

Serving members of MD36 Oregon and Northern CA

November, 2017 Volume 4/17-18



Enjoy the wonderful collage of photos taken at the USA/Canada Lions Leadership Forum held in Portland, Oregon on September 21-23, 2017











Photos courtesy Lion Henry Miller

More photos on back page

ANNIVERSARIES

November 2017 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

November

Bend/Sunrise	November 5, 1926
The Dalles	November 15, 1926
Sutherlin	November 22, 1946
Vernonia	November 23, 1946
Huntington	November 9, 1948
Portland Columbia	November 2, 1949
Canby	November 30, 1951
Lake Grove	November 29, 1966
Hermiston	November 27, 1972
Sandy	November 11, 2009

December

Portland Downtown	December 2, 1921
Mill City	December 11, 1947
Eagle Point	December 16, 1951
Garibaldi	December 7, 1953
Halfway	December 8, 1965
Estacada	December 15, 1966
Hood River Eye Openers	December 29, 1975
Bonanza	December 21, 1977
Mount Angel	December 19, 1980
Eugene Cascade	December 26, 2001



OFOREGON The Oregon Lion Website:

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MONTHLY CALENDARS

MEETINGS

November

- 4 Dist G Cab. mtg. 10am-2pm, Bob's Texas T-Bone Restaurant, Rufus Dist O Cab. mtg. 10am-2pm, Mt. Hood Lions clubhouse (Turkey/canned food collection)
- 8 OLSHF Patient Care Comm. mtg. Portland
- 18 Dist E Cab. mtg. 10am, Bandon Community Center (may change)
- 28 SOLSHC Board mtg. @6pm

December

TBD OLSHF Exec.Comm mtg. Portland

- 2 OLSHF Trustee mtg. Littlebrook Clubhouse, 200 Littlebrook Lane, Roseburg @9am Council of Governors mtg. Littlebrook Clubhouse, 200 Littlebrook Lane, Roseburg @1pm
- 13 OLSHF Patient Care Comm. mtg. Portland
- 18 Dist E Cab. mtg. 10am, Bandon Community Center (may change)
- 28 SOLSHC Board mtg. @6pm

EVENTS

November

- 4 Daylight Savings Time ends
- 10 The Oregon Lion article deadline (for December issue)
- 11 Veteran's Day observed HQ office closed 23-24 Thanksgiving observed HQ office closed

December

- 4 Eyeglass Sorting Party Keizer Lions Halls, 4100 Cherry Ave., NE @ 6pm
- 10 The Oregon Lion article deadline (for November issue)
- 12 Hanukkah begins

25-26 Christmas Holiday observed - HQ office closed

31 New Years Eve - Observed

MD and District Websites

Find out what's happening in your District by going to the web and typing in your District website address listed below. You will be amazed at the amount of information located on the site.

MD36: md36lionsclubs.org

District O: www.lionsoforegon.net District R: www.lionsclubs36r.org District E: www.districtelions.org District G: www.oregonlions36g.org

Council Chair News



Brad King B) 503.413.7399 R) 503.692.4752 C) 503.984.8090

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Mighty Lions of MD36!!! You should be so proud! The 41st Annual USA/Canada Lions Leadership Forum took place in Portland at the end of September and it was HUGELY SUCCESSFUL! Almost 1,700 Lions from all over North America and beyond descended on Portland and everything went like clock-work. The reason things went so smoothly ... YOU MD36 LIONS!

All of the Lions volunteers were on time, reliable, knew their jobs and were so very friendly to our guests! My friend who is a new District Governor in Massachusetts asked: "How much did you have to pay the people here to be so nice to us?" Even the rank-and-file residents of Portland were great to our visitors, giving directions, helping with MAX stops, suggesting restaurants and breweries! Just so I could brag, some of the hardest workers at the Forum were your District Governors! DGs Debi, Bob, Tom and Bert were all hard at work with big smiles! What an amazing time! What amazing Lions!

A quick word about our guests, especially our elected representatives. I was lucky enough to greet all of our VIP visitors including all of the attending International Directors, a number of Board appointees and the Executive Officers, 3rd Vice President Haynes Townsend, 2nd Vice President Jung-Yul Choi, 1st Vice President Gudrun Yngvadottir and international President Naresh Aggarwal as well as Immediate Past International President Chancellor Robert Corlew. I also got to meet and get to know a number of Past International Presidents. What a lucky Lion I was!! Absolutely every one of our special guests was as nice as they could be and so appreciative and proud of you! The Lions of MD36! They all said this was the best Forum ever! Whew!

Well Lions, it's fall and that means it's school vision screening time! Stay in touch with your schools and your Oregon Lions Sight and Hearing Foundation so you can volunteer at a screening. It's great fun and you'll feel a little better about our overall future after you've spent a little time with the elementary school students of Oregon and Northern California!

It's also time to keep service in mind! By the time you read this, our October 10-16 International Week of Service will be concluded. I know Lions all over MD36 have been busy collecting eyeglasses to send to the Lions Eyeglass Recycling Center (LERC) to send out all over the world to give people the gift of sight! This was a great Week of Service activity, but it's one that we need to do all year long!

As Thanksgiving and the holidays approach, keep your Lions fellowship strong! Enjoy service projects, enjoy parties and fundraisers, and even enjoy meetings (?). Continue to provide leadership in your clubs, zones and district and especially in your communities, many of which are still recovering from natural and man-made disasters. As I always poke, prod and occasionally harp, communicate about the amazing things you do! Use your MD36 PR Manual (endless thanks to Lions Carol and Carrie!), and get the word out!

As I've said before ... Be the source in your community of SERVICE, LEADERSHIP, FELLOWSHIP and COMMUNICATION ... Do it ... Lead it ... Enjoy it ... Tell about it!

Let's keep "MOVING MD36 FORWARD"!

As always, I'm honored to serve you, so proud of your confidence in me and humbled to be counted among you great Lions of MD36!

