

Serving members of MD36 Oregon and Northern CA

June, 2019 Volume 11/18-19

Oregon Scenery and Nature Explodes with Beauty in Lions Photo Contest Here is the 1st Place Photograph



See Story p. 12

Lions and Scouts Greet Visitors at the Erickson Aircraft Collection in Madras During the District G Convention



See Story p. 6-7

Dr. Jamie with Students at a Successful Eye Clinic at Rockway



See Story p. 13

Fun Fountain Returns to Riverside Park in Grants Pass



See Story p. 23

ANNIVERSARIES

June 2019 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

June

Coquille	June 25, 1925
Columbia Gorge	June 29, 1948
Langlois	June 15, 1964
Crooked River Ranch	June 28, 1979
Dallas	June 10, 2003
Woodburn	June 30, 2004
So. Oregon Drifting	June 5, 2014

July

Dorris	July 16, 1946
Yachats	July 20, 1950

August

Baker City	August 29, 1929
Hood River	August 9, 1938
Hillsboro	August 25, 1938
Amity	August 28, 1948
West Linn Riverview	August 6, 1992
Oregon City	August 22, 2008



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MONTHLY CALENDARS

MEETINGS

June

- 1 OLSHF Trustee mtg Portland @ 9am (may change)
- 8 Dist E Cab mtg, Roseburg, Littlebrook @ 10am
- 12 OLSHF Patient Care Comm. mtg @ OLSHF
- 24 SOLSHC Board mtg. @ 5:30pm

EVENTS

June

- 1 Gales Creek Camp Clean Up, 59425 NW Cedarbrook Ln., Gales Creek, OR 9am-noon. Lunch provided
- 3 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave., NE @ 6pm
- 10 The Oregon Lion deadline (for July-August issue)

July

4 Independence Day - Observed - Office Closed

August

5 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave., NE @ 6pm

Club Officer Reporting Form
(aka Form PU101)
Due to LCI by May 15, 2019
Please prioritize getting this completed and submitted to LCI
as is critical for MD36 annual directory to be completed

Council Chair News



Gail Black

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SOARING BEYOND THE HORIZON AS "WE SERVE"

As I write this final article as Council Chair, I think about all of the Lions I have been in contact with throughout this year and marvel at the character strengths and life skills I have observed. The list below show characteristics that make good dedicated Lions, and I am proud to be in that group.

Compassion for others suffering and the motivation to relieve that suffering.

Communication in receiving, and sharing information. Talking or writing, and listening or reading clearly, and respecting different opinions.

Courage to do something difficult even when there's risk. Lions are courageous people who do and say what they think is right despite opposition.

Curiosity as we see a strong desire to learn or know something. Lions seek answers to their questions for the sake of gaining knowledge. They actively seek out challenges and new experiences to broaden their horizons.

Empathy as they put themselves in someone else's shoes and understand the feelings and perspective of another person.

Gratitude for the good things that happen in their lives and taking the time to express appreciation and return kindness, leading to a stronger sense of well-being.

Humility as a learned character strength of not regarding themselves as more special or better than others.

Integrity to tell the truth and act in a sincere way, consistent, trustworthy and ethical. Lions treat people equally and take responsibility for their own feelings and actions.

Perseverance to keep doing something in spite of obstacles. Lions are people who persevere, show steadfastness in doing something despite how hard it is or how long it takes to reach the goal.

Self-control to be able to appropriately manage thoughts, feelings, and impulses. Lions pay attention to their emotions and feelings

Teamwork in working respectfully and effectively with a group and doing their share. Many basic character strengths, such as communication, self-control, and humility, support a person's ability to work on a team. Teamwork is more than getting along with people. The key to being a good team player is the ability to put a group's needs above your own.

While we all don't show all of these characteristics outwardly, they are there and they show up to those "We Serve"

Are You Moving? Have You Moved?

We need a couple of days to change your address. Please give us your old address, as well as your new one, by attaching a label from a recent issue of The Oregon Lion in the space shown.



Mail entire form to: **The Oregon Lion** PO Box 51345 Eugene, OR 97405

	Eugene, OR 9/405
	Attach Your Address Label Here
Name (print)	
New Address _	
City	State Zip
Old Address	

District O - Northwest - North Coast



District O Governor Column Dan Wolf

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Greetings my fellow Lions,

As we approach the end of our Lion Year, I have been reflecting on this year as Lions in District 36-O, and MD 36. It has been a wonderful year for Nancy and me, as we have met so many wonderful Lions. We have got to know so many more Lions clubs and what they do for their communities. I have learned a lot about Lions clubs and how we work as individual clubs. but yet are connected to the Multiple District, Regions and Area 1 and how we are part of Lions Clubs International, even though we are involved in our own service activities. We are part of the world's largest humanitarian service organization, now in 214 countries and just shy of 1.5 million Lions members strong. As we saw with the California fire disaster, when the chips are down, we Lions help one another. I am very proud to be a Lion and very proud to have been your Governor. Thank you for all of your support.

As I write this column, I see on My LCI that our District O is only 7 new members away from hitting 1,000 members. This number goes up and down almost daily, but that's what it is today. I would really like to turn the District over to DGE Terry Bowman and his next year's officers with our membership over 1,000. Please keep after friends and family who would make great Lions. We usually lose members at the end of the year, who have not paid their dues or have lost the vision of Lions service. I ask you all to reach out to these Lions, we need them. If we as an organization ever hope to serve 200 million folks in need a year, we will need every Lion we can get and/or keep. A couple of you members take them to lunch, sit down with them and see if there is any way you can convince them to stay. It's truly easier sometimes to keep a Lion than to find a new one.

As this issue will come out to in early June, please get your new Club Officers entered into MyLCI, and send a copy to Leah, at the MD36 office. Next get them to Leadership 101 coming up on June 8. It is not only important for the new officers, it is very informative to seasoned officers, as things have changed over the years and it is important to learn what's happening now.

Make sure your clubs are planning some service projects and some fun things to be doing in early summer. Don't wait for fall. Get out and have fun doing service now. Be especially attentive to your new members and see that they are invited personally to you next functions. The old adage that if you don't use them you will lose them is just as true today as it ever was.

