



Serving members of MD36 Oregon and Northern CA

November, 2016 Volume 4/16-17

## USA/Canada Forum in Omaha, Nebraska September 15-17, 2016



The entire Oregon Lions Team at the USA/Canada Forum in Omaha



Poken "Paw" or thumb drive we used to collect information



Oregon Lions in the Strides Walk activity



DG Judith Poage was invited to dress up and help entertain on the main stage Thursday evening with the Happy 100th Birthday Lionism. (l-r) DG Garry Charbonneau and PDG Brad King

Please note the correct date for  
93rd MD36 convention  
is May 18-20, 2017  
at Pendleton Convention Center



(photo to left)  
Oregon Lions who  
received Lions  
University degrees

## ANNIVERSARIES

November 2016 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

### November

Bend/Sunrise	November 5	1926
The Dalles	November 15	1926
Sutherlin	November 22	1946
Vernonia	November 23	1946
Huntington	November 09	1948
Portland Columbia	November 02	1949
Canby	November 30	1951
Lake Grove	November 29	1966
Hermiston	November 27	1972
Sandy	November 11	2009

### NEW MAILING ADDRESS FOR MULTIPLE DISTRICT 36 HEADQUARTERS!!!

The office is no longer at 1075 Washington Street, Suite #212, Eugene, OR 97401  
Please address mail to:  
**PO Box 51345**  
**Eugene, OR 97405**



The Oregon Lion Website:  
[www.md36lionsclubs.org](http://www.md36lionsclubs.org)

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Eugene, OR 97405

## MONTHLY CALENDARS

### MEETINGS

#### November

- 5 District R Cabinet meeting - Junction City - Viking Sal, 245 W 5th Ave. @9am  
District E Cabinet meeting - Oregon Lions Sight & Hearing Center, Medford @10am  
District O Cabinet meeting - Mt. Hood Lions Clubhouse - 10am-1pm  
District G Cabinet meeting - Rufus - Texas Steakhouse Restaurant, 10am-2pm
- 10 OLSHF Executive Committee meeting @ 11am
- 12 OLSHF Trustee meeting -Springfield Justice Center, 4th & B Street @9am  
Council of Governors meeting - Springfield Justice Center, 4th & B Street @1pm
- 28 Southern Oregon Lions Sight & Hearing Center Board meeting - Medford @6pm

### EVENTS

#### November

- 6 Daylight Saving Time ends
- 8 Election Day
- 10 *The Oregon Lion* article deadline (for December issue)
- 11 Veterans Day observed - HQ office closed
- 22-25 Thanksgiving Day observed - HQ/OLSHF offices closed

#### December

- 10 *The Oregon Lion* article deadline (for January issue)
- 24-25 Christmas Holiday - HQ/OLSHF offices closed
- 31 New Years Eve - HQ/OLSHF closed

### Redmond Lions Club Charter Party

Lions Club International District 36-G  
Saturday, November 5, 2016  
3:00 PM to 5:00 PM  
Dress: Business Casual

Redmond Memorial Chapel  
717 SW 6 Street  
Redmond, Oregon 97756

RSVP Lion Sue Mose (541)536-5413



## Council Chair News



**Steve Oliver**

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**oliverucso@yahoo.com**

Spouse: Kathy

**Website:** md36lionsclubs.org

As the time draws near for me to submit my article for this magazine, I start stressing over it. I never have been at ease writing, so I procrastinate to the last possible moment, which I have done again. However, things are different this month; I have several things to write about.

First, PCC Joyce Anderson sent me an e-mail regarding the USA/Canada Forum to be held next year in Portland. Her committee has almost everything ready to go. The one thing she really needs now is people to volunteer. She could use at least 300 volunteers to fill the various jobs at the Forum. So, please put this on your calendars right away and e-mail PCC Joyce when you can work. Thanks in advance.

Second, PDG Wes King called with a special request. He is putting together a grant request to Lions Club International for \$85,000 to help fund a \$2.5 million expansion at their facility south of Eugene. *Dogs for the Deaf* not only provides dogs for the hearing impaired but also trains and provides dogs for autistic children. It is remarkable how these dogs help autistic children. PDG Wes needs to raise \$42,000 in matching fund. If you would like to donate individually or as a Lions club, make your checks out to *Dogs for the Deaf*, 10175 Wheeler Road, Central Point, OR 97520. Let's all get on board and help this worthy cause. PDG Wes has to submit his grant application sometime mid-December.

Third, International President Corlew sent out an e-mail regarding Lions-sponsored parades. Recently, a Lion's club in Indiana received some very negative publicity regarding controversial floats in their parade. So if your club sponsors a parade, please check out the float entries prior to giving them permission to participate. This will save a lot of embarrassment for Lions here in Oregon. If your club is submitting a float in a non-Lion sponsored parade, it is ok, just try to stay away from any controversial or negative float if you can. If you need more information, check out President Corlew's website.

Remember the holidays are coming up so please help your local food banks. Thank you. WE SERVE

## Directory Corrections

### Page

41 Stayton Lions Club Secretary's last name should be Silbernagel

107 Silbernagel, Fran. Add 503.769.5716 as contact number and fscamac@yahoo.com as email address

## Alvadore Lions Community Bazaar

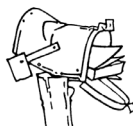
The Alvadore Lions 10th Annual Community Bazaar is scheduled for Saturday, December 3 at the Alvadore Fire Station. Spaces are available and we anticipate over thirty vendors. Breakfast will be served beginning at 7:30 a.m., and lunch at noon. Bazaar hours will be from 9:00 a.m. to 4:00 p.m. Please call (541) 688-1546 or (541) 689-0044 if you have questions or would like to reserve a space.



*submitted by Donna Korn*

## Are You Moving? Have You Moved?

We need a couple of days to change your address. Please give us your old address, as well as your new one, by attaching a label from a recent issue of *The Oregon Lion* in the space shown.



Mail entire form to:

**The Oregon Lion**

PO Box 51345

Eugene, OR 97405

Attach Your Address Label Here

Name (print) \_\_\_\_\_

New Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Old Address \_\_\_\_\_

Club \_\_\_\_\_



## Reflections on the Holiday Season

*So much in our lives slows-down around the holiday season – when the weather and shorter days conspire with comfy clothes and good company to convince us that 'this' moment – by the fire, or at the holiday table – could last forever. In stark contrast, Lions VisionGift's work actually amps up at this time of year for several key reasons.*

Perhaps the most interesting facet of how the public's general slowdown corresponds with our increase in work is that many people schedule their corneal transplants during the winter break – when they, or their families, have some time off to allow for post-operative healing. This increase in surgeries isn't just tied to our region, as many patients across the nation get the same idea; so some of our surplus transplant tissue is shipped to those surgeons so their patients can also get the best holiday miracle – that of sight restoration.

The end of the year is also a busy time for many of the Eye Banking and Ocular Science conventions and conferences that occur. This past Fall alone had meetings for EBAA, AGS, ASCRS, EU Cornea, and several other high-profile events that allowed us to network with some of the brightest minds in the field – we've used this space in the past to highlight some of the resultant endeavors. Perhaps this glut of important meetings at the end of the year is an opportunity for folks to showcase their newest research and findings ahead of new grant and budgeting cycles.

One of the less fortunate realities affecting **Lions VisionGift's** winter workflow is the fact that this season typically sees a small spike in donor referrals. Part of this can be attributed to flu season and other infectious diseases that spread with more veracity in the winter seasons, but it also unfortunately has to do with increases in motor vehicle and winter recreation accidents. In any event, our Donation Specialists are well equipped to handle the varying referrals we receive in the winter.

