portland for appointments. They also need railings around their porch to keep him from danger, handrail for stairs, handlebar for the toilet, and a shower modification to fit his limitations and requirements.



(l-r) Eugene Bethel President Edwena Matychuck, Brenda Martinez, Tiago Martinez and Isaac in the forefront.

The Eugene Bethel club has stepped up to help this family in many ways:

- Provided a Springfield Lions Club Foundation grant of \$500 to cover the costs of traveling to and staying in Portland for medical treatment.
- Built railings for the porch.
- Presented Isaac with a \$25 gift card for his birthday in November.
- Presented the family with \$100 for Christmas

Isaac's mother, Brenda, wrote to Eugene Bethel President Edwena Matychuck: "Thank you from the bottom of our hearts for anything you do to support our sweet little angel have a better life and meet some of his basic needs. He is an inspiration to anyone that meets him."

Photos of the porch. . .



Seems the Eugene Bethel Lions Club is also an inspiration in their community.

submitted by DG Linda Stent

KeraNatural is here!

Keratoconus is a condition in which the clear tissue on the front of the eye (cornea) bulges outward. This affects your ability to focus, making your vision blurry or distorted. Its cause is unknown, but there are some factors that are believed to increase your risk of developing the condition, they include:

Genetics: Some keratoconus sufferers have reported having family members who also suffer from the disease.

Allergies: Rubbing your eyes excessively can make keratoconus worse because it can damage your delicate corneal tissue.

Primarily symptoms first appear during puberty or the late teens, and in addition to blurred vision, keratoconus can cause sensitivity, redness and swelling, contact lenses to fit improperly, corneal bulging, and swelling or scarring of the cornea. Keratoconus usually affects both eyes, and the associated symptoms make daily tasks such as reading and driving extremely difficult. Currently, advanced cases frequently require a cornea transplant as the only treatment option. Lions VisionGift's new **KeraNatural** offers an alternative to full penetrating corneal transplants, and a natural option to other available treatments.

KeraNatural sterile allograft rings and arcs were developed by LVG, in our state of the art laboratories. **KeraNatural** is processed in LVG's ISO certified clean rooms to ensure safe and consistent grafts. They are packaged using LVG's patented sterilization process, to ensure ease of use and they come with a two year shelf life. When it comes to kerataconus, **KeraNatural** is the clear choice for corneal contouring.



submitted by Matt Webber

You, Me and the D!

Hi Lions!

As the saying goes “retire expire”. What that means in essence is, if you start out watching the news on TV in the morning and as the day goes by you sit longer and longer, you’re basically sitting all day long and then you will find that you will have a hard time getting out of your chair. Why? Well simply because you have let your muscles atrophy from lack of exercise and you have to start rocking back and forth to gain enough momentum to spring to your feet. You want to stay active? Then rise up and start exercising and you will continue to be active.

Note: I realize that this is difficult for many because of existing health issues. But for you that don’t have those issues, get off your butt and get active! If not, keep rocking and good luck!

Stay on Course. Feeling your motivation wane? Try these tips to move forward.

By: Kara Mayer Robinson

You know exercise is great for managing diabetes, so you’ve made it a priority and settled into a groove. Congratulations! But what do you do when it feels like a drag? Conquer roadblocks with these solutions.

Just lace up. David Weingard, CEO of the diabetes coaching platform Fit4D, knows how it feels to want to bail on a workout. His trick: Simply lace up. “Lots of days I wake up with a high blood sugar and just get myself out the door to exercise,” he says. “By the time I get back, I’ve brought my blood sugar levels under control, and I’m mentally pumped up for the day.”

Slip but don’t slide. Expect days when you want to slack off. Highs and lows are normal. The trick is to accept them and get back on track tomorrow. Avoid the trap of focusing on negative thoughts. Tell yourself one down day is fine -- if it doesn’t become a string of them.

Have fun. If you dread exercising, you may be doing the wrong activity. Find something you like. Cardio choices go beyond running and spinning. Try swimming laps or loading your video console with dance games. Not a gym lover? Walk, bike, or run outdoors. Love walking but ditch your plans whenever it rains? Drive to the mall and do laps indoors.

Try zigzagging. Doing the same thing day after day can be a slog. Change your patterns and choices. Exercise indoors one day, outdoors the next. Push yourself extra hard today, go easier tomorrow. Do an elliptical workout one day, a Zumba class the next. Bonus: Switching it up works different muscles and prevents overuse injuries.

Join forces. “Having a good training partner will make workouts more fun and enjoyable,” says Weingard. Recruit friends, family, or others in your community to exercise together. Join a group and sign up for regular workouts. Next time you go walking, invite a neighbor to tag along.

Log it. “Detailed record keeping is a key factor in realizing the benefits of exercise and minimizing blood sugar swings,” says Weingard.

As part of that record-keeping, start a fitness journal. Record when and how much you exercise, your blood sugar levels, and how exercise impacts them.

Then look for patterns and find what works best for you. Maybe you do better in the morning but not so great at night. Maybe you stick with certain workouts but not others.

Time travel. Remember how amazing you’ll feel when your workout’s in the bag. You’ll carry a sense of accomplishment and pride with you all day -- and keep your glucose in check.

If that doesn’t work, says Weingard, envision tomorrow. “Hang in there on the tough days. Easier moments are right around the corner.”

Reviewed by Michael W. Smith, MD, CPT, WebMD Chief Medical Editor

“The reason a dog has more friends than people is that he wags his tail instead of his tongue.”

