



Serving members of MD36 Oregon and Northern CA

September, 2015 Volume 3/15-16

## With Hot Weather Comes . . . .

### Elgin Lions Club Bucket Challenge



Lions Steve Craig and PDG Gerald Hopkins step under the buckets



Another brave pair of Lions, Everret Grandeen and Becca Scott, take the challenge



## ANNIVERSARIES


September 2015 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

### September

Portland Hollywood	September 12, 1928
Enterprise/Joseph	September 09, 1929
Stayton	September 01, 1938
Central	September 02, 1938
Ashland	September 13, 1938
Silverton	September 27, 1938
Prineville	September 28, 1938
Troutdale	September 08, 1948
Keizer	September 15, 1950
Bandon	September 15, 1951
Albany East	September 27, 1951
Rockaway	September 12, 1955
Jefferson	September 28, 2009
Tri City	September 10, 2010

## Are You Moving? Have You Moved?

We need a couple of days to change your address. Please provide your old address as well as your new one, by attaching the label below, or contact the MD36 Headquarters Office at 541.484.0452.



Mail entire form to: **The Oregon Lion**  
1075 Washington Street #212  
Eugene, OR 97401

Attach Your Address Label Here

Name (print) \_\_\_\_\_

New Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Old Address \_\_\_\_\_

Club \_\_\_\_\_

## MONTHLY CALENDAR

### MEETINGS

#### September

- 9 Patient Care Committee meeting - OLSHF @ noon

#### October

- 14 Patient Care Committee meeting - OLSHF @ noon
- 16 Lions VisionGift Board meeting - LVG - Tate Conf. Room @ 10:30am
- 26 SOLS&HC Board meeting - Medford @ 6pm

## MONTHLY CALENDAR

### EVENTS

#### September

- 7 Labor Day observed - HQ office closed
- 10 *The Oregon Lion* article deadline (for Oct. issue)
- 17 OLSHF Webinar @ 11am
- 17-19 USA/Canada Lions Leadership Forum - Grand Rapids, MI

#### October

- 3 OLSHF Hall of Fame Gala @ Tualatin Country Club
- 9 *The Oregon Lion* article deadline (for Nov. issue)



The Oregon Lion Website:  
[www.md36lionsclubs.org](http://www.md36lionsclubs.org)

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## Council Chair News



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Most Lions who know me know that there is no such thing as a stranger for me. When we talk to potential new Lions (everyone could be in this category), it is important that we have pride in our own Lions club. When my Club was going through growing pains 12 years ago, it was hard to find something good about the Club. The solution was to let potential Lions know that we could use their ideas and their vision of what the Club could do. There is always a way to invite new members. Lion clubs provide service for those needs our communities have and are the "Leader In Outstanding Noteworthy Service". When your service is easily seen in your community, you will gain new Lions.

In looking at the District health report for July, District 36-O had a gain in membership; the other three Districts lost members. The reason one District gained in members and the others lost members is directly attributed to the sponsoring of a new Lions club in 36-O and not in the other Districts. The four years prior, one District had a gain in membership while the others did not. This was directly attributed to the sponsoring of a new Lions club each year. Sorry to say that last year 36-E did not sponsor a new Lions club and thus lost membership.

Let me introduce you to Lions University, the most inclusive and easy to use education on Lionism I have seen at LCI. I believe anyone serious about Lions and who is "all in", will find any information they want in the curriculum of Lions University. Go to the LCI website, search Lions University and begin. You will be glad you did and your club will be better as a result of your effort.

Yes, we are building our membership and it could not be at a better time. Our celebration

## MD and District Websites

Find out what's happening in your District by going to the web and typing in your District website address listed below. You will be amazed at the amount of information located on the site.

**MD36: md36lionsclubs.org**

**District O: www.lionsoforegon.net**

**District R: www.lionsclubs36r.org**

**District E: www.districtelions.org**

**District G: www.oregonlions36g.org**

of Lions Centennial Anniversary and the USA/ Canada Forum will require as much help as we can get. This is a once in a lifetime opportunity to build Lions.

Let's get it done.

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### Oral Hull Foundation Fundraiser Breakfast

Tuesday, September 23, 2015  
From 8-9 a.m.

HOLIDAY INN AT THE AIRPORT  
8439 NE COLUMBIA BLVD  
PORTLAND, OREGON

The purpose is to support activities and programs at Hull Park in Sandy, Oregon

THEME- KEEPING HOPE AND  
DREAMS ALIVE

The program features people who have benefitted from the Hull Park experience.

Any questions call: Phyllis Goldhammer at  
1-360-901-1188

## Leaving a Legacy of an Unexpected Friendship

Here's something a little different for our readership this month. It's a heart-warming story of a donor family and recipient getting to meet each other and is a true testament to the power, and legacy, of donation. We hope you enjoy it.

Patricia and Greg were best friends and soul mates, they did everything together. Whether it was spending time with their grandkids or riding Greg's Harley out to take photographs, they were in it with each other. They never argued because they enjoyed many of the same things and Greg always said that "nothing was worth fighting over."

Greg had known he was sick for some time, but he remained the upbeat and hilarious man he'd always been. When friends who knew of his illness asked how he could go for such long rides on his beloved Harley, he responded "Well, I don't have to pedal them." He remained that same upbeat man until in 2010, when he succumbed to his long struggle and passed away.

Jean had noticed her vision getting fuzzier and fuzzier. It was starting to impact the things she loves to do, like quilting and reading. When her eye doctor told her that she'd need a cornea transplant, Jean became excited about the possibility of seeing clearly again. In December of 2010, thanks to Greg's cornea and Pat's generosity, Jean received her cornea transplant and emerged with a new lease on life.

Every donor family gets the opportunity to write a letter to the cornea recipient, and every cornea recipient gets the chance to write to their donor's family. Some choose to do this soon after their life-changing experience, others take longer, and some choose never to write. It took Pat three years, and several attempts, before she completed a letter about Greg, sealed it with hope of a response and took the first uncertain step that lead to a friendship.

The letter Jean received was a revelation. She hadn't realized how important it was to know something about her donor, until the information was in front of her. As Jean and Pat spent more time writing letters back and forth, their mutual interests and love of family became clear. Every donor family/cornea recipient relationship is different, but these two women set about writing each other nearly every month - sometimes more. It was clear, from even the first few letters that they had much more in common than just Greg's cornea. Grandchildren, gardening and quilting were all central to both of their lives, so they started off by sharing stories about these mutual interests.

One year later, at a restaurant in Welches, Oregon, Jean and Terry met each other for the first time - kindred spirits united through the most unlikely of means. Pat say "though I lost my husband, I really feel like I've gained a friend." The sentimental among us will see that in a unique way, Greg found a way to take care of his best-friend after he was gone.

## A Focus on Lions VisionGift's Donation Specialists

As many of you are no doubt aware, **Lions VisionGift** regularly requests the assistance of Lions Clubs volunteers from across the state to assist in transporting recovered or processed tissue. Sometimes this requires tissue being picked up at a hospital and transported to Portland (or handing off to another Lion Courier), other times it's transporting the ready to use graft to the actual surgery center. In any event, the person you're speaking with here at LVG is a **Donation Specialist**.

The skill-set necessary to perform the **Donation Specialist** role is among the most diverse in the industry, touching on aspects of clinical care, grief and compassion training, and logistic coordination. However, unlike some roles which also require diverse skill sets - but normally in some sequential order - our **Donation Specialist** are constantly jumping between these roles as new cases come in.

**Donation Specialists** start their process with their Sherlock Holmes hats on - sifting through the patient's medical record to determine their potential eligibility. The work they do in this step isn't simply marking boxes on a checklist, it requires synthesis and analysis skills that really put them into the role of a detective - following up on leads and looking for suspicious aspects of the case.