Our Donor Specialists are the compassionate team members on the front-line of donor family interactions. In addition to determining the preliminary eligibility of potential donors, they are also charged with having the Authorization and Medical/Social Interview conversations with donor families. You can imagine that these kind of conversations are difficult whenever they happen – after all, someone has just died – but they are made all the more difficult during the season of celebrating family and friends. You'll be glad to know, however, that many of these conversations turn into fond remembrances of loved ones lost.

As the holiday season starts we hope that you will take the time to sit with your family, sip egg nog and sing carols. Rest assured that we here at **Lions VisionGift** are standing by to ensure that every family that needs us and every patient that is hoping for a miracle, gets it this year.



## The Mission of Reducing and Eliminating Blindness

The past month was another busy month for **Lions VisionGift (LVG)** employees as many team members headed to an annual meeting of the Eye Bank Association of America (EBAA) – the national eye bank accrediting body. The EBAA has traditionally held this conference in conjunction with an annual meeting of the American Academy of Ophthalmology (AAO), which is the largest gathering of ocular medicine providers and key researchers in the field of eye science in the country; and this year was no different. Considering the sheer number of colleagues and clients present in one city for one purpose, it was truly a unique opportunity for **Lions VisionGift** to demonstrate our prowess in the fields of transplant and research – an opportunity we seized with the number of speakers who presented on our behalf at the conferences.

Perhaps the most impressive presentation of all our affiliated speakers came in the form of an Award ceremony in honor of our long-time Medical Director, **Dr. Mark Terry**. The only thing surprising about Dr. Terry receiving the prestigious Paton Award this weekend (given his innumerable contributions to cornea science), is that the honor has not come sooner – though it should be noted that this award is typically a “lifetime achievement” type of honor, which Dr. Terry is obtaining while still in the midst of a robust career. Dr. Terry has always championed the accomplishments of this eye bank and his remarks to our assembled colleagues and stakeholders were a unique form of praise that doesn’t come along often.

Dr. Terry’s influence in the eye banking world extends beyond his guidance of new therapy techniques and research initiatives as his Devers Eye Clinic has corneal fellowships with the next generation of great corneal surgeons – many of whom continue to maintain their relationships with **Lions VisionGift** when they go on to start their own practices – even in other states. The benefit of these “umbilical” relationships was demonstrated last month as two surgeons with very close ties to **Dr. Terry, Dr. Michael Straiko and Dr. Peter Veldmann**, also presented at the meetings, highlighting their partnerships with **Lions VisionGift**.

In a continuation of the theme, two **Lions VisionGift** staff members presented at the EBAA/Cornea Society Fall Educational Session. LVG Processing Manager, **Josh Galloway**, discussed the validation science behind a new product line/therapy tool we’ve been developing here at LVG. In essence, we’ve found a way to reliably pre-load some of our processed tissue into an insertion device which surgeons can then use to reduce complications of a new surgery type known as DMEK. LVG Research Scientist, **Dr. Khoa Tran**, delivered a very compelling argument about the manner in which we prepare tissue for the microscopy we use to “rate” that tissue. The upshot of the science behind his work is that we should be able to gather more reliable microscopic images, in shorter timelines, by changing an element of how we prepare the tissue for microscopy. The implications of **Dr. Tran’s** method could be leveraged by the entire eye banking community.

It is that last statement which serves as rationale for meetings like the ones happening last month in Chicago; the efforts of all ocular scientists are aimed at one thing – reducing and eliminating blindness. Since we all have that same mission, the kind of collaboration and knowledge sharing that occurs at these conferences is a critical part of our mission.

## Downtown Lions Had a Cool Evening at their Annual Summer Picnic

The Eugene Downtown Lions Club annual picnic was held August 16 once again at Lion Judith Grosenick's home. Her backyard was the perfect comfortable spot for the picnic. About 55 Lions, family and guests attended the gathering in her pleasantly shaded back yard where a breeze felt very cooling.



The food and desserts the members provided were delicious

Club members provided side dishes and desserts and, as usual, fried chicken and corn-on-the-cob along with soft drinks were provided by the Club. Lion Craig Ford performed his magic preparing the corn with the aid of his wife Klea.

The food was excellent as usual with a plethora of salads and deviled eggs this year. This picnic gives the members and guests time to get to know each other better and to share some relaxing time together.



Lion Dr. Craig Ford and his wife Klea posed for this "Corny" picture



Waiting in line took some self-control



Can you tell these people are enjoying themselves?

Lion Judith gave special thanks to Lions Babe Curtis, Jim Newton and Jim Origliosso for helping with the setup and returning the tables and chairs. She also wanted to thank Lions Mary Fechtel and Diane Landon for organizing the food.

Of course, thanks to everyone who did anything to help out and for everyone who attended.

*submitted by Tim Chuey*

## Dedication at Sea View Lake

On September 20 our Rockaway Lions Club dedicated two benches with brass plaques at Sea View Lake to Lions Cliff Gunderman and Terry Walhood. Lions Cliff and Terry chaired the restoration of Sea View Lake. This endeavor took two and a half years to complete.

Sea View Lake, off of Highway 101, was full of debris and, in fact, was not even visible before this project was undertaken. Lions worked until they were cut, scratched and bleeding. Lions Bob Dempster, Jerry Stanfill, Terry Bowman, Vicky Bartlett and Fred and Julie Nankervis also joined the effort. Lion Gerry Siegmann made the picnic tables. The gravel paths were built by Lions and students from Neah-Kah-Nie High School. The fountain was donated by the Rockaway Lions Club in 1955 and the power to the fountain and lights had to be restored with the help of the city.

Thanks to the efforts of Lions Cliff Gunderman and Terry Walwood, Sea View Lake is now a park to be enjoyed by everyone. It will also be a place to remember the hard work of two of our friends.



Hard working Rockaway Lions enjoy the results of their labors at Sea View Lake. (l-r) Lions Terry Walhood, Ted Johnson, Ron Hemberry, LuLu Bowman, Lars Gare, George Belnap, Vickie Bartlette, Jan Markle, Bob Dempster, Don Markle and Jerry Stanfill

*submitted by Lion Marilou "LuLu" Bowman*



## Oregon Lions Enjoyed USA/Canada Forum in Omaha

Do you know what Aksarben is? It's Nebraska spelled backwards. While Oregon Lions visiting Omaha last month for the 40th USA/Canada Forum may not have known that, some did eat the local Runza. Runza? It's a cabbage and meat hot pocket, a specialty of the city.



Some of the Oregon Lions at the Forum (l-r) 1VDG Bert Diamond, Lulu Bowman, DG Garry Charbonneau, Terry Bowman, Diana Richardson, PDG Paul Zastrow and DG Judith Poage

Along with enjoying the great Omaha hospitality at the Forum, the keynotes and speakers inspired us. One particular session motivated me to work hard to start new clubs in my District. Poken "Paws" were the talk of the Forum. These thumb drives allowed us to instantly trade basic information with other Forum goers and instantly collect digital handouts from vendors and session speakers.



(l-r) PCC David Rich, PID Joe Preston and PDG Brad King

Oregon Lions attended sessions and spent a lot of our time at the registration tables signing up Lions for the 2017 USA/Canada Forum in Portland. Lion PCC Joyce Anderson said, "Over three days, we registered 843 Lions for the Portland Forum. We did a really good job!"



Oregon Lions Registration committee (l-r) Raema Manning, Robin Stoeckler, and PCC's Joyce Anderson and Vince Bishop

Lion Joyce is the Host Committee Chair for next year's Forum in Portland and PCC's Rod Bach and Steve Thomson are Co-Vice Chairs. MANY THANKS also to Lions PCC Vince Bishop, Raema Manning and Robin Stoeckler who did the pre-planning and onsite planning of our registration process in Omaha.