Directory Corrections

- p. 12 Under Peace Poster note this change for District E Chuck Hulings (Joyce) - Eagle Point Llons
- p. 33 Oregon City new place and time. 5:30pm at Wild Hare Saloon & Cafe, 1656 Beavercreek Road
- p. 33 Portland Hollywood new meeting place, Ambassador Restaurant, 4744 NE Sandy Blvd, Portland, 97213
- p. 38 Creswell Lions Club. Meets 1st Wednesday only at 6pm, Martha's, 590 D Street
- p. 39 Elkton Secretary, Prudy Zorotovich. Her husband Lion Nick has passed.
- p. 44 #22 Opportunities for Youth: Peace Poster. Remove Lanette Denney and write in Chuck Hulings (Joyce) from Eagle Point Lions Club.
- p. 78 February 3, 2018 Dist G Cabinet mtg. is moved to February 17, 2018
- p. 87 Bessonette, Tom, PDG. Lion Bettie has passed.
- p. 88 Bugbee, Betty delete residence number and insert C) 541.377.5322
- p. 88 Bugbee, Bruce, delete residence number & insert C) 541.377.5321
- p. 94 Hafer, Cheryl new email cheryllyon0844@gmail.com
- p.103 Nemec, Cynthia, delete 1512 Somera Dr. and insert PO Box 453.

Are You Moving? Have You Moved?

We need a couple of days to change your address. Please give us your old address, as well as your new one, by attaching a label from a recent issue of The Oregon Lion in the space shown.



Mail entire form to: **The Oregon Lion** PO Box 51345 Eugene, OR 97405

Attach Your Address Label Here

Name (print)

New Address

City

State

Zip

Old Address

Club

District O - Northwest - North Coast



District O Governor ColumnBert Diamond

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 Spouse: Nancy Verstegen

Meet your District O Zone Chairs!

For this month's column, I thought it important to introduce and also give credit to the eight Zone Chairs in our District. They are doing a very good job making our District more well connected. Please tell them your appreciation next time you see them.

Regional Zone Chair, Ray Herrington: After being Zone Chair for a number of years, Ray is now the "cheer leader" for all 8 of our Zone Chairs. He'll encourage them to visit their clubs and turn reports in on time.

Zone 1 Chair, Lulu Bowman (Rockaway): Lulu not only visits clubs on the coast regularly, she is a Foundation Trustee and a Guiding Lion for the new Rockaway Knight Lions Branch Club.

Zone 2 Chair, Terry Bowman (Rockaway): As 2nd Vice District Governor and Zone Chair, Terry is a busy Lion. He is also the coordinator of the District's Sight and Hearing Task Force.

Zone 3 Chair, Dan Wolf (Mt. Hood): Dan is 1st Vice District Governor and helping as Zone Chair. At the Forum, Dan was the Strides Walk Chair and chef with his wife, Nancy, for the VIPs morning meals.

Zone 4 Chair, Dane Parreira (Lake Oswego): By visiting many clubs in the District, Dane gets to share his giant compassionate heart and fun sense of humor. He is also on the District Membership Committee.

Zone 5 Chair, Ron Pompel (Gresham Supper): Ron served as Zone Chair a few years ago and is familiar with his clubs. We appreciate Ron's help with his five clubs.

Zone 6 Chair, Bill Stout (Hollywood): A long-time Lion, Bill is an example of someone who stays involved. He is dedicated to help his clubs be stronger in membership and community service.

Zone 7 Chair, Derek Sandell (Tualatin): Derek continues to help the District as Zone Chair for his four clubs that include Lake Grove, Lake Oswego, Tualatin and Wilsonville Lions Clubs.

Zone 8 Chair, Carrie Swesso Bartley (Milwaukie): Not only is Carrie a very active Zone Chair, she's also District Cabinet Secretary and the Secretary of the Oregon Lions Sight and Hearing Foundation.

Much appreciation to our Zone Chairs!

District R - Willamette Valley - Central Coas



District R Governor ColumnTom Hilgers

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Lions International President Naresh Aggarwal has set a goal of Lions serving 200 million people globally each year by the 2020-21 Lions year. That is twice the number of people served in the 2016-17 year just completed. I am not a fan of this sort of numbers game. Too often, this practice is used to justify, rightly or wrongly, the impact an organization or a program has in its efforts to be successful in whatever field of endeavor it works in. Numbers aren't always an accurate indication of success, and success is not always guaranteed by the numbers. In this case, however, one would be hard pressed to be critical of Dr. Aggarwal's goal. Lions have a remarkable track record of success when we work together to accomplish global initiatives. Campaign Sight First, Campaign Sight First II, and the Measles Initiative are examples of what can result when Lions from all over the world unite to serve a common cause.

The numbers he is proposing will certainly be a challenge. To begin with, he is asking each of the 1.4 million Lions in the world to make it a personal goal to impact the lives of ten people per month during the 2017-18 Lions year. If you do the arithmetic, that works out to about 170 million people. Although this would be short of the goal of 200 million, it would be a huge first step toward getting there. On the other hand, serving ten people per month for twelve months is no cake-walk. Just the first step to his plan should tell us this will take some doing.

Then I got to looking at the reports from LCI detailing activities reporting by our 36-R Lions clubs. More than half of our thirty-nine clubs have not reported any activities for six months or more. Some haven't reported in more than two years. What would happen to our numbers of people served if our clubs simply reported the community service activities they have been doing and are doing, month in and month out? It's entirely possible that President Aggarwal's goal of 200 million people served would not be nearly as daunting as it appears at first glance. I harbor no illusion that reporting would, in and of itself, be enough to meet IP Aggarwal's goal, but it can't be discounted as meaningless, either. The fact of the matter is, our Lions clubs are performing lots of community service which goes largely unreported and every little bit helps in our efforts to enhance the impact of our service around the world.

I must confess that I find the activities reporting module in MyLCI a bit challenging. I am studying instructions on how to report properly in order to make my job as secretary faster and easier and improve my accuracy. As I said earlier, I certainly don't want to "pad" my reports to make the numbers seem more impressive. It's not the numbers that matter in our service; it's the impact that service has on our communities and the people who live in them.

District E - Southern - South Coast



District E Governor Column Bob Chaney C) 541.817.2018

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Well, here we are with the first quarter in the books and staring the holidays right in the face and what have we got to show for it: One of the most inspiring and enjoyable three months of my life! Yes, there is a lot of hard work and travel that goes into each and every one of a District Governor's official visits but the rewards reaped from each visit far outweigh the book work required.

Here it is November already and believe it or not I am over halfway through my club visits. By the end of this month, I will have only a handful left.

As you all know and I have said in past articles, I don't believe in dwelling on the numbers, but rather want to embrace the people that make up this District. With that said, I do want to point out that over the first quarter we are only at a minus 9 in membership and that can be turned around so easily with just a couple of innovative maneuvers. If just one guarter of our District membership were to bring in a new member each, we would be looking at a turnaround that would ROAR!

Chicago would take notice and think we were cooking the books. Wouldn't that be a change? So, District 36-E, what do you say let's ROAR and make Chicago take notice.