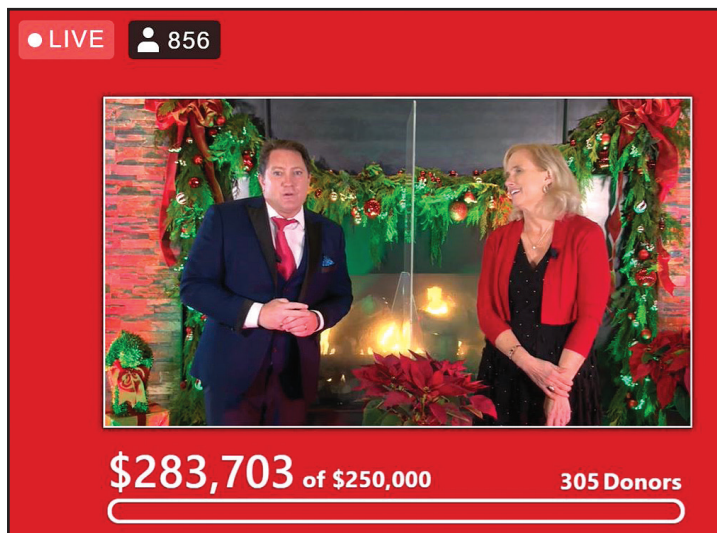
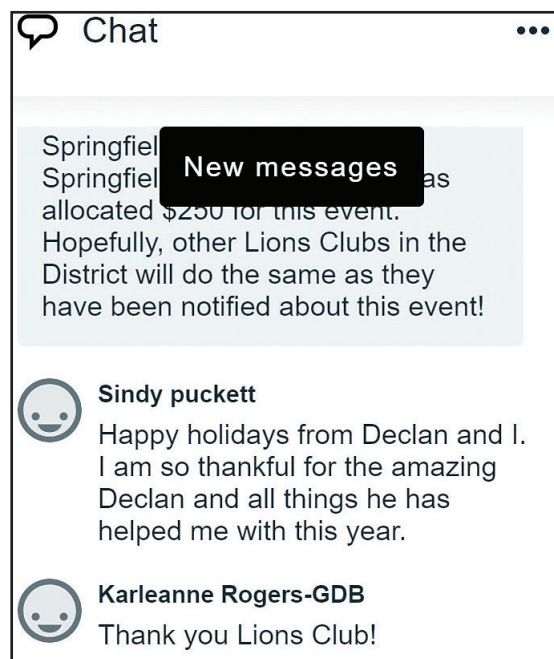
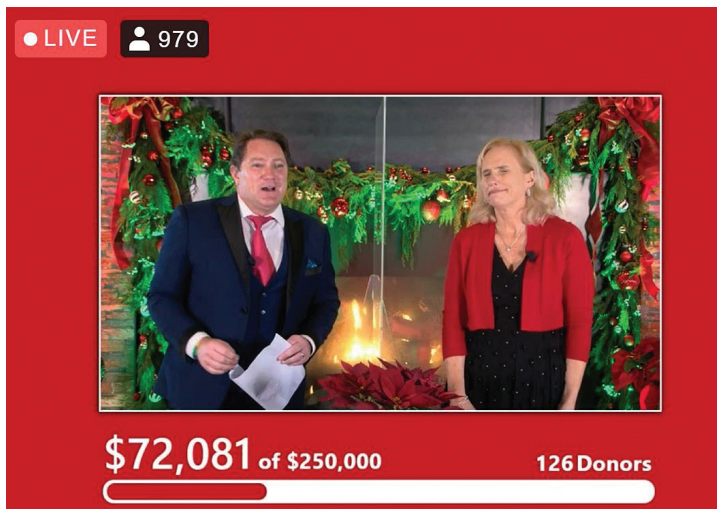
submitted by PCC Charlie Tate

District R Chair - Diabetes, Awareness and Action Committee

Feel free to contact me at my cell: 503.409.1861 or my email: commontate@hotmail.com

Guide Dogs for the Blind Holds Successful Fundraising Event

Guide Dogs for the Blind (GDB) surpassed their goal of \$250,000 during their one-hour event. There was one donation of \$100,000 and two matching donations of \$25,000 each. They also had a two-minute donation runoff in which everyone who made a donation within that window would be entered to win a roundtrip flight for 2 from Alaskan Airlines. All in all, it was a festive program with a lot of information pertaining to the puppy training center, adult dog facilities, and heartfelt thanks from recipients of the GDB program. Nearly 980 people attended the video extravaganza!



*submitted by Lion Dale Howard
District 36MD-R Canine Services Rep*

McMinnville Lions Club - 2020 Christmas Tree Sale Brings Stellar Sales & Aids Community



(l-r) Lions McMinnville Todd Caster (Treasurer) and Zach Geary.

Even with COVID-19 presenting challenges, the McMinnville Lions Club is grateful to have experienced another banner year at our annual Christmas tree sale.

The sale begins on the Saturday after Thanksgiving and ends once the stock of trees sells out. On a busy weekend it is common to sell 100 trees in a single day. Douglas Fir, Noble Fir, and Nordmann trees are supplied by two local tree farms. Shoppers tend to favor the Nobles for their shape, however the traditional and more affordable Douglas Firs always set a sales record.

With hearty help from the McMinnville High School Wrestling Team re-stocking racks and loading trees for customers and whole-hearted efforts from club membership, we completed our mission of contributing thousands of dollars to the needy causes of our community.