At next year's USA/Canada Forum in Portland on September 21-23, you can expect to hear inspirational speakers, learn new ideas for your clubs, and meet interesting Lions from all over North America. Over 200 volunteers will be needed at the Forum in Portland. **To sign up, please go to Survey Monkey** at: <https://www.surveymonkey.com/r/FLZ89DH>. Check off the box(s) you feel comfortable to do as a volunteer. It's an easy, short form to complete.



The Portland Forum registration table (l-r) Lions Diana Richardson, DG Judith Poage, PDG Brad King, PCC Vince Bishop and 1VDG Tom Hilgers

As people in Omaha tell visitors about Aksarben and the Runza, Oregon Lions can remind visitors at next year's Forum in Portland that it's not "ORY-GONE", there really is no sales tax here, and that we are the friendliest Lions in the country.

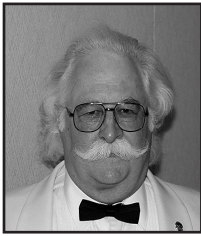


Using their Poken Paws are Lions PDG Gail Black and PDG Chuck Blanchard. Henry Miller (middle) was one of our Team photographers

*submitted by Bert Diamond, District-O 1st VDG  
photos by Henry Miller of Springfield Lions Club and 1st VDG Bert Diamond*



## District O - Northwest - North Coast



### District O Governor Column

Garry Charbonneau

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**Website:** www.lionsoforegon.net

**Facebook:** District 36-O Lions Clubs

**Instagram:** district36olionsclubs

Fellow Lions, three months have quickly gone by and I'm learning things everyday about Lions Clubs International and about the Lions clubs in our District. I have visited 1/3 of the clubs in the District, some small, some big and some in between. We have clubs that are struggling to get by, some others that are doing very well and then there are those that, in my opinion, are just floating by and are not looking for that Land of Beyond, that New Mountain to Climb.

Fellow Lions we must continue looking toward what Melvin Jones called that Land of Beyond and that International President Bob Corlew says are New Mountains to Climb. The future of Lions resides in building our foundation stronger by bring in more members and starting new clubs.

Today's volunteers are more interested in what organizations can accomplish and less concerned with titles and protocol. The volunteers of today are focused on the service that the club will provide and the personal satisfaction and enjoyment attained through the service experience. We must focus our efforts on the concerns and passion of the membership, to seek and provide new services for our communities.

The clubs that are just floating need to be injected with renewed passion and purpose to seek a new mountain to climb so that they too can attain that personal satisfaction and enjoyment through the service they provided. The clubs struggling need new members and a renewed reconnection with their communities. Lions are one big family and when a family member gets ill we should provide help and support for that family member. Let's reach out and try to help our family members who are struggling. Start by visiting those struggling clubs, let them know that they are not alone.

Melvin Jones continued saying, "Your goals will get larger and larger and yet stay out of touch, challenging us to, run faster, work harder, think bigger and give more."

Yours in Lions Can Do

## District R - Willamette Valley - Central Coast



### District R Governor Column

Judy Kauffman (Cy, PDG)

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As you read this column fall is but a memory and we're into our winter months. It was a busy quarter with days and weeks moving quickly. We have been recruiting for campus clubs at three universities and hopefully we will have at least one club to charter as you read this column. We are also having club visits with the hope they will be complete by the holidays. Sadly, I must report that we are losing the Lebanon Lions Club. This Club has struggled and finally took the vote to close its doors. My hope is that members will choose to transfer to other clubs and we can rebuild the Club at a later date.

There are clubs in the District that are choosing to partner together on some service projects to make a bigger impact in the community. One such example is the farm tour of the Kauffman Farm on October 27. First, second, fifth and sixth grade classes will be visiting the farm to see its operation. The Yachats and Waldport Lions clubs are coming to help the children see the milking operation, pet the kids and lambs, gather the eggs, check out the tractors and much more. Each student will have a chance to get his/her picture taken on the tractor, and each child will get to pick out a pumpkin. It is great to see clubs working together and, by doing so, reaching more members in the community.

As I visit clubs I feel the commitment and dedication of our members. We are down in membership and need to really work to attract new members to help us serve. If each member brought one person to our service projects, what a difference we could make. Besides, when the community learns of what we do it can result in new members to join forces to feed the hungry, help the homeless, improve our environment and work with youth to become leaders in their community.

I am proud to serve as your governor and will do whatever I can to make our year the best ever! Together we can do it.

## District E - Southern - South Coast



### District E Governor Column

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*"The real voyage of discovery consists of not in seeking new landscapes but in having new eyes." ~Marcel Proust*

New eyes, young eyes, eyes to read a book, eyes to see the white board; *I believe children's eyes are windows to creativity.* Many times teachers or parents don't realize their youngsters are not able to see well. This may cause them to have lower grades and not pay attention in the classroom. Lions want children in their communities to use their eyes to seek and learn about the beauty of their surroundings, to read and understand books and to continue to grow and shape their lives in a positive way. Studies show that children learn more quickly during their early years than at any other time in life. Lions are instrumental in supporting children's education through many venues and vision screening at schools is one of them.

I visited the Applegate Lions in early October and they were very excited about having the Mobile Vision Screening vehicle come to their area for the first time. An Oregon Lions Sight and Hearing Foundation (OLSHF) staff member showed them how to use the hand-held digital Spot Vision Screener and in a short amount of time they were able to check children's vision in several of their schools. Lions clubs of the Klamath Falls Area Council do region-wide school vision screening with the help of their Lions over a 2-week period. While I'm writing this, my husband Lion Doug, is at the Sutherlin Elementary School screening K-3 children. Tomorrow our Club will be screening grades 4-6 and also the nearby city of Oakland's Elementary School. The Sutherlin Lions Club usually screens about 850 children in a day and a half. It's quick, easy and we have fun.

If your club has never used the Spot Vision Screeners to test the eyesight of the youngsters in your city schools; it's not too late to start. Perhaps your Lions do screening in your local schools but there are cities close to you that don't have a Lions club. Think about adding a nearby city's school to your schedule and help more children to see. Our kudos go out to OLSHF for implementing this program. They truly have "the heart of a Lion" in service.

During program year 2015-16, OLSHF in partnership with Lions clubs vision screened 172,000 children at 550 schools; with a 10% referral rate. Oregon House Bill 3000 requires students seven years of age or younger who are beginning school in Oregon to have a vision screening or eye examination ([www.olshf.org/health-screening](http://www.olshf.org/health-screening)). Oregon schools need our help. If your club has never used the Spot Vision Screener to test children's sight in your schools contact Kerith at [kerith@olshf.org](mailto:kerith@olshf.org) 800.635.4667.

"Let's Celebrate Together the Heart of a Lion" and help children to open their eyes to creativity.

## District G - Central - Eastern Oregon



### District G Governor Column

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September gave me a healthy start on visitations. Do you know where La Grande, Umatilla, Hepner, Hermistan, Burns, Huntington and Pendleton are located? If not, I invite you to "ride along".

The La Grande Lions are beginning their annual Coats For Kids campaign. They collect new or slightly used coats and hold a two weekend event for parents and kids to shop the closet for a warm coat before the cold weather begins. A special congratulations goes to Lion H. Brent Lewis for completing 40 years as a Lion.

Umatilla/Irrigon Lions received their Centennial Service Challenge award. They are preparing for their holiday festivities and Chili Cook-Off in January. PDG Roger Trueax completed 35 years as a Lion.

Heppner Lions are working on their Centennial project – restoring and painting the school bleachers. President Dan Van Liew finished 15 years as a Lion. The majority of Heppner Lions members are volunteer fire fighters. Let's cross our fingers that fire season is over.

On September 24, I visited Hermiston Lions and attended the Don Horneck Memorial Banquet and Auction. Lion Don was also the OSU Extension Agent for the Hermiston area. The event was very well attended by local ranchers and farmers. Funds raised will provide a scholarship for a soil science major.

