



Serving members of MD36 Oregon and Northern CA

June, 2016 Volume 11/15-16



District 36-O  
DG Garry Charbonneau



District 36-R  
DG Judy Kauffman



Council Chair  
PDG Steve Oliver



District 36-E  
DG Carol Brink



District 36-G  
DG Judith Poage

# Incoming Council 2016-2017

## ANNIVERSARIES

June 2016 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

### June

Lebanon	June 18, 1924
Coquille	June 25, 1925
Columbia Gorge	June 29, 1948
Langlois	June 15, 1964
Pilot Rock	June 21, 1974
John Day/Canyon City	June 25, 1974
Sherwood	June 30, 1975
Keno	June 12, 1978
Crooked River Ranch	June 28, 1979
Blue McKenzie	June 21, 1982
Dallas	June 10, 2003
Woodburn	June 30, 2004
Applegate Trail	June 25, 2010

### July

Dorris	July 16, 1946
Yachats	July 20, 1950



The Oregon Lion Website:  
[www.md36lionsclubs.org](http://www.md36lionsclubs.org)

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## MONTHLY CALENDARS

### MEETINGS

#### June

- 8 Patient Care Committee meeting - OLSHF @noon
  - 11 District E Cabinet meeting - Grants Pass - Bear Hotel, 2101 NE Spalding Ave. @10am
  - 27 Southern Oregon Lions Sight & Hearing Center Board meeting @ 6pm
- Helen Keller Day

#### July

- 13 Patient Care Committee meeting - OLSHF @noon

### EVENTS

#### June

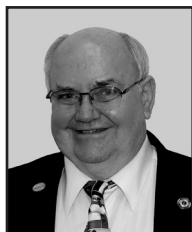
- 2 Eyeglass Sorting Party - Keizer - Keizer Lions Hall @6pm
- 4 OLSHF Board Retreat at OLSHF from 9am-3pm
- 10 *The Oregon Lion* article first deadline (for July/August issue)
- 16 Hear the Roar! Webinar at 11am
- 19 Father's Day
- 24-28 LCI International Convention - Fukuoka, Japan (99th)
- 25 Keep the Promise Event - Jason & Amalia Shaner's home, 2120 Kenwood Drive, Hood River, OR, 6-8:30pm

#### July

- 1-3 Portland Craft Beer Festival - The Fields Neighborhood Park (OLSHF is one of the beneficiaries of the festival)
- 4 Independence Day Holiday - Observed - Headquarters Office/OLSHF Closed
- 11 *The Oregon Lion* article final deadline (for July/August issue)
- 21 Webinar at 11am
- 29 Staff Retreat - OLSHF Closed

Happy  
 Father's  
 Day

## Council Chair News



### Chuck La Tourrette

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Last month I identified how a healthy body is similar to a healthy Lions club.

Attitude is also an essential ingredient in a Lions club being able to be of service. A positive outlook towards our club projects and our members will produce positive results.

The more our members are appreciated for their volunteer work, and acknowledged by other Lions in the club and the District, the more they will want to serve the community. One of the best things the District leaders can do is to thank the Lions for what they do.

At the MD36 Convention this year, Lions were appreciated and recognized for their volunteer work. I was impressed with our Governors and their clear and substantial "thanks" for the Lions in their respective District's.

Our International Director Rod Wright delivered an impressive speech at the Saturday night banquet emphasizing how Lions are there to support each other in times of stress and need. I was personally appreciative of his message because of the help provided by the Council of Governors, particularly Vice Council Chair Brad King for his chairing the COG meeting while I was at a doctor's appointment. Thank you, Brad. The Governors also did an exemplary job while fulfilling their assigned sessions. Thank you, Wes, Chuck, Hank and Paul.

This last article as Council Chair gives me an opportunity to personally thank each of the Committee chairs for fulfilling their requested responsibilities throughout the year. Thank you.

"Where There's a Need There's a Lion"; our MD36 Lions were all in this year.

## OFFICER REPORTING FORMS DUE NOW!

If you have not sent in your Club Officer Reporting form to LCI or to the Lions Multiple District 36 Headquarters Office, please do it TODAY! Your Club Officers should have been elected by now and that information is needed for directory information at both places.

LCI address: 300 West 22nd Street, Oak Brook, IL 60523-8842 Attn: English Language Department.

MD36 Headquarters Office: 1075 Washington Street, Suite 212, Eugene, OR 97401.

## Are You Moving? Have You Moved?

We need a couple of days to change your address. Please give us your old address, as well as your new one, by attaching a label from a recent issue of *The Oregon Lion* in the space shown.



Mail entire form to:  
**The Oregon Lion**  
1075 Washington Street #212  
Eugene, OR 97401

Attach Your Address Label Here

Name (print) \_\_\_\_\_

New Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Old Address \_\_\_\_\_

Club \_\_\_\_\_

## MD and District Websites

Find out what's happening in your District by going to the web and typing in your District website address listed below. You will be amazed at the amount of information located on the site.

**MD36: md36lionsclubs.org**

**District O: www.lionsoforegon.net**

**District R: www.lionsclubs36r.org**

**District E: www.districtelions.org**

**District G: www.oregonlions36g.org**





## Checking back in on Chile

Long-time readers may remember articles which have highlighted our efforts to pass along the knowledge and resources we have at **Lions VisionGift** to other eye banks and ocular scientists. Of particular interest to this piece are those which told you about some of the foreign surgeons who had been coming to **Lions VisionGift** to receive training in the newest corneal transplant techniques, and to learn how to set-up and operate an eye bank in their countries. Over the course of the past 5 years we've welcomed surgeons from Hong Kong, Canada, Brazil, and two from Chile – and it is one of these two Chilean surgeons which prompts this article.

Dr. Miguel Rio de Amo came to us for a month in the summer of 2011 with the joint goal of training with some of OHSU's most impressive cornea surgeons, but also to learn how he might bring the first eye bank to his home country. In addition to providing mass resources, we also sent representatives to Chile three years ago to address their legislative body in support of Dr. Rio de Amo's goal to create the first eye bank in Chile. In the interceding years, we've continued to support the nascent eye bank located in one hospital in Santiago. That single clinic, in a single hospital, created more cornea donations last year than the entire country of Chile had done in any previous year.

Celebrating this achievement is important in its own right, but we had cause to bring up this eye bank for different reasons based on an Email we received from Dr. Rio de Amo last month – and is associated with the HALO Sterile Tissues line we've been mentioning in this space recently. In short, other parts of the world perform a certain type of corneal surgery (anterior lamellar graft) far more frequently than we do here – and because this procedure doesn't require endothelium, we could potentially utilize the HALO tissues for this purpose – which would be a massive shift in how patients can be treated. To that end, we had sent Dr. Rio de Amo some HALO tissue to familiarize himself with only to receive the following Email – edited for clarity.

"I just want you to know, that yesterday I implanted the Halo that you sent to me. The patient is a female one eye patient, with a severe infection in the cornea and endophthalmitis. We had to remove a previous corneal graft with a cristaline queratitis. It is very rare, and is caused by streptococcus Mitis usually. Also we had to do a posterior vitrectomy, with a transitory prosthetic PMMA cornea, and antibiotic injections intravitreal and to anterior chamber.