What began in the 1940s has evolved over time into this club's major annual fundraiser. Current members recall purchasing wild Douglas Fir for 25 cents a tree from McMinnville Water and Light in the 1970s, cutting the trees down themselves near McGuire Reservoir in the Coast Range Mountains, and selling them at a service station in Carlton for a modest profit. In the 1980s demand shifted from wild to cultured trees, so the club adapted by purchasing Douglas Fir from tree farms. Today our relationships with Noble Mountain and Fox Ridge Tree Farms prove exceedingly valuable in order to maintain a profitable operation. Some of the charitable activities we fund and carry out because of this Christmas tree sale are: furnishing eyeglasses and hearing aids to those in need, college scholarships, the popular medical device lending program, and other projects supporting youth in the area.

Some 500 man hours later, we all breathe a sigh of relief and truly enjoy the holidays knowing that individually and collectively: *We Served.*



Picture from the past when members would cut the trees down themselves.

submitted by Lion Lacey Summers

Sutherlin Lions



Lion Stewart Fowler chairman of the Christmas festival for the past 10 years successfully planned and rescued the holiday season from the Covid-19 Grinch.

Remember the song “What a difference a day makes”? Let’s look at what a difference a year makes.

As 2019 began coming to a close, the town of Sutherlin prepared for a joyous holiday season. The Chamber opened the holiday season with the lighting of a huge living tree, a message was delivered by the mayor, carols were sung and refreshments were served.

Sutherlin Lions as they had in the past 10 years planned and carried out a Christmas Festival. Organizations such as the police department, churches, and several businesses adopted and trimmed lovely trees for all to enjoy inside the Community Center. Amid the “festive tree lit hall”, Lions gathered for a scrumptious dinner, games and song. The following day the Hall was transformed to an arcade of fun and games for 200 plus of the town’s children. With their parents they voted for their favorite decorated tree and children were able to sit on Santa’s lap. Hot chocolate, cider and coffee accompanied the serving of cookies.



Lions ready to meet and present families with tree trimmings to take home with a tree. (l-r) Stewart Fowler, Emily Blakely, President Rick DeYoung, Tami Marie Foutz, Sharon Elliott and Santa looking on.



Representatives of the Timber Valley SKP park presenting a check to Lion Tim Saunders, owner of Tim’s Tree House. (l-r) Janice Edwards, Tim and Linda Essex.

At the conclusion of the party, trees were bagged along with gifts for transportation to the homes of children who otherwise would not have had them. Home bound elders were remembered with lovely gift baskets.

The pandemic changed all that. The City tree lighting was a drive-by event. There was no gathering, no dinner, no games ...BUT... there was still a Sutherlin Lions Christmas celebration. The Grinch didn’t get away with stealing our Christmas.

Lion Stewart Fowler, who has coordinated this activity since its inception was charged with planning for a Covid-19 Christmas Festival. Lion Stewart assembled his committee and developed a plan adhering to Oregon’s pandemic restrictions.

Continued on page 13

Christmas Festival 2020

Families identified by our school system received a voucher to select a tree. A big box of trimmings including a \$25.00 Bi Mart gift certificate, made possible by local businesses, accompanied the tree to take home for families to decorate themselves. Lion Tim Saunders, owner of Tim's Tree House, dispensed the 25 trees purchased by Lions and honored his pledge to distribute 20 additional trees.

Lion Bri Moos, Branch Manager of the Banner Bank arranged a donation of \$1,000 which was matched by Sutherlin Lions. \$3000 was given to a school family coordinator, familiar with the needs of the children, to purchase gifts.



Lion Emily Blakely presenting decorations to a family (unidentified) who was excited to take them home along with a tree. Next to Lion Emily from left to right are Lions Stewart Fowler and Rick DeYoung.



The Sutherlin Fire Department filled Christmas dinner boxes containing ham and sides and they were delivered by Lions. Members of the Timber Valley Escapees Park (SKP) joined to help Lions by contributing cash to pay for some of the trees. The SKPs covered the boxes with Christmas wrapping paper and filled them with brand new trimmings to accompany the trees.

The Sutherlin Fire Department filled Christmas dinner boxes containing ham and sides and they were delivered by Lions. Members of the Timber Valley Escapees Park (SKP) (short for escapees) joined to help Lions by contributing cash to pay for some of the trees. The SKPs covered the boxes with Christmas wrapping paper and filled them with brand new trimmings to accompany the trees.

Several elders in Sutherlin received beautiful Christmas baskets containing a \$25.00 Bi Mart gift certificate along with snacks, socks, lap blankets and much more. Lion Pam Cameron of the Sutherlin Lions Evening Branch Club delivered the baskets as she drove for the Meals-on-Wheels program.

“What a difference a year makes.” With outstanding planning and help of our supporters, Sutherlin Lions created a joyous holiday for the kids and their families in spite of a nasty Grinch called Covid-19.

submitted by Sharon Elliott

Oregon Springfield Lions Foundation (“OSLF”) / OSLF 2021 Spring Raffle

Once again, the Springfield Lions Club is preparing to do their annual Spring Raffle. Not all prizes have been determined as of yet but as usual the Kilcullen Project - Beach House and Jerry’s Home Improvement Center has graciously remained a part of this great endeavor! The Kilcullen Project - Beach House prize includes 2 night Yachats, OR. ... Beachfront property (conditions apply) and a Visa gift card for \$150.00 which brings the 1st prize value to about \$675.00. The next three prizes are gift cards from Jerry’s Home Improvement Center in the amount of one for \$1,000 and two for \$500. You can contact members of the Springfield Lions Club to purchase tickets or go to the Raffle website <http://raffle.springfieldlions.org/> and as in past years, people can enter to WIN one of 5 FREE tickets at our FREE DRAWING website <http://raffle.bigbig.com/>

This year’s proceeds will benefit three organizations. The obvious being Oregon Springfield Lions Foundation. The other two are Womenspace and Looking Glass Youth & Family Service. Womenspace has provided safety, hope, and healing to survivors of intimate partner violence for over 40 years. Their mission is to end domestic violence in our community. Each year they provide free, confidential services to any victim of domestic violence, recent or past, and serve thousands of survivors and children from our community. Services are designed to support survivors in their efforts to find safety and heal from the trauma of intimate partner violence.

