



Serving members of MD36 Oregon and Northern CA

November, 2020 Volume 4/20-21

## Remember November is Membership Focus: Family & Diabetes Awareness Month

### District 36-O First Cabinet Meeting this Year



District Governor Sheri Young onsite in Rockaway for the online cabinet meeting.

See p. 7

### Bend/Sunrise Lions Present Important Award



(l-r) Presentation was made by Lions Russ Chase (OLSHF Trustee) and Kevin Korn (President) to Kat Mastrangelo at the clinics office.

See p. 22

### Pendleton Lions Recognized for Community Service



(l-r) Pendleton Lions Celebrating in front of the new Round-Up Office and Store: Bill Taylor, Jan Stewart, DG John Taylor and President Rita Campbell.

See Story on Back Cover

## ANNIVERSARIES

November 2020 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

### November

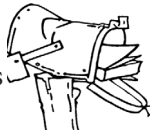
Bend/Sunrise	November 5, 1926
The Dalles	November 15, 1926
Sutherlin	November 22, 1946
Vernonia	November 23, 1946
Huntington	November 9, 1948
Portland Columbia	November 2, 1949
Canby	November 30, 1951
Lake Grove	November 29, 1966
Hermiston	November 27, 1972
Sandy	November 11, 2009

### December

Portland Downtown	December 2, 1921
Mill City	December 11, 1947
Eagle Point	December 16, 1951
Garibaldi	December 7, 1953
Halfway	December 8, 1965
Estacada	December 15, 1966
Hood River Eye Openers	December 29, 1975
Bonanza	December 21, 1977
Mt. Angel	December 19, 1980

### Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.



ATTACH YOUR ADDRESS LABEL HERE

Name (pls print): \_\_\_\_\_

New Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Former Address: \_\_\_\_\_

Lions Club: \_\_\_\_\_

Mail this entire form to: The Oregon Lion,  
PO Box 51345, Eugene, OR 97405

## MONTHLY CALENDARS

### MEETINGS

#### November

- 7 District R Cabinet mtg., Yachats Lions Club, 9am-noon  
District E Cabinet mtg. 10am @ SOLSHC
- 11 OLSHF Patient Care Comm. mtg noon-1pm
- 14 9-noon OLSHF Trustee mtg. will be either virtual or at Springfield Justice Center  
1pm Council of Governor's mtg. will be either virtual or at Springfield Justice Center
- 30 SOLSHC Board Mtg. @ 4:00pm

#### December

- 9 OLSHF Patient Care Comm. mtg noon-1pm

### EVENTS

#### November

- 10 The *Oregon Lion* article deadline for December issue
- 11 Veterans Day - Observed - HQ office closed

#### December

- 7 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave. NE @6pm
- 10 The *Oregon Lion* article deadline for December issue



The Oregon Lion Website:  
[www.md36lionsclubs.org](http://www.md36lionsclubs.org)

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## Council Chair News



**Paul Zastrow**

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November is normally in the middle of Autumn – days may be dreary, weather a bit wet and perhaps even snow piling on at higher elevations. But – as I write this column we’ve not even had a frost, sunshine has allowed days in the upper 70s and low 80s, and the fires of September seem to still be burning but not threatening anyone at this time. These fires were devastating for many of our friends and neighbors and the aftermath is in its beginning stages including documenting the financial loss, getting permission for cleaning up the debris and planning for rebuilding homes, places of business and municipal buildings. FEMA is now on the ground assisting these many folk in evaluating the damages and creating pathways for the future. May they be expeditious in their attempts and allow our displaced citizens find some normalcy,

Usually by now here in the Upper Hood River Valley we will have had a killing frost, the last of the tomatoes and squash plants showing signs of past life, grape leaves shrinking and falling, even apples and pears showing fall colors by mid-October. Nothing of the kind so far. My pears harvested and several apple trees yet to be pick, final sprays done on the major orchard areas, preparing for winter and time to enjoy the slower lifestyles of winter to come. Crops were adequate although some frost marking from cool spring weather. Average crop tonnage all around, not a bumper crop, yet I am sure most will be sold in various markets. Just to let you all know – orchardists never know at harvest time what they will make – but find out next year – August for the Bartlett pears and by October for the D’Anjou.

Lion duties will continue year-round, recruiting new members and clubs will always be paramount in what we do, although Covid-19 has definitely placed a damper on activities. Zoom and other visual meetings have become popular as well as necessary. Hybrid meetings where video and in-person assemblages are taking place, as are teleconferencing. Sure wish at least locally we could all go back quickly to in-person meetings as they are more informative and being able to be with friends beats merely seeing visuals!

2020 surely has negatively impacted what we can do as Lions. Not being able to do many of our service projects will potentially cause losses in membership. Fundraising has, for a great many, halted what we do as well. Through all this Lions International continues to offer a plethora of activities, webinars and assistive programs. The North American Membership Initiative (NAMI) has roots in each of our districts and with the Global Action Teams (GAT) will do the best to slow down the drop in members, recruit new Lions and clubs and retain those Lions thinking about dropping membership. We all need to work together and think of new ways for service to make our clubs better, our communities more fulfilling and our lives filled with hope and pleasure.

Lions International hosted the USA/Canada Lions Leadership Forum the in September fully via social media. Some glitches were encountered in connecting, but many good sessions delivered. It demonstrates that we can survive via this new and demanding process, but I still want in-person meetings, trainings and gatherings to take place. Perhaps once a Covid-19 inoculation becomes proven and is used widely, we can all come together and welcome each other to another ‘new normal’ seeing each other once again without fear! In all probability the next Council of Governors and Oregon Lions Sight and Hearing Foundation meetings will be via Social Media, but I hope that in the new year we’ll be able to rub shoulders once again! Until our next issue – I remain your servant leader – contact me if you need help or wish to converse!

## Directory Corrections

- p. 12 Oregon Lions Earth Angels Chair: OPEN
- p. 26 Zone 5, Mary Karter is with Portland Oaks Bottom Club
- p. 27 Oregon Lions Earth Angels: OPEN
- p. 38 Stayton Lions new PO Box 433 and their President, Michael Miller, has resigned.
- p. 51 The Dalles President is now Timothy Willis; add preachingitright@yahoo.com to his info on p.111
- p. 87 De La Rosa, Ruth has new email and cell of: radelarosa2005@gmail.com C) 503.930.2227
- p. 92 Heathman, Warren, PDG address is 14800 NW Cornell Rd., Apt. 11-D, Portland, OR 97229 R) 503.737.4698
- p. 94 Hopkins, Gerald, PDG address is now PO Box 1426, La Grande, OR 97850
- p. 96 Landsberg, Dr. Todd, address is c/o South Coast Hearing Center, 1052 Coos Bay, OR 97420 Larsen, Richard, **PDG should be PCC**
- p.105 Schnieber, Bruce cell is 971.301.4880



## District O - Northwest - North Coast



### District O Governor Column Sheri Young

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#### Pride through Service

The animal lion pride is defined by having multiple members, bonded not just by kinship but also through working together for common goals, protecting each other, sharing food, and relaxing together: vocalizing, touching, affirming fellowship. Human Lions are not so different – although the size of our membership, social mores, and now Covid-19 much reduce our capacity to physically touch.

