



Serving members of MD36 Oregon and Northern CA

September, 2019 Volume 2/19-20

Swimming and Water Safety Lessons Emerge as New Project for Mt. Hood Lions



Swim lessons held at Camp Arrah Wanna

See Story p. 15

Here's a Club Idea



PCC Steve Oliver shows his insurance badge and saves himself from the fine.

See Story p. 20

Purses and Toiletries Make Their Way to Five Central Oregon Agencies



Lion Sue Mose and DG Gary Mose drop off toiletries at Saving Grace

See Story on back page

ANNIVERSARIES

September and October 2019 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

September

Portland Hollywood	September 12, 1928
Enterprise/Joseph	September 9, 1929
Stayton	September 1, 1938
Central	September 2, 1938
Ashland	September 13, 1938
Silverton	September 27, 1938
Prineville	September 20, 1938
Keizer	September 15, 1950
Bandon	September 15, 1951
Albany East	September 27, 1951
Rockaway	September 12, 1955
Jefferson	September 28, 2009
Portland Legacy	September 25, 2014
Redmond Sunshine	September 24, 2016

October

Klamath Falls	October 14, 1927
Myrtle Point	October 5, 1928
Roseburg	October 12, 1928
Forest Grove	October 15, 1946
Lake Oswego	October 16, 1946
Milwaukie	October 28, 1948
Springfield	October 10, 1950
St. Helens	October 10, 1955
Jordan Valley	October 13, 1970
Wallowa	October 15, 1973



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MONTHLY CALENDARS

MEETINGS

September

- 12 OLSHF Patient Care Comm. mtg.
- 30 SOLSHC Board mtg. @ 5:30pm

October

- 10 OLSHF Patient Care Comm. mtg.
- 12 District G Cabinet mtg. 10am-noon, Bob's Texas T-Bone, Rufus
- 28 SOLSHC Board mtg. @ 5:30pm

EVENTS

September

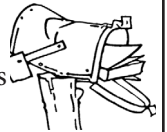
- 2 Labor Day Observed - HQ office closed
- 10 The *Oregon Lion* deadline (for October online issue)

October

- 7 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave., NE @ 6pm
- 10 The *Oregon Lion* deadline (for November issue)

Are You Moving? Have You Moved?

MD-36 will need a few days to change your address. Please provide your former address as well as your new address preferably by attaching a label from a recent issue of The Oregon Lion Magazine in the space outlined below.



ATTACH YOUR ADDRESS LABEL HERE

Name (pls print): _____

New Address: _____

City: _____ State: _____ Zip: _____

Former Address: _____

Lions Club: _____

Mail this entire form to: The Oregon Lion,
PO Box 51345, Eugene, OR 97405

Council Chair News



Sharon Rollins

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Creating Harmony Through Service

Stories. Humankind has used the method of stories to record history – oral history – down through the ages. How many of you remember hearing stories of your families from parents or grandparents? How many of you enjoyed reading books as a child that told stories of people beginning a new life away from family and friends (think of Laura Ingalls Wilder) – written history?

Immediate Past President and chair of LCIF Gundrun Ygnvadottir shared her thoughts about the importance of storytelling in a communication this summer. “Storytelling is ever-important for our Foundation. It is how Lions – and non-Lions – understand the importance of both doing and giving. Storytelling moves us to take action. Hearing the heartwarming story of a child seeing clearly for the first time in their life is what makes us want to be a part of it all”.

Lions of MD 36, let's be storytellers! An article describing a new Multiple District project was included In the July/August Oregon Lion Magazine, on page 10. The four District Governors would like each of you to write a story describing your “Aha” moment, the time when you became a Lion in your heart. Each of these stories will be gathered by the District Governors, shared within the Districts and all of the stories will be included in a printed book. (Please read the article for the details).

Let's use this opportunity to let each other, and the wider audience who will purchase this book of stories, understand through our words what it means to support our youth, give vision to those who can't see their world clearly, provide needed food for a family, and more. Our words will become a part of the written history of Lions.

And – a possible surprise for MD 36 Lions! PIP Gudrun may be our International representative to the MD 36 convention, to be held May 15 and 16, 2020 at Seven Feathers in Canyonville! PIP Gudrun, as Chair of LCIF, is asking clubs to support LCIF through awarding the Melvin Jones Fellow award to an increased number of club members this year. Wouldn't it be wonderful for PIP Gudrun, or another International Director, to award those Melvin Jones Fellows in person

at our convention? Awards can be to a new recipient and can also be Progressive Melvin Jones Fellow awards. Can we set a goal of 50 MJF awards for PIP Gudrun to present in person? Of course we can – if every club awards one MJF, we'll far surpass that goal! Details about this project will follow very soon.

Our Lions year is off to a strong start; stories of service are being created all over our MD. Let's continue to keep our clubs vital and active in our communities and invite new members to join in the stories of Lions service!

Directory Corrections

- p. 12 Add PDG Wesley King as a member of the Policy Manual committee for District E
- p. 37 Mapleton Lions Club Cindy Haberman is now President and James Grano is now Secretary
- p. 43 Grants Pass Club now meeting on the 2nd and 4th Tuesdays each month at noon.
- p. 48 #18 Int'l Understanding & Cooperation for District E will be PDG Vicki Smith
#21 Nominating Committee for District E, please remove PDG Gerald Hopkins and replace with PDG Phyllis Carlin
- p. 74 District O Cab. mtg is now November 9, same time, but at Legacy Good Samaritan Hospital
- p. 76 District O Cab mtg on April 18 Location is TBA
- p. 85 Caldwell, Gerald new address 1400 NE 2nd Ave., Apt. 821, Portland, OR 97232 and new phone is 503.239.3326
- p. 88 Dowd, Brian has a new email of bordercolliepitbull@gmail.com
- p. 91 Add Grano, James, 88158 Riverview Avenue, Mapleton, OR 97453 B) 541.268.9954 ~jgrano4@yahoo.com
- p. 93 Henderson, Elaine has new email of donelainehenderson@gmail.com
- p. 94 Hulings, Chuck has new address 2530 E McAndrews Rd #113, Medford, OR 97504 and new email of lionhulings@yahoo.com
- p. 95 Hustafa, Jerold, delete residence phone number and replace with C) 541.398.0958
- p.103 Phelps, Connie new email cafkap2@peak.org
Piper, Billy please delete the cell phone
- p.104 Plummer, Jeff new address of PO Box 566, Winchester, OR 97497
Reese, Kristen new email kristinr@hrecn.net

Magazine Corrections

- p. 10 July-August issue - Guiding Lamp Award article was submitted by DG Bob Chaney

District O - Northwest - North Coast



District O Governor Column
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What a wonderful adventure it is to visit the great Lions clubs of District O. Gresham Breakfast has a young mother who brings her three -year old son to the meetings to ring the bell. She was secretary 2 years and now is 3rd vice president. A family club membership allows a mother to serve her community and bring up a future Lion at the same time. Portland Metro (Korean Club) is an example of bridging differences, connecting people and embracing diversity. Our International President Dr. Jung-Yul Choi is very proud of his fellow Korean Lions in Portland. They demonstrate the belief of "the greater good through diversity". I believe in creating harmony through service for our whole MD 36.