Now enough about numbers, I want to talk about people. specifically the incredible and outstanding people within this District!

You continue to amaze me as I make my official visits. From the gentleman in Roseburg who has over 50 years in Lionism to the newest Lion I inducted in Crescent City in September, each and every one of you are outstanding Lions having made the commitment to serve your community and your fellow man.

I must, at this point, talk a little about a dedicated Lion whom we lost in September. He was a very dear friend of mine and my sponsor as well as one of my mentors. I am speaking of PDG Chuck Johnson. Chuck and I had a very unique relationship within our Club. During meetings, we would banter back and forth just to keep the Tail Twister on their toes, which most times was one of the two of us. At times, I must admit, it got a little out of hand, but it was all done in fun and for the Club.

PDG Chuck was the ultimate Lion and I loved that man not only for who he was but also for what he was able to give or even sacrifice for the sake of Lions. I will forever miss him, but will always know that he is looking down and that his presence in this world has left an indelible mark upon the landscape of Lions. I will do my best to continue to fulfill his dream, just as it is mine, to offer the unique experience of Lionism to everyone whose path I cross throughout my life. Rest in Peace, my dear friend.

Back to the matters at hand. Let's go out there and spend these next few months continuing to do service and recruitment even as the holidays consume our time and attention and as emotions run high as family and friends visit. What a great way to let them hear us ROAR! I know that we'll do it. Together We'll Restore the Roar!

District G - Central - Eastern Oregon



District G Governor Column Debi Castor C) 541.429.0348

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Wow! It's hard to believe almost onethird of my year is gone already. I think the older we get, the faster time goes by. But I believe that staying active and having fun is the key to a successful long life. I guess that means most of the great Lions I have met will live forever.

I have visited almost half of the outstanding clubs in District G. They are so dynamic; from collecting used glasses and hearing aids or aluminum cans and bottles to helping care for our veterans at the local Veteran's Home.

Most of our clubs are busy this time of year doing school vision screenings. Several are preparing for Trunk-or-Treat for the kids on Halloween or collecting turkeys and can goods for the Thanksgiving food baskets that they distribute to those in need in their communities. Two clubs sell pears and apples as their major fundraiser and a few are busy making items to sell during the holidays. One or two are taking a break through the winter.

On the home front, our Club just finished the third and final Centennial bridge at Meadowood Springs Speech & Hearing Camp. If any clubs are still working on Centennial projects, you have the rest of our Lions year to complete them. Remember to report your projects and hours to District G Centennial Chair. PDG Paul Zastrow, Multiple District Centennial Chair, PDG Sharon Rawlins and to LCI.

Happy Thanksgiving!

Lion Becomes a Brother

What can 26 eyes, 13 smiles and one giant Lion cause in the middle of Oregon? A Lion's Vision Screening of course. Central Oregon Vision Screening Coordinator, Ted Carlin, for the third year in a row, stopped by Brothers School and checked the vision of the 13 students' eyes. The first year

HOME OF THE BORGATS

"Lion" Ted Carlin ROARS as he enters Brothers School to do Vision Screenings for the students.

there were 5 students, last year 8 students and now the school is bursting at the seams with 13, plus a teacher, assistant teacher and an all-around do everything from bus driver to maintenance to school lunches person.

A long way from anywhere, Brothers is just a bump in the road and Lion Ted screens Brothers on his way back from screenings in Burns. For this year's screenings he decided to dress in his Lion Mascot outfit. They may have wondered what this guy was doing putting on a Lion outfit at the Brother's rest stop, but the 13 students went wild with shouts, smiles and hugs for Mr. Lion upon his arrival at the school.

The good news is all 13 students passed their eye exams and Mr. Lion was able to share recess, story time and snack time with the Brothers' students. The sad news was that Mr. Lion had to move

on. Brad Larkins from the Prineville Lion's Club assisted Mr. Lion making sure he did not trip over playground

equipment or the kindergarteners as they hugged his leg or as he roamed around the playground with limited vision.



A beautifully drawn Thank You note from Lilly at Brothers School is one of the eight received by Central Oregon Lions Visions Screening Coordinator Ted Carlin, a Crooked River Ranch Lion.



All 13 Brothers School student's gather in front of the "Lion" while Prineville Lion Brad Larkins kneels in front and Brothers Teacher Gretchen Stack smiles from the right.

"You just have to love the spirit and happiness of these students out in the middle of nowhere and receiving a great education. They are like family to each other and are becoming family to me," stated Lion Ted Carlin.

submitted by Ted Carlin Central Oregon Vision Screening Coordinator

Lions Donate Bench to Veneta Pool

The Veneta Community Pool hosted a Family Fun event on August 4 for families to play and relax at the pool. The event was also a time to celebrate in the community and to enjoy the friendships and camaraderie shared with each other just by living in the same community.

The Applegate Trail Lions Club celebrated the event, by donating a handmade bench for the pool that now sits in the front lobby. This bench is the first seating available to the community in the

lobby and will be appreciated by people waiting to be picked up after a swim - senior citizens in particular. When the pool closes for the season, the bench will be moved to the Senior Center for use by patrons.

"The City of Veneta thanks the Applegate Trail Lions Club for this generous donation," said Mayor Sandra Larson at the bench dedication. "Not only is this beautiful bench a welcome amenity for our community pool, it symbolizes the longtime partnership the City shares with



Lions Bench

the Lions in support of our community and its quality of life." Mayor Larson also said, "Service organizations like the Lions are the heart blood of our community. Thank you for your long service to Veneta and the greater Fern Ridge community."

The dedication was attended by families and lifeguards at the event, as well as members of the Lions Club, the City of Veneta City Council including Mayor Sandra Larson, Veneta City Manager Ric Ingham, and West Lane County Commissioner Jay Bozievich, a longtime Lion.

Mike Wilbur, a member of the Applegate Trail Lions Club, a woodworker for over 40 years and a furniture maker for over 20 years, constructed the bench by hand from Port Orford cedar. "We wanted to do something for the community," said Lion Mike. "The Lions Club would also like to



(I-r) Lion Mike Wilbur, Mayor Sandra Larson and Lion Mike Beyerlin

get our name out there so people understand what we do." The bench is made of Port Orford cedar that was procured by Lion Mike Beyerlin.

The Applegate Trail Lions Club screens children's' vision at local elementary and middle schools and collects unused eyeglasses to be distributed to people who need them. The Applegate Trail Lions Club also organizes youth programs where volunteering can foster personal development.

submitted by Glynis Beyerlin

Being An Ambassador In Your Daily Life.

