



Serving members of MD36 Oregon and Northern CA

November, 2015 Volume 5/15-16

## **USA/Canada Lions Leadership Forum Grand Rapids, MI ~ September 17-19, 2015**



## **Celebrating A Grand Forum**

*Story page 6 & 7*

## ANNIVERSARIES

November 2015 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

### November

Bend/Sunrise	November 05, 1926
The Dalles	November 15, 1926
Vernonia	November 05, 1946
Sutherlin	November 22, 1946
Huntington	November 09, 1948
Portland Columbia	November 02, 1948
Canby	November 30, 1951
Lake Grove	November 24, 1966
Hermiston	November 27, 1972
Sandy	November 11, 2009



The Oregon Lion Website:  
[www.md36lionsclubs.org](http://www.md36lionsclubs.org)

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## MONTHLY CALENDAR

### MEETINGS

#### November - Diabetes Awareness Month

- 7 District O Cabinet meeting - Mt Hood - TBA @ 9am  
District R Cabinet meeting - Junction City - Moose Lodge, 427 Front St. @ 9am  
District E Cabinet meeting - Keno - Keno Fire Hall, 1400 Puckett Road @ 10am
- 11 Patient Care Committee meeting - OLSHF @ noon
- 14 OLSHF Trustee meeting - Springfield - Springfield Justice Ctr., 4th & B St. @ 9am  
Council of Governors meeting - Springfield - Springfield Justice Ctr., 4th & B St. @ 1pm
- 30 So. Oregon Lions Sight & Hearing Center Board meeting - SOLS&HC Medford @ 6pm

#### December

- 14 Patient Care Committee meeting - OLSHF @ noon
- 16 Lions VisionGift Board meeting - LVG - Tate Conf. Room @ 10:30am

### EVENTS

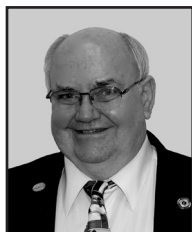
#### November

- 1 Daylight saving time ends
- 10 *The Oregon Lion* article deadline (for Dec. issue)
- 11 Veterans Day - Observed - MD36 Headquarters Office closed
- 19 OLSHF Webinar @ 11am
- 20-22 District Governor Elect training - Yachats
- 26-27 Thanksgiving Holiday Observed - MD36 Headquarters Office closed

#### December

- 6 Hanukkah begins at sundown
- 7 Pearl Harbor Rememberance Day  
Eyeglass Sorting Party - Keizer - Keizer Lions Hall @ 6pm
- 10 *The Oregon Lion* article deadline (for Jan. issue)
- 15 OLSHF Webinar @ 11am

## Council Chair News



### Chuck La Tourette

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Website: md36lionsclubs.org

Lions Clubs International is the world's largest volunteer service organization. It is important to focus on Lions as "volunteers", as such, Lions clubs are providing an organized place for members to **SERVE** their communities. As volunteers, Lion members must have a reason to continue to be members by fulfilling their purpose as volunteers. When a Lion feels as if he/she is no longer serving the community or is treated as an employee, the fire of volunteerism flickers and may die out.

Thanksgiving will be here soon. Thanks to every Lion volunteer for the many service activities performed every day in the community.

- **Thanks for:** helping the hearing and visually impaired;
- **Thanks for:** serving our seniors with food, wheelchair ramps, companionship, etc.;
- **Thanks for:** providing our youth scholarships, playgrounds, leadership training, art and the many Santa projects, etc.;
- **Thanks for:** decorating for the holidays and for parades, providing flags and assisting with the developmentally handicapped and Special Olympics, etc.;
- **Thanks for:** everything you do!

Many Lions clubs have a "Happy Bucks" opportunity to share something they are **thankful** for. Let November be the time to pay special attention to those things you are thankful for as a Lion.

**Happy  
Thanksgiving!**



## DIRECTORY CORRECTIONS

### Page

- 47 Merrill Lions Club new President - Vicki Liskey
- 104 Add: Liskey, Vicki, 4650 Lower Klamath Lake Rd., Klamath Falls, 97603  
~ Liskeygh@aol.com R) 541.798.5770  
C) 541.891.7019
- 102 Kauffman, 1st VG Judy - correct cell number to: 541.961.4406  
  
Key, Michael - correct email to:  
~ coachkey3@comcast.net
- 112 Rich, PCC David as well as corrections for wife Penny: Emails: ~ David.rich38@gmail.com ~ pennyrrich3@gmail.com  
Delete residence phone number and use cell numbers: Penny - C) 503.310.5892
- 114 Scott, Karen new phone number:  
C) 541.530.4964  
  
Scott, Richard new phone number:  
C: 541.430.7715

### Are You Moving? Have You Moved?

We need a couple of days to change your address. Please give us your old address, as well as your new one, by attaching a label from a recent issue of **The Oregon Lion** in the space shown.



Mail entire form to:  
**The Oregon Lion**  
1075 Washington Street #212  
Eugene, OR 97401

Attach Your Address Label Here

Name (print) \_\_\_\_\_  
New Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Old Address \_\_\_\_\_  
Club \_\_\_\_\_

## Bright and Beautiful Colors Once Again

When Barbara's eyes started watering more, and feeling irritated, gritty, she first thought her allergies were just getting worse, but as a long-haul truck driver, she was used to toughing out the inconvenient aches and pains that came with a life on the road. She's not sure when it started, but one night Barbara found herself mesmerized by the kaleidoscope patterns of oncoming headlights as they whipped by on the opposite side of the freeway. She found them beautiful, but while asking her astonished fellow truckers if they found the light patterns as fascinating as she did, Barbara realized there was something more serious going on – because they, of course, did not see them.

There were other signs as well. Barbara had always been an excellent photographer so when her photos started to lack their usual sharpness and contrast she thought her trusty camera must have finally failed her. However, buying a new camera didn't correct these imbalances. It must be the software then, thought Barbara, but a new computer program also did little to return her art to its former glory. Other things she loved, like reading, quilting, and bird watching also became more difficult and Barbara feared that her diagnosis may rob her of the hobbies she loved so dearly.



Vision tests would reveal the progression of Fuch's Dystrophy – a condition which affects the clarity and acuity of your cornea and leads to blindness – and a high glare test placed her vision at 20/400. Driving was no longer an option, and Barbara was taken off the road. For all the strength and toughness she'd gained on the open road, Barbara was

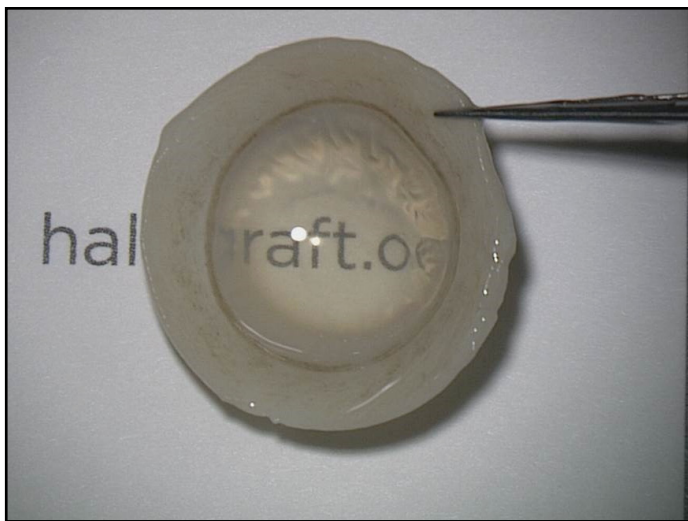
scared, and would sometimes let herself cry at night because she didn't want to go blind. There was a silver lining to her cloud however, as Barbara learned cornea transplants could treat her condition and the break from driving would allow her to look for a new line of work.

