



Serving members of MD36 Oregon and Northern CA

November, 2021 Volume 4/21-22

November is Membership Focus: Family & Diabetes Awareness

St. Helens Lions Make and Donate Quilts to Ronald McDonald House



(l-r) St. Helens Lions Kathy Syrstad, Sue Mueller, Jean Kirsch, Niki Kirsch (down in front), our guest Lynn Belcher, representing Ronald McDonald House, Lion President Linda McCoy, and Lion Rosemary Jeffery.

See Story Page 6

District 36-R Leaders Up and Training



Front row (l-r) are Sharene Nolan, Karen Norton, Patty Harrison, Paula Hilgers and Fran Camacho.

Back row (l-r) are PCC Rod Bach, Henry Miller, David Fitzgerald, Allan Oakes, PDG Steve Moser, David O'Kelley, DG Lynn Coon, PID Ed Gear and PDG Tom Hilgers.

See Story Page 21

ANNIVERSARIES

November 2021 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

November

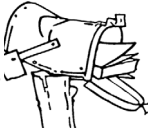
Bend/Sunrise	November 5, 1926
The Dalles	November 15, 1926
Sutherlin	November 22, 1946
Vernonia	November 23, 1946
Huntington	November 9, 1948
Portland Columbia	November 2, 1949
Canby	November 30, 1951
Lake Grove	November 29, 1966
Hermiston	November 27, 1972
Sandy	November 11, 2009

Directory Corrections

- p. 10 Hearing Preservation Chair is OPEN
Int'l Part Comm add PCC Joyce Anderson
as At-Large Member from Beaverton
- p. 11 Peace Poster CHAIR - OPEN now
- p. 34 Peace Poster Chair - OPEN now
- p. 37 Salem NE Club has new Club address: c/o Laura
Bindley, 5211 Arcade Ave., NE, Keizer, OR 97303
- p. 41 Hearing Preservation-list Jennifer Brester - K Falls
her email is jennibrewster@yahoo.com
- p. 50 Hood Rvr Eye Openers meet at 6pm, Weekly,
Tue., West Side Fire Dept., 4250 Barrett Dr.
- p. 75 District E Convention will now be
March 25-26, 2022
- p. 86 Clupny, Charles new email chaclupny@gmail.com
- p. 88 Elder, Sharon, PDG has new address of 9806
Wild Crocus Circle, Parker, CO 80134

Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.



ATTACH YOUR ADDRESS LABEL HERE

Name (pls print): _____

New Address: _____

City: _____ State: _____ Zip: _____

Former Address: _____

Lions Club: _____

Mail this entire form to: The Oregon Lion,
PO Box 51345, Eugene, OR 97405

MONTHLY CALENDARS

MEETINGS

November

- 6 Dist. E Cab. mtg. 10am, Bandon Comm. Cntr.
Dist. O Cab. mtg. 10-1, Mt. Hood Clubhouse
- 13 Dist. R Cab. mtg. 10-12:30, Keizer Clubhouse
- 20 9am-noon OLSHF Trustee mtg., Myrtle Creek
Grange, 661 E. Riverside Drive
1:30pm Council of Governor mtg., Myrtle
Creek Grange
- 27 Dist. G Cab. mtg., 10-1, Texas Bob's
Steakhouse in Rufus

EVENTS

November

- 10 The *Oregon Lion* article deadline for
December issue

December

- 6 Eyeglass Sorting Party, Keizer Lions Hall,
4100 Cherry Ave. NE @6pm
- 10 The *Oregon Lion* article deadline for
January issue



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Council Chair News



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Spouse: Karrie

L-E-A-D-E-R-S-H-I-P

There are three areas that we constantly talk about in Lionism: Leadership, Membership and Service. These areas of focus are ingrained in everything that we do just take a look at our Global Action Team. What are the three positions that we appoint? Global Leadership Team, Global Membership Team and Global Service Team.

We appoint someone to each of these positions on a multiple district and a district level so I thought that with so much emphasis being placed on these areas maybe it would be interesting to explore each area as an acronym. This of course is my interpretation of each. I felt that starting with Leadership was appropriate with several positions throughout the multiple district committees and also on the district level are currently open. Hopefully someone will be inspired to step up and take on none of these roles.

L – Listen to your fellow Lions. We can always learn from those around us, including our direct reports. Effective listening gives you knowledge and perspectives that increase your leadership capacity. Being open to feedback and new ideas from your fellow Lions helps you learn and grow as a leader

E – Engage with your fellow Lions by doing so it energizes others and keeps people focused on purpose and vision with contagious positivity

A – Aspire your club members and other Lions to achieve something greater. Aspire them to grow their leadership depth, assess how they can lead more effectively in career services today, and explore what it takes to advance.

D – Develop hopes and dreams among Lions throughout the multiple district

E – Empathize with others as you engage and develop their skills. People will trust leaders and feel a greater sense of engagement and commitment when there is alignment between what the leader says and does. All that understanding of someone's situation should turn into compassion and action. Empathy in action is understanding a person's struggles and offering to help. It is appreciating a person's point of view and engaging in a healthy debate that builds to a better solution

R – Respect your fellow Lions. We must as leaders recognize the inherent worth and value of the other person, and honor that inherent worthiness in our words, actions and behaviors

S – Serve your fellow Lions their success is also your success. Pitch in and do the work alongside others. Lead by example.

H – Humble. Be so in everything that you do it shifts attention away from you and focuses on the contributions and needs of those around you.

I – Integrity is essential. Integrity is being honest, trustworthy, and reliable. Leaders with integrity act in accordance with their words (i.e. they practice what they preach) and own up to their mistakes, as opposed to hiding them, blaming their team, or making excuses.

P – Passion for and Pride in work. True leaders have the innate ability to motivate others to achieve better results. Leading with a passion is what separates great leaders from the "wannabees."

So how do you inspire your fellow Lions to deliver superior results? To inspire passion in others; you must first be passionate yourself. People follow someone who is passionate versus someone who is just going through the motions. First, believe in what you're doing and that conviction will spread. You can't ignite passion with a wet match.

Next month I will delve into Membership.