Our goals are not killing to eat, but taking on challenges within our human communities. We earn human pride (respect) through how we serve each other and our communities. So - what was the September challenge?

Monday September 7, with fires already burning in parts of the state, high dry east winds took down trees and power lines sparking more fires. PGE cut power on Mt Hood on the 7<sup>th</sup> to limit fires. By the next day, thousands more had lost power. That afternoon from SW Clackamas county, the sky south of the Willamette became a surrealistic high blue, with brilliant red below and competing walls of deep charcoal painted by burned Santiam towns. By Wednesday night in District O, the Fireside fire, along the Clackamas River, was burning nearly 200 square miles; the whole county (pop. 420,000) was under some level of evacuation orders; the Chehalem Mountain and Echo Mountain fires required hundreds more to evacuate. And, a smoke blanket lay over us. Compared to District R, we were very lucky.

French Prairie Lions, all Estacada Lions and some Gresham Breakfast members from Estacada and Sandy had to evacuate. Gresham Breakfast members, Wilsonville and Oregon City Lions took in fire evacuees; Mt Hood Lions with generators and/or propane took in community members without power, providing meals and showers in their own homes. They also made fuel runs for people who had generators, brought items from the Les Schwab aid station to distribute to the community at the Mt Hood Club House parking lot, persuaded Amerigas to make a special propane refueling trip to the area, patrolled neighborhoods and provided ham radio connections. Estacada Lions directly put boots to the ground to fight fires threatening homes. Oregon City Lions did the same in the Molalla/Colton area.

Every county in Districts O and R opened their fairgrounds to evacuees; authorities opened parking lots at schools such as Mountainside High in Beaverton and Clackamas Community College, and commercial centers. Red Cross and other OrVOAD members managed multiple sites.

Milwaukee Lions supplied breakfast at the Elks parking lot (about 100 vehicles). Several Lions Clubs with meal delivery trailers tried to plan food service for informal evacuation centers, but with people and needs shifting daily, coordination was difficult. Milwaukee and other clubs also assisted with donation management. McMinnville Lions provided medical supplies and 46 cases of adult diapers to United Way Mid-Willamette Valley resource center, plus 20 beds to a McMinnville care home taking evacuees from Molalla (who otherwise had only air-mattresses.) McMinnville's ongoing medical devices program provided existing relationships (which also addressed Covid-19 needs) as well as the goods for this response.

One function local Lions Clubs could offer was to check the evacuation sites, verifying if they were open, if there were unmet needs or if donations were covering needs *as was the case through much of District O*. Some of that happened, but not all Lions recognized the importance of being eyes on the ground.

Thanks to the many who served and those who provided information. If you felt we should have done more – I agree. Hopefully, we'll help more in the next months. Nonetheless this experience provides a template for more coordinated future response. Build the Pride.

## District R - Willamette Valley - Central Coast



### District R Governor Column Linda Stent

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"Everyone has that one friend that has absolutely no concept of geography. If you can't think which of your friends it is, it's probably you."

One thing I discovered over the past few weeks is I had no concept of Oregon's geography . . . until the wildfires started burning. I have now been to Gates, Mill City, Stayton, Newport, and Lincoln City following up on wildfire needs. I admit I had to Google where some of them were before I took these road trips. I was hoping to determine where the \$10,000 LCIF disaster grant money could best be used.

It was heartbreaking to drive through a burned-out area and know that many of these people would now be homeless. It was interesting to note how the fires seemed to hopscotch through town, burning some places and skipping over others.

In addition to the LCIF grant, District R received monetary donations from several MD 36 clubs. These donations allowed us to provide items that were not covered by the disaster grant. In addition, we received donations from the public of clothing and food items from all over the state. Thank you, District G and PDG Gary Mose!

In Gates, the Silverton Lions Club has partnered with the Silverton Elks Club to set up a field kitchen where 300-500 people are being fed three meals a day. They're feeding evacuees, firefighters/first responders, and volunteers. Several of the Lions from my Florence-Siuslaw club made the three-hour drive to Gates to help out with the kitchen. It's quite an operation! The Silverton club has several grills and put them to good use. There were also several non-Lion volunteers who felt they wanted to contribute and came from different parts of the district to help cook, clean table and commune with evacuees and other volunteers.

Napoleon Hill, an American self-help author, stated: "It is literally true that you can succeed best and quickest by helping others to succeed." This is certainly illustrated by the Oregon Lions response to this ongoing wildfire crisis.

Keep up the good work!



## District E - Southern - South Coast



### District E Governor Column

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Since this article will show in the November issue of our Lions magazine, it is time to say thanks. Thanksgiving is just around the corner - -Happy Thanksgiving to all our members. As Lions, this is the perfect time to reach out to those who could use some help in the coming months; it is just one holiday after another. We had Halloween last month, Thanksgiving this month and Christmas in December. We must look among our neighbors and friends to find people who need our assistance this time of the year. We Lions can offer our assistance with food baskets or just bags of groceries full of items to make someone's Thanksgiving Day a treat like a turkey with all the trimmings and a good feeling that someone cared about them and their needs. Then we could follow up with a Christmas basket of a ham dinner or we could provide dinners at local shelters. If every club in District E (or all clubs) could provide such items for the folks who have lost their jobs, lost their homes and are in need of assistance, we could really make a difference in the lives of several families over this period of time. What do you think? Can we Lions do this? Can we pull together to make many happy families over this time period. Please do your best for needy people.

While doing my visitations, I was visiting a club that had a couple attending their meeting who was interested in joining their club. After the meeting I talked with this couple. They told me that they had received a holiday basket from a Lions Club several years ago. Times were hard and they were having trouble feeding their family; then along came a wonderful basket of food. This is one of the reasons they wanted to join Lions, to be able to give back and return the help they received. So, I told them about the plan that District E has for new members between now and the end of the year, and how much they could save by joining. Maybe this could happen in your club too.

## District G - Central - Eastern Oregon



### District G Governor Column

John Taylor

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36-G Lions are responding to the challenges and changes brought about by floods, fires, and COVID-19 by finding new and innovative ways to support the needs of their communities.