Burns Lions welcomed me with a lunch. After their meeting I had the pleasure of visiting Lion PDG George Sahlberg's Lion Museum. It is amazing! The next time you are in Burns, be sure to call Lion George and schedule a visit.

Huntington Lions are currently partnering with their high school and helping students refurbish a paddle wheel for a sternwheeler they hope to launch on the Snake River.

District 36-G chartered a new Club in Redmond. The new Club was one of 30 announced at the USA/Canada Forum. International President Bob Corlew issued a challenge for 100 new clubs before the Forum. Nationally, thirty Districts answered the call and we were one. A special thank you to New Club Specialist Ronnie Martin for his help and thank you also to Lion Sue Mose, Lion Gary Mose and Lion Elaine Johnson for staying the four days. It is an amazing new group of Lions we will be inducting.

Redmond Lions Club Charter Party  
Saturday, November 5<sup>th</sup> from 3PM to 5PM  
Dress: Business Casual  
@ Redmond Memorial Chapel, 717 SW 6 St.  
RSVP: Lion Sue Mose 541-536-5413  
Speaker: PID Dennis Tichenor

I will see you there.

## You, Me and Diabetes!

Hello Everyone,

It's that time of year again when we as diabetics need to be especially cautious. I'm referring of course to the oncoming holidays, Thanksgiving, Christmas and New Years where rich food and drink are served in abundance. It is so tempting to overindulge in all this splendor prepared in the kitchens of those who love us and who unwittingly expect us to partake of the richness they have created. Whoa! Let's back up a moment and realize that even though we need to be cautious there will be others at the table who are not diabetics and enjoy partaking of the feast. It is our role as diabetics to praise those who prepared this magnificent display of food and drink and while we partake lightly. Our rewards will be that we survived the test and are healthier because of it and that we praised the host while not making others feel guilty about their choices. That's what I call a win-win situation. Following is an article entitled the *Unsung Hero* about those who live and love people with diabetes and the burden they bear. Enjoy.

### Unsung Hero

Author: Chet Galaska

It's easy to sympathize with someone who is diagnosed with diabetes -- especially if you know how difficult this disease can be. But those who live with and love people with diabetes bear a burden, too. And they rarely get support.

They are the unsung heroes of the diabetes world. Mine is my wife, Lisa. We were married in 1976, and I was diagnosed with type 1 in 1981 at age 29, right around the time our first child was born. There's really no good time to develop diabetes, and my case was no exception.

My unsung hero took it in stride, learning about diabetes and helping in countless ways, from preparing healthy foods to making sure there were always sweets in the house in case of lows. Back then, we didn't have home blood glucose monitoring and largely guessed at our glucose level based on urine tests, food consumption, physical activity, and -- most important -- how we felt.

At first this wasn't a problem: Because my low blood glucose symptoms were obvious, I had enough warning to take action. Later, my symptoms became subtler. But home testing came along, and I could know my real-time blood glucose. With this knowledge I was usually able to skate through the day with no problem.

But the key word is "usually," because sometimes a low still sneaks up on me. This is when my unsung hero will recognize the symptoms and make a save.

Years ago, Lisa would point out my low blood glucose carefully. I could be stubborn and figured that because I was the one living in this body, how I handled my diabetes was my call. I resented the warning, and it created an exasperating situation for her.

I knew best -- except when I didn't. Ten minutes after my unsung hero warned me, I'd find myself having the low she predicted. This happened enough times that even I learned to listen. Now, when she tells me I'm low, I'll either test or eat with no hassle.

Lisa has good reason to be watchful. One night, I took too much insulin. I woke up in the middle of the night to find several EMT's surrounding the bed. I was confused and unable to move. Even though I was the center of attention, I was really just an observer with an intimate view of the action. They diagnosed the low blood glucose quickly and raised it, and I recovered.

I still don't remember what happened. My wife and kids tell me it was really scary for them because I "disappeared." My distressed body was there, but I wasn't. Such heart-pumping emergencies force unsung heroes to ratchet up their vigilance forever.

On top of that, they deal with diet considerations, exercise schedules, and mood changes caused by blood glucose fluctuations. Frankly, I'm grateful, and in some ways amazed, that my wife has hung in there with me.

Unsung heroes come in all kinds of packages, and we can have more than one. In the routine of life, it's easy to overlook them. Please do this: Every once in a while, give yours a hug and a thank-you. They deserve it.

(Chet Galaska is author of *The Diabetes Book: What Everyone Should Know*.)

*Reprint from Answers at Walgreens*

"A quitter never wins! A winner never quits!"

*submitted by PCC Charlie Tate, MD36 Diabetes Chairman*

*Feel free to contact me at my cell: 503.409.1861 or my email: commontate@hotmail.com*



## Jared Rogers Makes a Difference

In a previous column on Sue Harris, I talked about one person making a difference in the community. Sue and her Committee of Impact 100 has touched the lives of many individuals with a “hand up” in Union County. Sue’s brother, Bruce, supports Impact 100 by collecting \$100 for the project which he does by placing the picture and name on his board at Local Harvest. To date contributions totaling more than \$4,000 have been received. This week, I would like to highlight another individual, Jared Rogers, who is definitely making a difference in Elgin by taking the lead on establishing the Elgin Health Clinic. It just happens that Jared is also the brother of Sue and Bruce. Making a difference appears to be a trait in the Rogers’ family.

Jared was named the Treasurer of the Health district as well as the project manager and owner representative. Making the Elgin Health Clinic a reality has not been an easy goal for the citizens of Elgin. The unit will involve 2.9 million dollars of expenses. Jared has written and consulted on several grants to make the Clinic a reality. Recently Jared, along with Darrel Hawes and Kathy Bonney, set up the Eagle Cap Excursion with potential donors and the venture added an additional \$70,000 to the coffers.

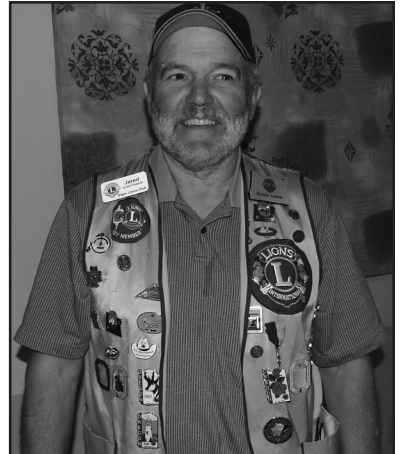
Jared is not new to the oversight of projects. He served as project manager for the Hanford Site for three years and a regional engineer for Boise Cascade for 31 years. During that time he also was the manager for such projects as building the grandstands for the Pendleton Roundup, supervising the building of a 25 rental unit in Walla Walla, and the building of two large county workshops. Jared served as a volunteer fireman for 25 years, eight years with the Elgin Rural Fire Protection District. He also was Secretary of the Elgin Lions for over 15 years. Projects within the Lion Club includes funding turkeys for the ministerial association at Christmas, storing the ducks and working with the duck race at Riverfest, helping with the Firemen’s breakfast at Riverfest, getting the city Christmas tree and organizing the lights, working with the fireworks booth and storing the fireworks, working with the Young Man of the Year Selection Committee, ushering at the Opera House, helping build the *Chitty Chitty Bang Bang* car for the Opera House, and organizing the Light Parade as well as local basketball tournaments.

A graduate of Elgin, Jared attended Eastern Oregon University for two years and Oregon State University for three years. He earned his Bachelor of Science in electrical engineering and computer skills. His MBA from the University of Washington emphasized finance and economics.

Jared met his wife Debbie in his junior year in high school, and they are now celebrating their 46th anniversary. Aside from the many projects, Jared still finds time to enjoy fishing, hunting “and anything outdoors.” He recently returned from a fishing trip to Alaska, bringing back enough salmon to fill the plate of each participant during the annual Lion’s picnic.