Council Chair Bob Chaney

District O - Northwest - North Coast



District O Governor Column
Doug Loose

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Spouse: Hope

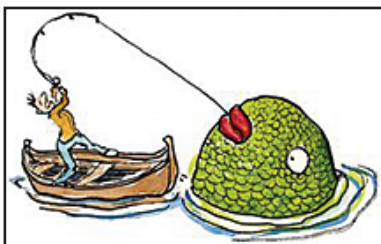
Hello My Fellow Lion's and Welcome to Nudge November When?

As we head into the holiday season and get very busy with friends and family we are going to look at "when" is a good time to fish for new Lions. Do you only fish when the weather is just right? You have the perfect gear? Is the tide in or out? Or do you go out when a storm is coming, the wind is up, and the waves are splashing at your feet? Your gear is tattered... but you always keep your hook sharp. Or do we fish whenever there is a moment in our lives that we can scratch out a little time no matter what the conditions are? The funny and fun thing is there is no right or wrong answer. The real question is, are you using your talents? The When is now.

November is Diabetes awareness month. I propose we collect Dollars for Diabetes, that's what we'll be focused on in District O. So during your coat, sock, blanket and canned food drives let's be looking for corporate sponsors (if you don't ask you won't get).

"When" is when we make a moment in our busy lives to help others. When we are out and about is a great time to invite someone new. If you don't throw your line in the water, you won't catch the big one. Even if you are at home, you could be emailing your contacts or on Next Door or FaceBook talking about what your club is up to and what you just did. Post pictures on Instagram of the pair of glasses you got for someone in need. Make a video and put it on YouTube of your club picking up trash (oh and get a corporate sponsor for the dumpster) or just giving a coat to a child. We can all use our free time wisely and help the next generation to do the same thing. If we add fulfilling things to our lives, there is no need to escape.

Together if We Each One Reach One We Can Catch our limit!



In Service, DG SuperDoug

District R - Willamette Valley - Central Coast



District R Governor Column
Lynn Coon

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Spouse: Kathy

Lions of 36-R thank you for who you are and what you do. When we talk about Lions and service, to me they go hand in hand. Like apple pie and vanilla ice cream.

When a Lion is introduced to me, the first thing that comes to my mind is that I am meeting an individual that cares about others. Someone that wants to give back to their community. Someone that wants to make a difference on this planet we live on. Someone that wants to make another's life better and easier as they deal with daily challenges. Someone that wants to make things better when they leave this earth for future generations.

LIONS = Loving Individuals Offering Needed Service

Each of you Lions serves from your hearts. As we continue our Lion's year - don't forget why you joined Lions. Don't forget to invite your friends or your neighbor to join you in your service project. Invite them to a meeting, let them know what we are all about.

Lions really are the best kept secret. Be proud of what you stand for. Be proud to wear your Lion's pin, the pin you were presented when you were sworn in as a new member of your club, your district and Lions Clubs International. Your Lion's pin stands for something. It represents your membership in the world's largest service organization.

Your Lion's pin consists of a gold letter L on a circular purple field. Bordering this is a circular gold area with two Lion profiles at either side facing away from the center. The Lions face both the past and the future. Proud of the past and confident of the future. Lions remember this as you continue to serve and doing what you do for others. Think about the difference you have made in others' lives, in your communities, and what you can continue to do as a Lion - provide service from the heart. Remember you are making a difference in this world we live in, in the communities you serve, and in the lives of those you serve. I'm proud to serve with each of you. I Believe Lions Change Lives Today. So go out and Change someone's life.

District Governor Lion Lynn Coon 36-R

District E - Southern - South Coast



District E Governor Column

Steve Brewster

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As we Lions celebrate one of our 5 global causes Vision Awareness, through our school vision screening programs. It makes me proud to be a Lion when I show up at many of the southern Oregon schools, with group of local Lions who are ready to give the gift of sight to many school kids who might not even know they have a problem seeing. Most of these young kids do not even know they have a problem, because this is the only thing they know, they think their sight is normal.

This past week as I was doing a screening at an elementary school in, one of the volunteers from the Bonanza Lions Club related her story of why she became a Lion and has always tried to participate in the vision screening program. She told me that when she was in school the Lions came and did a vision screening at her school. Later they made an appointment to see her and her parents. They told her parents they had an appointment with an eye doctor to get her vision tested. Her older sister told them she would make sure she got to the appointment. When she returned home with her new glasses, she was amazed at how her home really looked. Years later when asked to join Lions she gladly joined and continued to further the vision mission of Lions.

Although Vision Screening has been trying this year, with many challenges, I encourage All Lions to participate in the vision screenings at your local schools. If your schools do not participate, find out why and encourage them to perform these vital vision screenings. This is one of the most satisfying projects a club can promote and participate in.

Stephen Brewster DG, MD36-E

District G - Central - Eastern Oregon



District G Governor Column

Kathy Oliver

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Spouse: PCC Steve

WOW!! USA/CANADA Forum was great. It was well-attended despite COVID- 19. It was organized well and presented well. Where Lions meet Grrrreat things happen.

There were so many seminars available and not enough time to attend each one. Some of the topics to name but a few were: Diabetes from a Blind perspective, Growing Public Speaking Skills, United We Stand Divided We Fall, How Advocacy Can Help Your District, Leadership Training, Gathering The Pride, and Adding and Retaining Members. I could go on but space won't allow.

Did you know that any Lion can attend the Forum? What an experience meeting other Lions from all over the United States and Canada. Next year will be in Calgary, Canada. How awesome is that.

After attending the Forum and heading home, I started to think about what I brought away with me that will make me a better leader. It was so much in such a short period of time that I'm still processing it all.

Lions are a dynamic organization that touches the lives of millions of people around the world each day. To be a part of this makes me very proud. Each Lion should share that feeling. Every time we help with vision testing or when we do a project to raise money for childhood cancer or go Christmas shopping to help a family have a great Christmas instead of no Christmas at all, we are doing things that matter in our communities. Be proud to be a Lion.

As we head into the holiday season let's set our hearts and minds on things we can do for those who need a helping hand.

Be a Lion "Serve" from the Heart.