My club visitation program focuses on well-trained and supported leadership development, which includes equity and inclusiveness leadership training. We serve culturally diverse communities and need to be ready with the tools to do the service in the most appropriate way, for example, having Spanish language applications with sight and hearing kits and support in processing them.

Service is about sharing your passion. Leadership is about sharing your passion. Marketing membership is about sharing your passion. Share Your Passion.

District R - Willamette Valley - Central Coast



District R Governor Column
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Greetings Fellow Lions,

WOW!! As summer winds down and school starts all across the state, it's fitting that September is Vision Awareness and Membership Growth Month. As we begin screenings in our schools, just remember in Oregon we screened over 180,000 children last year (approximately 35% of the children in Oregon schools). That includes almost 40,000 in District R and, with a referral rate of approximately 10% for additional screening, that is a lot of children who need our help. During screening we run the spots, help get classes and organize the lines (play traffic cop), all to make the screenings process go as efficiently as possible. What a great process as "WE SERVE" our communities. And next year as funding increases from the state we could be even busier as we begin hopefully screening even more children (possible as high as 70%). That alone will really keep us busy.

Remember Membership Awareness as you're doing those school screenings. Talk to the moms, dads, grandparents, teachers and administrators about Lions. Make sure they know what we do for the community, state and LCIF. Tell our story every time you can. Invite them to another event or a club meeting. Get their name and phone number so we can contact them again.

On September 19-21 many of us will be going to the USA/CANADA Forum in Spokane Washington. There is still time to sign up. It's a great training event and close by. Hope to see you there.

October 15 is White Cane Awareness Day. A lot of work by Lion Mark Ritacco of the Lake Grove Lions has resulted in matching monies for anything up to \$10,000 raised that day in support of our Oregon Lions Sight and Hearing Foundation. PLEASE, PLEASE!!!, as a club consider a donation that day or hold an event in support of this cause for our Foundation.

And don't forget publicizing your club's events. Send a flyer copy to PDG Tom Hilgers so we can get the information out via the Constant Contact Email.

As this adventure continues during this year, I am impressed everyday with what our clubs are doing. Remember "We Serve Through Teamwork" is my motto for a reason. Thank you all for everything you do for Lions.

DG Steve

District E - Southern - South Coast



District E Governor Column Bob Chaney

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As you read this, the first month of my traversing throughout southern Oregon will have been recorded on my odometer and 10 clubs will have experienced the déjà vu of seeing me all over again. It has been very refreshing to visit with some of these clubs that I haven't had the pleasure of conversing with for two years. It is by far the best aspect of being District Governor.

Those of you who have known me for any length of time know that I feel that the District Governor and his team are there to provide assistance to the clubs and not to "govern". As I visit clubs, I try to make this known. Yes, there are times when governing is necessary, and we are charged with the financial and general welfare of the district.

What I really want to talk about is one of the questions that keeps coming up in my visits. How do we answer the question of why should I pay to volunteer?

There are several ways to answer this. One is to talk about how dues provide the finances for the assistance to clubs from the district, multiple district and international levels, via free training from all three levels, grants from LCI and other assistance such as legal and insurance.

Another way is to point out that they are not paying to be a volunteer but rather they are gaining membership in the largest and most respected service organization in the world and with this membership they are receiving all the benefits of LCI.

Sometimes potential members get caught up in the enormity of the amount of the dues per year. It can be overwhelming to some that they have to pay the initiation fee then the pro-rated dues. What I like to do is break it down for them in easy terms. So, I use the analogy from an old credit card ad in terms of what you would be giving up monthly to pay for your \$75 Lions membership dues per year:

One chocolate mocha latte \$7 per month

A family trip to McDonalds \$20 per month

Compare this to: Assisting in helping a person see or hear
-- PRICELESS

We had our first cabinet meeting in Bonanza on August 10, and it was well attended. That was followed by the first Council of Governors' meeting in Yachats August 17 and coming up this month in Spokane is the USA/Canada Forum.

The final thing I would like to touch on is The Guiding Lamp Award contest. As most of you are aware this year the district governors are asking Lions throughout the multiple district to write their Lions story and submit them. Yes, there will be one story per district chosen to represent the respective district but all, let me say that again, ALL stories will be compiled and published in a book and sold with all proceeds going to the support of MD36 Lions efforts. So please write your story and submit it to me or any one of the district officers.

We are well on our way to Restoring the Roar and now it's time to continue to Rock the Roar!

District G - Central - Eastern Oregon



District G Governor Column Gary Mose

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LCI Convention in Milan was a great experience. I brought back new ideas from seminars we attended and I'll be sharing information during club visits. July-October is busy with club visits. I visited Madras in July and Jordan Valley, Elgin, Enterprise/Joseph, La Grande, Westin-McEwen, Island City, Pendleton, and Baker City, Council of Governors and Global Action Team meetings in Yachats in August. Zone Chair Joe Foran accompanied me on my visit to the Madras club. Baker City Lions will be celebrating their 80th Charter Anniversary August 29. I'm looking forward to being a part of their celebration!

I visited the Jordan Valley Lions on August 7 and had the pleasure of swearing in 4 of 7 new members. Jordan Valley is considering a new club house addition and will be researching grant funding options through LCI and others.

My team has been working to bring a Lions club back to Dufur. We're also looking at a possible Leo's club. Dufur used to have a very active Lions club. We are also looking to bring clubs back to John Day, and Milton-Freewater this year. Global Membership Chair PCC Steve Oliver will be working on this, as well as, helping the Sherman County Lions and Redmond Sunshine Lions grow membership. If you have a club that is struggling or needs assistance increasing membership, please contact GMT Chair PCC Steve Oliver, or any of my Global Action Team.

My first Cabinet meeting was held August 10 in La Grande. It was a very productive meeting. President, Secretary, Treasurer and 1VDG training was held after lunch. Ten Lions took part in the training sessions.

As you know, I've made Pediatric Cancer my DG service project. In addition to our t-shirt sale fundraiser, we're adding a service project to the 36G Convention: collecting new store-bought or handmade quilts/blankets/afghans for The Linus Project or Lions Earth Angels for seriously ill, traumatized, or otherwise in need children of all ages. Please join me in supporting this service project.