Look up "Ambassador" in a dictionary and you will read: an official envoy; an authorized representative or messenger; an unofficial representative. Now meet one of **Lions VisionGift** ambassadors, Lynda Meyer, who far exceeds those definitions.

For Lynda, being diagnosed at 42 with Fuchs Dystrophy, a genetic disease of the cornea, was the start of tough road as her vision slowly began to deteriorate. She soon found herself altering her life both at home and work. She slowly began giving up her favorite activities such as riding her motorcycle. Early morning and night driving became increasingly difficult and so she would make up excuses not to attend night meetings or activities with friends.

It's hard for most of us to fully understand what it would be like to have our vision worsen with each passing day, making it difficult to do everyday chores or activities that we take for granted. Imagine how you might feel if you woke up tomorrow and suddenly needed to rely on others to help you get through the day?



As Lynda recalls, "I had lots of embarrassing moments like walking into a rack of men's shirts at a pro shop when I became blinded by sun coming through the window or falling down in public because I couldn't see curbs or steps clearly. I was not able to recognize people if they were more than a few feet away."

Then finally one day, Lynda got a new lease on life with restored vision.

"I remember, about two weeks after my first transplant, walking into my kitchen and looking out the window into the woods. I was amazed. I could actually see the texture of the tree bark. I went out into the yard; the daffodils were up and the trees were starting to bloom. My vision was so clear, the colors everywhere were so brilliant. it almost hurt to look at them."

Lynda was struck by the source of her improved sight – "It hit me. Someone who I would never know had given me the most unselfish and precious gift I would ever receive. I sat down on the front steps and cried."

Every morning that Lynda wakes up, there's a moment when she reaches for her glasses and then realizes that she's doesn't need them any longer. She says a prayer of gratitude to the two people who have blessed her with the gift of sight. Her promise to them? Linda says, "I will live better, kinder, and will do everything in my power to pay this gift forward in their honor."

Reading this, you might not think of yourself as an ambassador. Maybe your story is different. Maybe it wasn't you who had a surgery to restore sight, but maybe it was your spouse, child, friend, co-worker. It doesn't matter. You can be an ambassador each and every day if you choose to be. When you're standing in line and strike up a conversation with a stranger. When someone asks you what you do - let them know about your role with your local Lions group. Each of us has the opportunity every day to share this precious gift.

You, Me and the D!

Hello Lions,

Another reminder that those holidays when we have a tendency to side-step our diets are just around the corner, starting with Thanksgiving, continuing with Christmas and ending with New Years. After all that, if we have the nerve, we step on the bathroom scales and realize that we blew it. (Actually, our side-stepping probably started on Halloween.) Below is a great plan that, if you start on it soon after you read this, you will wake up on January 2nd feeling much better about yourself and way ahead of most people who will wish they had started sooner.

Waist Watch Dropping pounds improves blood sugar levels Here's how to do it right

By: Stephanie Watson

One of the best ways to manage diabetes is to lose weight. Dial back just a few digits on your bathroom scale, and you'll get your blood sugar levels more in check and feel better overall.

Weight loss doesn't have to be dramatic to yield big results. What we found in our research was tht when people lose around 7% of their body weight, their insulin sensitivity improves by 57%," says Osama Hamdy, MD, PhD, medical director of the Obesity Clinical Program at the Joslin Diabetes Center and author of *The Diabetes Breakthrough*.

So if you weigh 200 pounds, losing just 14 pounds will make a difference.

When it comes to diet, the key is to strike the right balance between carboyhydrates, fats, and protein. "Cutting the carbohydrates is the No. 1 way to lose weight," Hamdy says. "Carbohydrates cause the pancreas to release insulin." Carbs should make up no more than 45% or so of daily calories for most people with diabetes, but check with your doctor because your target might differ based on your weight, activity level, and which medicines you take. When choosing carbs, pick ones that won't make your blood sugar spike - high fiber fruits and vegetables and whole grains, rather than past rice and white bread.

Another goal is to lower your daily calorie count, but not by skimping on protein. You need protein to maintain muscle, which helps you maximize your calorie-burning potential. At least 20% to 30% of your plate should be made up of lean protein sources like fish, tofu, and skinless grilled chicken breast.

You also need some fat in your diet - it should contribute about 30% to 40% to your daily calories - but the type of fat you eat matters. Unsaturated fats from foods like nuts, avocado, fish, flaxseeds and canola oil are much better bets than saturated and trans fats from meat and fried foods.

Pair diet with its partner in weight loss - exercise. "If people woule like to lose weight, they should get 300 minutes of exercise per week," Hamdy says. Split those five hours between aerobics and strength training, both of which help your body trim down and use insulin more effectively.

Reviewed by Arefa Cassoobhoy, MD, MPH, WebMD Medical Editor

submitted by PCC Charlie Tate, MD36 Diabetes Chairman Feel free to contact me at my cell: 503.409.1861 or my email: commontate@hotmail.com

"Be always humble, gentle and patient. Show your love being tolerant with one another." Ephesians 4:2

Satisfying the Appetite

The Elgin Lions Club held their Dutch oven dinner, with approximately a dozen Lions demonstrating their skills. A wide variety of dishes were



(I-r) Lion Steve Craig not only serves as tailtwister, but serves a great stew. To the right is Lion Everett Grandeen

experienced, ranging from beef stew to bread pudding. Members of the Club stated the foods were extraordinaire and ate heartily during the Lion meeting. Yum. Yum.

submitted by PDG Gerald Hopkins



Mike Garver has been an "old hand" with Dutch oven cooking



(I) Lion Deb Rogers preparing a feast



(above) (I-r) Lions Elma Jean Wilhelm and Susie Harris get several suggestions from the "pros"

King City Lion Introduces "Laps for LEAP"

King City Lion Scott Stierle is embarking on a new project called "Laps for LEAPS", the purpose of which is to benefit the Oregon Lions Sight and Hearing Foundation. The event will be held on Melvin Jones' birthday which is January 13, 2018. Scott will be at the Tualatin 24 Hour Fitness facility from 8:00 am until noon where he will be walking 100 laps up and back in Celebration of the Lion Centennial. He is asking your support of his efforts to raise money to buy eyeglasses for those in need by pledging per lap or giving a lump sum for the event. Let's take time to "step up" with Scott to help those in need of our sight-saving assistance.

submitted by Scott E. Stierle

Eclipse Glass Sales Help In More Than One Way

During the last scheduled meeting of the Bend/Sunrise Lions Club on September 19, 2017, 3 members of the Bend Memorial Clinic Ophthalmology Section visited the Club to make a donation for selling eclipse glasses. They presented the Club checks totaling \$1,374.71. Decision to donate the funds to the Lions was made by their office manager, Pam Alm. The funds will be set aside for use on glasses or cataract surgery.

submitted by Russ Chase



(I-r) The representatives (standing) were from left to right Josh, Maurice, and Rajinder who were responsible for collecting the funds. Lion President Russ Chase is standing on the far right. (I-r) Seated are Lions Tom Bessonette and Sharon Boller.