Respectfully yours, DG Kathy Oliver

St. Helens Lions Make and Donate Quilts to Ronald McDonald House

What did many of us do as the Covid lockdown wore on? Cleaned back into the far corners of closets, basements and garages, of course! At the home of St. Helens Lions Jim and Kathy Syrstad, that meant sorting boxes of fabric, and what should be unearthed but children's quilt panels. These seemed like the perfect project for Lions to put together and donate to the cause of childhood cancer.



Lion Kathy Syrstad presents a bag of tabs to Lynn Belcher.

Lion Kathy put the quilts together with batting and backing and a work party was spread out in the garage to tie the quilts. At the Club's August 2nd meeting we presented the quilts to Lynn Belcher for the Ronald McDonald House East in Portland. Lynn is a volunteer at the Ronald McDonald House and, along with her therapy dog, Deacon, provided us with a very interesting program. We also gave Lynn 10 gallons of pop tabs to be added to the collection barrel at the Ronald McDonald House. Lynn told us the tabs provide about \$10,000 a year to help fund their programs. We are already saving towards another 10 gallons and planning more quilt projects!



(l-r) St. Helens Lions Kathy Syrstad, Sue Mueller, Jean Kirsch, Niki Kirsch (down in front), our guest Lynn Belcher, representing Ronald McDonald House, Lion President Linda McCoy and Lion Rosemary Jeffery.

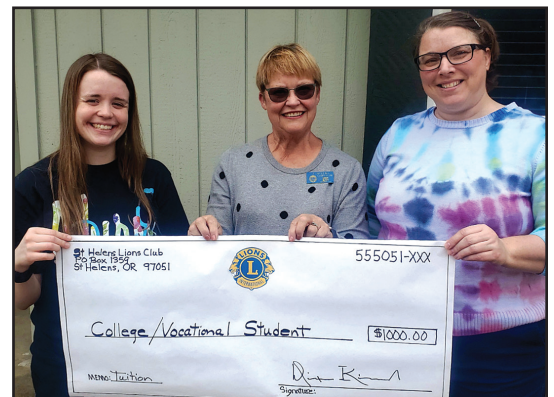
St. Helens Lions Club Awards Scholarships

The St. Helens Lions club recently awarded two \$1,000 college scholarships to St. Helens High School graduates.

Our first recipient is Nicole Kirsch, who is a 1997 graduate. Nicole worked nineteen years for Coca-Cola before changing her career path. She is currently enrolled at Portland Community College and is working towards a degree in hydro-geology. She expects to pursue her bachelor's and master's degrees at Portland State University.

The second recipient is Sidney Allen, a 2018 graduate of St. Helens High School. Attending Concordia Lutheran St. Paul at their satellite campus in Beaverton, she was able to combine in-person and online hybrid classes and in-person clinicals, labs and simulation classes to meet the challenges of attending school during the Covid-19 pandemic. Sidney will soon be taking her board exams to be a qualified Registered Nurse. Excited about being able to contribute to society as a Registered Nurse, she would ultimately like to work as a pediatric nurse.

We are very happy to be able to assist these two students in meeting their goals.



(l-r) Sidney Allen, Lion President Linda McCoy and Niki Kirsch.

both articles submitted by Kathy Syrstad

Gales Creek Camp Has Busy Summer

Summer camp is a place where kids live in close quarters and make close friends. All this closeness is a really good thing, except in a pandemic! This year Gales Creek Camp for kids with diabetes had to adapt to meet the needs of the hundreds of kids and families they serve each year. So they got creative!

It started with a pop up drive-in movie in the parking lot of an office building in Tigard. Using a 30ft inflatable screen, 80 cars of campers and families celebrated the spring equinox with popcorn and a movie from the safety of their own car. It was a way to be together during the darkest times (pun intended).



For the summer, because kids with type 1 diabetes already have enough to worry about, overnight camps were (mostly) out of the question. So Gales Creek Camp created a series of day camps that squeezed a whole week's worth of fun into a few hours, with activities designed around physical distancing, masks, and lots of hand washing. Gales Creek Camp hosted camps in Portland, Medford, and Eugene by loading 14 camp staff and volunteers into vans and hauling hundreds of camp t-shirts, frisbees, art supplies, costumes and other camp gear. They then worked to create the Gales Creek Camp camp experience in public parks. During these sessions, they also hosted discussions with parents and caregivers because they need support, too!



Finally, Gales Creek Camp held one single overnight camp for the high school seniors who were aging out of the program. Many of those kids had gone to Gales Creek Camp since kindergarten, so it was important that they not miss their last year of real camp. All campers and staff at the overnight weekend were fully vaccinated.

It was a busy summer, despite the restrictions, but because of careful planning and precautions, Gales Creek Camp had zero cases of COVID-19. All of this work wouldn't be possible without the support of the many, many Lions Clubs throughout Oregon and SW Washington that provide financial and volunteer support every year to Gales Creek Camp. It is truly money well spent!

I am available or can send someone to give a report and/or answer questions at club meetings, virtually or in-person. I can be reached at rob@galescreekcamp.org

*submitted by Rob Dailey, Executive Director
Gales Creek Camp Foundation
Oregon Lion November 2021*

LIONS VISION GIFT

A New Found Appreciation



Having one's sight restored can give a person a deeper sense of gratitude. It can also give one a sense of duty to honor that renewed gift of sight. As Mary Grable, a cornea recipient puts it, "Even though I don't know (my donor), I know that they were a very kind and loving person to be a cornea donor. I can honestly say I do pray for the family every day, and thank them... I must now be able to see the beauty in the world and do things not only for myself, but now I'm responsible for someone else too, because this is what the donor wanted. I will always treasure the gift."

After a walk-in visit for a routine eye exam, Mary was told that she had Fuchs dystrophy, where fluid builds up in the cornea, causing it to swell. As the disease progresses, it can lead to glare, blurred or cloudy vision, and eye discomfort. So Mary made her way to the Wilmer Eye Institute at Johns Hopkins to find a specialist, and that is when she met Dr. Divya Srikumaran. Together they crafted a plan to delay the surgery for the time being, but to monitor the situation until surgery was absolutely necessary.