- Lions Charlene Larsen and I continue to participate in the Blue Mountain Long Term Recovery Group and Unmet Needs Table assisting the survivors of the February 2020 flooding that hit Umatilla, Walla Walla, and Columbia Counties. This expected to be ongoing for 7 years!
- FEMA estimates the duration of relief and recovery work as follows:
  - 10 X the number of days an event lasted, start to end, = the amount of relief time
  - Number of relief days X 10 = days needed for recovery
  - For example, Beachie Creek fire starting with the wind event is now 30+ days X 10 = 300+ days for relief
  - 10 X 300 = 3000 days or 8.2 years for recovery
  - There will be many opportunities for Lions to become involved in Long Term Recovery Groups in their area. I encourage you to do so, it can be very rewarding and informative.
- Pendleton Lions have applied for grants and received \$3,500 from the Walla Walla Community Foundation, and \$8,000 from Round-Up Cares. The club is also finishing a can and bottle drive expected to raise close to \$10,000!
- I want to remind readers that our district received a \$10,000 grant from LCIF for COVID relief, and to encourage clubs and Lions to make donations to LCIF for disaster relief.
- The Dalles Lions have been hard at work restoring features in Sirosis Park, where they have been meeting this summer outdoors. Nice work, Lions! Lion Timothy McGlothlin is also starting an International Forum of Lions to discuss issues of mutual interest. This looks to be highly interesting!
- Elgin Lions piloted new COVID-safe vision testing in the local schools, and found it faster, easier, and fun. The club also planted trees for the school for community beautification and conducted a highway cleanup. President and 1VDG Kathy Oliver stated the activity went "real well" and "There was a lot of trash!" Kathy said Lions need to be out in the community showing people that we Lions are still active.
- Crooked River Ranch Lions held their annual "Limb Dump" which allows locals to clean up potential fire hazards for fire mitigation. In winter the Lions and local fire department host a Burn to Learn session during which fire fighters get to practice on a large fire. President Kristie Peterson said the fire is always too big and hot to cook wieners and marshmallows on a stick. What a wasted opportunity we say. Lions, dare to do the right thing! Keep your cool, wear a mask, wash your hands, and socially distance but reach out to your club members. Membership retention being what it is we cannot afford to lose a single Lion to COVID, especially you or me!



## Elgin Lions Hold Picnic Meeting



Daryl Hawes cooks hamburgers and hot dogs for the 25 Lions in attendance.

Approximately 25 Lions were present for a picnic/meeting at the country home of Daryl and Barbara Hawes. Hot dogs and hamburgers were cooked by Daryl while Barbara and 1VDG Kathy Oliver served salads for the event.

Lions 1VDG Kathy Oliver and Jared Rogers noted that the vision testing, BINGO events, and basketball tournament are still on hold due to virus concerns. Decisions on these events would have to wait until further results are given on the county.



Elgin Lions picnic and meeting.

The Elgin School District had concerns on school supplies for the youth. A motion from Everett Grandeen moved to send the school \$600 for the paper supplies requested.

The club also discussed having a roadside cleanup in the month of September. Chair Barbara Hawes will get the information to the members. 1VDG Kathy Oliver will contact Foodtown regarding the next case lot sale date for groceries. Members will collect needed items for the Food Bank.



(l-r) Elgin Lions Everett Grandeen, PCC Steve Oliver, 1VDG Kathy Oliver, Mary Hopkins and Jackie Phillips.



(l-r) Elgin Lions Everett Grandeen, PCC Steve Oliver, Deb and Jerad Rogers, and 1VDG Kathy Oliver.

*submitted by PDG Gerald Hopkins*

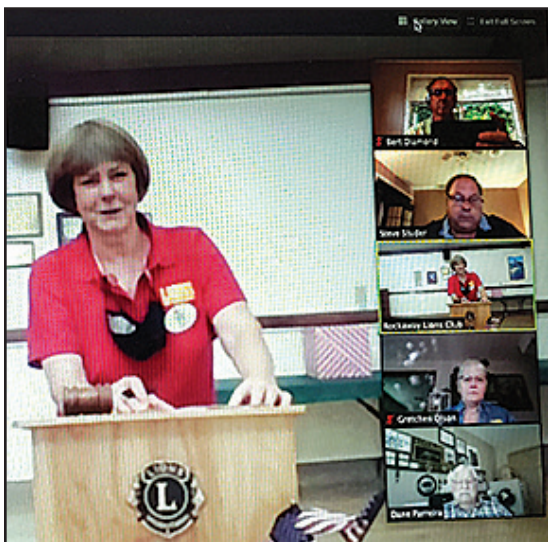


## District 36-O First Cabinet Meeting this Year

It was a very successful Zoom cabinet meeting. More than 30 Lions participated representing 14 Lions clubs. DG Sheri Young worked hard to inspire about 10 Lions to be onsite at the meeting at a church near the Rockaway Lions clubhouse. It gave that live and in-person feeling. She even planned a 10-minute breakout session for attendees to share about their individual clubs. That was really fun. Every Zoom meeting with large numbers ought to have breakout sessions.

There were good zone chair and committee reports including:

- An update by **Joyce Anderson** about the online USA/CANADA Forum in September for just \$20
- Information about the Peace Poster Contest told by **Bonnie Roeder**.
- How to inspire your club to get new members with a prep talk by **PDG Terry Bowman**.
- A report about partnerships with Boy Scouts given by **Darrell Bennett**.
- Updates on Lions Quest and Oregon Earth Angels by **PDG Jim Jaggers**.
- A report by **Charlene Larson** about disaster preparedness.
- Ways to connect together the clubs in your zone told by **Ed Glad**.
- A helpful presentation by **Steve Studer** about social media and Lions.
- Reminders by **PCC Sharon Rollins** and **PDG Mary Lee Turner** to support our partnered camps like Camp Ukando and Oral Hull Camp for the Blind and Low Vision.
- And many more informative reports.



District Governor Sheri Young onsite in Rockaway for the online cabinet meeting.



