



Serving members of MD36 Oregon and Northern CA

May, 2019 Volume 10/18-19

Beautiful Late Entries in the MD36 Scenery/Nature Photo Contest



See Story p. 14

District Governor Phyllis Carlin at Ferguson Ski Resort Sailing Through the Year



See Story p. 15

ANNIVERSARIES

May 2019 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

May

Salem Downtown	May 26, 1922
La Grande	May 2, 1929
Mt. Hood	May 11, 1951
Gresham Breakfast	May 6, 1980
Cloverdale/Nestucca	May 6, 1983
Florence-Siuslaw	May 26, 1983
Gold Beach	May 6, 1993
Waldport	May 17, 1993
Elgin	May 23, 1997
Mohawk Valley	May 6, 2003
La Pine	May 24, 2004
Weston McEwen	May 6, 2008

June

Coquille	June 25, 1925
Columbia Gorge	June 29, 1948
Langlois	June 15, 1964
Crooked River Ranch	June 28, 1979
Dallas	June 10, 2003
Woodburn	June 30, 2004
So. Oregon Drifting	June 5, 2014



The Oregon Lion Website:
www.md36lionsclubs.org

THE OREGON LION (USPS No. 119-630) is published monthly for \$7.00 per year (in state); \$8.00 per year (out of state) by Lions Club International, Multiple District 36, PO Box 51345, Eugene, OR 97405. Phone: 541.484.0452

Periodical postage paid at Eugene, OR and additional mailing office.

Postmaster:

Send address changes to: The Oregon Lion, PO Box 51345, Eugene, OR 97405

Magazine Staff:

Leah Hawes, Exec. Secretary

Email: md36lions@comcast.net

MONTHLY CALENDARS

MEETINGS

May

- 2 OLSHF Trustee mtg - Seaside at 9am
Council of Governor mtg - Seaside at 1:30pm
- 8 OLSHF Patient Care Comm. mtg @ OLSHF
Program Serv. Comm. mtg @ OLSHF
- 18 Dist O Cab mtg, 32901 SE Kelso Rd. Boring @10am
Dist R Cab mtg, Yachats, location TBA @9am
- 20 SOLSHC Board mtg. @ 5:30pm

June

- 1 OLSHF Trustee mtg - Portland @ 9am (may change)
- 8 Dist E Cab mtg, Roseburg, Littlebrook @ 10am
- 12 OLSHF Patient Care Comm. mtg @ OLSHF
- 24 SOLSHC Board mtg. @ 5:30pm

EVENTS

May

- 2-5 95th MD36 Convention - Seaside, OR
- 9 Women's Symposium, Riverbend Annex 4-7pm
- 10 The Oregon Lion deadline (for June issue)

June

- 1 Gales Creek Camp Clean Up, 59425 NW Cedarbrook Ln., Gales Creek, OR 9am-noon.
Lunch provided
- 3 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave., NE @ 6pm
- 10 The Oregon Lion deadline (for July-August issue)

July

- 4 Independence Day - Observed - Office Closed

Directory Corrections

p. 44 Roseburg Lions are now meeting Noon, Weekly, Thur., at Chi's Restaurant, 1023 NE Stephens St

Council Chair News



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SOARING BEYOND THE HORIZON AS “WE SERVE”

In our daily lives we set goals. Maybe we don't write them down, but they are there in our minds and our hearts. As young girls we may set that goal to be married and have children, as young men to have our own car. For all of us maybe a goal is to have a specific career. We are told as children and on into adulthood that we can do anything we want. Now under normal circumstances I agree with that, but as was brought to my attention recently, a 250 lb. 6 ft tall man is never going to be jockey if that was his childhood goal. So, I do agree with advocating common sense along with those dreams and goals. When we get into the workforce, again we have goals – maybe to be a CEO or CFO or maybe to have tenure, but whatever it is we set that goal. It isn't written down on paper, but it is there in our mind and our heart.

When we become Lions, we set goals. Maybe it is to be an officer or maybe just to be a volunteer. Did I say JUST be a volunteer? No indeed - What I mean to say is that as a Lion our goal is to follow the Lions motto and serve our community to the best of our ability. Now how we do that takes many forms. Serving as a committee chair, an officer, a committee member, giving money, donating product, setting up a service project are just a few things we can do. And maybe we have those goals written on paper and maybe we don't.

It is always easier to keep sight of our goals when they are written down. Sometimes it is just a list; other times it is a poster or a sign hung on our office or home wall where we see it every day. As a leader we are always tasked with writing down those goals, thus making it easier to set up the necessary steps to achieve them. As we set those goals though, we must remember to make them attainable. How easy to lose sight of the goal if it is so far-fetched that we realize early on that we will not ever be able to reach it. This is not to say that the long term

goal is not reachable, but perhaps we need to concentrate on smaller goals before going after that big one.

And as we strive to reach our goals, we need to take to heart our International President's theme this year and “look beyond the horizon”. Can we get 10 new Lions members in our club this month- well maybe not, but can we get 1 new member every month for ten months- Why Not!!! Can we give \$100 monthly to LCIF, well maybe our budget does not allow for that, but can we give \$10 every month for ten months- Why Not. Set your goals- be realistic, but look beyond the horizon to what you can accomplish and then let yourself “Soar to New Heights” as a Lion.

Are You Moving? Have You Moved?

We need a couple of days to change your address. Please give us your old address, as well as your new one, by attaching a label from a recent issue of The Oregon Lion in the space shown.



Mail entire form to:

The Oregon Lion

PO Box 51345

Eugene, OR 97405

Attach Your Address Label Here

Name (print) _____

New Address _____

City _____ State _____ Zip _____

Old Address _____

Club _____

Club Officer Reporting Form (aka Form PU101)

Due to LCI by May 15, 2019

**Please prioritize getting this
completed and submitted to LCI
as is critical for MD36 annual
directory to be completed**

District O - Northwest - North Coast



District O Governor Column
Dan Wolf

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Greetings my fellow Lions,

Thank you all who attended our Multiple 36 Convention. It was great to see all of you. We had great fellowship, learning and net working with Lions from around the Multiple District.