If the **Donation Specialist** determines there is donor potential, they switch hats to one that is much more similar to a social worker. I use this term (rather than a grief counselor) because while our staff is certainly very authentic in their empathy and condolences, they also have process to work through with the family. Typically this consists of a conversation with the family member to obtain a medical and social history interview (known as a Donor Risk Assessment Interview or DRAI), in addition to either disclosing 'First-Person Consent Registry' status or performing a 'Donation Authorization.' Due to the timelines within which we must recover tissue, these conversations happen with the family shortly after their loved one has died, so compassion and authenticity are crucial traits of successful Specialist.

Once we determine that a patient is eligible, and we have spoken to the family, our **Donation Specialists** move on to a role much more similar to that of an aircraft traffic controller. When you consider we have more than 20,000 referral calls, 1,700 actual donors, and more than 250 individual partner agencies across the state (i.e. hospitals, funeral homes, EMS, etc...), the logistic challenges start to become clearer. The simple fact is that our **Donation Specialists** must make the best of limited resources, to ensure that all the gifts we receive from families are maximized in their potential. There might be a technician on-site in Salem, but two cases becoming available in Vancouver and Portland and extending timelines threatening to rule out the potential donation - how do they solve the problem?

I am often left wondering how they accomplish all the aspects of their role in such a seamless manner, especially with the constant requirement to start up the new referrals that are flying in - but in truth, our **Donation Specialists** never cease to amaze and regularly go above and beyond to represent the Eye Bank in the best light. Because, as you've probably gathered, these folks are the true "face/voice" of the organization. They are who our families speak with and our clinicians work with; and are truly the beating heart of our organization.



## Thirty-Five Years and Getting Better Every Year

The Gresham Breakfast Club celebrated its 35th Anniversary during the Installation Banquet held on June 11th, 2015, at Persimmon Country Club in Gresham. Past International Director Dennis Tichenor started the festivities by recognizing the Club's two remaining charter members, Lions Don Adams and Joe Davis, and presented both the men with a Melvin Jones Fellowship from the Lions Clubs International Foundation for their years of service to Lionism.

It was fitting to have PID Dennis Tichenor perform the installation since he was the one



**PID Dennis installs Paul Haughom as incoming President**

who performed the Club's first ceremony back on June 21st, 1980. In his unscripted remarks, he said that "without a doubt, the Gresham Breakfast Club has proven itself to be one of, if not the best, Lions Clubs in the state of Oregon".

It's noteworthy that Dr. Paul Haughom, who was installed as President this year, is the 35th in an unbroken line of unique individuals that never had to repeat a term in office.

Other highlights of the evening included Past President Art Zehner presenting the Club's Lion of the Year Award to Lion Rawley Burns. Lion Rawley has

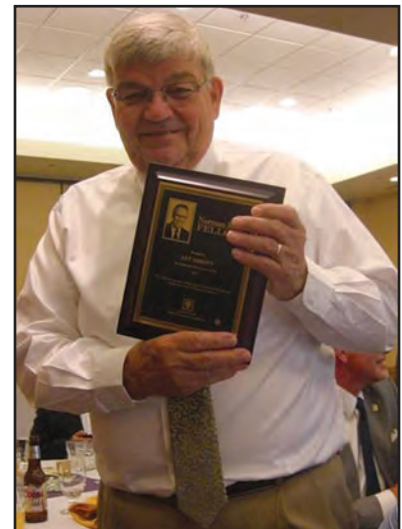
been a Lion for over thirty years and has been a major supporter of Club projects. He founded the annual Christmas Families project, chaired the Golf Tournament for many years and is an outstanding role model for new members.

President Leonard Kirk awarded the Cub of the Year Award

to Lion Jeff Northeimer for his outstanding and enthusiastic service as new member for this year. Finally, Past President Steve Solcz presented a Norm Ross Fellow Award to Lion Art Abbott for his 34 years of outstanding service not only to the Gresham Breakfast Lions, but to the state of Oregon and the Sight and Hearing Foundation as well.



**PID Dennis Tichenor addresses attendees**



**Lion Art Abbott receives Norm Ross Fellow**

## ***Crooked River Striding Lions at Relay for Life... Hope for a World with Less Cancer***

The Crooked River Ranch (CCR) Lions train was chugging around the track with kids smiling, the CRR Striding Lions baton was making its way around the track as one of 33 walkers carried the torch, the smell of bar-be-que filled the air as Lions provided a hot dog and hamburger lunch and 8 CRR Lions RV's circled into a campsite where Lions laughed and talked but reflected on the meaning for the Relay for Life.



**Normally the conductor, Lion Ruthie Ferguson goes for a ride on the CRR Lions Train**

All this was going on the last weekend of July at the Crook County Relay for Life (RFL) event in Prineville where the CRR Striding Lions had a walker on the track for the entire 24 hours and had two outstanding Lion walkers with Linda Bengtson walking over 28 miles and Sue Flory over 22 miles.

Each lap around the track at an American Cancer Society Relay for Life event is more than a step forward in the fight against cancer. It is the firm footing we need to navigate a path to a world with less cancer.

This year we celebrate the 30th anniversary of the first relay when Dr. Gordy Klatt walked on a track for 24 hours raising \$27,000 for cancer research. The CRR Striding Lions

celebrated their fourth year of relaying in Prineville and they join the 3.5 million dedicated Relay supporters around the world and more than 5,000 events nationwide.

The Lions motto of "We Serve" was very evident at the RFL. Besides taking part in all the above mentioned activities they served dinner and breakfast and caused numerous smiles with their "Follow the Lion" laps to raise "spare change" (imagine 20 Lions in boxer shorts, roped together and trying to navigate around the track).



**Super striders Linda Bengtson and Sue Flory hold beads representing each lap walked in the relay. Linda walked 27 miles and Sue walked 20 miles in honor of cancer survivors and in memory of those who have lost their lives to cancer.**

Many dollars were raised for the American Cancer Society by the Crook County Relay and the CRR Striding Lions, but the RFL is more than a fundraiser. It provides an opportunity to: 1) Celebrate the lives of the "Survivors" who have battled cancer. (Over ten Lions cancer survivors took part in the "Survivors" lap); 2) Remember loved ones we have lost to this disease. (Over 100 Luminaria bags, representing CRR Lion loved ones lost to cancer, glowed throughout the night following the Luminaria ceremony); 3) Fight back against a disease that has taken too many.

We take part in the relay because we have been touched by cancer and desperately want to put an end to the disease.

If you would be interested in joining the CRR Striding Lions Relay Team contact Team Captains Ted Carlin (541-604-4054) or Linda Bengtson (281-382-7870).



**CRR Striding Lions at the start of the relay**



**Lions Donna Wildt and Ted Carlin hand off the batons to Lions Karen Jamison and Hal Jamison**

*submitted by Ted Carlin*



## District O - Northwest - North Coast



### District O Governor Column

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It is my privilege to visit the forty-three Lions clubs in District 36-O this year. So far I have had the pleasure of visiting eight clubs. Each club is special and has strengths and weaknesses. The important thing to remember is that we are Lions working together to serve those in our communities that need help. By working together with our many skills and abilities, we are able to help many people with services that make a significant difference in their lives. We can give someone back their sight with glasses or surgery on their eyes. Lions do quality eye screenings for over 130,000 students in our communities this past year.