Elgin Lions Remain Busy and Visible



PDG Gerald Hopkins is pictured presenting a check for \$75 to Superintendent/Principal Dianne Grief to help students needing assistance with school supplies. The Elgin Lions also donated backpacks and supplies to the school.



Lion Susie Thomas receives Silver Centennial Membership in from President Bob Thomas



Lion Kathy Oliver recieves Premier Centennial Patch for Elgin banner from President Bob Thomas



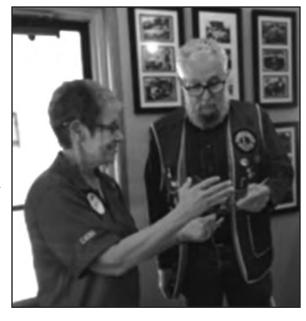
Elgin Lions bring items for an evening taco feed submitted by PDG Gerald Hopkins

Hellen Keller Benefactor Award Awarded by Bend/Sunrise Lions Club

On September 26, 2017, DG Debi Castor made her official visit to the Bend/Sunrise Lions Club, at which time she presented Lion Steve Olson with the Helen Keller Benefactor Award for all the work he has done on projects during this Centennial year. These projects included the Club's Legacy project (Buddy Bench), supporting the implementation of a new branch club and working at the Club's fundraising projects.

submitted by Russ Chase, President

(I-r) DG Debi Castor presenting Lion Steve Olson with the Helen Keller Benefactor Award.



Fun and Learning at the USA/Canada Forum

What a great Forum it was!

With four fantastic keynotes, over 85 seminars, and more than 1,600 attendees, anyone there

could meet new Lions and learn a lot of new things for their club and district.

There were breakout sessions for everyone's interests and needs including: club PR, social media, diabetes awareness, Leos, and much more.

The keynote speakers dazzled us. NASA Astronaut **Lerov** Chiao talked about his three space shuttle missions and months living on the Mir Space Station. He also emphasized the importance of making good decisions at critical



(I-r) 1st VDG Dan Wolf, Strides Walk Chair; Robin Stoeckler, PDG Red Rowley, Service Project Chair; **PCC Joyce Anderson, Forum Host Committee** Chair; and PCC Steve Thomson, Forum Host **Assistant Committee Chair.**

PDG Judith Poage, Committee Chair, and Sheri Johnson directed about 30 Lions to fill registration bags before the Forum started

times in our lives. The Friday lunch keynote focused on reaching your potential. Jen Bricker was born with no



(r) Lions Dane Parreira and (center) Eric Weberg of the Lake Oswego Club meet International President Dr. Naresh Aggarwal

legs but that didnit stop her from becoming a state champion in power tumbling and a world class aerials performer.

Friday dinner's keynote speaker, Willey Jolley, received two standing ovations, one for his dynamic presentation and the other for accepting the International President's invitation to join Lionism. Dr. Jolley encouraged us to dream

the impossible dream. In fact, he sang that song beautifully for his finale.

International President Dr. Naresh Aggarwal

also spoke at Saturday lunch giving a message of service and his theme of "The Power of We."

The USA/Canada Forum was so successful because of the hundreds of Oregon Lions who volunteered as committee members. THANK YOU VOLUNTEERS! A hugh thanks must go to PCC Joyce Anderson for being Host Committee Chair and spending thousands of hours over the past few years preparing the Forum. Also, PCC Vince Bishop, Robin Stoeckler and PCC Steve Thomson were instrumental in the Forum's success.



Robin Stoeckler, Finance **Committee Assistant**

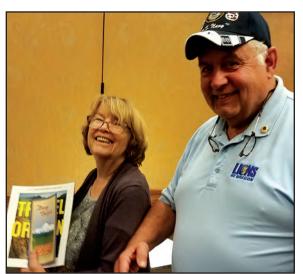
Other Lions that were committee chaires from Oregon were as follows: Raema Manning, PID Sunny Pulley, Rod Taguchi, Carrie Bartley, Doug Thompson, 2nd VDG Terry Bowman, Lulu Bowman, 1st VDG Dan Wolf, Bruce Anderson, PDG Judy Kauffman, PDG Judith Poage, PDG Paul Zastrow, Jim Vincent, PDG Sharon Rollins, PDG Judy Giorgi, Art Abbott, Dane Parreira, Dean Surface, PDG Rennie Cleland, Susan Cleland, PDG Garry Charbonneau, Henry Miller, PDG Bob Hoover, Julie Hoover, Wallace Anderson, CC Brad King, Tom Hammond, Jadie De Lille, Don Markle, PCC David Rich, PDG Gail Black and PDG Red Rowley.

Thanks also to the following Lions who were Forum presenters: PCC Chuck LaTourrette, PDG Hank Calhoun, Brenda Anderson, PCC David Rich and Carrie Swesso Bartley.

submitted by Bert Diamond, DG, 36-0



(I-r) Waiting for lunch are Lions Dane Parreira, Fae Lloyd, Bonnie Roeder and Stella Brown



(I-r) Henry Miller was the Photography Committee Chair and whose photos of Forum attendees appeared on the large screens at meal time next to 1st VDG Dale Bachman, District R.

Lions 1st VDG Dan and Nancy Wolf cooked and served breakfast for five mornings during the Forum for about 30 VIPs. That meant wakeup call was at 4am!

Here's the popular "Lions Welcome" sign that many attendees took their photos with. Also in photo is (I-r) Chritina Breazile, Leo Dylan Mitchell, Leo Isis Breazile, and Leo Advisor Don Markle. The Leos are part of the Neah-Kah-Nie High School Leos Club.



Rockaway Knight Lions School Donations

Rockaway Lions Branch Club, the Rockaway Knight Lions, donated \$460 to the Rockaway Beach Lions for Neah-Kah-Nie Middle School needy children school supplies through member Andrew Sarkady.