Today, the eye looks much better. We are hopeful that probably we can stop the infection, and in a few weeks can do a new corneal graft to rehabilitate vision.

If it happens it will be a tremendous experience for all of us. I am so grateful one more time with you, because I had on my hand that tissue yesterday, and you send it to me just to practice with.

That is the way that life is, everything happens for a reason.

Thank you so much,

Miguel."

***It's nice to revisit the impact we've had on professionals and their patients. Often-times the most effusive thanks we receive are from the surgeons and patients in other countries who without the contributions of our donors here in Oregon, would have very little recourse for saving their sight.***





## ***Lions VisionGift's Donor Family Support Program***

***We have occasionally used this space to tell you some of the grateful recipient stories made possible by the generous gifts of sight provided by donor families. Recipient stories are often the ones that are told more frequently but it's important for us all to remember that there are two stories to every transplant. Lions VisionGift has always prided ourselves on compassionate service to our donor families, both when donation occurs and in the time that follows. It is our sincere hope that our efforts make going through the donation process easier for families, and we'd like to take this opportunity to share with you some of the feedback we've been provided from families in the last couple of months.***

One such example of the impact we carry forward in our dealings came from a letter we received from a donor family last month. The author was the next-of-kin who informed us that she had no idea her sister was registered as a donor, "until we received the heartwarming call from **Lions VisionGift.**" It's important for us to remember that the interactions we have on a daily basis are not 'daily basis' interactions for the people we're speaking with. The next-of-kin's 'heartwarming' description is a simple reminder that how we dedicate ourselves to service makes a huge difference in people's lives. True, it is one line in a letter filled with many poignant sentiments, but we read that line and it reinforces our commitment to making every donor family experience as supportive and easy to navigate as possible.

To this end we have established a very important donor family support program which includes information and follow-up contact from us after the actual donation has occurred. We also help coordinate several events for donor families to meet and share their experiences including monthly 'Coffee Talks' and the biannual 'Donor Recognition Ceremony'. We also coordinate several unique memorial expression opportunities for donor families to pursue.

One aspect of our donor family support program involves the 'Threads of Life' Donor Quilts which are unveiled at Donor Recognition Ceremonies. Included in the mailings to each donor family is a template quilt square. The donor family can decorate the square in any manner they'd like and mail it back to us. These are often very powerful events as donor families from the previous year gather together to celebrate the lives and gifts their loved ones have left. There is always a recipient there to address the crowd, and while the speaker is not a recipient of any of the gifts from the previous year, they do serve as a proxy recipient for these families and are the first contact they've had with a beneficiary of donations like their loved one had made.

***'Remembering Hearts' are another way we try to provide unique support to our families.*** We recently received a phone call someone on behalf of their sister-in-law, who had just lost her father. The caller explained that the next-of-kin had been really down since then passing but that they had just received the 'Remembering Heart' that we sent, and that it had, "made her day". The caller said, through tears, that she thinks we are a great organization and thanked us very much. This was a touching reminder to us all of the huge impact our small gestures really have on our donor families.

## Burns Lions Busy with Youth Programs



On April 5, Lions PDG George Sahlberg and David Allen passed out 73 flags to 1st graders at Slater Elementary School. The following Saturday, April 9, Burns Lions assisted children in building their own bird house, during the annual

John Scharff Waterfowl Festival. All ages were encouraged to participate from the toddler (pictured) to young adults. The next project for the Burns Lions will be the Flyin Breakfast at the Burns Airport on June 4.



*submitted by PDG George Sahlberg*

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## An Act of Kindness



PDG Gerald Hopkins presents  
"Act of Kindness" pin to Mariana  
Tamayo Cruz

PDG Gerald Hopkins recently presented an "Act of Kindness" pin to Mariana Tamayo Cruz during his recent visit to Cuba. Mariana performed several good deeds for Hopkins, including arranging a visit with Dr. Carlos Alzugaray Treto, who serves as the Coordinator of International Strategic Studies. During the same event, Mariana helped Hopkins get back to the hotel in time for a nightly Cuban extravaganza. Hopkins also distributed Lions International magazines to Cuban representatives.

*submitted by PDG Gerald Hopkins*

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## Elgin Lions Select May Student of the Month

Senior Jonathan Flippo was selected as the final Student of the Month by the Elgin Lions. Flippo was born in La Grande and attended Elgin all 12 years of his education. Flippo shared that wood shop, history and body conditioning are his favorite subjects. He has also participated in cross country, basketball and track. Jonathan enjoys the hobbies of running, fishing, swimming and hunting and still manages to maintain a 3.9 GPA. He is co-president of the National Honor Society and president of the Elgin student body. He stated that he loves school and loves the teaching staff because they know the students and "they are very interactive". Jonathan also had praise for the community. "They are a very close knit group and everyone knows what goes on. Everyone

seems to be there for you."

Two days after the close of school, Flippo plans to go to New York and minister to the Jewish community. Following that experience, he plans to attend West Coast Baptist College for a quarter. "Following that I plan to go to a year of Bible College and get grounded in faith."

Jonathan is the son of Steve and Sharon Flippo of Elgin.

*submitted by PDG Gerald Hopkins*





## Crooked River Ranch Volunteers for Annual MS Walk for the Cure

It was a dark and stormy night when 31 members of the Crooked River Ranch Lions



**CRR Striding Lions before the start of the walk**

Club and friends donned their walking shoes and gathered at the park off



**Mary Ellen Potter and Hal and Karen Jamison walk along the Deschutes River**

Columbia Street in Bend. Well, actually, it was a cool, bright, sunny Saturday morning, but I've always wanted to start a story off that way. We gathered with hundreds of other walkers and volunteers for the annual MS Walk for the Cure.

All of us were walking for three of our Club members, Judy Hague, Karen Duke and Joan Johnson, who suffer from MS. Collectively, these ladies have battled MS for over 60 years. "Participating in the walk is a way to honor our friends, Judy, Karen and Joan, who inspire us by demonstrating their courage, tenacity and determination every day," stated Club President Phyllis Carlin.

After a boisterous half hour or so of meeting other walkers, getting signed in and scarfing up bananas, energy bars and coffee, we took our turn getting the team picture and then lined up for the official start. With a big sendoff and bang, we were off to the races, so to speak. With Past President



**An exuberant Carolyn and Irv Ladd and Doug and Keren Reinhart at the finish line**

Ted Carlin (on crutches with a broken ankle) and MS patient and club member Karen Duke hitching a ride on a bicycle rickshaw and Judy Hague and Joan Johnson being pushed in wheelchairs by hubbies Russ and Ben, we all took off down the pathway for the roughly one hour trek winding through the park and over the river and back. We managed the whole trek with only one minor incident and after the walk bid a fond farewell to each other. Most of us went for an after-event lunch at a pub in Redmond and celebrated another successful Crooked River



**Judy Hague and Lions president elect Mark Dearman at the finish line**

Ranch Lions Club project. Maybe some time, we will find something to do on "a dark and stormy night". Who knows, it could happen when we do the Relay for Life in Madras.