This Lions Year, District O is starting the year off with three fewer clubs than we had last year. For me, every time a Lions club turns in its charter it like a death. Each Lions club has a life of its own that fills an important function for the community. Unlike people who get older each year and some of us start to lose the energy and stamina we once had, a Lions club does not have to get old and die. It is, however, important to know that inviting younger members is the key to keeping a Lions club serving a community in the future. Each club needs a diversity of young and older members. Men, women and families all help make a healthy club that will last for another hundred years. Last year, Lions were to "Ask One." This year we need to "Ask One More." Membership is not the job of a single person; it is the job of every member of the club. The Lions motto is "We Serve". Lions other job is to build and maintain relationships. If we as Lions thank and recognize the time and effort our fellow Lions give in service, many of the members will stop going out the back door. Many clubs are starting to have a get-well card or we missed you card at each meeting so that when a Lion is sick or has missed several meetings, they will know that they are being thought of and missed. This action is easy to do and very effective.

As I visit your club I will be bringing origami cranes. Cranes are a sign of peace and good health. The crane, as a bird, also has to work as a team to do its long migration each year. The three words that go with the theme are Dignity, Harmony, and Humanity. All are words that go well as we serve those around us.

## District R - Willamette Valley - Central Coast



### District R Governor Column

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I have visited Lions clubs all over District 36R in the past two months. I have been delighted by the enthusiasm and excitement I have seen. I have visited small clubs that are doing amazing things in their communities. I have met and talked with Lions who look for new and better ways to serve. I have talked about the Lions Centennial Celebration and USA/Canada Forum coming to Portland, both in 2017. There has been a great amount of interest in both in the clubs I have visited.

I encourage Club Officers, Board members and future leaders to attend our District Cabinet meetings. We held our first Cabinet meeting on August 7th in Yachats. We had a guest speaker and a Tail Twister. We had a lively meeting with a great deal of exchange of ideas. Our next Cabinet meeting will be held at the Moose Lodge in Junction City on November 7th. Please try to be there. I believe you will find it worthwhile.

District 36R is "Moving Toward the Future." We have interesting things going on in both Leadership and Membership development.

**Leadership:** The District 36R Training Challenge was sent to Club Presidents and Secretaries in early August. We are challenging club leaders and future leaders to complete at least three online modules during this Lions Year. The modules are on the Lions Club International website. Clubs will report training completed on a quarterly basis. Details are included in the Training Challenge letter.

**Planning** is underway to conduct Certified Guiding Lion training in two locations in the near future. Certified Guiding Lion is not only for current leaders. It is for any Lion who is interested in working with new clubs or with existing clubs that are rebuilding. It is excellent training for anyone who wants to become a better Lion.

**Membership:** We are working to establish a Campus Lions Club at Western Oregon University. We plan to be certified as a Campus Club and to participate in "Clubs Day" on September 23rd. We will conduct Campus Club Guiding Lion training on September 22nd and meet with students on the 23rd. We hope to have a club on campus by October 1st.

We are looking into sponsoring a Women's Symposium which will probably be held in the spring. The symposium will address women's issues in a meaningful way and come up with ways Lions clubs can work on those issues. We hope get some recognition for doing this and also recruit women who will join local Lions clubs.



## District E - Southern - South Coast



### District E Governor Column

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One month has passed and I have visited six clubs and conducted our first Cabinet meeting. The clubs I visited were: Applegate, which is an all men's Club with strong membership; Myrtle Creek, which is a very busy Club with very active members; London Peak at Wolf Creek is a small Club planning to grow soon; Merrill is a strong Club with a number of large community projects which has a Leo's Club with 54 member that help with the Lion projects. I also visited Klamath Falls South Suburban, which is a small Club with nine members but has a positive attitude for service projects and they are planning new fundraisers to finance these projects; Jacksonville is a medium sized Club that provides sight and hearing services through the Southern Oregon Lions Sight and Hearing Center in Medford. They also provide members to staff projects at the Center. This is an all-male Club. The month of August also promises to be a very busy with twelve clubs scheduled to be visited.

Our Cabinet meeting was well attended with 48 Lions present. I reported to the group on the training I received in Hawaii and the International President's theme of Dignity, Harmony and Humanity. The many accomplishment of IP Dr. Yamada were also relayed. Lion Areta Schock, our Centennial Service Challenge Chairperson, shared the new Centennial Membership and Sponsor certificates and pins and encouraged everyone to get busy and sponsor new members so they could wear this new eye-catching pin. She also made a presentation on Lions University online training and how it leads to a Lions Bachelor and Master's Degree.

Lion Carol King made a presentation about USA/Canada Forum and related how important this training is to Lions. She encouraged Lions to attend the Forum in September.

We are conducting a club visitation contest along with a Story Board competition. The rules for each have been sent to all the clubs and they have been encouraged to participate.

Lion Chuck Hulings presented information on the Peace Poster contest. The theme is "Share Peace". I presented a framed 2014-15 signed Peace Poster print to Chairman Chuck Hulings. All clubs were encouraged to support and participate in the Peace Poster Contest.

My theme is "Waves of Lionism". Through waves of Lionism members we will be able to provide the ever increasing demand for the excellent services Lions provide.

*With Waves of Lionism,  
DG Wes*

## District G Central - Eastern Oregon



### District G Governor Column

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The first District G Cabinet meeting is now over and we have several struggling clubs. We have identified other areas that will be the focus of our collective attention and have asked that clubs drop a line, email or call for any help that is needed. WE SERVE – to give the collective assistance of 1.4 million members in 210 countries and areas – with 740 plus Districts world-wide. Lions clubs start first with the individual member, the most important person when we consider the health of any club. Satisfaction in being a Lion must be paramount, meaning your needs are met and your ideas and interests are attended to.

As the year gets started, I want each Lion to focus on what we do best – making our communities a better place to live, work and play. Keeping things fun and sharing the camaraderie of others will make for a better activity, project or meeting. District G has many needs – more members, more clubs and especially more communications helping make our lives meaningful. I am there to help, after all, my theme - Think Possibilities - will be carried throughout the District.

Think Possibilities goes hand in hand with LCI President Yamada's Dignity, Harmony and Humanity. So let us all strive to work together to make District G the best possible - empowering our members, doing whatever we can for our communities and keeping in mind the themes for the year. Dignity for all - with emphasis on those youngsters who may have lost hope and on individuals whose lives may be a far greater challenge than we can imagine. Work in Harmony – with each other, in our communities and with others to do good, while realizing that we must be humane in our actions and what we do reflects our commitment to Humanity!

I will be contacting each club to schedule meetings for my "official visits" as well as welcome the time to just come and chat or volunteer. My hope is that we bring our energies up to meet the challenges and make this Lions Year the best ever. Mark your calendars so that your presence can be at our Cabinet meetings – scheduled for November 7th, February 13th and April 16th, which will be in Hood River helping support the Mid-Columbia Lions Follies. Of course, we challenge each club to come up with a 'Story Board' for our Convention – each board to be of the tri-fold variety, left panel for the past, center area for the present and the right side ideas for the future!

Lastly, as I travel the District, I wish you all the very best and hope to cross trails with you often, for I am serving YOU, the Lions of District G!

## Eugene Downtown Lions Had a Hot Time at Their Annual Picnic, Literally

The Eugene Downtown Lions Club annual picnic was held Wednesday, July 29th, which turned out to be one of the hottest days of the year. The high temperature rose to 100 degrees at the Eugene Airport but we were reasonably comfortable. That is because Lion Judith Grosenick hosted the picnic at her house again this year. About 60 Lions and guests attended the gathering in her pleasantly shaded back yard where a breeze abated the oppressive heat.



A happy group of Lions



Plenty of great salads

his magic preparing the corn. What makes this event so special is that we have the time to chat with each other in a very relaxed setting without the pressure of a meeting or working on a project.