That time came sooner than either of them could have anticipated. Mary's vision was steadily deteriorating, but she kept finding workarounds. In the kitchen, she'd take photos of food packages, zooming in to read the instructions. As Mary recounts, "I couldn't cook because I needed to see the directions. So I would get up close with my phone, start taking pictures on the package where I figured the directions would be, and then just blow it up and then read it word for word. So that was how cooking was done." It wasn't until she found herself on the back deck one day watching her grandchildren play in the yard that she could no longer put off surgery. The truth was, Mary wasn't able to tell her grandchildren apart. She could hear their voices and their laughter, but she couldn't tell who was who – it was a blur.

Now, five months after her first surgery, Mary has new glasses, a new prescription, and a new found appreciation of the world around her.

Throughout all this time, the challenges and the celebrations, Mary's thought a lot about her gift, her donor, and her donor family. As Mary says, "**Not a day has gone by that I haven't thought I could be seeing through a child's eyes or an older person. So since I don't know, I always have to look at things and make sure that I keep my mind open, like a child would, but also have the wisdom of someone older.**"

We're quite certain that Mary will continue that sense of duty and honor her donor's gift with each new day.

submitted by Matt Webber

MD 36 DIABETES AWARENESS AND ACTION BOARD



PDG Steven Lesetz
MD 36 Diabetes Chair

541-653-9299 lionsrands@aol.com



DIABETES OVERVIEW

How many people are affected by diabetes?

1 in 11 adults has diabetes

About 463 million people have diabetes; by 2045 this number will reach 700 million

374 million people are at risk of developing type 2 diabetes

Over 1.1 million children are living with type 1 diabetes

(info from International Diabetes Federation 2019)

Prevent Type 2 Diabetes in Kids

There's a growing type 2 diabetes problem in our young people. But parents can help turn the tide with healthy changes that are good for the whole family. Until recently, young children and teens almost never got type 2 diabetes, which is why used to be called adult-onset diabetes. Now, about one-third of American youth are overweight, a problem closely related to the increase in kids with type 2 diabetes, some as young as 10 years old.

That is why I would like to implement this screening project for type 2 diabetes starting with school age children and continue with parents or friends. Many of the family members might have diabetes and they don't even know it! Diabetes is a chronic disease that affects thousands of school-age children nationwide. A Type 2 Diabetes Screening is a community event that provides education, awareness, and screening services. Type 2 diabetes screening is an important way to help individuals understand their risk and make our communities healthier. In the short term, community members learn about diabetes and their current health status. If necessary, they can also be referred for care. All of this leads to an overall improved quality of life.

Fellow Board Members role in responding to the diabetes global epidemic. Targeting the communities where Lions live and serve, we are supporting diabetes prevention through multi-faceted, comprehensive health initiatives.

PDG Steven Lesetz
MD 36 Diabetes Chair

Not All HERO'S Wear Capes: Some are Furry, and Walk on Four Legs!

At Guide Dogs for the Blind they believe everyone deserves to live the life they want to live and to move through the world safely and confidently. Which is why they match people who are blind or visually impaired living in the US or Canada with exceptional guide dogs at no cost to them. They even help with veterinary bills and ongoing essential support. They create these life changing partnerships entirely through private donations and with the help of 1000s of volunteers. And of course with their incredible dogs, which are bred at specific DNA levels to do this type of work.

At three days old, their dogs start spending time with volunteers called puppy socializers. Being a puppy socializer isn't just a dream job. It's how they help their puppies to get comfortable being around humans. At 8 to 10 weeks puppies go live with volunteer puppy raisers. These volunteers dedicate a year of their lives to get these dogs ready for more advanced training. When the dogs come back to the school, their world class staff teach them the complex skills required to become successful guide dogs.

After about 12 weeks of training, a dog is matched with their person. This matching process is part art and part science and always quite remarkable. Clients and dogs undergo two weeks of personalized training together and begin to form a magical and lasting bond. After graduating clients' return home with their guide dogs empowered to enjoy their lives with greater mobility, independence and inclusion.

None of this would be possible without the generosity of their extended community of volunteers and donors. To learn more about supporting their life changing mission, visit them online. You can go to <https://www.guidedogs.com/> I have created a separate website that outlines different activities that are currently being offered and relate them to local Oregon Lions Clubs <http:gdb.bigbig.com> There you will find ways in which to support Guide Dogs for the Blind by finding links that will take you to online sites where you can purchase 15 month calendars or apparel and merchandise with the proceeds benefiting the GDB. PERHAPS someone is having a birthday, holiday celebration (Christmas) or some other special occasion and are dog oriented. You can purchase that special gift with the NOWLEDGE that you are SUPPORTING an excellent cause. Also, last year when they did their online Christmas Extravaganza they had a 5-10 minute window in which every donor making a donation had a chance of winning 2 round trip tickets from Alaskan Airlines. Hopefully, they will repeat that this year! If a Lions Club were to WIN that drawing they could use the tickets as a raffle prize or perhaps as an incentive within their club for new recruitment.

Some dogs are retired after 7-15 years of service, so the process is ever continuing/ongoing!

**(Services free to clients. 100% donor supported;
no government funding; 501(c)(3) nonprofit.)**

*submitted by Lion Dale Howard
MD36 Canine Services Chairperson*

Lions Club Membership Tools

Before COVID-19 raised its ugly head I had secured 6 locations in which to place business card and brochure displays. All of these locations were high traffic venues (4 restaurants and 2 stores). 10 display holders are available from Amazon for \$30 and business cards can be ordered through LCI. If you want to keep your purchases local you can also use a local print shop. But for best value I always go to GOTPRINT.COM, business cards (500) can be had for \$17 including shipping. The difference between 100 and 500 cards is only \$1. You can also get 4-5 times the quantity for the cost when ordering brochures at GotPrint over local printers. Possible distribution locations, the annual BBQ Chicken (Bethel Lions 12,800 4 mos / Junction City does more) / Crab Feed (Central Lions 300) became a drive-through pick-up event because of COVID-19. These drive through events were so simple and an efficient process that participating Lions Clubs will continue to use that format in years to come. This is an excellent opportune time to include a Club Brochure with each order. I also used Springfield Lions Club Golf Tournament business cards as “Mulligan” cards so each golfer received our information website for next year’s event.

Using a single-hole punch and a rubber band you can convert business cards and brochures into door hangers. Another cheap advertising device to promote Lionism is the magnetic car door sign which costs \$25 including shipping. Just remember you want to put the magnetic sign on a clean surface if you want to create a firm adherence.

