

Serving members of MD36 Oregon and Northern CA

March, 2020 Volume 8/19-20

Remember March is
Membership Focus: Women
& Eye Donor Awareness Month



International Director Steve Thornton with his wife, Becky, being from Wooster, Ohio wanted to take a tour of the Heartfelt House in Springfield, on their way to District 36 R Convention in Corvallis, Oregon.

Watch for the full story in April issue of Oregon Lion.

## La Pine Student Madeline With Her New Glasses



See Story p. 10

#### **ANNIVERSARIES**

March 2020 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

#### March

Cottage Grove	March 13, 1924
Salem West	March 4, 1942
Burns	March 27, 1942
Jacksonville	March 16, 1948
Myrtle Creek	March 18, 1948
Riddle	March 23, 1948
Canyonville	March 24, 1948
Mapleton	March 29, 1950
Portland Lloyd	March 3, 1960
Tualatin	March 6, 1973
Silver Lake	March 6, 1975
Applegate	March 26, 1975
Portland Metro	March 2, 1992
Portland Oaks Bottom	March 27, 2003
Arlington	March 5, 2010

#### April

	APIII
Medford Host	<ul><li>April 7, 1925</li></ul>
Coos Bay	April 6, 1931
McMinnville	April 10, 1940
Gardiner Reedsport	April 19, 1940
Salem Northeast	April 23, 1940
Lakeview	April 3, 1942
Merrill	April 7, 1948
Prospect	April 26, 1948
Pendleton	April 21, 1950
West Linn	April 28, 1953
Roseburg Umpqua	April 14, 1954
Wilsonville	April 17, 1969
Heppner	April 4, 1974
Lakeside	April 8, 1975
Gresham Supper	April 1, 1989
Cave Junction	April 30, 1996
Three Sisters	April 23, 2002
Crescent City	April 25, 2007
Central Linn	April 15, 2010

#### Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.

#### ATTACH YOUR ADDRESS LABEL HERE

Name (pls print):		
New Address:		
City:	State:	_ Zip:_
Former Address:		
Lions Club:		

Mail this entire form to: The Oregon Lion, PO Box 51345, Eugene, OR 97405

#### MONTHLY CALENDARS

#### **MEETINGS**

#### March

- 7 OLSHF Trustee mtg. 9-12, Hood River Adult Cntr. Council of Governor mtg. 1pm, Hood River Adult Cntr
- 12 OLSHF Patient Care Comm. mtg. @ OLSHF Program Services Comm. mtg. @ OLSHF
- 20-21 District E Convention-Bear Hotel, Grants Pass Speaker: ID Judge Shea Nickell & Carolyn Watson (KY)
- 22 District E Cab. mtg., 9am-noon, Bear Hotel
- 30 SOLSHC Board mtg. @ 5:30pm

#### **April**

- 9 OLSHF Patient Care Comm. mtg. @ OLSHF Program Services Comm. mtg. @ OLSHF
- 11 District O Cab. mtg., 10am-1pm @ Oral Hull
- 24-25 District G Convention Comm. Cntr., La Pine Speaker: ID Mark Lyons and Carolyn CT
- 27 SOLSHC Board mtg. @ 5:30pm

#### **EVENTS**

#### March

10 The *Oregon Lion* deadline (for April issue) **April** 

- 2 Keep the Promise Breakfast -- Eugene
- 6 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave., NE @6pm
- 10 The *Oregon Lion* deadline (for May issue)
- 16 Keep the Promise Breakfast -- Salem



The Oregon Lion Website: www.md36lionsclubs.org

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## **Council Chair News**



**Sharon Rollins** 

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Spouse: Dale Rollins

#### **Creating Harmony Through Service**

This week, I had fun taking a walk down memory lane with a friend. Many of you are of an age to remember a fun kids' magazine called "Highlights" and that was what was shared. "Highlights" came once a month, and it was so much fun to read the articles and stories and do the puzzles – but the best was a cartoon called "Goofus and Gallant". Goofus was a boy who just couldn't get things right, whether by intent or accident; Gallant was, as the name implies, an always good kid who made the right choices.

Using the "Goofus and Gallant" idea, let's think about our Lions clubs for a minute. If a club decides to ignore the fresh idea for a service project or fundraiser brought to it by a new member of a club, using the old adage "We've always done it our way," that's being Goofus. Inviting that new member to develop the fresh idea and involve those who are interested, Lions members yet or not, is being Gallant.

Deciding that attracting new members to the club would change things just too much, so keeping the club in its staid and shrinking state, that's being Goofus. Reaching out to the community through a needs assessment survey, finding a new and needed community project and asking folks to join together in that project while having fun together doing it, that's being Gallant. And how about exploring new methods of membership, such as a Cyber branch or whole new Cyber club? Even more like Gallant!

Declining to offer a service requested by a community member, such as an eye exam and glasses or a hearing exam and hearing aid(s), because that person speaks a language that no one in your club understands, that's being Goofus! Reaching out to a community contact with translation skills (such as OLSHF), and thus being able to help that community member with needs, that is really being like Gallant!

As Lions, we're living in communities that are ever more diverse – and all of our neighbors deserve the same attention and care when the need arises. I love to read the articles in the Oregon Lion submitted by clubs who want to share their outreach into their extended communities. Keep up the excellent work, Lions of MD 36!