Barbara's first cornea transplant was performed in December of 2011, she was a little anxious about being awake during the procedure but was grateful for the gift of sight that someone had made, and excited about the outcome of her surgery. As is common with cornea transplants, the day after the operation was an awakening to just how far her condition had progressed. "I was walking around the grocery store with my mouth wide open. I couldn't believe how bright and beautiful all the colors were. I didn't realize how washed out my vision had become," says Barbara. As her recovery continued, Barbara and her doctor made arrangements for the second cornea to be transplanted as well, which happened in February of 2012. Nearly four years later, Barbara is back out there watching birds and taking photographs – and she used the time away from trucking to start a new career off the road.

In a touching final chapter to Barbara's transplant story, Barbara shared with us that her father passed later that year, and when the donation agency talked with her about cornea donation, Barbara knew just what to say. Her father's generous gift completes a circle of donation and transplant that is repeated hundreds of times each day across the nation – we're grateful, and we hope you are too, that Barbara and her family chose to share their story with us.

## Halo Sterile Tissue - A Successful Launch

Those of you who are regular readers of this column will know that *Lions VisionGift* successfully launched a new product line this past year – the Halo Sterile Tissues line. These tissues are different from the ‘whole fresh corneas’ we provide for cornea transplant surgeries in several key respects – most crucially in that Halo tissue is sterilized, processed, and has a longer shelf-life. Halo tissues have traditionally been used for patch grafts and as glaucoma shunt covers and are already providing massive benefit to ocular surgeons and their patients by providing improvements in surgery technique and cosmetic outcomes, but we’re thrilled to announce that we’re unveiling Halo Sterile Whole Corneas.



One of the best product features of our “classic” line of halo grafts is that they come in a very easy to use flat peel pouch that helps maintain sterility in a surgical environment. That works great for small patch grafts and glaucoma shunt covers, but some surgeries require a curved graft which required a different packaging method in order to retain the corneas natural curvature. These tissues will be stored in a glass vial, which requires a new validation process be undertaken.

These Halo Whole Corneas may be of value for patients requiring a keratoprosthesis carrier or who are need deep anterior lamellar keratoplasty. Additionally, as the cornea is whole, it is able to be placed on an artificial anterior chamber and further processed into

any shape a surgeon desires after we distribute it. The implications of such an advancement could be a sea change for refractive surgical therapies and the contact lens industry.

One of the other great benefits of a program like the Halo Sterile Tissue series is that it broadens the number of individuals who are able to donate – and by extension, it increases the number of families that come into our unique grieving community. Halo tissues are sterilized and therefore pose none of the transmission risks associated with many other anatomical transplants. This reality means that we’re now able to offer the possibility of a transplant donation to more patients and families where a research or medical education donation was previously the only option. It also means that more individuals who wished to be a donor (maybe by being pre-registered with the DMV) will get the opportunity because the sterilization process means we can accept donations from people with a greater scope of comorbidities.

Anyway we look at it, the success of our Halo Sterile Tissue line and the recent development of Halo Fresh Corneas signifies the evolution of your eye bank and a keen focus on the future of our organization and its crucial mission.

## A Grand Time In Grand Rapids

The 2015 USA/Canada Lions Leadership Forum was held in Grand Rapids, Michigan, on September 17 – 19. Titled “The Grand Forum”, there truly was something for everyone in attendance. The seminar sessions kicked off at 8:30 am on Thursday morning. In previous years, the Forums began with dinner on Thursday evening and the first sessions didn’t start until Friday morning. With over 120 seminars, the extra day was very important.



Oregon delegation dinner at The BOB on Friday night. Back row (l-r) Garry Charbonneau, Debbie Bach, Lynn Calhoun, DG Hank Calhoun, PDG Cy Kauffman, VDGE Judy Kauffman, PCC Vince Bishop, PCC David Rich. Middle row: (l-r) Penny Rich, PDG Sharon Rollins, PCC Joyce Anderson, Mari Lou Bowman, Carol King, Robin Stoeckler, DG Wes King. Front row: (l-r) Dale Rollins, PDG Bill Taylor, Terry Bowman, behind CC Chuck La Tourette is 2nd VDG Bert Diamond, Brad King and Darrell Scott

PID Sunny Pulley was the Chair of the Thursday evening set-up and decorations and many of the Lions from MD36 were there to lend a helping hand to get the tables decorated. They even found an operating Ferris wheel to bring into the convention center! After dinner, we were entertained by “Bucket N’ Board” a high energy show with a variety of unique talents. The other entertainment for the event was Lisa Whelchel at



Early arrivals in Grand Rapids had dinner at the Marriott Courtyard to make plans for the setup at the Forum

lunch on Friday and LCI International President Dr. Jitsuhiro Yamada at lunch on Saturday. The grand finale was on Saturday evening with a great video reflecting on many highlights of the past 100 years of Lions. This also included Chief Scout Executive of the Boy Scouts of America Wayne Brock followed by a “Grand” fireworks display along the banks of the Grand River. It was truly a Grand Forum!

Many of our Lions arrived early to do some sightseeing before the Forum started. They also were there to help with the set-up of the information booth for the 2017 Forum that will be held in Portland. The beautiful backdrop that was provided to us by Travel Portland was a great addition to the booth and many Lions stopped by to gather information to take back to their clubs and districts. The saltwater taffy that our Lions provided helped to sweeten their stop! This was a good time for us to observe how this year’s Forum was set up and to give us some ideas of what we might want to continue to do and what changes might need to be made.



1st International VP Bob Corlew with PCC Vince Bishop and VDGE Garry Charbonneau

In addition to the seminars, the good food, the opportunity to visit with both new Lions as well as old acquaintances, a graduation ceremony was held on Friday evening for all Lions who completed the Bachelor’s and Master’s Degree courses of Lions University. There were four Lions from MD36 who completed the Bachelor’s program and three Lions who completed both the Bachelor’s and Master’s program. The Lions completing their Bachelor’s Degree were: CC Chuck La Tourette, PDG John Schock, Lion Areta Schock and 1<sup>st</sup> VDG Judith Poage. The three Lions completing both programs were all members of the Beaverton Lions Club.

Lions University is a new program that is available on the USA/Canada Forum website. It is a series of training webinars that have



Lions PDG John and Areta Schock received Bachelors degree as well as CC Chuck La Tourette and VDGE Judith Poage (both not pictured). PCC Vince Bishop, PCC Joyce Anderson and PCC David Rich received both Bachelor's and Master's degrees

been recorded for all Lions to access. After watching the recorded video, a short quiz (about 10 questions) is given and a 70% or higher score is needed to pass that course. There are 10 required courses and 5 elective courses needed to complete the degree. In addition to the required grade, attendance at a Forum is necessary for the Bachelor's program and an additional requirement of attendance at either DG Elect School or a Regional Leadership Institute is needed. While this is a great program for those who have attended many Forums and other training sessions, the



Three members from the Beaverton Lions Club received both their Bachelor's and Master's degrees from Lions University

Many of these courses would make a great addition to a Club Orientation or program for a meeting. If you want to take a look, the website is: [lionsforum.org](http://lionsforum.org). Why not see what you think about it for yourself?