No matter what venue you use for printing material you must always use specially designated artwork or you might find your design is faded, not a true color or bleeding. LCI has a Lion logo which meets this criteria but it is the only Lion artwork available.

LCI has set aside funding in the form of grants for membership recruitment. Generally, these grants are available for District submissions. There has been some talk of the Oregon District Governors getting together to submit a grant application. Perhaps they can use the money to buy generic Lions informative brochures. A Lions Club could purchase a self-inking stamp for \$20 from Home Depot. More information regarding the grant details can be found at: <https://www.lionsclubs.org/en/start-our-approach/grant-types/membership-development-grants>

Next time, I’ll discuss using a membership payment website, <http://dues.bigbig.com> and a simple to run project, Amen’s Clinic “Your Brain On Drugs”, Keeping Kids Off Drugs as a recruitment tool. I may even throw in my take on “Specialty Clubs” to generate new membership. I can be contacted at springfieldlionsclub@gmail.com for assistance!

*submitted by Lion Dale Howard
Springfield Lions Club Publicist*

Junction City Lions Serve their Country and their Community

Two Junction City Lions were honored to go on Honor Flight. Not only did they serve their country, but they continue to serve their community as Junction City Lions.



(l-r) Lions Larry Jones, DG Lynn Coon and Larry Leaton.

submitted by Bill Heller

Astoria Lions Donate Welcome Home Kit Supplies to Support Santiam Wildfire Survivors



Seeing a need, the club established a service project to gather, pack, and deliver supplies drawn from five categories: Personal Hygiene, Bath, Kitchen, Misc. Household, and Bedroom. Items not selected from the list during the multi-week collection period, were purchased on the day of delivery.

Many thanks to Lion Charlene Larsen for organizing the effort and to Lion Rosalinda for delivering the supplies.

Lion Rosalinda Vasquez (left) is shown delivering supplies to Jake Bentz, Distribution Coordinator, for the Santiam Wildfire Recovery Group.

Backpacks for Santiam Wildfire Survivors Delivered



As part of our continuing disaster relief efforts to the survivors of the 2020 Santiam Wildfire, Astoria Lions facilitated the delivery of 23 children’s backpacks put together and donated by Our Saviors Lutheran Church of Seaside, Oregon. The backpacks were delivered to Jake Bentz, Distribution Coordinator for the Santiam Wildfire Recovery Group in Sublimity.

The Club thanks the Lions involved with coordinating this needed effort: Rosalinda Vasquez, Charlene Larsen and Aaron Jones. Another great example of service to those in need!

Jake Bentz Receiving School Backpacks Delivered by Lion Rosalinda Vasquez of the Astoria Lions.

Thank You Buyers for Coming to Our Garage Sale!

Astoria Lions held a very successful garage sale on September 11, 2021. With the weather cooperating, club members assembled a variety of items for sale. Lions Club information was displayed along with an eyeglass collection box that several visitors filled with used glasses.

Many thanks to members who donated items and helped staff the sale: Nancy Lockett, Aaron Jones, Rosalinda Vasquez, Ron and Charlene Larsen, Melanie Hansen, Norm Davis, (soon to be member) Ahsha Staiger, Phil Bales and Ray Montgomery.



Lions Make Ready for the Annual Garage Sale. (l-r) Rosalinda Vasquez, Ray Montgomery, Nancy Lockett, Ron Larsen and Lavina Jones.



Please come in and buy something! Lions Nancy Lockett (left), Rosalinda Vasquez (center), and Charlene Larsen (right) greet garage sale visitors.

Continued on page 13

A Busy Summer!

Going Away Luncheon for Lion Phil and Ann Bales - Good Luck and Stay in Touch

Astoria Lions met on September 7, 2021 to say farewell to Dr. (Ret.) Phil and Ann Bales upon their approaching relocation to the Phoenix metro area. Lion Phil is a 35-year member of Lions and served in a number of roles (including Club President). Lion Phil was always there to support Lion activities including Newspaper Collections, Charity BBQs, and Club Garage Sales. When the club had to relocate from its usual meeting location, Lion Phil immediately offered the club the use of his airplane hangar located at the Astoria Airport. Lion Phil readily and often offered the club the use of his pick-up for towing the newspaper waste trailer and moving club property. He clearly lives the motto "Where there is a Need, there is a Lion."

The highlight of the club year was the Club Xmas Party hosted by Ann and Phil in their lovely home overlooking Youngs Bay. Our club singing holiday tunes was always a treat to hear.

As shown in the photos, the lunch was well-attended and gifts and cards were given to Ann and Phil. To cap the event, the club enjoyed servings of Lion Lavina's famous green stuff dessert. Very tasty.

Best of luck to both of you!



Lion Lavina Jones (right) serving a slice of her famous "Green Stuff" dessert to Ann and Phil Bales. In background are (l-r) Charlene Larsen, Norm Davis and Ron Larsen.



(l-r) Aaron Jones, Lenard Hansen, Rosalinda Vasquez, Lillie McGuire (Guest,) Ann Bales, Phil Bales, Norm Davis, Lion Charlene Larsen, Ron Larsen and Lavina Jones. (Not shown - Photographer: Ray Montgomery.)

Third Clean-Up of Lewis & Clark River Bridge Wayside

Astoria Lions conducted its third clean-up of the Lewis & Clark River Bridge Wayside on 9/21/21. Enrolled in ODOT's 'Adopt-a-Landscape' program, the club is required to clean-up the site four-times a year. Members met after our regular Tuesday club meeting and donned protective vests provided by ODOT. Large, yellow plastic bags were provided as well to collect the cuttings and trash collected along the roadside. Filled bags were stacked on-site to be picked up by ODOT. Club members brought their gardening tools, rakes, and weed whackers to the event. Grateful thanks to the following Lions who participated in the clean-up: Ray Montgomery, Charlene Larsen, Ron Larsen, Nancy Lockett, Norm Davis and Aaron Jones (who brought his puppy 'Sis').



Lewis & Clark River Bridge Wayside Cleaning Crew (l-r): Norm Davis, Nancy Lockett, Ray Montgomery and Ron Larsen. (Photo taker - Charlene Larsen.) Not shown but participated - Aaron Jones.