If your club has not ordered a Peace Poster Kit, do it now. Remember this is a worldwide activity and the kids really like to participate. They need your clubs to invite them to get involved.

It is time to get our Leos program restarted around the District. Rockaway Lions have a very active Leos program and a big part of that has been Lion Don Markle. It was such a pleasure to award him the International President's Leadership Medal at the Leos and Rockaway Lions joint meeting, which included a great pizza party too. He has certainly earned this award.

I want to wish the best to DGE Terry Bowman, 1st Vice District Governor Sheri Young and 2nd Vice District Governor Doug Loose on this next Lions Year. I know they are going to do a great job with and for the district. Please give them all of your support and encouragement.

Thank you all again for a great year, Dan Wolf, District O Governor

District R - Willamette Valley - Central Coas



District R Governor Column Dale Bachman

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Fellow Lions,

My year as Governor is nearly over. There are so many good and long-lasting memories. I especially want to thank my fellow Governors, Phyllis, Bryan and Dan, my predecessor, Past District Governor, Tom, Council Chair Gail and the many others who have done so much to go "Beyond the Horizon". A special thanks to the Lions of District R who have stepped up this year to serve. Without the folks "in the trenches," no organization can be successful.

It is important to note that I have a few more things to complete before June 30, perhaps the most important of which is to finish my club visitations. No matter where Judy and I have traveled in the district, we have been most warmly welcomed. Thank you. We recently returned from the Multiple District Convention in Seaside. While there, we were able to connect with many Lions, some of whom we met during this Governor year, but many of whom have been long-standing friends. I have said this before, but it bears repeating. If you have yet to attend a District and/ or Multiple District Convention, please put that on your bucket list. Conferences allow us a chance to renew friendships, to learn more about our organization, to gather new ideas for use in our Clubs and to meet new Lions.

One of the highlights of this year's conference was the Young Lions panel. It is so great to see the younger members of our district sharing their stories and their vision for our future. I encourage all of us to reach out and talk to young people. Try to get them involved in what your club does. Remember, too, that we have campus clubs at both Oregon and Oregon State. Maybe you know a family with a student at one of these campuses. Reach out to them. Encourage them to get those students involved with campus Lions. Without them, we have no future.

As you look forward to the future and the leadership of incoming Governor, Steve Moser, take a moment to contemplate how you can help Steve and our district continue to grow and prosper. Thank you again for making this a special Lion year.

District E - Southern - South Coast



District E Governor Column Bryan Longland

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Wow, where has the time gone?

At the December 2017 1VDG training in Yachats, I met three of the other governors and spouses from MD36 Lions and we formed a bond tighter than family. Then more training in San Francisco with more incoming governors from Area 1 and more friendships made. I remember our trainer Lion Denny saying in six more months we will be the 2018-19 Governors. It seemed to be a life time away, but it came quickly. End of June thru July 3, Patti and I were in Las Vegas with 20,000 Lions from all over the world - more training and the International Convention like I had never seen before.

I hit the road July 16 to visit Lion clubs on the East side of the Cascades; started my first visit in Bonanza, then Klamath Falls, followed by Klamath Falls South Suburban and Merrill. Then the fire started near Medford and smoke came toward Klamath Falls area – so much for nice clear drives for the summer. Smokey drives from here on became the norm. By the end of the year I had visited well over half of the clubs in District 36-E. Each and every club was a pleasure to visit. Each club takes a different approach to meeting community needs through a variety of service project from crab feeds to concession at the ball fields, raffles, burgers at the county fair and can collections. The money is raised for school scholarships, eye glasses and community needs.

None of this is possible without the club level Lions. You are the backbone of Lionism. Your hard work and dedication to your communities stay unmatched by any other service club world-

I have had a few setbacks during my term. My home club of Bandon Lions was small when I started my governor year and I knew I was asking a lot for them to help host the convention, even with the support of the convention committee and other volunteers from local clubs. Sadly, our club lost three key Lions, one being our President last summer. Some District Stats:

Membership: You're all tired of me asking you to find new members. District 36-E has been in the red for many years, but as of April 29 we were at minus 11, close enough to finish this year in the black by June 30.

Service Reporting/Hours: With better weather and Lion project time, I believe clubs will improve on reporting. Just remember membership and service hours are what LCIF looks at for grants for those slightly larger Lion projects.

Most of you will remember PDG Bob Chaney from last year. Well, PDG Bob will be our District Governor again for the 2019-20 year. Lion Bob has been through this before and has new ideas and directions for District-E Lions to grow. Lion Bob did an excellent job 2017-18 and will be on point this next year.

I would like to thank my mentors ID Sunny Pulley, PCC Joyce Anderson CC Gail Black, PDG Wes King, District Secretary Kathi Otero, PDG Bob Chaney SR and most of all my wife, Lion Patti, who has supported me since we met. You all have helped me so much this year thank you.

Wow, where has the time gone!

Thank you for the opportunity to serve. DG Bryan Longland

District G - Central - Eastern Oregon



District G Governor Column Phyllis Carlin

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I always say District G stands for "Great". But it also stands for "Great Big Geographical" District. From the Columbia Gorge to the Idaho border to the vast expanses of eastern Oregon and back, almost to the Cascade Range, I have seen it all. From ski slopes to vision clinics, from crab feeds to parks maintained by dedicated Lions, from catification depicts to golf tournaments to the user of school skilds a vision agreement. to thousands of school children vision screened by

cadres of Lions vision screeners, I have seen it all.

Leadership, membership and service

This year, right out of the gate, leadership training was important in District G with two New Century Leadership training sessions being held last fall.
Realizing that change is important and inevitable, the training focused on what we need to do as Lions to stay current and relevant in an ever changing environment. Both training sessions, one in The Dalles and one in LaPine, were well attended. Thanks to Global Leadership Chairperson Bev Bridgewater for organizing these sessions.

Membership growth was promoted through a six-week contest called "Membership Madness". Beginning in October and ending in March, the contest promoted membership growth through friendly competition. The winner was the club with the largest % of growth

The winner was the club with the largest % of growth as determined by starting and ending membership numbers. Congratulations to the Union Lions Club for their 67% increase in membership. During this time period half the clubs in our district had membership increases and because of their efforts we go into the final stretch with a net gain of twenty-two.