**Karen Duke and grandson Jake Duke before the start of the walk**

*submitted by PDG Jim Stagl*



## District O - Northwest - North Coast



### District O Governor Column

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It has been an honor and privilege to serve as your District Governor this past year. I had the privilege to watch as Lions lived the dream that Melvin Jones had one hundred year ago. We are making our communities better places to live through service. This year I got to witness and experience Lions keeping the promise made to Helen Keller in the summer of 1925 to be the "Knights to the blind in a crusade against darkness". We, the Lions, are working to keep this promise here in Oregon and around the world.

Thank you Lions of District 36-O and Lions in our Multiple District for showing me how to be more effective in serving both my fellow Lions and my community. As we move forward for the next one hundred years of service, three things remain important for Lions.

1. Service and support for both community and fellow Lions.
2. Leadership so we, as Lions, are more effective at working together and finding ways to change lives for the better.
3. Membership because new and young members are the lifeblood of our organization. Without new and younger people, we will die out in a generation.

The good news is that the youth and young adults today desire a way to serve others when their efforts make a significant difference in the lives of others. Before they will want to join us in our quest to serve others, we must first believe in ourselves. It is a great day to be a Lion! Each day that we can find a way to serve someone is a good day. It is through serving others that one finds the value of life.

Again, thank you for letting me experience this desire to serve with all of you. When like-minded people work together, we are able to do more. This year's theme, "Dignity, Humanity and Harmony" must continue to guide us as we serve others.

## District R - Willamette Valley - Central Coast



### District R Governor Column

Chuck Blanchard (Joan)

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This will be my last letter for the Oregon Lion. It has been a fun, interesting and sometimes challenging year. Thank you for allowing me to serve as your District Governor. I look forward to having District Governor-Elect Judy take over on July 1. I will stay involved and I will support DG Judy and the Lions clubs in District 36R to the best of my ability.

Final thoughts on Membership: I participated in a webinar on Membership in April. The speakers were a Zone Chair from Virginia and a Club Membership Chair from the Seaside, CA Lions. Each had an important message for our Lions clubs.

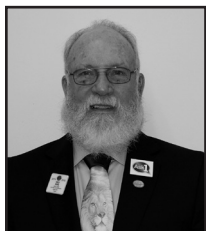
The Zone Chair related how he was asked six times before he finally decided to join his Lions Club. That may seem excessive, but it was worth the effort in his case.

The message: If you have a good prospective Lion, don't ask once and give up if she or he says no. Personal circumstances change. A "No" may turn to "Yes" on the second or third try. If the prospective Lion will be a good addition to your club, make the extra effort to make him or her a member.

The Membership Chair described how his Club made the decision to take one year to do service projects as a way to increase the visibility of his Club. They found as they continued their service project program that more people began to ask about their Lions Club. Then they started to join. The Seaside Lions Club now has 230 members.

The message: Service is how we become visible to our communities. When we do service projects we not only help our communities, we also build our Lions clubs' reputation. Be active. Be visible. Above all, ask people to join you.

## District E - Southern - South Coast



### District E Governor Column

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The Multiple District Convention at Seven Feather's Casino in Canyonville was the best Convention of several we have had at that location. Carol and I had a wonderful time. Wasn't the food great?

We were able to attend the USA/Canada Lions Leadership Forum in Grand Rapids last year and we really enjoyed ourselves. The Forums were great and the presenters were very knowledgeable. It was well worth our time. This year the USA/Canada Lions Leadership Forum is in Omaha, NE. We are looking forward to the Forums. You learn more each time you go and make such great interesting Lion friends. This year is even more special for the Lions of MD36. We will be paying a lot of attention to how the event is run as well as enjoying the Forums. We get to be the host for the next USA/Canada Lions Leadership Forum. The location will be Portland, OR on September 21-23, 2017. We will be talking to Lions all over the world about Portland and signing them up for the 2017 Forum.

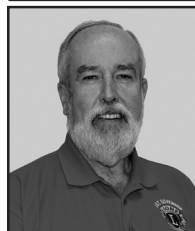
Last year we had quite a few Lions who received their Diplomas from Lions University, which is part of the USA/Canada Lions Leadership Forum, providing training courses in Lionism online. Successfully completing the required courses can lead to a Bachelor's or Master's degree in Lionism. The training is just great. I will be receiving a Bachelor's degree and if I can complete the rest of the required courses, in time, I will receive the Master's degree. I encourage all Lions to utilize Lions University courses to improve their knowledge of Lionism.

Lions will be 100 years old on June 2017. We will be busy between now and then with many projects. One project is preparing panels for floats to be used in parades throughout Oregon. We all need to send photos to PDG Sharon Rollins who will use these on the float panels. Action photos should reflect the three areas of service: Environment, Youth and Hunger. Vision pictures will be provided by OLSHF. Each District will have its own set of panels and should coordinate with their Centennial Coordinator for best results.

Our term as District Governors is over at the end of June 2016. I have had a wonderful time meeting with so many wonderful Lions and all the clubs in 36-E. I learned a lot about different service projects and fundraisers used to provide money to do these service projects. What a great bunch of Lions! Although my term as DG will be over, that doesn't mean I will be going away. I will continue to be available to Lions clubs in 36-E and to assist District Governor Elect Carol Brink wherever she asks me to serve.

Waves of Lionism

## District G - Central - Eastern Oregon



### District G Governor Column

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Time flies as the year as District Governor enters its last full month. Club visitations are about over, with second and third visits being welcome and fulfilling. Seeing the progress that clubs are making, that healthy new leadership is being welcomed by many and that new and exciting activities and projects loom on the horizon, all make Lions better at representing a positive force in their communities. Additionally, our new District Governor for the Centennial Year – 2016-2017 – Judith Poage is ready to lead, especially once her 'education' has been completed in Japan at the LCI Convention.

I want to take time to acknowledge all our District leaders – the Committee Chairs, the Region and Zone Chairs, our PDGs, Club Presidents, Secretaries and Treasurers – all doing a magnificent job making District G Clubs and District the best in the state. Reflecting on our Convention – what a joy and, as well, an unusual but great place to hold a meeting! To all that helped make my year one to long cherish and remember – THANKS!!

When you read this little ditty, the MD36 Convention will be a memory, the year's Cabinet meetings completed and all we are left to ponder is 'what's next?' A new year looms and more become involved in our Lions activities. Perhaps the year will give us new clubs, new Leos and new opportunities to make District G a better place to live work and play. I, for one, will not let up – nor simply fade into the woodwork. We have the Centennial Celebrations to work on – to create a Legacy Project in every community and club, all the while having fun and celebrating our 100 Year Anniversary.