Clean-up Completed! Lewis & Clark River Bridge Wayside.

submitted by Ray Montgomery

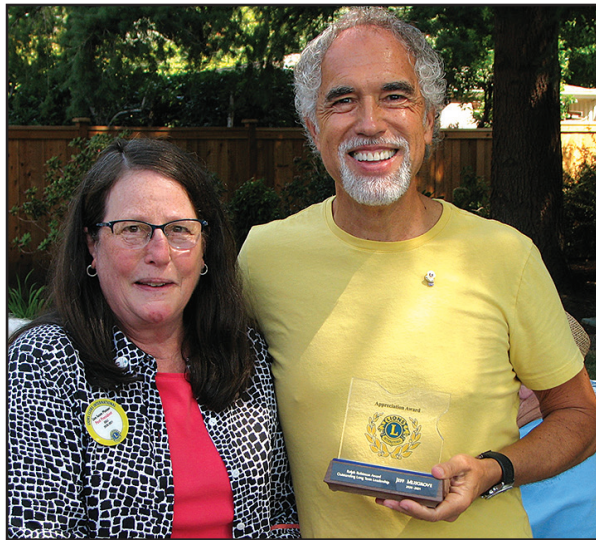
The Eugene Downtown Lions Club Annual Summer Picnic Was a Fun Gathering

After spending days with hot weather and smoke-filled air a cold front swept through Oregon just in time for our outdoor gathering. The Eugene Downtown Lions Club annual picnic was held Wednesday August 18th at Lion Judith Grosenick's home. It was usually held from late afternoon into the evening, but this time it was held at noon. Her backyard was the perfect spot again for the picnic. Lion Judith's adorable "girl" Coco was on hand to greet everyone.

About 35 members and guests were in attendance. Club members provided side dishes and desserts and, as usual, fried chicken along with soft drinks were provided. Lion Dr. Craig Ford and his wife Klea were seriously missed for their excellent cooking and serving of corn-on-the-cob. Since their move out of town they have been greatly missed.

The food was excellent as usual and we all had plenty to eat. This picnic gives the members and guests the chance to get to know each other better and to share some relaxing time together.

Since Lion Jeff Musgrove was not able to attend the Club's Installation and Awards luncheon, Lion Past President Susan Pfanner presented the Ralph Robinson "Robbie" Award to Lion Jeff Musgrove at the picnic. The "Robbie" is the highest award the Club itself can give to a member.



Past President Susan Pfanner presents "Robbie" Award to Jeff Musgrove.

Lion Judith gave special thanks to all of the Lions who helped with the setup and take down of the tables and chairs. Of course thanks to everyone who did anything to help out including bringing lots of delicious food to share and for everyone who attended. It is worth noting that all were vaccinated and the Governor's outdoor gathering mask mandate was not yet in effect.



The food was excellent and well worth the wait in line.



Everyone enjoyed the meal and conversation.

submitted by Tim Chuey, Publicity Chairman

A Reason to Celebrate

The last year and a half or more has been a struggle for all of us. There haven't been very many things to celebrate. Well, the Eugene Downtown Lions Club found something great to celebrate. One of the Club's members reached a milestone. The Club met on September 15 at the Eugene Mission and it was a birthday celebration for a great Lion. Lion Don Jones, who has been a club member for 60 years, was presented with many cards and a special birthday cake to celebrate his 99th birthday. Yes, he turned 99 the day before the meeting. The celebration featured a birthday cake and of course a chorus of "Happy Birthday."



A beautiful and very tasty birthday cake.



Lion Don Jones.

There were a couple of presentations to celebrate also. Lion Immediate Past President Susan Pfanner presented Lion Yvonne Hamson with a special "Woman of the Year" pin. The award honors Lion Yvonne for being the first Female President of the Club and her past service as president of the Lioness.



Immediate Past President Susan Pfanner presents award to Yvonne Hamson.



President Karen Norton presents check to Mary Lou Bradley from Candlelighters.

The members shared the celebration with a piece of cake being cut by (l-r) Norma Barbisan and Sharon Newton.



There was also a check presentation made by Lion President Karen Norton to Mary Lou Bradley of Candlelighters, which is an organization that gives support to children who have cancer and their families. The check for \$508.88 was from the leftover proceeds of the last Women's Symposium that was held in 2019 and sponsored by Lions from District 36-R.

submitted by Tim Chuey, Publicity Chairman



OREGON LIONS
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Phyllis Carlin
Board Chair

Be An OLSHF Ambassador!



Doug Thompson
Chief Executive Officer

Breaking News!

Hey Lions, we have openings at the Foundation for our new volunteer OLSHF Ambassador program and we're looking for your help!



Extra! Extra! Hear All About It!

We're looking for Lions and others that will help share our great stories of helping Oregonians and northern Californians with sight and hearing issues. There are so many stories to tell of people that can see and hear the world around them...amazing sight and hearing partners that discount and donate their services...and of course the incredible Lions that sponsor and support so many of the people that, together, we help.

Our new OLSHF Ambassador program is recruiting OLSHF Trustees, Lions, and others to raise awareness of the Foundation's impact by sharing videos, images, and OLSHF stories through email, social media, phone calls and visits -- in person and virtual -- to local Lions Clubs in your area.

Tell Me More!

All of the Foundation's Trustees will act as OLSHF Ambassadors, and you too can express your interest in being involved by contacting Doug at Doug@olshf.org or calling him at (503) 413-8385. For those that really want to get involved, we're also looking for OLSHF Ambassador "Coaches" to provide 1 on 1 support on basic skills such as:

- How to forward an email -- and how to personalize it with photos, graphics, and video
- Social media posts -- share an OLSHF video, photo, and important sight and hearing success stories!
- Presenting at virtual Lions Club meetings -- learn to share your screen and show videos and photos to another group of Lions!

Special thank you's to OLSHF Trustees Jadie de Lille Wright (East Albany Lions), Mike Kilkenny (The Dalles Lions), and John Drake (Cedar Hills-Sunset Lions) for agreeing to be Ambassador Coaches by providing 1 on 1 support for Ambassadors-in-Training!