Remember, in September, 2016, we will be in Omaha to start pre-registration for the

information that is covered is something that every Lion can benefit from. It's easy to log into the website and only requires one hour or less to view the specific course.

2017 Forum in Portland. It is possible to go to the above website and get registered for Omaha at a greatly reduced rate. Please mark your calendar for September 15 – 17, 2016, in Omaha and September 21-23, 2017, in Portland. We will need many more Lions from our Multiple District to help. The 29 Lions



Saturday night keynote speaker, Chief Scout Executive of BSA Wayne Brock with Robin Stoeckler and PCC Vince Bishop



Above (l-r) Oregon information booth workers PCC Steve Thomson, Penny Rich, VDGE Garry Charbonneau and PDG Brad King. Below (l-r) PDG Bill Taylor, PCC Joyce Anderson, PDG Darrell Scott and PDG Brad King and Lion Terry Bowman



who traveled to Grand Rapids have first-hand knowledge of what is needed but many others will be needed and can be easily trained. Please give serious consideration to making the trip in 2016.



Thursday night was the Lions festival which was the opening dinner

*submitted by PCC Joyce Anderson*

## District O - Northwest - North Coast



### District O Governor Column

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IT IS A GREAT DAY TO BE A LION! I want to take this opportunity to thank each and every Lion member in District 36-O for being a Lion. We, as Lions, are able to accomplish so much because, first, each of us decides to donate our time, talents, and energy to help others. As an individual, one can only accomplish what is possible in one's lifetime. When we as Lions work together and share that opportunity of service with others, much more can be accomplished.

Last year and so far this year, District 36-O is having growth for the first time in many years. Last year we were asked to "Ask One" and, because many Lions did, we grew in numbers. This year we need to "Ask One More". Growth occurs when Lions clubs make members of the club feel as if they are valued and the whole club makes it a priority to invite new friends, family, and neighbors to join them in serving their community. If your meetings are less than exciting, have the prospective member help with a service project. I have sponsored over twenty members to be Lions and have found that I have to ask five people, or the same person five times, before I find someone who is willing to check out Lions. Don't give up on someone who has a helping heart. It will be worth the extra effort.

Now we are celebrating Lions International Centennial year of service and Lions are the largest service organization in the world with over 1.4 million members in 210 countries around the world. While each club has a focus on serving its community, when we consider the amount of service that is happening around the world, Lions become a stabilizing force for peace. Each Lion should be ready to say, "I am proud to be a Lion" and "It is a great day to be a Lion"!

## District R - Willamette Valley - Central Coast



### District R Governor Column

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### Greetings Lions,

First and foremost the good news: We are in the process of forming a new Lions Club at Western Oregon University! As I write this, we have eleven members who have completed an application and paid dues. We have thirteen completed applications of students who intend to join. I expect that we will have a new Lions club with at least 20 members in the near future. So, welcome Western Oregon University Lions.

I want to discuss leadership training opportunities. The LCI website, lionsclubs.org, offers many leadership training modules. These include Club Officer training with specific modules for President, Secretary and Treasurer as well as general club management. The LCI website also offers interactive modules covering basic leadership skills such as Delegation, Communication, Time Management and Organization. These training modules are well worth the time to it takes to do them. These training modules are not just for current Lion leaders. Every Lion is encouraged to take advantage of this training. These leadership skills can be applied at your job, in other volunteer organizations and in your life in general. They will make you a more effective Lion leader but they can help you in everything you do.

LCI also offers advanced Lions training through Lions University. There are two courses offered: Basic Degree and Advanced Degree. The training consists of a series of modules that you complete in order, moving up as you learn more about Lions Clubs International. I would be delighted to present the first Lions Club University diploma in District 36R.

This concludes my discussion of Lions on-line training opportunities. Next month I will continue my discussion of Lions Leadership Training Institutes, some of the best training available!



## District E - Southern - South Coast



### District E Governor Column

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My plan to visit all the clubs in the District is moving along with visits to 27 clubs completed.

One item I continue to emphasize is the importance of increasing membership, not just for the numbers, but to increase our ability to provide needed services in our communities. This is the reason Lions exist and there is no doubt the needs are increasing due mostly today's economic situation.

There are very serious needs for Lions services throughout the world. Lions Clubs International Foundation (LCIF) is the way Lions help people throughout the world as well as here at home. LCIF provides humanitarian services worldwide.

Here are a couple examples of these services:  
1) River Blindness Program. There are approximately 32,000,000 people affected by River Blindness with another 100,000,000 people at risk in Africa and Latin America. Much has been done to prevent this disease because of Lions worldwide service. 2) Measles and Rubella Program. Estimates are that these diseases kill 160,000 people per year, mostly children. Through LCIF the funding pledges for the Measles program include LCIF \$30,000,000 with matching funds from the United Kingdom and the Bill and Melinda Gates Foundation up to \$30,000,000 each. The task is to provide inoculations to 700,000,000 children in 49 countries by 2020. Each inoculation costs as little as \$.50 to \$1. Programs like these, and there are many more, are why I support LCIF. I challenge each Lions club to support LCIF at whatever level of funding it can afford. Individuals can donate to LCIF as well.

A reminder, our 2nd Cabinet Meeting will be in Keno at the Keno Fire Hall on November 7. The District E Convention is March 18-19, 2016, at the Ramada Inn in Medford, OR. Mark the dates on your calendar and plan to attend. We have a lot of great events and fun things planned.

Waves of Lionism

## District G Central - Eastern Oregon



### District G Governor Column

Paul Zastrow, PDG

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Wow – almost a third of the year has already passed and truly none of my plans have come to fruition yet. Be that as it may, travel to clubs and visiting great Lions throughout District G truly moves my agenda! It seems such a short time ago that I, along with other Oregon Lions, traveled to Grand Rapids, Michigan, to the USA/ Canada Lions Leadership Forum. Despite terrible flights with late planes and juggled times, the Forum was great! There were many topics to choose from, as well as lots to engage in. We shall be addressing several of the ideas at our next Cabinet meeting in Bend on the 7th of November and I urge all Zone Chairs, Cabinet Officers and clubs to send a representative or two.

One way to involve youth in Lions activities is quickly coming to a conclusion for the year, that is the Peace Poster Contest open to mainly junior high aged youth. Hopefully your club has participated and that young artists throughout District G and elsewhere are creating award winning diagrams and paintings! If we involve youth at an early age in volunteering time as well as competing in activities, the better the probability they will continue their whole lives and in the process make our communities better places to live, work and play.

Lionism, in reality, does embrace our International Presidents theme of Dignity, Harmony and Humanity. We can do more on a local level to ensure that everyone can keep their dignity, no matter their circumstance in life. It is when we act, volunteer, work or engage with others that we do so with Harmony. Whatever we do, we must consider the impact we have on Humanity. Thus, make that attempt to make us all better human beings!