Recently, I learned about a Prineville police officer's infant daughter who is at Doernbecher Children's Hospital fighting cancer. Lions, please keep her and her family in your prayers. Cards or letters of support may be sent to the family via the Prineville Lions Club.

"That's What It's All About." DG Gary Mose

Something for Everyone at Elgin Riverfest

Warm weather greeted participants at the annual Elgin Riverfest and there was a variety of events during the weekend.

Activities kicked off at 7:00 a.m. with the Fireman's "All You Can Eat" breakfast including pancakes, sausages, scrambled eggs, coffee and juice. Visitors could then move to the annual quilt show in the Elgin High School gym showing a variety of quilts from Thursday through Saturday.

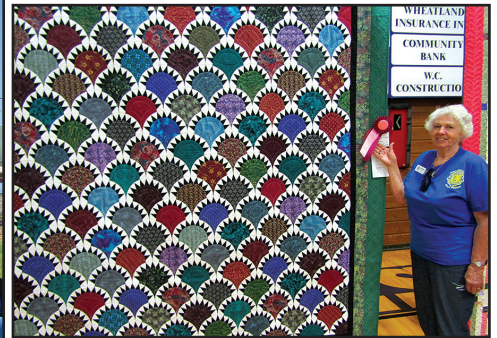
Free rides on the Duck Train, free entrance to a bouncy house for children, free books for all and free entrance to the car show all contributed to an enjoyable family day. The Lions Car Show, located near the Community Center, began at 9:00 a.m. and finished at 2:30 with participants heading on to other shows. Old time engines and tractors were also displayed in the field. Classifications included pre-1930, 1930-1949, 1950-1959, 1960-1972, 1973-1980, 1981-2018, Rat Rod, Custom Owner/Builder and International Flair. Chairman for the car show, PCC Steve Oliver, stated there were more entries and visitors than any of the previous years.



The 1941 Buick Coupe is displayed by Larry Hellyen of La Grande.



Lions Susie Harris and Daryl Hawes man the Bouncy house for the kids.



Lion Barbara Hawes stands beside the Judges Choice quilt winner. The quilt was designed by Bev Gordon of Elgin and titled "Glorious Clams."

Although the Duck Derby was moved to a large tub in the park due to unpredictability of water levels in the creeks, names were drawn from the whirling waters with the winners: Becky Churchill, Kathy Arrant, and Shelly Spoelstra. What would be the odds of four winning tickets drawn from the 1,000 ducks in the pond? Churchill's ducks were drawn for 1st, 2nd, 3rd and 5th place.

A grand opening for the new museum was held all day Saturday. Museum President PDG Gerald Hopkins estimated approximately 250-260 persons attended the ceremony.

Approximately 30 yard sales abounded throughout the city and the Lions provided a map of where the treasurers could be found.

The Eagle Cap Excursion Train wound its way up the Minam River to recognize Father's Day. Class reunions were held in the evening for Elgin graduates.



Antique engines and tractors lined the field



Stacy Miller drives the 1960's ice cream wagon around the car show grounds



Lion James Johnston is engineer for the Lions' Duck Train

submitted by PDG Gerald Hopkins

Breakfast Celebration for 70th Anniversary

Lake Oswego Lions Club 70th Anniversary Pancake Breakfast was held July 4 at George Rogers Park. Red, White and Blue were the colors of the day and Lion Teddy-June Smith found her new glasses to wear.



(l-r) Renee Kerr and Paula Schiedler



Genevieve Ford wearing a sandwich board at the Farmer's Market.



Lion Dane Parriera preparing hats to handout to people

Many residents attending this event also brought their used eye glasses, hearing aids and eye glass cases.

This was the third year for our musicians, Brent Rogers & KJ Miller Duo. We always have a raffle of a garden plaque made by Lion Faye Lloyd to benefit the veterans and their new memorial in Foothills Park. Lion Dane Parreira helped sell those tickets. Over \$500 was collected for this charity. Special this year was a brilliant red Ford Mustang car as one of the highlights on the field. This car had been painted and refurbished by local veterans.

Pancakes, sausages, orange juice and coffee were served. Donations at the table for diabetes amounted to over \$300 this year. Special tables were set up to honor veterans and their families. West Linn Lions assisted at the sausage station.

Proceeds were over \$17,000 to be applied to Lake Oswego Lions Club charities.

A great celebration was enjoyed by everyone.



A brilliant red Ford Mustang painted and refurbished by local veterans.



(l-r) Gretchen and Greg Olson working the grill on July 4th

submitted by Genevieve Ford

Get to know a Lions VisionGift staffer

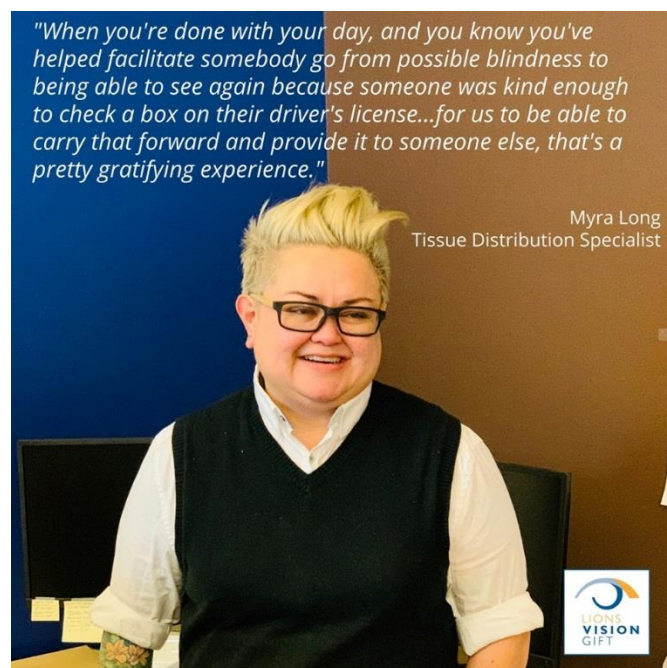


"I went into research because I wanted to do something that makes a positive difference in someone else's life, and I get to that every day here."

*~ Khoa Tran,
Research & Development Scientist*

"When you're done with your day, and you know you've helped facilitate somebody go from possible blindness to being able to see again because someone was kind enough to check a box on their driver's license...for us to be able to carry that forward and provide it to someone else, that's pretty gratifying experience."

~ Myra Long, Tissue Distribution Specialist



submitted by Matt Webber

You, Me and the D!

Hello Everyone.

The diabetes article for September's issue of the Oregon Lion magazine is being submitted by PCC Charlie Tate. MD36 Diabetes Chair PDG Garry Charbonneau asked if I would assume this responsibility for the September and December issues. I am more than happy to accept this responsibility as I have great respect for Lion Garry's leadership and have let him know he can contact me anytime for assistance. Following is an article which offers several tips and tricks to simplify healthy eating.