Since 1970, Looking Glass Community Services has assisted many individuals in our community, helping them lead more productive and fulfilling lives by providing a wide variety of services. Their New Roads program will be one of the 2021 raffle benefactors. This program assists homeless youth from 16 to 21 years of age who are interested in creating long-term solutions for improving the quality of their lives. Services provided include a drop-in center offering homeless youth food, clothing, showers, and other vital resources. Street outreach provides youth on the streets of Eugene, Springfield and rural communities with gateway services, information, referrals, advocacy, and support. Other examples of services offered by the program are case management, education, employment guidance, behavioral health intervention, treatment and support.

COVID-19 has placed further influence on these two organizations as the plight of the homeless youth and domestic violence has seen an increase as a result.



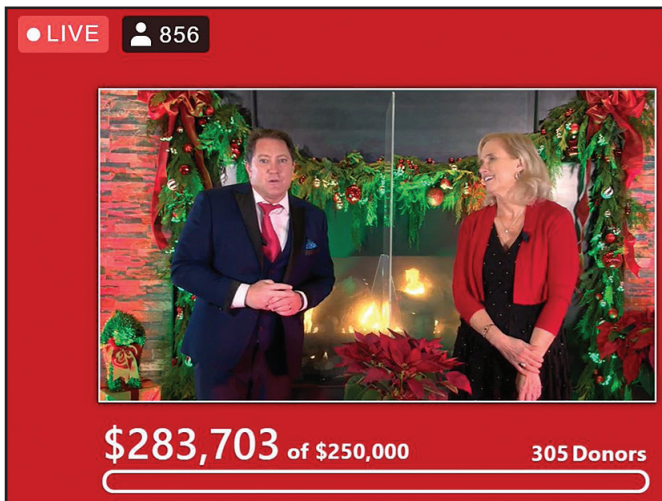
(l-r) Lions President Dianne Rush, Paul Pevehouse and Herb DeVos.

Continued on page 15

Oregon Springfield Lions Foundation (“OSLF”) / OSLF Grants

The Oregon Springfield Lions Foundation has finally started to receive grant applications and have awarded the following submissions:

- DG Linda Stent sent information about a Grant and the entire District 36R wildfires. The OSLF Board approved \$800.
- Camp Taloali (a camp for the Deaf and Hard of Hearing) for metal shower stalls. The OSLF Board approved \$500.
- Guide Dogs for the Blind for facilities and adoption protocol. The OSLF Board approved \$250.
- Ebbert Memorial: This is not a grant, but it is an additional need. They have needs for Christmas meals The OSLF Board approved \$250 in gift card form to use the money as intended, for Christmas meals.



Total raised for Guide Dogs for the Blind at their December 6th Virtual Holiday Celebration.



(l-r) Lions Larry Barnett and Lee Wacker.

(l-r) Lions Paul Pevehouse, Herb DeVos, John Vogt, PDG Dale Bachman and Judy Bachman



So the Springfield Lions Club was busy spreading Christmas Cheer to those in need in a time whenever a little bit helps out tremendously and supports the motto “Wherever there is a need, there is a Lion”.

Grant applications and information regarding the Springfield Lions Club and Lions Club International can be located at the OSLF website <http://oslf-grant.bigbig.com>

submitted by Lion Dale Howard



Let's Resolve to Partner to Help Someone in '21



Hank Calhoun
Board Chair



Doug Thompson
Executive Director

Hello Lions and Happy 2021!

What would the New Year be without a good resolution or two?

And you're in luck! We've asked a few of our Staff members to come up with proposed Lions Club New Year's Resolutions, to help deepen the impact of our partnership with MD-36 Lions and to help more people in need of sight and hearing services.

And here they are:

Brenda Anderson, Finance & Administration Director: My suggestion is that more Lions Clubs truly understand the work and scope of the Foundation, so my proposed resolution is, "I resolve to have all of my Lions Club members know the OLSHF Mission Statement."

Our Mission is "To screen, treat, save, and restore sight and hearing in partnership with Lions Clubs."

Pretty simple, isn't it? We hope EVERY Lions Club will take Brenda up on her suggestion.

Kerith Vance, Programs & Operations Director: My suggestion for a Lions Club New Years Resolution would be, "Make sure each club member knows about the programs of OLSHF - what they do and how their club can partner with the Foundation to make it happen."

Kerith is excited that we have a new video that will be available later this month for Lions to learn the basics of OLSHF programs: How to they work, how to access the applications, how much - if at all - they cost. The video will be available on our website and the OLSHF Youtube channel at <https://tinyurl.com/olshfyoutube>.

Speaking of which, next up is Nick Mandarano, Development Director: My suggestion for a 2021 Lions Resolution is, "More webinar participation and activity such as subscribing to our YouTube channel!"