Club members provided side dishes and desserts and as usual, fried chicken and corn-on-the-cob were provided. Lion Craig Ford performed



(l-r) Lions Teri Yerton talking with Judith Grosenick our "hostess with the most...est"



A picnic favorite - deviled eggs

## District Biologist Addresses Lions on Bumblebee Conservation

Laura Navarette, a District Biologist from La Grande, gave a presentation on the importance of bumblebee conservation to the Elgin Lions. Laura said it was important to keep an eye on the species of Western Bumblebees, which have dropped in numbers over the past few years. She described the bees as larger than most, furrier, having smaller hives and living a one year life cycle. She stated that bees pollinate 2/3 of the world's agricultural land and that bumblebees are native pollinators. Laura described the bumblebees and honeybees as the only social species with approximately 40 types of bumblebees. She encouraged listeners to provide small sites of grass or twigs for nesting sites, as well as having food sources for the bees.



Lion Bob Thomas was elected to serve as President for the Elgin Lions. Thomas discussed his goals, outlined Robert's Rules of Order, advised the Club he wanted to establish a Tail Twisting program and recognized several members for their work in recent projects. Lion Kay Durham was presented a bouquet of flowers for serving as Chairperson for the Riverfest. Flowers were given to Lion Kathy Oliver for assisting her husband, Lion Steve, with the car show, and a model car was given Steve for a great job with the car show. Lion Bob Wiles was also recognized for being the Grand Marshal of the Kiddies Parade. Lion Bob said that Past President Gregory Chamberlin was a great model for the Club and also served as Chair for the fireworks booth. According to Lion Bob, Lion Steve was present each morning to set out the merchandise and to take the items home each evening. A special recognition was given to Lions Linda Johnson for giving over 50 hours to man the fireworks booth as well as to Dave and Terri Furman who were recognized for barbecuing at the community meal following the sales of fireworks.

submitted by Tim Chuey

submitted by Gerald Hopkins, PDG



## **You Me and Diabetes**

Hello Everyone,

Recently I was doing electrical safety presentations at the Deschutes County Fair in Redmond, OR. It is a huge fair that runs for five days during the end of July and the beginning of August. The attendance for the five days was approximately 250,000. On the day dedicated to veterans of all branches of military service, I encountered a young lady pushing a wheelchair with a young man in it whose legs had been amputated and replaced with prosthesis. I said to the man thank you for your service and sorry about your loss. He quickly responded that this was caused by diabetes. Open mouth insert foot. I suddenly realized that as diabetics we must always be aware of any changes in our condition and immediately seek to remedy same. "An ounce of prevention is equal to a pound of cure". So my article today will be on type 1 diabetes with info I have gleamed from reliable sources.

### **What medications are used to treat diabetes?**

#### **Type 1 diabetes:**

Patients with type 1 diabetes have an absolute lack of insulin, so they must inject insulin with a syringe, pen or an insulin pump, as they require insulin for survival. If they do not take insulin for 24 to 48 hours, they may develop diabetic coma, also called diabetic ketoacidosis, a life-threatening problem that occurs when the body cannot use sugar (glucose) as a fuel source because there is no insulin or not enough insulin. Those experiencing diabetic ketoacidosis may die if not promptly treated. Insulin for type 1 diabetes is prescribed in amounts needed to match the food intake and exercise level of the individual so that blood sugars remain in the "normal" range and are neither too low nor too high.

While some researchers are working on ways to make injected insulin last as long as possible in the body, others are coming up with ways to put it to work fast and painlessly. In February, Sanofi released inhalable mealtime insulin called Afrezza.

Afrezza is a very finely powdered, rapid-acting insulin that gets into the body via the lungs, which are made up of millions of tiny airways. Unfolded, they'd cover half a tennis court. When you breathe in, the powder is distributed through these airways and quickly moves into the blood. "As you are pulling air in, you're also getting insulin particles so small they reach the deep lungs," says Stefan Schwarz, PhD, MRA, head of the Afrezza brand for Sanofi. The powder is absorbed almost as soon as it hits the lungs, passing over into the bloodstream within five to six seconds, he says.

That, Sanofi claims, makes Afrezza extremely convenient. Breathe in as you're sitting down for a meal, not 20 to 30 minutes before as with injections. "As a patient, you can inhale the minute you start eating and see peak insulin within 12 to 15 minutes," Schwarz says. "It's very fast and gets out of your system very quickly. Within 180 minutes, it's all out of you system." That way, while your meal is digesting, there is less of a chance you'll have too much circulating insulin, which puts you at risk for hypoglycemia.

For a list of all insulins available in the United States, head to: [diabetesforecast.org/insulinlist](http://diabetesforecast.org/insulinlist)

**Life might not be the party we asked for but we might as well dance while we're here!**

*Diabetes Chair, PCC Charlie Tate*

## A Strong Voice of Lionism Has Been Silenced

On July 9th we lost a legendary Lion, Don Bowers, a beloved member of the Eugene Downtown Lions. Don was the epitome of what Lionism is all about. He was a very loving and giving person who would volunteer to help anyone in need at the drop of a hat. He was well known by Oregon Lions as well as those scattered throughout the world.



A Celebration of Life was held for Don Bowers Thursday July 23rd at Willamette Christian Center. Among the people who spoke of their relationship with Don and the type of man he was were: Pastor Wayne Cordeiro; PDG Mary Lee Turner; Pat Lacey, one of Don's cousins and Don's daughter Janet Dennis.

The service ended with the United States Navy Honor Guard performing the final flag ceremony and a bugler playing Taps. When the flag was folded up, it was given to Don's widow, Vera, as it the tradition to give the flag to the next of kin of the veteran who died.

During his lifetime, Lion Don had a long and lasting effect on Lionism. He was one of the people who helped start the Oregon Lions Sight & Hearing Foundation Endowment Fund. Lion Don was also Chairman of the Oregon Lions Sight & Hearing Foundation in 1990-91 and he served on the Executive Committee and oversaw sweeping changes to improve its efficiency. He also chaired the

Patient Care Committee.

Beyond his Foundation work, Lion Don played a vital leadership role in MD-36. He served a term as Club President and, in 1982-83, he was District Governor in 36-R. Then he served as Multiple District Council Chairman in 1985-86.

Later in life, he remained an active Lion, helping with club projects, generously endowing a scholarship in his late wife's name (Faye) and assisting other clubs in their chartering and organization. He quietly served by visiting Lions in poor health, providing transportation for Lions who could not otherwise participate and making frequent trips from Eugene to Salem, carrying enucleated eyes to the Lions Eye Bank of Oregon. There is no doubt about the legacy left by Lion Don Bowers.

*submitted by Tim Chuey*

## The Can Can Spirit Award

The Elgin Lions Club recently received the Can Can Spirit Award from the District. The Can Can Award annually recognizes a club which displays spirit and efforts to help the community. Past District Governor Gerald Hopkins is pictured presenting the award to President Bob Thomas.



PDG Hopkins presents Bogart winner's plaque for Lions state Story Board competition

## Baker City Recognized for Story Board

Past District Governor Gerald Hopkins visited the Baker City Lions Club, recognizing them for winning the Story Board competition in District G and at the state level. Baker City Lions designed the board with pictures and articles describing the many activities occurring during the 2014-15 year. PDG Hopkins commented, "You should be proud to win this honor, with some out-

standing competition from the other districts. You can use this board at your many community events to display what the club is doing in the community." As a part of the reward, the Club was presented an antique lamp said to be one of three designed for Eleanor Roosevelt, but making its way to the Mohawk Historical Museum Society. Hopkins also gave the Club a plaque representing the Light of Sharing, which will be passed to a new club in a year.