Win/Win/Win Proposition

We believe that the OLSHF Ambassador program will be a success for the following reasons:

- Raised awareness and support of OLSHF sight and hearing programs
- More MD-36 Lions with new technical skills to communicate and connect with each other
- MD-36 Lions Clubs have enhanced virtual and in person meetings through technical expertise

What's The Catch?

There isn't one! If you're interested in being involved and would like to learn more about the new OLSHF Ambassador program, contact Doug today to learn more!

GIFTS & MEMORIALS

Contributions list includes gifts received in September and October. Thank you to each and every donor and supporter!
If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

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Lion Sentinel

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Honorariums

**In Honor of Cy & Judy
Kauffman**
Gerald & Mary Martha
Hopkins

**In Honor of Darrell
Scott**
Gerald & Mary Martha
Hopkins

Memorials

**In Memory of David
Romine**

Gerald & Mary Martha
Hopkins

**In Memory of Edward
Carlin**

Janice Christenson
Noelle Bryan

**In Memory of Fred
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**In Memory of Jacky
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**In Memory of Mary
Voorhees**

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**In Memory of Mel
Trotter**

William Stout

**In Memory of Paul
Dixon**

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Frank & Janet Fujitani

**In Memory of Russ
Schumacher**

Marcia Daiker
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In Memory of Sati Sil
Central LC

**In Memory of Shirley
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*Please find our complete
list of PRIDE members
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SAVE THE DATE!

December 11, 2021

3pm PST

Join us virtually for powerful stories, holiday entertainment, program updates, and chances to win fabulous prizes!





We are grateful to have screened over 49,000 students, and referred over 8,000 so far this year!



Sollman for Senate
@SollmanJaneen

Yesterday I was invited to @QuatamaSTEAM for student vision screening by @OLSHF & volunteers from Mrs. Toth's @libertyfalcs Health Science class. Vision screening looks very different from when I was a volunteer when my kids were in school, but it is just as critical.

Thanks to Rep. Janeen Sollman who attended a screening and gave us a shout out on Twitter!



**OREGON LIONS
Sight & Hearing
= Foundation =**

Give thanks

Gratitude from recipients

"I feel beyond blessed to be able to read and see again so a huge thank you to you and the Lions club for making this possible. **Thank you!**" - Gina

"Thank you for your most awesome gift for my neighbor Jeff's eye surgery & exams and all the most amazing answers to our prayers!! [...] Every day he shares with all his neighbors & myself all that he can see: the stars at night, that he can get a drivers license, read signs at the grocery store, read the books he's always wanted to... **Thank you** for changing lives!" - Kim & Jeff

"I would like to **thank you** on behalf of my mom. It has been such a blessing to her to get new glasses. Just wanted you to know that you made a positive impact on someone's life!" - Jacki

La Pine Lions Support Local Events

Charla DeHate, CEO of the La Pine Community Health Center (LCHC) thanked the La Pine Lions for their role as support partners in supplying food for their event on August 11. LCHC and the Lions were very pleased to be able to have this event after not being able to do so in 2020 due to COVID-19 restrictions. The event provides an opportunity for the community to have some low-key fun, and an opportunity for LCHC to educate people about the 360 degree care they offer regardless of income or insurance status.



La Pine Lions Club 2021 Scholarship Winners

The La Pine Lions Club is proud to announce the recipients of its 2021 Scholarships. A total of \$3,000 was awarded to six outstanding La Pine High School graduates. Sierra Stigall, who plans to attend COCC in the study of Criminal Justice; Alexander Farnsworth, who has been accepted to Eastern Oregon Community College to study Biology; Courtney Guthrie who will study Nursing at Boise State; Emilio Nastri, attending Oregon State in the study of Finance; and Nadiya Mayhew who will be attending Oregon State studying Zoology. Congratulations to all these outstanding, well-rounded young men and women.

both articles submitted by Sue Mose

Prineville Lions Sort Cans and Bottles to Support Sight & Hearing Grants



(l-r) Lions David James, Brad Larkins, Nancy Nennig and Chris McCabe pause while sorting cans and bottles for the Prineville Lions fundraising project. The Club recently received a check for \$1,400.00 for previously recycled aluminum cans and plastic bottles, the money to be used for sight and hearing grants.

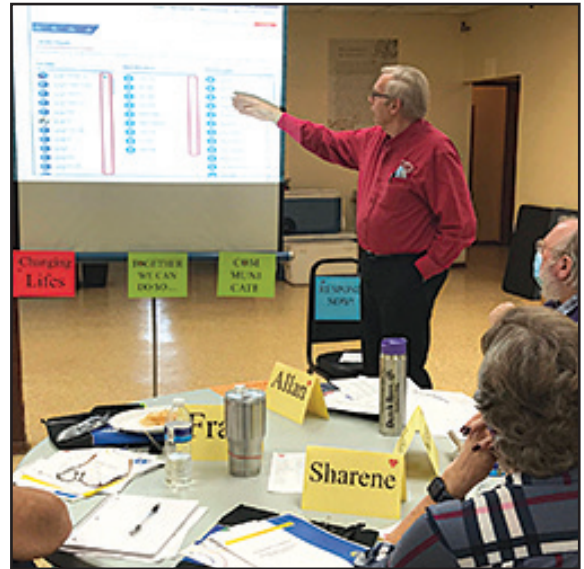
submitted by Gerald Pimentel

District 36-R Leaders Up and Training

On September 25, in Junction City, 14 Lion Leaders from MD36's District R attended training for Zone Chairs, Region Chairs and other interested Lions. District Governor Lynn Coon led the training by emphasizing good communication between the Zone Chairs and their clubs this year. Presenters were PDG Steve Moser presenting problem solving ideas and how to get LCIF Grants. PDG Tom Hilgers explained goal setting, making action plans, and assessing a clubs health. DG Lynn then talked about the roles of Zone Chairs and Lion leaders. Lion Paula Hilgers covered convention and awards planning. A big thanks goes to Lion Clubs International for providing a Leadership grant for this training.



DG Lynn Coon emphasizes the importance of good communication.



PDG Tom Hilgers explains the the club evaluation process.



Lion Paula Hilgers explains awards and contests to MD36 District R Zone Chairs and others.

PDG Steve Moser explains how to get an LCIF grant.