Did you know, when we reach 100 Youtube "Subscribers" - it takes about 1.5 seconds to click the button to "subscribe"- then OLSHF will be able to shorten our URL links for our videos, which will lead to more people watching them! You can help Nick with her -- oops, we mean YOUR New Years Resolution by visiting our Youtube Channel at <https://tinyurl.com/olshfyoutube> and subscribing... Thank you!



Scan this QR code for a direct link to our YouTube channel

Also weighing in with a suggested New Year's Resolution is: Kelly Asbra, Optical Director: I'd really love to see our Prestigious Recurring Individual Donor Entourage (PRIDE) program grow this year, so my suggestion is, "Having each Lions Club member joining the OLSHF PRIDE program."

Joining PRIDE really is a great way to support the Foundation's programs, and here's an example: For \$10 per month - providing OLSHF with \$120 per year - is enough to help three people in need of them receive brand new eyeglasses.

Kelly and her husband Andrew are PRIDE members because, in Kelly's words: "We love the ease of giving monthly and it allows us to donate a larger amount but in small pieces. Easy peasy"

For more information on the PRIDE program, please contact Nick at Nick@olshf.org or visit our website at www.olshf.org/pride/

We hope you'll share your Lions Club New Year's Resolutions with us, and with your permission, we'll share them on our Facebook page - please visit us there at www.facebook.com/olshf

And here's to a great 2021!

GIFTS & MEMORIALS

Contributions list includes gifts received Nov 16 to Dec 15, 2020. Thank you to each and every donor and supporter!
If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

Lion Heart - \$5,000 to \$9,999

Barbara & Thomas Kuehlwein
KEX Kids Fund

Lion Sentinel - \$1,000 to \$2,499

Ben & Jennifer Elliot
Diana Richardson
Eugene Downtown LC
Maxine Borosund

Lion Tamer - \$500 to \$999

Brad & Bente Houle
Columbia Bank
Michael & Susan Bahr
Michael Moore
Portland Columbia LC
Russ & Deborah Lee
Thomas & Paula Hilgers
West Linn LC

Lion Patron - \$100 to \$499

Al & Becky Scott
Alex Malter
Bert Diamond & Nancy Versteegen
Brenda & George Taylor
Brian & Sherri Rangitsch
Carl Jacobson
Clifford & Jo Anne Trow
Dale & Sharon Rollins
Deborah Pienovi
Dennis & Judi Tichenor
Desiree Forrer
Gloria Cockburn
Harold Werner
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Rod & Debbie Bach
Roger Davidson
Sam Skillern
Sharene Nolan
St. Helens LC
Steve & Mary Tronnes
Terry & Marilou Bowman
Timothy McGill
Warren Heathman

Lion Donor - Up to \$99

Amber & Patrick Dunn
Andrew & Kelly Asbra
Arthur & Gail Abbott
Barbara Steninger
Becky & Mel Clark
Bev Bridgewater
Bonnie Roeder
Brad & Laura King
Brenda & Nathaniel Anderson
Bruce Schnieber
Carol & Doug Brink
Carol Dudley
Carole & James Stagl
Carolee Blatter
Carolyn Layson
Carrie & David Bartley
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Charles Blanchard
Cheri Brokaw
Cheryl & Stephen Brewster
Chris Rosenlund
Chuck & Caroline Skillern
Community Health Charities
Craig & Cecelia Urbani
Craig Jackson & Judy Havens
Crystal & Fred Whittlinger
Dale & Judith Bachman
Dan & Nancy Wolf
Dan & Nellie Hendrickson
Dane & Kathy Parreira
Danny Hawkes
Darrell & Lanell Bennett
David McBride
David Ott
Dean Surface & Susan Fairchild
Debbie Kane
Debi & Tony Castor
Denny Thompson
Diane & John Landon
Dixie Sexton
Donald & Donna Jo King
Dorothy Gann
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Edward Glad
Elaine Marsh
Elton & L.A. Fadness

Eric & Julie Laurin
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Gerald Caldwell
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Gloria Tarnasky
Gloria Wrede
Harlan Geigle
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Hope & Doug Loose
Irvine & Sherril Smith
Jadie Wright
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James Cech
James Jensen
Jane Thomas
Jean Rotter
Jeffrey & Grace Mandel
Jenny Ware
Jerry & Diane Shipman
Jim & Sue Jagers
Joan Vaughan
John & Hazel Klopfenstein
John Drake & Kelly Hobson
John Lowery
John Pfanter III & Susan Pfanter
John Taylor
Joline & Thomas Hammond
Jon & Lucinda Awbrey
Joyce & Wallace Anderson
Kaitlin Anderson
Karen & Gene Norton
Karey White
Katherine Mast
Kathryn & Danny Otero
Kathy Phan
Katie & Taylor Torgerson
Katie O'Neill
Keith Price & Denise Lukens
Kerith Vance
Kim Bartholomew
Kroger
Larry & Linda Sparks
Lester Moser
Linda & Steven Thomson
Linda Stent
Lori Rowley
Luella Amerson
M.L. & R.E. Starr
Marie Badagani
Mary Fechtel
Mary Reynolds
Mary Sue Jepson
Matt Avery
Meghan Davis
Melinda, Christopher & Alder Rhodes
Michael Cairns
Michael Hackney