PDG Hopkins presented the antique lamp with a letter of authenticity to President Mark Bogart

*submitted by PDG Gerald Hopkins*

## Leo Club for Mohawk Valley

The Leo Club of Mohawk Valley was chartered by Lions International on May 12th, 2015, with 12 charter members. District Governor Lion Darrell Scott officiated and Superintendent of Marcola School District Lion Bill Watkins hosted the event at Marcola High School. The Club is sponsored by the Mohawk Valley Lions Club and has the full support of the Marcola School District and staff.

The Club membership has grown to include 17 members of high school and junior high school age and the Club looks forward to growing even more once the school year begins. The Club has adopted the motto "Helping out one step at a time". The Leos are enthusiastic about their community and are active in maintaining the Veterans Memorial at the Lee Downing Memorial Park and holding regular clean-ups at nearby swimming holes (with a cooling swim afterwards!).

Leo Club mentors, Lions Laurie Smart and Jack Cooper, work closely with the members and their enthusiasm and direction are an inspiration to them.

At a recent work day when the members were

working on their float for the Mary Cole Celebration Parade, Leo President Cassidy Lance expressed the best part of being a Leo for her is, "The joy our work brings to the people" of the community and the feeling of "doing some real good". As a Leo member Cassidy says she's "having a good time, it's a blast." When asked why she feels a need to provide service, she said, "It's my home town, it's where I'm from so if I can help out the community it's what I do." About the Lions Club mentors Cassidy said, "The mentors are great. They taught us how to run a meeting and how to think on our own to help the community."

Leo member Tara Sanders mentioned that, "Being in the Leos will look good on my college applications. Most important, though, is that I'm doing something for the community." Cody Cooper added that, "It's cool that the Lions brought us a Club so we have something to do." Rachel Thompson agreed that, "We get to do stuff".

The Leo Club meets at 12:45 p.m. every Thursday at Marcola Elementary School during the summer.



## Bucket Challenge Issued by Elgin Lions Club

The Elgin Lions Club members have issued a challenge to all other clubs in the Multiple District.



**Lions Mike Garver and Daryl Hawes douse Lions Jared and Debbie Rogers**



**Lions Mike and Darlene Garver give the buckets to Sue and Bob Thomas**

the Elgin Lions are challenging other clubs to have a similar bucket challenge.

Take the ice bucket challenge! The Elgin Lions poured buckets of water over local members participating in the ALS (Lou Gehrig's disease)



**PDG Steve Oliver gets the bucket**

research at the Fountain Park in Elgin. Funds were raised from not wanting to be doused, paying to douse another member, or making a straight donation to ALS. Now

*submitted by Gerald Hopkins*

## Lions Booth at County Fair a Success

The La Grande Lions Club had another successful year running the Lions Booth at the Union County Fair held July 28- August 1. With doing prep work the week prior to the fair, this year the Club exceeded last year's gross total by \$2,254 and left us with a net income \$3,700. The event was spear-headed by Booth Chair Lion Marty Vavra, who also chaired the booth on Thursday. Other day-chairs were Lion Terry Hughes, Lion President John Howard and Lion Brent Lewis, who took on the responsibility of running the booth activities for one or more days. However, we



**Volunteers for Thursday were front (l-r) Louis Wright and Brady Cutler, La Grande High School Soccer players, Cheryl from US Bank, Lion Mary Horn and Day Chair Lion Marty Vavra. Back (l-r) Lion Wyatt Baum, grill master and La Grande High School Soccer player Connor Cutler.**

couldn't have done it without Lion Coy Sexton who coordinated the work schedules by contacting volunteers to fill the numerous shifts. The booth has to be manned from 10:00 a.m. to 10:00 p.m. daily.

Other credits go to Lions Gary and Carol Tate who ordered and delivered the food and supplies; to Lion Ryan Hildebrandt who coordinated the daily cash totals and to Lion John Howard and his wife Debby, Lion Marty, Lion Brent Lewis and Lion Russ West for either getting the booth ready and/or for clean-up afterwards. Thanks to all of the volunteers including the La Grande High School Soccer Team and employees from US Bank and Moda Health and to all of the Lion members and others who worked the shifts. We couldn't have done it without you!

With this year's earnings, the Club was able to purchase new signs for the booth and the remaining funds will go to our Sight and Hearing Programs.



**Lions Naomi Hillary and Chair Lion Terry Hughes cook up an order of onion rings**

*submitted by Nancy Van Sickle*

## Scholarships Awarded by Island City Lions

The Island City Lions awarded 3 scholarships to this year's graduating seniors. Marissa Carson received \$1,000; Grace Ridder and Meagan Bennett each received \$500. Academics and Community Service are the criteria for the scholarships.

Marissa Carson participated in National Honors Society program responding to Central Students letters to Santa, made a fishing booth for a children's carnival on Halloween, helped her elementary school with its school carnival and made pies for people in La Grande for Thanksgiving.

She worked with several groups in high school organizing community service projects that help out with local events and organizations. Marissa also had the opportunity to go to Haiti for two weeks to help the people of Haiti with sewing classes and with English translation classes, to make cloth diapers, to deliver rice and clothes to the mountain and to help make benches for some of the local Haitian schools. She plans to go to Eastern Oregon University for Speech and Language Pathology. President Dan Cosner presented her with her check at the July Meeting.



Marissa Carson receiving scholarship check from President Dan Cosner



Grace Ridder receiving scholarship check from President Dan Cosner

Grace Ridder was presented a scholarship check of \$500. Grace plans to attend Seattle Pacific and study art and design. She has volunteered time to Drug Free Relay, wrote letters from Santa for Central School, stuffed Easter eggs for the community Easter egg hunt for 2 years, painted a photo backdrop for a FBLA (Future Business Leaders of America) community, painted a mural as well as other set paintings, baked pies for Thanksgiving and gave Christmas items away to people in need and more. She plans to continue volunteering at the college level in community service.

Meagan Bennett was not able to attend but she also qualified for a \$500 scholarship. She has volunteered to rake leaves for community members; worked at Habitat for Humanity, Hospice and Next-Step Pregnancy; baked 15 pans of brownies for a local church camp and folded baby clothes for an organization supporting young mothers. She plans to study dental hygiene at Eastern Washington University.

The Island City Lions Club Hog Wild Days resources go for community improvement and scholarships to students that attended Island City Schools.

The sight and hearing funds come from Lions Club dues and other fundraisers.

*submitted by Glenna Sams*

## Lakeview Lions Club Celebrates Successful Auction

Lakeview Lions Club members and spouses gathered August 1st, 2015, for a barbeque and potluck party to celebrate another successful Lions Club Auction fundraiser. The Club raised over \$6,000 to support the Lake County Youth Mentor Program, the Union School Playground improvement project and the local sight and hearing fund.

*submitted by Andy Peavy*







## **Help Us "Keep the Promise"**

*Carleene Iverson, Chair*

At our recent OLSHF Trustee meeting in Rockaway we had the opportunity to select the Lions Clubs in our District that we as Trustees will visit during 2015-16. We'll strive to visit every Lions Club in MD-36 and share great information on how your Lions Club can utilize OLSHF programs.

Has your Lions Club had a Foundation presentation recently? If you haven't, you and your Club members will learn about the amazing growth of the Mobile Health Screening Program (MHSP) and how your Lions Club can use the state of the art technology that MHSP used to screen over 150,000 children throughout Oregon and northern California last year. You could also learn how to use the new Lions Eyeglass Assistance Program (LEAP) which will lower the cost for most Lions Clubs to provide new eyeglasses for people in need in your community.