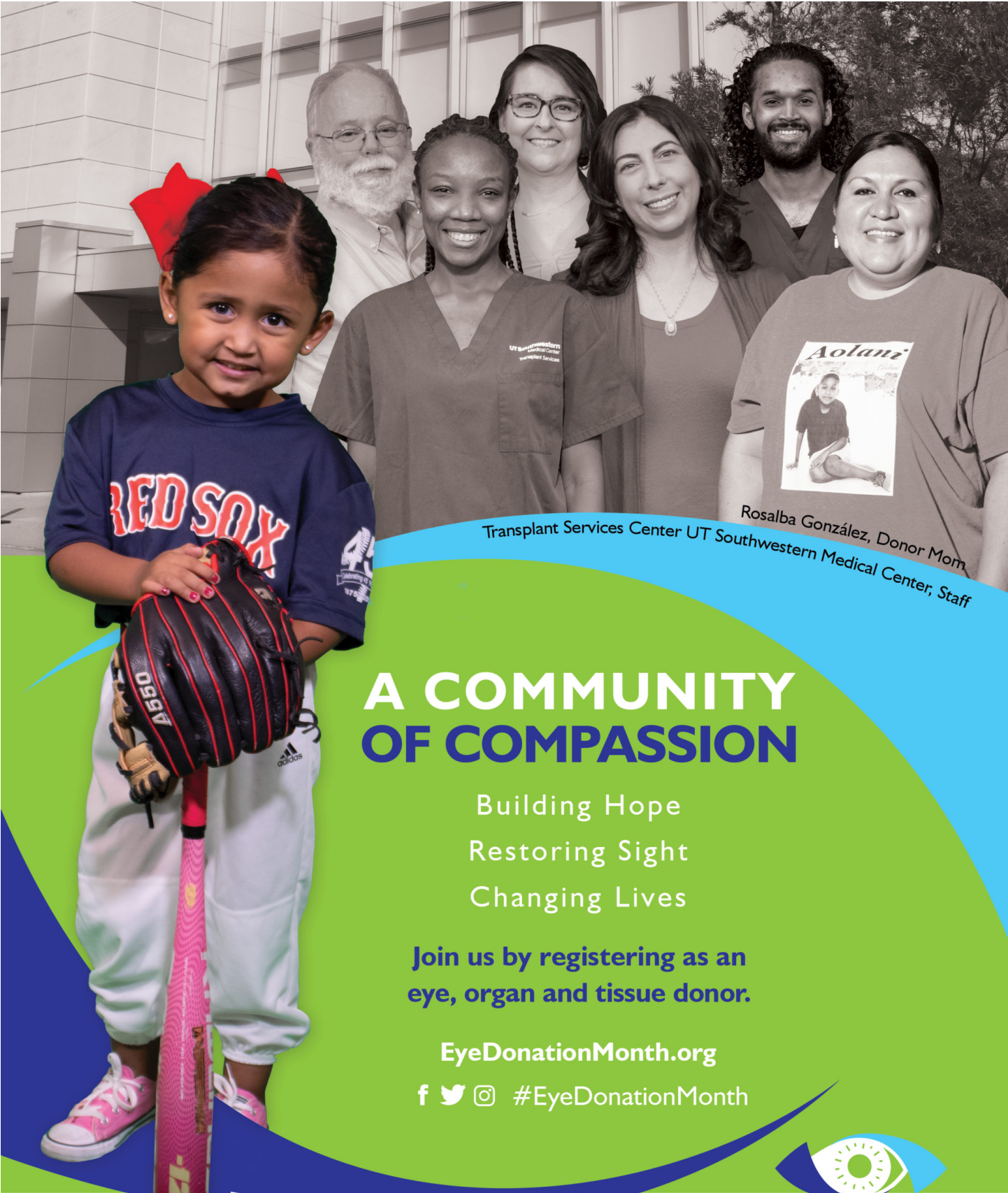
Some of the Lions at District 36-O Cabinet Meeting on Zoom.

Huge thanks to Lion **Steve Studer** who hosted the Zoom meeting and did the technical arrangements for the breakout groups. Also, thanks to District Secretary, **Carrie Bartley**, who deserves thanks more often with her help not only compiling and emailing the meeting agenda and minutes, but also all of her great communications tying us clubs and Lions together.

For the district's first online cabinet meeting, it was a huge success.

*submitted by PDG Bert Diamond*





Rosalba González, Donor Mom  
Transplant Services Center UT Southwestern Medical Center; Staff

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f t i #EyeDonationMonth

Zoe Rabago, Recipient Aolani Lopez, Donor



**EYE DONATION MONTH**  
NOVEMBER 2020

## The Silent Epidemic

Fellow Lions of MD 36,

Last month I dealt with the need to adapt to remain healthy during the Covid-19 pandemic and that people with diabetes had to adapt by changing their lifestyles through a change in diet. The example I presented was my own way of dealing with my own weight and health issues. This month I'm going to continue where I left off with what I've decided to implement to change my lifestyle in order to avoid having diabetes.

In March 2019, my primary doctor had a blood lab work done as part of my continuing checkup after having gall bladder surgery in February. What was learned was that my HA1C was at 6.7, up from below 6.0 a couple of months before. Needless to say, this was a big surprise to me. I had already eliminated excess sugar and was also watching the carb intake in my diet. Why the sudden change?

The answer is a change in my body's metabolism. My body it seems was no longer processing or maintaining my glucose levels as it had in the past. I can't tell you what causes a person's metabolism to change, everyone's metabolism is not the same. I asked doctors if the removal of my gall bladder would cause the change and their answer was no. To almost all, this condition is referred to as prediabetes or borderline diabetes. This is a crucial time in which a person decides what path they follow for taking control of their health in life. Do you continue down the path of having diabetes or do you take control and say I refuse to have diabetes take complete control of my health.

I made a decision that I was not going to let diabetes take control of my body and health. I was going to do what ever it took to keep diabetes from taking over body and health. So, I acquired a glucometer kit and have been checking my glucose every day. I researched the carbohydrates and fiber content of fruits, grains and vegetables and how the fiber helps in controlling the amount of carbohydrates that's absorbed into our system turning into glucose. I also started reading and paying attention to nutrition labels to make sure that the amount of carbs that I consume would also have a certain amount of fiber at the same time.

Yes, you can say that the threat of diabetes forced me to change my way of life, but it was my choice to make, not the disease saying you have no other choice. I did not relish the idea of having to rely on taking medications or having to take insulin to control my glucose. I accepted the fact that changes had to be made and made sure that I followed those changes.

*submitted by PDG Garry Charbonneau  
MD36 Diabetes Awareness Chair*



## St. Helens Lions Club Delivers TREX Bench



The St. Helens Lions Club recently partnered with the Alpha Omicron Chapter, Delta Kappa Gamma, to earn a TREX bench for the Plymouth Alternative High School in St. Helens. The Lions helped the Chapter collect the 500 pounds of plastic necessary to earn the free bench and also did the weighing and hauling of the plastic. The bench has a plaque with the names of both organizations. Plymouth was a new school in 2019 and the principal was thrilled with the donation!

*submitted by Jim Syrstad*

## Elgin Lions Clean Highway

Regardless of the Covid-19 pandemic, the Elgin Lions have still been able to maintain projects for their community. The latest effort was to clean Highway 82 on the north and south ends of Elgin. Chair for the project was Barbara Hawes, who will also be the incoming president for the club.



(l-r) Mary Hopkins, 1VDG Kathy Oliver, Pat McDonald, Jared Rogers, PCC Steve Oliver, Everett Grandeen, Mike Garver, Daryl Hawes & Barbara Hawes.



(l-r) On the road are Jared Rogers and Mike Garver.