Healthy Eating Hacks

By Ellen Liskov, MPH, CDE

Registered Dietitian Ellen Liskov, MPH, CDE, Outpatient Nutrition Specialist at Yale New Haven Health, offers her best tips and tricks to simplify healthy eating:

- **Make Mason Jar Magic.** Next time you make a salad for dinner, make another salad for the next day in a quart-size mason jar. Layering it the right way will keep it crisp and fresh. Add salad dressing ingredients first, followed by the "wettest" salad ingredients such as tomatoes and cucumbers. Next add protein such as chicken or black beans left over from a previous meal, followed by cooked grains if you have them, and end with a large layer of salad greens. Combine just before eating.
- **Master a Vinaigrette.** Quick homemade dressings transform salads and other veggies. The typical proportion is one part acid (such as vinegar or lemon juice) to three parts oil (such as olive oil, canola, or grapeseed), though you can adjust to taste. Add herbs or other flavors, such as a pinch of Italian seasoning, red pepper flakes, or cumin.
- **Cook Once, Eat Twice.** Get in the habit of reusing leftovers for a second meal. For example, roast a chicken one night to eat with vegetables. On night two, combine leftover chicken with red peppers and onions and a sprinkle of cheese on tortillas for quesadillas. Or add the chicken to salads or sandwiches.
- **Have Backup.** Always keep your pantry or fridge stocked with the ingredients for one simple, no-big deal meal for those evenings when everyone's famished and impatient. Liskov's go-tos are a spinach-and-cheese omelet and whole-grain toast, or whole-grain or chickpea pasta, frozen veggies, and leftover chicken. "If it stops you from calling for takeout or going out for a burger and fries, it's worth it," she says. Food you make at home is likely to be healthier and cheaper, she adds.
- **Dust Off the Slow Cooker.** Use it to make soups and stews. Liskov recommends assembling the ingredients in the lift-out crock on Sunday night and storing it in the fridge so that it's ready to plug in on a busy Tuesday morning.

as submitted to Diabetes at Walgreens, Winter 2018

*submitted by PCC Charlie Tate
Feel free to contact me at my cell: 503.409.1861 or my email: commonstate@hotmail.com*

"It's not what you get, but what you give that's important in life." Author unknown.

Demolition Derby Provides Heaps of Excitement

The Bend/Sunrise Lions held their 49th annual Demolition Derby on Father's Day with a capacity crowd in the stands and a large group of "cars" of various sizes taking part in 5 heats. The derby is the biggest fund raiser for the club in support of activities in the Bend/Redmond area.



Driver proposes during half time and she said YES.

This year there was a first, one driver asked if it would be possible to propose to his girlfriend during the half time break (which he did). He had the ring in his boot and got down on his knee in the mud. She said YES.

Now we have to see what happens next year during our 50th Derby.

submitted by Russ Chase, Past President

Huntington Lions Catfish Derby

Going through the "rings of fire," the Huntington Lions managed to pull off their annual Catfish Derby. An arsonist torched the historic buildings of Huntington's main street the night before the Catfish Derby was to begin. Lion Chair Mike Raney was awakened at 4:30 a.m. by the city's mayor, stating the fire on the main street would affect the location for the annual event. Working through a situation of relocating vendors and activities was a daunting task, but true to Lionism, Raney and his fellow club members were up to the task of regrouping for the event. Fortunately, as the fire was controlled, the club was able to continue the Derby in the Lions Park, across the street from the torched buildings.

"We are down in numbers of entries this year, but still doing well," Raney noted. The 34th Annual Huntington Catfish Tournament continued with the many activities of the flea market, Lions BINGO, Duck Derby and more.

Mike Hovey of Emmett, Idaho, was the winner of the senior division. He hauled in a "cat" weighing 33.11 pounds. Winner of the junior division was Brody Brooks of Caldwell, Idaho, with a catch of 23.1 pounds.

The Huntington Lions Club has been holding their annual Catfish Derby on the Brownlee pool of the Snake River since 1985. The daily winners received cash prizes and the largest catfish scored not only a trophy, but a \$500 added prize.

All catfish must be alive when weighed for the event. Following the recording of the fish, they are returned and released back into the river.



Fire still smolders in Huntington's historic block



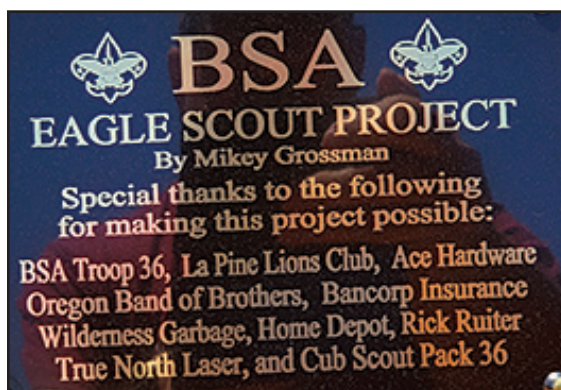
Junior division Brody Brooks of Caldwell holds his 23.1 pound cat



Mike Hovey of Emmett, Idaho, received the trophy from Raney

submitted by PDG Gerald Hopkins

La Pine Scout Troop 36 Eagle Project



Scout Mikey Grossman of La Pine's Boy Scout Troop 36 visited the club last fall to give a report on his 2019 Eagle Scout project - to beautify and landscape an area next to the La Pine Senior Activity Center. As soon as the snow cleared this spring, Scout Mickey began working on his project and recently completed it. The project was a major step towards earning the rank of Eagle, the highest offered in Boy Scouting. As a sponsor of Scout Troop 36 and Cub Scout Troop 36, we are very proud of what our Scouts are doing in and for our community.



submitted by Bob Seidenberg, La Pine Lions Club

Outstanding Students Recognized by Crooked River Ranch Lions

Bolstered by recent donations, the Crooked River Ranch Lions Club Scholarship fund was able to distribute scholarships to five outstanding students who reside here on the Ranch. Hats off to Mike Taylor Construction and hard working volunteer Mike O'Brien of the CRR Lions Club for their dedication to our youth in leading the increase of donations from the generous people here on the Ranch.

These five students are not only great students, but have also been leaders in community service. Augie Tobish and Natalie Attlesperger are both 2019 honor graduates of Redmond High School. Joe Russo is an honor graduate and valedictorian of Culver High School's Class of 2019. Heather Curtis is a graduate of Central Oregon Community College's nursing program and is continuing work toward her Bachelor of Science degree through Linfield College. Lauren Herman is returning to George Fox University to continue her degree program.

The Crooked River Ranch Lions Club is extremely proud and excited to assist in the financing of college for these five very deserving residents of the Ranch.



(l-r) CRR Lions Scholarship Chair Doug Reinhart and 2019 scholarship recipients Heather Curtis, Joe Russo, Lauren Herman and Natalie Attlesperger.