As a district-wide service project we collected tabs for the Bend Ronald McDonald House. Fifty-four pounds of tabs were presented to the Executive Director of the Bend Ronald McDonald House at convention. We supported the state-wide initiative of collecting purses and toiletries for women in need. One hundred forty purses along with toiletries were distributed to four central Oregon agencies through Purses with a Purpose. central Oregon agencies through Purses with a Purpose. At the beginning of the year, International President Gudrun Yngvadottir asked clubs to institute one new service project. District G clubs answered the call with new projects ranging from road clean-ups to city park upgrades and more.

Thank You A big thank you goes out to all who have supported and encouraged me this year. Two years of training by Joyce Anderson and Sunny Pulley helped prepare me and my the District Cobinet and Committee Chairnerson thank the District Cabinet and Committee Chairpersons thank the District Cabinet and Committee Chairpersons for their dedication and hard work this year. Our district will be in good hands in the upcoming years through the leadership of our District Governor Team: Gary Mose, LaPine Lions Club, District Governor Elect; John Taylor, Pendleton Lions Club First Vice-District Governor Elect; and Pete Runnels, Burns Lions Club, Second Vice-District Governor Elect. Thank you to Judith Poage and Gary Mose for your recruitment efforts in securing this great team. And finally a thank you goes out to all the great team. And finally, a thank you goes out to all the Lions of District G for your warm embrace and welcome when I came to visit your clubs. I will leave with such special memories. But most importantly, I thank you for your service to your communities and for all you do to make your corner of the world a better place. We Serve. Yours in Lionism, District Governor Phyllis Carlin.

Lions District G Convention "Take Two" opens at Erickson Air Collection in Madras



A member of Cub Scout Pack 72 prepares to Post the Colors.



Box Canyon Blue Grass Band entertains the crowd. Madras Lions President Christy Brown is a member of the band.



Lion Carl Harbour introduces Alison Perry, the keynote speaker.



"Rosies" welcome the attendees, a.k.a. Lions Vicki Burt, Linda Bengtson, Maxine Brissett, Ruth Ferguson and Lora Harbour.

Over twenty vintage aircraft provided the backdrop for the opening of the District G Convention Friday night, April 19th at the Erickson Aircraft Collection in Madras. Lion Bill Burt and Alison Perry of the Central Oregon Veterans Ranch were featured speakers.

The next day convention moved to the Inn at Cross Keys Station. International Director Gwen White provided an inspirational and entertaining keynote address. Many outstanding speakers were featured and a plethora of awards were presented during the event. Fun was had by all in attendance.



Lion Michelle Shank sings the National Anthem .



Welcome District Governor Dale Bachman and Judy Bachman from District R.



District Governor Phyllis Carlin presents speaker Lion Bill Burt with a golden wrench as keynote speaker Alison Perry looks on.

Speakers, Awards and Fun at District G Convention



Lion President Dick Hollenback presents a check to Kelly Asbra from the Prineville Lions in the Parade of Checks.



Lion Kristen Harmon receives the Presidential Certificate of Appreciation from International Director Gwen White. Kristen is pictured with fellow members of The Dalles Lions Club and District Governor Phyllis Carlin.



ID Gwen White presents LaPine Lion Sue Mose the President's Certificate of Appreciation. Sue is pictured with DGE Gary Mose, DG Phyllis Carlin and LaPine Lion Trentyn Tennant.



"Lions will Rock You." Opening Convention with a song. Pictured (L-R): CC Gail Black, DG Dan Wolf, DG Phyllis Carlin, PDG Bob Chaney and DG Dale Bachman.



Lion Dr. Scott Gibson presents the Siren of Sugar.



PDG Vicki Smith, ID Gwen White , Lion President Terry Tyler and District Secretary Trudy Tallman receive awards for their participation in the Lions Follies.



International Director Gwen White entertains the attendees,



Newly inducted members Millie Nelson of Prineville and Maxine Brissett of Crooked River Ranch receive a standing ovation.



Convention speakers Kelly Asbra, Tracy Brown, Sammie Saucedo, Ambassador Mary Carlin Yates and Lauren Olander.

Lions VisionGift partners with OHSU to advance eye banking in Myanmar

In 2017, Associate Professor of Ophthalmology and Lions VisionGift (LVG) Co-Medical Director, Winston Chamberlain, MD, PhD travelled to Mandalay, Myanmar. His trip was part of a larger project in which OHSU is partnering with the Mandalay Eye Hospital to exchange knowledge, ideas, and training. The Mandalay Eye Hospital serves as the main resource for high level (tertiary) eye care for a huge portion of a country of 55 million people. Dr. Chamberlain travelled to Mandalay with gifts. If you were thinking about hazelnuts, or Pendleton blankets, you would be wrong. Dr. Chamberlain brought the gift of sight in the form of 10 corneas for transplant along with multiple sterile tissue grafts that can be used for emergency surgery.

What Dr. Chamberlain found when he first arrived in Mandalay in 2017 is an eye clinic that serves a profound unmet need in the form of cornea blindness. Dr. Chamberlain literally could have brought hundreds more corneas because waiting lists are so long, but the staff of the eye hospital selected patients that had more immediate or severe needs. Said Dr. Chamberlain, "Being in the Mandalay Eye Hospital clinic for one morning, I saw more pathology than I normally do in six months at the Casey Eye Institute. The issues these doctors face are humbling. It was amazing to be able to treat the patients we saw with tissue from our local eye bank. There is just so much need in Myanmar and we are in a position to help."



One year after surgery this patient is doing well (middle).



Patients wait to have their new transplants checked one day after surgery

Dr. Chamberlain returned to the Mandalay Eye Hospital in January of 2019 with LVG CEO Chris Stoeger. The purpose of the trip was two-fold. First, Dr. Chamberlain brought along more gifts of sight for transplantation. He trained local cornea doctors on the latest techniques in corneal transplantation while implanting the corneas provided by Lions VisionGift. But more importantly, they were exploring ways of expanding the local eye bank's capacity to recover local corneas to help meet the tremendous need there. That is why LVG's CEO came along for the trip.