*submitted by PDG Gerald Hopkins*



## Portland Hollywood Lions Meet in Person

The Portland Hollywood Lions held their first meeting of the 2020-2021 season at an outdoor venue. The Northeast Community Center has filed for a permit blocking off their street and creating a courtyard to accommodate those who might want to meet. The meeting was attended with smiles underneath the masks with great social distancing. We had 16 Lions bringing their lunches and drinks to attend this meeting. We were so honored to have our District Governor Sherry Young at our meeting and enjoyed her presentation very much. She also assisted with the induction one of our newest members Astin Kowaleski, along with attending sponsor, Bill Stout. In addition to this, she presented our President Gary Balo a most deserved Melvin Jones award. All of the members who attended were excited to see each other again and we are looking forward to continuing at this venue as long as the weather holds out. We have had a Zoom board meeting. We need to keep reaching out and doing what Lions do best, serve.



(l-r) Astin Kowaleski, Bill Stout (Astin's sponsor) and DG Sheri Young.



DG Sheri Young presenting President Gary Balo with his Melvin Jones.



President Gary Balo with his Melvin Jones award.



(l-r) Astin Kowaleski being inducted by DG Sheri Young.

*submitted by Lion Arlene Halvorson*



## The USA/Canada Forum

The USA/CANADA FORUM held September 25-27 online had some glitches at first but it proved to be worth the \$20 registration fee and the time spent. No need to travel to another city. No extra expenses. From the convenience of your home you could text with Lions from all over North America in the Chat Rooms, and you could see and learn from almost 20 different seminars. Friday evening was the opening session with a valuable speech by International President Dr. Choi from South Korea. His English was very good and he showed some good videos of Lions doing service around the world during the pandemic.



**Katherine Greenland, opening  
keynote speaker**

Here's what some other Lion leaders around our multiple district said about the Forum:

DG John Taylor from Pendleton liked Barbara Thompson's seminar with innovative ideas for Lions and leaders. Here's her email [barbara.thompson@hotworx.net](mailto:barbara.thompson@hotworx.net). He also found useful tips from the presentation called "Zone Meetings: Secrets of Success."

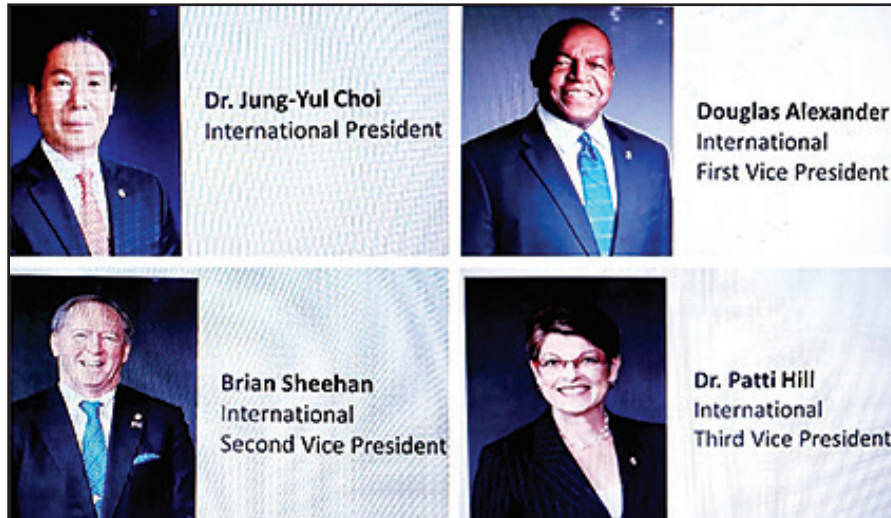
1st VDG Lynn Coon from Junction City attended the Forum for the first time and enjoyed the breakout "NAMI: Building Success Through Kindness." He said, "We as Lions need to put the skids on losing Lions and clubs. With the decline over the past number of years not only for Lions but all service clubs this (NAMI) role gives us another tool for use in our communities. We aren't changing who we are but rather how we go about things to build on what we have." NAMI is short for North America Membership Initiative. Lynn also said, "We need to rethink how we do things and communicate better with our people. We need to pick each other's brain to get new ideas."

CC Paul Zastrow from Hood River attended the opening and closing sessions and NAMI and Zone Chair presentations. He did get some new ideas but he thought, "Overall it was a bit disappointing as there could have been more and greater sessions that could have been presented with enthusiasm!"

**Continued on page 13**



## was Fun and Informative



Here are the international Lion leaders for this and the next three years.

District Secretary Carrie Bartley and Club Secretary David Bartley from Milwaukie said, “We watched the opening and closing sessions, the tech one about MyLCI, and about Campus Clubs, about Millennials and several others.” Carrie said, “I thought over all it was pretty good, and I was disappointed in some of the Q&A parts following the presenters (like the inability to ask questions). There were tech issues but the content was pretty good and I hope they include a virtual component for future Forums.”

PDG Tom Hilgers from Salem said, “If this is the ‘new normal’, then I’d say forego the Forum event format in the future and simply focus on making the training materials readily available and more palatable for members through the LCI training module. The beauty of the traditional Forum is getting great training in a setting that includes new and interesting people from around North America. Without the live people to interact with, there’s no event. Online or virtual meetings are fine for conveying information; just focus on that rather than promoting the Forum experience.”

2nd VDG Kerith Vance from Portland said, “ I liked the seminar, ‘How to Approach the Younger Generation’. The speaker told how those in their 20s likely have different interests than traditional members like advocacy for special causes and the need to use Instagram or newer social media in order to connect with that age group. The speaker was encouraging about the desire of younger people to help others and to impact the world through the environment or social justice. Also, in another seminar, PID Sing talked about attracting and retaining diverse members. One way is the need to evaluate how we manage our meetings and interactions to make sure they fit with new cultural groups or age groups that we are inviting to our club.”

There you have it! Some Lion leaders’ feedback on the recent USA/CANADA FORUM. For registrants, the On Demand videos of the Forum will still be available for another month or more. For other general information and great videos, anyone can go the [lionsclubs.org](https://lionsclubs.org) and search for videos or the topic you want.



## Dealing With Covid-19

I imagine that everyone reading this article will agree that all of the Lions Clubs have been negatively affected by this pandemic that's hitting everyone not just locally, but worldwide. Those of us in the Gresham Breakfast Club have been working hard trying to figure out how to continue in spite of it. We've been meeting for the last few months using ZOOM and, at times, in outdoor picnic areas and lately have had the opportunity to return to our local weekly restaurant meetings. It was at these meetings that we all insisted that we had to find a way to maintain as many functions as possible under the circumstances.

So...we held our Installation Banquet and major Golf Tournament fundraiser as usual - just slightly modified.