Lion Andrew Sarkady at Mo's table for needy children

Andrew Sarkady is a member of Rockaway Knight Lions. He is also the manager of *Mo's Restaurant* in Canon Beach. Andrew started a table at *Mo's* which is covered by painted hand prints of employee's children. The profits from this table are designated to needy children of our coastal areas. *Mo's* has donated over \$7,000 to coastal children's needs.

Andrew approached Rob Herder, counselor, coach, and Knight Lion member, about the student needs. He also talked to the school principal, Leo Lawyer, about student needs. Lion Rob said that making a list of needed supplies was like writing to Santa. The list included backpacks, calculators, socks, underwear, hoodies, leggings, shorts and deodorant!

We worked with the manager of *Fred Meyer* for the lowest prices and fulfilled most of the list. The needs are great in all our communities. This is one more reason to reach out to the community for younger members in a branch club. Rockaway Lions are proud of the accomplishments of our Rockaway Knight Lions.



(I-r) Knight Lion President Goldie See being given a check for \$460 by Andrew Sarkady and Lulu Bowman.



(I-r) 2VDG Terry Bowman, Andrew Sarkady, Marilou Bowman, Principal Leo Lawyer and Counselor Rob Herder at the front of Neah-Kah-Nie Middle School

Rockaway Lions Host Forum Lunch

Rockaway Lions hosted a salmon lunch at their Club House the day before the USA/Canada Forum. The luncheon was part of an 8-hour Coastal Adventure sponsored by the Portland Forum Committee.

Forum adventurers
enthusiastically boarded
buses at 8am for their scenic
trip through the Tillamook
forest hosted by Rockaway
Lions 2VDG Terry and Marilou
Bowman. Travelling through
Tillamook forest, out-of-



Rockaway Lions clubhouse is full of Forum attenders for a salmon luncheon

state visitors were informed about the great forest fire history, the community involvement in forest replanting, the causes of the fires and the new fire safety procedures.



Lion LuLu gets them on the train

Many of our coastal explorers had never tasted wild salmon, seen our ocean or ridden on a steam train. Their grateful enthusiasm was repeated many times during the Forum. Thank you, Rockaway Lions, for the enthusiastic reception and fabulous lunch. It is a wonderful memory about their trip to Oregon for 92 Lions.

submitted by LuLu Bowman

Entering Tillamook, accompanied with the fragrant smell of cows, Tillamook Creamery Association and it benefits to our community were tastefully discussed. There were humorous discussions about beef and dairy cows from our travelers from other farm backgrounds.

Steam train enthusiasts were excited to reach Garibaldi and board Engine 25 a star in the movie "Stand by Me". It was a 30 minute steamy ride to Rockaway Beach. There travelers were greeted by members of Rockaway Lions and shown the way to the beach, shopping and a fabulous wild salmon lunch at the Rockaway Lions Club House.



Steam train ride



School Vision Screenings Off to Great Start But We Still Need Your Support!

As we roll into November and approach the holiday season, there is much to be grateful for regarding Lions efforts to screen Oregon students for vision health issues as we continue to achieve our "2020 Vision" of all Oregon school children having their vision screened each year.

Still, we need YOUR support to achieve this vision. The recently passed legislation - SB 187 - which now provides state funding for vision screening is a great first step, but it will only provide funds to screen about 35% of Oregon students grades K through 8th grade. In order to continue to increase the number of children screened for vision health issues and to identify more kids in need of eye exams and new eyeglasses, OLSHF needs to continue to raise funds from the private sector, which includes Foundations, individuals, and Lions Clubs.



Our Mobile Health Screening Program (MHSP) school vision screening is off to an amazing start this 2017-18 school year.

During the month of October alone, we partnered with local Lions to screen over 55,000 students for vision health issues.

Even with state funding, we urge you and your Lions Club to continue sponsoring - or sponsor for the first time - a school or two in your community for a vision screening. Our actual cost for conducting a vision screening event is in the neighborhood of \$700 but we charge only \$100 for a business, an individual, or a Lions Club to defray some of our expenses through a sponsorship.

Interested in sponsoring an event this school year? Please contact the Foundation at (503) 413-7399 for information on how your Lions Club can help us achieve this "2020 Vision".



Keith Price Board Chair



Doug Thompson Executive Director



This included a screening event at Oaklea Middle School in Junction City, featured here on Rep. Julie Fahey's Facebook page -Great job, Junction City Lions!

Gifts & Memorials

Contributions list includes gifts received 9/16 through 10/15 only. Every effort is made to ensure accuracy and we appreciate you bringing any issues to our attention by emailing Info@OLSHF.org.

LION HEART \$5,000-\$9,999

KEX Kids Fund

LION SENTINEL \$1,000-\$2,499

Crooked River Ranch Lions Club Estacada Lions Club Oregon Community Foundation Paragon BioTeck, Inc.

LION TAMER \$500-\$999

Bliss Sequoia Meeseon Kwon **Brad & Bente Houle**

LION PATRON

\$100-\$499 Art & Gail Abbott Brenda & Nathan Anderson Andrew & Kelly Asbra Rod & Debbie Bach Reid & Melissa Blanchard Marilou & Terry Bowman Art & Diana Carroll Garry Charbonneau Gené Christian Bertram Diamond & Nancy Verstegen Jennifer Elliot Doug Fiala Kenneth & Jeanine Jensen Dr. Eric Jones Brad & Laura King Bradley & Michelle King Julie Kopet Christine Krulitz Langlois Lions Club David Lucas Jeffrey & Grace Mandel Keith & Denise Price Jason & Amalia Shaner Colan Slaght **Janice Stewart** Steven & Linda Thomson Dennis & Judi Tichenor Paul Zastrow

LION DONOR Up to \$99

Wally & Joyce Anderson Dale & Judith Bachman Carrie & David Bartley Kevin Bradley Peggy Costanzo Mark Good Lisa Heydemann Kate Kinder Kristin Kirk Amy Longeteig Misty Martin-Zimmerman Ellen Nunez Oregon Dept of Revenue Charitable Checkoff Diana Richardson Don & Teddy June Smith Dean Surface Taylor Torgerson Vaunne Weathers Wesley Whittle Clyde R. Wood Ibrahim Yansaneh Janet & Darrell Young

HONORARIUMS

In Honor of Monte & Elsie McDonald Debi Caster

MEMORIALS

Sab Akiyama Hood River Lions Club

Michael Anderson Odell Lioness Club

Dick Barnes Dr. Gerald & Mary Martha Hopkins

Don Benton Hood River Lions Club

MEMORIALS cont.