The number one way to deliver all these concepts to a community is to ensure that our clubs are energetic, viable and fulfilling our obligations to self and area. To do that, we need members who are not afraid to shake the proverbial tree, to go further than before and even consider doing the unconventional. My theme – Think Possibilities - ties into this as well, but in order to succeed, we need more members, more clubs and outstanding Lions to come to the forefront! This year each new Lion and sponsor will get a special Centennial Pin denoting their special place for our Lions Centennial Celebration in 2017. Help District G achieve our goals and increase members, clubs and activities to really make a difference in our local communities! Until next month – I remain your faithful servant, along with my sidekick, Tucker!

## Thanks for what you have done!

A short article in a recent edition of the *North Coast Citizen* made me feel sad. It was announcing that the local Kiwanis Club was disbanding. I know that over the years many members have come and gone in that organization and many people, both local and elsewhere, have been the beneficiaries of the work they have done to improve their lives. I hope those who have served in the club over the years realize how much their efforts have been appreciated. I am sure they all will continue to do what they can to help others.

More than 46 years ago, I began my life as a member of a Lions club. I wasn't sure what the mission was and why these men met every couple weeks and undertook various civic and humanitarian projects. The motto was easy to remember, "WE SERVE". Looking back, I can see that some wonderful things have been accomplished and, most important that people's lives have been improved and even saved by the efforts of this club of volunteers.

I know there are many individuals who belong to organizations who are dedicated to service in many ways and there has always been room for more to participate. Among the other service organizations are the Rotary Club, the Kiwanis Club and of course the Lions. There was a joke going around that said that the Rotary owned the city and the Kiwanis ran the city and the Lions did all the work! I do know that over the years I have witnessed cooperation by all three of those clubs to make some wonderful things happen.

In the beginning those service clubs were all men and a few years ago that stipulation disappeared and women have become vital members of every club. The Lions have also sponsored Leos Clubs that allow high school members to serve their communities. Our local Nea-Kah-Nie Leo Club is one of the best in the world. Each year they work to help the Lions with some projects and have many of their own to make life better for others.

For some reason, service club membership has declined over the years. I remember when just about every business owner and professional in our area were members. Maybe it was a hold-over from the war effort during WWII and Korea that made people aware of their communities and those who might need special care. I know we were always fiercely patriotic and the idea that we could give some kid or older person eyesight or hearing that they needed to make their way in life was the stimulant. All of the Lions organizations in the state got together and formed the Oregon Lions Sight and Hearing Foundation. They discovered that by banding together they could take on even larger projects and could even fund research that would lead to wonderful advancements in restoring or improving both sight and hearing. The Foundation was key to the establishment of an Eye Bank in Portland. Along with furnishing tissue for cornea transplants, the Lions Vision Gift organization has been a leader in research and now furnishes tissue where needed all over the world.

Since my time on this earth is running out and I will never live to see how it is all going to turn out, I can only offer my thanks to those I have worked with. The families of those who have served can share in the pride that I will always have in witnessing how even one person can make life better for others. The only thanks they want is the satisfaction gained for their efforts. Members of all service organizations should be proud of their contributions over the years and I hope it continues in the future.

If you know any of those former members of the Kiwanis, give them a pat on the back and a sincere thank you!

*submitted by PCC Walt Trandum*

## You Me and Diabetes!

Hello everyone,

Lately it seems like every turn in life I make has been causing me extreme stress and I have been reeling like a punch drunk fighter from the adverse effects of all this disruption. Events like not resting well at night, confrontations with others and just life in general felt chaotic and disturbing. I desperately needed to gather all the strength mentally and physically I could muster to put my life back in balance again. Then I stumbled onto this article entitled "Inner Strength" which inspired me to reverse my direction, aided by my faith to encourage me when I venture off the path. I hope that the following article it will be a source of strength for you as you continue on life's ever challenging journey.

### Inner Strength

Even before my diagnosis, I was no stranger to type 2 diabetes. I saw how crippling and life-changing it was for my father and grandmother to be diagnosed. Somehow, I had a gut feeling that I would eventually develop this malady.

Two years ago, I was driving to work when my vision suddenly started getting blurry. I could barely read the signs on the road. Gripped by fear, I pulled over and knew instantaneously that the day I dreaded had snuck up on me.

My blood glucose that morning was 570 mg/dl, a level that was critical. My A1C was 10.7 percent. I was told that I might need insulin for the rest of my life. It was like hearing a life sentence being handed down to me. It was one of the most depressing times of my life.

As a psychiatrist, it came natural for me to encourage my patients to conquer their fears, but in this instance, I found myself in the vulnerable position. I looked at myself in the mirror and decided I was not giving up. That weekend, with the help of close family friends, I started counting carbs and calories at every meal. I also finally heeded an aunt's advice and got myself a personal trainer.

The trainer I picked was a guy name Andy Freeman. He and I set a goal to conquer this illness and get me off medication, which I honestly thought was a quixotic goal. That he was able to motivate and encourage me was a miracle in itself. He helped me do exercises that I had not even heard of before: lunges, box-jumps and planks. He varied the routine daily to prevent it from being predictable. He distracted me from the difficult work at hand by sharing interesting stories and anecdotes.

In the interim, I accidentally fractured my wrist while training. I was immobilized for a month, but I vowed not to make this a setback. In six weeks, I was back in fighting form. Andy and I trained assiduously for the next six months for 30 minutes of high-intensity training a day, three times a week.

The result has been astounding: I lost 65 pounds and my A1C is at its lowest at 4.6 percent. In April of 2014, I was taken off all medications. Andy has been instrumental in motivating me to achieve what I thought was impossible. I have discovered within me an inner strength that has empowered me as a doctor and as an individual. I now have a better understanding of and empathy for what my patients have to go through. Change is difficult, but change has to happen for one to be able to grow and transform. This life-changing journey started out as a misfortune, but with divine providence, determination and motivation, it turned into a blessing.

*Submitted by Jesus Ligot Jr., MD  
Professor of Psychiatry, Univ. at Buffalo*

*The reason a dog has so many friends is that he wags his tail instead of his tongue!*

*Charlie Tate, MD 36 Diabetes Chairman*

## World War II Photographer Guest Speaker at Elgin

Fred Hill, a photographer in World War II, was guest speaker at the Elgin Lions Club. Hill was born in 1938 and attended school in Elgin. In September of 1940, he was mobilized into the National Guard Infantry and then transferred to the Air Force Guard, where he was one of two photo gunners for his unit. Fred was assigned to be in the reconnaissance unit to get photographs of troop movements and gun placements. "The pilots had to fly so low, the planes would often come home with bullets in the wings."

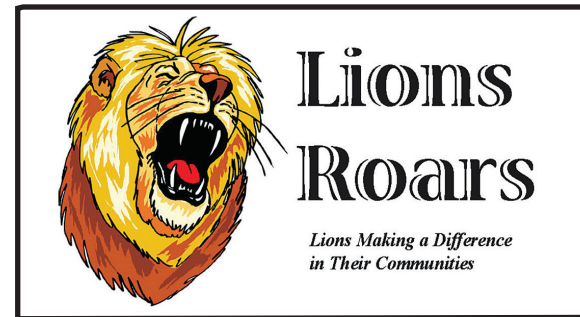
Fred was transferred to New Guinea where he said, "It was so humid, you had to wipe mildew off the gun stocks, but it was a place I would never have had a chance to visit or to go again."



Fred showing photograph of a native from New Guinea

Following the New Guinea tour, Fred was assigned to the Philippines, where he received an assignment to photograph the parachute drop of troops on Corregidor. He shared other pictures from his book.