Nicole Mandarano & John Salois
Noelle Bryan
Norma & Gino Barbisan
Patricia Jaffer
Patty Lou Harrison
Paul Pevehouse
Paul Zastrow
Pauline & Robert Goyette
Penny & David Rich
Portland Bentham LC
Professional Credit
Raymond Erland
Red & Karla Rowley
Rene Baumgartner
Richard & Gayle Alderson
Richard & Jennifer Bennett
Robert & Karrie Chaney
Robert Murphy
Rodney Schossow
Roxeanne Boose
Sandra Hanneman
Sarah & Thomas Chewerda
Sherilynn Young
Sherry Burkhardt-Acosta
Stella Brown
Steve & Liane Moser
Steve & Mickey Solcz
Steve Studer
Steve Withers
Steven Kaufman
Steven Olson
Susan Via
Suzan & Wilbert Mueller
Suzanne & Gary Mose
Suzanne & John Riles
Tiffany Best
Tiffany Warren
Timothy & Margaret Hill
Timothy McGlothlin
Tom & Edmunda Harding
Tom McCann
Tracy Brown & Nic Lambeth
Trudy Tallman
Walter Sinclair & Carolyn Hamilton
Wes & Carol King
William & Keren Reinhart
William Nourse III
William Taylor & Janice Stewart
William Van Vliet
Yvette King

Community Event Supporters

Dallas LC
Salem Free Clinics

LEAP Supporters

Astoria LC
Bandon LC
Beavercreek LC
Clackamas Volunteers in Medicine - The Founders Clinic
Crooked River Ranch LC
District 36-R Emergency Sight & Hearing Fund
Enterprise-Joseph LC
Eye Promise LLC
Junction City LC
KEX Kids Fund
Lakeview LC
Madras LC
Odell LC
OHSU, Casey Eye Institute
Prineville LC
Rockaway LC
Salem South LC
Sutherlin LC
The Dalles LC
Virginia Garcia Memorial Health Center
Waldport LC
Weston Eye Center

ROAR! Supporters

Bend Sunrise LC
Crooked River Ranch LC
Garibaldi LC
Gateway Hearing Center
Prineville LC
Roseburg LC

School Vision Screening Supporters

Arco Iris Spanish Immersion School
Astoria SD
Bandon SD
Bethel SD
Black Butte School
Brookings Harbor SD
Cascade SD
Central Linn SD
Clatskanie SD
Colton SD
Coos Bay SD
Dallas SD
Desert Sky Montessori School - BRC
Eagle Point SD
Enterprise SD
Estacada SD
Falls City SD
Grants Pass SD
Harrisburg SD
Hood River County SD
Jefferson SD

GIFTS & MEMORIALS

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Contributions list includes gifts received Nov 16 to Dec 15, 2020. Thank you to each and every donor and supporter! If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

Junction City SD	MEMORIALS	Brenda & Nathaniel Anderson	Jane Thomas	Rene Baumgartner
Klamath County SD		Bruce Schnieber	Jean Rotter	Robert & Karrie Chaney
Knappa SD	<u>In Memory of Alan Durant</u>	Carol & Doug Brink	Jeffrey & Grace Mandel	Rod & Debbie Bach
Mitchell SD	Michael & Susan Bahr	Carole & James Stagl	Jerry & Diane Shipman	Rodney Schossow
Morrow County SD		Carolee Blatter	Joan Vaughan	Roger Davidson
Muddy Creek Charter School	<u>In Memory of Carl Berry</u>	Carolyn Layson	John & Vicki Hamstreet	Roxeanne Boose
Myrtle Point SD	Janie Berry	Carrie & David Bartley	John Anderson	Russell Chase
Nestucca Valley SD		Cheryl & Stephen Brewster	John Drake & Kelly Hobson	Sammantha Saucedo
Newberg SD	<u>In Memory of Curt Holberton</u>	Christopher & Alicia Heaton	John Lowery	Sandra Hanneman
North Clackamas SD	St. Helens LC	Craig & Cecelia Urbani	John Pfanner III & Susan Pfanner	Sarah & Thomas Chewerda
North Powder Charter School		Craig Jackson & Judy Havens	John Taylor	Sharene Nolan
North Wasco County SD	<u>In Memory of Doris Daiker</u>	Dale & Judith Bachman	Joline & Thomas Hammond	Sherilyn Young
Oakland SD	Jessica Pate	Dale & Sharon Rollins	Jon & Lucinda Awbrey	Sherri Rangitsch
Oakridge SD		Dan & Nancy Wolf	Joyce & Wallace Anderson	Sherry Burkhardt-Acosta
Oregon City SD		Dane & Kathy Parreira	Kaitlin Anderson	Stella Brown
Oregon School for the Deaf	<u>In Memory of Dr. Paul Young</u>	Danny Hawkes	Karen & Gene Norton	Steve & Liane Moser
Perrydale SD	Central LC	Darrell & Lanell Bennett	Katherine Mast	Steve & Mary Tronnes
Philomath SD		David McBride	Kathryn & Danny Otero	Steve & Mickey Solcz
Pine Eagle Charter School	<u>In Memory of Dr. Richard Chenoweth</u>	David Ott	Katie & Taylor Torgerson	Steve Studer
Portland Village School	Michael & Susan Bahr	Dean Surface & Susan Fairchild	Katie O'Neill	Steve Withers
Sherman County SD		Debbie Kane	Keith Price & Denise Lukens	Steven Kaufman
Silvies River Charter School - Bend	<u>In Memory of Gus Tiniakos</u>	Debi & Tony Castor	Kerith Vance	Steven Olson
South Wasco County SD	Portland Bentham LC	Dennis & Judi Tichenor	Larry Barnett	Suzanne & Gary Mose
Stanfield SD		Diane & John Landon	Lester Moser	Terry & Marilou Bowman
Sunny Wolf Charter School	<u>In Memory of Jim Clutts</u>	Dixie Sexton	Linda & Steven Thomson	Thomas & Paula Hilgers
Union SD	West Linn LC	Dorothy Gann	Linda Pasma	Tiffany Best
Warrenton Hammond SD		Doug & Keren Reinhart	Linda Stent	Tiffany Warren
Willamina SD	<u>In Memory of Ralph Robinson</u>	Doug Thompson	Lori Rowley	Timothy & Margaret Hill
Yoncalla SD	Eugene Downtown LC	Edward Glad	Luella Amerson	Tom & Edmunda Harding
		Edwena Matychuck	Mary Fechtel	Tom McCann
		Elaine Marsh	Mary Reynolds	Tracy Brown & Nic Lambeth
HONORARIUMS	<u>In Memory of Steve Stem</u>	Eric & Julie Laurin	Mary Sue Jepson	Trudy Tallman
	St. Helens LC	Fran & Dennis Silbernagel	Matt Avery	Walter Sinclair
<u>In Honor of Brad, Wally & Matt</u>	PRIDE-(Recurring Donors)	Fred & Helen McNaughton	Matt Phillips	Wes & Carol King
Richard & Jennifer Bennett	Al & Becky Scott	Garry Charbonneau	Melinda, Christopher & Alder Rhodes	William Nourse III
	Amber & Patrick Dunn	George Stockinger	Michael Cairns	William Taylor & Janice Stewart
<u>In Honor of Dale Rollins</u>	Andrew & Kelly Asbra	Gerald Caldwell	Nicole Mandarano & John Salois	William Van Vliet
Meghan Davis	Arthur & Gail Abbott	Gloria Tarnasky	Noelle Bryan	Yvette King
	Barbara & Charles Dehlinger	Harlan Geigle	Norma & Gino Barbisan	
<u>In Honor of Darrell C. Brady</u>	Becky & Mel Clark	Henry & Lynn Calhoun	Patricia Jaffer	
Michael Moore	Belinda & Dean Petshow	Henry Miller	Patty Lou Harrison	
	Bert Diamond & Nancy Versteegen	Hope & Doug Loose	Paul Pevehouse	
<u>In Honor of Diana Richardson</u>	Bev Bridgewater	Irvine & Sherril Smith	Paul Zastrow	
Leslie Seward	Bonnie Roeder	Jadie Wright	Pauline & Robert Goyette	
	Brad & Laura King	James & Kathy Syrstad	Penny & David Rich	
		James Cech	Phyllis Carlin	
		James Jensen	Red & Karla Rowley	

