

Serving members of MD36 Oregon and Northern CA

September, 2021 Volume 2/21-22

# September is: Membership Focus: Students and Leo Lions

# Astoria Lions Continue to Serve Clatsop County



(I-r) Lions at Work: Rosalinda Vasquez, Charlene Larsen, Ron Larsen (in light tan shirt), and Nancy Lockett.

See Story Pages 12-13

# The Dalles Lions Clean Up Graffiti



(I-r) Lions Ken Onstott and Jim Wilcox.

See Story Page 14

# **Lake Oswego Lions Eyeglass Sorting Party**



(I-r) Honorary Lion Kathy Parreira, Lion Bonnie Roeder, Lion Fae Lloyd, Lion Dane Parreira, Lion Carol Higgins, Mandy McMurry, Lion Tina McMurry, Lion Genevieve Ford, PCC Sharon Rollins and Lion Dale Rollins. Lion Tracy is taking the photo.

**See Story Page 20** 

# **ANNIVERSARIES**

September 2021 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

# September

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Portland Hollywood	September 12, 1928
Enterprise/Joseph	September 9, 1929
Stayton	September 1, 1938
Central	September 2, 1938
Ashland	September 13, 1938
Silverton	September 27, 1938
Prineville	September 20, 1938
Keizer	September 15, 1950
Bandon	September 15, 1951
Albany East	September 27, 1951
Rockaway	September 12, 1955
Jefferson	September 28, 2009
Portland Legacy	September 25, 2014
Redmond Sunshine	September 24, 2016

#### October

Klamath Falls	October 14, 1927
Myrtle Point	October 5, 1928
Roseburg	October 12, 1928
Forest Grove	October 15, 1946
Lake Oswego	October 16, 1946
Milwaukie	October 28, 1948
Springfield	October 10, 1950
St. Helens	October 10, 1955
Jordan Valley	October 13, 1970
Wallowa	October 15, 1973

# **DIRECTORY CORRECTIONS**

- p. 11 LCIF District E's spot is now OPEN
- p. 36 Eugene Downtown Lions now meeting at The Mission, 1542 W 1st Ave.
- p. 37 Remove the club address for the Salem Northeast Lions Club
- p. 41 LCIF position is now OPEN
- p. 44 Medford Host Club please REMOVE the club address
- p. 45 Sutherlin Lions now meeting Noon, 1 & 3, Tues., Abby's Pizza, 1011 W. Central Ave.
- p. 51 Three Sisters Club now has the following: PO Box 862, Sisters, OR 97759
- p. 84 Booker, John email is jhngbkr@yahoo.com Branham, Bill, PDG has new email of billbran311@outlook.com
- p. 91 Hilgers, Paula now has an email of philgers@comcast.net
- p.101 Rich, David, PCC has new email of david.rich38@gmail.com

# **MONTHLY CALENDARS**

### **MEETINGS**

# September

27 SOLSHC Board mtg. @ noon

#### **October**

25 SOLSHC Board mtg. @ noon

### **EVENTS**

# September

10 The *Oregon Lion* article deadline for October online issue

#### **October**

- 4 Eyeglass Sorting Party, Keizer Lions Hall, 4100 Cherry Ave. NE @6pm
- 10 The *Oregon Lion* article deadline for November issue
- 15-16 Klamath Basin Potato Festival at Merrill Civic Center (hosted by Merrill Lions for 84 years now.)

The Oregon Lion Website: www.md36lionsclubs.org



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# **Council Chair News**



## **Bob Chaney**

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Spouse: Karrie

Step up and lead.

We as Lions over the last several years have got caught up in a growing concern of loss of members. This is a legitimate problem throughout North America. Clubs have been losing members at an alarming rate and district losing clubs and the snowball effect continues except in the opposite direction, uphill.

Which brings me to the substance of this rant, loss of leadership. As we lose members we are also losing the pool of leaders that have been percolating.

I know as I made my rounds as District Governor in 2017-18 I identified several promising leaders in the clubs within my district and then just two years later when I made the trek again in my second stint a lot of these individuals were gone or not interested in moving up in district leadership. I know that this scenario is not unique to District 36E, just take a look at our committees in each of the four districts and at the cabinets in a couple of our districts.

It hearkens to the old saying that good people are hard to find but I think the good people are there they are just a little gun shy about stepping up because of some of the horror stories and myths they had been told. So for those of you that are out there and would like to take advantage of the leadership opportunities that Lions offer go ahead and step up and lead. There is a network of individuals who are willing to assist you in any capacity that is needed. There are so many resources at your fingertips from the

assistance of the LCI website to your district governor and Global Action Team.

This year's group of District Governors made a concerted effort to bring new faces into leadership roles wherever they could and this philosophy has been embraced as several of the multiple district committees have new chair persons. Some have hit the ground running and are enthused about their role and you will see the trickle-down effect of this as we progress through this Lions year.