We're Lions and WE SERVE! Council Chair Sharon

#### **Directory Corrections**

- p. 49 Bend/Sunrise Secretary John Pasma has passed away.
- p. 49 Bend/Sunrise Lion Tammie Beck-Korn is new Secretary. Contact info: 60292
   Arcapaho Ln., Bend, OR 97702
   C) 541.915.2244 ~tammie.beck@yahoo.com
- p. 49 Enterprise-Joseph has new Secretary:
   Andrea Leuders, 207 NE 2nd St.
   Enterprise, OR 97828 R) 541.263.1188
   ~andielue@gmail.com
- p. 95 Jaffer, Majduddin "Mo", PCC passed away.
- p.107 Shaner, Mildred has new cell of 541.429.8772 and she no longer has email

Club Officer Reporting Form
(aka Form PU101)
Due to LCI by May 15, 2019
Please prioritize getting this completed and submitted to LCI
as is critical for MD36 annual directory to be completed

(PU101 is on pages 20-21 of this issue for your convenience)

#### **District O** - Northwest - North Coast



**District O Governor Column** Terry Bowman

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 bow64man@hotmail.com Spouse: LuLu Bowman

#### The wonderful world of District 36 -O

Many clubs have great events and are growing: however, I want to pick out two that I think warrant recognition. Tillamook Lions are almost two years old but have a level of achievement that is worth knowing about. They park cars at the fair and have good resources to fund service work in Tillamook that is really appreciated. They followed St. Helens lead on collecting plastic for Trex Decking and have earned two benches to place around the city with a Lions plaque. St. Helens has 13 benches. Tillamook Lions have toy and food events for the Christmas season, collect many used glasses, work with other clubs in their events and send members to convention. Lion President Andrea works at the Fiber Credit Union and runs a great meeting and will be emcee at District O's Convention.

Amity Lions are the target for a very ambitious membership drive spearheaded by a great Zone Chair Ed Glad. Ed is going way outside the box in persuading five area clubs to be involved with this event to learn new ideas and ways to attract members. They are planning a parade and a dinner to target key people in the area that hopefully will bring in new members. Lion Ed also is using text messaging for planning meetings since they cover a large geographical area. This type of communication works great plus there is always a written record of who will do what duty. Ed organized a great plan and now I would like all to jump aboard and make this a success. This is how we will learn to expand other clubs. This is our future.

Respectfully, Terry Bowman District Governor 36-O

#### District R - Willamette Valley - Central Coas



**District R Governor Column** Steve Moser

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· mosermob08@gmail.com Spouse: Liane Moser

I begin my message this month with a heavy heart as I write a note about the passing of a "Great Lion". Majduddin Mohamed "Mo" Jaffer passed on February 8, 2020. Just a few of his many ways he impacted Lions include being District Governor, Past Council Chair, Chair of the Oregon Lions Sight and Hearing Foundation, OLSHF Hall of Fame Member. Helen Keller and Melvin Jones Fellow to name a few and last my sponsor into Lions. "Mo" said to me at my retirement lunch from Polk County Fire District #1, "You know what retirement means right". "No", I responded. "You can now eat your dessert first anytime you want". Think about that the next you have dessert.

On Saturday, February 8, we had our District R Convention in Corvallis. Nearly 100 Lions from the district and around the state attended. Our speaker was International Director Steven Thornton and his wife Becky. Upon their arrival on Friday we arranged a tour of the Heartfelt House in Springfield. This is an amazing project for the community and the state that allows families to stay close to loved ones when they are in the hospital. A part of the funding was made possible by a matching grant from LCIF that was spearheaded by PID Ed Gear.

My next point is that any club thinking about a project should look on the LCIF website and see if you can apply for a grant that the governor has to sign. I know him and he will sign anything to help you serve your community.

March is focused on Women in Lions and Eye Donor Awareness. Also mark your calendar for the Keep the Promise Breakfasts in Eugene on April 2 and in Salem on April 16. We need your help as we get table hosts for these special events in support of our Lions Sight and Hearing Foundation.

As things get busy in the spring and our weather gets warmer and the days get longer, remember "Have Fun".

DG Steve

#### District E - Southern - South Coast



## **District E Governor Column**Bob Chaney

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Spouse: Karrie Chaney

#### **Countdown to Convention**

Here it is the first of March and we are on the downward side of the Lions year and headed to convention! However, there is a problem because the message is not getting through that we want your Lions stories. Many of you have approached me and told me your story but you have not sent them to me. We are drawing near to the convention and we need to have those stories, not only for the Guiding Lamp competition, but more importantly so we can include them in our book and get those heartfelt moments out to the rest of the world. Secondly, we need entries in all of the district contests. Carol Swesso has done a great job, along with Carrie Bartley on the Multiple District level of getting the information out there now all we need is our Lions clubs to turn in some entries.

On the www.md36lionsclubs.org website there is a MD36 Awards section which details information on the awards manual and the contest check sheets. If you have an entry for Facebook page, website, Instagram page, and/or digital media you need to email them to Carol Swesso at cswesso@msn.com by March 7. Email her a PDF (she can print) or bring a hard copy to the **convention.** If you have an entry for bulletin newsletter, brochure and/or flyer (ALL clubs probably have a flyer that can be submitted), you MUST bring a hard-copy to be judged the day-of the convention. Storyboards MUST be **NEW** showcasing the current International Presidents theme: Greater Good Through Diversity. For PR Award, please bring supporting documentation for this as well as for Community & Cultural Award and Club Partnership Award. It would be nice to have at least one entry in each category to submit to the MD contest.

As for District E convention itself, it will be a great time of fellowship and learning. Our International guest is International Director Judge Shea Nickell. So, sign up now!

The last subject I would like to touch on is membership. We are struggling with membership and it continues to decline unless we as Lions make it turn around by simply bringing in one new member each for the year. Think about that. We all know someone who would benefit from being a Lion. It could be a family member or close friend or even a co-worker or just an acquaintance. All we need to do is offer them the opportunity to experience Lionism for themselves. If we do this then I know we will Continue to Rock the Roar throughout 36E and beyond.

See you at convention.

#### District G - Central - Eastern Oregon



## **District G Governor Column**Gary Mose

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Spouse: Sue Mose

We continue to prepare for our District 36 G Convention April 24-25 at the La Pine Park and Recreation Community Building. Friday night is Casino Night. There'll be a silent auction to raise funds for childhood cancer. Members from the La Pine business community will be invited to join us on that night for lots of food, fun and festivities. As we finalize our speaker and breakout session schedule we will send out additional updates. Convention discount rates with our lodging partners have expired. Hopefully you've already made your reservations. Get your convention registrations in soon as the deadline for discounted registration is April 3. Convention registration deadline is April 17.