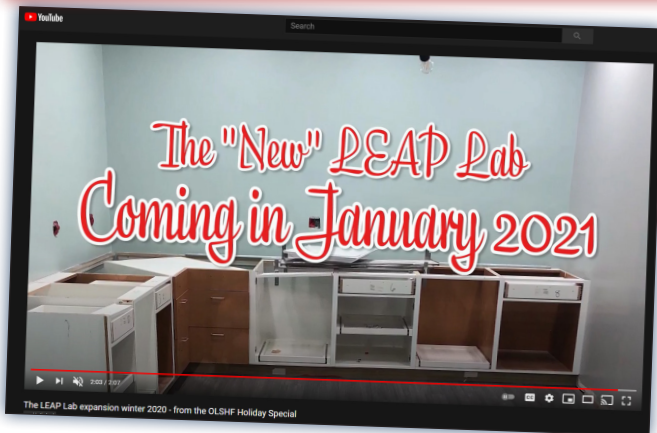
Please contact Development Director Nick Mandarano at Nick@OLSHF.org to discuss how your recurring donation can sustain the vital sight and hearing saving programs of your foundation.

Our sight and hearing programs continue to change lives because of you and your support. Whether your dollars funded vision or hearing saving surgery or treatment, secured a new pair of high quality, low cost eyeglasses edged in our newly expanded LEAP Lab, ensured access to digital hearing aids or cataract surgeries or our School Vision Screening Program events, we couldn't do it without you.

LEAP Lab Expansion - Virtual Ribbon Cutting - January 2021



Follow us on [Facebook.com/OLSHF](https://www.facebook.com/OLSHF) for details



Mike appreciates his new eyeglasses knowing he can get back to work (2017).

Richard received an exam thru the Low Vision Clinic and his glasses through LEAP (2017).



Katie and Kelly share LEAP with the Oregon City Lions Club in 2018



Peace Poster Contest Update

Annually Lions Clubs International has for a number of years (since 1988) sponsored a Peace Poster Contest for budding young artists from 11 to 13 years of age. Local clubs often check with available schools or other organizations for youth who want to demonstrate their artistic talents with peace as the center theme. This year the theme is "Peace Through Service". Some 600,000 young people world-wide demonstrate talents through their depictions. In Oregon this year we received entries from three of our 4 districts. Each entry is sponsored by a Lions Club that sends their top picture to the District Governor, who in turn sends their top pick to the Council Chair for determining which of the winners will move along to Lions Clubs International judging.

The top pick from each District is pictured here, with the Drawing from District R being chosen to move forward for International Judging.