Bettie Bessonette Carlton Yamhill Lions Club

June Bluemmel Gerald Monroe

Andrea Holberton Quentin & Eunice Badger St. Helens Lions Club

PDG Chuck Johnson Ed & Sandy Gear

Mike Mullan Ruth Farm

Lion Dale Thomas Michael & Mary Regan

Walt Trandum Donald & Doreen Iverson

MHSP EVENT SPONSORS

Dallas Lions Club Multnomah County Oregon North Bend Lions Club United Way of the Mid-Willamette Valley

LEAP OPTICAL LAB SUPPORTERS

Asian Health & Service Center Care Oregon KEX Kids Fund Micronesian Islander Community

ROAR! HEARING SUPPORTERS

Janice Burks Central Lions Club

PRIDE (Recurring Donors)

Brenda & Nathan Anderson John Anderson Kaitlin Anderson Wally & Joyce Anderson Kelly & Andrew Asbra Rod & Debbie Bach Carrie & David Bartley Charles Blanchard Marilou & Terry Bowman Carol & Doug Brink Gerald Caldwell Hank Calhoun Kent Calvin Ted & Phyllis Carlin Debi Castor Garry Charbonneau Russ Chase Bertram Diamond & Nancy Verstegen Michael Durrow Karina Felix Jo Hallam Julie Harper Lisa Heydemann Thomas & Paula Hilgers James & Susan Jaggers Brad & Laura King Steven Olson Katie O'Neill David Ott John & Linda Pasma Keith& Denise Price Brian Rangitsch David & Penny Rich Sharon & Dale Rollins Red & Karla Rowley Al & Becky Scott Dixie Sexton Sherril & Irv Smith Doug Thompson
Dennis & Judi Tichenor
Dr. Steve Transes Mary Lee Turner Kerith Vance Tiffany Warren Wesley Whittle Paul Zastrow

YOUR COMPLETE ESTATE PLANNING TOOL KIT

The **FIVE** documents every **LION** should have prepared...

- A Will or Living Trust
 Power of Attorney for Finances
- 3. Healthcare Representation
- 4. Confirmation of Final Wishes 5. Disposition of Tangible Property

Resources Available to Help You:

- Confidential & Free Estate Planning Assistance

respected leader who can serve you in this Estate Inventory Form Estate Planning Guide Final Wishes Booklet often complicated area of life.

Contact your foundation at (503) 413-7399 or Info@OLSHF.org to learn more or to set up a time to talk with Gene.



Would you like help

with your estate planning?

Your foundation offers ~ AT NO COST to You or Lions ~

services from Gene Christian, a regionally



Roaring 20s Gala







Live music by Hot Club of Hawthorne













OLSHF's Gala 2017 Roaring 20s event was a fun filled evening of live music, silent and live auction items of all kinds, and excellent libations! Gala 2018 is already shaping up to be another memorable and unique fundraising event!

Happy Birthday Marguerite Hofferber

Celebrating 100 Years this November 2017



Inducted into the OLSHF Hall of Fame in 2010 for her years of Lions and foundation service first within the Lioness Clubs, later through several Lions Clubs and positions of leadership.

Marguerite volunteered each week for years in the OLSHF office, assisting with projects and mentoring staff. When faced with obstacles, she practiced what she preached, often saying, "We don't have time for that nonsense!"

(right: 99 years young; below: with family and staff at the KTP breakfast)





It's easy to find reasons to celebrate the contributions and service of one of Oregon Lions Sight & Hearing Foundation's most illustrious supporters. Pictured above with Dr. Richard Chenoweth, Marguerite was the first woman to serve as foundation Chair.

Marguerite is known for her ability to accomplish goals and to lead with clarity and grace. Pictured left, Marguerite was honored when July 31, 2010 was declared "Marguerite Hofferber Day".



What do you give the Lion who has everything? Make a gift in their honor!

Contributions recognizing those who inspire us through their service gives all of us more to aspire to. The values of generosity and charity are deeply held and speak to a legacy of service.

100% of ALL gifts serve programs!

Thank you to all who volunteer, lead, give, and serve throughout MD-36 and beyond!

Central Lions Issue Challenge to Match or Beat their Donations to LCIF for Disaster Relief

The Central Lions Club has donated five \$50 checks totaling \$250 to LCIF for disaster relief. The checks were earmarked for Hurricane Harvey in Texas, Hurricane Irma in Florida, Hurricane Maria in Puerto Rico, the Mexico earthquakes and the Columbia River Gorge fires. These should be considered as challenge grants to other clubs in the District as the Central Lions are challenging other clubs to match or beat these donations. The first one (for Hurricane Harvey relief) has already generated a lot of matching contributions and we are hopeful the four others do as well. A lot of suffering has created great needs in just the last month.

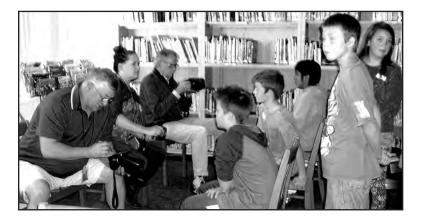
submitted by Michael Cairns, Central Lions Club

Vision Screening Held at Slater Elementary School

The Burns Lions Club and the Oregon Lions Sight and Hearing Foundation sponsored the annual vision screening for students K-5 at Slater Elementary School on September 26. A total of 361 students were screened with 28 of them showing potential sight related problems. These are referred to their optometrist for further evaluation. It costs clubs or schools \$100 to bring the screening event to their community. However, that only covers about 15% of actual costs. With the passage of SB 187, it is estimated that new State funding will enable screening of approximately 175,000 students this year, with more rural schools being brought into the program. Those conducting the screening locally were coordinator Lion Ted Carlin, PDG George Sahlberg, David Allen, Tara Thissell, Jen Shepard and Tina Mello.



Those conducting the screening locally were coordinator Lion Ted Carlin, PDG George Sahlberg, David Allen, Tara Thissell, Jen Shepard and Tina Mello.



submitted by PDG George Sahlberg

Elgin Lions Test Students Vision in Elgin and Imbler School Systems



Elgin Lions Club President Bob Thomas checks the eyes of kindergarten student Braden Barber of Imbler. Elgin Lions tested students in both the Elgin and Imbler School systems.

by PDG Gerald Hopkins

District Governor Castor Visits Elgin

DG Castor related

there were 283 students

District Governor Debi Castor was a guest at the Elgin Lions Club where she discussed the goals of International President Naresh Aggarwal. President Aggarwal has set his theme of "We Serve" used for the first 100 years of Lionism. Clubs have been asked to focus on areas of service such as improving the community, donating funds to Lions Clubs International for international relief, addressing sight and hearing and diabetes needs, collecting food to fight hunger, supporting pediatric research, and projects that address protecting the planet. DG Castor encouraged the Club to work with the Oregon Sight and Hearing program and commended Lions for screening students in the Imbler and Elgin school systems.