Chris Stoeger gives a lecture about tissue evaluation to staff of the Mandalay Eye Hospital

We are very blessed in the United States where corneal transplantation is a scheduled procedure. This is the result of *decades* of hard work to support eye donation and local eye banks. The situation is completely different in other parts of the world where many people will remain unnecessarily blind due to a lack of access to corneal tissue. "Transferring some of the important lessons we learned in our long journey to eliminating waiting lists in the US would be a huge benefit to people around the globe," said Chris Stoeger.

Dr. Chamberlain got to see one of the patients whose eye he saved in 2017 at a clinic visit. She was doing well thanks to the generosity of an eye donor in Oregon. **To be continued...**

You, Me and the D!

Hello Everyone,

Following is an article that offers some tips to get the most out of a weekend away or a lengthier vacation.

Travel On Plan Ahead and Pack Smart to Get the Most Out of Your Trip

By Barbara Brody

Gearing up for a road trip or an international adventure? People with type 2 diabetes need to do more than book a hotel and map out an itinerary.

"Diabetes is not a static condition, and any time your routine is disrupted your blood sugars are going to be a bit wacky. Control what you can, prepare as much as possible, and be ready to adjust as needed," says Marina Chaparro, MPH, a certified diabetes educator and registered dietician who works in private practice and at Joe DiMaggio Children's Hospital in Hollywood, Florida.

Plan for the worst-case scenario

Think about what your trip entails and what might go wrong so you can side-step those pitfalls, says Chaparro. If you're flying, consider the possibility that checked luggage could get lost. (Solution: All meds and supplies, like your glucose meter, stay in your carry-on.) If you're headed far off the beaten path – perhaps on a hiking expedition – your blood sugar might drop when you're nowhere near a restaurant or supermarket. (Carry hard candy or glucose gel.) And what would happen if you were to pass out and need emergency medical care? (Wear a medical ID bracelet or carry info about your condition in your wallet.)

If you travel abroad, research clinics or hospitals that are near your destination, and learn a few key phrases in the native language – or print them out and keep in your pocket or bag – in case you have an emergency.

When in doubt, bring extra

"Pack light" might be your mantra when it comes to clothing, but medication is a different story. Chaparro suggests packing an extra week's worth of medication and supplies such as glucose testing strips. (You may also want to check your blood sugar more frequently while you're traveling.) That's especially important if you're leaving the country, since your doctor won't be able to easily call in a refill. She also advises keeping all medication and supplies in their original packaging so that anyone who might inspect it, like a TSA agent, can easily identify it.

Consider travel insurance

If you're leaving the country and you need medical attention, will your regular health insurance cover any care you might need? It might, but call and ask before you leave, says Chaparro. If not, now's the time to secure separate coverage for your trip.

Don't forget to eat – and drink

Hydration is key. "If you don't drink enough, your blood sugar levels may rise," says Chaparro, so carry a water bottle and keep sipping while you're in transit. That might mean you visit a few more rest stops along the highway or have to use the airplane bathroom more, but it's a good idea to move around every few hours anyway. And don't forget to pack snacks for the journey – non-perishable items that combine carbs with protein will help keep your blood sugar stable. Chaparro likes dried fruit, whole fruit (like apples or oranges), and nuts or individual squeeze packs of peanut butter.

Reviewed by Brunilda Nazario, MD, WebMD Lead Medical Director as submitted to Diabetes at Walgreens, Summer 2018

submitted by PCC Charlie Tate, MD36 Diabetes Chairman Feel free to contact me at my cell: 503.409.1861 or my email: commontate@hotmail.com

Attitudes are contagious. Are yours worth catching?

Hood River Lions' Signature Project: Renovation of Jackson Park Stage

Hood River Lions are working on their new 'signature project', the renovation of the stage in Jackson Park. The project started with the deconstruction of the existing stage and removal of the exterior finish. The second step of the process will be the installation of a basalt rock face on the cement walls, held together with anchor bolts.

Jackson Park is the largest city park and covers an entire block. It is used by 20,000 to 30,000 people a year with events including: Families in the Park, Movie Night, Fourth of July events, as well as by church and school groups. In 1984, Hood River Lions Club donated a concrete pad for the park. In 1985, the club raised \$5,600 to build a stage on the pad. The current estimated cost of the stage today would be \$80,000.



The first phase of the project began with the removal of a foam barrier that mimics rock and was attached to the concrete walls. Vandals had defaced the surface. It required repeated clean up and painting. The Hood River Lions were assisted by a crew from the Hood River County Parole and Probation and together started the removal of the foam.

The new basalt rock surface will be installed by Schuepbach Custom Builders. After installation, the stage will be pressure washed and sealed to make it waterproof.

In 2020, the Hood River Lions will begin the construction of a new free-standing roof to cover the stage. The completed building will have the Lions logo on the front and on the back (street side).

The two-year project is approved by the Public Works Department of the city and the first of its kind for the club.

submitted by PDG Judith Poage

Another Successful and Fun-Filled Trivia Night Event

Over 70 Lions and guests filled the tables Thursday April 4 at Claim 52 Brewing to compete in a night of trivia for fun and some really nice prizes. Eleven teams competed for the fun and prizes. The following are the creative team names that were chosen this time.

1) No Brainers, Larry Barnett, Springfield Lions Club, 2) Jan's Jesters, Jan Sohlman REMAX/Integrity, 3) The Sparklers, Mary Fechtel and other Downtown Lions, 4) Isaac Newtons, Jim Newton, 5) Therapists-Adam Schulz, 6) Summit Air, Jim O',, Eugene Downtown Lions, 7) Directors, Directors Mortgage, 8) Knights of Columbus, K of C, 9) Team Oberle, Mark Oberle,, K of C, 10) Article 15, Veterans Legacy, 11) Jelly Squidwards, (Name of a character in SpongeBob SquarePants cartoons), The UO Lions Club Team.



Claim 53 Brewing was packed with Trivia teams



The first of our prize drawing winners -Luke Lonstron of The Therapists



Lion Karen Norton, MC and ticket master asking questions and giving out raffle tickets for round winners



The "Isaac Newtons" won multiple prizes too



Veterans Legacy also had a team (the event was for the benefit of their organization).

The money raised by the event went to Veterans Legacy of Oregon. The Event Sponsor for Trivia Night was Jan Sohlman with RE/MAX Integrity. Tables were sponsored and each participant also paid an entry fee.