**OLSHF Executive Director Doug Thompson installing 2020-2021 officers.**



**Persimmon Country Club.**

Our Installation Banquet was originally scheduled for June 25 which, of course, had to be cancelled. We talked about combining it with our annual Christmas Party, but didn't really want to wait that long to honor those who did so well during our 2019-2020 fiscal year. Since the governor put strict limitations on indoor functions, we teamed up with Persimmon Golf Resort to hold the function outdoors on their beautiful patio on September 21 with appropriate physical distancing. Forty members and guests signed up, paying their own way. We were fortunate to have Doug Thompson, the Executive Director of the Oregon Lions Sight and Hearing Foundation attend as our guest and he did a phenomenal job of inducting the officers for 2020-2021.

The Covid-19 epidemic doesn't eliminate the need for charitable works. In fact, it multiplies them. Therefore, the club had to find a way to hold our major golf tournament fundraiser which was originally scheduled for July 18, but also had to be cancelled. After much hard work by the golf committee, it was rescheduled to October 4 with many changes. Instead of a shotgun start, in order to avoid the congestion at the start, each team had a normal tee-time. Instead of the normal BBQ and party, each person received a brown bag lunch so as not to have a huge gathering at the end. Everyone received two drink tickets so there was beer, soda and lemonade available on the course. The prize drawings were held at the end and all winners were notified by phone. As expected, we didn't have as many golfers as in the past, but nevertheless, the club netted approximately \$7,000 which will be put to good use.



**(l-r) Chuck DeLoach and Jeff Northheimer handing out brown bag lunches.**



**Gresham Golf Course registration.**

Let's hope that next year will be void of this epidemic but, if not, the Gresham Breakfast Club will find a way to overcome the damn thing and continue our efforts to help those in need. Stay well, all!

*submitted by Steve Solcz*



## Lions District Governor Visits Elgin Club

Lions District Governor John Taylor, of Pendleton, made a recent visit to the Elgin Club. The governor praised the Elgin Lions for their efforts during the flooding which occurred in Pendleton. He noted that Elgin was the only club which sent trailers full of supplies and equipment to the ravaged families in Pendleton. He singled out Lynn Knapp and David and Teri Fuhrman for organizing the aid given during the disaster.



(l-r) DG John Taylor recognizes PCC Steve Oliver for service at the club and district levels.



(l-r) DG John Taylor gives Lynn Knapp an award for his service in organizing disaster relief.



Jared Rogers is recognized for communication to the district office and membership.



Past President Kathy Oliver is recognized for outstanding leadership and volunteering to serve as 1VDG for District G.

The governor stated that Lions can't use the Covid-19 virus as an excuse not to continue projects. He touched on using technology for communication. He said he would like to see the current clubs retain their membership and add 80 new Lions throughout the district. He would also like to see a new club established during his term. Use the personal touch, he noted and just "reach out and touch someone." He added that his theme would be "Embrace the New Normal." Taylor would also like to see the clubs support Oregon Sight and Hearing Foundation, the LEAP program, diabetes awareness, and the Lion Clubs International Foundation. For a donation of \$1,000 from the club, members can select a member for the prestigious Melvin Jones award.

Special recognition was given by Governor Taylor to Elgin's Jared Rogers, for his dedication in reporting Elgin's activities to the district office.

*submitted by PDG Gerald Hopkins*





OREGON LIONS  
Sight & Hearing  
= Foundation =



Hank Calhoun  
Board Chair

## Join Us For an OLSHF Holiday Special



Doug Thompson  
Executive Director

November is here and if you're like us, the Holiday Season will look a little bit different this year.

Most of us won't be going door to door caroling, and for sure there will be less kissing under the mistletoe, but there is something that you can do to help celebrate the Holidays with other Lions: **You can join us on December 12th at 4 pm for the first OLSHF Old Fashioned Holiday Special - please watch your email and our Facebook page for information on how to attend.**

Our Holiday Special will feature **musical performances by our own Brad King, Wally Anderson, and Bert Diamond** - we know you'll want to tune in to see and hear these three celebrate the season with their talent and Holiday spirit.

Plus, we'll share special stories of Oregonians that have had their sight and hearing restored due to the wonderful programs here at the Oregon Lions Sight & Hearing Foundation. The OLSHF Holiday Special will also feature the service provided by Lions in Oregon that are helping those displaced by recent wildfires throughout the state.

And what would the Holidays be without gifts! **Those attending the Holiday Special will be eligible to win great prizes, as we'll be giving away gifts including wine, rounds of golf, a savings bond courtesy of Columbia Bank, and much more!**

The highlight of the event though will be OLSHF's **Kerith Vance and her clowder of cats performing their own rendition of "Rudolph The Red Nosed Reindeer"** - Trust us, this is a performance that you will not want to miss!

We hope you'll dress up in your coziest Holiday Sweater, whip up your favorite seasonal libation, and **join us at 4 pm on December 12th - See you then!**





# GIFTS & MEMORIALS

Contributions list includes gifts received Sept 16 to Oct 15, 2020. Thank you to each and every donor and supporter!  
If you have questions about donating, our programs, or how you can volunteer, please contact us at [Info@OLSHF.org](mailto:Info@OLSHF.org).

## Lions Champion - \$10,000 and above

The Oregon Community Foundation (OCF)

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## Jane Eyre McDonald (JEM) Fund - Distribution Guidelines

Attention MD-36 Lions: In 2018, the Eugene Hearing and Speech Center, upon dissolution, distributed its assets to like minded nonprofits, including the Oregon Lions Sight & Hearing Foundation. OLSHF has since set up two funds to support hearing assistance to those in need in Lane County, the Eugene Hearing and Speech Center Fund and the Jane Eyre McDonald (JEM) Fund. At the request of Lane County area Lions and in response to heightened demand due to COVID-19, the OLSHF Board of Trustees has approved temporary new guidelines to make the JEM fund available to people in need throughout the entire MD-36 region. We hope your Lions Club will utilize this opportunity to help someone in need in your community with the gift of hearing.

### PURPOSE:

The intent of the Jane Eyre McDonald Fund (JEM Fund) is to provide supplemental speech and hearing services support for low income individuals living within Lane County Oregon in conjunction with the Eugene Hearing and Speech Center Fund (EHSCF) and the Lions Clubs of Lane County Oregon.

### HISTORY:

The EHSC Fund formed on July 1, 2018 through a generous donation obtained from proceeds of the sale of property and funds controlled by the Eugene Hearing & Speech Center upon its closing. The starting amount of the fund through this donation was \$500,000. Funds are held in the Long Term Investment Fund of (OLSHF). Additional funds of \$260,000 were received in the summer of 2019 by the Eugene Hearing & Speech Center Board (EHSC) and donated to the OLSHF to be deposited into the OLSHF endowment fund and named in honor of the former Executive Director of the EHSC – Jane E. McDonald.