Fifth scholarship recipient Augie Tobish and Scholarship committee member Shirley Fox

*submitted by Doug Reinhart, Communications Chair
Crooked River Ranch Lions*

10th Annual Event Honors

Note: This article by Mark Brennan is a reprint from the Siuslaw News

July 10, 2019 — The 2019 Wings and Wheels Fly-in and Car Show was staged under mostly sunny skies with just the right amount of a tailwind Saturday at the Florence Municipal Airport. Next door, the Oregon Coast Military Museum celebrated its fourth anniversary and provided historic context for many of the planes and vehicles at the show.

The 10th annual Wings and Wheels was billed as a tribute to longtime Florence-Siuslaw Lions Club volunteer and event organizer Mike Groshong, who passed away earlier this year.



The blue skies and the slight ocean breeze combined with a steady flow of visitors to make for a well-rounded and well received event that continues to grow in popularity and public support. Food trucks, informational booths and first response agencies Siuslaw Valley Fire and Rescue, Western Lane Ambulance District and Eugene Police Department Bomb Squad were on hand with informational tables.

Planes from the Erickson Aircraft Collection in Madras, Ore., have provided unique planes for the event in the past. This year featured a World War II North American Aviation T-6 Texannamed after American pilot Norman "Swede" Ralston. Local car clubs and individual car owners were parked on the tarmac just a few yards from the collection of locally owned aircraft from different eras in the history of flight.



Groshong had been a member of the Florence-Siuslaw Lions Club for years and was often the public face of the organization's charitable efforts. His particular passion was the Wings and Wheels event, which he had been coordinating for the past six years.

Groshong's good nature, commitment and dedication to service were spoken of often during the day by his many friends and colleagues.

The new coordinator of the event, Ross Kroenert, worked with Groshong on the Wings and Wheels show for the past few years. Kroenert, who has been involved with the management of large-scale car shows, was pleased with both the turnout of vendors and visitors at the airport and the nice weather.

"It went great and went better than I had hoped," he said. "It just went really smooth. All of the vendors and volunteers were here when the gates opened up and the airport gave us a little more space, so instead of 125 cars, we ended up with about 140. We had cars that were waiting to get in, so we were able to accommodate them."

The unexpected loss of Groshong did add a somber element to this year's event but also inspired the volunteers.

Kroenert said, "I met Mike five years ago when we moved here and I was attending the show. At that time, I told him that I had a lot of experience putting on car shows down in Southern California and I'd like to help him out in any way that I could, so I've been on his committee for the last four years.

Longtime Volunteer Mike Groshong

Earlier in 2019, he had a conversation with Groshong, who was staying at PeaceHealth Sacred Heart Medical Center at RiverBend in Springfield

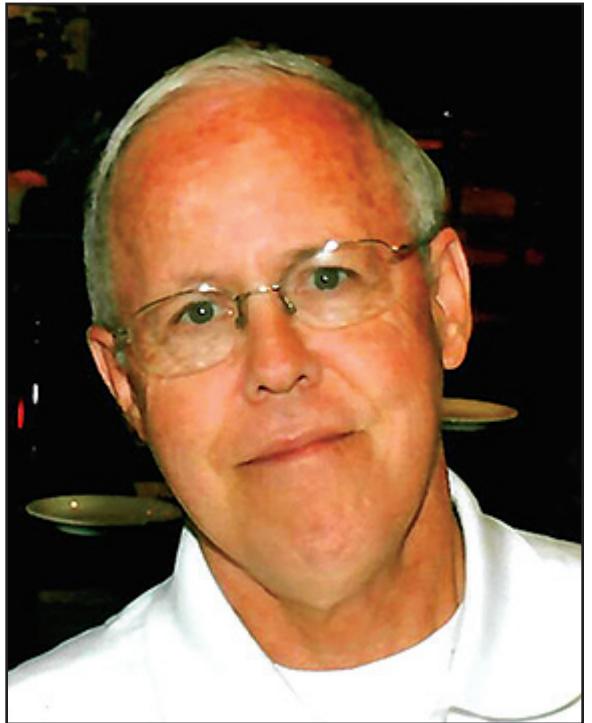
"He said, 'Ross, I don't think I can do the show this year. Can you jump in and take it?' ... So I said OK," Kroenert said. "His last comment to me was, 'We need to get together so I can talk to you about all of this,' ... and three days later he passed away."

The sudden loss of the event's coordinator a few months before a show that combined cars and airplanes, with little guidance from others, presented a challenge to the committee.

Kroenert said he realized that his best course of action was to adhere to the old axiom, "If it's not broke don't fix it."

"We on the committee didn't change that much from what Mike did. We tweaked it a little bit here and there, and we brought in a few more vendors in the past, but this was Mike's baby. We are just adding to it and pushing it forward," he said.

The overall goal of the Wings and Wheels event is to raise money for the Florence-Siuslaw Lions Club and the charities it supports. Two of the main areas Lions members across the country and across the world have attempted to positively impact is vision and hearing.



Lion Mike Groshong



Internationally, the Lions Club was formed in Chicago in 1917 and currently has 1.7 million members in 46,000 local clubs working to help disadvantaged individuals see and hear. The group's motto is simple — "We serve."

This service most often takes place because of financial support from local businesses. Kroenert found the good will engendered by Groshong over the years made the financial aspect of his new job easier.

"It really is a tribute to Mike how the businesses in the city turned out in support of the event this year," he said. "As soon as the business people understood this year is in memory of Mike, the support was overwhelming and a lot of that is because people just loved him."



One special moment dedicated to the memory of Groshong took place on Saturday afternoon, which was initiated by a family member.

"Mike's brother Bill Groshong is a pilot and he coordinated with two other pilots from Eugene to do the 'Missing Man' flyover as a tribute to Mike," Kroenert said. "Mike was just a great guy. If you talked to him you'd think the guy never had a bad day. He was always smiling, generous and he loved the Lions and his car guys and gals and they loved him. We sure will miss him."

submitted by 1VDG Linda Stent

Burns Lions Present Scholarships

The Burns Lions Club hosted graduating seniors from Burns High School and Crane High School at their regular meeting on May 20, 2019. Thirteen scholarships were announced in the amount of \$77,600. The seniors from Crane High School were Jacob Dunn, Kathryn Burns, and Elizabeth Jenkins. Burns High School students included Christian Boyd, Emma Johnston,



Students who received scholarships

Lacy Signhose, Cade Maupin, Madison Caldwell, Zane Taylor, Tea Reconzone and Miranda Howes. Rebecca Ribbon, who is attending OHSU also received a one-time scholarship. Each student introduced their parents, told where they were going to school and what their major would be. Since 1999, Burns Lions have given out scholarships in the amount of \$1,469,750.00. Total funds remaining in their scholarship fund are \$1,601,172.00. The principal is never touched with scholarships issued based on interest and dividends received.