Often we cross the path of an individual who in some small way makes an impact on those around us. It is safe to say that Jared Rogers has made a major impact on many of us around him.

*submitted by PDG Gerald Hopkins*



**Jared Rogers**

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## Rockaway Lions Host Beach Clean-Up

Rockaway Lions hosted their 32nd annual beach clean-up on Rockaway Beach with SOLVE Saturday, September 24. Eighty volunteers joined the Lions to help clean our beaches from Twin Rocks to Nedonna Beach. Volunteers collected 36 bags of trash, two tires, pieces of styrofoam and glass and bottles, all of which was hauled away by Mike Reiding of R Sanitary Service. Rockaway

Lions provided a lunch of chili, hot dogs, chips cookies and ice cream for all the hungry volunteers returning from the beach.

This is a semi-annual event hosted by Rockaway Lions and appreciated by everyone who loves our coast.

(l-r) Lions Don Markle, Marilyn Romine, Bob Dempster, Dale Bevean, Jerry Stanfill, Ron Hemberry, Jane Gibbs, Ray Herrington, Shelly Perez and Linda Johnson



*submitted by Lion Marilou “LuLu” Bowman*



## Elgin Lions Knee Deep in Projects

One of the primary events of the Elgin Lions Club is to offer free apple cider and donuts at the city park on October 15 from 10:00-2:00 P.M. Three apple press machines will be in action and visitors are welcome to join in with the squeezing of juice during the event. The project is a way to thank the people of Elgin and guests for their support throughout the year.



Elgin Lions spring crew for highway

The Club just completed a roadside cleanup under the leadership of Lion Barbara Hawes. Lion Barbara told the Club that 16 members participated in the cleanup campaign and 21 large bags of garbage were collected.

The Lions will be hosting a basketball tournament at the Elgin School on December 2 and 3. More information about this event will be available to the community soon. The Club has moved the Light Parade to December 10 to avoid the conflict with the basketball games.

Members announced that the popular community event of BINGO will start on November 9 this year. Lions' BINGO will be held at the Community Center.

The Opera House has extended its production of *The Little Mermaid* through October 1. Once again members signed up to help with ushering. A canned food drive will be held at Food Town on October 5 and 6 from 9:00 until 2:00. Food will be collected for the local food bank. Cash donations for the Food Bank will also be accepted at that time.

Elgin Lions continue to serve as ushers for the Elgin Opera House. Lions Scott Ludwig and Mary Hopkins are pictured in front of the stage of *The Little Mermaid*, currently showing at the Opera House.



Notes of appreciation were received from Bryce Weaver, who received a scholarship from the Lions to attend Central Oregon Community College; from the Blue Mountain Quilters thanking the Lions for their support of the Quilt Show; and from the Elgin Public Library for a cash donation for its summer reading program.

President Bob Thomas introduced Fred Hauptmann, author of *Damn, I Shot My Horse*. Hauptmann, originally from Germany and then Canada, ended up in California at age nine. His book describes life on a ranch in Nevada, 100 miles from any town and 60 miles to the nearest gravel road. As a 15-year old boy, Fred was dropped off in the desert by his father with only a tent and canned provisions. His job was to work on the homestead site. Fred stated he was to be picked up in two weeks, but had no watch or calendar, so kept track of time by putting rocks in a can out in the sand. His job was to dig a ditch a mile and half to carry water to the ranch site. Hauptmann stated that after six weeks, his father made it back to the ranch. He stated that his book was hard to read, but offered no apologies for the rough life he lead. "Over eleven hard years as a homesteader, hard-rock miner and buckaroo, he learns to live in solitude and keep his emotions in check." As a result of his hard life, Hauptmann said, "I'm a firm believer in diversity for children."



Lion Dennis Mahoney is presented a key award from President Thomas

Following the presentation by Hauptmann, the Lions presented a membership key to Lion Dennis Mahoney from Lions International for sponsorship of new members.



CC Steve Oliver explains eye examinations to kindergarten student Mykanda Phelps (Imbler)



Lions Mary Hopkins and Everett Grandeen work with third grader Cassidy Hogge (Imbler)

On Tuesday, September 27, members of the Lions did vision screening in the Elgin and Imbler schools. More than 300 students were screened in Grades K-12 at Imbler in an hour's time with the new spot screening devices. President Bob Thomas noted that the Lions have been screening 5-6 students within a minute's time.



Lions and aides screening students in Imbler

submitted by PDG Gerald Hopkins



## Forum Planning Committee Comes to Portland

Great things happen when a group of Lions come together to plan an event and 49 Lions from MD 36, Canada and various parts of the United States proved it again on October 3! The Chairpersons of the Planning Committee for the USA/Canada Lions Leadership Forum arrived in Portland, beginning on September 30 through October 2. These Lions, including International President Bob Corlew, came to look over Portland and to get acquainted with their counterpart from MD 36.



**(l-r) PID Lowell Bonds, Planning Committee Chairperson and International President Bob Corlew**

Many of these Lions did their research before planning their trip to Portland. They were looking for things to do that were a bit different from the regular sight-seeing venues and they found just the thing, the Segue Way tour of Portland! Ten of them had an uneventful (no one fell off) tour of downtown Portland.

The Planning Committee met for one day to have the opportunity to acquaint themselves with the city and the facilities that will be used for the next Forum because the following day, 24 Lions from MD 36 Host Committee arrived at the Portland Hilton to spend the day working with their Planning Committee partners. Chairman Lowell Bonds explained how the committees work together and gave us his vision of the theme for 2017 and how the Forum would move Lions into the next 100 years of Lionism.

The theme for 2017 is "Leadership with Imagination, Service with Creativity". Think, what will Lions be like in 2117?

All of the Lions worked hard to complete the necessary planning in one day. Now the members of both committees will spend the next 11 months fine tuning the event. Things you might expect

to have happen in 2017 are: the Strides Walk, seminars (some with a new twist, some not presented before), a service project that will teach as well as provide help in the community, four great meals with four very interesting presenters, a day for Leos and Young Lions, Lions University graduation and the opportunity to see old friends and meet new Lions from around the United States and Canada.

Registration forms and other important information is available online at [lionsforum.org](http://lionsforum.org). Registration includes all Forum events except the Strides Walk (this is an additional fee) and two lunches and two dinners.

We **NEED** your help! Volunteers are needed for the events, so please get your volunteer registration in to Lion Rod Taguchi. Lion Rod has created a form that will allow you to pick your volunteer job preference(s), as well as the day and time you wish to volunteer. There are opportunities for everyone. If you are unable to stand, we can find something for you, too. While you do not have to be registered to help in some of the jobs, you will need to register to help inside the Portland Convention Center. The contact information for Rod is [rodtaguchi@comcast.net](mailto:rodtaguchi@comcast.net).

There are six hotels contracted for the Forum: Double Tree at Lloyd Center, Marriott Courtyard, Portland Hilton, Marriott City Center, The Benson and University Place. The University Place Hotel is the least expensive and furthest from the Convention Center but there is a MAX-stop at the corner of their parking lot. If you are registered to stay at one of these hotels, you will be provided a MAX Pass for the days of the Forum. You will be able to ride any Tri Met vehicle for free with this pass! This hotel also includes a full breakfast in the room rate.