*submitted by Gerald Hopkins, PDG*



## Lion Member Conquers Mount Denali

A La Grande Lions Club member conquered the summit of Mt. Denali and presented his adventure at a regular meeting of the

Elgin Lions. Judge Russ West has been an avid climber for several years and zeroed in on the highest mountain in North America with his team in an expedition in 2013.



Lion Russ West with climbing gear

Lion Russ, who has been a Lion since 1983, stated that his team allowed three weeks for the climb, but due to outguessing tough weather predictions, was able to complete the journey in 14 days. Russ added that the gear weighed in at about 100 pounds with 50 pounds packed on a sled. Russ also displayed some of his gear, including plastic climbing boots and over boots, down pants and a parka, ice jacks, harness and life lines.

The first base camp was set at an altitude of 14,000 feet but an additional five nights were needed to go to a camp at 17,000 feet. Sometimes facing winds of 50 miles an hour or more, the group managed to reach the peak of 20,320 feet. Lion Russ added that the team had a 3,000 foot rope to help if stranded.

*submitted by PDG Gerald Hopkins*

## Canby Lions Club Completes Vision Screening

All elementary school students in the Canby School District had vision screening recently with volunteer help and the Canby Lions Club. "Screening is done by using the SPOT, a new electronic digital device which has revolutionized the process," Larry Arendt, Canby Lions Project Chair indicated.

A classroom of students can be screened in about 10 minutes using the SPOT. Readings are taken on 13 conditions of the eye with the results sent to a computer. The results are printed out and shared with the student's parents. Almost 2,500 students were screened in the 6 Canby District schools.



Lion Scott using the SPOT

SPOT devices are provided by the Oregon Sight & Hearing Foundation. Usually four \$10,000 SPOTS are used for the screening in each school. This project is part of the "2020 VISION" of the Foundation. "This vision is shared by the Canby Lions Club as well as all Lions in Oregon," says Colin Maulding Canby Lions Club President.

*submitted by Dale Friedemann*

## A Big Thank You to A Lot of People

My story is kinda unique. I had never heard anything about Lions until I began working for the **Lions Sight & Hearing Foundation** back in 2005. I had the pleasure of working with a great staff at the time and was fortunate to interview and write stories about people who had gone through traumatic experiences with their vision. At the time, they were just nice stories and I enjoyed relaying those narratives.

But by 2008, it all began happening to me. As a photographer and a journalist, my vision is critical to my success. So when viewing my computer screen became cumbersome and oftentimes having to use a magnifying glass, I found myself in denial. This couldn't really be happening to me or could it?

Actually my story goes further back to the year 2000, and before. For years in the 1980s to 90s I tried contacts. They never quite worked. After a couple of hours, they'd get blurry. It was as if they were not making contact (pardon the pun) with my eye. So I decided to go for Lasik Surgery. Canada was half the price of any doctor here in Oregon, so I went to the most well-known offices in all of Canada. In March of 2000, in Vancouver, BC, LasikVision was thorough with their testing and mapping the surface of my eyes. But then they came back with, "are you aware that you have Fuchs Dystrophy?" Well no, I was not aware and had no idea what it was.

I asked them if proceeding with surgery would do more harm or would it be okay. I had come all this way to have the surgery. They responded that it shouldn't make any difference in the long run, that my Fuchs Dystrophy probably wouldn't present a problem until I was much older. They added that my problem with contacts was probably due to Fuchs Dystrophy distorting the surface of my eye. They said the surface of my eyes were more like orange peels and the contacts would not adhere with all the bumps of swollen eye cells. We proceeded with the surgery.

It worked great at first. But within a few months, the vision was not as clear as promised. So they had me come back up to Canada and re-opened the flaps on my eyes a second time for a second laser adjustment.

In 2005, in covering stories for the **The Oregon Lion**, I happened upon Dr. Mark Terry at Dever's Eye Clinic. I explained to him my story and visited him in his offices for a review. Sure enough, I had Fuchs and my cells had decreased to 50% by this time. While working for the **Lion's Eye Bank**, I was lucky enough to do a story where I actually sat in on a surgery with Dr. Mark Terry and Dr. Michael Straiko. Through that story experience I got to witness for myself how detailed our surgeons are and how comfortable they made their patient. It helped allay my fears of upcoming surgery.

Without insurance, I was forced to wait for Medicare to kick in, in order to proceed with any surgery. Finally in 2014, I had two cornea transplants through the skilled hands of Dr. Straiko. What an incredible difference it made for my vision.

However, it turned out that during the Lasik surgery in the year 2000, the doctors in Canada had cut too deep into the surface of my eye and, over all these years, my eyes had been swelling out from the bottom, distorting my vision and adding to my vision woes. So first came the cornea transplants to resolve the Fuchs and then we needed to go for something called "Intacts" that go under the outer layer of the eye, to flatten the surface, before we could proceed with cataract surgery.

The intact and cataract surgery have now taken place in the right eye. We are currently in a holding pattern for the left eye. **As if the cornea transplants were not enough to brighten my view ... what a difference cataract surgery was.** With one eye done, and the other still waiting, it was like HD television in one eye, and tube television in the other. All I could say for a week after the surgery was "wow!" Everything looked so different.

The purpose of this article is to say thank you. Thank you to **OLSHF** and **Lions VisionGift** for both having employed me and having given me an opportunity to understand what I was going to experience. And a thank you to all Lions for what you do to inform and guide the public. Keep it up. Very few people understand how important vision is to their way of life. We all seem to take it for granted. And a very BIG thanks you to the **incredible Doctors Terry and Straiko** at Dever's Eye Clinics for their experienced, talented hands and their friendly staffs, which made the entire experience a smooth transition.

*submitted by Tom Geil*

# Gator Thoughts

Gator Thoughts = A collection of thoughts that rattle around in my head .....and sometimes slip out..... for no apparent reason .....Sorry!

Wow!!! Summer 2015 is gone! Where did it go? I would send someone out to look for it, but I don't know where it went so I would not know where to tell them to look! We have a few weeks of solid school screenings in the books and it appears to be working fairly well. We have a few bugs, but we seem to be working them out.

A few days ago I was working in The Dalles when I noticed a small Kindergarten boy who was being screened for his vision. He was sitting up nice and straight in his chair with a big grin on his face. With his left hand he was waving as hard as he could as if we were taking a moving picture. Needless to say every adult in the room was trying as hard as they could to keep from laughing. I wish I could have gotten a picture of that. It would have been a great shot for the paper.

It was great working with The Dalles Lions. They turned out in force. From Lions to Leos, we had more than enough workers. They had colored stands that they brought in and stood them behind each chair that the kids sat in. Then directed the kids to the green chair or the red chair or the blue chair and most of the kids got it. However, the Kindergarteners and Pre-K Kids still needed help because some of them did not know colors. I know it is hard to believe.

Then there was the young boy that came in the room talking in a loud voice saying "I don't want eye drops in my eyes! I won't let you put eye drops in my eyes! Don't put eye drops in my eyes!" At about that time I got the picture and gave him back his sticker and told him to take it to the checkout table. He said, "But, aren't you going to check my eyes?" I told him I had just taken a picture of his eyes and he just looked at me in disbelief. I told him while he was complaining about eye drops I had taken his picture. When he was through, he walked away shaking his head. I don't think he believed that I could screen his eyes that fast. I just love this job!