Another big thing on our leadership plate is the return of Northwest Lions Leadership Institute. The exact date has not been nailed down as of this writing but will be by the time you read this but it is going to be in April of 2022. For those of you who have had the opportunity to attend this leadership training you know what I am talking about when I say it is one of the most rewarding and inspiring experiences that you will have in your Lions journey. For those of you who haven't have the pleasure of attending one get in contact with your club secretary or the cabinet secretary or even your district governor and tell them you want to attend. This will not only provide you with leadership training that you will use in Lions but it will provide you with enrichment in your personal life.

Finally, if you have been thinking about taking on a leadership role at the club level let someone know you have this desire to do more. Tell your club president or secretary. If you have a passion to serve in any specific area that the district committees address let your district governor know or if there is an area not covered by one of the committees, take the initiative and step up and lead by creating.

There are many different ways to lead and be a leader all you have to do is step up and through the enthusiasm that new leaders bring we will continue to restore the Prides of this multiple district.

And as always I thank each of you for your service to Lions. Council Chair Bob Chaney.

## District O - Northwest - North Coast



**District O Governor Column** Doug Loose

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Spouse: Hope

# Welcome to Striking September My Fellow Lions

How can you catch your limit?

This is an easy one and we all know the answer, Have Fun & Good Bait. Find and provide quality service to your community and just ask people to help. Ask your neighbor, your friends, people who are busy, people with lots of time, the clerk at the store. Show them your enthusiasm, tell them your story, listen to theirs. If you use the right bait you can't seem to keep 'm off the hook. People will be asking you what the Lions are up to. Again, if we "Each one Reach one" we can catch our limit.

Summer is waning and we are getting ready for Fall so now is the time for even more service to begin. We've just gotten the reports from our area GAT team and the news is great for growth. As I've been saying and will keep on saying, there's never been a better time than now to be a Lion! The need is huge and so are our hearts for service, here and around the world. People are looking for purpose in their lives.

Hope and I have had a very busy summer of club visits, service projects, fundraisers, BBQ's, and family gatherings. This year has started out great and we have started gaining momentum in our district so let's keep it up. Together we can serve and have fun doing it.



By using the right Bait and having Fun you can "Catch your Limit".

Yours in service DG SuperDoug

# District R - Willamette Valley - Central Coas



**District R Governor Column** Lynn Coon

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Spouse: Kathy

Hello Lions.

Wow. It's hard to believe when you read this article we will already have two months behind us in our Lion's year. I'm still excited for what this Lion's year will bring us. We had our first ever Lions International convention done virtually. Hope some of you got to listen and enjoy it. It was filled with information. There was a great segment on International President Doug Alexander from his neighborhood in New York. Lion President Doug is the real deal. He is all about service. I know I joined Lions because of the service they do for their communities. WE all had that one bond when we ioined Lions and that bond was and is service to others.

When we do service in our communities we do it as a team. We do it because of that bond we all have of helping others. TEAMWORK is the ability to work together towards a common vision. It is the fuel that allows common people to attain uncommon results. So I ask each of you Lions and Lions clubs to continue to work as a team as we SERVE our communities. We've seen many changes in the way we do service but Lions are a resilient pride. We find ways to continue to serve others. While we are not sure about this crazy pandemic and how it will affect us - we continue to adapt to safe ways to serve. In my governor school we talked about change and the way we are going about things in life and one common thing we all agreed to was that the only thing constant in life is change and if anyone can adapt to change I believe it is the LIONS.

I talk a lot about service but I want to tell you the vision our District has about membership. When we are doing our service projects consider inviting your friends, or maybe your neighbor to help with your service project. Then invite them to a meeting and let them learn more about the Lions and what we do. Who knows this might be the link we are looking for to gain membership.

Helen Keller was asked the question: Is there anything worse than no sight? She replied "Yes. Having sight but no vision." We as a District do have a vision and that vision is to gain members, gain two new Lions clubs and adding another Leos club or two. The time is ripe as people are ready to get involved with some service organization. Why not the Lions club -- the largest service organization in the world? Remember your cabinet is here to serve you Lions and to help each club be successful. I ask every club to support your club president as they direct your club. They cannot do it alone, it takes a team. Be proud to be a Lion and have fun in vour club.

It's going to be a great year for our Lions as we continue our journey together in service to others. "SERVICE FROM THE HEART." I believe Lions Change Lives Today. So let's go out and change someone's life.

District Governor Lion Lynn Coon 36-R

### District E - Southern - South Coast



**District E Governor Column** Steve Brewster R) 541.591.6483

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Spouse: Cheryl

Lessons learned during my first month as District Governor:

**Relief.** There are local groups that deal with needs daily. They are equipped to react immediately and have the ability to obtain resources in a timely manner. Our job as Lions is to partner with these groups and give support where needed. We need to form these partnerships before a situation arises. We can provide community education on what you need in case of evacuation, where to go and what to do.

Service. Our District is busy doing a lot of service projects. We don't tell anyone about it, only 12 percent of our District's clubs report to LCI and only 7 of the clubs in our District have services officers to report their activities. The position of marketing director is under used or not appointed in most clubs. We need to get out there and sell our clubs and what we do.