**Top back: (l-r) Lions Jodi Burmester, PID Karla Harris, PDG Dave Hansen, PDG Corky Carlson, PID Gary Anderson, Geri Drabek, ID Alan Lundgren, PID Marvin Chambers, PCC Don Brown, PID Mark Hintzmann, PID Randy Heitmann and PID Brian Sheehan**

**Middle: (l-r) Lions PID Anne Smarsh, PID Sunny Pulley, PDG Wendy Cain, DG Leslie Miller, PID Harvey Whitley, Jama Wahl, PID Terry Graham, PDG Paul Bledsoe and PID Doug Lozier**

**Front: (l-r) Lions IP Bob Corlew, PCC Joyce Anderson, PID Lowell Bonds**



**Back (l-r) Lions PCC Vincent Bishop, PDG Paul Zastrow, CCE Brad King, Jim Vincent, Raema Manning, 2nd VDG Dan Wolf, Dale Rollins, Steve Moser, Robin Stoeckler and Carrie Bartley**

**Middle (l-r) Lions PID Sunny Pulley, Nancy Wolf, PDG Red Rowley, Art Abbott, PDG Rennie Cleland, PDG Gail Black, DG Judy Kauffman, PDG Judy Giorgi, Don Markley and Jadie de Lille**

**Front (l-r) Lions IP Bob Corlew, PCC Joyce Anderson and Steve Thomson**

Please get your volunteer registration in because the Host Committee Chairs are now ready to find their crew. If you have questions that have not been answered, please let us know. We want to make sure that all of our Lions have the information needed in order to volunteer. Looking forward to having your help. We are TEAM OREGON!

*submitted by PCC Joyce Anderson, Chair USA/Canada Leadership Forum  
photos are courtesy of Bob Bach*



## Crooked River Ranch Lions Train Causing Nothing But Smiles...

From the Madras Airshow to the Spike and Rail Days in Metolius, over 3,000 smiles were caused by the CRR Lions Train. Not only the kids who rode the train over and over, but the parents were also smiling as they snapped pictures and watched their children turn in circles and enjoy Lion Lloyd McKenny's invention.

The Lions Train ran many hours for the two days of the Madras Airshow, the last weekend of August. Even with the airplane crash and the abrupt ending of the airshow, the Lions were asked to keep their train running to entertain the children while the plane wreckage was cleared. Despite diminished smiles, the Lions Train roared on.

The following CRR Lions kept the train running for the two days: Jack and Julie Picard, John and Karen Woodward, Mike and Kathie Gangstead,

Mark Dearman, Bill Dziuk, Herb Koth, Vene Dunham, Mike Folkstead, Kate Adams and Ted Carlin.



**Prior to the start of the Spike & Rail Days parade in Metolius, Engineers Burt Thompson, Karen Woodward and Ruthie Ferguson, one happy rider and the Lions mascot get ready to roll in the CRR Lions Train**

Decorated with flags, lions and of course candy, the CRR Lions Train was ready for the Spike and Rail Days Parade in Metolius in early September. Engineer Burt Thompson drove in the parade while other CRR Engineers Ruthie Ferguson and Karen Woodward rode in luxury on the train. Lion Ted Carlin took photos and Jay Bowman added muscle to unload the train. Providing train rides all day in the city park, the Lions were greeted by children who have been coming to this event for over three years. Lots of high fives and smiles.

The little train needs lots of tender loving care and even some major repairs. John and Karen Woodward have been doing the hard work behind the scenes to keep the train running and safe. A big ROAR goes out to John and Karen.

*submitted by Ted Carlin*

## Dr. Sam Serves



**Dr. Samuel Kimball**

Dr. Samuel Kimball serves as an optometric physician working out of the La Grande Family Eye Care, but he believes in service to the community as well. Collecting eyeglasses and helping the disadvantaged with eye care are only two areas in which Dr. Sam is involved. He, along with Drs. Dan Beckner, Spencer Luke, and David Glabe, are submitting a grant to Lions Club International for help with a Community Health Development "CHD" Community Eye Clinic. "Due to the overwhelming demand for affordable eye care among economically disadvantaged adults in eastern Oregon, local eye care practitioners and members of Lions clubs sought to establish a volunteer eye clinic." According to the grant, "The project has already commenced; we plan to create patient and public education materials prior to October 2016." Dr. Kimball related that the clinic has already helped over 250 individuals with exams and free glasses in a ten-month period.

Other service organizations with which Dr. Sam has been involved aside from Lions are: Urban Renewable Commission, Bond Oversight Committee for the schools, health education for the high school, Celebrate La Grande and church activities. "I love being involved in the community," Dr. Sam stated, "and I love the Lions club. Their mission is important to me." Dr. Kimball graduated high school in Mesa, Arizona, and later moved to Pleasant Grove, California. He earned his undergraduate degree from Brigham Young University and his masters and doctorate from Ohio State University in the areas of vision science and optometry. "I wanted to live in a small town and buy a private practice. When we came here, we knew it was for us." He enjoys outdoor activities including hiking and fishing. "I play a lot of basketball as well."

Dr. Sam and his wife Christine have four children: Madelyn, Mason, Jackson and William.

*submitted by PDG Gerald Hopkins*



## ART ABBOTT BOARD CHAIR

### **Thank you MD-36 Lions**

*"Feeling gratitude and not expressing it is like wrapping a present and not giving it." - William Arthur Ward*

My hope is that every Lion that reads this column accepts it as an expression of thanks for supporting and partnering with the Foundation to help those in need. Together, we give the gift of sight and hearing to help those in need return to work, to perform to their potential in school, and to see and hear the world around them as we all deserve.

As OLSHF Chair, I'm grateful that MD-36 Lions volunteer their time to assist with health screenings at Mobile Health Screening Program (MHSP) school and community screening events. Your dedication helped to provide over 16,000 volunteer hours at nearly 700 MHSP screening events last year. Together we screened over 180,000 children and adults for health issues, referring over 20,000 Oregonians and northern Californians for follow-up health care. Thank you!

MD-36 Lions Clubs also referred people in need to OLSHF for help with eyeglasses, hearing aids, and sight and hearing surgery and treatment. We're extremely grateful for the hard work of MD-36 Sight and Hearing Chairs that contributed to the Foundation assisting over 3,500 children and adults with these services last year. Keep up the great work!

From a global perspective, we extend our appreciation to all Lions that work tirelessly to collect and transport used eyeglasses to our Lions Eyeglass Recycling Center (LERC). Our LERC is one of only 19 in the world and with your efforts we collected over 450,000 pair of used eyeglasses in 2015-16 and provided them to over 50,000 people living in developing countries around the world. Isn't that amazing?!

I believe this is what Helen Keller had in mind when she asked us Lions to take up her cause back in 1925. On behalf of the entire OLSHF Board of Trustees and our dedicated staff, thank you so much for helping the Foundation keep this promise.

**Happy Thanksgiving!**



## DOUG THOMPSON EXECUTIVE DIRECTOR

### **Grateful For Amazing Partners**

I've often compared our model of helping people as a three-legged chair or a tri-pod, because it only works when all three "legs" are working together.

As Art expresses in his column above, we're able to keep the promise of addressing preventable blindness and hearing loss with the help of the Lions of MD-36. Together with OLSHF, it is a tremendous partnership. By adding the "third leg" of the team - our healthcare partners - we form an amazing model of sight and hearing healthcare unrivaled anywhere.

The Foundation has over 500 healthcare partners that we are fortunate to work with so I can only name but a few of them in one column. We are so grateful for the support and partnership of Dr. J.P. Lowery of Pacific University for his dedication to the Lions Low Vision Clinic and his willingness to travel Oregon to provide vision examinations to over 125 children per year. These kids with developmental disabilities often have vision issues that are overlooked and Dr. Lowery is able to assess their vision needs and provide assistive devices to support their ability to learn and reach their full potential. Thank you J.P.!

This past year was the first full year of our Lions Eyeglass Assistance Program (LEAP) Optical Lab. With the partnership of over 40 vision providers that have agreed to join our LEAP network we were able to provide over 1,000 people in need with new eyeglasses. We want to express our appreciation to every one of our LEAP providers!

We have dozens and dozens of ophthalmologists that significantly discount and even donate their services to our Patient Care and Lions Mission Cataract program each year. Last year over 70 people received surgery and treatment to restore their eyesight due to the generosity of these physicians and we would like to thank each and every one of them, including Dr. Michael Straiko (See page 19) of the Devers Memorial Eye Clinic for providing corneal crosslinking for Josh Buxton of Baker City. Thank you Dr. Straiko!