As we approach summer, I want to ask all of our clubs to be planning a couple of activities for service to your communities and 1 or 2 social events for your clubs to have some fun too. Remember to invite some other Lions Clubs to further more networking and good ole Lions fellowship. These are also excellent occasions to invite a guest, who may be thinking about joining your club, and by all means include families.

We have turned the corner and District O is beginning to grow in membership again. This will help us reach more people in need of our help. Many hands makes light work.

Please consider starting the Peace Poster program in your local schools, clubs and youth groups. This great worldwide contest gets our young folks involved with Lions and lets them hone their creative skills. For a small fee your club can order a Peace Poster Kit and following the directions reach out to lots of kids. Our theme this year is "Journey of Peace". So they follow that theme by drawing and coloring a poster.

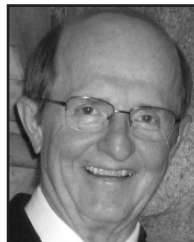
A big Thank You to my Cabinet, my super District O Global Action Team and all of you Lions of District O. I hope you all have a wonderful summer, but don't forget to keep some Lions involvement in your summer activities. By the way, keep wearing that Lions pin you received when you were inducted into the Lions club. If for some reason you have lost track of it, let me know. I have a few spares that I have collected over the years, and I will be glad to share.

I would really like to see all of the Lions clubs send their officers to our Leadership 101 session to be held on June 08, 2019, 08:45 am at the Tigard Methodist Church. We'll start with a meet and greet and a light breakfast for a \$6 donation to pay for the grub. DGE Terry Bowman will reveal his plans for his Governor Year 2019/2020. Following that we will have individual sessions for Club Presidents and Vice Presidents, Secretaries, Treasurers and Zone Chairs. Next will come some input on Membership plans from DGE Terry Bowman, 1st VDG Sheri Young, GMT Lulu Bowman and incoming GMT Dane Parreira. Wrapping it up will be some words from PCC Steve Thompson with his comments on our LCIF. The training event will conclude at 12 Noon sharp.

If you are planning to attend the Leadership session, please RSVP To PDG Sharon Rowlin at: sgrollins@comcast.net as soon as you can. Every Lions club leader is invited, especially new leaders. There have been some changes over the last few years and your leaders need to be aware of what's happening and how you can better serve your club and your community. Leadership 101 posters have been sent out to every club, so get them into the hands of your leadership and encourage them to attend.

Be well my friends, DG Dan.

District R - Willamette Valley - Central Coast



District R Governor Column
Dale Bachman

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I had a unique experience (at least for me) this past week. I was invited to speak at the Springfield Rotary Club by one of my neighbors with whom I work at the University of Oregon track meets. I tried to give the Rotarians a bit of Oregon Lions history. Doing this made me think that maybe some of our own Lions might find a refresher helpful. Most of us know that there are four Districts (O,R,E,G) and that each District has a Governor and two Vice-District Governors, but do you know who they are? Our First Vice-District Governor is Steve Moser from the Central Lions Club and our Second Vice-District Governor is Linda Stent from the Florence-Siuslaw Lions Club (she is also our Cabinet Secretary). Brian Rangitsch from the Salem Downtown Club is our District Treasurer. For District R, PDG Bob Belmont serves as Region Chair. Serving as Zone Chairs in the regions are Dave Fitzgerald, Craig Urbani, Steve Moser, Lynn Coon, Henry Miller, Karen Norton, David O'Kelley, and Linda Stent. District R also has 30 District Committees (one of those, Opportunities for Youth, has five sub-committees). I share this with you for a couple of reasons: 1) to let you know how many Lions have answered the call to serve on these committees and 2) to give a shout-out to those Lions. Incoming District Governor Steve Moser will be reaching out to some of you come July and it is my hope that you will answer his call to serve. For our District to accomplish its goals, it takes all of us working together. I close this month's column with the names of and a huge thank-you to those Lions who serve as committee chairs: Alert: Susan Gartland and Linda Stent; Awards, Honors and Contests: Jadie DeLille and Paula Hilgers; Camp Representative: Bruce Schnieber; Canine Services: Betty Levenhagen and Dale Howard; Conference Planning: Craig Urbani; Constitution & Bylaws: John Hamstreet; Credentials: Mary Fechtel; Diabetes Awareness: PCC Charlie Tate and Rod Taguchi; Environmental: Open; Finance & Budget: Brian Rangitsch; Global Action Team: DG Dale Bachman; Global Leadership Team: PCC Charlie Tate; Global Membership Team: PDG Chuck Blanchard; Global Service Team: PDG Tom Hilgers; Hearing Preservation: Open; International Participation: PCC's Rod Bach and Charlie Tate; International Understanding: PID Ed Gear; Internet Technology: Rod Taguchi; LCIF: PCC Rod Bach; Lions Centennial: PDG Darrell Scott; Lions Heart: Open; Opportunities for Youth: [Leos (Open); Peace Poster (PDG John Hamstreet); Scouting (Matt Matthews); S.M.A.R.T. (PDG Holly Sparks); Youth Exchange (Open)]; Oregon Lion Magazine: PID Ed Gear; Earth Angels: PDG Tom Hilgers; PDG Association: PDG Holly Sparks; Policy Manual: PDG Tom Hilgers; Protocol/Parliamentarian: Craig Urbani; Public Relations: PDG Judy Kauffman; Sight Preservation: Larry Barnett; Tail Twister: Chuck Cook; USA/Canada Leadership Forum: PDG Chuck Blanchard. Our motto is "We Serve" and these Lions go beyond the call to do just that. Thank you all for doing what you do.

District E - Southern - South Coast



District E Governor Column Bryan Longland

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Many Lions in District-E know that my wife has been down with two tears in her hip since August. Patti had surgery April 4, started a 12-week recovery and is doing well. That said, I will have to reschedule the 4th Cabinet Meeting. I'm working on the new date.