February 7 saw massive flooding in Pendleton and outlying areas. As of February 11, 450 homes were destroyed or badly damaged, and sadly one person lost their life. The cleanup and repair will be a long term effort. I'm calling all Lions in 36G and around the state to help when and where they can. I've been working on obtaining disaster assistance through LCIF, multiple local emergency agencies and MD 36 Lions Alert Team Chair, Charlene Larsen on this unfortunate disaster. Much work and cleanup is needed in the weeks to come and volunteers are needed to help with this process. I plan to visit the disaster areas and will be giving an updated report in my April newsletter. I will also be sending updated reports to our club Presidents. Please keep everyone impacted by this disaster in your prayers.

February 7-8 I attended District R Governor Steve Moser's Convention in Corvallis. It was a pleasure to meet International Director Steve Thornton and hear him speak. Thank you, DG Steve, for a great convention.

I was pleased to receive a call from Enterprise-Joseph Lions Club President Jerold Hustafa during a recent club meeting. This impromptu conference call was a great way to keep them updated on current conditions related to the flooding. I welcome all clubs to consider and utilize this method of communication. The distances between our clubs keep us apart more than we'd like. Staying in communication is difficult but a critical part of keeping clubs moving forward in our district. Thanks Jerold I enjoyed it. Also thanks to the work you do with the youth. If any other clubs are interested in utilizing this method of long-distance communication to hear what's happening around our district, please call me. An impromptu call is always welcome.

I'm very pleased to announce The Wall of Healing, the replica of the Vietnam Memorial Wall will be in La Pine from October 7-10, 2020. La Pine was the only city in Oregon selected to host the wall in 2020. We are very proud of our local Band of Brothers and community partners for making this happen. We are looking for volunteers to fill positions during the event. (SEE p. 15)

New membership growth for January and February is a plus 12. We're working with the Odell Lioness Club to become a formal branch club of the Odell Lions. That's What It's All About DG Gary

#### Lake Oswego 6th-Grader Advances to in Lions International

Lake Oswego Lion Sharon Rollins, our MD36 Council of Governors Chair, was excited to announce that 6th-grade student, Jorie Liang of Lake Oswego Junior High School created a poster that took her through the local, district and multidistrict levels of competition and on her way to becoming an internationally recognized artist competing at the international level among more than 450,000 entries submitted worldwide in the annual Lions International Peace Poster Contest. Lions Clubs International is sponsoring the program to emphasize the importance of world peace to young people everywhere.



Jorie receives certificate and \$50 check

As her family, art teacher and others shared Lake Oswego Lions Club's celebration on December 18, 2019, Liang received her first certificate of achievement and cash prize for winning at the club level. "'Peace is our gift to each other', a quote of Elie Weasel, was the inspiration for my poster," the 11-year-old said. "I love rhythmic gymnastics and work at least 14 hours a week, but I also love art and worked on my poster every minute I could right up to the deadline for turning it into Mrs. Owen," she added.

Lake Oswego Lions Club President Diane Mead said, "Seeing the 70 posters that were submitted into this competition at the local level from two art classes at Lake Oswego Junior High School, I am impressed by the expression and creativity of these students. It is obvious that these young people have strong ideas about what peace means to them. I'm so proud that we were able to provide them with the opportunity to share their visions. We are happy that Jorie's poster has advanced to the international level of competition," Mead said.

As she was presented with a certificate of appreciation for her leadership in this contest, the art teacher, Debra Owen said, "I sincerely appreciate your help again this year in making this wonderful Peace Poster project a success. It's so important to help young minds understand the journey of peace and how we can work together to make our world a better place. I look forward to working with you and the LO Lion's Club next school year!" The mission of Lake Oswego Junior High is to inspire and empower students to safely grow into healthy adolescents, critical thinkers, deep learners, respectful citizens, experienced leaders and creative artists with necessary educational and technical skills that will prepare them for success in high school, college, and career.



Jorie's family. Story continued on page 7

#### **International Level Competition Peace Poster Contest**

"Our club is cheering for Jorie and her wonderful poster. We hope that her vision will ultimately be shared with others around the world. We are hoping to see her receive additional recognition at our upcoming District Convention in Hillsboro on February 28-29, our Multiple District Convention in Canyonville in May and possibly the special award ceremony for the International winner as well," Lake Oswego Lions Club Peace Poster Chair, Bonnie Roeder, said.



Winning Poster by Jorie Liang



One international grand prize winner and 23 merit award winners will be selected. The grand prize includes a cash award of \$5,000 plus a trip for the winner and two family members to a special award ceremony. The 23 merit award winners will each receive a certificate and a cash award of \$500.



CC Sharon Rollins with Jorie Liang.

What a wonderful opportunity for Lions clubs to help serve the youth in our community! Plan to sponsor next year's Lions International Peace Poster Contest "Peace Through Service" in a local school or organized, sponsored youth group in your area next year! You can order kits from the Club Supplies Sales Department at International Headquarters now through October 1, 2020.

Order at: https://bit.ly/2xvR5yT

submitted by Bonnie Roeder District 36-O Peace Poster Chair bonnieroeder@comcast.net Phone: 503-655-1538



## Why We "LVG"!



#### **Authenticity: We act with integrity and humility.**

We encourage openness and value honest feedback between each other and our partners. We are open to personal change and have a genuine curiosity to learn from those around us. We approach each interaction as a learning opportunity. Everyone has something to teach.

#### **Innovation:** We create positive change in the world.

We look beyond the present and seek ethical, forward thinking solutions to challenges that may come. Whether through research to find the next treatment for an ocular disease or the pursuit of day to day efficiencies, we are driven to surpass what has already been achieved.

#### Stewardship: We take the long view.

LVG wants to have impact today, tomorrow and long into the future. As such, we consider how our resources are responsibly managed and the long-term effect of new initiatives.

#### Unity: Without you, what I do doesn't matter.

We treat one another with respect and communicate openly. There is no part of our organization that can survive without the others. We express thankfulness and gratitude. What we accomplish together is much more than any of us could do on our own.

#### Service: We focus on those we serve.

We serve passionately! Grieving families, donation partners, the ophthalmic community, and our peers at LVG rely on our work. We build bonds of trust by satisfying our partner's needs first and incorporating their voice whenever possible.

submitted by Matt Webber

#### Silent Epidemic

#### **KETOACIDOSIS**

Diabetic ketoacidosis is a serious complication of diabetes that occurs when your body produces high levels of blood acids called ketones because your body can't produce enough insulin. Without enough insulin, your body begins to break down fat as fuel. This process produces a buildup of acids in the bloodstream called ketones, eventually leading to diabetic ketoacidosis if untreated.