There were 9 rounds of Trivia with three questions per round. Lion Karen Norton was the MC and Trivia Master once again asking the questions and running the video screen. Special raffle tickets were given to each team member based on their team's number of correct answers for each round. Multiple drawings took place to award prizes which included gift cards, potted plants, and baskets loaded with goodies all of which were generously donated.

A food truck that was scheduled for the evening cancelled so Lion Diane Gregoire took it upon herself to bring the ingredients for and to make chili, meatballs, and hot dogs, and don't forget the Fritos. The food was given out for free just asking for a donation to cover the cost of the ingredients.

The preliminary tally is in and our third Trivia Night earned about \$2,200 that will go to Veterans Legacy of Oregon. Congratulations Lions and guests and thank you for making this fun event a success.

submitted by Tim Chuey, Publicity Chairman, Eugene Downtown Lions Club

Oregon Scenery and Nature Explode with Beauty in Lions Photo Contest

"Seventy-eight Lions Scenery and Nature photos poured in after I was hoping for 5-10 entries when I started the contest in September 2018," stated Lion Ted Carlin, MD 36 Environmental Chairperson. "When asked to be the Environmental Chairperson I thought besides publicizing the many, many environmental projects accomplished by MD 36 Lions, why not add pictures of the amazing scenery throughout the MD 36 area," continued Ted.

Four judges from 4 different Central Oregon Lions Clubs had the daunting task of narrowing the 78 photos down to the Top Five to then be voted on at the MD 36 Convention in Seaside. "The judges had the hardest job of anyone involved in this project and any of over twenty could have been in the Top Five," said Ted Carlin.

Each registered attendee at the MD 36 Lions Convention was given one ticket to vote for the best of the Top Five Photos. After the dust had settled and the votes counted, the top 5 were selected. Each received recognition and a certificate at the MD 36 Convention and First Place was awarded a Photo/Video Drone.

Also, a big thank-you to all who took part in the Silent Auction for the other 73 photos and your generosity helped to finance this project. Hopefully we can do it again next year, as Oregon will

never run out of scenery.



First Place - Cinda Awbrey, Crooked River Ranch Lions



Second Place - Trudy Tallman, Hood River Eye Openers Lions



Third Place - Sharon Rollins, Lake Oswego Lions



Fourth Place -Sue Mose, La Pine Lions



Fifth Place -Sarah DeMerritt, Lake Oswego Lions

submitted by Ted Carlin, MD36 Environmental Chair

SUCCESSFUL EYE CLINIC AT ROCKAWAY

We had the privilege of hosting the largest eye clinic the coastal area has ever seen thanks to the Oregon Lions Sight and Hearing Foundation. The Casey Eye Institute and Pacific University arrived April 14 with doctors and more than thirty volunteers. We teamed with our six coastal clubs from Cloverdale to Astoria to see 85 low income coastal people for eye exams. Verian Wedeking, Program Administer at Casey Eye Institute Outreach Program, estimated that we did \$35,000 in exams. This estimate did not include the five clients who were sent to OLSHF for the Patient Care Program for

Thank you to the OLSHF for forming the coalition which includes Casey, Pacific University, Vosh International and the Oregon Optometric Physicians Association. A big thank you to both Melinda Rhodes, Program and Outreach Coordinator for organizing our team of professional clinic volunteers and to Kerith Vance, **Programs and Operation** Director, for assisting with the

surgery.



Van showing doctors and volunteers

clinic and coordinating continued Patient Care.



Time for instructions.



Inside van.



Dr. Dan in his van.

Christina H. arrived at our clinic unable to see. She was assisted by a friend to the first screening station. Then she was immediately taken to the Van. She cried uncontrollably with joy when she was told that she would be able to see after cataract surgery.

Thank you to Goldea See who spent hours posting posters, approving or disapproving clients and arranging appropriate times for each client from all our clubs. Thank you to Zandra Umholtz for helping with the

preparation of three meals. Thank you to Paul Eriebach for staying beside one elderly Hispanic woman through the three hours of her exams to translate the procedures. Thank you to our club volunteers who made everything run so smoothly. Thank you to 1VDG Terry Bowman who helped at every stage to the clinic and got up at 5 a.m. to take Christine to her first cataract surgery exam.

King City Lion Celebrates His 100th Birthday

A member of the King City Lions Club, aptly named Lionel, celebrated his 100th birthday April 23 at a party with a decidedly Lion theme. Lionel Domreis, who has lived a good part of his 100 years in Tigard, is the longest-term member of the King City Club at 32 years. His friend and fellow club member, Bill Gerkin, co-hosted the party along with Domreis' companion, Nanette Williams, at Bonaventure-Tigard, where Domreis lives.



Lion Bill Gerkin (standing left) who co-hosted the Bonaventure party with Lionel Domreis' companion, Nanette Williams, listens as Domreis recounts some stories from his long history in Tigard.

So the mayor was definitely on the guest list and at the party Domreis asked Snider. "How do you think things are going as mayor?" Snider replied that things were

going well and offered a tribute to Domreis for his contributions to the development of Tigard. In more recent years, Domreis has suffered from health problems, including being diagnosed with an acoustic neuroma brain tumor 15 years ago. At the party he praised the efforts of the Acoustic Neuroma Association for its help and support to him. Five weeks before this 100th birthday, Domreis was diagnosed with sciatica, which confined him to a wheelchair.

A highlight of the party was the singing of some of Domreis' favorite hymns by 11 members of the Tigard United Methodist Church choir.

The huge birthday cake was decorated with "Happy Birthday to the LION in Tigard," which was the tag-line in Domreis' newspaper ads for his real estate company that he operated over the years before retiring at 95.

In addition to several King City Lions Club members, a special guest at the party was Tigard Mayor Jason Snider, who had met Domreis while going door to door when campaigning last fall. They had a long conversation at the time and Snider was impressed to learn how involved Domreis was in developing parts of both Tigard and King City. Domreis worked with a developer to create two 55-plus golfcourse communities, one in the 1960s in King City and one in the 1970s in Tigard.

Lion Domreis' 100th birthday party featured a cake with the writing, "Happy Birthday to the LION in Tigard," which was a reference to his real-estate ads.