Conventions

District-E Convention was March 15-16 in Bandon. The weather was perfect. We had a lot of current Lion information and a really good ID Connie LeCleir-Meyer and her husband Michael from Wisconsin. Even with some weather-related flight difficulties, they arrived Friday night to kick off the convention. Newly elected were PDG now DG-Elect Bob Chaney from Myrtle Creek Lions, who will continue to "Rock the Roar," followed by Carolee Blatter from Gold Beach Lions as 1st Vice District Governor-Elect and Steve Brewster from Klamath Falls Lions as 2nd Vice District Governor-Elect. Also taking a three-year position with LCIF is Charlie Dehlinger from Klamath Falls South Suburban Lions. Congratulations to all of you. May you have an exciting and fun-filled year. I feel District-E has a strong future with these newly elected Lions. Convention was a fun time for all. To those who made it to Bandon, thank you for attending the convention. I thank all who helped behind the scenes to make the convention truly memorable.

Multiple District Convention in Seaside May 2-3 will have just finished by publication of this issue. Multiple District Conventions provide a whole lot of information, awards and time to talk to Lions from around the State.

Upcoming Forum: USA/Canada Lions Leadership Forum September 19-21 in Spokane, Washington. For details and online registration, visit www.lionsforum.org or call (605)723-4007 if you have questions. You will learn how to be a better leader within multiple, district and club membership. Special events include: Strides Walk, diabetes screenings and blood pressure checks, graduation for the Lions University and a lot more. Several keynote speakers will also be on tap.

Membership

Membership growth has been a challenge for all service organizations including Lions Clubs, District Governors and membership chairs locally and Lions International USA. I have been monitoring membership and have seen steady growth in our District-E. We are only 11 new members away from last year at this time, something District-E has not seen for a while. Good job Lions. With a few new members we can be in the black and join Districts O and G.

Service

Just a reminder, as we prepare for our local fundraisers and club projects: help your secretaries by providing them with the service hours for each club project. Also, if you need a grant for a larger project this summer apply for a LCIF grant. They want to help Lions get our message out to your communities.

District G - Central - Eastern Oregon



District G Governor Column Phyllis Carlin

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Membership Madness Winner Announced

The six-month contest encouraged membership growth and the winner was determined by how many members were gained as a percentage of the club's starting membership. Union increased their membership by 67%. While the contest did not factor in retention, it should be noted that Union lost no members during this time period. I would also like to congratulate the Pendleton Lions who came in second with 36% growth. There were many clubs who added members during this time period and I would like to acknowledge them all. Because of your efforts we are currently at plus 18 members for the year.



Congratulations Union Lions Club on winning the district governor's Membership Madness contest.

Signature Project to Benefit Community

International President Gudrun Yngvadottir encouraged all Lions clubs to add one new service project this year. The Hood River Lions Club is working on a service project with will benefit the community for many years to come. The group is currently refurbishing the three-wall band shell in Jackson Park and will also be adding a roof to the structure. May of the improvements will be done by club members, the first stripping styrofoam from the old façade in preparation for the new surface treatment, a beautiful stone wall. It is anticipated that the new structure will have better acoustics and is on schedule for completion by the 4th of July.

Putting the "Fun" in Fundraising

When fundraising projects are ongoing for 41 and 34 years respectively, they become more than fundraisers, they become community traditions. Take for instance Island City Hog Wild Days, which is now in its 41st year. The festivities begin with a pulled pork dinner Friday night, May 31. The parade follows on Saturday morning with the vendor fair going on all weekend. The "Pig Train" runs throughout the event. Just to the south, the Huntington Lions will host their annual Catfish Derby over the Memorial Day weekend. The first derby was held in 1985 and has been going strong for 34 years. The three-day event serves as the club's main fundraiser, with prizes being awarded each day of the tournament. The grand prize winner will take home \$500. Thirty plus pound fish are often winners, but the largest fish caught during the event weighed in at 38 pounds. Participants come from the tri-state area to enjoy the fun.

Lions Recognized at Chamber

The theme for Elgin's annual Chamber of Commerce banquet was "Service with a Roar," and the local club was recognized for its many contributions to the community. Thirty five Lions were present at the banquet, with most dressed out in their bright Lion vests as the Chamber honored the Lions.



Lion President Kathy Oliver highlights Lion activities throughout the year.

light parade, ushering at the Opera House, BINGO, highway cleanup, food drives, flags for first graders, community Christmas tree, Cycle Oregon, cider and donuts for the community, basketball tournaments, and other examples of community involvement. Chamber President Kathy Bonney followed up the presentation by stating the Lions had helped her daughter with visual difficulties and the assistance was appreciated by the family.



Lion Risa Hallgarth sheds a tear of joy, receiving the "Woman of the Year" award from Kathy Rysdam.

President Kathy Oliver was the guest speaker and highlighted many of the activities including sight and hearing as the "first and foremost" project, offering examinations, glasses and hearing aids for those who can't afford them. Oliver also included screening students in the schools, Riverfest and quilt show, firemen's breakfast, duck race, duck ride, tractor and car show,



Lions Dave and Teri Fuhrman receive "Business of the Year" award.

Lions David and Teri Fuhrman, owners of Cowboy and Angels Restaurant, won the "Business of the Year" Award. It was stated the Furhmans have been very active in the community including supporting highway clean-ups, helping distribute flags, collecting for the Food Bank and operating a hamburger stand during Riverfest. The Fuhrmans have also assisted the Elgin Museum and Historical Society, providing food and drink for the event and donating their proceeds to the organization.



Lions Everett Grande received the "Man of the Year" award from PDG Gerald Hopkins.

of Commerce Banquet

The Lions have sponsored the “Young Man of the Year” and Lee Finder, a coach for the Elgin School district, won the award which was presented by President Oliver.

Nominations for the “Employee of the Year” were received from Mayes Dental Care, with Lion Leslie Reed receiving the award from Denise Ludwig.

Lion Everett Grandeen was presented as the “Man of the Year”. Grandeen was recognized not only for his involvement as a Lion, but also for his work with the Elgin Museum and Historical Society, his service as a board member on the Elgin Health Clinic and as a volunteer one day each week at the Grande Ronde Hospital. Grandeen received the award from presenter, PDG Gerald Hopkins.