If you have or are at risk of diabetes, learn the warning sighs of ketoacidosis. The signs and symptoms often develop quickly, sometimes within 24 hours. For some, these signs and symptom may be the first indication of having diabetes.

#### **Symptoms**

- Excessive thirst \* Frequent urination \* Nausea and vomiting \* Abdominal pain
- Weakness or fatigue \* Shortness of breath \* Fruity-scented breath \* Confusion

More-specific signs of diabetic ketoacidosis – which can be detected through home blood and urine testing kits – include:

• High blood sugar level (hyperglycemia) \* High ketone levels in your urine

#### **Causes**

Sugar is a main source of energy for the cells that make our muscles and other tissues and normally, insulin helps sugar enter your cells. Without enough insulin, our body can't use sugar properly for energy. This prompts the release of hormones that break down fat as fuel, which produces acids known as ketones. Excess ketones build up in the blood and eventually "spill over" into the urine.

Diabetic Ketoacidosis is usually triggered by:

- An illness. Infection or illness can cause your body to produce higher levels of certain hormones, such as adrenaline or cortisol. These hormones counter the effect of insulin, sometimes triggering an episode of diabetic ketoacidosis. Pneumonia and urinary tract infections are common culprits.
- **Insulin therapy problem.** Missed insulin treatments or inadequate insulin therapy can leave you with to little insulin in your system, triggering diabetic ketoacidosis.
- **Physical or emotional trauma** \* Heart attack \* Alcohol or drug abuse, cocaine \* Certain medications, such as corticosteroids and some diuretics.

Whose at Risk is highest with TYPE 1 Diabetes and Frequently miss insulin doses. Uncommonly, can occur if you have TYPE 2 diabetes and in some cases may be the first sign you have diabetes. If untreated attacks the liver, kidneys and other internal organs.

Mayo Clinic

Diabetic Ketoacidosis, Symptom & Causes

submitted by PDG Garry Charbonneau, MD36 Diabetes Chair

#### **Madeline Brader and Her Glasses**



Madeline with her new glasses

Young Madeline Brader received glasses for the first time recently and a whole new world opened up for her. Her mother, Stacie Brader of La Pine, didn't realize her daughter couldn't see until the school notified her of Madeline's results from the vision screening conducted by the La Pine Lions Club.

Stacie says, "Be still my heart. My beautiful Madeline, with her new glasses. It brought tears to my eyes, to see the way she reacted to her glasses. I had no idea she couldn't see. She looked around in wonder and awe. She can see dimensions and textures now. She says the world looks different. Isn't she even more gorgeous?!"

Lion Lanelle Bennett who was a La Pine Lion until moving to Oregon City, says, "Great job, La Pine Lions Club!!!"

submitted by Penny Gordon

#### A Busy 2019 for the French Prairie Lions

DG Terry challenged the French Prairie Lions Club to "grow through service to your community," during his official visitation in early January. He talked about projects that might help the club.

During the meeting the club reviewed its year to date and made plans for the remainder of the year. "This is something we do each year," Lion Sue Jaggers, Club President, stated. It has been a busy year for the club with a school supply drive in the late summer followed by a toy drive in the fall. Over 1,900 toys were collected for the "Love Santa" program of North Marion County. This number is twice as large as last year. The club's early fundraiser, the Community Service Raffle, was dedicated to support the toy drive.

Membership Chair Lulu Bowman also talked to the club about building membership. She left materials with the club, plus a number of ideas for adding to the membership roll. The club plans on a membership drive in March and April.



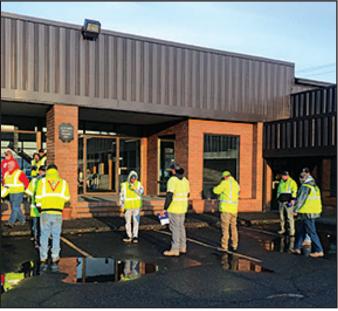
DG Terry Bowman presents French Prairie Lions Club member Matt Jaggers with a "Think outside the box."

submitted by PDG Jim Jaggers

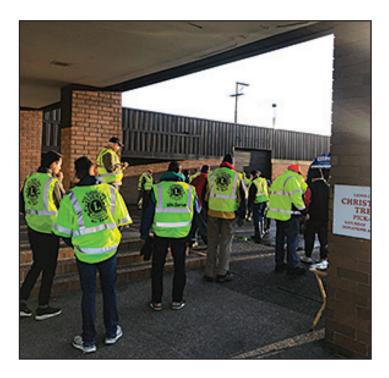
#### 2020 Christmas Tree Pickup by The Dalles Lions Club

The Dalles Lions Club with huge help from The Dalles Disposal completed our annual Christmas Tree Pickup. Thanks go out to all who helped, Lion Bill Hamilton (program chair), Lion Jim Winterbottom (Dalles Disposal) and Big Jim's that provided free food for all helpers. We had 31 volunteers which included Lions club members, The Dalles Disposal employees and community volunteers.





In total we had 6 garbage trucks along with a half dozen members in individual pickups. We started at 9:00 AM and were done by 1:00 PM, although Lion Bill Hamilton will be picking up trees that were missed for the next week or so. We ask that everyone put their tree out on the curb by 8:30 AM but of course there are always some that forget and then see or hear about the event after we have already come through their neighborhood.