Our network of hearing professionals that enables the ROAR! Hearing Assistance program return a world of sound to our recipients are unsung heroes. Dr. Todd Landsberg of Coos Bay and Eugene Downtown Lion Craig Ford are just two examples of these "hearing heroes" that made it possible for the Foundation to provide 288 people with new and refurbished hearing aids last year. Thank you!

With the help our healthcare providers, our "three-legged chair" provided healthcare to over 235,000 people last year.



*Oregon Lions*  
Sight & Hearing Foundation

# GIFTS & MEMORIALS

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Richard Chenoweth M.D.

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## Sightless Challenge Supporters

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## ROAR! Hearing Assistance Supporters

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## Memorials

### In Memory of Jacqueline Byles

King City Lions Club

### In Memory of Leroy Horsley

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### In Memory of Don Marcus

Donald & Donna Marcus

## Memorials cont.

### In Memory of Richard Selander

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### In Memory of Tom Walker Honorariums

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**C**hristine Anderson's eyes lit up and a smile appeared on her face as Dr. Landsberg programed her new Starkey hearing aids.

"I just don't know how anyone would not come do this," Christine said, "after everything they have no doubt been through, (as I know I have), and feeling so discouraged from not hearing well!"

Christine had tried a personal sound amplifier in the past, the only device she could afford, but it did not give her the hearing assistance that she needed.

Christine is active in her church and was so excited to attend mass so that she could finally hear the pastor speak. Christine also mentioned that she was surprised that her laptop speakers haven't blown out as she puts the volume on full blast.

**It was at that point Christine became overwhelmed by emotion, tears welled up in her eyes.** She said, "You just have no idea how hard it is...and I just can't thank you enough for this help. It means the world to me, it really does."



## LIFE CHANGING ASSISTANCE THROUGH ROAR! HEARING PROGRAM

**S**hirley McAllister had given up all hope of ever hearing again. This was apparent the moment she walked into the office for her appointment with Dr. Landsberg on October 1st.

Shirley's son-in-law, OLSHF staff and Dr. Landsberg all tried to speak to her but she could not understand one word. She was agitated and frustrated and rightfully so. Dr. Landsberg feared that Shirley's hearing loss would be too profound for the Starkey Aries Pro hearing aids to make a difference.

The testing was an arduous process, but Dr. Landsberg's patience and kindness allowed Shirley to finally start to pick up voices through the hearing aids.

At first, she seemed to hear the sound of Dr. Landsberg's voice but not comprehend his words. Dr. Landsberg explained that it would take Shirley's brain awhile to catch up to her ears and that her homework would be to continue to wear the hearing aids to ensure she would get used to hearing again.

Shirley's face was streaked with tears of joy when she realized that she was no longer yelling while speaking, that she was so happy to finally hear after such a long time of living in silence.



# WILL YOU REMEMBER MY STORY OF GRATITUDE?

## A LETTER FROM PATIENT CARE RECIPIENT JOSH BUXTON

Greetings!

When I started losing my sight at 25 years of age my first thought was – how will I provide for my family – my wife and three young daughters?

My youngest, 5 year old Emma, is a “tom-girl” – she loves the outdoors and playing sports. For our family, growing up in the close knit community of Baker City, the outdoors is a way of life. Losing my vision meant I could not take part in these activities with my family, play with my daughters, teach Emma how to fish and hunt.

By trade, I am a construction worker. As my vision worsened I couldn’t drive, so I couldn’t work. I started to have migraines and everything was hazy. My family leaned on my parents for help and we struggled to make ends meet.

**My doctor soon confirmed that I suffered from keratoconus, a disease that progressively thins the cornea, leading to blindness.** Sadly, I knew a lot about this condition. My dad has been suffering from it for years. He had to endure a painful, expensive corneal transplant and will need another as the condition progresses over time.

I was luckier than my dad. A new procedure, called corneal crosslinking, could halt the progressive nature of my condition. Crosslinking involves removing the front layer of the cornea, the epithelium. Then the doctor adds riboflavin drops to the eye and exposes it to an ultra-violet light for strengthening. But I could avoid the medical cost and pain of future transplants and treatments. As well as stop the degenerative progression of the disease.

Soon though we hit a roadblock and I almost lost hope. Insurance denied coverage because the procedure had not yet been FDA approved. We could not afford the expensive out of pocket cost.

**The Baker City Lions stepped in to help. Lions Steve Schauer and Gregg Hinrichsen worked on my application for the Patient Care Program at the Oregon Lions Sight & Hearing Foundation.** The process moved quickly and soon I was approved for surgery at Devers Eye Institute in Portland! I found that my doctor would be Dr. Straiko, who in 2013 had performed the first crosslinking procedure in Oregon as a clinical trial. The Baker City Lions Club generously offered to pay for travel and lodging costs.

I was nervous for my first appointment, but meeting Dr. Straiko calmed my worries. He is kind and explained everything to me and my parents.



Now I had hope to see again. **It’s amazing how people stepped forward to help me and my family. I want them to know what a profound impact they made on my life.** Now, as I recover and anticipate regaining most of my vision, I dream about walking outside my back door towards the river. Taking my girls on the river to fish, watching my daughter’s dance recital, and getting back to work – I’m forever grateful for the chance to experience life again.

I’m usually not comfortable asking for help, but now that I’m on the road to regaining my sight, I’m more appreciative of giving back. Lions helped me get my life back on track. So I’m hoping you’ll help others like me with their sight and hearing issues. I was told that all of my surgery expenses were covered through a special fund, created by a generous man who left a specific bequest to OLSHF. His legacy saved my life and his fund continues to help other people like me.



**During this holiday season, will you remember my story of gratitude and consider supporting the good work of the Lions?**

Sincerely,

*Joshua*

Joshua Buxton  
and Family



## Chancellor Bob Corlew

### 2016-2017 Lions Club International President's Message

#### The Meaning of Lions – Same Today as Before



**International President Bob Corlew**

The pages of LION Magazine during the early years of Lions in the 1920s were filled with stories such as “The Purpose of Lions,” “The Meaning of Lionism” and “The Value of Lions.” A businessman’s club dedicated to service was still a novel concept, and it was as if Lions had to convince themselves that they were on the right track. The uncertainty led Lions to question whether Lions Clubs would even survive. “During my lifetime I have seen organizations formed with the highest ideals flourish for a time, then drop into comparative unimportance. Will that be the fate of Lionism? I hope not,” wrote District Governor A. Baker of Cheyenne, Wyoming, in January 1922.

But Lions stayed the course. They stuck with service. Fellowship was part of membership. But service was paramount. “Activities Make the Club” was the headline for a column in 1927 by International President Irving Camp of Johnstown, Pennsylvania. “Show me a club that simply meets and eats, and I will show you a club that has failed to respond to the call of service as invited in the very principles of our great, unselfish organization,” he wrote.

Rapidly approaching our Centennial in 2017, we now know that our forebears were right. Service is what makes a Lion. It’s what we do. It’s who we are. That has never been more evident than over the past couple of years. We set a goal to serve 100 million people by June 30, 2018. The four campaigns have been Engaging Youth, Sharing the Vision, Relieving the Hunger and Protecting the Environment.

We wondered whether we’d reach the goal because clubs typically had reported to Lions Clubs International serving 8 million people annually (but we knew the true figure was higher). **I’m elated to tell you that in early September we reached our goal of serving 100 million people.** Take pride in being part of an association that lives up to its amazing ideals.

Like Lions of yesteryear, we put service first. But unlike them, we are confident we will be here for a long, long time! Thank you for all you do as a Lion, and I hope to see you at the 100th International Convention in Chicago June 30-July 4, 2017.