On a more personal note, I will again host Youth Exchanges from different countries – perhaps a Finnish boy, someone from Slovakia, a German and even one from the Netherlands. It will start in late June and go onward through the end of September! So – look out Oregon – we're gonna travel and celebrate our own state's great hospitality along the way. Will even do some work around the old homestead and do what needs done with my Lions Club – the EyeOpeners, with our 4<sup>th</sup> of July Parade and Fireworks, with cooking for a car show, the August Families in the Park and even the WAAAM Fly In air show. A trip to Omaha is in the works for September and then perhaps a trip to see friends in Europe! And they say retirement is for quiet times and relaxation! I wouldn't know how to do that – and it would not be fulfilling. So – on to more life and my trusty mutt – Tucker will be with me most of the time! Lastly – may the powers be with you and may your dreams all become realities!

## You, Me and Diabetes!

Hello Everyone,

As you are reviewing this article, you will come to the realization that this is the final Diabetes article for the Lions Year 2015-16. I sincerely hope the material I have selected for your learning and enjoyment has been of assistance in your quest for healthy living while dealing with the adversary diabetes. There are times when we tend to weaken in our efforts to live with or eradicate this ever persistent and unwanted intruder in our lives, but persist we must or suffer the consequences. Following is a great article about why we cannot allow this to happen on a regular basis and how we can keep negative thoughts from taking over our thought process. Enjoy.

### **Proof Positive ~ Are negative thoughts taking over your mind?**

**By: Gina Shaw**

“What good is losing a couple of pounds? I need to lose 50!” “I never manage to get to the gym. It’s useless.” “I just don’t have enough willpower to stick to healthy eating.”

Do these sound like things you’ve said to yourself lately? Negative self-talk is something everyone does. But for people with diabetes, it’s much more common, says John Zrebiec, LICSW, Director of Behavioral Health at Joslin Diabetes Center in Boston. “We’ve found that people with diabetes tend to describe themselves in much more negative ways than people who don’t have diabetes. ‘I’m lazy. I don’t have any self-control. I just keep making bad choices.’”

You can muffle that critical inner voice using techniques from a form of therapy called cognitive behavioral therapy (CBT). “How you think translates into how you act, so CBT focuses on changing how people think about something in order to act more positively,” says Zrebiec, a licensed independent clinical social worker.

Start by identifying the kinds of negative thoughts you typically have, and what they do.

**All-or-nothing thinking.** These kinds of thoughts frame your experiences and behavior as totally good or totally bad (usually bad). Maybe you ate really well for a few weeks, and then you gave in at the office holiday party and overindulged. “I was doing great and then that one party completely ruined it!”

**Moral judgments, or “blaming and shaming.”** When you don’t measure up to your expectations, you think you’re a “bad person.” “I should be able to eat right and go to the gym every day. I’m a smart person. There must be something wrong with me since I can’t do this.”

**Rationalization.** These thoughts can be seductive – you talk yourself out of the behavior you know you need to pursue. “I can’t exercise right now. I’m too busy to go to the gym. But I’ll start walking outside as soon as the weather warms up.”

Once you recognize negative thought patterns, start talking back to yourself in a different way. Ask yourself: Is this thought true? Is this thought logical? Where did I learn this thought? Does this thought help me reach my goal?

“Look at what the evidence tells you about the answers to these questions,” Zrebiec says. “Instead of judging yourself harshly or painting things in black and white, you can begin to recognize that you’re not a ‘failure’ every time you slip, and focus on doing better next time. The more you practice this, the more you’ll be able to learn to act in a smart and positive way, even when you have these negative thoughts.”

*Reprint from Answers at Walgreens*

“A quitter never wins! A winner never quits!”

*MD36 Diabetes Chairman PCC Charlie Tate*



## Baker City Lions Finish Radio Days Campaign

The Baker City Lions recently completed their Radio Days of 2016, netting \$7,700 for community activities. Lion members formed teams to compete for the greatest number of ads sold. Members also participated in the airing of ads on the local station. Each business could purchase from one to 15+ ads. By the end of the program, each ad will be aired numerous times.

Winning Team 4, under the leadership of Gregg Hinrichsen, collected a total of \$2,360. Team 1, captained by Debby Ray collected \$1,330, Team 2, chaired by Blake Marlia, garnered in \$2,220, and Team 3, directed by Mark Bogart, took in \$1,370.

PDG Dee Stubblefield added that the Baker City Lions are also coordinating with the City of Baker to repair and replace the time and weather worn wooden structure within the gazebo in Geiser-Pollman Park. The gazebo did get a freshening paint job over the past year. Electrical outlets will be placed in the structure to accommodate seasonal decorations.

PDG Stubblefield added that future planning includes the Miners Jubilee with breakfast in the park, as well as the annual "National Nite Out," celebrating a drug-free community. During the 2015 year, the Lions cooked over 700 hamburgers for the event.

*submitted by PDG Gerald Hopkins*

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## Elgin Chamber President Is Lions Guest

President of the Elgin Chamber of Commerce, Lori Kimbol, was a recent guest at the Elgin Lions meeting. Introduced by the President, Bob Thomas described Lori as "full of enthusiasm and very energetic about sharing information on Elgin."

Kimbol outlined some of the community projects including barrels for flower displays, hanging plants around the businesses, walking pamphlet for tours of the city, tourism grants, and city cleanup on May 21. Kimbol also attended the Oregon Governor's Tourism conference and shared information about the Opera House and Eagle Cap Excursions. "There is a travel group of riders coming to take the train and view a production at the Opera House. These riders will share information in national publications." Kimbol has also been responsible for the "Destination Elgin" newspaper, which has been sent throughout the state.



*submitted by PDG Gerald Hopkins*

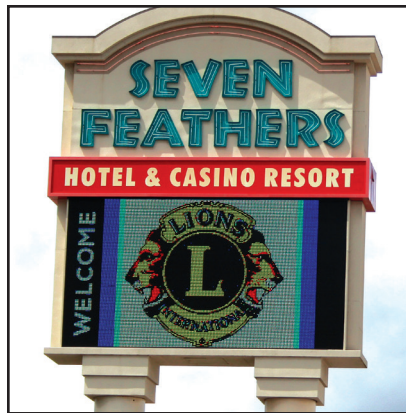


## Past District Governor Receives Certificate of Appreciation

PDG Gerald Hopkins was recently awarded a Certificate of Appreciation from Past International President Joe Preston for dedication to furthering the purposes of the Lion Appreciation Award. The award was presented by DG Paul Zastrow.