Officer Training. We need to promote signing up for Lions Clubs International Web Site: There is online training available, project suggestions, recruitment programs and retention programs --Along with information about their clubs.

**Membership.** Clubs are not meeting at full strength, there is still a lot of anxiety about getting together. We need to promote easy outdoor service projects with high community visibility, involve all members in the project and promote social responsibility. This will help improve retention and attract new members. We need to promote our districts NAMI initiative. There are clubs out there that are unaware of our dues for new members. We as Lions can overcome the challenges of today through reimagining how we serve. We need to become the new Lions of today.

Service From The Heart. We Serve. Steve Brewster, District Governor MD36E

# District G - Central - Eastern Oregon



District G Governor Column Kathy Oliver

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 kspso@hotmail.com Spouse: PCC Steve

Well we're into the heat of it now. High temperatures, fires all over our state and those states all around us. Now is the time for Lions to lend a helping hand to those in need. There are so many things needed in some situations: housing, food, animal care, vehicles, and most of all understanding from the heart to name a few.

Each Lions club should have a plan for helping in disasters. Some clubs have and are working on emergency trailers and are stocking them with things such as blankets, mattresses, water and first aid equipment. Don't forget those food trailers that some of your clubs have.

Then there is the aftermath. I know of a club that is willing to rent a storage unit to store good furniture in, appliances, etc. Things to get by with until insurances kick in.

The other thing I wanted to mention is membership. Be creative and find ways to involve non-members in one of your projects. With a little bit of effort and a bit of genius you'll be surprised what can happen. Sometimes people are just waiting to be asked.

By the way my theme this year is "Look to the future". Our future in Lions depends on membership and that is up to each one of us to help with. So roll up your sleeves and start doing what we do best as Lions: "WE SERVE."

DG Kathy Oliver

# The Dalles Lions Assist with Building Ramps for People

Lion Bill Hamilton is part of a group from Calvary Baptist Church that does things for people in the community. They engineer & build numerous ramps for people to access their homes (50 & counting). He asked Lions members for help with a big ramp project. Lions Jim (Elvis) Youtsey, Lori Stiles & Mike Kilkenny all volunteered on different days.





(I-r) Dan Polehn and Lion Mike Kilkenny

(I-r) Darrell France & Lion Lori Stiles



Middle in red shirt is Lion Jim (Elvis) Youtsey, balance are the rest of the work crew..

# District 36G Recognizes Generous Donation by the Pendleton Round-Up **Association and Happy Canyon Company**

First, the backstory. For many years the Pendleton Round-Up was the financial foundation for the Pendleton Lions Club, depending on the Club's concession stand to raise the majority of funds needed to sustain the Club's sight and hearing efforts as well as other community service projects. In 2020 COVID prevented the Round-Up from happening which left the Club short of resources for the year. Then the Pendleton Round-Up Association and Happy Canyon Company formed Round-Up CARES, asking people and businesses to donate the value of their tickets to CARES, or simply donate. The result was a massive outpouring of support for those affected by the closure. The Pendleton Lions were presented with a check for \$8,000.00 - the amount the Club had anticipated earning in a normal Round-Up! This amount plus a successful grant request from the Walla Walla (WA) Community Foundation kept the Club's sight and hearing project fully-funded and allowed support of other community service projects as well.

In planning for the District 36G Convention DG John Taylor, PDG Gerald Hopkins, and others discussed who should receive the district's 2021 Outstanding Business Award. The Pendleton Round-Up Association and Happy Canyon Company were the unanimous choice.





Round-Up CARES Director Randy Bracher presents check for \$8,000 to DG John Taylor and Rita Campbell (off frame to the right).

Presentation: Randy Bracher, Jim Smootz, Risa Riggen, Tanner Hawkins and PDG John Taylor.

(I-r) Craig Hylton, Jim Smootz, Jan Stewart, Risa Riggen, Round-Up Director Randy Bracher, **Happy Canyon Director Tanner** Hawkins, PDG John Taylor, PLC President Rita Campbell, Randee Bronson and Bill Taylor.



Recently (now) PDG John Taylor and appreciative members of the Pendleton Lions Club met at the Round-Up Office to present the award to Randy Bracher, Pendleton Round-Up Association and Tanner Hawkins, Happy Canyon Company. Let'er Buck!

submitted by PDG John Taylor



I get up every morning and I look out the window and it is absolutely a beautiful thing to be able to see. To me, it's a miracle."

Today, Joe is clearly on the brighter side of life. You can hear it in his voice – the gratitude for his renewed vision and the beauty that vision enables him to see is threaded through his cheerful tenor. But Joe wasn't always so upbeat, in fact his declining vision was a heavy weight that made him fearful of a future that was literally dimming.