Another Lion member, Risa Hallgarth, received the “Woman of the Year” award. Presenter, Kathy Rysdam noted the many activities that Risa is involved including the Lions, and recently elected chair of the Elgin City Council.

The Master of Ceremonies, Gary Bottger, has also been recognized for 15 years of service in the Elgin Lions.



President Oliver presents the “Young Man of the Year” award to Lee Fincher.



Lion Leslie Reed (right) is surprised with the “Employee of the Year” award.



Lion Bottger, serves as Master of Ceremonies at the Chamber Banquet.



Bright Lion vests can be seen at the Elgin Chamber of Commerce Awards Banquet.

submitted by PDG Gerald Hopkins

LIONS VISION GIFT



2019 Lions Courier Information

Are you a courier? Has it been a while since you last heard from us? For all of this to happen, make sure we have your correct information, please complete the below required fields and send to:

(Please print clearly)

First and Last Name: _____

Address: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Club Name: _____

District/Region: _____

Trip Preference (circle all that apply): Weekdays Weeknights Weekends

Add any comments/notes you feel are appropriate for us to know:

Please return form to Matt Webber at Lions VisionGift, 2201 SE 11th Ave, Portland, OR 97214

submitted by Matt Webber

You, Me and the D!

Hello Everyone,

Following is an article that offers some cost saving tips to minimize the cost of treatment for Type 2 diabetes.

Cost Savers Expert Advice on Minimizing the Cost of Type 2 Diabetes Treatment

By Sonya Collins

People with diabetes now live longer than ever before thanks to medical advancements. But better care and a longer lifespan come with higher costs. People with diabetes incur more than twice the health-care expenses of other people. Some of that money comes out of your pocket. These tips can help you save.

Stick to your diet

About 20% of diabetes costs are for medications to treat other diabetes-related conditions. That's one reason controlling your condition is so important.

"Eating right will help control your blood sugar, which can reduce the number of medications you need to take and prevent complications you could eventually have," says Wendy Mobley-Bukstein, PharmD, certified diabetes educator and associate professor at Drake University College of Pharmacy and Health Sciences.

"It can be expensive to eat healthy, but if you plan, you can do it on a budget," says Mobley-Bukstein. Use supermarket apps to find coupons and see which items are on sale before you go shopping. Plan meals around coupons and sale-priced items.

Canned and frozen vegetables are usually cheaper than fresh. If you have a choice, says Mobley-Bukstein, "a bag of fresh frozen vegetables is great because it doesn't have added salt." If you've got to go canned, "drain and rinse the vegetables to remove some of the salt before you cook them," she says.

Burn calories, not your savings

Gym memberships are sometimes negotiable. "Don't be afraid to talk to someone about the price," says Mobley-Bukstein. The YMCA offers scholarships based on need. Silver Sneakers provides free access to participating gyms for adults age 65 and up with certain Medicare Advantage plans.

But you don't need a gym to exercise. Check your local parks department, community center, and other local, non-profit organizations for free or low-cost fitness classes. Or, "form your own group at work or through any organization you interact with, for a brisk walk or to do an exercise video together," says Mobley-Bukstein.

Get more bang for your prescription-drug buck

If you take medications, take generic whenever available, and make sure all your prescriptions are on your health plan's preferred list. Your insurance plan might charge a lower co-pay for one medication over another, even if both options are generic.

You could be eligible for free or low-cost medication through a prescription assistance program. Ask your health care provider or pharmacist for more information or check the drug manufacturer's website. Buying medications and supplies online, and enrolling in auto-refill programs, might cut costs, too. It may take a little more research and legwork upfront, but it can lead to real savings in the long run.

*Reviewed by Brunilda Nazario, MD, WEBMD Lead Medical Director,
as submitted to Diabetes at Walgreens, Summer 2018 Issue*

*submitted by PCC Charlie Tate, MD36 Diabetes Chairman
Feel free to contact me at my cell: 503.409.1861 or my email: commontate@hotmail.com*

"Somebody that has never failed is somebody that has never tried." Author unknown.

West Linn Riverview Lions Donate to Local Organization

The West Linn Riverview Lions Club collected 22 gently used purses, filled them with hygiene and toiletry items and donated them to The Father's Heart Street Ministry in nearby Oregon City.



(l-r) Lions Verdene McGuire, Mary Kerlin, Lori Anderson and Lion daughter Sarah.



Purses filled with hygiene and toiletry items.

The Father's Heart is a faith-based organization that helps anyone in need, primarily homeless families and individuals, seniors, and veterans. They provide 3 meals a day, which totals 5,000-6,000 meals every month, plus a day center providing hot showers, computer use, clothing, and basic medical needs. They also have an emergency warming shelter that can sleep 49 people.

submitted by Sue Thalmam

South Salem Lions Tree Planting Efforts

South Salem Lions Steve Withers, Lee Cowan, Al Tocchini and Bruce Schnieber volunteered at the Friends of Trees native tree planting on March 30, 2019. They were part of the group that has reached the 800,000 mark of organized tree plantings. The beautiful weather helped in the planting of trees beyond the new bridge, on both sides of the path to Minto Brown Park.



South Salem Lions Steve Withers, Lee Cowan and Al Tocchini

submitted by Bruce Schnieber

Beach Clean-Up at Rockaway Beach

Together the Rockaway Lions, the Rockaway Knight Lions and the Neah-Kah-Nie Leos hosted the 34th semiannual Beach Clean Up at Rockaway March 23. Rockaway Knight Lion President and Solve Chair, Lion Mark Fiebig stated that 181 volunteers came to clean our beach from Twin Rocks to Nedonna Beach. An estimated 1,200 pounds of garbage was collected.