*submitted by PDG Gerald Hopkins*





Seven Feathers Resort & Casino welcomed the Lions of MD36 with open wings



PID Sunny Pulley and ID Rod Wright

## Convention Highlights Seven Feathers 2016

(Thank you Lion Henry Miller for providing the convention photos)



Long table of baskets for the MD36 Raffle



New hire (l) Leah Hawes will be the Executive Secretary when Glynis retires on June 30



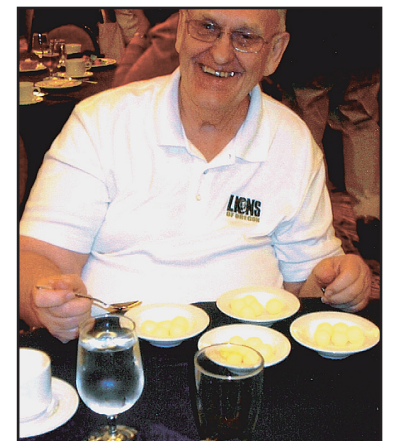
The Color Guard presentation was by The Cow Creek Tribe of Umpqua Indians



OLSHF Luncheon Parade of Checks



Story Board Display



(above) Who's buttering up whom? Lions from two tables placed their butter in front of PDG Gerald Hopkins, then kidded him about "stealing" all the butter

Photo by PDG George Sahlberg

### President Leadership Award Winners

- #1 (l-r) ID Rod Wright, Areta Schock, PID Sunny Pulley and Council Chair Chuck La Tourrette
- #2 (l-r) ID Rod Wright, PDG Red Rowley and PID Sunny Pulley
- #3 (l-r) 1st VDG Bert Diamond, ID Rod Wright and PID Sunny Pulley



#1



#2



#3



Incoming DGs practiced their skit prior to the Grand Performance before attendees with musician 1st VDG Bert Diamond



(l-r) 1st VDG Judy Kauffman presented a Melvin Jones Fellowship to retiring Executive Secretary Glynis Beyerlin. The award was made possible by personal and club donations

Council Vice Chair PDG Brad King made his acceptance speech thanking attendees for his nomination as Council Chair-Elect for 2017-2018





## District G's Cabinet Meeting

According to DG Paul Zastrow, the most pressing issue at the District G Cabinet meeting was a special election for the second Vice District Governor for 2016-2017. Due to health issues,



Phyllis Carlin unanimously selected to be  
2nd VDG for District G for 2016-2017

Dave Driggers, of the La Pine Club, was unable to fulfill those duties. PDG Gerald Hopkins presented the name of Phyllis Carlin, Crooked River Ranch Lions, as meeting the qualifications and interested in accepting the position. A unanimous ballot was cast for Phyllis by the group.

DG Zastrow noted there was just two months remaining for the Lion Year, and then the new District Governor will lead the group into the Lion Centennial Celebration. Although some Lion clubs have dropped, DG Zastrow pointed out that the year was very positive and, as of March, the District shows a growth of two members. Cabinet members provided suggestions of possible new clubs for the District. DG Zastrow praised Tim McGlothlin of the Dalles Club for chairing an outstanding District meeting at the Discovery Center.

DG Zastrow encouraged members to assist with Canine Services and indicated that the District will be hosting several young men from Europe this summer. He encouraged Lions to be positive about growth in the Youth Exchange program.

Vice District Governor Judith Poage has also visited a majority of the clubs. "I have met energetic, enthusiastic

and tireless Lions from Huntington to Bend. Your fundraising activities included the Prineville July Fly In, Island City Hog Wild Days-including a pig train, the Enterprise-Joseph Outdoor Recreation Gear Swap, The Dalles Car Show and Cherry Festival, Hood River parking management at the third annual Cider Festival, Elgin car show and improvement of parks by the Huntington and Wallowa Lions."

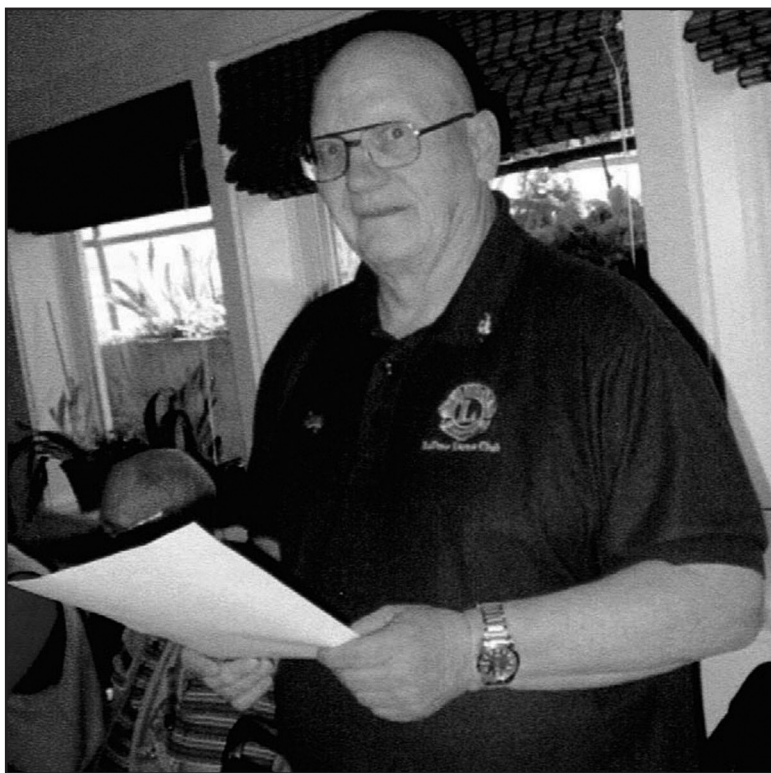
Poage also lauded McGlothlin, saying "Lion Timothy McGlothlin was

creative, organized and the perfect Convention chair. He gets my Lion-of-the-Year vote."



(l-r) DG Paul Zastrow, 1st VDG Judith Poage and 2nd VDG Debi Castor

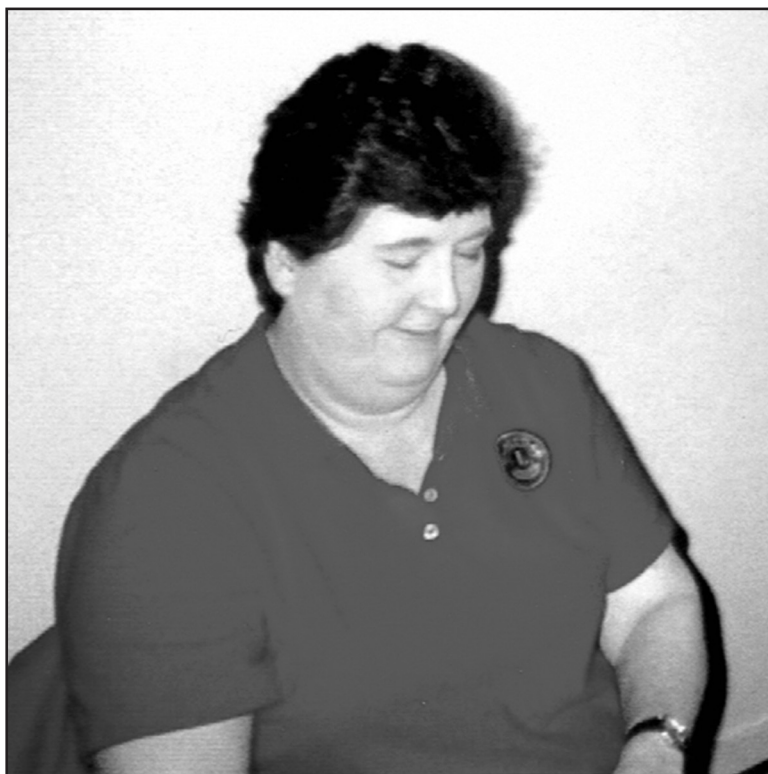




**Gary Mose of La Pine Lions Club**

Reports of club and zone activities were shared by all those present. One such report from Gary Mose of the La Pine Lions said that a second Leo was sworn in at the April 13 dinner. "Leos are actively recruiting new members and two more ROTC members are interested in becoming Leos. The principal of the high school has also shown an interest in becoming a Lion, as well as assisting with the Leo Club." Mose said that the club concession Trailer will be completed by May. "We are actively seeking new members and expect to reach my goal of 50 members by June 30. Word is getting around the community that the La Pine Lions are on the move and doing great things for our community."