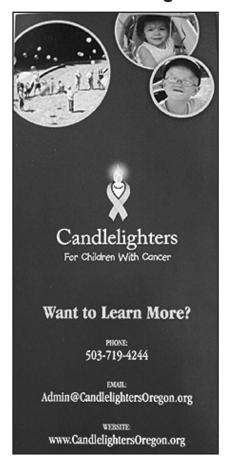


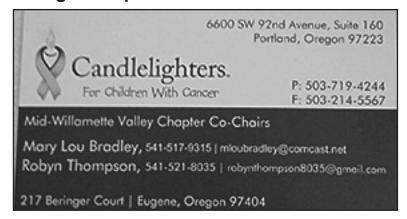


Lionel Domreis poses with his companion, Nanette William and Tigard Mayor Jason Snider at his 100th birthday party.

"For the last 10 years, I didn't want birthday parties," Domreis said the day after the party. "But on my 100th birthday, I decided it would be good to have one because I can't believe I made it. And I have always wanted a small Christian group to sing on my 100th birthday, so having the choir here was my gift to Bonaventure and to God for letting me live this long. I thank God for letting me live to be 100." [Portions of this story were previously published in the April 2019 issue of *Tigard Life* newspaper.]

Organizations Working to Help Children with Cancer





Mary Lou Bradley and Robyn Thompson, Co-Chairs of the Mid-Willamette Valley Chapter of Candlelighters for Children with Cancer, an organization that supports families who have a child with cancer, presented to the audience at the Women's Symposium in Springfield, Oregon, on May 9. With Mary Lou and Robyn were two students representing the University of Oregon Chapter of Delta, Delta, which has a philanthropic mission nationwide to help families dealing with pediatric cancer. The UO women also spoke eloquently about their mission.

submitted by Judy Bachman

Elgin Lions Address City Cleanup

Guests Kathy Rysdam and Jessica Anderson, representing the Elgin Chamber of Commerce, addressed the Elgin Lions regarding an assist of a city-wide cleanup project to be held in May. The first request from Rysdam was if the Lions could help with watering flower pots throughout the city on assigned days. "As you know," Rysdam stated, "the Chamber is a small group. We need help with keeping the plants watered during the summer months." The Lions agreed to sign up for the summer months. The City of Elgin is also planning a city-wide clean-up day May 11 and asked Lions for assistance to cover tires, oil, electronics and other stations. The Elgin Club again agreed to help sponsor the event. Lion Barbara Hawes has also scheduled a day for roadside cleanup of the highway.

The Elgin Lions have taken up the challenge of International



Susie and Bob Thomas hand out small plants while greeting Lions

President on the environmental project of planting new trees throughout the city. Lion Bob Thomas has chaired a committee that planted nine new trees within the city. In keeping with environmental projects, he and his wife Susie



(I-r) PCC Steve Oliver, Gary Smith, Jared Rogers, Debbie Rogers, Susie Thomas, Mike Garver, Susie Harris, Barbara Hawes, Jim Hallgarth, Risa Hallgarth, Daryl Hawes and Bob Thomas.

handed out plants while serving as greeters for the club meeting. The small sign added, "Happy Environment Day."



1959

Oregon Lions Sight & Hearing Foundation 2019



Keeping the Promise of Addressing Hearing Loss

Red Rowley Board Chair

Doug Thompson Executive Director



With this being the last column that we write with Red as OLSHF Chair, we thought it would be appropriate to share a project that will keep Red busy during his year as Immediate Past Chair in 2019-20. When the two of us got together with Incoming OLSHF Chair Hank Calhoun earlier this spring, the three of us discussed our current Strategic Plan and what goals needed to be addressed as we move along with the five-year time frame of the current plan. We'd like to share an exciting tactical effort that will address opportunities consistent with enhancing the Foundation's efforts to help people with hearing challenges.

Consistent with our 2016-21 Strategic Plan, OLSHF will form a planning task force in the summer of 2019 to explore ways to enhance our hearing services to those in need. This group will be composed of faculty from Pacific University's School of Audiology, Oregon-based audiologists and hearing professionals, local educators, government officials, and board members and staff of the Oregon Lions Sight & Hearing Foundation.

The four areas that this group will explore are:

1. School-based hearing screenings
A recent assessment by Pacific University's
Audiology program led the Foundation to
identify that, due to ambient noise inherent
in schools, quality hearing screenings should
be conducted in a sound proof environment.
Consequently, OLSHF has reduced the
number of schools where we conduct hearing
screenings. We will explore the feasibility
of acquiring the resources and technology
needed to provide quality hearing screenings
in the future.

2. Building our network of Oregon-based hearing professionals and audiologists One of the biggest challenges that the ROAR! Hearing Assistance program has is being able to partner with local Lions Clubs in rural and remote parts of MD-36. Currently we have 33 audiologists/hearing professionals as part of the ROAR! network and we would like to double that number by 2022.

3. Acquisition of a retail hearing aid center In 2017 OLSHF developed our own forprofit Limited Liability Company, Eye Promise Optical. Proceeds from Eye Promise LLC will subsidize the costs of operating our charitable LEAP Optical lab. Similarly, a retail hearing aid center could generate profits that make the ROAR! Hearing Assistance program more accessible to people in need. Additionally, it could provide an additional location for Lions Clubs to refer ROAR! recipients.

4. Feasibility of advocating for Medicare reimbursement for hearing aids in Oregon

Currently, the expense of hearing aids is not covered by private insurance or Medicare. The ROAR! Task Force will explore the potential of creating legislation that would enable the State of Oregon to spend federal Medicare funds on hearing exams and hearing aids for qualifying senior citizens.

If you're interested in learning more about this project or would like to assist in any way, feel free to contact Doug at dougT@olshf.org or call (503) 413-8385.

GIFTS & MEMORIALS

Contributions list includes gifts received April 16 to May 15, 2019. Thank you to each and every donor and supporter! If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

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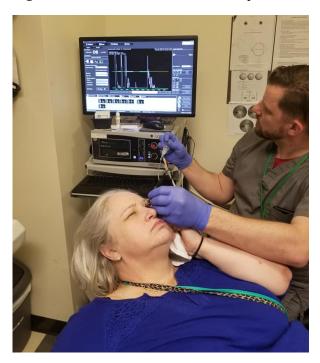
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Oregon Coast Service Trip

On April 14th, the Oregon Vision Coalition (OVC), YVFWC Coastal Family Health, and the Lions (Rockaway, Astoria, Garibaldi, Cloverdale-Nestucca, and Tillamook) hosted a comprehensive event in Rockaway to help people access eye exams and eyeglasses.