I Believe;

I believe you should give people more than they expect and do it cheerfully.

I believe you should marry a man/woman you love to talk to. As you get older, their conversational skills will be as important as any other.

And I believe that when you say "I love you," you should mean it!

See ya later  
Lion Wally Gator  
To be continued!



*With the Holidays Upon Us*, we are so pleased to express our gratitude to those that help

“Keep the Promise” of addressing preventable sight and hearing loss. The wonderful Lions that we work with, our amazing health care providers that partner with us, and the generous donors that support OLSHF programs are what we are most grateful for at this special time of year...Thank you all!



Carleene Iverson  
Chair



Doug Thompson  
Executive Director

We are especially thankful to Legacy Good Samaritan for providing OLSHF with office space at no cost! This ensures our administrative costs are only 10% of our annual expenses for the year - and we're grateful the 10% is covered by our own endowment fund, meaning 100% of your donation serves those in need!

## *We are Grateful for our Generous Donors and Supporters...*

### ***Lion Donors***

**Lion Champion: \$10,000 and above**  
The Oregon Community Foundation

**Lion Heart: \$5,000-\$9,999**  
Biamp Systems

**Lion Sentinel: \$1,000-\$2,499**  
Dr. Richard Chenoweth  
Jeff Sanders Promotions, Inc.

**Lion Tamer: \$500-\$999**  
State Farm Companies Foundation

**Lion Patron: \$100-\$499**  
Caskaide, Inc.  
Dr. Steven Mansberger  
Todd & Carol Morrison

**Lion Donor: Up to \$99**  
Dr. Gerald & Mary Martha Hopkins  
The Benevity Community Impact Report

### ***PRIDE Donors***

John Anderson  
Ray Andrieu  
Rod & Debbie Bach  
Charles Blanchard  
Gerald Caldwell  
Hank Calhoun  
Debi Castor  
Jo Hallam  
Carleene Iverson  
Brad King  
Keith Price  
Brian Rangitsch  
Sharon Rollins

### ***PRIDE Donors cont.***

David Rich  
Dixie Sexton  
Al Scott  
Jason Shaner  
Sherril & Irv Smith  
Doug Thompson  
Roger & Paula Trueax  
Paul Zastrow

### ***Gifts in Honor***

**In Honor of Alice Bender's 90th Birthday**  
Judith Grosenick

### ***Memorials***

**Gift In Memory of Don Bowers**  
Edwena Matychuck  
John Howarth  
Dr. Gerald & Mary Martha Hopkins

**Gift In Memory of George DeHart**  
Dr. Gerald & Mary Martha Hopkins

**Gift In Memory of Patricia Rector Fry**  
Odell Lioness Club

**Gift In Memory of John Hamson**  
Alice Bender  
The Bowers Family Trust  
Cheri Brokaw  
Golda Fabian/Betty Blais  
Judith Grosenick  
Gene & Dorothy Gustafson  
John & Diane Landon  
Robert & Barbara Loomis  
Edwena Matychuck  
James Newton

### ***Memorials cont.***

**Gift In Memory of John Hamson cont.**  
George & Carol Noyes Trust  
Neal & Phyllis Sande  
Joe & Connie Sneddon

**Gift In Memory of Irene Kucinski**  
John & Janice Harney

**Gift In Memory of Charles Potter**  
Claudia & Clarence Annis  
Judith Baker  
Shirley & Darrell Brandenburg  
Corvallis Historic Auto Club  
Scott Ellen, Jimmy Black & Eleanor Potter  
Henry Ginger  
Betty Hill  
Theodore Johnson Family Trust  
Catt Larry  
Marion & John O'Donnell  
Barbara Potter  
Clarence & Patricia Potter  
Tom & Bonnie Stitzel  
Darcy Judd Wyant & Elizabeth Jahnke

**Gift In Memory of Susan Schulz**  
Wes Lee & Susan Reynolds

**Gift In Memory of Wayne Treat**  
Dr. Gerald & Mary Martha Hopkins

**Gift In Memory of Les Tyo**  
Jeanne Haines  
Thomas Joseph & Elizabeth Thekkedom  
Jerry & Susan Prosa

## *We are Grateful for the Sight & Hearing Chairs of MD-36,*

...such as Sight & Hearing Chair Ken Williams, a 91 year old WWII veteran. He joined the Lions 63 years ago in Prospect, Oregon ultimately he found a home with the Amity Lions Club. Balancing a career in school administration with his devotion to Lionism, Ken has filled his days with work that helps others thrive.

### *Sight & Hearing Chair Spotlight*



**Ken Williams  
Amity Lions Club**

In 1984, Ken became their Sight & Hearing Chair. When asked what had inspired Ken to focus on sight & hearing, he recounted a story from his earliest days as a Lion. He was asked by the school district to help drive for one of the school bus routes. Ken recalled that the first child that he would pick up was a little girl who lived off a remote mountain road. She sat alone in the first row. They would travel together for a while before picking up the next student. Ken would say, "Look over there, can you see that?" and the little girl would reply, "No." "What about that over there, can you see that?" She would repeat no, she couldn't see.

Ken went to the girl's teacher and told them that she should sit in the front row because of a probable vision issue. Then he visited her parents, who knew that their daughter was having trouble but could not afford to take her to a doctor. Ken, distraught and eager to help, went to his Lions Club. They reached out to a doctor in Medford who provided the little girl with an eye exam and eyeglasses. The next day on the bus, the little girl sat in her usual spot, she gently tapped him on the shoulder and said, "You see that, you see that, you see that?" Ken noted that "by the time the year was done, she had my shoulder pretty well worn out!"

Members like Ken Williams embody the Lions motto "We Serve". Ken looked back on his career as a Lion and seemed very much at peace with his role as Sight & Hearing Chair. "As I am starting to close the book on my life, I am so satisfied with my experiences from doing this job."

## *Hall of Fame Gala 2015*

The Oregon Lions Sight & Hearing Foundation (OLSHF) hosted its annual Hall of Fame Gala at the Tualatin Country Club on October 3rd, 2015 to honor the Lions history and outstanding work in communities all around the state.

The OLSHF Hall of Fame was established to honor, memorialize, and encourage outstanding leadership and service on behalf of the Foundation's mission to screen, treat, save and restore sight and hearing for those in need. At the event, four Lions were inducted into the Hall of Fame – Carl Berry (posthumously), Art Carroll, Keith Price and Bill Taylor – joining sixteen other Lions who have left a significant legacy of serving others. The very first member of the Hall of Fame was Dr. Richard Chenoweth, who was recognized with an OLSHF Lifetime Achievement Award at the Foundation's 50th Anniversary Gala in 2009. Due to the contributions of these inductees and their Lions Clubs, OLSHF assists thousands of Oregonians with sight and hearing issues who have nowhere else to turn for help.

Each fall we gather together to share the rich history of Lions and OLSHF. Our programs succeed because of the support and dedication of amazing Lions leaders, local clubs and their members. We thank Lions for their support and look back with pride at the tremendous impact they've made in their communities in partnership with the Foundation.

We shared a wonderful evening of celebrating great Lions, great friendships and great service to others. Congratulations to our newest inductees!