Joe's worries began several years ago when his ophthalmologist spotted a problem during a routine visit. Joe was told he had Fuchs Dystrophy, a corneal disease where the endothelium cells gradually die off. As more cells die off, fluid builds up and the cornea gets swollen and puffy, and one's vision becomes cloudy. As a first response, Joe and his doctor agreed to monitor the situation and track the progress of the disease. Unfortunately, as with most cases of Fuchs Dystrophy, it got worse, and Joe noticed that life was getting darker and darker. As Joe recalls, "I had to use a flashlight around the house during the day just to look into closets and get things. I also noticed that driving at night became impossible. I was reticent to go out because my vision was falling off, my peripheral vision was falling off, my depth perception was falling off. At some point I just came to the realization that my life was changing."

Joe was then sent to a specialist who decided he needed a cornea transplant. While this seemed like a big next step, Joe was more than ready for a brighter road. As he says, "I was thinking to myself, you're going to have to change your whole way of life. You are not going to be able to do what you used to do. I was fighting depression at a couple of points. I was thinking to myself – I don't want this! I don't want it! And when I heard that there was something I could do about it, with a good success rate, that was a big pick me up."

And what a "pick me up" it was! A couple of weeks after his transplant, Joe started to see clearly, even seeing at distances he had not seen before. And with this new vision came a new gratitude, as well as the realization that this gift was just that, a generous and selfless donation made by an individual Joe would never meet. As he says, "I never thought about the donor side until I was actually in the situation to be on the receiving end of it. It both humbles you and makes you very appreciative of the people who take the time...When you're able to take a part of another person, and actually use it to restore a life, it's an amazing experience."

These days Joe finds his life getting back to normal again. He has returned to gardening, building and repairing things in his workshop and fly-fishing on trout streams in Western Pennsylvania. Joe sums it up best - "Any time you can tell somebody how people's lives are changed by the gift of a cornea, I hope they listen to you and take it seriously, because it's truly amazing. It is life changing."

submitted by Matt Webber

# Why Dehydration is Dangerous for Diabetics

What a warm (hot) summer we're having. It's great for those who are taking their vacations at this time of the year. Not so great because of lightning storms and a shortage of water in our streams. There are problems for farmers and fishermen who are dependent on a good water supply to grow their crops and at the same time keep water flowing in the streams for fish. It is also a crucial time for those with diabetes as the heat can bring on dehydration if they are not careful.

## Symptoms of Dehydration

(Symptoms may vary depending on the individual)

- 1. Thirst
- 2. Tiredness or weakness
- Loss of breath or rapid breathing
- 4. Loss of appetite
- 5. Dark urine and/or lack of urine
- 6. Cramps

#### What Dehydration Does to Your Body

Hydration is important to most of your cells. It affects your blood sugars, heart, kidneys and brain.

- Water helps move the sugars in your blood to where it needs to be. If the sugar is not moved, it will raise blood sugar levels. Higher blood sugar levels cause frequent urination, which can intensify the dehydration.
- 2. When a person is dehydrated the kidneys begin to hold on to urine. This keeps toxins in the kidneys and produce high blood pressure which further damages the kidneys.
- 3. When your brain is deprived of water it can cause anxiety, depression and fatigue.
- 4. Alcohol consumption contributes to dehydration and a vicious circle can lead to alcohol abuse.
- 5. Weight gain can be a sign of dehydration because your constant thirst can be mistaken for hunger. If you are hungry all the time, drink water before you grab a snack. If drinking water takes some of the hunger pangs away, you are probably dehydrated.
- 6. Severe dehydration can actually cause seizures and death.

# How to Prevent Dehydration

- 1. Before any exercise, drink a few glasses of water. Depending on how much exercise you are planning, continue drinking during exercise.
- 2. As a diabetic it is important to drink water (not pop, tea, alcohol or juice) every time you eat. This will help reduce your blood sugars and allow your kidneys to function properly.
- 3. Remember that alcohol consumption will dehydrate you. You must replace with water 2-3 times the amount of alcohol you drink.
- 4. When the body is showing any unusual symptoms (like headaches or pain), treat with water first to see if you can relieve the symptoms.
- 5. As with diabetes, the signs of dehydration will be different for everyone. There is no way to determine how your body will show the signs. Drink a regular amount of water (at least a glass with each meal each day).

[This article is a reprinted excerpt from the Detroit Diabetes Examiner by Kendra Vanderlee dated January 19, 2010, but still appropriate for anyone (but especially for diabetics) working or playing outside. PCC Charlie Tate originally submitted this article and it ran in the September 2013 *Oregon Lion*.]

submitted by Russell Chase 36G Diabetes Awareness and Action Chair

Life is either a daring adventure or nothing at all. Helen Keller

# **Report on Peace Poster Contest**

The peace poster contest has been around for more than three decades. It is a wonderful program that involves youth ages 11-13 (or basically junior high) to understand the importance of peace throughout the world and to understand the service of Lions.

Rules and regulations can be found online. However, you as a sponsoring club member, can order one for the cost of \$11.95 and present the information to the schools. I would really encourage you to do so. Also, available online, are examples of previous poster winners.