The OVC comprises the following healthcare entities: OLSHF, Casey Eye Institute, Pacific University College of Optometry Community Outreach, VOSH, Dave Lien, and OOPA.

The team saw 117 low income residents who traveled all the way from Astoria, Cloverdale, Tillamook, and everywhere in between to receive a comprehensive eye exam and pick out glasses at the clinic in Rockaway.



Christine at her recent Devers appointment

By working together with our partners and the Oregon Vision Coalition, our teams provided 296 volunteer service hours, resulting in:

- 117 individuals receiving much needed
- no-cost eye screenings resulting in,
 83 individuals (71% of participants)
 receiving a prescription for glasses and,
- 28 individuals receiving a referral, including 3 urgent referrals for further treatment and ophthalmological services, and
- 74% (64 people) will receive glasses on May 19th.

Christine was one of the day's immediate success stories. She arrived at the registration station outside the mobile unit assisted by a friend, who helped her navigate the screening stations. Her vision had become so poor that she could not even walk by herself. During her examination with Dr. Dan Gradin of CEI/OHSU, Christine learned she was blind from dense cataracts in both eyes, and that surgery would restore her vision. Christina wept when she learned that the likelihood was 98% or higher that she would see again.

Her story clearly illustrates the important service that our partnership and the mobile unit provide to underserved or remote communities around Oregon. Further still, through the **Mission Cataract Program** at OLSHF, and the extra efforts of Rockaway Lion Térry Bowman who provided transportation, Christine has already met with a doctor at Legacy's Devers Eye Clinic! Her cataract surgery is scheduled for late May.

Special thanks to TLC, a Division of Fibre Federal Credit Union, for their generous sponsorship, and Rockaway Lions Lulu and Terry Bowman for their kind hospitality!



Christine and Lion Terry at OLSHF



Dispatches from Seaside - MD 36 State Convention



OLSHF staff members Kaitlin (far left) and Katie (far right) participated in the Young Lions Panel on Saturday.



of Fame on Friday night.



Priscilla and Dr. J.P. Lowery catch up with OLSHF Chair Red Rowley and wife Karla before Friday night's District dinners.



Stella Brown of Oaks Bottom Lions announces her donation during the OLSHF Parade of Checks



Back Row: OLSHF Executive Director Doug Thompson; Wally Anderson; Art Carroll; Brian Rangitsch; Art Abbott; Fred McNaughton; Dr. J.P. Lowery.

Front Row: Denny Tichenor; Sharon Rollins; Jan Stewart; Bill Taylor; Bill Nourse.



Dr. J.P. Lowery addresses the audience after being inducted into the OLSHF Hall of Fame on Friday

Horsing Around



Paul Barnett presenting check to Mike Langley of Wild Ones Youth Ranch

Paul Barnett, Eugene Cascade Lions,
presents a \$500 donation check to Mike Langley
of Wild Ones Youth Ranch at their annual banquet.
The Youth Ranch uses horses (all formerly wild
mustangs) to build confidence, character and
leadership skills with youth and children regardless
of financial ability.

Photo by Judy Bachman

submitted by Paul Barnett

Mill City Lions Inducts 2 New Members

I visited the Mill City Lions Club on May 8 with PDG Tom Hilgers and my wife Judy. I inducted two new members, Lori (front row in plaid blouse) and next to her, Phyllis (front row in blue shirt). This is a very active club, currently preparing for a September 14 "Save the Bridge" Centennial celebration (so named because the railroad bridge is 100 years old).



Back Row (I-r) DG Dale Bachman, PDG Tom Hilgers, Curtis Hansen, Kathy Kindred, Dan Lemke, Tim Kirsch and Dave Shelton.

Front Row (I-r) Steve Dougherty, Sandra Cooper, Lori Lindemann, Phyllis Wallace-Hays and Shelley Dougherty.

submitted by DG Dale Bachman Photo by Judy Bachman

"Celebrating Mardi Gras" Crab Feed with Oral and Silent Auction

The Eugene Downtown Lions Club enjoyed another Crab Feed and Auction event with a silent auction, an oral auction and a wine raffle on Thursday evening April 25. About 100 Lions, spouses and guests enjoyed the tasty crab, side dishes, and yummy desserts. This year it was again a potluck with the members providing their own salads and desserts. The crab was provided. Congratulations



Lion Jeff Musgrove was a vibrant and energetic auctioneer.

go to the Crabettes, as they call themselves, Lion Norma Barbisan and Lion Joan Vaughan for organizing such a great event and having everything go perfectly. Special thanks to Lion Sharon Newton for taking on the job this year of creating the detailed auction program that lists all of the wonderful items up for bid in the

oral auction and the silent auction. Lion Ed Gear emceed the evening and along with Lion Jim "Newt" Newton picked the 13 wine raffle winners throughout the evening.

Lion Jeff Musgrove was our auctioneer encouraging bidders to vie against each other for the 10 oral auction items. He was the first to admit that he is

> auction math challenged, but his assistants helped him keep up with the bidders. The first item up for bids was called "October on the Coast" and was



Look at all that wonderful pot luck food. Worth the wait in line.



Raise your bidder number to bid.

a 3-night stay at The Embarcadero Resort and Marina in Newport. The winning bid came from Gene Norton. The second item, "A Bird's Eye View"



Lions and guests enjoyed great meal and conversation.

was won by Bonnie Mueller. It's a sightseeing trip in a private plane owned and piloted by Lion Jim Origliosso and includes lunch in Sun River, Salem, or Newport.



Lions and guests checking out the Silent Auction tables.

Other items up for bid ranged from "Time To Golf," a golf outing for 4 at Shadow Hills Country Club including the use of 2 golf carts and range balls to "A Three Rivers Casino and Convention Center Basket" full of Three Rivers swag, a 1-night stay in a deluxe room and a choice of 2 rounds of golf or \$40 in credit at their dining outlets.