This is an annual event for The Dalles Lions Club that was started in 1972 and has raised over \$75,000 since we started. The funds are used in our mission of sight assistance and service to our community.

submitted by Mike Kilkenny

#### **King City Lions**

The King City Lions Club has been hosting twice-monthly bingo tournaments for so many years that the regular volunteers can't even remember exactly when the club took over running the game after the King City Civic Association dropped out. The program generates some serious money for the club, making about \$6,000 annually or \$500 a month. The bingo games – held on the first Monday and third Thursday of each month – take place in the banquet room in King City Civic Association Clubhouse, where each evening, Lion volunteers greet players and sell them bingo



As bingo players come in the door, King City Lions Club
President Cindy Nemec (right) helps them
select their game sheets.

to make money." King City Lions Club
Treasurer Mary Thibert and Club President
Cindy Nemec have been running the game
for several years as well as dealing with
logistical issues as they arise. Sometimes
the board goes dark and "we have to hand
count," Nemec said. "It happened last time.
We replace a lot of light bulbs. There is a
company in Vancouver (Washington) that
still sells the bingo sheets and repairs the
equipment, but they can usually talk us
through the problem."

sheets, with a complete packet costing \$13 and more sheets available throughout the evening. There is a \$500 progressive jackpot on the last blackout of the night. And if guests bring in one or more pair of eyeglasses, they get \$1 off. "I've been doing this for five years," said Lion volunteer Elizabeth Lengyel, who distributes the tickets. "I like to meet people."

Some of the volunteers play bingo after the guests are seated and the game begins. Lion volunteer Jeannine Shelledy said that she participates because she pursues "any chance



King City Lions Club Treasurer Mary Thibert (second from right) takes bingo players' payments while Lion Elizabeth Lengyel (far right) hands out raffle tickets.

Continued on page 13

#### Club Bingo

Most of the regular players come ready to play with their color daubers enclosed in bingo bags, which are specialized pouches with pockets around the outside to hold the daubers. Thibert, an accomplished seamstress, makes and sells bingo bags at the games and the club sells daubers.

As the numbers are called out against the soft rattle of the balls spinning in the bingo machine, there is sometimes a community groan when someone calls out "Bingo," but it is all in good fun.

There are two callers each evening. The regulars are Marge Conroy and Nancy Walter on the first Monday and Marlene Christensen and Julie Wilson on the third Thursday - one before and one after the break, when the guests can purchase cookies and coffee. During a break at one recent game, Mary McConnel, who has been playing bingo in King City for about five years, said that she won \$500 the month



Rena Chapel comes ready to play every time with her bingo bag that she purchased from Lion Mary Thibert, who makes them.

before. "That was my first big win," she said. "I don't win often. That was quite a surprise!"



Marge Conroy, who is one of four regular bingo callers each month, has helped the Lions by calling the bingo games for about 10 years.

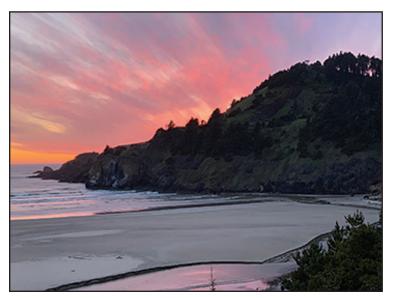


Some King City Lions Club members, including Jeanne Harshfield (front left), play bingo along with dozens of community members.

The players range in age from their 20s on up to seniors who enjoy a night out and the opportunity to have fun and maybe make some money. And King City Lions Club members love hosting a fun event while also raising money for their community-service projects.

#### **Quality Photos for MD-36 Scenery/Nature Photo Contest**

Amazingly beautiful and quality photos keep pouring in for the MD-36 Scenery/Nature Photo contest. Please keep them coming. The deadline to have them to me is April 1st. Not many rules for this. Photo taken by a Lion in Oregon and no photo-shopping.



A beautiful, scenic ocean photo entered by a MD-36 Lion.

Four Central Oregon photographers will be the judges this year to get the entries down to the Top Five. If anyone else would like to be a photo judge just email me. The judging will probably take place about April 7 or 8 at Crooked River Ranch.

At the MD-36 Convention in Canvonville in May 2020, all attendees will vote by tickets for the Best Photo of the five. There is a nice 1st Place prize and recognition for the top 5 finalists. All photo entries will be displayed at Canyonville and Lions will be able to purchase these photos by silent auction.

All photos entered so far will be displayed at the upcoming District Conventions.

submitted by Ted Carlin, MD 36 Environmental Committee Chairperson 541-604-4054; vptcarliln@yahoo.com 16355 SW Chinook Dr. Terrebonne. OR 97760

#### St. Helens Lions Host District Leaders

District Governor Lion Terry Bowman and Regional Chair Lion Lulu Bowman attended the January 20 meeting of the St. Helens Lions Club. With great enthusiasm, they both shared information which is very pertinent to our club and District 36-O. It is always fun to see and spend time with people as dedicated to Lions and to growing our organization as are Lions Terry and Lulu. Our club thanks them for making the long trek from Rockaway Beach to St. Helens to be with us.

While here, DG Terry helped present the OLSHF Vision and Fellowship Award to St. Helens Lion Kathy Syrstad. Lion Kathy serves as our Program Chair and also chairs the plastics recycling and McCormick Park maintenance projects for our club. In 2019, she logged an average of 43 service

hours per month!





submitted by Jim Syrstad

#### The Wall That Heals



The La Pine Lions Club is pleased to announce that *The Wall That Heals*, is coming to La Pine in October 2020. La Pine was the only city in Oregon to be selected to host *The Wall* in 2020. Early in 2019. The La Pine Band of Brothers began work on bringing The Wall to La Pine. Because of the large financial commitment required in bringing *The Wall* to our town, \$20,000, the La Pine Lions were among many business partners who stepped up to help. The La Pine Band of Brothers is coordinating the volunteer effort. We are seeking volunteers from Lions clubs around the state to help with the setup, information and take down. Set up takes place on October 6. Tear down on October 10. The Wall will be on display from October 7-10, 2020. Please share this information with other Lions, family, friends and co-workers. If you are interested in volunteering at this event, please contact Michelle Hoffman, 970-389-3939. You do NOT need to be a Veteran or a Lion to volunteer! You may sign up for as many shifts as you like. Volunteers are needed for the following days/times:

Wed. - Oct 6: 8am-12pm 35-40 ABLE BODIED to help set up *The Wall That Heals (TWTH)* Wed.- Oct 6 Shifts: 2-6pm and 5-9 pm

Thurs. - Sat. -Oct 7, 8 & 9: shifts: 7-11am, 9-12pm, 11-2pm, 12-3pm, 2-5pm, 3-6pm, 5-8pm, 6-9pm Sunday- Oct 10 shifts: 7-11am, 9-12pm, 11-2pm

Sunday – Oct 10: beginning at 2 I need 35-40 ABLE BODIED to help take down and pack up TWTH.