The contest ranges from January 15 - to October I. November 15th is the due date to send the pictures to your particular district's DG.

Some clubs have had a major celebration around their entries. Some have asked posters to be sent to the sponsoring club and have the celebration of selection at one of their meetings.

With the possibility of more home schooling in your district, this would be an excellent project for the teachers to have with their students. So, I am encouraging each of you to take the information to your clubs, contact the school, and encourage our junior high children to be involved in a Lion project.

submitted by PDG Gerald Hopkins District G Peace Poster Chair

No. 3

### The Scout Trail

Let's continue hiking the Scout trail. Before 1951, the Boy Scouts of America (BSA) had two branches for youth. A third branch, the Explorers, was added and exists today. This branch was unique in that it provided Boy Scouts, while still a member of their troop, to be in an Explorer Post. The post specializes in some vocational attribute. Examples are working with first responders to accidents, aiding a police force such as traffic control, parking and the like at community functions, aiding at a fire station, and similar actions. The activities give the Explorers experience in these adult vocations. Explorers must have completed the eighth grade or be 15 years of age or older. The Post's activities and membership may include girls who meet the same school or age requirements. A first for girls in Scouting!

Before 1987, there were male-only Lions clubs, women were not included. There were, however, women's auxiliary that aided in community programs with their sponsoring Lions clubs. Some Lioness clubs through a Lioness Conversion Program became excellent working Lioness/ Lions clubs. In 1987, the U.S. Supreme Court ruled that excluding women from service clubs was discriminatory in a case involving a Rotary club (P. Martin and R. Kleinfelder – Lions Clubs in the 21<sup>st</sup>. Century). This court decision was followed by the Lions' International Convention in Taipei to admit membership to women. After a few bumps in the road, women in the Lions brought a tremendous success in increased membership to clubs and new ideas in club programs and projects to this very day.

To be continued.

submitted by Ted Yarosh, District 36-E Director of Scouting and Secretary of Klamath Falls Lions Club

# La Grande Lions Club Helps Union County Fairgrounds with Flowers

This was printed in the La Grande Observer on June 9, 2021, by Dick Mason of the Observer

The Union County Fair has changed significantly in the past four decades but one thing which has remained constant is the presence and inspiration of Christine Courtright.

Courtright has been a volunteer for the fair for 47 years and today remains as dedicated as ever to it. Health issues, however, are making it harder for her to work as much as she previously has.

Enter the La Grande Lions Club, which is extending a hand to Coutright. Members of the Lions Club are taking over much of the planting and care of the many dozens of flowers at the Union County Fairgrounds. This is work Courtright had done single handedly for decades, labor the Lions Club started taking over Monday, June 7 with a planting day.

"We are taking this on as a community service project," said Brent Lewis, one of six La Grande Lions Club members who worked Monday, July 7, at the fairgrounds.

Courtright is more than delighted for the Lions Club's work.

"I can't see the fairgrounds without flowers," she said.

The flowers planted June 7 were donated by Imbler High School's FFA chapter, which is led by advisor J.D. Cant, an agricultural sciences teacher at the school. The flowers, primarily petunias, are ones that were not sold at the chapter's annual plant sale.

Courtright oversaw the work day at the fairgrounds, one of her favorite places. "I enjoy spending time here. It is kind of a soothing place," she said.

Courtright's nearly incomparable volunteer work at the fairgrounds and in the community has not gone unnoticed. She is a two-time winner of the Chamber of Commerce Woman of the Year award. She was honored for her work with the Union County Fair, leadership of 4-H clubs and involvement in the First United Methodist Church and Grande Ronde Hospital.

A decade ago the fair's textile office building was named in her honor. Such honors have recognized Courtright not only as a volunteer but also a leader of the Union County Fair.

Courtright served in the dual position of fair president and manager for about 25 years from the mid 1970s to the late 1990s. After the positions were split, she continued working as the fair manager. In 2003, she resigned that post and took a position on the Union County Fair's advisory board, one she still holds.

Lewis said Courtright has a lot of wisdom to share about the fairgrounds and that members of the La Grande Lions Club will be consulting her frequently for advice in the future about planting and caring for the flowers.

The Lions Club's gardening handiwork will be available for all to see when the Union County Fair opens on Aug. 4 for a four-day run. The fair was cancelled in 2020 because of the COVID-19 pandemic but is set to be conducted again this year because of declining infection rates.

submitted by PDG Gerald Hopkins

## **Astoria Lions Continue**

For the first time, members of the Astoria Lions Club set-up and staffed an information booth at the July 18, 2021 Astoria Sunday Market. Our booth gave us a valuable opportunity to reconnect and tell our story of service to Clatsop County since we were chartered in February 1942.



(I-r) Lions Nancy Lockett and Lavina Jones staffing our Tent – Inaugural Set-up

More importantly, we were able to provide useful information to a larger audience regarding our sight and hearing assistance program as well as a brief history of Lions Club International, and general facts of Lionism.