Front row (l-r) are Sharene Nolan, Karen Norton, Patty Harrison, Paula Hilgers and Fran Camacho. Back row (l-r) are PCC Rod Bach, Henry Miller, David Fitzgerald, Allan Oakes, PDG Steve Moser, David O'Kelley, DG Lynn Coon, PID Ed Gear and PDG Tom Hilgers.

*submitted by PCC Rod Bach
photos by Henry Miller*

THE SCOUT TRAIL

In 1907 General Robert Baden-Powell met Mr. and Mrs. Charles van Raalte who owned Brown Sea Island, Dorset, England. Having been on the island in his youth B-P knew it would be an excellent place for camping for boys in the summer. After much planning, on July 31 twenty-one boys of different status in life arrived and with B-P's military experience were divided into four patrols. The next morning began a week of friendships, scout-craft, camp fires and sleeping in tents. The boys loved it. The patrols eventually were formed into a troop.

The troop and patrol units were very good at having the boys assume positions of leadership for management in a fun environment. Some positions were: Senior Patrol Leader, the boy who was the prime leader of the troop; Patrol Leader as the title implies was the leader of the patrol; Quartermaster took care of and managed the equipment; Scribe took notes at meetings; Bugler sounded off with a bugle for certain formations of the Scouts like assembly, wake up, sleep time, flag raising and lowering and so on. Other offices of the troop also were created. The Scoutmaster was a counselor and guide. This organization provided the Scouts with opportunities to learn leadership, have satisfaction in rank advancement; Citizenship; Self-esteem and being Helpful to other Scouts and to others. The scouts also learned to be guided by the Scout Oath and the Scout Law. These experiences, organizations and more are in use today in the Boy Scouts of America.

(Much information from *Baden –Powell – The Two Lives of a Hero*, William Hillcourt, 80th Birthday Edition, 1964)

submitted by Ted Yarosh, MD36 Scouting Chair and Secretary of Klamath Falls Lions Club

QUEST PROGRAM

When it comes to helping youth build brighter futures, Lions are a resource in the community with a known track record for delivering quality results in education, preventing youth drug addiction, and helping young people feel more connected at school and in their communities.

Lions Quest is the flagship social and emotional learning youth development program for students in grades Pre-K--12. Social and emotional learning (SEL) skills help young people develop healthy relationships, set goals, make responsible decisions, practice citizenship and value service to others.

Lions Quest has three programs that are developed, published and distributed through Lions Clubs International Foundation (LCIF). Skills for Growing (grades pre K --5); Skills for Adolescence (grades 6-8) and Skills for Action (grades 9-12). Each program is research based. The Curriculum Guide has lessons, discussion topics and activities for youth and family members at every grade level.

Qualified Lions Quest trainers provide relevant and up to date training and professional development to schools, youth serving organizations, parents and community stakeholders. These are built around the concepts of safe and supportive environments at home, school and the community. The Lions Quest Department at LCIF can provide assistance and help you access materials to share around your community. Visit the Lions Quest website: www.Lions-Quest.org and check out the materials. Resources for Lions clubs can provide more about the program and Lions Quest grants can boost your service in the community.

It's time to start planning for Lions Quest in your community either this spring or next fall. LCIF Grants will pay 3/4 of the costs. Oregon is fortunate to have several endowments who will pay the remaining 1/4 cost. The Lions Quest program can also assist local schools with the growing issue of student suicide. For further information, please don't hesitate to contact your District Lion's Quest Chair or MD36 Chair PDG Jim Jagers.

submitted by PDG Jim Jagers, MD36 Lions Quest Chair

Pokemon and Roadside Cleanup

A reader might want to ask what the connection is between a Pokemon Club and Highway Cleanup. The answer is that both involve service, and when it comes to service, the Elgin Lions spring into action.

Tomi Boolen was a recent guest to the Elgin Club, representing local youth wanting to start a Pokemon Club. Pokemon are made up creatures that kids “capture and train.” There are TV shows, card games, video games and more which all relate to Pokeman, and it is popular with kids in the 5-10 age group. Several of the local youths got together to start their very own Pokemon club. The students made their own fliers and promoted their first meeting. To date, the young group has held three meetings. Boolin was asked to facilitate their club meetings by providing a safe location, structure, supervision and snacks. Boolin reached out to the Lions for their support with snacks, time and materials for those in need.

The same week, the Elgin Lions Club also did a roadside cleanup stretching two to three miles on the highway north and south of Elgin.



Boolen addresses Lions.



Lions (l-r) DG Kathy Oliver, Risa Hallgarth, Barbara Hawes, Daryl Hawes, Pat McDonald, Mary Hopkins, Debbie Rogers, Jared Rogers, Bill Hall and Mike Garver.



Bill Hall and Pat McDonald find trash along the highway.



(l-r) Jared and Debbie Rogers follow up with maple bars donated by Lions Dave and Teri Fuhrman of Cowboy and Angels.

The Club has always appreciated the community support for its activities, and as a token of appreciation, planning a community “thank you” with free homemade pie and ice cream on October 16th. The public has been invited and the social will start at 11:00 A.M., until the pie and ice cream are gone.



La Pine Lions Concession trailer.
Feeding the evacuees.

La Pine Lions Serve Darlene Fire Evacuees and Support Staff

In the initial hours of the Darlene Fire, which broke out just south of La Pine in July, the La Pine Lions rallied together to be first on scene and provide food and comfort to the evacuees arriving at the La Pine Middle School Emergency Shelter. The following morning, the Club parked their concession trailer at the middle school and began serving breakfast to evacuees and support staff. Over the next three days the Club fed approximately 300 evacuees, firefighters and Red Cross support staff three meals a day. Local organizations, businesses and residents also pitched in to help. Dozens of people started showing up with donations of food, water and money. Donations of water and supplies have been shared with evacuees of the Bootleg Fire in Southern Oregon. Over \$6,000 was raised in fire relief. These funds will support immediate fire relief, future relief and a new disaster emergency trailer. We are very proud of our community and the support we received during this event.



(l-r) Club President, Joe Foran assisting with donations received during Darlene Fire. Community members donating supplies. Right - Red Cross Relief worker helping unload donations.



Brian, community volunteer assisting with bottled water donations.

submitted by Sue Mose