*submitted by PDG Gerald Hopkins*



**Awards Chair, Kristen Harmon, outlined the responses to the awards and some changes for the coming year**

# OREGON LIONS SIGHT & HEARING FOUNDATION



**Carleene Iverson**  
Chair

## All Good Things Come To An End

As I wind down my year as OLSHF Chair I'm amazed at the impact that our Foundation has on so many people in need. Most MD36 Lions are aware that OLSHF provides sight and hearing services for Oregonians and northern Californians but having a "front row seat" for the past 12 months has

helped me learn so much more about the Foundation. For example, did you know that:

- **Over 100,000 pair of used eyeglasses have been collected by MD36 Lions this year, and that our Lions Eyeglass Recycling Center - one of 19 world-wide - will make available and distribute over 60,000 of these eyeglasses to developing countries around the world?**

- **We now have 35 ophthalmologists on our Lions Mission Cataract team, offering to provide cataract surgery to people in need in YOUR community, at absolutely no charge?**

- **The new Lions Eyeglass Assistance Program (LEAP) optical finishing lab has over 30 optometrists working with over 40 MD36 Lions Clubs to provide brand new eyeglasses to people we help at**

affordable prices? One Lions Club that I know of is saving over \$100 every time they use the LEAP Lab!

- **Our ROAR! Hearing Aid program is able to restore the world of sound to those unable to afford new hearing aids.** Nationwide less than 20% of those that need hearing aids actually have them, most likely due the high cost. People we help are able to receive refurbished and even new hearing aids valued at up to \$2,500.

- **The amazing MHSP school screenings that Lions Clubs help to provide will screen over 180,000 children in Oregon schools this year.** We've built the largest program of its kind in the U.S. and using our state of the art Welch-Allyn SPOT devices no one is screening children in schools as effectively and efficiently as OLSHF and the Lions of MD36.

And here's something else I've also learned and am asking that you help to do something about it.

***In 2015-16 less than 50% of our Lions Clubs made a financial contribution to the Foundation, compared to the 100% of Lions Clubs support that we had back in the early days of the Foundation.***

Please do what you can to be sure that your Lions Club supports the Foundation in 2016-17, and help us continue to "keep the promise" made to Helen Keller back in 1925.



**Doug Thompson**  
Executive Director

## You Ain't Seen Nothing Yet!

Please forgive the grammar of the headline, but do you remember the 1970's Bachman Turner Overdrive hit song by the same name? Well, as amazing as our MHSP school vision screening has been this year - **over 180,000 students screened in ONE school year!** - I can't help but hum this

tune as we look forward to the future of vision screenings in Oregon and northern California schools.

The reality is that to achieve our "2020 Vision" of all Oregon students K-8 receiving vision screenings, we need to generate new funding sources. We've pretty much hit the ceiling in the level of funding that we can raise each year from the private sector and we now look to the State of Oregon for public funding to make the 2020 Vision a reality. With the passage of HB 3000 a few years back the state

has now mandated that a child must have a vision screening or an eye exam by age 7. Our strategy to ask Oregon legislators to fund this mandate starts now as we prepare a Bill for the 2017 Legislative session.

**And you can help: First, mark Thursday, March 16th on your calendar for Lions Day at the Capitol.** On this day Oregon Lions will rally on the front steps of the Capitol in Salem and visit with our elected legislative leaders. The Foundation will prepare Lions how to express the need for this funding and why it makes sense to fund vision screenings that help young people see better and have a better chance to be successful in school. You can also contact me now at [doug@olshf.org](mailto:doug@olshf.org) to let me know if you have contacts in the legislature or if you're willing to help advocate for this important legislation. Together, we can make this happen and achieve our 2020 Vision.

I hope you'll agree that screening 180,000 students is pretty great, but as BTO sang...  
"You Ain't Seen Nothing Yet!"

# GIFTS & MEMORIALS

## Supporters

### Lion Sentinel: \$1,000-\$2,499

Canby Lions Club  
Oregon Dept of Revenue  
CharitableCheckoff  
Roseburg Lions Breakfast Club  
Yachats Lions Club

### Lion Tamer: \$500-\$999

McMinnville Lions Club

### Lion Patron: \$100-\$499

Cedar Hills Sunset Lions Club  
Gene Christian  
Oregon Dept of Transportation (ODOT)  
Rockaway Lions Club  
Lester M. Troyer  
Teresa Zimmerman

### Lion Donor: Up to \$99

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Kroger  
Ronald & Charlene Larsen  
Raema Jean Manning  
Fred & Helen McNaughton  
Nestucca Valley Lions Club  
Vernonia Lions Club  
West Linn Riverview Lions Club

## Memorials

### In Memory of Marie Etchison

Hank Calhoun  
St. Helens Lions Club

### In Memory of Norman Frisbie

Elinor N. Olin

### In Memory of PDG Don Ivie

Lions Past District Governors Association

### In Memory of Harvey Jobe

Central Lions Club

### In Memory of Mike Mahoney

Roseburg Lions Breakfast Club

### In Memory of PDG Harold Pickrell

Keno Lions Club  
Linda Ficken  
Lions Past District Governors Association

### In Memory of Marilyn Smith

Andrew & Kelly Asbra

## PRIDE Donors

(Recurring Donors)

Raymond Andrieu  
Brenda Anderson  
John Anderson  
Rod & Debbie Bach  
Charles Blanchard  
Carol & Doug Brink

## PRIDE Donors (cont.)

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Paul Zastrow

## MHSP Sponsors

Capitol Auto Group  
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Enterprise Joseph Lions Club  
Fairlawn Good Samaritan Senior Living  
Grants Pass Redwood Lions Club  
Heron Creek/Riverbend  
Hillsboro Lions Club  
Kids Unlimited  
Lakeview Lions Club  
Legal Aid Services of Oregon  
North Marion Schools  
River Road Elementary  
Southern Oregon Lions Sight & Hearing Center  
St. Andrew's Nativity School  
St. Elizabeth Ann Seton Catholic Church  
Three Rivers School District

## LEAP Lab Accounts

(Recently Established)

Beavercreek Lions Club  
Langois Lions Club  
St. Helens Lions Club  
The Dalles Lions Club

## Golf Tournament Sponsors

Douglas Wrenn Fiala  
John L. Pedersen

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Contributions listed include gifts received 4/16/16 to 5/15/16 only. Every effort is made to ensure this list is accurate. We appreciate you bringing corrections to our attention by emailing [Info@OLSHF.org](mailto:Info@OLSHF.org).