If you have had a Foundation presentation recently we'd still like to visit and provide information on new ways to provide hearing aids and describe how children can receive eye exams and new eyeglasses at no cost to you through the statewide expansion of the KEX Kids Fund program. There's just no shortage of exciting OLSHF program information to share with you!

Trustees are now in the process of contacting Lions Clubs to schedule our visits but feel free to contact Melinda ([melinda@olshf.org](mailto:melinda@olshf.org)) or Doug ([doug@olshf.org](mailto:doug@olshf.org)) to find out which Trustee is planning to visit you. You can also call the Foundation at (503) 413-7399.

We look forward to seeing you and sharing how Lions Clubs and OLSHF work together to "Keep the Promise!"



## **Leadership that Will Live Forever**

*Doug Thompson, Executive Director*

Lions in Oregon and MD-36 recently lost two icons within a month of each other that provided decades of dedicated service to help people in need. We'll always be indebted to the leadership of Don Bowers and George DeHart.

Lion Don was a Eugene Downtown Lion and was Chair of the Foundation in 1990-1991. Don was legendary for asking the tough questions and often challenged others to accept a leadership role when the need existed. Don passed away on July 9th but his impact on the Foundation will live on. Don was one of a handful of Lions that had the vision of a OLSHF endowment fund in the 1980's, a fund that has now grown to \$7 million, ensuring that people in need will benefit from Foundation programs in perpetuity.

Lion George was a South Salem Lion and served as Chair of the Foundation in 2003-04. George was very successful in business in Salem over the years but confided to me on more than one occasion that he felt far more satisfaction from OLSHF's positive impact on people in need. More than 10 years since his term as Chair, George stayed in close contact with the Foundation, often calling out of the blue or even treating me to lunch just to gush about how proud he was with the growth of OLSHF programs and services. George passed away on August 14th and will be missed greatly.

Lion Don and Lion George are gone but they won't be forgotten. Their service will live on through our amazing sight and hearing programs and their leadership will be felt every time the Foundation helps a person in need.

## Our New LEAP Lab Arrives in Style!

### What is the LEAP Lab?

The LEAP Optical Finishing Lab serves clubs in all MD-36 Districts. Our mission is to help Lions Keep the Promise by providing high quality, low cost eyewear to serve those in need.

### What will it offer Lions Clubs and Your Community?

LEAP targets eligible adults meeting income criteria in the Lions Multiple District – the entire state of Oregon and part of Northern California. Our goal is for the LEAP Lab to be a more economical choice for Lions Clubs to serve more people. The Lab enhances the promise Lions made to Helen Keller to serve as Knights of the Blind.

### Which Clubs are on board so far?

- Astoria Lions Club
- Beavercreek Lions Club
- Beaverton Lions Club
- Bend-Sunrise Lions Club
- Central Lions Club
- District 36-O Task Force
- Gresham Breakfast Lions Club
- Milwaukie Lions Club
- Pendleton Lions Club
- Portland Downtown Lions Club
- Portland Legacy Lions Club
- St. Helens Lions Club
- Sutherlin Lions Club
- Troutdale Lions Club
- Tualatin Lions Club
- Waldport Lions Club
- Woodburn Lions Club



Dr. Scott Nehring and the Woodburn Lions, two of the newest members of the LEAP network.



Board Members, L to R, Robert Springer, Dale Bachman, Mary Fechtel, Brian Rangitsch, Board Chair Carleene Iverson enjoying their tour of the LEAP Optical Lab

### How does our network of providers help LEAP and the Lions?

- By providing discounted eye exams to pre-approved applicants through our LEAP Program
- Through ordering new glasses with the LEAP Optical Finishing Lab
- Each participating doctor carries their own demo frame kit consisting of 9 different styles with two color options each for men and women to choose when ordering from the LEAP Lab

### Questions? Ready to Join our LEAP Network?

Contact our Optical Program Staff for more information.

- Kelly Asbra, Optical Program Director  
email [Kelly@OLSHF.org](mailto:Kelly@OLSHF.org) / phone (503) 413-7627
- Katie Warren, Optical Program Manager  
email [Katie@OLSHF.org](mailto:Katie@OLSHF.org) / phone (503) 413-7623

Kelly and Katie are both Paraoptometrists (CPO/CPOA) and certified opticians (ABO).



Optical Program Manager Katie Warren taking measurements for our first LEAP Lab recipient!



## Back to School - Mobile Health Screening kicks into high gear!



### VOLUNTEERS NEEDED FOR SCHOOL VISION SCREENINGS THIS FALL!

During the program year 2014-15, our Mobile Health Screening Program screened **over 150,000 children!** OLSHF has accomplished this by successfully scheduling and coordinating each event with school nurses, district staff, and Lions Clubs. MHSP can now screen at multiple different locations in the same day thanks to increased regional staff throughout the state and an inventory of 34 SPOT photo screening devices.

**We could not have reached this capacity without help from local volunteers, like you!**

If you are interested in volunteering please call the Foundation at 503.413.7399 or send us an email at [Info@olshf.org](mailto:Info@olshf.org).

## Gifts & Memorials

### Lion & PRIDE Donors

#### Lion Champion: \$10,000 and above

The Oregon Community Foundation  
Juan Young Trust  
Mountain West Investment Corporation

#### Lion Heart: \$5,000-\$9,999

Doyle and Donna Shepherd Foundation

#### Lion Sentinel: \$1,000-\$2,499

Gresham Breakfast Lions Club  
Jason & Rebecca Horvat  
Sanford Health  
Waldport Lions Club

#### Lion Tamer: \$500-\$999

Beavercreek Lions Club  
Capital Premium Financing Inc.  
Central Lions Club  
Delta Gamma Foundation  
Doug Fiala  
John L. Pedersen  
McMinnville Lions Club  
Pendleton Lions Club  
Roseburg Lions Club  
Woodburn Lions Club

#### Lion Patron: \$100-\$499

Beaverton Lions Club  
Zachary P. Beckhusen  
Philip Cateora  
Garry Charbonneau  
Eye to Eye Clinic  
Harlen's Drywall  
Jefferson Lions Club  
Just Right Awards  
Kern & Thompson LLC  
McCoy Freightliner  
Oregon Dept. of Revenue Charitable Checkoff  
Portland Downtown Lions Foundation  
Dale & Mary Rollins  
William A. Stout  
Dennis & Judi Tichenor

### Lion & PRIDE Donors (cont.)

#### Lion Donor: Up to \$99

Ed & Sandy Gear  
Kroger  
Lake Oswego Lions Club  
Virginia M. Parker  
Larry E. & Deloris A. Rueber  
Sharon & Dale Rollins  
Roger & Paula Trueax  
Leslie & Margaret Tyo

#### Recurring PRIDE Donor

Rod and Debbie Bach  
John Anderson  
Gerald H. Caldwell  
Brian Rangitsch  
Sharon & Dale Rollins  
Dixie Sexton  
Jo Hallam  
Al & Becky Scott  
Hank Calhoun  
Jason Shaner  
Douglas Thompson  
Carlene Iverson  
Roger and Paula Trueax  
Charles Blanchard

### Memorials

#### In Memory of Don Bowers

Rod and Debbie Bach  
Betty Blais  
Susan & Richard Bowers  
Mary Alice Clark  
Janet & Terry Dennis  
George Price  
Golda Fabian  
Jim & Alison Gillespie  
Dennis & Martha Glaser  
Judith Grosenick  
Gene & Dorothy J Gustafson  
Eugene Hayden  
Ralph and Diane Jackson  
Mo & Patricia Jaffer  
John & Diane Landon  
Irene & Loren Leighton  
Lions Past District Governors Association  
L. Gerald Monroe  
Louis & Joeann Murphy  
James Newton  
Ralph & Janet Robinson  
Springfield Mohawk Lions Club  
Therese & Greg Stallings  
Roger and Paula Trueax  
James & Yvonne Wildish