Volunteers ready for lunch



Portland Metro Lions volunteer



Leos having fun serving lunch at Beach Clean Up



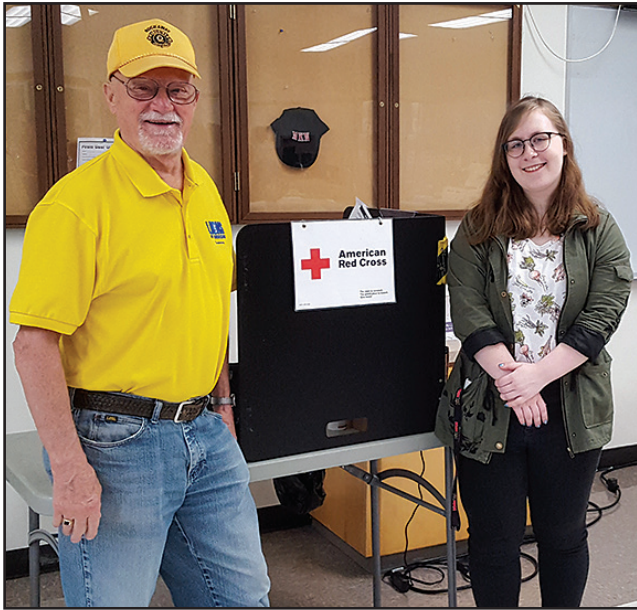
Knight Lion Zandra Umholtz having fun during lunch

The Rockaway Clubs serve lunch to our volunteers at each Beach Clean Up. Lions prepared 140 hot dogs, chili, and cookies. Lunch was served by the Leos. The next Beach Clean Up will be September 21, 2019. All clubs are invited to join in the fun.

submitted by LuLu Bowman

Neah-Kah-Nie Leos Club

The Rockaway Lions Club chartered the Leos Club at Neah-Kah-Nie High School in 1997. Each year their goal is to give back, whether at the school or in the community. Rockaway Lion Don Markle is in his 10th year as chairman of this energetic club.



(l-r) Leos Chairman Don Markle with
Leos President Shayla Wacker

He has seen many years of coordination with Red Cross approved blood drives at the school. In November they approved a blood drive and 23 pints were drawn from donors. Again in April, a second blood drive was held, 21 pints were received. The Leos handle all the advertising and paperwork for the event under the guidance of staff. Leos are encouraged to bring donors and a small gift is awarded the Leo winning the contest.

The majority of the donors again were students from the school. Age rules state that donors must be at least 17 years of age, or 16 with a parents' approval. The Red Cross takes donors' vital signs and thanks those who fail to qualify for donation.



(l-r) Leos staff advisor Skyanna Goodland, Leos Chairman Don Markle
and Leos Staff Advisor Alice Jeffers

Throughout the year, Leos brainstorm fundraising ideas and what to do with the money received. This is the third year that they have proposed the wearing of a purple cord for the graduating seniors, denoting their acts in the community.



(l-r) Leos Secretary Animesh Patel, Leos PR Representative
Logan Chestnut, Rockaway Lion Don Markle and
Leos member Keygan Wagner



Neah-Kah-Nie Middle School Special Ed. teacher,
Bob Waddell generously donating blood

Lion Don is proud to donate his time to an amazing group of students. Skyanna Goodland and Alice Jeffers are the teacher advisors who coordinate with Don Markle and Kristine Hayes to advise the Leos every year.

submitted by Logan Chestnut, Public Relations Representative for the Rockaway Leos Club

The Successful Start of a Pancake Breakfast Tradition

The Portland Hollywood Lions and the Hollywood Senior Center co-sponsored our first annual pancake breakfast on April 13, serving some 125 hungry guests. Hollywood Lions, Hollywood Senior Center volunteers, and young volunteers prepared and served 15 pounds of sausage links, 27 dozen eggs, hundreds of pancakes, 5 gallons of orange juice and, of course, coffee too.



Karen Balo, Arlene Halvorson and Donna Nordstrom



Aram Mahshigian



Gary Balo, Melinda Palmer and Turella Woods



Maria, Gary Balo and Bill Stout

It was an enjoyable opportunity to interact with the community and raise funds for eyeglass and hearing aid requests and for needed expenses for our senior's activities. A Big Thank You to our guests and volunteers!

submitted by Karen & Gary Balo

MD36 Shares International President Yngvadottir's View on Environmental Projects

"When I was a child I planted trees with my family at our summer cottage, and later my children did the same. My son wasn't always happy about it, being out there digging holes. He saw a lot of small trees that didn't mean much to him. But now he's all grown up and so are the trees. More than 4,000 trees brim with life, rustle in the wind, and give us shelter on our walks. He understands now, the promise of planting trees. He understands that planting something - anything, but especially trees, which take so long to mature – is an act of hope."

This was the start of Lions International President Gudrun Yngvadottir message in the March 2019 *Lion Magazine*. It is so in line with all the environmental service projects we do here in MD36 that I just had to repeat it. As the Environmental Chairperson for MD36 this year, I have learned of so many projects that we do. The list keeps getting longer and I keep learning of new ones at every club meeting, district meeting or district convention that I attend. And lots of our clubs are doing tree planting just like President Yngvadottir is suggesting.

Again I am going to list all of the environmental projects I have heard about from Lions this year in hopes clubs will pick up a new idea for a project. Just about any environmental project, besides helping the environment, makes for good and visible PR for your club.

MD36 Environmental Projects

Beach clean-up	Cutting up and selling of firewood
River & stream clean-up	Involvement with SOLVE
Plastic bag recycling	(Stop Oregon Litter and Vandalism)
Toner cartridge recycling	Holding a PR course & campaign against littering
City-wide clean-up	Running a limb dump
Providing fire wood to those in need.	Sponsoring a community garden
Providing clothes to those in need	Produce to senior from community garden
Christmas tree pickups	Home safety inspections for senior
Road clean-up	Checking smoke alarms
Highway clean-up	Maintaining your Lion's clubhouse
Cemetery clean-up	Recycling can and bottles
Cleaning of and painting over graffiti	Car pooling
Cleaning of parks and lakes	Holding a recycle garage sale
Maintaining a park	Watering flower baskets
Planting trees	Maintaining an exercise course
Horse trail rides	Collecting plastic (500 lbs.=one bench from TREX)
Pruning, cutting limbs and falling trees	Collecting newspapers and magazines
Composting	Maintaining flower beds at Senior Center
Taking up the battle against plastic bags	Taking up the battle against plastic straws

MD36 Scenery/Nature Photo Contest

We had over 60 entries in our environmental photo contest and a group of 4 judges had the tough task of narrowing it down to the best five. These five will be voted on at the MD36 Convention in Seaside about the time this issue of the *Oregon Lion* is coming out. (Everyone who registers for the convention gets one voting ticket to be deposited for their photo of choice.) Most tickets wins the 1st place prize of a Photo/Video Drone. All 60 photos will be on display and we will have a silent auction for them, so you can take home a Lions beautiful scenery photo of Oregon. The winner and the top five photographers will be honored in the June *Oregon Lion Magazine*.