submitted by PDG George Sahlberg

A Community Service Project to Honor our Heroes



Two of our members working away cleaning the flower beds

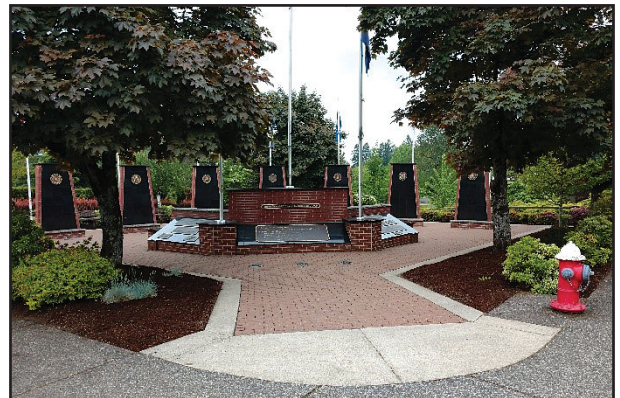
Gresham Lions Supper Club honored the men and women of the military, fire and police services this Memorial Day by assuming responsibility of the Heroes Memorial as a community service project.

Last November at one of our meetings, the club voted to take this project on and donated \$1,000 to support the upkeep of the Memorial. Along with donations that our club pledged we also agreed to get the site looking top-notch before the Memorial Day ceremony on May 27.

We had a day of power-washing, weeding and spreading new bark dust. We had a combination of charter members, a couple of our newest members and some in-between who showed up to make this all happen.



The Motley Crew!! Photograph is a member too (seen above kneeling weeding)



Such an Honor to pay tribute to those who served

It was great fun and anyone driving down Highway 26 in Gresham can admire the beautiful Veterans Memorial.

submitted by Leslie Pompel

Swimming and Water Safety Lessons Emerge as New Project for Mt. Hood Lions

Mt. Hood Lions Club President Milt Fox II fondly recalled swim lessons he took in the mid-1950s that were sponsored by a then-new Lions club. That memory led to a discussion, then a meeting, then a plan and, finally in June, a return of a Lions club sponsored swimming and water safety lessons for mountain kids. Our intent was to offer, free of charge, swimming and water safety lessons to as many young students as possible.

First order of business for this project was to find a partner with a large swimming pool. Camp Arrah Wanna came through with a generous offer to host the lessons. Then, the Lions club had to find and hire coaches and lifeguards and provide insurance and background checks at considerable cost. Inspired by Lions Gil Hoglund and Norberto Perez, the Lions came up with a Summer Kickoff picnic featuring chicken fajitas which served as the fundraiser for these lessons.



Swim lessons held at Camp Arrah Wanna

Our Lions club members who volunteered for this event did a stellar job, even including live music to attract our friends and neighbors to the event. Lions Milt Fox II and Lion Michelle Hoglund then worked with Welches Middle school to enroll interested students. The response was amazing.

Swim lessons at Camp Arrah Wanna were a big hit! We saw 70+ students and great interest from parents and volunteers over the two weeks of lessons. Lion Shirley Dueber handled registration and volunteer signups. Lion Aubrey Hatzi was poolside every day assisting with instruction and was impressed with the organization and attentiveness of the lifeguards. Safety instruction and training was first, then followed by 3 sessions of in-pool training per day for 8 days. Lion Milt Fox II was the guiding force in resurrecting these lessons and he also volunteered and assisted over the 2 weeks of lessons, although no one saw Lion Milt get in the pool!

There is such a great need for these water safety and swim lessons that it comes as no surprise that plans are already in the works for next summer! Thank you to all who supported, volunteered and assisted with these water safety and swimming lessons.

submitted by David Buoy, Lion Tamer

“Apple Boxes” Full of Lions Donated Glasses

“Our club has collected and donated over 50 apple boxes of used glasses over the years and we have five more ready to send this year,” stated Island City Lion Alvin Weathermon. “We just keep collecting them and boxing them up and sending them to the Oregon Lions Sight and Hearing Foundation,” he finished.

OLSHF is receiving record numbers of used glasses and it would be easier for them if each club put their club name on each box or bag of glasses sent. That way OLSHF can track and give credit to the proper club.

At the Lions District G Convention this spring, glasses were followed from being placed in a Lions Donation Box, to sorting, to indexing, to the making of the glasses and through a distribution trip in Africa. It was a great presentation to show what one pair of donated glasses can mean to others.



Island City Lion
Alvin Weatherman

Please keep collecting glasses and be sure to label them with your Lions Club name. Having glasses shipped to OLSHF from different parts of the state is a challenge at times and OLSHF is working on a plan to make this more consistent.

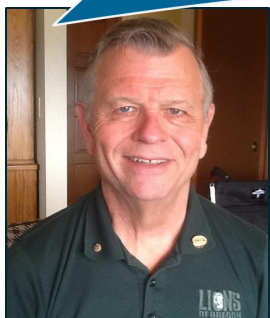
submitted by Ted Carlin

OREGON LIONS SIGHT & HEARING FOUNDATION

1959



2019



Hank Calhoun
Board Chair



Doug Thompson
Executive Director

Diversity Bridges All Divides

On behalf of the OLSHF Board and Staff, we applaud LCI President Dr. Jung-Yul Choi's 2019-2020 theme of "We Serve Through Diversity" and admire his belief that through a passionate work ethic, along with a dedication to bridging differences, we can connect with people by embracing diversity to create harmony for all.

More on Dr. Jung-Yul's message can be found on pages 15-26 of the July/August issue of Lion Magazine or go to: <http://digital.lionmagazine.org/1/>

On a local level, your Oregon Lions Sight & Hearing Foundation has reaffirmed our commitment to a culture of equity and inclusiveness, with a desire that our sight and hearing programs are accessible to all who are in need of them, regardless of their circumstances. Our Board approved Diversity Statement is as follows:

"The Oregon Lions Sight & Hearing Foundation is committed to fostering an inclusive environment where the individual differences among us, that which make us unique, including but not limited to race, ethnicity, and sexual orientation, are understood, respected and appreciated, recognized as a source of strength for the Foundation, and are valued as qualities that enrich the environment in which we work and provide service to others."

Having a statement on equity and inclusiveness is one thing, backing it up with processes and procedures is something else altogether. One of the biggest barriers for OLSHF and the Lions Sight & Hearing Chairs that we work with is helping applicants who have English as a second language. We are working hard to raise awareness of Spanish language applications for LEAP, ROAR! and Patient Care and can provide translation services to local Lions that need help communicating with program recipients who do not speak English. We're also in the process of identifying resources for MD-36 Lions to access for translation services for languages beyond Spanish. We're looking forward to sharing this new tool with MD-36 Lions on our website, through social media, and at all Lions Conventions in 2020.