The Wall That Heals exhibit features a three-quarter scale replica of the Vietnam Veterans Memorial in Washington, D.C. The replica is 375 feet in length and stands 7.5 feet high at its tallest point. Visitors experience *The Wall* rising above them as they walk towards the apex, a key feature of the design of The Wall in D.C.

Like the original memorial, *The Wall That Heals* is erected in a chevron-shape and visitors can do name rubbings of individual service member's names on *The Wall*. The replica is constructed of Avonite, a synthetic granite, and its 140 numbered panels are -supported by an aluminum frame. Machine engraving of the more than 58,000 names along with modern LED lighting provide readability of The Wall day and night.

As on The Wall, the names on The Wall That Heals are listed by day of casualty. Beginning at the center/apex, the names start on the East Wall (right-hand side) working their way out to the end of that wing, picking up again at the far end of the West Wall (left-hand side) and working their way back in to the center/apex, joining the beginning and end of the conflict at the center.

To learn more go to https://www.vvmf.org/The-Wall-That-Heals/





#### Please Join the PRIDE

Hank Calhoun Board Chair Doug Thompson Executive Director



All quality nonprofit organizations conduct an annual fundraising campaign to generate financial support and maintain program operations - you may have heard of our "Keep the Promise" campaign - KTP campaign for short.

Our KTP campaign kicks off on April 2nd at the Valley River Inn in Eugene and will include KTP events in Salem on April 16th, Portland on May 6th, and Roseburg on June 5th. We encourage you to attend one of these events if possible and by contacting Info@olshf.org you can receive more information on what these great events are all about.

Even if you cannot make it to one of these events, you can still help OLSHF "keep the promise" of addressing preventable blindness and hearing loss by joining our PRIDE monthly recurring donor program. We have over 160 PRIDE members and most of them very much appreciate being able to make a manageable monthly donation that adds up to a pretty significant gift over the course of the year. But don't take it from us, here's what some of our PRIDE members are saying:

- Phyllis and Ted Carlin: "The more we know of the Foundation, the more we are convinced that the programs
  are changing lives for the better. We're pleased to support the work of the Foundation by making a monthly
  recurring donation to the PRIDE program."
- Sharon and Dale Rollins: "We believe in the work of the Foundation and found that the PRIDE monthly recurring gift program works great for us."
- **Paula and Tom Hilgers:** "OLSHF does such amazing work so we wanted to play at least a small part in helping with that work in the future. Although our PRIDE contributions are modest, they are regular, which helps the Foundation manage their budget."
- **Garry Charbonneau:** "I strongly believe and support our Foundation and the path that OLSHF is taking to keep the promise that Lions made to Helen Keller. For me, joining the PRIDE monthly recurring gift program was the best way for me to help those in need of sight and hearing issues and in supporting the Foundation's optical finishing lab."

Many, like Garry, choose to designate which OLSHF program directly benefits from their PRIDE gift. And all PRIDE members know that 100% of their gift supports Foundation programs and that all gifts are multiplied in value due to our discounted and donated services provided by our health care partners.

Want to join the PRIDE? Visit our website at olshf.org/pride/ OR contact Nick at Nick@olshf.org or (503) 413-7399.



## **GIFTS & MEMORIALS**

Contributions list includes gifts received January 16, 2019 to February 15, 2020. Thank you to each and every donor and supporter! If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

Lion Heart - \$5,000-9,999 Ernie Karlson KEX Kids Fund Estate of Walter James Patke

**Lion Sentinel - \$1,000-2,499** Estacada LC

Lion Tamer - \$500-999 Enterprise Joseph LC

Lion Patron - \$100-499
Rod & Debbie Bach
Penny Bradley
Russell Chase
Halfway LC
Brad & Laura King
Myrtle Point LC
Stanley & Catherine
Stewart
The Benevity
Community Impact
Fund
Doug Thompson

**Lion Donor - Up to \$99** Luella Amerson Brenda & Nathaniel Anderson Andrew & Kelly Asbra Matt Avery Dale & Judith Bachman Rene Baumgartner Darrell & Lanell Bennett Gail & Seymour Black Charles Blanchard Roxeanne Boose Cheryl & Stephen Brewster Bev Bridgewater Tracy Brown & Nic Lambeth Sherry Burkhart Acosta Gerald Caldwell Phyllis & Edward Carlin James Cech Robert & Karrie Chaney Garry Charbonneau Becky & Mel Clark Rogér Davidson Bertram Diamond & Nancy Verstegen John Drake & Kelly Hobson Mary Fechtel Harlan Geigle Edward Glad Pauline & Robert Goyette Johń & Vicki Hamstreet Sandra Hanneman Tom & Edmunda Harding Patty Lou Harrison Dan'ny Hawkes Lynne & Donald Heller Thomas & Paula Hilgers Craig Jackson & Judy Havens Patricia Jaffer

Jim & Sue Jaggers

James Jensen
Debbie Kane
Judy & William
Kauffman
Alice Keister
Yvette King
Diane & John Landon
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Carolyn Layson
Nicole Mandarano &
John Salois
Don Markle
Elaine Marsh
Katherine Mast
Steve & Liane Moser

John Salois
Don Markle
Elaine Marsh
Katherine Mast
Steve & Liane Moser
Karen & Gene Norton
Bill Nourse
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Kathryn & Danny Otero
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Alder Rhodes
Penny & David Rich
Dale & Sharon Rollins
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School Vision Screening Sponsors Camas Valley School Pleasant Hill SD Sherwood SD

ROAR! Program Supporters District 36 O Lions Eyeglass & Hearing Aid Task Force Elgin LC Eugene Bethel LC Klamath Audiology

Community Event Supporters Alexandra Gecewich Hood River Eye Openers

Salem Free Clinics

#### **MEMORIALS**

**In Memory of Alan True Axtell**Cynthia Robbins

In Memory of Bob Lloyd Salem Northeast LC

In Memory of Fred
Dewey

Arthur & Gail Abbott Gresham Breakfast LC

In Memory of Lois Honstead Estacada LC

In Memory of Marshall Goodwin Nadene Duffield George Giovas Jenice Goodwin Sara Goodwin