*Reprinted from Lions Club International Website*



## Elgin Lions Thank Community with Free Apple Cider and Homemade Doughnuts

In spite of a rainy day, the Elgin Lions Club offered free apple cider and homemade doughnuts to the community as a way of expressing appreciation.



Lions line up to serve



Michelle (mom) and Megan Duffy stop by for fresh apple cider

*submitted by PDG Gerald Hopkins*

## Huntington Lions Club Holds Annual Catfish Derby Fundraiser

The Huntington Lions Club held their annual Catfish Derby fundraiser over Memorial Day. Lion President Brad Albro caught a 35 pound catfish. For a new community project, they are partnering with Huntington High School to repair a paddle wheel for a sternwheeler that will carry passengers on the Snake river. The student's enthusiasm is contagious.



A happy Huntington Lions Club excited about the sternwheeler project.

*submitted by DG Judith Poage*

## Junction City Lions Club Fall Barbeque was Big Success

The Junction City Lions Club annual Ed Lack Chicken BBQ was rousing success in spite of these raucous demonstrators. It doesn't look like they were from PETA and thankfully, no one was injured during the event.



Our very brave Junction City Lions Club President (Lion Lynn Coon) is seen here with two of the instigators.

*submitted by DG Judith Poage*

## The Bend Lions Club visited the Ronald McDonald house with DG Judith Poage



Russell Chase, President, of Bend Sunrise Lions with DG Poage

*submitted by Russell Chase*

### Members of the Elgin Lions collected over 925 pounds of food and made a cash donation of \$113.15 to the local Food Bank



(l-r) PDG Gerald Hopkins, Bob Wiles, CC Steve Oliver and Bob Thomas. Kneeling is Fred Erickson

*submitted by PDG Gerald Hopkins*

### Ten Commandments of Lionism

1. Speak to people. Nothing is as nice as a cheerful word of greeting; the greatest insult is to act as if others are invisible.
2. Smile at people. It takes 72 muscles to form a frown, and only 14 to shape a smile.
3. Call people by name. We each love to hear the sound of our own name and we appreciate those who remember it.
4. Be friendly and helpful. If you would have friends, be friendly.
5. Be cordial. Speak and act as if you enjoy what you are doing.
6. Be truly interested in people. You can get along with everyone if you try.
7. Be generous with praise. Be cautious with criticism.
8. Be considerate of the feelings of others. We all appreciate courtesy.
9. Be thoughtful of the opinion of others. A controversy has three sides: yours, the other person's and the right one.
10. Be quick to give service. We are frequently measured by what we do for others.



## Eugene Downtown Lions Club Donates to Local Boys and Girls Club

The Eugene Downtown Lions Club members collected books, puzzles and games to give to the youngsters age 6-12 at the local Boys and Girls Club. Lion President Sharon Newton suggested the idea as part of our efforts to get more involved with serving the needs of area children.

Boys and Girls Club of Emerald Valley (BGCEV) is located at the Westmorland Community Center and their stated mission is "To inspire and empower all young people, especially those who need us most, to realize their full potential



(l-r) Lions Jim Newton and PID Ed Gear unload the van with collected items

as productive, responsible and caring citizens." Their Director of Operations Aaron Haack and CEO Ryon Wheeler gratefully accepted our collection of activity items for the youngsters.

A group of Eugene Downtown Lions including President Sharon Newton, Jim Newton, PID Ed Gear,

Wes Reynolds, Norma Barbisan, and Bob Hixson delivered the items collected from fellow Lions to the Boys and Girls Club after the Lions Noon meeting Wednesday, August 24.

This activity actually ties in with the Lions Clubs International Centennial Celebration year 2016-2017. The International organization suggests that clubs take on special Centennial projects and, though it is only in the development stage, the Downtown Lions are working with Boys and Girls Club of Emerald Valley to stage a possible fundraising event to benefit these deserving young people. Hopefully there will be more information to come in the very near future.



A table full of books, games and puzzles surrounded by Lions (l-r) Ryon Wheeler CEO BGCEV, Norma Barbisan, Wes Reynolds, PID Ed Gear, President Sharon Newton, Jim Newton and Aaron Haack Director of operations

*submitted by Tim Chuey, Publicity Chairman*

## Rockaway Lions Club Stays Busy With...

### Backpacks for Students

It's back to school! It's time to buy backpacks! The Rockaway Lions donated 31 backpacks



(l-r) Lions George Belnap, Nancy Morris and Ron Hemberry (baseball coach Rob Herder in the background)

again this year for students in need. Ever since a request four years ago from the Neah-Kah-Nie Middle School Principal, the Rockaway Lions Club has been purchasing backpacks for needy students each year. This year's Committee Chairman, Lion George Belnap, worked with management at Fred Meyers in Tillamook for an extraordinary price of less than \$10 each and were

quality merchandise. Backpacks are an essential part of going to school for every student. SO where there is a need, there is a LION.

*submitted by Lion Marilou "LuLu" Bowman*

### Screening of 945 Students

On Thursday, September 26, the Rockaway Lions Club screened 945 students in Tillamook in one day. This effort involved seven Rockaway Lions and PDG Brad King who is known as the "Speed Screening King". We did three schools starting at 8am and finishing at 3pm with a lunch break. We had an average of 12% referral rate. Last year, at this event, we screened 1,145 students. This year the 6th grade class was away at Out Door School. We will screen these students at a later date. Thanks to our Foundation our job is very easy.



(l-r) Lions Ted Johnson, PDG Brad King, Marilyn Romine, Terry Bowman, Jane Gibbs, David Jeffers, LuLu Bowman and Nancy Geesey

*submitted by Lion Marilou "LuLu" Bowman*





**(l-r) SOS Team Members George Johnson and Joanie McKenzie flank Melissa Rea, following the Safety Visitation to her residence.**

### **Crooked River Ranch Lions Safety Outreach for Seniors Program In Action and Ready for YOU!**

“Our goal is to keep you safe, healthy, living independently in your own home and free from fires and falls,” so says the Crooked River Ranch Lions Safety Outreach for Seniors (SOS) team.

The SOS team offers seniors a review of their home and advice about maximizing their safety concerning fire and fall risks. The SOS team did just that the first week of September visiting a CRR senior resident and noting numerous fire and fall risks.

Through partnership with the CRR Fire Department, smoke alarms will be checked, replaced and brought up to safe standards. Through partnership with the Redmond Habitat for Humanity, any dangerous porch/deck will be upgraded and repaired. Also, wood stoves will be brought up to safety standards.

George Johnson, Joanie McKenzie and Ted Carlin made the local safety visitation. Another visitation is scheduled for later this month.

*submitted by Lion Tim Carlin*

### **The Lake Oswego Lions Club's Legacy Project**

The Lake Oswego Lions Club pitched in or, should I say, dug in to serve ice cream and lemonade at the Tucker Maxon School for the Deaf in Southeast Portland on September 9. The goal was to raise funds for new picnic tables for the west deck of the school so that students could study and work on projects, eat lunch or just talk while enjoying fresh, Oregon air. Lions Eric Thurman, Gretchen Olson, Kat Riley, Dane Parreira, Carol Higgins, Genevieve Ford and Dean Surface made certain everyone had a cone or cup of ice cream and a glass of refreshing lemonade.

Portland Opera A-La-Cart provided inspiring music for all to enjoy. Students and parents seated themselves on the lawn to enjoy classic opera. What a show!



**(l-r) Lions Carol Higgins, Genevieve Ford, Gretchen Olson and Dean Surface**

This Legacy Project, endorsed by Lions Club International and sponsored by the Lake Oswego Lions Club sets the tone for 100 years of service by dedicated Lions world-wide, working to improve sight and hearing for hundreds of thousands.

*submitted by Lion Dean Surface*