### INTENT:

The JEM Fund is subject to terms and conditions of (OLSHF) Articles of Incorporation and Bylaws as they now exist and as they may be amended. No limitations are placed on the material restriction or conditions of the JEM Fund that would prevent OLSHF from freely and effectively employing the JEM Fund in furtherance of its charitable purpose. At the sole and absolute discretion of OLSHF the spending policy and procedures of the JEM Fund are guided by the OLSHF Board of Trustees and may be changed from time to time in order to better fulfill the charitable purposes of OLSHF and the intent of the donor of the EHSC and the JEM Fund.



## GIFTS & MEMORIALS

continued from page 17

Contributions list includes gifts received Sept 16 to Oct 15, 2020. Thank you to each and every donor and supporter! If you have questions about donating, our programs, or how you can volunteer, please contact us at [info@OLSHF.org](mailto:info@OLSHF.org).

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**Please contact  
Development  
Director Nick  
Mandarano at  
[Nick@OLSHF.org](mailto:Nick@OLSHF.org) to  
discuss how your  
recurring donation  
can sustain the vital  
sight and hearing  
saving programs of  
your foundation.**



# Jane Eyre McDonald (JEM) Fund - Distribution Guidelines

## ANNUAL BUDGET:

To preserve the integrity of the principal of the fund so that it will last in perpetuity, each year 5% of a three year rolling average of the fund shall be made available through OLSHF to assist individuals with costs associated and in conjunction with the hearing and speech programs of OLSHF and the hearing and speech programs of the Lane County Lions Clubs. Funds are to be dispensed by OLSHF for Lane County individuals in need.

## ACCESS – LANE COUNTY:

Access to the JEM Fund shall be through a partnership of OLSHF and the Lions Clubs of Lane County. All individuals accessing the JEM Fund must meet the following three basic requirements: lack of Health Insurance covering those costs; under 200% of federal poverty; two Years or more living in Oregon or Northern California. Access to some components of the services offered through JEM Fund may have additional requirements as referred to the details below.

A. Upon the request of the Sight & Hearing Chair of a Lane County Lions Club, OLSHF will cover the following items through the JEM Fund:

- a. One Half of remaining balance of professional fees for Hearing Test/Fitting paid by the Lions Club (first half reimbursed by EHSCF).
- b. Hearing Aid(s): Fund individual's copay portion for the services fees as needed if they meet at least one of the following qualifications (points with \* require a case worker who can verify the information):
  - i. Applicant is homeless\*.
  - ii. Applicant is enrolled in a rehabilitation program and do not have access to their benefits/accounts\*.
  - iii. Applicant is unable to work due to mental or physical health conditions\*.
  - iv. Applicant has a household income of 100% or less of federal poverty levels.
- c. Reimburse Lions Clubs for Smoke Alarms for the Hearing Impaired.
- d. Reimburse Lions Clubs for other assisted hearing devices such as:
  - i. Loop Systems.
  - ii. Ear Molds for Hearing Instruments.
  - iii. OTC Hearing Aid(s).
  - iv. Batteries and/or Replacement parts for Auditory Implants.
- e. Costs of Maintenance and/or Repair of Auditory Implants.
- f. Speech Services as follows for qualifying individuals\*:
  - i. Partner with Lane County School programs for speech and hearing and assistance.
  - ii. Partner with University of Oregon's Community Outreach for Speech Language Hearing Center and make end roads toward achieving best practice regarding augmentative and alternative communication, adult language and speech disorders, young child speech and language, school age speech and language by providing assistance for participants identified with a need.
- g. Assist with funding through United Way of Lane County [www.unitedwaylane.org](http://www.unitedwaylane.org) to pay for two sign language interpreters during community forums i.e., Lane County Public Health's Equity Events. The American Sign Language (ASL) partnership might be available through Western Oregon University's Division of Deaf Studies and Professional Studies.
- h. Develop and implement a means for patients with a hearing deficit requiring cochlear implant(s) to apply for assistance through the Jane Eyre McDonald Fund.

\*Speech services guidelines still in development.

**To learn more about the JEM Fund and how to access it, please contact program manager Melinda Rhodes at [Melinda@OLSHF.org](mailto:Melinda@OLSHF.org).**

## **An Interview with a Young Successful Lions Club**

Along with a few other Lion leaders, I interviewed some members of the Portland Legacy Lions Club. The club started in 2014 and saw their initial 20 members dip to 11 after a few years. Now back up to twenty members, half of which are women and five being under 30 years old, they are a role-model club for the future. I interviewed Kaitlin Anderson, club president, Kerith Vance, club treasurer and secretary, and Lions Nik Mandarano and Nathan Anderson. Also, District Governor Sheri Young, GST Fae Lloyd, and PDG Bert Diamond participated in the Zoom interview. Here are the club members' and guests' suggestions to other clubs.

### **What's your primary goal as a club?**

Kaitlin: To help as many people as we can and raise awareness to understand what Lions do.

### **What's your number one thing that excites all of you?**

Kaitlin: We like environmental causes and local low income and homelessness issues. That's what we strive to focus on.

### **What club projects do you have?**

Kerith: With eyeglasses, that's ongoing. Food drives, we gathered food last year. There are a lot of shelters in our neighborhood. The Templeton food drive, we venture into that. Most of the members also volunteer outside Lions like with their church or local organizations. When people feel they're part of bigger projects, it becomes something bigger.

Kaitlin: We also do other things on our own. Go hand out water bottles to the homeless. It's always good to go off on your own to see the world through your own eyes.

Nik: I had some contact with Mark Ritacco and the Lake Grove Lions club. They have young members and are very enthusiastic. It would be great to duplicate that type of energy in other clubs. They are doing projects in the community. Also, my club offers to go pick up the items at people's homes or offices, especially as some cannot get out of the house.

### **Being about six years old, has your club gone through growing pains?**

Kerith: When we first started, we had to separate our day-to-day work roles with the club roles. Many of us were Oregon Lion Sight and Hearing Foundation employees. Now we're trying to get other members. Once we started meeting online, it became different and better. We changed to once a month meetings and that's also better. We thought of some activities on Facebook that don't take a lot of time. We do a food delivery activity once a month. And there's our refundable bottle collections. People can easily get involved with that, not just club members.

Nik: There was a company employee who joined but then after a while she got a job in a different branch and we lost her as a member. Membership is an organic process.

Kerith: For older members, it's important to find projects that are easy for that age group. Especially with Covid-19, find projects that are easy. Our pet photo contest was online and easy. People can help the homeless via Amazon to donate food and money.

Nathan: Since we are more decentralized working from home, we can do more than one project at a time.

### **How do you suggest clubs get more younger members?**

Kerith: There's Facebook. The real question is: How can we get more younger Lions?

Kaitlin: Yes, Facebook is okay. But some people don't like Facebook because it's invasive about our private information. Nowadays, there's different social media. We've been talking about ways to promote on other social media sites; Reddit, Instagram, SnapChat and Twitter. We need to go out there and promote ourselves. I've had conversations with people and they were thinking Lions is just an old man's club. We need to change that outlook.