If your Lions Club needs help communicating with an applicant in your community, please contact us at info@OLSHF.org or at (503) 413-7399.

Together, we can
continue to "keep
the promise" to ALL
Oregonians in need.

GIFTS & MEMORIALS

Contributions list includes gifts received July 1 to August 15, 2019. Thank you to each and every donor and supporter!
If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

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Mission Cataract: Restoring Vision and Quality of Life



The Oregon Lions Sight & Hearing Foundation partners with more than 30 ophthalmologists to deliver free cataract surgeries to people of all ages who lack the means to pay for this critical care, or do not have qualifying insurance. Cataracts are common; individuals may be born with them (congenital cataracts), or they may develop as we age. Surgery is usually highly effective at restoring vision, but in some complicated cases the surgery or after-care may be more intensive. The cost is often out of reach without insurance, leaving people unable to work, reducing quality of life, and making them vulnerable to falls, accidents, and injuries.

Recently, we had the opportunity to assist two patients, Wilder and Guadalupe. 5 years ago, Wilder began to notice slight changes in his vision. He feared he was going blind, and every year it got worse. As a carpenter, the vision issues began to affect his ability to work, drive, read, and provide for his family. During Wilder's initial appointment at Pacific Cataract and Laser Institute with Dr. Ami Halvorson (pictured above), it was discovered that he had cataracts in both eyes that would require two separate surgeries, which were scheduled in August.

Guadalupe had a cataract in one eye, which was successfully treated with surgery in Dr. Matthew Neale's offices at Eugene Eye Care (pictured below). Our partnerships with providers around the state are imperative to serving our community—we're honored to work with dedicated physicians like Dr. Halvereson and Dr. Neale, who generously donate their time and skills to help Oregonians in need.



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Two Crooked River Ranch Lions Honored with Melvin Jones Fellowships

How much deserved gratitude and heartfelt thanks can a Lions Club possibly give to individuals who have volunteered and served a good portion of their lifetime to the Lions mission of “We Serve”? Hal Jamison and Mike O’Brien are two of those more than deserving persons the CRR Lions Club has honored with the Melvin Jones Fellowship this past year. The award is actually meant to be called an honor. It was established in 1973 as Lions Clubs International Foundation’s (LCIF) highest form of acknowledgement of an individual’s dedication to humanitarian service.



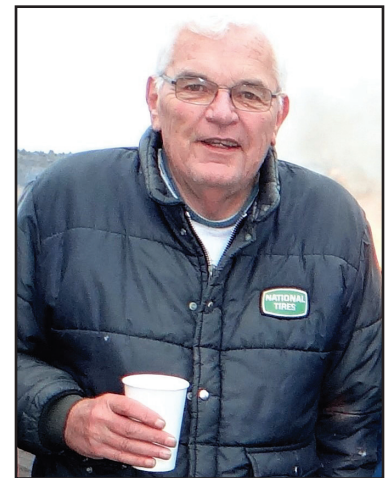
**DG Phyllis Carlin presents Lion Mike O'Brien
with the Melvin Jones Fellowship**

Standing ovations, high fives, handshakes and thanks are just not enough to celebrate the service of these two dedicated Lions members. For eleven years Hal Jamison successfully ran the CRR Lions Club limb dump, giving two to three days a week of his time to insuring the success of this community service. The limb dump is opened and manned by Lions members on Saturdays and Sundays from March through October. It is a large plot of land where CRR residents can (for a reasonable fee) dispose of the juniper tree limbs, yard debris and even horse manure.

Mike O'Brien has been in charge of the limb dump the last three years, but that only scratched the surface in terms of the number of dedicated hours he volunteers.

Lion Phyllis Carlin says Mike runs the limb dump “like a well-oiled machine”. He tirelessly cuts juniper firewood from large limbs and trees donated to the Lions Club by individuals in the community. Mike is also passionate about earning donated funds that are earmarked for the CRR Lions Scholarship fund. Through Mike and a few other Lions club members who help him, they have raised over \$10,000 in the last three years for the Scholarship Fund. The limb dump is not only volunteer service Hal and Mike have undertaken throughout their membership. They are often seen volunteering their time at many other Lions events.

Crooked River Ranch Lions Club is proud to honor Hal and Mike, two of the best ever examples of the Lions Club motto: “We Serve”.



**Lion Hal Jamison at the CRR
Lions Limb Dump**

submitted by Vice Chair PDG Phyllis Carlin

HERE'S A CLUB IDEA...

Elgin Lion Tailtwister Susie Harris sells Tailtwister insurance for the year. A five- dollar policy guarantees the holder will not be fined during a meeting. Contact Lion Susie for the specifics of the insurance “coverage”.



**Lion Tailtwister Susie Harris fines
Bob Thomas for an infraction.**

submitted by PDG Gerald Hopkins

East Albany Lions Set New Record at Annual Breakfast

The East Albany Lions Club held its annual ALL YOU CAN EAT Lumberjack Breakfast July 4- 7. It is one of our main fundraisers with great support from the community. We served 4,543 people over the four days. On July 4 alone we served 1,850 people with a record hourly rate of 422 customers per hour. This translates to one customer every 8.5 seconds. Wow! The total gross revenue for the event was \$34,890. It was the first time we have ever sold all 4000 raffle tickets. The raffle grossed \$9,712. In addition to the pancake breakfast, we had local car clubs and individual car owners hold a cruzin' every morning which is very much enjoyed by the community. We were able to engage local agencies in the community who receive funding from the East Albany Lions Club and who volunteered and helped us pull this community event off.



We would like to see Lions club members from all over at our Lumberjack Breakfast in 2020. It will be our 60th year, so come enjoy our community which is well served by Lions. Thanks Membership Chair Bill Scheler. WE SERVE ROAR!!!!!!

submitted by Bill Scheler

Cascade Lions Support Therapies for Children and Youth



Don Brown presenting a \$500 check to Julie Nowacki of ElRod

Don Brown, Eugene Cascade Lions Club Past President, presented a check for \$500 to the ElRod Center Director and founder Julie Nowacki to assist them with their various artistic and play therapy for children and youth ages 2 to 20. ElRod does group and home therapy classes using dance, music and art therapy. They also offer journaling, creative writing and songwriting. This new and innovative approach includes life skills and family coaching taught by prominent community artists and professional counselors.

submitted by Paul Barnett
Oregon Lion September 2019 21

Environmental Projects Help Public Relations

"What are those Lions up to now? They always seem to be so active in our community." This phrase can be heard in many MD 36 Lions communities and this year we want to promote our environmental projects, so those comments are heard even more often.