Lion Ron Larsen staffing our Tent at the Astoria Sunday Market – Second Week

With each visitor, we answered questions about what we do, how we do it, and how people can get involved. Membership applications and other information literature were available.

An Eyeglass Donation Box was also available and several visitors were told locations where used eyeglasses and hearing aids could be dropped off. Visitors to the market were encouraged to bring their used eyeglasses and hearing aids to our table on Sundays.

The club plans to set up its booth every Sunday through the end of the Market in mid-October.

Drop by to see us...

# to Serve Clatsop County

Members of the Astoria Lions Club gathered at the Lewis & Clark River Bridge Wayside Area on July 13th to weed, rake, and clean-up the area it cares for as one of its service projects to our community. Under the state's Adopt-A-Landscape program, the Astoria Lions Club commits to cleaning up the assigned area four times a year. This was our second clean-up.



(I-r) Lions at Work: Rosalinda Vasquez, Charlene Larsen, Ron Larsen (in light tan shirt), and Nancy Lockett.



Lewis & Clark River Bridge Wayside - Nice and Tidy

Astoria Lion Ray Montgomery contributed to the services offered during the Clatsop Community Action (CCA) Wellness & Health Event held at the Seaside Convention Center on June 30th, 2021). In addition to offering general information about Lions, Lion Ray offered sight and hearing assistance applications to visitors to the event. Several applications were accepted during the event for processing to receive new eyeglasses. The event also allowed Lion Ray to meet with personnel from various CCA service agencies. Hopefully, CCA will be able to host the annual Project Homeless Connect event next year. If they do, Astoria Lions will be there to offer attendees free vision screening (eye examinations given by OLSHF), assistance applications, diabetes prevention information, and free reader glasses.



Astoria Lion Ray Montgomery Staffing our Table at the CCA Wellness & Health Event in Seaside, OR.

# The Dalles Lions Clean Up Graffiti

Lions Jim Wilcox, Ken Onstott and Mike Kilkenny took their third shot at cleaning up the graffiti on the pedestrian bridge over Mill Creek. They finally had the correct tools and attachments. The bridge is now free of graffiti. This project spanned 3 days over 4 weeks trying to find the correct "touch" to remove the graffiti that had been on this pedestrian bridge for years as it was really baked on. They are proud to report that so far there has not been any more "tagging" but have committed to taking care of any that may happen in the future.







after the cleanup

(I-r) Lions Ken Onstott and Jim Wilcox. (I-r) Lions Mike Kilkenny and Ken Onstott.

# The Dalles Lions Pick up Garbage

Lions Jim Wilcox, Ruth Delarosa, Chuck Covert and Mike Kilkenny spent some time picking up garbage across from the Cruise Dock. A cruise ship was coming in and we wanted to give a good first impression of The Dalles. Lion Wilcox had done this a month earlier. Yet we were able to fill 5 garbage bags full of trash along with other items that wouldn't fit in the bags.



Lion Ruth Delarosa.



(I-r) Lions Ruth Delarosa, Mike Kilkenny and Chuck Covert.



(I-r) Lions Chuck Covert and Jim Wilcox.

both of these articles submitted by Mike Kilkenny

# Elgin Lions Gear Up for Riverfest

The Elgin Lions made final plans for the annual Riverfest, which features a Car Show, Duck Derby, Quilt Show Art Show, Fireman's Breakfast, Duck Train rides, Museum Jail and Bail, and much more.

The Lions are coordinating ways to encourage the Elgin youth in getting Covid-19 shots with the Elgin Medical Clinic. Several suggestions were made for motivating students through awards.

The 4th of July Fireworks stand will be up and running by June 29th, and members signed up for the various shifts. Plans to host dinner for approximately 300 players participating in a football camp were discussed. The group will serve one meal for the players June 22nd. President 1VDG Kathy Oliver stated that the Pendleton Lions might also need some help with their booth at the Roundup. Any local Lions were encouraged to help.

It was the consensus of those present that a public restroom in Elgin would be a great project for the club but that members would need to solicit help and commitment from the city for hookups, ongoing cleaning, maintenance, and more, as well as a location that has adequate parking and visibility. A study of the possible project will be made.

DG John Taylor sent awards to the Club. The Neil Parks Public Awareness Award for District G, in recognition of articles in the local media, communication with the district and information to the Lions Magazine. Lions Terry and Dave Fuhrman were recognized along with Lynn Knapp for setting up relief supplies to those individuals in Umatilla County suffering from the floods. The three Lions spear-headed a drive to collect two large truck loads of furniture, food, and clothing during the project. PDG Gerald Hopkins was also awarded the District Governor's Gold Star Certificate of Appreciation for service and willingness to step forward in the service of Lions.



Lion Lezlie Reid displays the **Neil Parks Public Awareness** Award for Lions District G.



**President 1VDG Kathy Oliver** presents a district service award to PDG Gerald Hopkins.



David and Teri Fuhrman accept a District G award presented by President 1VDG Kathy Oliver for their efforts in collecting relief supplies for the floods in Umatilla County.