*submitted by Ted Carlin, MD36 Environmental Committee Chair
Vptcarlin@yahoo.com (541) 604-4054*

Fun at Fergie's

For the longest time I've looked forward to visiting Ferguson Ski Ridge Area, the ski area owned by the Enterprise/Joseph Lions Club, and as we neared Enterprise the excitement grew. Fergie, as it is lovingly called, did not disappoint. Adding to Fergie's ambiance, a small lodge houses ski club and Lions memorabilia and serves as a place to get warm after being out on the slope.

The club leases the property to the Eagle Cap Ski Club who runs the ski operation, manages the property and maintains the equipment and buildings as well. A core group of ski club members function as Hill Managers, running the day to day operations as well as organizing other volunteers.



Welcome to Fergies

All Hill Managers are Lions club members and other ski club members are joining Lions! Both groups need and support each other and, as a result, both are growing.

If being on a ski slope wasn't excitement enough, the Eagle Cap Extreme Sled Dog Race was taking place three days later. Several teams were out at the slope when I visited, ready for a practice run. The dog's excitement was palpable as they waited. And seeing them take off was amazing. The 200-mile race, which runs through the rugged Wallowa Mountains, is Oregon's only qualifying race for the Iditarod. Shorter races are offered, but not as qualifiers. While the event is run by the Eagle Cap Extreme Sled Dog Race organization, the

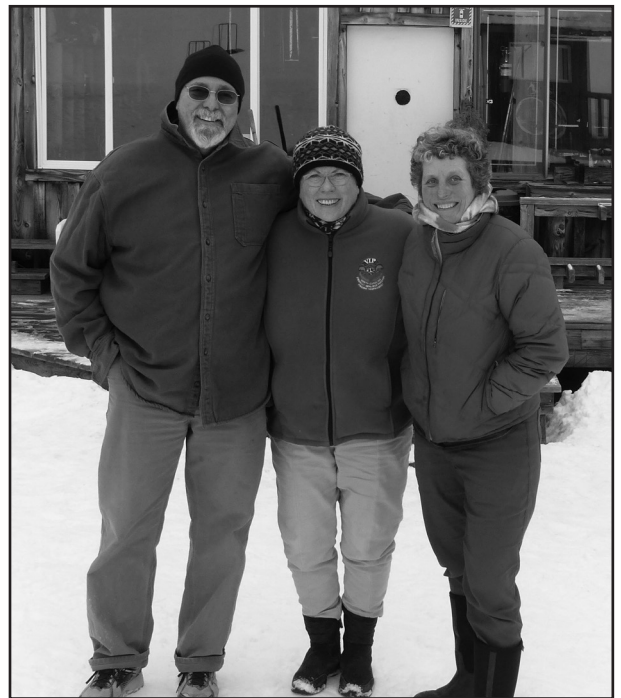
Lions club serves as a sponsor. Many Enterprise-Joseph Lions volunteer for the race and the club supplies the facility for their use four days a year.

And now Fergie's has become home to the Chief Joseph summer camp for kids, which is a week-long day camp for young people. Many Lions work to prepare the area prior to the camp. The camp will be in its 57th year of operation this summer.

The club meeting the night I visited was held in the home of Bob and Mary Kay Pace. Their gracious hospitality, which included a steaming bowl of homemade soup, was appreciated by all. Service chevrons were presented to Lions Jeff Irish, Charlie Kissinger, Jerry Hustafa and Willie Locke.



(l-r) Charlie Kissinger with his 15-year Chevron, DG Phyllis Carlin and Club President Jerry Hustafa



Hosts Lions Bob and Mary Kay Pace with DG Phyllis Carlin in the center

I hope to go back to Fergie's again next year. One day in this special place was simply not enough.

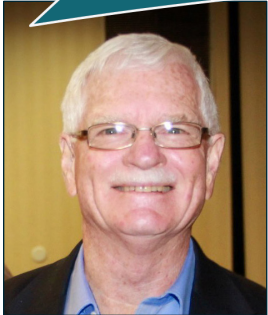
submitted by DG Phyllis Carlin



1959

Oregon Lions
Sight & Hearing Foundation

2019



Red Rowley
Board Chair

60 Years of Service



Doug Thompson
Executive Director

Help Us Keep the Promise to Children Like Angela

We're in the midst of our annual Keep the Promise campaign, an effort led by the OLSHF Board of Trustees to raise awareness and support for our sight and hearing programs throughout Oregon and Northern California. These programs restore the gifts of sight and hearing to those in need, thereby keeping the promise Lions made to Helen Keller so many years ago.

As we celebrate the 60th Anniversary of OLSHF, what better time to share past stories of how the Foundation has kept this promise? One great story, from the 1970's, involves a little girl named Angela.

Angie was born with a condition called Retinoblastoma, a rare form of cancer that develops from the immature cells of the retina, the light detecting tissue of the eye. It is exclusively found in young children, often leading to glaucoma, and can spread to other parts of the body. Living with her Mom in Tigard, Angie was fortunate to be referred to the Devers Memorial Eye Clinic in the early 1970s and was "adopted" by the Oregon Lions Sight & Hearing Foundation and local Lions Clubs. At Devers, Angie was in the capable hands of Dr. Richard Chenoweth. "He was such a nice man, he was so good to me and my Mom," said Angie, who now lives in Salem.

One of Angie's surgeries entailed the implant of a prosthetic to replace her left eye, which was left with no vision. Other surgeries involved the removal of tumors wrapped around the optic nerves of her right eye, which today provides Angie with 20/30 vision—with corrective lenses. "Lions paid for my eyeglasses while I was growing up," she said. "The South Salem Lions even paid for my prosthetic when I needed a new one as a young adult."