Of course, thanks go out to the donors of the oral and silent auction items. The silent auction tables were jam packed and the bidding was competitive. A big "Thank You" goes out to Lion Jane Olbekson and all of those who helped serve the delicious food, to everyone who came to the event, to Hop Valley for providing the beer, and especially to the folks at St. Thomas Episcopal Church for letting us once again utilize their gathering room and kitchen.

The profits from the event will go into the Eugene Downtown Lions administrative fund which pays for the actual operating expenses of the club as opposed to money raised from our annual summer raffle 100% of which goes back to the community.

54 Pounds from District G for Ronald McDonald House



Lion Russ Chase, Bend Sunrise Lions, presents RMH Regional Director, Lauren Olander, 54 pounds of pop tabs on the beautiful campus of the Bend Ronald McDonald House.

The RMH of Bend's goal is to "Offer a 'home away from home' for seriously ill children and their families." Bend's RMH is located in a beautiful 19-year-old lodge-style house on the campus of St. Charles Medical Center and can accommodate up to six families a night. Each bedroom sleeps up to six family members and includes a sitting area, sleeper couch and crib.

"This is my passion," stated Lauren Olander after giving a fact-filled and emotional presentation at the District G Convention and was overwhelmed by the number of pop tabs presented to her.

If you would like more information about the Ronald McDonald House Charities or to have Lauren Olander come speak to your Lions club please contact her at lauren.olander@rmhoregon.org.

"That's a lot of pop top tabs," stated Bend-Sunrise Lion Russ Chase. "We had this huge cooler to collect them and it is overflowing."

Yes, the Lions of Central and Eastern
Oregon turned in 54 pounds of pop tabs at the
District G Lions Convention held in Madras on
April 19-20. They were presented to Lauren
Olander, the Regional Director for Oregon
and SW Washington for the Ronald McDonald
Houses, at the convention. The Ronald
McDonald House (RMH) turns in the tabs for \$\$
and along with other major donations is able to
accomplish its mission.



District G Governor Phyllis Carlin, Crooked River Ranch Lions shows Lauren Olander the almost full cooler of pop tabs to be presented to her.

submitted by Ted Carlin

See Oregon through Lions Golf Tournaments

- Saturday, June 1 Umpqua Lions Tournament, Oakhill Golf Course, Sutherlin, 10am
- Saturday, June 22 Springfield Lions Tournament, Springfield Golf Course
- Friday, June 28 Crooked River Ranch Lions Tournament, CRR Golf Course, 8am
- Friday, August 9 Milwaukie Lions Tournament, Glendover Golf Course, NE Portland
- Monday, August 26 OLSHF's Liberty Mutual Invitational, Langdon Farms Golf Course, Aurora
- Saturday, Sept. 7 Enterprise Lions Tournament, Alpine Meadows Golf Course, Enterprise
- Saturday, Sept. 14 Myrtle Creek Lions Tournament, Cougar Canyon Golf Course, Myrtle Creek, 9am
- Sunday, Sept. 15 La Pine Lions Tournament, Quail Run Golf Course, La Pine, 8am submitted by Ted Carlin, Vptcarlin@yahoo.com, 541-604-4054

Fun Fountain Returns to Riverside Park

Story credited to Sean Bassinger, Grants Pass Daily Courier

As a boy, Jon Peterman took his first drink from the Riverside Park lion drinking fountain in the early 1970s. Peterman now owns JP Graphics in Grants Pass and got to restore the playground fixture. He grew up in Grants Pass and said he never imagined he would get to repair the same fountain. "It kind of brings it all together," Peterman said. "Makes it a hometown thing." A small group

of Lions Club members and others gathered at the park Tuesday to celebrate the return of the fountain. The city took it down in 2005 after repeated vandalism issues and deterioration over the years, and it had been gathering dust ever since. Lions Clubs across U.S. cities often pay to have these themed fountains installed at city playgrounds. Grants Pass Lions Club member Dixie Owens, wife of the late Howard Owens, made the nearly \$2,000 restoration possible. She also worked with the Lions Club to install a plaque in Howard Owens' honor. He spent 18 years in Grants Pass with his wife before passing away in December. The couple lived at the condos that face the park. "He loved this park, and our kids did, too," Dixie Owens said. "This was the perfect way to remember him."

Wendy Giordano, the superintendent of Grants Pass parks, joined the crowd for the fountain's dedication. Several eager children rushed up for a drink afterward. Peterman said he likely spent a total of 30 hours over a two-week period repairing the fountain. He described several cold days in his shop of fixing cracks, scrapes and holes before sanding it down and repainting it. "I'd go out and work on it a little while, then stop," he said.



Grants Pass Lions members with Lion Dixie Wilks-Owens (to right of fountain) and artist Jon Peterman (far right) surround the refurbished Lions drinking fountain in Riverside Park, Grants Pass.

The only mystery of the fountain is when exactly it came about: Steve Gulliford, the president of the Grants Pass Lions, said they could not find a Lions Club member who actually remembers when it first popped up, let alone one who helped. The city also has no exact documentation of when it came to be. "We don't have an actual record of when it was dedicated." Giordano said. Peterman said it was likely an older version of a fiberglass fountain that's now available from a Minnesota-based company online. They sell the fountains and other lion-related fixtures at LionDrinkingFountain.com. Being as Peterman used it often as a child in the early 1970s, it's got to be close to 50 years old, at least. Now several other generations of children will get a chance to enjoy the playground's king of the jungle. "It's beautiful," Owens said. "I love it." Reach reporter Sean Bassinger at 541-474-3806 or sbassinger@thedailycourier.com

submitted by Steve Gulliford, Grants Pass Lions



Lion Geneviev Ford

Taking "We Serve" Literally

The Lake Oswego Lions served breakfast sandwiches, donuts and then grilled hamburgers and hot dogs from 8:00 to 2:30 p.m. on April 20. They even found time to assemble some of the flags for first graders.

submitted by Geneviev Ford

REMEMBER TO FILE YOUR CLUB'S PU 101 CLUB OFFICER REPORT FOR 2019-2020 WITH LCI - it is due!!!!!

Lumberjack Breakfast ALL YOU CAN EAT \$8 Adults, \$4 children 11 and under

July 4 - July 7 6:00 am



11:00 am





All Proceeds go to Lions Sight and Hearing, Local Charities, and Community Projects Timber Linn Park
Price Road, Albany