# Elgin Riverfest A Success

With warm weather and individuals wanting to get out after the Covid-19 shut downs, the Elgin Riverfest proved to be highly successful. Activities included breakfast by the Elgin Fire Department, a Quilt Show, Art Show, Jail and Bail by the museum, yard sales, vendors, Duck Derby, Duck Train and Car Show.

The Lion manned Jail and Bail was successful, with prisoners carted off to the local museum jail and their picture taken of the event. The Firemen also reported a successful breakfast, collecting a handsome amount, and still providing a free breakfast for all veterans. According to Chairman, PCC Steve Oliver, the Car Show was extremely successful with over 70 entries coming from areas such as The Dalles and Tri-Cities.



**Ever popular Lions Duck Train** with free rides for the kids driven by Lion Lynn Knapp.



Best of Show--1956 Chevy Wagon with all original interior and motor, showed by Jess Hale of Union, Oregon.





# Honor Lion Ted Carlin, Support School Vision Screening At Same Time

Phyllis Carlin Board Chair Doug Thompson Executive Director



During his time as a member of OLSHF's School Vision Screening team, the late Ted Carlin of the Crooked River Ranch Lions developed a passion for helping identify vision health issues in Central Oregon students.

Usually with a den of Lions following him, Ted logged miles throughout all of Central Oregon, visiting schools, always smiling, and successfully coordinating over 270 separate school vision screening events and referring nearly 7,000 students for comprehensive eye exams since 2013.

"Ted was happiest when he was serving others -- especially children" says OLSHF Chair and this columns co-author, Phyllis Carlin.

And he certainly had a love for the game of golf -- so in his honor the first **Ted Carlin Memorial Scramble for Sight Golf Classic** -- to be played on any course (or Mini Golf course, or Wii) anytime between September 10th - 19th -- will raise funds to support Lions vision screening for students all over Oregon.

"Ted would be thrilled that we're raising money to support School Vision Screening in his honor" Phyllis adds.

"And Ted would love that Lions from anywhere can participate and join in on the fun."

You'll find more info on the Scramble for Sight Golf Classic on page 18, and some of the key details are:

 You can play as an Individual or on a team of 4 golfers -- or don't play at all and support the event as a \$100 donor



"Ted loved golf and he would love knowing you're all out on the course supporting our Foundation."

- You and/or your team can play ANY COURSE you'd like, ANY TIME between September 10th - 19th
- You can play traditional golf OR Miniature golf, OR even play a round of Wii golf from your living room!
- Each player registration fee of \$100 will receive over \$350 of gifts from Puma, Bridgestone, and other national golf brands.

Honoring Ted by supporting the Scramble for Sight Golf Classic is easy, here's how it works:

- Visit <u>links.olshf.org/qfp</u> to register to play
- Complete your round of golf, mini golf, or Wii golf
- Send us your Scorecard and a Team Photo (prizes for the best ones!)

# **GIFTS & MEMORIALS**

Contributions list includes gifts received in June and July. Thank you to each and every donor and supporter! If you have questions about donating, our programs, or how you can volunteer, please contact us at Info@OLSHF.org.

**LIONS CHAMPION** Legacy Specialty Services

(Klinke) NorthWest Regional ESD

#### **LIONS HEART**

The Oregon Community Foundation (OCF) Yachats LC

#### LIONS PRIDE

KEX Kids Fund Oregon Department of Revenue Charitable Checkoff

#### **LIONS SENTINAL**

Brookings Harbor LC Campbell Wallace Foundation Eugene Downtown LC Hood River LC John Anderson Lake Oswego LC Linda White Mike & Ruth Rava Mill City LC Pendleton LC Thomas & Paula Hilgers Yvonne Hamson

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Albany East LC Bend Sunrise LC Crooked River Ranch LC Gateway Hearing Center Klamath Audiology McMinnville LC St. Helens LC

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**SUPPORTERS** Alsea SD Cascade SD Harney County SD 3 Headstart Program of Lane County Metro East Web Academy Morrow County SD Riddle SD Scio SD Sherman County SD Stanfield SD Tillamook SD Union SD Winston Dillard SD

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In Honor of Portland Hollywood LC Sandy Woolverton

In Honor of Sharon King Central LC

In Honor of Tom Bessonette Mike & Eleanor Bessonette

In Honor of Your Friend Who is Deaf Katherine McKown

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In Memory of Bill Ruff Portland Lloyd LC

In Memory of Bob Secolo Portland Lloyd LC

In Memory of Colleen Christiansen Arthur & Gail Abbott

In Memory of CW5 Lawrence Trueax, Retired Roger & Paula Trueax

In Memory of David "Gypsy Dave" Mitchell Lynne & Donald Heller

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In Memory of E.R. Andy Anderson Ruth Farm

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In Memory of Her Dad, a Lion across multiple decades Irene Warren

In Memory of James Hendrickson Dan & Nellie

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# PLAY ON **YOUR** LOCAL COURSE! PLAY WHEN IT WORKS FOR **YOU!**PLAY **YOUR** FAVORITE ALTERNATE!