*Please see photos on page 18 and  
online at [www.OLSHF.org](http://www.OLSHF.org)*

### **Criteria for Nomination:**

Individual Lions or non-Lions with a minimum 10 years of service to the Foundation in a leadership or volunteer service role may be nominated to the Hall of Fame. The OLSHF Executive Committee reviews all submissions and submits a ballot of candidates to the Board of Trustees for vote.

To nominate for the 2016 Hall of Fame send submissions to [Doug@OLSHF.org](mailto:Doug@OLSHF.org) starting January 15th through August 1st, 2016.



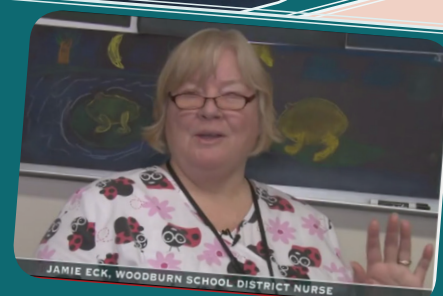
*We are Thankful for  
Strong Lions Leaders  
Hall of Fame 2015*



*We are Grateful for...*



*"Russ Chase of the Bend-Sunrise Lions Club is always a step ahead, trying to get providers on board to help people access exams and eye glasses."*



*"I am grateful for the school nurses, secretaries and teachers who show such dedication and care for the children of this state."*



*"I am so grateful for Lions like Bill Ruff and the Lloyd Lions Club who tirelessly collect and transport thousands of eye-glasses to our LERC warehouse from all corners of the state!"*

*...Every One of our Volunteers, Partners, and Providers  
We wish you all a Happy Thanksgiving!*



OREGON LIONS  
Sight & Hearing Foundation

**For this Thanksgiving and throughout the holiday season, thank you for all that you do to help your foundation, your community, and your Lions Clubs. You make all the difference!**



*"I am thankful for the budding partnership between OLSHF, Dr. Landsberg, and Starkey Aids that will result in mobile hearing services in many rural communities along the I-5 belt and to the coast!"*

*"We're appreciative of all our Mission Cataract providers, such as Dr. Matthew Neale. Their generosity helps people like Boris and Svetlana see the world around them."*



*"I'm so grateful that OLSHF is able to partner with KEX Kids Fund to help children with eye exams and new eyeglasses AND especially grateful that this program is now available statewide."*



*"I appreciate everyone that has donated to OLSHF for the MHSP Program. They are a true team that works together for one goal: accessible vision enhancement for all Oregon residents."*



*"I'm grateful for the vision providers that have joined the LEAP Lab network, helping those in need see again with eye exams and new eyeglasses"*



## District O's Task Force Helps People Not Near Lions Clubs

Ninety years ago Helen Keller inspired Lions Clubs to be Knights of the Blind as she said, "I appeal to you Lions, you who have your sight, your hearing, you who are strong and brave and kind. Will you not constitute yourselves Knights of the Blind in this crusade against darkness?"

Lions Clubs help the blind and we also help those with small losses in sight and hearing. We collect used eyeglasses and take them to 3rd world countries. We raise money so people who live near a Lions club receive assistance with eyeglasses and hearing aids. Some clubs have a large "reach" beyond their own zip codes to provide assistance. District 36-O's Task Force helps the forgotten needy people who don't live near a Lions club.

Started about 10 years ago, this Sight and Hearing Task Force is staffed by Lion volunteers who raise money and help needy people in 6 zip codes where there are no Lions clubs. Most of the requests for assistance come from four zip codes in the area between Portland and Gresham.

Demand has doubled in the last five years and more stable funding is needed. In the past, Lions raised money to help about 50 needy people annually. Now the Task Force receives more than 300 requests each year from people like Kathleen, an elderly woman who lives in Happy Valley, Oregon. She desperately needed eyeglasses to replace her very old ones but couldn't afford it. The closet Lions club is 15 miles away so the District's Task Force paid for her exam and new glasses. Thus far this Lion year, the Task for has helped 32 needy people with hearing aids and eyeglasses.

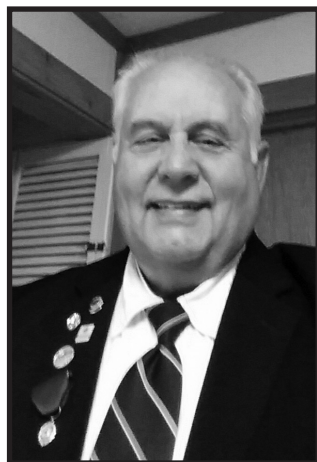
Contrary to some thoughts, the Task Force is not a program of the Oregon Lions Sight and Hearing Foundation. It's a District program, but it partners with the Foundation with help from their Optical Lab and with help paying for most of the cost of hearing aids.

Doug Thompson, the Foundation's director, appreciates working with the Task Force. "Here at OLSHF we're pleased to partner with the Lions District O Eyeglass Task Force to provide new eyeglasses and hearing aids to our vulnerable neighbors. The Task Force meets a critical need by helping those who slip through the cracks of available resources, and we applaud them for their dedication to help those in need," Doug said.

Many people volunteer on the Task Force Committee. This Lion year the Task Force has four people making phone calls to needy clients, answering their questions and mailing applications for assistance. This year's dedicated Committee is Lions Dan Wolf, Jude Myhre, Mary Johnson, and Mary Lee Turner.

One of the callers, Mary Johnson enjoys helping others. "The rewards in calling clients is that they are so grateful for my phone calls and that they know help is on the way," said Mary. Dan Wolf, another caller, said, "I'm impressed with what the Task Force is doing at the present level filling in the gaps for people to get eyeglasses and hearing aids. It's very rewarding for me to be a caller. There's always good in more numbers especially helping on the Task Force."

As the Task Force Coordinator, I greatly appreciate the Lions clubs in the District who donated this



Committee members Mary Johnson and Dan Wolf

summer to the Task Force efforts. Thank you to the Lions who volunteer at the Foundation to redirect clients' original phone calls to Lions clubs and to the Task Force. A big thank you to the Milwaukie Lions Club for adding two of the Task Force zip codes to their Club's service area. And much appreciation goes to the OLSHF, the Gateway Hearing Center and the half dozen America's Best Eyeglass stores for supporting our program and helping these needy clients.

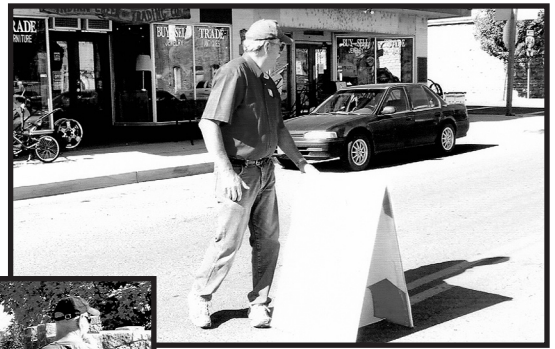
So, the next time someone asks you about the District O Task Force, you'll know to tell them it's very important, it needs more stable funding and it helps people who don't live near a Lions club.

*submitted by Bert Diamond, Task Force Coordinator*

## Elgin Lions Thank Community with Free Pie and Ice Cream

President Bob Thomas of the Elgin Lions proposed to the Club that free homemade pie and ice cream be given out to members of the community as a way of thanking them for their support. With the weather cooperating, several members brought ice cream churns and assorted pies to hand out to those stopping by.