#### In Memory of George Litzenberger

Susan Berg  
Ken and Barb Long  
Robert W Kuenzli  
Laurie Tipley  
Claudia White

#### In Memory of Irene Kucinski

Wilson 'Roy' Atkinson  
Edwina Swart & Karen Freitag

#### In Memory of Patti Laumand

Ronald and Charlene Larsen  
L. Gerald Monroe

### Gifts in Honor

#### In Honor of Alice Bender's 90th birthday

Judith Grosenick

#### In Honor of Walt Durham

Dr. Gerald and Mary Martha Hopkins

#### In Honor of Timothy McGlothlin

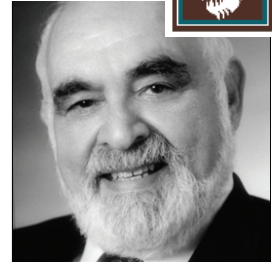
Dr. Gerald and Mary Martha Hopkins

#### In Honor of Bob Thomas

Dr. Gerald and Mary Martha Hopkins



Hall of Fame Gala 2015  
Inductees, L to R:  
Bill Taylor, Art Carroll,  
Keith Price, Carl  
Berry (posthumous)



## Save the Date!

OLSHF Annual Hall of Fame Gala • Saturday, October 3rd, 2015

**Celebrating Foundation achievements  
and honoring the newest inductees**

- 4:00 PM Reception
- 5:30 PM Dinner & Program
- Tualatin Country Club

### Sponsorship Opportunities

- Lion King Sponsor \$5,000
- Lion Heart Benefactor \$2,500
- Pride Table Sponsor \$1,000
- Individual Lion \$75



RSVP to Allison at [Allison@OLSHF.org](mailto:Allison@OLSHF.org) or mail your  
check payable to OLSHF by September 21st.



## Lions visible impact throughout Oregon and California coast



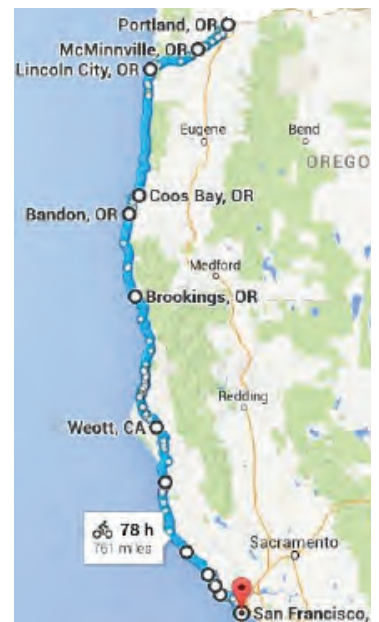
I've been dreaming about taking a coast bicycle tour for years, ever since my first tour from Portland to Bonners Ferry, Idaho 8 years ago. This summer, I took 3 weeks off and rode from Portland to San Francisco along the Pacific Coast. I took the trip for personal reasons: an exciting challenge, amazing scenery, camping in nature for 2-3 weeks... the list goes on.

What I hadn't imagined was thinking about "work" along the way. As I rolled along toward the coast for two days and then followed the shoreline, I was constantly reminded of my connection to Lions

and Lions presence everywhere, from small coastal towns to big cities. From schools we've screened at, to landmarks of a Lions Club, to cities & towns where our field staff members live, I felt a huge sense of pride. My entire journey was a personal adventure, and at the same time, an exploration of Lion's geography: a powerful reminder of how we help change the lives of underserved communities every day.

As I left Portland headed southwest towards the coast, I passed 3 schools where we've screened the past several years. I encountered Durham and Tigard Elementary, of the Tigard/Tualatin school district in the Portland-metro area. Durham is one of the earliest screenings I attended, at a time when I was still becoming familiar with our process. The Foundation was then transitioning from light box and eyecharts to SPOT photo screeners. Further down the road, I went through McMinnville. I rode right by Newby Elementary where our MHSP staff had evaluated how the SPOT could improve our process & efficiency for both vision & hearing screenings.

- Matt Phillips, Data and Technology Manager for OLSHF's MHSP Program



[Continue following Matt's journey at [www.OLSHF.org](http://www.OLSHF.org)]



## Enterprise-Joseph Lions Install Officers and Plan Projects

Officers of the Enterprise-Joseph Lions were installed for the 2015-16 year. Past District Governor Gerald Hopkins installed Jerold Hustafa, President; Charlie Kissinger, Vice-President; Brian Oliver, Secretary and Bill Nickell, Treasurer.

A discussion followed on the plans for the new year, which included organizing for Cycle Oregon participants, who arrive on September 17th and leave on the 18th. The Lions will be cleaning up the grounds following the last leg of the cyclists. It was suggested by members that a salmon feed be held for the group during their layover and a committee was formed to plan the event and get the information to Cycle Oregon. A major portion of the discussion centered around the Fergi Ski area, which the Lions hope to acquire within 18 months. Members will meet to continue cleaning an area of 18 acres with the purpose of thinning, cutting trash and making burn piles for a later date. Chair Kissinger told the group that the project was "doable," but would require a few weekends of the Lion volunteers working together to achieve those goals.

The Lions asked Hopkins what assistance might be available for the large number of requests for glasses. Since referrals were taking place throughout Wallowa County, PDG Hopkins encouraged the Sight and Hearing Chairman to work with the Club to be selective on the numbers they could afford. He also stated that a lens laboratory was being constructed by the Sight and Hearing Foundation and that it was the hope of Oregon Lions to cut the costs by two-thirds for individual Lion clubs.

*submitted by PDG Gerald Hopkins*



Lions PDG Steve Oliver (left) and Charlie Kissinger (center) show gag gifts presented by DG Hopkins

## Island City Lions Club Welcomes New Member

President Dan Cosner inducted new member Bryan McNally (left) into the Island City Lions. This brings the 5th new member into the Club in the last 3 months.



*submitted by Glenna Sams*

## Hood River Eye Openers Stay Busy

The Hood River Eye Opener Lions Club has been busy raising money for various causes! The Old Fashioned 4th of July Fireworks were held at the Port of Hood River, shooting off some \$15,000 of fireworks with over 20 members and assistants doing the work. This easily equates into a \$50,000 show as all the work is donated!

The very next weekend the Hood River Eye Openers were busy cooking for the WAAAM Traffic Jam at the Western Antique Aeroplane and Automobile Museum. Cooking meals has truly become a way of life for the Lions during the warmer months of spring and summer, all the while earning money for donations going back into the greater Hood River Community. This cookout brought in \$1,600 plus for the Hood River Eye Openers, who served pancakes, sausage, scrambled eggs, with coffee and OJ for breakfast, as well as hamburgers and hot dogs for lunch. Lions volunteers, along with several great Hood River Leos, worked hard to make it all happen including assistance from two Youth Exchange participants

- Samuele Meoni from Italy and Lennart Feldmeyer from Germany.

DG Paul Zastrow annually hosts several young people from Europe in this great program and ensures that they have a varied experience while in Oregon: from visiting the Coast and Crater Lake, to watching baseball and attending a rodeo.



Youth Exchangees Samuele and Lennart help serve lunch

*submitted by DG Paul Zastrow*

## CENTENNIAL MEMBERSHIP AWARDS

Lions Clubs International is about to celebrate 100 years of service! MD 36 is excited about being a part of the worldwide CELEBRATION! The Centennial Celebration Membership Awards provide all Lions and Lions clubs the opportunity to earn special *Limited Edition* awards for inviting new members and helping to organize new clubs. The Awards program begins on April 1, 2015 and ends on June 30, 2018.