## GIFTS & MEMORIALS (CONT.)

### *Keep the Promise Campaign Supporters (cont.)*

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Stacy Smith  
Thomas & Paula Hilgers

## LEAP LAB PARTNERS WITH KEX KIDS FUND



Thanks to our partnership with KEX Kids Fund, the LEAP Lab can reach more children (like... in these photos) who need new glasses.

With KEX Kids Fund support, together we are establishing a cost-effective system to help providers access the LEAP Lab and offer a more child-friendly approach to dispensing eyeglasses with colorful frame kits and fun frame choices.

Currently **90 KEX providers** serve approximately **600 children** on a yearly basis.



# MULTIPLE DISTRICT 36 STATE CONVENTION



Doug catches up with OLSHF Past Chair and Foundation Hall of Fame member George Sahlberg at MD36 Convention in Canyonville.

LEAP Lab Director Kelly Asbra invites MD36 Lions to take the **Sightless Challenge**, while taking the Challenge herself during the OLSHF Luncheon in Canyonville.

To learn more about raising awareness and support for our vision programs go to <http://www.ols hf.org/sightlesschallenge/>

## Lions Are All In!

MD36 Convention

May 12-14, 2016

Seven Feathers - Canyonville



Peggy Costanzo proudly presents the contribution from her Milwaukie Lions Club during the OLSHF Parade of Checks at the 2016 MD36 Convention in Canyonville on May 13th. **Thank you to all the Clubs that participated in the Parade of Checks!**

Thanks to those clubs who were not able to attend the luncheon but still mailed their contributions in!

**It's never too late to support your Foundation!**

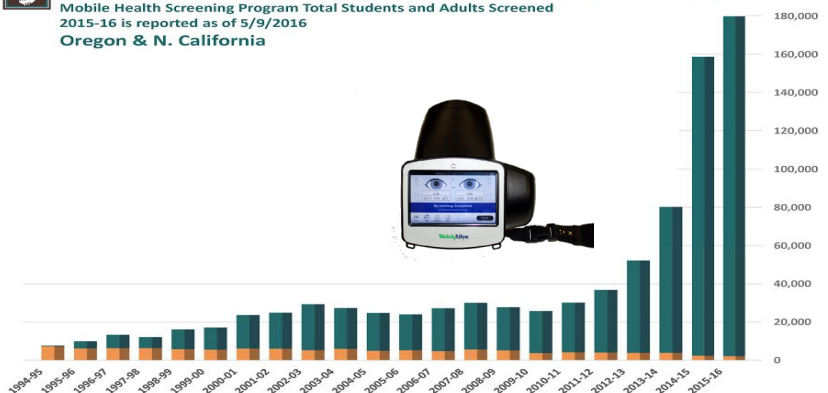
# MHSP SCHOOL SCREENINGS



Oregon Lions Sight & Hearing Foundation  
Mobile Health Screening Program Total Students and Adults Screened  
2015-16 is reported as of 5/9/2016  
Oregon & N. California

Community School

As the school year nears its end we're proud to share that **MD36 Lions and OLSHF will screen over 182,000 students this year!**



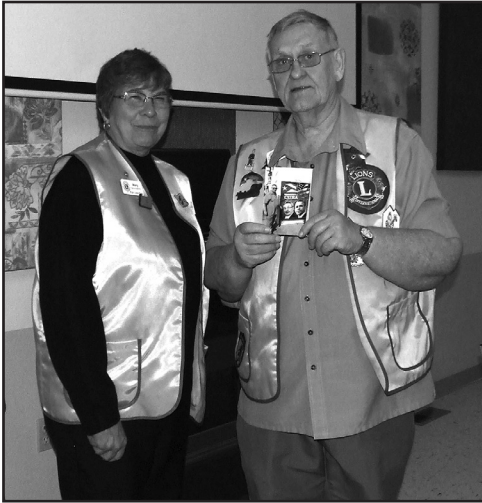
# THANK YOU MID-COLUMBIA LIONS FOLLIES!



2016 marked the **40th year** that Trudy Tallman and Bev Bridgewater have dedicated themselves to the Mid-Columbia Lions Follies. OLSHF is so grateful to Trudy and Bev and to all cast members over the years that have made the Follies an annual tradition in Hood River. Amazingly, over the years **the Follies have raised over \$350,000 for the Oregon Lions Sight & Hearing Foundation!**



## Elgin Lions Activities



Lions Gerald and Mary Hopkins share a photo of a banner found throughout the city of Havana, Cuba. The large poster shows a picture of Raul Castro and President Obama after the President's recent visit. Gerald and Mary shared information from the seven day trip to the Elgin Lions.



Kay Durham receives the first Centennial Award in the Elgin Club for sponsoring a Lion who has been in the membership over a year. Presenting the Award is Secretary Jared Rogers.

*photos submitted by PDG Gerald Hopkins*

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## Incoming Multiple District 36 Executive Secretary



I enjoyed meeting many of you at the Annual Convention in May. I am delighted to become the Executive Secretary for MD36 in July and I thought I would give a quick introduction.

I graduated from the University of Oregon in 1988 with a Bachelor of Arts degree. I double majored in Psychology and Human Services with an emphasis in Children, Youth and Families. I also have an Associates degree in Legal Procedures.

Most of my career has been as a legal assistant. Turning 50, I wanted to change gears and I began looking for a job within a helpful organization that had a creative component and a variety of responsibilities... And, here we are.

I look forward to getting to know more Lions over the years and to working for such a serving organization.



# Lions Night at PK Park



## Eugene Downtown Lions Club



## Fundraiser for Sight and Hearing Assistance

### *Eugene Emeralds vs Salem-Keizer Volcanoes*

**7:05 pm Tuesday, July 26, 2016**

Gates open at 6:05 pm

For tickets and more information. Please contact:

Lion Wes Reynolds: [wesl.reynolds@gmail.com](mailto:wesl.reynolds@gmail.com)

Hello Friends, for a second year, the Eugene Downtown Lions Club is hosting a fundraiser at a Eugene Emeralds game. On Tuesday evening, July 26, the Ems will play the Volcanoes. We have bought a block of 100 tickets behind the home team dugout. I have the tickets now and can sell them to you for just \$11 each. Thanks to the Ems' generosity we will get to add \$4 as a fundraiser for Sight and Hearing assistance for each ticket sold. Please let me know if you or someone you know in the Eugene-Springfield area would like to enjoy the game with us. When we get this first block of 100 tickets sold, we will place another order. Either way just email me back and thanks for all you do.