In Memory of William "Harry" Burmeister
Central LC

PRIDE (Recurring Donors)

Arthur & Gail Abbott Brent Adams Luella Amerson Brenda & Nathaniel Anderson John Anderson Kaitlin Anderson Ánderson Andrew & Kelly Asbra Matt Avery Rod & Debbie Bach Dale & Judith Bachman Norma & Gino Barbisan Larry Barnett Carrie & David Bartley Rene Baumgartner Darrell & Lanell Bennett Tiffany Best Gail & Seymour Black Carolee Blatter Roxeanne Boose Terry & Marilou Bowman Penny Bradley Cherýl & Stephen Brewster Bev Bridgewater Carol & Doug Brink Stella Brown Tracy Brown & Nic

Lambeth

Sherry Burkhart-Acosta

Michael Cairns Gerald Caldwell Henry & Lynn Calhoun Kent Calvin & Aruna Aleem Phyllis & Edward Carlin Debi & Tony Castor James Cech Robert & Karrie Chaney Garry Charbonneau Russell Chase Sarah & Thomas Chewerda Becky & Mel Clark Roger Davidson Bertram Diamond & Nancy Verstegen John Drake & Kelly Hobson Mary Fechtel Doróthy Gann Harlan Geigle Edward Glad Pauline & Robert Goyette Jo Hállam John & Vicki Hamstreet Sandra Hanneman Tom & Edmunda Harding Patty Lou Harrison

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Judy & William

Bryan & Patti Longland Hope & Doug Loose John Lowery Nicole Mandarano &

John Salois Jeffrey & Grace Mandel Don Markle Elaine Marsh Katherine Mast David McBride Tom McCann

McNaughton Henry Miller Suzanne & Gary Mose Steve & Liane Moser Sharene Nolan Karen & Gene Norton Bill Nourse

Steven Olson Katie O'Neill Jesse Orozco

Fred & Helen

Kathryn & Danny Otero David Ott Dane & Kathy Parreira Linda Pasma´ Belinda & Dean Petshow John Pfanner III & Susan Pfanner Matt Phillips Keith Price & Denise Lukens Brian Rangitsch Doug & Keren Reinhart Mary Reynolds Melinda, Christopher & Alder Rhodes Penny & David Rich Bonnie Roeder Dale & Sharon Rollins Jean Rotter Lori Rowley Red & Karlá Rowley Derek & Phets Sandell Sammantha Saucedo Bruce Schnieber Rodney Schossow Becky & William Scott Dixie Sexton Ron & Frances Shaw Jerry & Diane Shipman Fran & Dennis Silbernagel Walter Sinclair Irvine & Sherril Smith Steve & Mickey Solcz Carole & James Stagl Linda Stent George Stockinger Steve Studer Dean Surface & Susan Fairchild Carol Swesso James & Kathy Syrstad Trudy Tallman Gloría Tarnasky John Taylor Jane Thomas Doug Thompson Lindă & Steven Thomson Dennis & Judi Tichenor Carrie Tierney Katie & Taylor Torgerson Steve & Mary Tronnes Craig & Cecelia Urbani William Van Vliet Kerith Vance Joan Vaughan

Shirley Vinson

Tiffaný Warren

Crystál & Fred

Whittlinger

Steve Withers

Jadie Wright

Paul Zastrow

Dan & Nancy Wolf

Deidra Youngerman

# 2020 Vision Screening Update - It Takes Just 15 Seconds By Ian Rollins, contributing writer

It takes just 15 seconds to check a child's vision, to determine if the child needs glasses or further eye care.

That 15 seconds can change a child's life. Without the screening, a child with vision problems will likely struggle in school, possibly becoming one of the nearly 20 percent of high school students across Oregon who don't graduate. In fact, a student who can't read at grade level by the end of third grade is 13 times less likely to graduate from high school.

With the screening, the child has a much greater chance to get the vision help that he or she needs, which can lead to success in school. That can lead the child beyond high school graduation to advanced degrees and successful careers, and it can set the child up to become one of your community's future leaders.

The Oregon Lions Sight & Hearing Foundation can do this screening in 15 seconds with vision-testing equipment. In fact, the foundation and its partners can screen an elementary school with 450 students in two hours. But the foundation says it needs help to screen every student across the state.

The Oregon Legislature has mandated that every elementary school student through age 7 across the state have a documented vision screening. The Legislature has incorporated funds within the Oregon Department of Education budget to cover screening for students up to their senior year in high school, with funding priority given to students pre-kindergarten through third grade. The Oregon Department of Education has \$2 million per year for the 2019-2020 and 2020-21 fiscal years for the screenings. The funds cover almost half of Oregon's students through 12th grade, which means the foundation needs further support from the communities it serves across Oregon.

Colt Gill, ODE Director, participated in a recent vision screening in Salem and noted, "Based on the results, some of the students will be heading to the eye doctor. That will set them on a path to learning and being successful in school, so I really appreciate the work."

"Support for vision screening of Oregon students is basically joining the alliance of those working to improve our high school graduation rate here in Oregon," said Doug Thompson, executive director of the foundation. "This is our future workforce so let's equip them now with the tools needed to be successful in life."

The recent foundation screening at Liberty Elementary School in Salem showcased what the foundation can do for elementary school students.

Each class took their turns getting screened, with five Health Career students from Sprague High School using the hand-held screening machines to check the kids' vision. Members of the South Salem Lions Club directed traffic, which moved quickly between the 15-second screenings. The foundation will report the results back to the Salem-Keizer School District which will work with the parents to get eye care to the students who need it.

With local financial support and partnership, the Oregon Lions Sight & Hearing Foundation can reach every student in the state. The foundation is a 501(c)3 nonprofit, with a four-star ranking from Charity Navigator, and due to all administrative expenses being covered by its own long-term investment fund, every dollar raised by the organization directly supports its sight and hearing services.

OLSHF maintains a yearly review with the Better Business Bureau. The organization meets all 20 Standards for Charity Accountability and is a BBB Accredited Charity.