From District G, Sisters Middle School student Reina Barnes-Rubio, age 13, depicts a tree surrounded by children holding hands. The art work is primarily done in subtle tones. The children have t-shirts depicting different themes - love, justice, etc. The tree of life looms large in the art work. Reina's theme is "Peace is everyone living together in Harmony."

District O, with a grand drawing of a dog as the center, is drawn by Jada Dodge, age 13, a student at Whitford Middle School in Beaverton. She states "Peace Through Service, about us to heal wounds once created, and protect without fear."

The winning poster submitted from District R by Mica Tonnsen, age 12, from Talmadge Middle School in Monmouth, depicts the releasing of doves surrounded by the flags of nations. She states "The Flags show how Humans have divided the world, the Hands are serving by letting go of Divisiveness we have Established and Releasing Peace to the World."



Jada Dodge's poster with a grand drawing of a dog as the center.



Reina Barnes-Rubio's poster depicting a tree surrounded by children holding hands.



Mica Tonnsen's winning poster depicts the releasing of doves surrounded by the flags of nations.

submitted by CC Paul Zastrow

OLSHF Spirit of Service Award Presented to the Strictly Organic Coffee Company for their Support of the Bend/Sunrise Lions Club and Other Organizations in Central Oregon

The OLSHF Spirit of Service award was presented to the Strictly Organic Coffee Company for not only their support of the Bend/Sunrise Lions Club during various activities, but also the support the company has given other non-profit organizations in the Central Oregon community.

(l-r) Lion President Kevin Korn presents OLSHF Spirit of Service Award to the Strictly Organic Coffee Company owners Richard and Ronda. Lion Alan Maxim was the Lion nominating them for the award.



*submitted by Russ Chase
OLSHF Trustee*

St. Helens Lions Club Donates Bench for Nature Preserve



The St. Helens Lions Club recently donated a Trex bench to the Dalton Lake Nature Preserve, located between St. Helens and Columbia City. The bench was earned after the Club recycled 500 pounds of plastic bags. The Dalton Lake area is being minimally developed to provide signs and places for wildlife viewing, while keeping the area as natural as possible. The Public Works Department installed an informational kiosk, a bike rack and the bench at the entrance to the natural area. This is adjacent to a paved bike path that is also used by many walkers, making it a nice resting spot. All donated benches have a plaque attached which identifies them as a Service Project of the St. Helens Lions Club. We are happy to be spreading the word of a dedicated group of volunteers who live up to the motto of "We Serve"!

submitted by Jim Syrstad

The Cans and Bottles Recycle Bin at Timber Valley



The new bin was fashioned by Frank Egbert, a former Lion and owner of a local muffler shop. Lions requested Frank to build the bin to replace the old wooden one that had been damaged by use, the weather and also by thieves.

Empty cans and bottles are important. Twice a day Lions empty this bin and sort contents into large bags. Every few months these bags are transported to the Oregon Bottle Recycling Center in Eugene. There are conveyor belts that sort them and read the bar codes. A few days later we then receive a check – typically for around \$4,000.00. (Beer bottles are processed in Roseburg.)

This is how your Sutherlin Lions finance charitable giving. *Any money coming from the community must go back to the community.* Some but not all of our expenses includes: financing college scholarships, supporting summer camps for blind, diabetic and deaf children, dogs for the blind and hearing impaired. The empty cans and bottles also fund the Halloween, Christmas and Mother's Day celebrations; assist us in providing glasses and hearing aids for less fortunate folks; and the screening of 700+ youngsters vision, where roughly 10% of these children are then referred to doctors for eye care. I could go on for another page.

Lions are especially appreciative of helpers of the Timber Valley SKP Park: David Hall who helps Rick DeYoung; and Judy Leonard who is Sharon Elliott's assistant. This can be a dirty job especially when we have to empty cigarette butts or snuff spit from them. One time a load even contained false teeth. The Den is neither heated or cooled so extreme temps can be daunting.

It's amazing what a contribution of 10 cents can accomplish for a small town. We appreciate that Sutherlin residents and members of Timber Valley stay well hydrated but there is something else you need to know to help us. **Plastic gallon water containers are not welcome nor are cans or bottles that are smashed or bent as they cannot be read by the bar code reader.**

Quench your thirst and keep the containers coming to support the benefit they make in the community.

submitted by Sharon Elliott

Elgin Lions Light Parade

Although hampered by Covid-19, the Elgin Lions continue to serve the community. The latest project was the Elgin Light Parade. Lion members Jared Rogers, Debbie Rogers, Jim Hallgarth, Pat McDonald and Daryl Hawes finished up the new Lion float.



Horse-drawn sled in the Lions Parade



The popular Lions Duck Train is lined up for the parade.



Elgin Lion's lighted tree.



(l-r) Working on new Lion float are Jim Hallgarth, Debbie Rogers, Pat McDonald and Daryl Hawes.




Lions float ready to lead the parade.

submitted by PDG Gerald Hopkins

A Facebook Post Shared with the Headquarter's Office



 a warm note to say 
THANK YOU

With your help we have:

- Collected cash totals of \$636.86 and 689 lbs of food for OUTREACH.**
- Sent on 1,385 pairs of glasses to Coffee Creek Correctional Facility where they will be processed and give sight to those in need.**
- Sent 22 cell phones, 2 sets of hearing aids & 3 tablets to OLSHF in Portland where they will be checked and distributed to those in need.**
- Sponsored Peace Poster contest and our local winner has been submitted to Multi District competition .**
- Helped 22 people with eye exams and glasses.**
- Help American Red Cross collect life saving blood and plasma from 35 people!**