*Wes Reynolds, Past President,  
Eugene Downtown Lions Club*

## Storytelling --- OLSHF Programs --- Board Retreat

*(stories provided by Board members of the Oregon Lions Sight & Hearing Foundation)*

Greg's livelihood is out on the sea, a commercial fisherman. Without clear vision, he can't weather a storm, steer his boat or earn a living. Greg couldn't afford new glasses with his updated prescription. He was struggling to survive, until Lions and the Lions Eyeglass Assistance Program (LEAP) brought him hope in the form of tailor-made glasses that Katie created on-site at OLSHF's headquarters in Portland. After a follow-up fitting, Greg received his new glasses and could safely get back on board his boat. He's thankful and so pleased to be the first recipient of eyeglasses created by the LEAP Optical Finishing Lab!



***"I am very grateful for my new eyeglasses; they make such a difference for me. Thank you and I hope you'll be able to help others just like me!"***

---



***"I hope you will help us keep the promise to support vision screening so children like my daughter Paige don't slip through the cracks."***

Like many parents, Karen worried about her 10 year old daughter Paige's performance in school. She thought she was doing all the right things to make sure her daughter thrived in school and in life. But for years Paige's vision issues slipped through the cracks, her parents unaware.

In the past, during traditional eye chart screenings with the school nurse, Paige "cheated", using her strong eye to read the letters and then recite from memory with her weak eye. So her vision problem worsened as did her ability to succeed in school.

But this year, Oregon Lions Sight & Hearing Foundation's Mobile Health Screening Program (MHSP) staff screened at Paige's elementary school. They brought digital SPOT photo screening devices that quickly, accurately and objectively detect potential vision issues in children.

*more testimonials ... page 23*

## Storytelling ... cont'd

Mike had cobbled together his previous pair of glasses with lots of duct tape. He struggles with Multiple Sclerosis which causes him to have light sensitivity and a need for transition lenses. His condition of large angle exotropia requires 10 diopters prism in each eye. A pair of glasses to correct Mike's vision would cost, at the very least, \$580 (at retail value with plastic lenses and a budget frame). The cost would increase with adding transition lenses. Our LEAP Lab can make his glasses and only charge the Beaverton Lions Club \$65.

---

William received help through the Lions Low Vision Clinic after his family relocated to Oregon from California. His mom, Carin, shared that our clinic is the first one William has ever attended. "Dr. Lowery and Dan [his teacher] took much time and consideration in assessing William." This assessment helps him better learn to his potential.

Ryder, a Salem-Keizer 3rd-grade student, was born with congenital cataracts. So far in his short life, Ryder had 7 eye surgeries to help correct his condition of aphakia (the absence of a lens in the eye). He must wear contacts and expensive aphakic glasses to correct this condition and his compromised vision. Prior to receiving help through MHSP and the KEX Kids Fund, Ryder wore outdated glasses and struggled, often tripping at school because of the limited vision. His mom said Ryder's life is like living in a fish bowl. Now Ryder has new aphakic glasses with a current prescription. His teacher reports that he happily wears them and is adjusting quite well.

---

Twelve year old Alejandra received sight saving surgery for her retinopathy condition at Devers Eye Clinic and received excellent follow up care. Through the Seaside School District Nurse, Alejandra's family applied to the Patient Care Program. Alejandra is now doing well and soon she will receive her new glasses.

---

## Island City Lions Go Hog Wild

The Island City Lions founded their Club in 1971 and now the Hog Wild Days are a major project of the Club. The Hogs have gone wild for 38 years according to Chair Lion Al Weathermon. "The event started with a handful of vendors and a few tables," according to Lion Al, "and after that they had a discussion about how they wanted to keep this going. Somebody said, 'Let's invite everybody.' That's how it got its name."



Lions Delores and Al Weathermon with  
Island City Pig Train

The three-day festival now features over 100 vendors, a parade and barbecue dinner. Hog Wild Days continue to grow. "Last year we had the largest parade ever," Weathermon said. "John Tolan does a great job every year putting that together." Judging from comments, the weather played a cooperating part in increasing attendance and participation. The National Guard served as the color guard for the parade.

A barbecue pork dinner at the Island Avenue School kicked off the event. The dinner included not only pork, but baked beans, macaroni salad, cole slaw,

garlic bread, desserts and drinks. A Saturday breakfast at the fire station provided an all-you-can-eat sausage, pancake and egg breakfast. The Island City Pig Train has also been a familiar sight during the three days. Weaving in and out of the designated grounds, children have been able to enjoy a ride during the past 17 years.

The Island City Club has screened students and provided glasses for those in need, provided scholarships, Christmas shopping for kids and Christmas meals to the less fortunate as a part of the funding received from the three-day event.

*submitted by PDG Gerald Hopkins*



## Eugene Downtown Lions Crab and Auction was Fun for All and Profitable Too

The Eugene Downtown Lions Club celebrated "One Jazzy Crab Feed" with a silent auction, an oral auction and a wine raffle on Thursday evening April 28. Over 100 Lions, spouses and guests enjoyed the tasty crab, side dishes, and yummy



Lions and guests enjoyed a great meal and lots of conversation

desserts. This year it was again a potluck with the members providing their own salads and desserts. Congratulations go to Lions Sharon Newton, Norma Barbisan and Joan Vaughan once again for organizing such a great event and having everything go perfectly. Lion Gene Gustafson did his usual outstanding job of urging everyone to buy tickets for the wine raffle with his now famous line "20 for \$20." He made sure

those with the winning tickets got their pick from the many bags of high quality wine. Lion Ed Gear MC'd the evening and helped pick the wine raffle winners.



Lion Adam Schulz proved he is a master auctioneer

Lion Adam Schulz demonstrated his auctioneering skills by pitting bidders against each other for the auction items. One Jazzy Vacation was the World of Vacation Internationale, donated by Lion Ralph Robinson, which included a two-week stay in two bedroom accommodations at any one of several locations in Hawaii, Florida, Mexico, Canada or other possible locations in the United States. The value of this item was \$4,000 and the winning bidder was our own Lion Jim Origliosso. Another item was a 100-mile sightseeing trip for two in a Piper Cherokee airplane piloted by the big winner of the evening, Lion Jim Origliosso, with lunch included. Other items up for bid were a

getaway one-night stay for two at Valley River Inn, breakfast included, compliments of the Valley River Inn and Lion Bob Hixson. Of course, thanks goes to the donors of the other oral auction items and the many silent auction items. The silent auction tables were full and the bidding was competitive. A big



Lion Gene Gustafson (r) sold wine raffle tickets and assisted Lion Ed Gear in picking the winners

"Thank You" goes to Lion Ralph Robinson and to those who helped serve the delicious food, everyone who came to the event, to Hop Valley for providing the beer, and especially to the folks at St. Thomas Episcopal Church for letting us once again utilize their gathering room and kitchen. The preliminary net revenue for this year's event was \$11,000 which bettered last year's total. That money goes into the Administrative Fund which pays for the actual operating expenses of the Club as opposed to money raised from our annual raffle that goes 100% back to the community.



Lion Jim Origliosso got a serving of crab



Thanks to (l to r) Lions: Sharon Newton, Joan Vaughan and Norma Barbisan for organizing the event

*submitted by Tim Chuey*