### INVITE A NEW MEMBER!

Sponsor a new member and be immediately recognized as a Centennial Sponsor to receive a *Limited Edition* pin and certificate.

### HELP CHARTER A NEW CLUB

Help organize a new club and be immediately recognized as a Centennial Club Organizer to receive a *Limited Edition* pin and certificate.

### INDIVIDUAL LION RECOGNITION

After a Lion completes one of the above actions, they automatically qualify to earn progressive levels of Centennial Lion Awards:

**Silver** Centennial Lion – Earned once the new member/club remains in good standing for a consecutive year and a day

**Gold** Centennial Lion – Earned once the new member/club remains in good standing for two consecutive years and a day

**Diamond** Centennial Lion – Earned once the new member/club remains in good standing for three consecutive years and a day

### LIONS CLUB RECOGNITION

**PREMIER** Centennial Club:

Induct at least three (3) new members during a fiscal year during the Centennial Celebration, and the new members remain active for two years and a day.

OR

Sponsor a new Lions club during the Centennial Celebration and the new club remains active for two years and a day.

**WORLD CLASS** Centennial Club:

Induct at least three new members in each of three fiscal years of the Centennial Celebration, and the new members remain in good standing throughout the Centennial Celebration.

AND

Sponsor a new Lions club during at least one of the fiscal years of the Centennial Celebration and the new club remains active for a year and a day.

Special honors await those Lions and clubs who reach the above goals as new members are added to our clubs – it's time for all Lions to reach out for members!

### INVITE A NEW MEMBER!



# 10<sup>TH</sup> ANNUAL JUNCTION CITY LIONS BENEFIT 4 PERSON GOLF SCRAMBLE

**SUNDAY OCTOBER 4<sup>TH</sup> 2015 9AM SHOTGUN**



## **DIAMOND WOODS GOLF COURSE**

**96040 Territorial Rd. Monroe, OR. 97456 Phone: 541-998-9707 [www.diamondwoods.com](http://www.diamondwoods.com)**

### **ENTRY FEES**

**\$340 Team entry or \$85 Per Individual Includes:** Golf, Cart, Tee Prize, Continental Breakfast, Steak Dinner, Hole in One Prizes, Skill Prizes, Putting Contest, Rolling of the Balls Contest and more! **AWESOME RAFFLE & SILENT AUCTION!**

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<u>NAME</u>	<u>PHONE</u>	<u>NAME of GUEST</u>
-------------	--------------	----------------------

- |    |  |  |
|----|--|--|
| 1. |  |  |
| 2. |  |  |
| 3. |  |  |
| 4. |  |  |

**NON-GOLFING GUESTS WELCOME FOR STEAK DINNER COST: \$15.00**

### **PAYMENT MUST ACCOMPANY ENTRY FROM**

**TEAM ENTRY FEE: \$340\_\_\_\_\_**

**INDIVIDUAL ENTRY FEE: \$85\_\_\_\_\_**

**EXTRA MEALS: \$15\_\_\_\_\_**

**TOTAL ENCLOSED:\_\_\_\_\_**

**MAIL ENTRY & CHECKS TO: JUNCTION CITY LIONS GOLF TOURNEY**

**PO BOX 1 Junction City, OR 97448**

**CONTACT: LION DAVE ZECH 541-729-9358**

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11. Tax Status (For completion by nonprofit organizations authorized to mail at nonprofit rates) (Check one) <input type="checkbox"/> This purpose, function, and nonprofit status of this organization and the exempt status for federal income tax purposes: <input type="checkbox"/> Has Not Changed During Preceding 12 Months <input type="checkbox"/> Has Changed During Preceding 12 Months (Publisher must submit explanation of change with this statement)											

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13. Publication Title <b>The Oregon Lion</b>		14. Issue Date for Circulation Data Below <b>September 2015</b>	
15. Extent and Nature of Circulation		Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)		3984	3946
b. Paid Circulation (By Mail)			
(1)	Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (Include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	3580	3560
(2)	Mailed In-County Paid Subscriptions Stated on PS Form 3541 (Include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	379	361
(3)	Paid Distribution Outside the Mails including Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS®	N/A	N/A
(4)	Paid Distribution by Other Classes of Mail Through the USPS (e.g., First-Class Mail®)	N/A	N/A
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4))		3959	3921
d. Free or Nominal Rate Distribution (By Mail)			
(1)	Free or Nominal Rate Outside-County Copies included on PS Form 3541	N/A	N/A
(2)	Free or Nominal Rate In-County Copies included on PS Form 3541	N/A	N/A
(3)	Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g., First-Class Mail)	N/A	N/A
(4)	Free or Nominal Rate Distribution Outside the Mail (Carriers or other means)	N/A	N/A
e. Total Free or Nominal Rate Distribution (Sum of 15d (1), (2), (3) and (4))		N/A	N/A
f. Total Distribution (Sum of 15c and 15e)		3959	3921
g. Copies not Distributed (See instructions to Publishers #4 (page #3))		25	25
h. Total (Sum of 15f and g)		3984	3946
i. Percent Paid (15c divided by 15f times 100)		100%	100%
16. Electronic Copy Circulation		Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
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I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).			

## Grants Pass Lions Club Awards Scholarships

The 2015 annual scholarships from the Grants Pass Lions Club have been awarded. These \$1,000 scholarships are awarded to an outstanding student from each area high school and also Rogue Community College (RCC). Three students from each high school were presented to the Grants Pass Lions Club throughout the school year. One student from each high school was finally selected. From RCC, the college selected an adult, who qualified for "life changing education".

Chosen as scholarship winners were Calvin Jarvis of Hidden Valley High School, Taylor Mashore of North Valley High School and Brooke Blacksmith of Grants Pass High School. Heidi Soroken was chosen by RCC. To all these students, the Grants Pass Lions Club says, "Congratulations!"

## Two District G Clubs Recognized for Centennial Challenge

The Dalles and Weston McEwen Lions have received word from Frank Moore III, Past International President, that they have reached the Centennial Service Challenge. The goal is to benefit 100 million people by June, 2018. The patches are earned based on the completion of youth, vision, hunger and environmental projects, which are reported to MyLCI. Both The Dalles and Weston McEwen have already completed projects in all four of the service areas and have received their four-diamond patch for the current Lion Year.

Other patches earned by clubs in the District will be sent after the results of the fiscal year have been tabulated in August, 2015. Patches earned by the District will be set to Council Chairpersons for distribution to the Districts.

submitted by PDG Gerald Hopkins

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## Rockaway Lions and Garibaldi Lions Enjoy a Summer Picnic Together

The Rockaway Lions Club joined the Garibaldi Lions Club at a picnic at the Vandecoeverings's on the Miami River. We enjoyed a wonderful meal of fresh oysters, tuna, salads, beans and dessert. It was a relaxing time beside the rippling Miami River and



The food line



Yummy oysters

wonderful weather sharing with friends who work hard helping to make this world a better place. We thank the Garibaldi Lions for inviting us to share this special place with them. Rumor has it that Lion George Belnap had 41 oysters and Lion Bob Dempster out did him at 50. Was this true?

*submitted by Gloria Tarnasky*

## It's Official

Cabinet Secretary Trudy Tallman strips the ribbon from DG Paul Zastrow's badge at the appropriate time during the last Plenary Session at the Lions Clubs International Convention in Honolulu, Hawaii. The ceremony is the last event during the International Convention and officially brings the 740 plus District Governors into their year as District leaders.



## Elgin Fireworks Booth a Huge Success



Scott Ludwig and Linda Johnson take shifts at the Elgin Lions Fireworks booth