(I-r) Jim Johnston, PCC Steve Oliver and Linda Johnston collect cans during food drive

In order to address sight needs, Lion Teri Fuhrman announced that the Elgin Lions Club is collecting used eye glasses. The community was encouraged to take them to Cowboys and Angels in Elgin on October 11th and contributors would receive a free maple bar.



President Bob Thomas receives a personal pin from DG Debi Castor

Chair Barbara Hawes announced that eleven members helped

with the highway cleanup drive collecting a total of 22 bags of garbage for the morning. Lion Barbara noted that the number of bags was higher than average for highway cleanup.

Lion Linda Johnston chaired the food drive for the week, stating that 13 Lions helped in the collection process. She reported that 118 pounds of food were collected along with \$79 for the local food bank.

Lion Ann Warren said that, due to the cost of glasses requested, the Board has set a limit of two glasses or one set of hearing aids to be given per month. Lion Ann noted there have been requests for 36 pairs of glasses to date and the Club will have to prioritize the requests received due to the high cost.



District Governor Castor addresses
Elgin Lions

receiving vision checks in Imbler with only 19 referrals. She added that 217 students were screened in Elgin with 16 referrals. DG Debi noted that this is well below the 10% average found around the state.

DG Castor recognized Maureen Smolkowski with a chevron from International President Naresh Aggarwal for 20 years of community service. The President stated in a letter, "Lions Clubs International recognizes the anniversary of members like you because they are a reminder of the milestones of our lives."



Chair Linda Johnston asks Lions to stand and be recognized for helping with the canned food drive



District Governor Castor presents chevron to Lion Maureen Smolkowski for 20 years of services

submitted by PDG Gerald Hopkins

Odd Fellows and Lions Work Together to Address Vision Needs

On September 26, the Independent Order of Odd Fellows Bend Lodge #218 donated \$500.00 to the Bend/Sunrise Lions Club. The reason for the grant was to help Bend provide limited support to clients in Redmond because that Club does not have funds available and Bend/Sunrise has depleted the amount budgeted to support Redmond. The Odd Fellows Lodge also has a glasses program and the approval letters to Redmond clients will specify that funds for their assistance are coming from both groups.

submitted by Russell Chase, President, Bend/Sunrise Lions Club

Imbler Student Guest at Elgin Lion Meeting



Zachary Brown

Junior Zachary Brown was a guest at the Elgin Lions Club meeting, representing the Imbler FFA (formerly Future Farmers of America) program. Zachary had raffle tickets available, the prize being half a hog. The winning ticket will be drawn at the Imbler football game on October 20th. Zachary stated that the money will be used to pay expenses to the national competition.

Zachary has been a member of FFA for four years and been involved in soil competition, crop management, tractor driving and parliamentary procedures. When asked about the tractor driving, Zachary stated that he had won the division for going to the competition.

Zachary has been involved in wrestling and football, and will be playing in the game when tickets are drawn. He is the son of Pete and Katrina Trick.

submitted by PDG Gerald Hopkins

Canby Lions Continue Vision Screening

All Canby students are again having their vision screened by the Canby Lions Club in cooperation of other people and organizations. The screening continues for the 4th year using the "spot" a digital device that is used to take a picture of the eye. This picture is sent to computers that analyze the measurements which is shared with parents for those students needing some vision corrections.

The Oregon Lions Sight & Hearing Foundation provides the "spots" to Lions Clubs to do the screenings with complete cooperate of the schools, teachers and parents who direct the students through the process. One classroom can be screened in about 10 minutes. The six elementary schools have about 2,500 students.

Financial help to do the screenings is provided by the Oregon State Legislature by passing S.B.187 that give schools money to do the job mandated by the Legislature.



(I-r) "Spotters" are Candice Mallipudi and Ruth Vandecoevering and Mary Walsh



(I-r) "Paper Workers" are Bob Cavanaugh, Larry
Arendt and Bev Friedemann

submitted by Dale Friedemann

WONDERFUL SERVICE IN DISTRICT O

How rewarding it is to see all the different ways that Lions serve. That's why I want to share with you the great things being done in the six clubs I visited in September and October.

The Vernonia Lions Club has 41 members and they are very involved in their community. With funds from their annual jamboree event and circus fundraiser, they have rebuilt the local pool and have donated handsomely to Hurricane Harvey relief, LCIF, and local causes. They also collect over 2,000 used eyeglasses a year.

Each summer, the West Linn Lions sell thousands of hamburgers and hot dogs at about 18 different

The West Linn Lions Club in one of their meetings

fairs and fundraisers in the area. Their popular, annual events include a Bowl-a-Thon, Easter Egg Hunt, and Sausage and Kraut Feed. Over the past dozen or so years, they collected and distributed almost 3,000



Some of the members of the Canby Lions Club

sleeping bags for the homeless and provided \$78,000 in high school scholarships!

The Canby Lions Club help with the eye screenings of 2,500 students. A vital part of their community, these Lions raise money from the sale of Christmas trees and a Spring Plant Sale. Their donations go to LCIF, OLSHF, Dogs for the Blind, and local charities. They also give flags to first graders and help people in need with free eyeglasses and hearing aids.



Some of the Astoria Lions Club members

The Astoria Lions raise a whopping \$20,000 a year with their extensive newspaper collecting activity. They support local Boy Scouts, do vision screenings in local schools, do barbeques for local charities and collect canned food for the local food drives. Club members help with Project Homeless Connect and the Club donates to the Lower Columbia Soccer League, LCIF and the OLSHF.

The Cedar Hills Sunset Lions have been steady sponsors of the University of Portland Campus Lions Club. They're a young

Club as all but one Club member still work. Food collection for the local pantry and volunteering at the Beaverton Clothes Closet are just some of their service projects. They collect more than 750 used eyeglasses a year.

The West Linn Riverview Lions Club, with mostly women members, collects canned food and socks for the local food bank and homeless shelter.



West Linn Riverview Lions Club



Some of the members of the Cedar Hills Sunset Lions Club

They do school eye screenings with the West Linn Lions. Winter Poinsettias and the Spring plant sale are two of their fundraisers. They give two \$1,000 high school scholarships each year and they are famous for their annual High Tea lunch fundraiser.

submitted by DG Bert Diamond