**Continued on page 21**





Top row (l-r) Dane Parreira, Fae Lloyd, PDG Bert Diamond and 2VDG Kerith Vance.

Middle row (l-r) Nik Madarano, Kaitlin Anderson and DG Sheri Young.

Bottom row: Nathan Anderson.

Nik: What about asking our grandchildren or grand nephews and grand nieces or our neighbors to get involved. That's how older people can connect with younger people. We need to sell and pull their heart strings with really good projects that younger people want to do.

Nathan: We can be helping out on a social aspect, helping the homeless, give them some advocacy.

Nik: The website we built is very user friendly. We also have a lot of brochures and we've knocked on doors in our meeting site area. The website is super useful. I just send people the link to our website and that works. And that's not complicated. I like a website and brochures.

What advice can you give to other Lions Clubs?

Kerith: Like at the USA CANADA FORUM, it was showing how the younger generation has a lot of energy and ideas to do things. The younger people we have bring such a youthfulness to our club. I have been talking to our club members about how to get even more younger members. We could maybe use members over 60 also and who are retired so we have people to help during the day and not just after our work hours.

Nik: We need to open up the conversation beyond women and men to people of color, those in work transition, those at cultural centers and other places. We need to be mindful to listen to other people.

Nathan: The more activities you do in the community, the more you get a feel as to what the community needs.

Fae: This Legacy Lions Club is thinking out of the box and doing great things. It's nice they're thinking about things using computers and social media. For more membership, a good thing to do is leave a blank application on people's doorsteps.

DG: Sheri: One thing clubs can do is have a club Facebook page and also go see other club's Facebook pages. We can have one very special photo on our social media pages that advertises really well. We ought to have a place where we can list general information about Lions clubs activities so new club members can be trained. We ought to connect our different types of social media pages together. We ought to be advocates more for people especially since Helen Keller asked us to be advocates for the blind. We should have better access to food store outlets for discounted foods.

What a vibrant Lions Club! For more information please contact club president Kaitlin Anderson, [kaitlin@olshf.org](mailto:kaitlin@olshf.org)

*submitted by Dane Parreira, District 36-O NAMI Champion*

## Bend/Sunrise Lions Present Important Award

On October 13, 2020, the Bend/Sunrise Lions presented Volunteers in Medicine Clinic of the Cascades with the OLSHF Foundation Honor Roll Award for their support of the Eyeglass Assistance Program.



(l-r) Presentation was made by Lions Russ Chase (OLSHF Trustee) and Kevin Korn (President) to Kat Mastrangelo at the clinics office.

*submitted by Russell Chase*

## Elgin Lions Screen Imbler Students

Elgin Lions held their first session of visual screening for students in the Imbler Elementary. Assisting the team were PCC Brad King, and Betty and Bruce Bugbee with the Oregon Sight and Hearing program. According to Past Council Chair Steve Oliver, the total screening took less than 55 minutes. The group used portable stands for their spot cameras, allowing a safe distance from the students.



**PCC Steve Oliver screening a kindergarten student.**

*submitted by PDG Gerald Hopkins*



## Lake Oswego Lions Club Continues to Sponsor Lions International Peace Poster Contest

For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity. Lake Oswego Lions Club contacted local schools about this unique opportunity and it was wholeheartedly embraced by Lake Oswego Junior High art teacher, Debora Owen, M.S., M.A.Ed. who turns the contest into a class project for her students.

Debora wrote, “Yes...lots of things have changed since we last met. And yes, because I believe it is more important than ever in our present circumstances, we need to make the peace poster project happen! Once again I definitely want to help my 11-13-year-old students focus on the importance of peace in our world even if that means from their homes. I’ll be teaching all my art classes online but I look forward to working with you and the LO Lions Club this school year!” The mission of Lake Oswego Junior High is to inspire and empower students to safely grow into healthy adolescents, critical thinkers, deep learners, respectful citizens, experienced leaders, and creative artists with necessary educational and technical skills that will prepare them for success in high school, college, and career.

Due to the current circumstances, our Lake Oswego Lions Club will be accepting all the entries submitted online. We are not having face to face meetings in the foreseeable future so we will receive each entry in an email with the artist’s name, date of birth, gender, class number and a sentence or two (perhaps 50 words or less) expressing their thoughts behind their poster. We can easily forward each to the membership and collect votes. When the two winners are determined, we will physically collect their posters and process them on to the next level of the competition.

Lake Oswego Lions Club sponsored two of Mrs. Owen’s classes, received 70 entries, and proudly submitted the two winning entries in the 2019-2020 Peace Poster Contest in keeping with the theme of “Journey to Peace” created by Katelyn Chun and Jorie Liang. Both artists were honored at the LOLC Christmas banquet with a certificate of achievement and a \$50 prize. Jorie’s creation won and was honored at the Lions District 36-O and Multiple District levels as well. She is an amazing young woman, busy with her school work, artistic creations and her favorite activity of rhythmic gymnastics. Jorie and her parents, as well as her two sisters, have asked to join the Lake Oswego Lions Club and be a part of serving their community!

The 2020-2021 contest theme is “**Peace Through Service**”. Lions have provided an important reminder to the world that, through service, we can give and receive so much—joy, kindness, hope, and PEACE. This year, young people have the opportunity to express their visions of peace through the lens of service. For more information see <https://www.lionsclubs.org/en/start-our-approach/youth/peace-poster>



(l-r) Debora Owen and Lake Oswego Lions  
President Diane Mead.



Jorie Liang, the 2019-2020 District 36-O  
and MD36 Peace Poster winner.

*submitted by Lion Bonnie Roeder  
Lake Oswego Lions Club and District 36-O Peace Poster Chairperson*

## Pendleton Lions Recognized for Community Service

For decades the Pendleton Lions Club sold their famous Lions Hamburgers at the Pendleton Round-Up. Proceeds funded local sight and hearing needs in addition to other Lions Club projects. The Round-Up was canceled this year due to the COVID-19 pandemic. The Pendleton Round-Up and Happy Canyon Boards raised money to assist several area non-profits including the Pendleton Lions. District Governor John Taylor of Pendleton was presented a check for \$8,000. The Round-Up and Happy Canyon representatives stated "Round-Up & Happy Canyon had the pleasure of presenting The Pendleton Lions Club with a Let'er Buck Cares check for \$8,000. The response from both John Taylor and Rita Campbell was priceless! The Pendleton Lions Club has done so much for our community throughout the years that it felt really great to show them our love and support."



Round-Up Association Facebook screenshot – DG John Taylor got a little excited!



Happy Canyon Court, Directors, and Round-Up Court present check to DG John Taylor and Pendleton Lions President Rita Campbell

*submitted by Margaret Gianotti*