According to member Barbara Hawes, the Lions distributed roughly 100-110



PDG Steve Oliver stands in the street directing cars to park for the treats



Guests enjoy pie and ice cream in the park



Barbara Hawes hands out scoops of homemade ice cream

dishes of the free goodies until the pies ran out a half hour early. Cars driving down Main Street saw Lions with their bright jackets waiting to serve and it was reported that cars from Idaho, Colorado, Washington, California, as well as from Canada, took advantage of the freebies.

submitted by PDG Gerald Hopkins

### *Dr. Jitsuhiro Yamada Lions Club International President Theme for 2015-16*

#### *Dignity*

As we strive to serve the needs of others, let us always remember to respect the dignity of those we serve.

As we reach out to others with hands of service, let us always remember it is not a handout.

#### *Harmony*

As we build others up, let us always remember serving others isn't just an act of kindness; it is also a means to build understanding and harmony

#### *Humanity*

As we show empathy for the less fortunate in our respective communities, let us extend empathy to all who are suffering around the world.

And as we continue to serve humankind, let us remember that serving humanity is not a duty, it is a responsibility.



# JOIN THE Centennial Service Challenge!



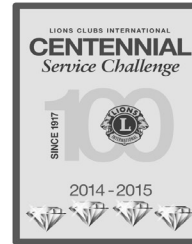
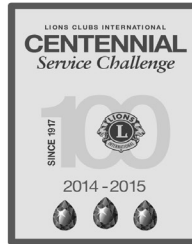
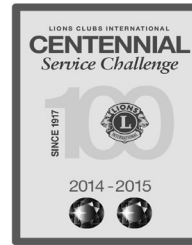
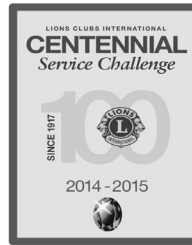
For nearly 100 years, Lions have served their communities and impacted millions of people around the world. In celebration of our 100th anniversary, we are asking you to help reach our Centennial Service Challenge goal of serving 100 million people by June 30th, 2018. Your club can play a part in reaching our goal, and you can earn special Centennial recognition when you serve!

### Earn Special Centennial Recognition for Your Club and District

Your club can earn a Centennial Banner Patch with a special gemstone design each year you sponsor a Centennial Service Challenge project impacting Youth, Vision, Hunger or the Environment.

- Each gemstone represents the number of different Centennial Service Challenge Campaigns that your club participates in during the fiscal year.
- The more campaigns you participate in, the more gemstones you can earn for your banner patch.
- Earn a diamond-level Centennial Banner Patch by participating in all four Centennial Service Challenge Campaigns!
- Districts can also earn a Centennial Banner Patch based on the participation of their clubs.

Your club can **earn up to four Centennial Banner Patches** by participating in each year of the Centennial Service Challenge.



All Centennial service activities must be reported through MyLCI's Service Activity Report to receive recognition.

## Centennial Celebration Club Service Project

**CALLING ALL CLUBS IN MD36!** Lions Clubs International is now in the second of the three years of celebration of our Centennial. It's time to research, design and initiate a signature service project in your community to share our message of service with all in need. If your club has begun or completed the Club Excellence Process, you may already know of a specific need within your community. If your club hasn't participated in CEP, the materials are available on the LCI website – particularly the community survey, a wonderful tool to help your club assess needs within the community.

When a service project is completed within these remaining two years of Centennial Celebration, be certain that your club secretary posts the project on the Activities report page of the club account within MyLCI. Lions International counts every minute and every Lion involved in each service project! The data collected from our reports will be added to the information from each club in the organization as we strive to reach our goal of 1 Million hours of service to our communities.

Don't wait any longer to find your Centennial Celebration community project and then share it with our MD in the Oregon Lion and with LCI. WE SERVE!

*submitted by PDG Sharon Rollins  
MD 36 Centennial Celebration Chair*

Keizer Lions Club  
Order Form for Flag Sets

Club Name:

Name:  Telephone No:

Shipping Address:

City:  Zip Code:

**Instructions:**

1. Identify below the number of flag sets or individual items you wish to purchase.
2. Identify in the address section above if your club will pick up the flag set at the District R convention. Include a name and telephone number.
3. Provide a name, address and telephone number if the order is to be mailed
  - a. Use a U.S Postal Service mailing address for orders of \$100 or less.
  - b. We use United Parcel Service (UPS) for orders over \$100, so include a name, residential or business address, and telephone number for these orders.
  - c. Make all checks payable to **“Keizer Lions Club.”**

Items	Cost/item	Quantity	Total Cost
Flag Set (flag, stand & pamphlet)	\$1.00		
Flag	.60		
Stand	.25		
Pamphlet	.15		
			Subtotal
			Shipping
			Total Cost

Order Amount	Estimated Shipping Cost
\$ 0.00 to \$ 50.00	\$12.00
\$ 51.00 to \$100.00	\$14.00
\$101.00 to \$150.00	\$16.00
\$151.00 to \$200.00	\$19.00
\$201.00 to \$300.00	\$24.00
\$301.00 to \$400.00	\$35.00
\$401.00 to \$500.00	\$45.00



**Rural Addresses May require additional Fees**

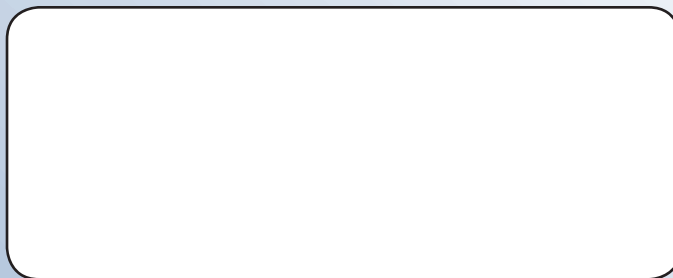
Mail, email or call Lion Doug Waldner to place your order or for shipping information:

Address: 3341 2<sup>nd</sup> Ave. N., Salem, OR 97303  
 Email: keizerlions@comcast.net  
 Telephone: 503-463-8825 503-930-2966

## Central Linn Lions Club supports Hunger CROP Walk

The Hunger CROP Walk (Christian Rural Overseas Program) that is held annually by the Halsey Spirit of the Valley United Methodist Church and the Central Linn Lions Club found 28 people and five dogs walking 6.2 miles last Saturday morning. The route was from the church to O Street and then out past the mills off Crook Drive and back. Three Lions Club cooks prepared food for lunch as a reward for completing the miles. There was lots of good conversation and food. The participants raised over \$2,500 to fight hunger in the community and in Africa. The groups who participated were the Central Linn Lions Club, Spirit of the Valley UMC and Boy Scout Troop 89 from Harrisburg Elementary School. The walkers ranged in age from 10 to 80.

*article and photos submitted by Karen Scranage*



## Hepner Raises Money for Local Scholarships

The Hepner Lions Club raised money this year by selling programs at the annual Morrow County and Oregon Trail Pro Rodeos. The Club collected over \$400 with the money to be used toward scholarships for local high school students and other Lions Club projects.



Selling programs (l-r) Lions Al Scott and Dick Paris with Lions Club member Justin Nelsons' daughter, Lita Anne helping with her great sale techniques

## Elgin Lion Recognized



Elgin Lions Club member Bob Wiles was recently recognized for sponsoring five new members in the Club.

*submitted by PDG Gerald Hopkins*