Register today
links.olshf.org/qfp

The SCRAMBLE FOR SIGHT CLASSIC is for everyone!



(Yes, even her! Watch the full video on our Facebook page!)

All proceeds will support **school vision screenings** across the state of Oregon! **Register to play your way, or donate today!** Questions? Contact jessica@olshf.org!

# GIFTS & MEMORIALS continued...

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Thank You
to Each
and
Every
Donor

OLSHF presents their

# PETS, **PLANTS**

# **EPUMPKINS** HALLOWEEN PHOTO CONTEST!

Submit your best Halloween themed photo of your **pet**, or plant! Not a pet or plant person? Enter the pumpkin category with any other Halloween themed photo!

\$15

1 (ONE) ENTRY

\$30

3 (THREE) ENTRIES

\$45

5 (FIVE) ENTRIES

# **Official Contest Rules:**

**1.** Like the OLSHF Facebook page (we'll post results there!)

2. Entry fee must be submitted for photos to be considered

**3.** Photos must be original works (unedited, please!)

4. Photos must be Halloween themed and fit the category

5. No pets, plants, or humans may be harmed or appear to be harmed

in any photo entries. Pumpkins, on the other hand...





**OREGON LIONS** Sight & Hearing =Foundation=

# Calling on all MD36 Lions' Clubs to Plan a Lions Quest Program

All local Lions Clubs in MD 36 should be starting to plan a Lions Quest program for either this year or next. Club Presidents should have received a short note from Lions Clubs International (LCI) regarding the program.

The purpose of Lions Quest is positive youth development. Any Lion can get detailed information by logging on to the LCI website and checking on Lions Quest. In addition, each of our Districts (O, R, E and G) have informational booklets on the program.

A local club can put on the program with no cost to the club. Lions Clubs International Foundation provides grants covering 3/4 of the cost of a training session. The remaining 1/4 of the cost can be covered by one of three endowments in Oregon who support the program.

A point made by LCI last year was that any club not sponsoring a Lions Quest program is missing out on a great recruiting tool. Recruiting young people and their parents into clubs is much easier. The high school portion of the program covers community service, something every Lions is knowledgeable about. The program also offers an opportunity to start a new LEOS Club.

Before the Covid pandemic, MD 36 had a number of areas interested in the Lions Quest. This information has been given to the current District Governors.

One thing to remember about Lions Quest. A local club could work with anyone, a school district or another community group, to have a Lions Quest program.

submitted by PDG Jim Jaggers MD36 Lions Quest Chair

# **Lake Oswego Lions Eyeglass Sorting Party**

Finally, Lion Tracy Brown and OLSHF are able to open the Lions Eyeglass Recycling Center for volunteer eyeglass sorting groups to come and reduce the mountain of boxes full of donations! On July 17, 10 Lake Oswego Lions and family members spent the morning attacking that huge number of full boxes, and by the end of the "party" we had sorted 11,100 eyeglasses and about 900 non-Rx sunglasses, plus a large number of hearing aids and cell phones. It felt so very good to be able to gather together with Lions Tracy and Yvette King and get back to service! Those boxes of eyeglasses will go to the women at Coffee Creek for their excellent work in refurbishing them for use on eyeglass missions. And, a new opportunity has been found for loose eyeglass lenses: A company will now take them and put them to use creating motorcycle helmets! If your club is ready to take this service project on, please contact Lion Tracy at OLSHF (503-413-7399) and get on her schedule!



(I-r) Honorary Lion Kathy Parreira, Lion Bonnie Roeder, Lion Fae Lloyd, Lion Dane Parreira, Lion Carol Higgins, Mandy McMurry, Lion Tina McMurry, Lion Genevieve Ford, PCC Sharon Rollins and Lion Dale Rollins. Lion Tracy is taking the photo.

submitted by PCC Sharon Rollins President, Lake Oswego Lions Club

# **Art Auction to Benefit Hull Foundation and Learning Center**

The week of October 15th Hull Foundation and Learning Center is having an online art auction. All the art will be created by artists with sight loss. We are striving to create awareness of sight loss as well as financial support for our programs and services. If you know someone with sight loss that would like to contribute, email kerith@hullparkfortheblind.org. More information to follow on our social media!

> submitted by 1VDG Kerith Vance, Executive Director Hull Foundation and Learning Center Office 503-668-6195 www.hullparkfortheblind.org hullparkandlodge.com

> > "Keeping Hope and Dreams Alive"





Southern Oregon Lions Sight and Hearing **Center Presents:** 

# **BLING FLING**

HUGE USED JEWELRY SALE! TWO FULL ROOMS!



Sat. Oct. 23rd from 10:00-12:00

228 North Holly St Medford, OR

Free Parking behind Lions building

Vintage, Collectible, Modern Costume, Watches, Fine Silver, Designer

(We accept used jewelry donations year-round, tax receipt provided)

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