After all of her surgeries were completed, Angie and her Mom agreed to have Angie become the Poster Child of OLSHF in 1978. She has especially fond memories of the Lions from around the state of Oregon that she met, traveling to Lions Conventions and making appearances on behalf of the Foundation. She especially remembers Willard and Grace Wilson of the Yachats Lions. "Willard was my handler," Angie says with a smile. "Willard took me to conventions and was so kind and caring."

Angie and her Mom moved to Salem when she turned 14, and she lived a life just like any other teenager at the time. "I never felt like I had any limitations, I learned to adjust [to having vision in only one eye]; if I can't see well enough to park in a certain parking space, I just park somewhere else," she said, laughing. Angie currently manages a retail store in Salem, is an avid hiker and still lives within a block of her mother.



Angie is also a supporter of the Oregon Lions Sight & Hearing Foundation: "I encourage you to also support the Foundation by making a gift during the Keep the Promise campaign. Your donation will help someone receive the gift of sight or hearing and, believe me, it will make a difference in their lives."

For more information on supporting the Keep the Promise campaign, please go to page 19.

GIFTS & MEMORIALS

**Contributions list includes gifts received March 16 to April 15, 2019. Thank you to each and every donor and supporter!
If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.**

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Join PRIDE Today!
Text "MYPRIDE"
to 71777

White Cane Awareness Campaign

White Cane Awareness Days has a long history with Lions Clubs International. For many years, Lions Clubs in Oregon used White Cane Days as a way of raising funds for OLSHF. Additionally, Lions used the initiative as a way to raise awareness of safety for legally blind people through a variety of events and talking to people on the street.

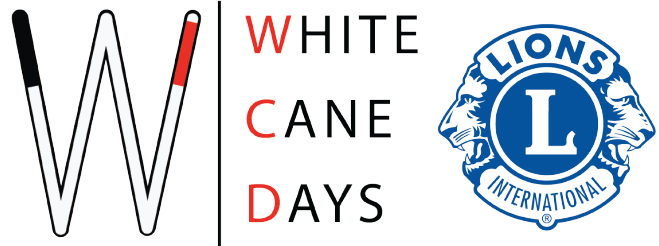
The white cane symbolizes independence, mobility, and safety, and locally, Lions Club members endeavored to support the sight-saving programs administered through the Oregon Lions Sight & Hearing Foundation. Since then, programs have grown and Lions have sought out many ways to serve in their community and White Cane Days was less prevalent.

The Lake Grove Lions Club are determined to bring back this campaign. Last year, they raised more than \$14,000 with help from Canby Lions Club and Portland Hollywood Lions Club. The Lake Grove Lions Club would like any and all friends of Lions to take a moment to share their mission of combating preventable blindness, helping blind and visually impaired people achieve their independence, and to give a gift that makes a difference.

To learn more about the history and impact of White Cane Awareness Days, visit the National Federation for the Blind's website at nfb.org.

Thanks to the generosity of Certified Indoor Environmental, every dollar that you donate will be matched up to \$10,000!

If your Lions Club is interested in participating, please contact Tracy Solberg, Lake Grove Lion, by email at tracy@cerifiedie.com.



To make a donation, text CANE to 71777, or visit olshf.org/whitecane

OLSHF has a New Look!



OLSHF is pleased to show you the first glimpses of our new logo! We decided a fresh but subtle makeover was in order for our 60th birthday. Our new look is polished and subtly incorporates elements of our history into a refreshed and refined logo.

Of course, we kept the Lion, made him bolder, to stand out more in a variety of mediums.

We eliminated the script font in favor of cleaner, bolder lettering. The true blue color is a tribute to Legacy Health, where we have generously been granted space for our program operations. The orange is a nod to the Eye Promise shop, the first-of-its kind eyeglass store that supports the Foundation and serves the community.

Upcoming Events - Mark Your Calendars

Join Us for the Liberty Mutual Invitational!



**LIBERTY MUTUAL
INVITATIONAL**
Langdon Farms Golf Club

Contact
doug@olshf.org
503-413-7399

**MONDAY
AUGUST 26, 2019**

**4 -Person Scramble
1:30pm Shotgun**

**Over \$300 in Tee Prizes
for Every Golfer!**

BENEFITING:

Oregon Lions
Sight & Hearing Foundation

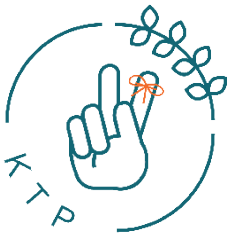
Visit olshf.org/golf to register!

Registration includes free tickets to the WinCo Portland Open!

**PLEASE JOIN US FOR THE
KEEP THE PROMISE
BREAKFAST IN PORTLAND**

**Wednesday
May 15, 2019**

7:00 - 8:30AM
Oregon Zoo



To RSVP or donate, please visit
olshf.org/keep-the-promise

Nifty Fifties Gala Event



Save the Date!

SIGHTS & SOUNDS IN THE VALLEY

Friday, June 28th

From 5:30 to 8 p.m.

***WalkAbout Brewery in Medford
921 Mason Way***

***A Benefit for the Southern Oregon
Lions Sight & Hearing Center***

***Live Entertainment by
Hog Wild Band!***

***Includes live music, food truck,
a silent auction, wheel of fortune,
grab bags, and a raffle!***

**Beer and Wine available for purchase with a portion of the proceeds donated to
the Sight & Hearing Center**

Call 541-779-3653 or email solshc@rioussa.com for more information



Chimney Sweep Draws Huge Crowds

Grant Darrow was the guest speaker at the Elgin Lions Club. Darrow, a master chimney sweep, recently attended the 37th International Convention of Chimney Sweeps in Santa Maria Maijone, Italy. Darrow said there were over 1,000 sweeps in attendance, but the event drew approximately 20,000 spectators to the small community approximately the same size as Elgin.

Grant, who has been serving as a sweep for 43 years stated, "I sell safety. I make sure the fireplaces meet mechanical instruction and then I clean them."