Last year as MD 36 Environmental Chairperson and using this environmental column, we were able to list a majority of the environmental projects that MD 36 Lions accomplished. (See list at the bottom of this column). This year we want to hear from you how these Lions projects promote public relations in your community and, in turn, how this PR gains support for the environmental project.

Please write or send photos of your club in action at an environmental or service project and we will keep adding to the list throughout the year to give all clubs new ideas for public relations.

"CRR Lions at Work" are just simple signs placed at the ends of the 4 mile stretch of road that the Crooked River Ranch Lions cleanup three times per year, and the shout outs and car horns during the cleanups make you realize the community is appreciating the efforts of the Lions Club. This is positive PR! Please send examples like this to the email I include at the end of this article.



Photo of a PR sign for an environmental project

Lions MD-36 Nature/Scenery Photo Contest for 2019-20:

Although we had 78 photo entries last year in the Lions Nature/Scenery Contest we know there is so much more of Oregon to be photographed and many more Lions with photography skills.



Trudy Tallman, Hood River Lions Club, 2nd Place in the 2018-2019 MD36 Lions Nature/Scenery Photo Contest

The photo contest rules are simple and similar to last year: 1) Photo must be taken by a Lion in Oregon; 2) No photo shopping; and 3) Limit of Four photos per Lion. The photos can be sent to the below email or hard copies to the below mailing address. All photos will be blown up to 10" X 14" and mounted.

The Photo Contest will start in September 2019 and end April 1, 2020. The overall winner will be voted for at the MD-36 Convention in May 2020.

Jesse Orozco, the Environmental Chairperson for District E this year, will assist with the promotion of and answering of questions for Districts E and R. He will discuss both the Environmental-Public Relations ideas and the Photo Contest at these meetings. He will try to make as many meetings in those two districts as possible.

All the contest entry photos may still be sent to me (to assure consistency of quality in reproduction) and I will promote the contest in Districts O and G.

MD-36 Environmental Projects for 2019-2020

- Beach/highway/cemetery clean-up
- Taking up the battle against plastic bags/straws
- River & stream clean-up
- Cutting up and selling of firewood
- Plastic bag recycling
- Involvement with SOLVE (Stop Oregon Litter & Vandalism)
- Toner cartridge recycling
- City-wide clean-up
- Running a recycling limb dump
- Maintaining your Lion's clubhouse
- Providing fire wood/clothes to those in need
- Checking smoke alarms
- Recycling cans and bottles
- Car pooling
- Sponsoring a community garden
- Giving produce to seniors from community garden
- Cleaning of parks and lakes
- Christmas tree pickups
- Home safety inspections for seniors
- Cleaning of and painting over graffiti
- Composting
- Holding a recycle garage sale
- Maintaining a park
- Watering flower baskets
- Maintaining a fitness course
- Planting trees
- Horse trail rides
- Recycling plastic (500 lbs.=one bench from TREX)
- Collecting newspapers & magazines
- Pruning, cutting limbs and falling trees
- Maintaining flower beds at Senior Cntrs

submitted by Ted Carlin, Vptcarlin@yahoo.com, 541.604.4054
16255 SW Chinook Dr., Terrebonne, OR 97760

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☐ Has Changed During Preceding 12 Months (Publisher must submit explanation of change with this statement)

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13. Publication Title
The Oregon Lion

14. Issue Date for Circulation Data Below
September, 2019

15. Extent and Nature of Circulation

		Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)		3426	3362
b. Paid Circulation (By Mail and Outside the Mail)	(1) Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (Include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	2971	2913
	(2) Mailed In-County Paid Subscriptions Stated on PS Form 3541 (Include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	327	320
	(3) Paid Distribution Outside the Mails Including Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS®	N/A	N/A
	(4) Paid Distribution by Other Classes of Mail Through the USPS (e.g., First-Class Mail®)	N/A	N/A
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4))		3298	3233
d. Free or Nominal Rate Distribution (By Mail and Outside the Mail)	(1) Free or Nominal Rate Outside-County Copies included on PS Form 3541	N/A	N/A
	(2) Free or Nominal Rate In-County Copies included on PS Form 3541	N/A	N/A
	(3) Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g., First-Class Mail)	N/A	N/A
	(4) Free or Nominal Rate Distribution Outside the Mail (Carriers or other means)	N/A	N/A
e. Total Free or Nominal Rate Distribution (Sum of 15d (1), (2), (3) and (4))		N/A	N/A
f. Total Distribution (Sum of 15c and 15e)		3298	3233
g. Copies not Distributed (See instructions to Publishers #4 (page #3))		128	129
h. Total (Sum of 15f and g)		3426	3362
i. Percent Paid (15c divided by 15f times 100)		100%	100%

* If you are claiming electronic copies, go to line 16 on page 3. If you are not claiming electronic copies, skip to line 17 on page 3.

The printing of this form is a requirement for maintaining our periodical mailing privileges by the US Postal Service to mail the Oregon Lion magazine.

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16. Electronic Copy Circulation

	Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Paid Electronic Copies	N/A	N/A
b. Total Paid Print Copies (Line 15c) + Paid Electronic Copies (Line 16a)	3298	3233
c. Total Print Distribution (Line 15f) + Paid Electronic Copies (Line 16a)	3298	3233
d. Percent Paid (Both Print & Electronic Copies) (16b divided by 16c × 100)	100%	100%

☐ I certify that 50% of all my distributed copies (electronic and print) are paid above a nominal price.

17. Publication of Statement of Ownership
☒ If the publication is a general publication, publication of this statement is required. Will be printed in the September 2019 issue of this publication. ☐ Publication not required.

18. Signature and Title of Editor, Publisher, Business Manager, or Owner
Leah C. Hawes
Date
8-23-2019

I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

Purses and Toiletries Make Their Way to Five Central Oregon Agencies

One hundred, forty purses, filling four bins to the brim, along with two tubs of toiletries were donated by generous Lions of District G, some traveling half way across the state to the collection point at the District G Convention in Madras earlier this spring. As part of a statewide initiative instigated by PDG Dan Wolf of District O, the purses and toiletries were donated for those in need.

DG Gary Mose and Lion Sue Mose graciously made drop-offs on behalf of PDG Phyllis Carlin to five Central Oregon agencies as part of the greater Central Oregon program, Purses with a Purpose. The Moses could be seen all around the area making drop-offs at Beuhla's Place, Saving Grace, Teen Challenge, Pacific Northwest Adult and Teen Challenge and The Closet. Thank you DG Gary and Sue for making the deliveries.



Two bins of purses ready for delivery



DG Gary Mose drops off purses at The Closet



DG Gary Mose delivers purses to a Beuhla's Place volunteer



Toiletries are delivered to Pacific Northwest Adult and Teen Challenge

submitted by PDG Phyllis Carlin