The Foundation can screen a child for \$3.20, which is about 10 percent of the cost in an optometric office. The Department of Education's budget for screenings is enough to cover more than 281,000 students per year, kindergarten through 12th grade, not enough to cover all of Oregon's 582,000 students.

"Your support of the screenings would be used to offset any costs not covered by the state for screenings in your community," Thompson said. "It would also assist with the costs associated with helping the students referred as needing a follow-up exam and new eyeglasses, to receive them."

To support vision screening in Oregon schools, text the word "keep" to 91999.

For more information, contact Doug Thompson at DougT@olshf.org or call the foundation at (503) 413-7399.



South Salem Lion Bruce Schnieber directs traffic at a recent 2020 Vision Screening event at Liberty Elementary in Salem.

## **Upcoming Events - Mark Your Calendar!**

MAR 7	OLSHF Trustee Meeting/Council of Governor's Meeting Hood River Adult Center, Hood River, OR
MAR 20-21	<b>DISTRICT 36-E Convention</b> Evergreen's Bear Hotel, Grant's Pass, Oregon Register by March 5, 2020   md36lionsclubs.org
APR 2	EUGENE Keep the Promise Breakfast Valley River Inn, Eugene, OR 7:00 - 8:30 AM   RSVP: info@OLSHF.org or call 503-413-7399
APR 3-5; 10-12	44th Annual Mid-Columbia Lions Follies Hood River, Oregon Info: facebook.com/lionfollies
APR 16	SALEM Keep the Promise Breakfast Willamette Heritage Center, Salem, OR 7:00 - 8:30 AM   RSVP: info@OLSHF.org or call 503-413-7399
APR 24-25	DISTRICT 36-G Convention La Pine Park & Rec Community Building Register by April 17, 2020   md36lionsclubs.org
MAY 6	PORTLAND Keep the Promise Breakfast Oregon Zoo 7:00 - 8:30 AM   RSVP: info@OLSHF.org or call 503-413-7399

## Turn Your Tax Refund into a Sight and Hearing Investment

Tick tock... Tax Day is fast approaching on April 15th.

Have you filed your federal and state returns yet? If you are expecting a state income tax refund for 2019, we hope you will consider investing it (or a portion) in your Foundation. Donating your tax refund brings needed support to programs like Patient Care, ROAR! Hearing Assistance Program, LEAP Optical Lab, School Vision Screening Program, and the Lions Eyeglass Assistance Program.

Ways your refund dollars will further our mission to screen, treat, save, and restore sight and hearing:

- A new pair of eyeglasses for a person in need, edged in our own Optical Finishing Lab!
- Subsidize the cost of a new surgical process corneal cross linking – that stops the progression of corneal thinning and eventual blindness.
- Support the cost of new or refurbished hearing aids for people in need.

Directing your refund is easy.

- 1. Look for the Charitable Check-off section on your return 2019 Schedule OR-Donate.
- 2. Visit <u>oregon.gov/DOR/forms</u> and search for "Schedule or Donate" to access the form.
- 3. OLSHF is listed under charity code #14. If you are filing electronically, select or enter Oregon Lions Sight & Hearing Foundation.

Thank you for considering to turn your tax return into a gift for someone in need of sight and hearing assistance!



#### URGENT! THIS IS YOUR 2020-2021 LIONS CLUBS OFFICER REPORTING FORM

- Reporting newly elected club officers is extremely important to ensure that the new officers receive the information and material they
  will need for the coming year. You may report the new officers using the MyLCI Website or by mailing this printed form to
  International Headquarters (deadline May 15). Mailing instructions follow.
- Changes in club officers during the fiscal year should be entered in MyLCI or sent to International Headquarters.

CLUB NO.:	NAME OF CLUB:		COUNTRY:		
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Written Signature: The person who submits this information should print	this form, sign below and	fax to 630-571-1687 or mail t	to:	
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Oak Brook, IL 60523-8842 USA				

## The 44th Annual

# LIONS FOLLIES

Presents



APRIL 3, 4, 5, 9, 10, 11, 2020

CURTAIN 7:30 PM - 2:00 PM MATINEE ONLY ON APRIL 5
HOOD RIVER MIDDLE SCHOOL AUDITORIUM

General Admission \$10.00, \$9.00 presale Children \$8.00, \$7.00 presale

Presented for the Oregon Lions Sight and Hearing Foundation

For information contact Trudy at 541-386-2763 or tallmantru@gmail.com

#### Sutherlin Lions and Leos Clubs Plan a Work Party

A January 31, 2020 gathering of the Pride began with feeding the hungry Lions first. Pizza! They had a rather ambitious plan to complete three projects.



Project #1 - Leos Club project was filling gift boxes with fun and essential items to comfort youth entering foster care, especially useful for times they may be sitting and waiting for placement.







Project #3 - Sutherlin's motto is "City of Flags" and Lions display them from the I-5 freeway and all along Central Ave. on federal holidays. Rain or shine they leave the den at 8am and return the flags at 4pm. Here 300+ flags had been cleaned and were being remounted.





Project #2 - Preparing "Flags for First Graders," a fun event coming up in February. Helper is a prospective Leo.



submitted by Emily Blakely

# French Prairie Lions Provide Vision Screening Service

One of the major service projects of the French Prairie Lions Club is to help provide free vision screening for all the students in the North Marion School District. Thanks to the organization and equipment provided by the Oregon Lions Sight and Hearing Foundation, it only takes about 6 hours to screen all the students in the district, according to project chair PDG Jim Jaggers.







The French Prairie Lions Club provided sight screening for students in the North Marion School District. The club works with the North Marion School District to provide screening for all students in the District, Pre-K--12. The number of students with potential sight problems was less this year than in the past two years.

"We have excellent support from the school district and parent volunteers," Jaggers reports. "Various high school clubs provide four students to operate the cameras at each of the schools. This allows the club to screen all students in the district. Parents are also involved, checking in students so no delays occur."

Since organizing as a branch club of St. Helens three years ago, French Prairie has helped provide the free screening. This is one of the major service projects provided to several small communities that French Prairie serves. French Prairie is the historical triangle between Salem, Newberg and Oregon City where Oregon had its beginning in the 1840s. Six different communities are served with Hubbard being the largest.