He said that it is much more difficult to become a chimney sweep in Europe. "In Germany and Austria the sweeps have to have three or more years of training and then the father will pass the training on to the son or daughter." Darrow shared some of the history dating back to the 14th century, in which the chimney sweeps were young boys in slavery.

The families were so poor that they sent their sons into slavery so they would have one less mouth to feed.

Plans continue for the Riverfest and Car Show June 15-16. Members signed up for various committees. Duck tickets have been made available for the members to sell. The Museum/Lions Trivia Night has been moved up to May 11. Several members turned in can tabs to be donated at the district convention for the Ronald MacDonald House in Bend.



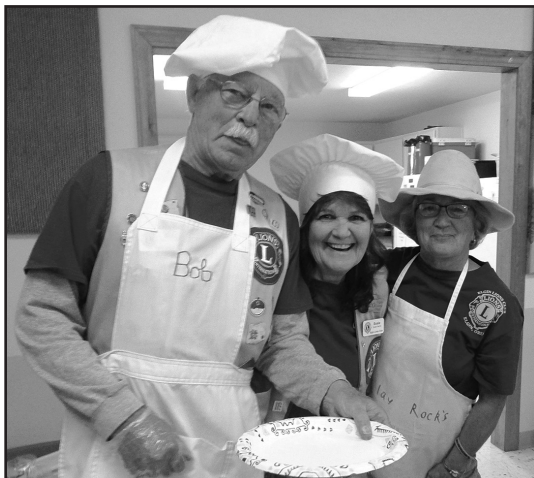
Grant Darrow addresses the Elgin Lions Club.



(l-r) President Kathy Oliver and PDG Gerald Hopkins present scrapbook to Past President Bob Thomas.

submitted by PDG Gerald Hopkins

More from Elgin Lions Club ...



Move over Gordon Ramsey. Master chefs Bob Thomas, Susie Harris and Susie Thomas dressed up in their master chef outfits to serve dinner at the Elgin Lions meeting.



PDG Gerald Hopkins, PCC Steve Oliver and President Kathy Oliver receive perfect attendance awards for the year in the Elgin Lions Club.

submitted by PDG Gerald Hopkins

IS YOUR CLUB READY . . .

. . . to win the prize for the basket that best represents this year's convention theme?

Soaring Beyond the Horizon



. . . to win the prize for the most popular basket (based on number of tickets it receives)?



as We Serve

ALL Clubs of MD 36 are encouraged and welcome to bring a basket to the Seaside Convention Center. Drop off times are Thursday, 2 May, between Noon and 3pm or Friday morning after 8:00 am.



TICKET SALES BEGIN FRIDAY AFTER LUNCH.

See Oregon through Lions Golf Tournaments

Hey, have you ever been up to Wallowa County or the beautiful towns of Lostine, Wallowa, Enterprise, Joseph or even Wallowa Lake? This is your chance to see this scenic area in northeast Oregon and play in the First Annul Enterprise Lions Golf Tournament at the fun Alpine Meadows Golf Course in Enterprise on Saturday, September 7. For more information, call Enterprise Lion Bob Pace at 775-304-9854. This is the Lions Club that has the Ferguson Ski Run so you know they will put on a dynamic golf tournament.

Here is the schedule for the various Lions Golf Tournaments this spring and summer. If you would like to add your Lions Golf Tournament to this list, please email me at the address below.

- Saturday, June 1 – Umpqua Lions Tournament, Oakhill Golf Course, Sutherlin, 10 am
- Saturday, June 22 – Springfield Lions Tournament, Springfield Golf Course, Springfield
- Friday June 28 – Crooked River Ranch Lions Tournament, CRR Golf Course, 8 am
- Friday August 9 – Milwaukie Lions Tournament, Glendover Golf Course, NE Portland
- Monday, August 26 -- OLSHF's Liberty Mutual Invitational, Langdon Farms Golf Course, Aurora
- Saturday September 14– Myrtle Creek Lions Tournament, Cougar Canyon Golf Course, Myrtle Creek, 9am
- Sunday, September 15– La Pine Lions Tournament, Quail Run Golf Course, La Pine, 8 am



Jefferson County Sheriff Jim Adkins, arrests some golfers at the Crooked River Ranch Lions Golf Tournament last June for hitting what the Sheriff stated "As very dangerous, wayward and BAD golf shots." Everyone was all smiles as they were released for their next bad golf shot, and this proves that the Lions Club Golf Tournaments in Oregon are meant to be FUN!!"

submitted by Ted Carlin
Vptcarlin@yahoo.com
541-604-4054



District 36E Peace Poster Winner

The winner of the Lions Club International Peace Poster Contest for District 36E, Jasmine Rands, received her First-Place award at the Lions District 36E Convention in Bandon. Jasmine's poster was extraordinary in the way she presented the theme of the contest 'KINDNESS MATTERS'.

Jasmine, an eighth grader, also won the First-Place award at our local Peace Poster Contest in 2016. Her talent as a young artist has not gone unnoticed. She won First Place in the LCI Multiple District 36 contest this past year. Her poster was forwarded to the Lions Club International Contest.

Eagle Point Lions Club members are very proud of her achievements. She is a straight A student and a member of the Honor Society at Eagle Point Middle School.

Thank you to our local LCI Peace Poster Chairperson for his willingness to give this opportunity to students ages 11 to 13 to participate in this wonderful art program and to the Lion Club members for sponsoring this program.

submitted by Charles Hulings

Elgin Officers Slated for the Lions Year

It wasn't a slate of new officers for the Lion year, but a unanimous vote cast for those serving the past year. With a loud roar of unanimous approval, the Elgin Lions elected the officers they have had for the past year. They include: President, Kathy Oliver; Vice-President, Janet Stafford; Secretary, Jared Rogers; Treasurer, Lezlie Reid; and Membership Chair, PCC Steve Oliver.

In other activities, the Lions have received six requests for glasses and examinations during the new year and signed up as a committee to study where trees might be planted in the area as an Environmental Awareness project and as committee chairs for the Riverfest to be held during Father's Day weekend. Members will also be helping as ushers for the Opera House play, "Mamma Mia."

submitted by PDG Gerald Hopkins